

# NEHMOTL "US"



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TLA'AMIN NATION

September 2025

Community News | Events | Updates for the Tla'amin Nation

## Ground Blessing ceremony marks a new chapter for tiskwət

### Work commences this month on 30 units of housing

By Davis McKenzie

Tla'amin blessed the ground on August 13th so that work could commence on the tiskwət Coming Home Project which will bring 30 units of rental housing to the former village site at tiskwət.

Director of Public Works and Capital Infrastructure Carmen Galligos emceed the event and is the lead planner on behalf of the Nation.

Galligos explained the significance of the day and the ceremony being carried out to the assembled crowd of over 120 citizens and area residents.

"We're here right now in one of our original village sites, the place where our ancestors built their homes, where they raised their families and where they cared for each other," said Galligos.

"This is a significant moment in history for Tla'amin Nation, and we want our ancestors to be here with us for it. So, what we do is we light this sacred fire to invite them to stand with us today, and we will honor them and care for them by sharing a plate of food with them. It's really important work to make sure that we're honoring them, that they took care of this land before we did, and we want to make sure that they know that they're remembered and cared for."

Following the burning ceremony Alisha Point shared the poem "tiskwat" in ᑭᑭᑭᑭᑭ. The poem is a collaboration between townsite resident and poet Josh DeGroot and Tla'amin knowledge keepers Elsie Paul and Gail Blaney. It details Tla'amin's connection to the large and fast-moving river, the poem speaks directly to the big river.

Next the workers were called up to be brushed by John Louie and Randolph Timothy Sr. hegus John Hack-



**A significant responsibility is realized for Tla'amin members as our ancestors were fed and honored for leaving behind their legacy to our original village site at tiskwət.**

**Foreground (L-R) Executive Councilor Dillon Johnson, hegus John Hackett, and Public Works Director Carmen Galligos**

**Drummers: (L-R) Byron Harry, Executive Councilor Brandon Louie, Elder Hoss Timothy, Cultural Team Dion Harry and Drew Blaney**

ett explained that "Before we disturb the ground, we let the ancestors know what our plans and intentions are and pray that they will help us keep all the workers safe and protected."

Located at 5903 Arbutus Ave, 30 affordable rental homes are planned for Tla'amin families and other Indigenous people living in the qathet region and are anticipated to be made up of two- and three-bedroom units.

Executive Councilor Dillon Johnson said that he is excited to witness Tla'amin Nation's first major housing development located outside of the main community of tišosəm.

"We are coming home to tiskwət," said Johnson, "This was a central settlement for Tla'amin people until our forced removal in the early 1900s, our ancestors will rejoice to feel our presence here once again. Tla'amin is making a major comeback, and this housing project is just the beginning."

Culture and Heritage Manager Drew Blaney who led the closing song ended up putting down the drum and dancing.

"It was so powerful to be here on tiskwat with our ancestors starting this new chapter - I was moved to dance." Drew said he hadn't danced like that in over a decade

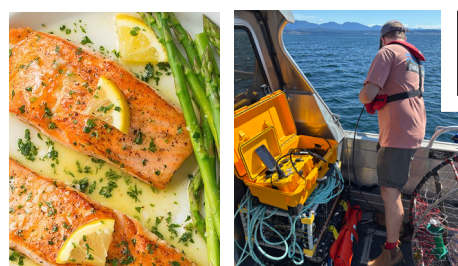
**"You can't say no to spirit, when spirit tells you to dance, you dance."**

----- Drew Blaney -----

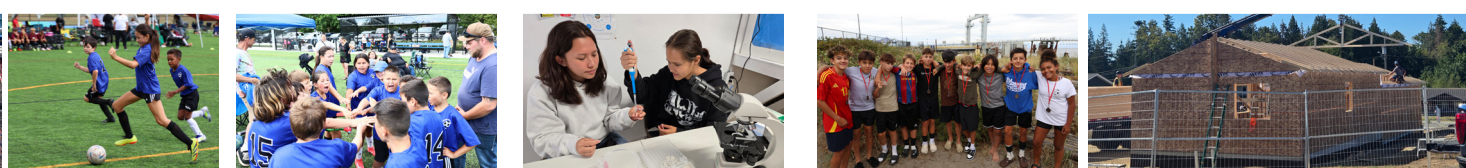
Galligos closed the event stating that "We are gathering not only to just turn over soil, but we're turning over a whole new chapter in our community's story, a chapter that reaches back to our roots and also looks forward to future generations."

The Coming Home Project is made possible through partnerships with BC Housing and Lu'ma Development Management which is providing development management services. Converge Construction will be managing site excavation. Heavy machinery will be on site beginning in August 25 and lot preparation will be ongoing from 7:00 AM to 6:00 PM, six days week until late October.

**Watch the ground blessing video here**



**INSIDE: | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS**





## Tla'amin Governance House Updates

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**WISHING ALL OF  
TLA'AMIN STUDENTS  
SUCCESS IN THEIR  
2025-26  
SCHOOL YEAR**

## Message from hegus



**John Hackett**

**ʔaḷḷeḷxwət**

I hope everyone had a ʔimot summer as we are transitioning to Fall with our čičuy heading back to school.

First of all, I would like to take a moment to send on behalf of our Legislators, our deepest heartfelt condolences to the family of our elder Alex Point. May strength find you and guide you during this difficult time.

On August 15th, shíshálh Nation provided some more disturbing news about our relatives that were discovered in unmarked graves after more archaeological research was completed at St. Augustine's Indian Residential School.

I would like to remind our residential school survivors and intergenerational families that you are not alone in this next chapter of tragedy.

We were very fortunate that we had strong Coho and Sockeye run this year. I believe this was from the efforts of our Sister Nations teaming up to close the 17 fish farms in the Discovery passage. We have witnessed a lot more whale sightings, more fish returning to our Salish sea.

I was fortunate to attend the tiskwət Coming Home Project ground blessing ceremony which will bring 30 units of rental housing here at our former village site at

tiskwət. It has been over a hundred years since tiskwət has been called home for our Tla'amin Citizens, we gathered in a respectful way to ensure our ancestors who lived here for thousands of years welcome our families back to tiskwət at the big river.

The Coming Home Project is made possible through partnerships with BC Housing and Lu'ma Development Management which is providing development management services. Converge Construction will be managing site excavation. I want to acknowledge our Public Works team for the planning and background work to make this happen, there was a lot of hands to lift this project.

Callum and I joined the Lands team to engage with Minister Randen Neill and Minister of environment Tamara Davidson to look at the work we are doing through qatʔets yiyxmət ta gijɛ MOU. More specifically, a visit will to toqʷanən to discuss the proposed IPCA opportunity (in Parks and toqʷanən) and shared decision-making.

This was a tremendous opportunity for Tla'amin to showcase ʔatəms gijɛ, the Nations concerns and innovative opportunities for both governments.



## Tla'amin Nation Statement on the shíshálh Nation Ground Penetrating Radar Project at St. Augustine's Residential School

On August 15, 2025 our relatives in shíshálh Nation released the results of the second phase of their archaeological investigation into unmarked burials at the site of St. Augustine's Indian Residential School. This was the main institution that Tla'amin children were forced to attend from 1904 to 1975.

Every Tla'amin family was touched by this news, and we know it will bring up deep feelings and painful memories for Tla'amin Indian Residential School survivors and their descendants.

The truth of what happened at St. Augustine's is not new to us. These truths have been passed down in our oral histories and are recorded in the files of government and church. For many of our families, these truths have been locked away, too painful to look at or to speak about.

These latest findings confirm what our people have always known: many children did not make it home. This truth can feel impossible to make sense of, and while each of us receives this news in our own way, we remind all Tla'amin people that you are not alone.

Whether it is a listening ear, a hand to hold, or another kind of support needed, Tla'amin Health is a safe place to receive confidential help.

You can also call 604.483.3009 to schedule an introductory session with our mental health therapists.

### Additional ways to access support:

#### Hope for Wellness Helpline:

1-855-242-3310

This 24/7 service is available to all Indigenous peoples in Canada. Call 1-855-242-3310 for immediate, confidential support.

#### Indian Residential School Crisis Line:

1-866-925-4419

If you are experiencing distress related to residential schools, call 1-866-925-4419. This line is staffed by experienced and culturally sensitive counsellors.

We thank the shíshálh Nation for undertaking this difficult and important work. Their careful listening to survivors, respectful use of Ground Penetrating Radar, and commitment to protecting these sites bring honour to those who were taken and to the communities still grieving them.

shíshálh Nation press release and video  
<https://shishalh.com/2025/08/15/shishalh-residential-school-survivors-lead-researchers-to-locate-an-additional-41-unmarked-graves/>

Refer to the Nation statement on our website: <https://www.tlaamination.com/tlaamin-nation-statement.../>



## The Transitional Housing Construction Project (THC) to address housing instability among Tla'amin citizens by providing safe temporary accommodation.

By Stuart Clark, Housing Director

Construction of six units of transitional housing began in July of 2025 next to the Governance House. Completion date is expected by December 2025.

These self-contained housing units are intended for individuals who are unhoused, at risk of homelessness, fleeing domestic violence, or displaced by no-fault eviction.

A Request for Proposal was issued on May 5th, 2025, seeking qualified contractors for the design, delivery, and construction of these 500-600 square foot units. Initio Construction Ltd, a local contractor was awarded the contract.

Public Works & Housing Departments have worked with with the Lands & Resources Department, prior to issuing the RFP and will continue this collaboration throughout the Project.

The selected site is located at 4810 Salish Drive. These units are replacing the Emergency Housing travel trailers.

This Transitional Housing project is closely aligned with the Tla'amin Nation's primary objective of ensuring safe and healthy housing for all Tla'amin Citizens.

The Nation has a long-standing commitment to providing safe, healthy housing for all its citizens, aligning with its self-governance status and law-making authority over Tla'amin Lands.

It specifically advances Goal #20: Enhance the viability and sustainability of Tla'amin housing stock from the 2023-2028 Comprehensive Nation Plan.

## Building Inspector's Corner

By Sean McKinnon

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This month I would like to introduce the digital building permit process. We have teamed up with CityReporter, out of Prince George, the traditional territory of the Lheidli T'enneh.

With this software we can streamline applications, inspections and reporting to cut permit wait times in half. There will be an online portal available on the Tla'amin website under permits, very soon. Through this portal there is a simple to fill out application form and easy to use uploader for all of the required documentation.

At this time, we are waving the permit fees and security deposit for all projects while we make this transition and work to implement a fair and culturally sensitive program. While it is mandatory to follow the BC Building Code, we are looking into customizing our approach while still ensuring the health and safety of all Tla'amin buildings.

čim kʷaθ kʷaʔənən, How are you feeling about the permit process so far? Please reach out to me with any questions or concerns at permits@tn-bc.ca



## Tla'amin Sewage Conveyance Project Update

Hazelwood Construction, with the help of Tla'amin crews, raise their hands in thanks to Tla'amin Citizens and neighbours for the patience and friendly hellos over the past six weeks of intensive work up on the highway.

Work will continue along this stretch of Highway 101 until August 26 or 27 depending on working conditions. Crews are allowing up to 15 minutes for traffic holds. Please allow yourself extra travel time.

Next, the crews will move to Harwood Drive and will be cutting and loading out the pavement for digging. There will be traffic control on Harwood for the duration of the work and traffic will be one lane only. Please consider using Homalco or Eagle Drive during this phase of construction.

From September 2-6 crews plan to be digging and installing pipe from top of new ʔagayqsən Lane subdivision towards the Tla'amin Convenience Store. Again, one lane traffic control. Alternate routes will be quicker.

## Fall 2025 General Assembly Nov. 6 & 7

Registration opens Sept. 26

### Highlights

- Baby Welcoming Ceremony
- Health Fair and Tradeshow
- Learn about our businesses
- Audit and Annual Reporting
- Leadership Q and A
- Workshops



## Canadian Wildlife Federation Works with Tla'amin Guardian Watchmen to Address Whale Intanglements in Crab and Prawn Gear.

*Canadian Wildlife Federation*

From August 11–14, Ali Gladwell and Chris Cail from the Canadian Wildlife Federation (CWF) joined the Tla'amin Guardian team on the water to demonstrate and test innovative fishing gear designed to prevent whale entanglements in crab and prawn gear along the West Coast.

Ali originally connected with Paul Stonehouse and Andrew Timothy following a CWF-hosted workshop in January 2025, which focused on the growing issue of large whale entanglements across B.C.

This initiative is part of a recent expansion of CWF's marine program, originally based in Halifax, Nova Scotia. Their work in the Maritimes is aimed at reducing the risk of entanglements and ship strikes to the critically endangered North Atlantic Right Whale. Following a significant mortality event in 2019, where the majority of the North Atlantic Right Whales found dead were attributed to entanglements or vessel strikes, CWF began testing "on-demand" fishing gear through a trial program in Atlantic Canada.

The Neh Motl heard about this project and reached out to Guardian Watchman Paul Stonehouse to learn more about this new initiative.

Paul brought the team out to various locations in the territory where crab traps were put to the test with the "on demand" fishing gear.

*"Quite often, when people think of whales, they envision a thing of beauty. The sounds of air shooting out of their blow holes and breaching out of the water, But never do you think whales getting entangled by fishing gear tied up to buoy line," said Paul. "It's important for our fishers to be aware of this possibility and reduce the risk and protect the whale species."*

On-demand gear offers a promising solution. This technology eliminates the need for buoy lines in the water column—the lines that whales often become entangled in. Instead, the gear remains on the ocean floor until a harvester is ready to retrieve it. Using acoustic signals and a deck box onboard, the system can be triggered to either release the buoy line or inflate a lift bag, bringing the trap to the surface.

In 2024, CWF brought this technology to B.C. to explore its potential for protecting large whale species such as Humpbacks and Grey Whales. Until now, on-demand gear had not been tested in these waters or with B.C. fisheries.



**Chris Cail, a CWF summer research assistant, uses a Edgetech transducer and deckbox to send a signal to the on-demand unit in the water, in order to release the buoy that is trapped at the bottom with the on-demand unit**

The Guardian team worked alongside Ali and Chris to test four different types of on-demand gear in Tla'amin waters. Over four days, they deployed the systems 27 times, with only two failures—one due to an operational issue and the other to a faulty battery. The gear tested included systems from Edgetech, Guardian Ropeless Systems, Ropeless Systems, and SMELTS.

The Edgetech and Guardian systems keep the buoy and line on the sea floor until triggered. SMELTS and Ropeless Riser technologies use a lift bag system that inflates and brings the gear to the surface. Trials were conducted at depths ranging from 30 to 250 feet, using crab pots provided by the Nation.

Throughout the trials, the CWF team collected detailed data on each system's performance, timing, and success rate. This program in BC is still very new (started in full force in October 2024), so we are hoping to test more people harvesting crab and prawn in different sectors—commercial, recreationally and/or Indigenous harvesters—in multiple regions in the coast. Along with this program, we are conducting thorough research on mapping the probability of risk of entanglement in fishing gear. This research can give insight on areas where and when risk of entangling a whale is higher, and we can work with managers and decision-makers to potentially create short, preventative measures using on-demand gear to lessen the probability of entangling a whale.

## ᑭᑦᑭᑦᑭᑦᑭᑦ Nation Hires Community Engagement Coordinator

Hello, my name is Layla George, and I am beyond excited to be back working within our Tla'amin community. I have recently started as the Community Engagement Coordinator for the Marine Plan Project. I spent some time developing my education in marine biology, and I am honoured to now be able to put that education and experience to work within our community. My work has shown me how vital it is to care for our waters in ways that reflect both science and the traditional knowledge of our people.



I'm thrilled to be part of the ᑭᑦᑭᑦᑭᑦᑭᑦ Nation Marine Plan and to introduce our upcoming engagement sessions. These sessions will be an important opportunity for community members to share ideas, knowledge, and perspectives about marine values and priorities so they can create the foundation of the Marine Plan. Engagement will include workshops and interviews. By participating, we can work together to guide the stewardship of our waters in ways that honor our traditions, support our community, and protect our environment for future generations, following the guidance of our taʔow.

More details will be shared soon, and I look forward to connecting with, learning from, and working alongside many members of our community throughout this important work.

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### Harvesters & Fishers!

**Please remember as the weather is getting better, low tides are in season and more people are out harvesting and fishing; don't forget to record your catch on the Harvest App to win some great monthly prizes! Scan the QR code for easy access to the App. If you forgot to report the last time you harvested, it's not too late, just update the date!**



Also, if you can, Tla'amin Nation Fisheries collects DNA samples to support our understanding of fish travels habits to make management decisions for Tla'amin terminal salmon.



If you can, measure from the tip of the snout (upper jaw), in a straight line with the fish laid in a natural position to the edge of the caudal (tail). Record the lengths to the closest millimeter. Once measured, bag and label the head and tail and drop off to Leonard at the Hatchery!

August 26, 2025

# Urban Citizen Food Distribution 2025

Tla'amin Nation is preparing for two weekends of food fish distribution for urban Citizens that have not yet received their food fish for 2025. To help you get prepared, here are a few things to note:

- 10 fish for households with one Tla'amin citizen
- 20 fish for households with more than one citizen residing.
- Fish are being delivered frozen, you must bring your own Cooler or Container

The delivery schedule is as follows:

## VANCOUVER

- Saturday September 6, 2025, 10:30 AM to 1:00 PM
- Native Education College Parking lot, 285 East 5th Ave

## VICTORIA

- Saturday, September 13, 2025, 9:00 AM to 10:30 AM
- Victoria Native Friendship Centre Parking Lot, 231 Regina Ave

## DUNCAN

- Saturday, September 13, 2025, 11:30 AM to 12:00 PM
- Winners Parking Lot, 188 Trunk Road, Duncan

## NANAIMO

- Date: Saturday, September 13, 2025, 12:00 PM to 1:30 PM
- Place: 120 Needham St, Parking Lot next to Jolly Miner, Nanaimo

## COURTNEY

- Date: Saturday, September 13, 2025, 3:30 PM to 4:30 PM
- Place: Parking lot by Superstore – 757 Ryan Road, Courtenay

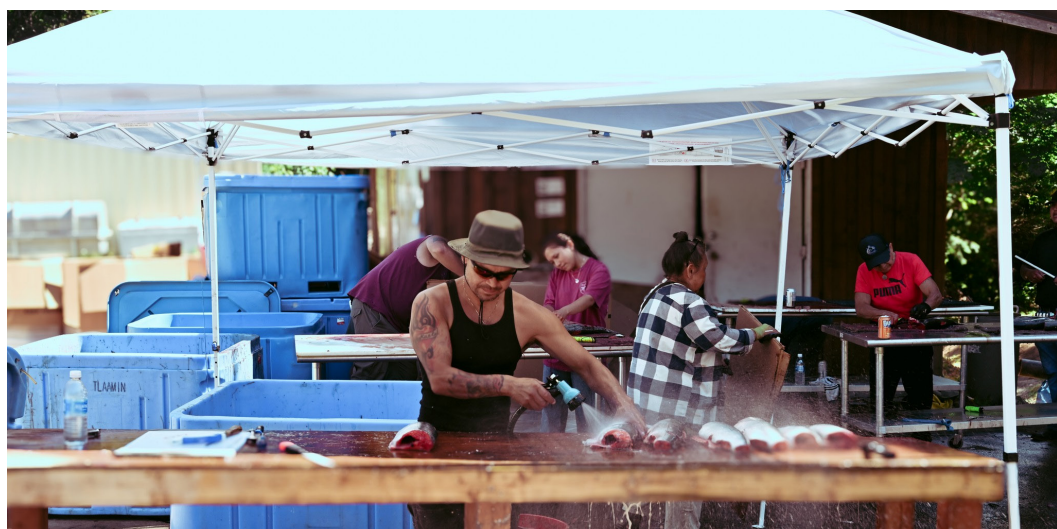
During these delivery dates please call Denise Smith with questions: (604) 414.5557



Chuckie 'the knife' Harry showing them how it's done



Teaching the ways, Gary and Makaela at the cutting station. Summer students were a big part of this years success.



Troy on the wash station, last step before sealing



Blade brothers Paul and William make quick work of fish for urban members

## hoθost ʔakw ʔi (hoh thohsht akw-ee)

**Moving Forward in Life provides wrap around support for youth as they make their way to adulthood.**

By Cheyen Dryer  
hoθošt ʔakw ʔi Coordinator

A new program designed to help young Tla'amin people transition to adulthood is being helmed by Cheyen Dryer. Dryer says their top priority is to ensure that anyone who is or has ever been in care has access to the supports and resources they need to thrive as they reach the age of majority. The reason we focus on those who are/ have been in care is that this is a group that has historically had inequitable access to resources, especially if you're Indigenous. This program helps to bridge that gap by providing support young people need and deserve at a critical time in their lives. We can help with:

### Strengthening Connections to Family, Culture, Community, and Land.

Support connecting with and finding strength in people, places, and opportunities that may have been missed as a result of being in care.

### Health and Wellness

Support meeting physical wellness goals related to addictions, sexual health, gender identity, activity level, and recreation.

### Mental Health Support

Trauma informed mental health counselling and art therapy to support holistic wellness as you move forward in life.



The mural gives a snapshot of the supports we can provide directly or in collaboration with other Tla'amin service providers or service providers across Turtle Island for those who don't live in the area.

### Finances

Financial planning (budgeting, credit, opening a bank account, money management), help applying for class action compensation, and support with acquiring various forms of ID.

### Food and Housing

Help finding safe and secure housing, learning about tenant rights, communicating with landlords and roommates, and learning life and home skills like grocery shopping, meal planning, cooking, house-keeping, and playing bills.

### Access to Education and Employment Opportunities

Help navigating education systems and options, accessing resources and supports related to education and employment, writing a resume and getting needed training and certificates such as first aid, food safe, etc.

### Healthy Relationships

Counselling and support concerning personal safety, healthy boundaries, communication, anger management, and parenting.

hoθost ʔakw ʔi serves Tla'amin youth and young adults living anywhere and Indigenous youth living in the qathet region. The age range is flexible depending on need but will typically be 14 and above (no upper limit). Our priority is to support youth who have spent time in any type of care arrangement (including kinship care, youth agreements, foster care) with their transition to adulthood. If you are an adult who has been in care and you are not thriving in your life, please get in touch! Supports are available to anyone of any age

We have created what I hope is a calm, welcoming, creative, and accessible space where people can come to receive whatever type of support they need to move forward in life in a good way.

This program addresses Goal 10 of our Comprehensive Nation Plan which is Taking Care of Tla'amin children. The program supports older children (youth and young adults) to learn important life skills, plan their futures, and achieve their dreams.

## Language and Culture Fall Scheduling

### Directed Drawing

This community drawing course is going to be a 5 day workshop starting Dec. 8th – 12th between 6:30 and 8:00 pm. The main focus on this workshop will be learning form line, and the basics of Coast Salish art.

### Community Language Classes with Alisha Point

Language classes will recommence this year on Tuesday September 9th from 5:00- 7:30 pm with a 30 minute partition with food provided, the class will be divided into two parts 5:00 – 6:00 pm the focus will be directed toward the orthography and basic language skills.

After dinner around 6:30 we are hoping to start diving into the more complicated parts of the language like sentence composition, conversation holding, going over language barriers and much more. For this portion of our evening, we are strongly encouraging our more advanced language learners and silent speakers to attend to hopefully take steps toward further improving their proficiency in the language, and getting closer to gaining new experienced speakers!

### Paddle Carving with Hoss & Sherman

Hoss Timothy and Sherman Pallen will host paddle carving sessions on Friday evenings 4:30-6:00 pm, starting Sept. 19th through October and November. Supplies and a light meal provided.

### Culture Nights



Culture nights will remain Wednesdays 4:00- 6:00 pm starting on September 24th at aʔms ayε. Our nights will start with a meal then we will be focusing on our Tla'amin songs, practicing our dances, going over and actively practicing our protocols in and out of longhouse, and making and refining new songs.

### Tuesday September 16 11 AM- 1PM

Immersion Tea at ʔams ʔaye

Join Hoss Timothy for the first of our Fall immersion teas focused on soccer and logging words. Everyone welcome, meal provided.

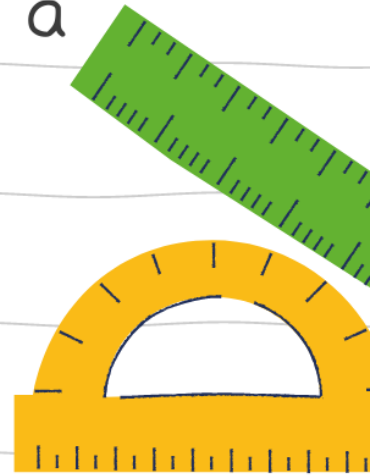
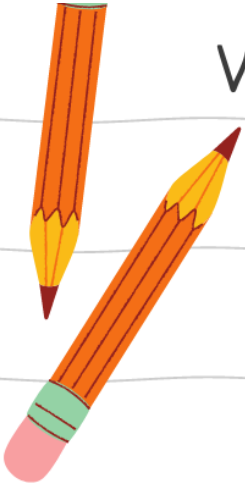
For more information about any of these programs contact Dion Harry at [dion.harry@tn-bc.ca](mailto:dion.harry@tn-bc.ca) or (604) 344-1489



**ʔaʔamin**  
TLA'AMIN NATION

Wishing all Tla'amin students a  
great school year!

**Tuesday, Sept. 2nd**



**BACK  
TO  
SCHOOL**



**Don't forget afterschool programming for all ages is  
now at Cousins' House**

**Tutoring**

Grades 1-7 tutoring will start in  
October. Stay tuned for details

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High school academic support at  
Ahms Tah Ow continues



## Message from hegus

A new school year is upon us after a ?i? good summer. I want to wish all the titiwšem students to have a great year and to connect and reconnect with friends. This summer we had students working in the various capacities with the Nation, I hope you discovered some interesting skills working with the nation to help with your academic direction to seriously consider in your next course selection. School is a very important as it provides students with structure, discipline that will be a segue to allow you to explore your interests such as college, jobs, and traveling.

It is very important to attend everyday to reach milestones like completing your grade and advancing to graduation. Always remember that your family and community will be there to cheer you on we will always be proud of our titiwšem students. There are many supports for all our students, and I encourage you to reach out for assistance if you don't understand any subject matter discussed in class or need help with your homework. Don't be scared to ask for help because staff would be more than happy to help you.

## Stacey Francis Shares Her Summer Job Experience in Information Technology

By Steve Gallagher

This summer Stacey Francis had a rewarding work experience job shadowing within our Nation's Information Technology department. With a personal interest in gaming, photography, digital media and exploring video production, there is every reason to explore a summer job in a tech environment using the tools and knowledgeable staff that we have in the Government House and existing businesses.

Stacey gained digital media experience with an introduction to some Adobe programs where she learned how to manipulate and edit photos using photoshop and lightroom, and work with video in Premier and Power Director.

In addition to digital media Stacey was introduced to other systems used by different entities like Microsoft365, and was able to see how networks are setup, and she

also learned about the Point of Sale setup at the Stockpile Market and Lund Hotel. Stacey also gained some experience looking at some of the AI tools available now and how it will continue to change the world over the coming years, and also learned about budgeting.

Stacey also felt privileged to be invited to Okeover by the Lands

and Resources Department for a short boat ride to be introduced to the kelp regeneration sites after the opening of the Kelp Restoration Project in Okeover on July 17<sup>th</sup>.

A few days later Stacey (bottom right) and Makaela Gallagher (bottom left - who trained in the Culture and Heritage Department) were hands on with the microscopes

learning how baby bull kelp grows in the lab before transplanting into the ocean. "Learning about marine life was a bonus" said Stacey.

Another highlight for Stacey was being able to participate in the Canoe Journey this year. Unfortunately not as a paddler, but instead as part of the land crew due to a fractured wrist from playing soccer. "The best part was being part of the protocols where everyone gathers in the big house sharing their traditional songs and dances after the feast," explained Stacey.

"Stacey is a great role model for our youth, she has a great attitude. She's active in sports, has a good eye for photography and I'm really proud of her involvement in culture and how she represents herself and the Nation. I can't wait to see where the future takes her!" commented her supervisor Alex Sutcliffe.



## The Team



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## About K-12 Education

### What we do:

- Ensure K-12 students are well supported
- Help parents of students navigate the school system
- Collaborate to offer new programs like ?ay?ajuθam immersion and GIJE
- Provide academic support to students
- Support our čepθan in schools



**Our čepθan team: Mike Luaifoa, Melvin Mitchell, Alisha Point, Gertrude Touchie, Brad Adams, Caitlynn Smith**

**They work in schools supporting Tla'amin students to make their educational experience more welcoming, meaningful, and successful.**

## Let's Connect

<b>Address</b>	<b>Phone</b>
6690 Sliammon Rd qathet, BC V8A 0B8	1-877-347-0351



# Seeking Tutors



## Tutor Supports required from: Kindergarten to Grade 12

If you are interested in contracted work, please include the following details with your email:

- Desired Rate of Pay
- Grade and Subjects you can teach
- Availability

Please send you resume and the above requested details to Tla'amin Nation's Education Manager at [tarra.tipton@tn-bc.ca](mailto:tarra.tipton@tn-bc.ca)



**ł̓aʔamun**  
TLA'AMIN NATION

t̓ıwš̓əmst̓əm "teaching someone"

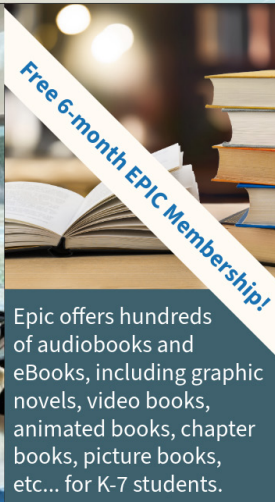
# EPIC!

Tla'amin Education is proud to offer all Tla'amin families of children in K to 7 a free 6-month membership to Epic - the world's largest digital library for young readers.



**ł̓aʔamun**  
TLA'AMIN NATION

Any čuy can fall in love with reading with the right tools!



Free 6-month EPIC Membership!

Epic offers hundreds of audiobooks and eBooks, including graphic novels, video books, animated books, chapter books, picture books, etc... for K-7 students.

## ✦ TUTORING SERVICES ✦

Does your child need help with their homework or with catching up in school?

Tutoring is available for **FREE** for Tla'amin citizens living in the qathet region.

**BOOK NOW**

t̓ıt̓ewš̓əm ta čičuy "the children are learning"



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TLA'AMIN NATION



Contact Tarra Tipton at [tarra.tipton@tn-bc.ca](mailto:tarra.tipton@tn-bc.ca) OR Call TN Education Office 604-413-7100

# Hannah Harry Gains Insight to Land Use Planning

The Neh Motl caught up with Hannah to give her testimony for her summer job placement with Marie-Gabrielle Bechard, Tla'amin Land Use Planner.

To be honest, this field wasn't my first choice. In fact, it wasn't really a choice I made at all. But I feel blessed that I was placed in this position, because it's opened doors for me that I didn't expect. It's given me new experiences, skills, and perspectives that I might not have discovered otherwise, and I'm grateful for that opportunity.

Some of the highlights for me were the people I got to engage with and the things I got to learn about the land. I really gained confidence in my human engagement skills. At the same time, I also developed new technical skills that I know will benefit me moving forward. What was most enjoyable was being able to grow in both areas at once; building relationships while also learning tools and skills that challenged me in new ways.

Land use planning is important because it guides how a community grows while protecting land, water, and resources for future generations. For Tla'amin, planning helps create safe and complete communities where people can live well, with access to food, green space, and infrastructure that supports daily life. It also prepares us for the future by addressing challenges like climate change and resource management before they become bigger problems. In this way, land use planning is about more than development, it's about protecting the land, supporting people, and carrying forward a vision for generations to come.

The only community engagement where I've been a participating member and not running it, was a community survey for Tla'amin Nation. This surveys purpose was to collect all different voices from the community on challenges like job security, housing, leadership, etc.

My advice for other students is to see this field as a chance to learn about the real problems communities are facing. You start to understand just how prominent these challenges are. For example, like housing, climate change, or cultural protection. You also get to think about how we can make them better. It's not always easy, but it's meaningful work, and it gives you skills you can carry forward into whatever you do next.



## School Uniform Orders

Get Your Order Forms Today!

- Pick up in person at 6690 Tla'amin Road (Education Office)
- OR
- Email Noreen Paul at [noreen.paul@tn-bc.ca](mailto:noreen.paul@tn-bc.ca) to receive them electronically.



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# SCHOOL SUPPLIES

Pick up your Allowance Forms:

- Pick up in person at 6690 Tla'amin Road (Education Office); or
- Pick up in person at 4779 Klah Drive (Gov House); or
- Email Noreen Paul at [noreen.paul@tn-bc.ca](mailto:noreen.paul@tn-bc.ca) to receive them electronically.



Available: August 1, 2025  
Due: September 30, 2025



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# PROGRAMS & SERVICES

## ʔəms taʔow (Ahms Tah Ow)

is Tla'amin's learning centre where high school and adult students can get support in their educational journey - whether it is to complete high school or prepare for, and begin, post-secondary studies.

## qaymıxwqenəmšt K-1 Immersion Program

Young Tla'amin chi chuy have the opportunity to gain ʔayʔajuθəm understanding and fluency through various play-based, outdoor, community-focused, repetitive movement, and music-rich learning approaches, supported by elders in an English-free environment.

## High School GIJE Program

This is a land-based, experiential, and culturally-immersive program that honours Indigenous knowledge and ways of being and doing to provide students with a safe, holistic, and identity-affirming education while offering a number of credits towards graduation.

K-12 Education



“The nation members are all so welcoming, always have a smile on their faces.”

## Skills and Training

- In-community funding and support of professional skills training for Tla'amin Nation members and other Indigenous people living in Tla'amin territory
- Funding and support of Tla'amin Nation staff's professional development and training
- Over the past year, we have offered First Aid – Level 1 & Level 3, Wilderness, & Babysitters'; Firearms; Class 1-7 Driver's Training; Air Brakes; Traffic Control; WHMIS; FoodSafe; Serving It Right; Skipper Training; Business Writing; Conflict Management; & a 6-week Film Program!
- **Reach out and let us know how we can support YOUR training needs!**

## POST-SECONDARY SERVICES

- Guidance and support to those considering or pursuing post-secondary education, including help with program applications
- Administration of Nation's Post-Sec Policy with all its financial supports
- Support with accessibility services from your learning institution or other outside resources
- Help accessing sponsorships and bursaries

## EMPLOYMENT SERVICES

- Support with finding a job, exploring career options, & improving skills
- Resume and cover letter writing
- Interview preparation and practice
- Youth employment opportunities



**ʔaʔamin**  
TLA'AMIN NATION

FALL  
SEPT. - DEC. 2025

# COMMUNITY PROGRAM GUIDE

Sport, Recreation, and Education Programs and Services



FALL RECREATION PROGRAMS ARE HERE



## EVERY CHILD MATTERS

Assumption stands with Indigenous communities in honour, healing, and hope.

## Some Important Facts about Energy Drinks

As summer comes to a close most children and teenagers in Tla'amin will begin their hockey or soccer season. If you took the summer off of exercising due to the hot weather, getting back into shape may take a while for athletes to get back to their fitness level.

The Neh Motl did some research on energy drinks to raise awareness for our athletes to decide if this is the right choice for you.

Here is an interesting article that raises some interesting facts about what you are consuming put out by the National Center for Complementary and Integrative Health.

Energy drinks are widely promoted as products that increase energy and enhance mental alertness and physical performance. Next to multivitamins, Energy drinks are the most popular dietary supplement consumed by teens and young adults. Men between the ages of 18 and 34 years consume the most energy drinks, and almost one-third of teens between 12 and 17 years drink them regularly.

There are two kinds of energy drink products. One is sold in containers similar in size to those of ordinary soft drinks, such as a 16-oz. bottle. The other kind, called "energy shots," is sold in small containers holding 2 to 2½ oz. of concentrated liquid. Caffeine is a major ingredient in both types of energy drink products—at levels of 70 to 240 mg in a 16-oz. drink and 113 to 200 mg in an energy shot. (For comparison, a 12-oz. can of cola contains about 35 mg of caffeine, and an 8-oz. cup of coffee contains about 100 mg.) Energy drinks also may contain other ingredients such as guarana (another source of caffeine sometimes called Brazilian cocoa), sugars, taurine, ginseng, B vitamins, glucuronolactone, yohimbe, carnitine, and bitter orange.

### Consuming energy drinks raises important safety concerns.

Between 2007 and 2011, the number of energy drink-related visits to emergency departments doubled. In 2011, 1 in 10 of these visits resulted in hospitalization.

Reports show that drinkers aged 15 to 23 who mix alcohol with energy drinks are four times more likely to binge drink at high intensity (i.e., consume six or more drinks per binge episode) than drinkers who do not mix alcohol with energy drinks.

In 2011, 42 percent of all energy drink-related emergency department visits involved combining these beverages with alcohol or drugs (such as marijuana or over-the-counter or prescription medicines).

### Bottom Line

A growing body of scientific evidence shows that energy drinks can have serious health effects, particularly in children, teenagers, and young adults.

In several studies, energy drinks have been found to improve physical endurance, but there's less evidence of any effect on muscle strength or power. Energy drinks may enhance alertness and improve reaction time, but they may also reduce steadiness of the hands.

The amounts of caffeine in energy drinks vary widely, and the actual caffeine content may not be identified easily. Some energy drinks are marketed as beverages and others as dietary supplements. There's no requirement to declare the amount of caffeine on the label of either type of product.

### Safety

Large amounts of caffeine may cause serious heart and blood vessel problems such as heart rhythm disturbances and increases in heart rate and blood pressure. Caffeine also may harm children's still-developing cardiovascular and nervous systems.

Caffeine use may also be associated with anxiety, sleep problems, digestive problems, and dehydration.

Guarana, commonly included in energy drinks, contains caffeine. Therefore, the addition of guarana increases the drink's total caffeine content.

People who combine caffeinated drinks with alcohol may not be able to tell how intoxicated they are; they may feel less intoxicated than they would if they had not consumed caffeine, but their motor coordination and reaction time may be just as impaired.

Excessive energy drink consumption may disrupt teens' sleep patterns and may be associated with increased risk-taking behavior.

A single 16-oz. container of an energy drink may contain 54 to 62 grams of added sugar; this exceeds the maximum amount of added sugars recommended for an entire day.

**łasəm (tosum) means strong in our tla'amin language, and a word that carries the heart of everything I do.**

*Where strength is medicine*

Charlene Muskego is a member of the Tla'amin Nation and lives in Treaty 6 territory with her husband and children from Cold Lake First Nation. Her late mother is Elsie Wilson, and her late sister is Kristina Wilson. She owns Tosum Ltd, which empowers individuals through fitness, nutrition, and personal transformation. As a wellness-focused business, Tosum Ltd's mission is to nurture health, body, and spirit, which aligns with good medicine.



Tosum Ltd, founded by Charlene Muskego of the Tla'amin Nation, is more than just a fitness and nutrition business; it is a movement rooted in strength, resilience, and culture. Our mission is to empower individuals through fitness, nutrition, and wellness, helping people reclaim their health and confidence while honouring body, mind, and spirit.

My why is simple as a mother, my 2 daughters are my reason, my drive, and my heart. They remind me daily that strength is not just built in the gym, it's built in the heart, in the love we give, and in the family we nurture. I know first-hand the power of breaking intergenerational traumas, finding strength through movement, and creating stability for the next generation. As a mother, coach, and natural bikini bodybuilder for the last 11 years and still, I still believe in teaching others that strength is medicine. Through Tosum Ltd, I help guide people to live healthier, more balanced lives while embracing the resilience within them.

### The Importance of Stretching & Warm-Ups

Before any workout, it's essential to prepare your body. Stretching and warming up properly not only reduces the risk of injury but also improves flexibility and range of motion. A good warm-up increases blood flow, activates muscles, and raises your heart rate, priming your body for exercise. Maintaining a high heart rate throughout training helps build endurance and burn more calories, while supporting cardiovascular health.

### xεčič

#### (Fall) Fitness Tips

As the cooler months set in, it can be easy to slow down, but staying active is key to maintaining momentum. Here are some fall-focused tips:

- **Layer Up:** Dress in light, breathable layers for outdoor workouts so you stay comfortable as temperatures shift.
- **Seasonal Movement:** Take advantage of crisp fall air with hikes, bike rides, or jęę walks among the changing leaves.
- **Stay Consistent Indoors:** When the weather pushes you inside, commit to remaining active through attending a gym, or playing sports or dancing with your children on PlayStation. My children loved dancing when they were younger, so we could enjoy it together as a family. It's a refreshing and fun workout for everyone. It's important to find something that brings you joy to move your body. It will help to maintain a strong routine. If you need help, I offer online training. Feel free to reach out to help get started. My website is [tosum-strong.com](http://tosum-strong.com).

This fall, let's move with intention, warm up with heart, and keep building strength, inside and out. Not only for ourselves but also for the generations to come, because our children are watching how we take care of ourselves.

Čęčhatənapęč (I thank and honour you all)

# Tla'amin Recreation

For the latest updates and posts about our programs, be sure to visit our Facebook page, "Tla'amin Community Recreation."

## Exciting Changes to Afterschool Programming – Starting September

We're making some exciting updates to the after-school programming at Cousin's House beginning this September! Two new programs will be available, designed to better support the developmental needs of children in different age groups:

### Licensed Afterschool Care Program (Ages 5–9)

This program will now be officially licensed under Vancouver Coastal Health, similar to the CDRD daycare. With licensing comes enhanced safety standards and structured policies to ensure quality care—while still keeping our core focus on cultural connection, active play, creative learning, and social development.

#### Important Details:

- Open to all children aged 5–9 years who wish to attend Cousin's House.
- Families may register for the full week or select specific days.
- As part of licensing requirements, parents must inform staff if their child will be absent. If a child does not arrive as expected, staff will contact parents to confirm the child's whereabouts.
- Pro-D Days and early dismissal days are included in this program.

### School's Out Leadership Program (Ages 10–12)

Designed specifically for older youth, this leadership-focused program encourages confidence, communication, and cultural pride through fun, hands-on activities and mentorship. Participants will explore what it means to be a leader in their community while learning from Tla'amin values and teachings.

#### Program Highlights:

- Open to youth aged 10–12.
- Choose full-week registration or specific days that work for your schedule.
- Early dismissal days are included; however, Pro-D Days require separate registration.

### Questions or Ready to Register?

Register at [tlaamin.perfectmind.com](http://tlaamin.perfectmind.com) or for more information email us at [rec@tn-bc.ca](mailto:rec@tn-bc.ca).

## Trailblazers Mountain Bike Program Ages 7 - 15 years

Ages 7–15

Years This program will teach you the skills needed to become an avid mountain biker. In partnership with Mahony Bike Co. and led by experienced and certified instructors, participants

will receive coaching to help you master essential techniques, conquer challenging trails, and ride with confidence. Transportation to and from Cousin's House will be provided for participants. Participants will need the following:

- Helmets are mandatory.
- Mountain bikes ONLY, please no BMX bikes.
- If you require a mountain bike to borrow please let us know upon registration.

#### Instructor:

**Jordan Marciniak & Hillary Marciniak  
Mahoney Bike Co..**

#### BEGINNERS 7 – 12 YEARS

Tue 4:30 – 6:00pm Sept 9 – Oct 7  
(Excluding Sept 30) FREE 4 Sessions

#### ADVANCED 10 – 15 YEARS

Tue 4:30 – 6:00pm Sept 9 – Oct 7  
(Excluding Sept 30) FREE 4 Sessions  
**Location: Sunset Park & Mt. Mahoney**

## Bead & Weave

Ages 10 – 18 years



Join us for a hands-on 5-week course where youth will explore the beauty and skill of traditional beadwork and weaving. This course offers a space for creativity, cultural connection, and personal expression through craft. All materials will be provided, and no prior experience is necessary—just a willingness to learn and create.

#### Instructor: Taryn Thiel

**Tuesdays 5:30 -7:00pm Sept 9 – Oct 14  
(Excluding Sept 30) FREE 5 Sessions  
Location: Cousins House – Poho Room**



You can register online at [tlaamin.perfectmind.com](http://tlaamin.perfectmind.com). Should you require any assistance, please email [rec@tn-bc.ca](mailto:rec@tn-bc.ca), call 1-877-505-5139 or stop by Cousin's House between 10:00am–2:30pm Monday to Friday.

## Swimmer 1

Ages 5.5 - 12 Years

These beginners will become comfortable jumping into the water with and without a PFD. They'll learn how to open their eyes and exhale



their breath underwater. Floats, glides, kicking and front stroke skills are introduced. Transportation to and from Cousin's House provided. This is a 10-week session to build skills to pass the

level čičuy are working on. Attending each class will help čičuy be successful.

**Fri 4:00-4:30pm Sept 26 – Dec 5  
FREE 10 sessions (Excluding Oct 31)**

**Location: Recreation Complex Aquatic Centre**

## Swimmer 2&3

Ages 6-12 Years



These swimmers will practice dives, in-water somersaults and hand stands to develop weight-transfer skills. They'll practice skills such as whip kick, front crawl and back crawl. Transportation provided directly from school and will return to Cousin's House. This is a 10-week session to build skills to pass the level čičuy are working on. Attending each class will help čičuy be successful.

**Fri 4:30-5:00 am Sept 26 – Dec 5 FREE  
10 sessions (Excluding Oct 31)**

**Location: Recreation Complex Aquatic Centre**

# Tla'amin Recreation



## Youth Nights Ages 13–18 years

### Youth Nights – A Space for Indigenous Youth to Connect, Create & Celebrate.

Youth Nights are for Indigenous youth and their invited friends to connect, create, and have fun in a safe and welcoming space. With activities like art projects, games, sports, and field trips, the program supports mind, body, and spirit while offering chances to engage with Traditional Teachings and knowledge keepers. Snacks are provided, and youth are encouraged to share ideas and check Facebook for bi-weekly schedule updates.

**Instructor: Adriana Zastre**

**Thu & Friday 5:00 – 9:00 pm**

**Sept 5 – Dec 19 | FREE 32 Sessions**

**Location: ʔayıştən ʔaye – Cousin's House  
q̓ ayk̓ w̓ (Eagle) Room**

## Spin & Strength

### Ages 12 Years +

Spin and Strength is a full-body workout for Tla'amin citizens only that will start with an invigorating spin interval session that transitions into a strength training segment.

This class offers the perfect balance of cardio and strength to help you push your limits and achieve your fitness goals. Open to all levels.

**Instructor: Paloma Kwiatkowski**

**Wed 4:45 – 5:45pm**

**Sept 10 – Oct 15**

**FREE 6 session**

**Location: Salish Centre Gym**



## Pilates Fusion

### Ages 16 Years +

A full body workout focused on slow controlled movement using a variety of props and light weights. Open to all fitness levels.

**Instructor: Paloma Kwiatkowski**

**Session #1**

**Tue 4:45 – 5:30 pm**

**Sept 9 – Oct 10**

**FREE 5 session**

**Excluding Sept 30th**

**Location: Salish Centre Gym**



## Tla'amin Thunder U10's vs Duncan Snuneymuxw Coastal Cup 2025.



**Catch me if you can! Thunder on the run, Wiley Francis is heads up on a breakaway**



**Thunder doesn't back down! Cora Sutcliffe on stellar defense**



Cecil Hackett skillfully works his way down the field



Gina Francis rocks the net, scoring the first goal of the match for Tla'amin FC in the women's final vs Duncan

## Tla'amin Thunder - Snuneymuxw Coastal Cup 2025.



Unstoppable and undefeated! Tla'amin FC women's team take first place without losing a match to become the champions at the Snuneymuxw Coastal Cup 2025.



The beautiful game... not so beautiful for goalkeepers. Tia Francis in for the attack helping to take Tla'amin FC womens team to the final



Meekwan and her wingmen flying in formation as they initiate an attack run for Tla'amin Thunder

**ʔams nəm**

**Building a Sweat**

Join knowledge keepers as they guide you through traditional practice of building a sweat, sharing teachings that carry generations of cultural strength, spiritual connection, and community care. This experience offers a meaningful path to Indigenous ways of healing, honouring the sacred relationship between land, ceremony, and wellness.



ʔams nəm app  
September 8, 2025

**September Prize**  
View all of this month's teachings September 30th for a chance to win a prize valued at \$250! More details to be shared soon.

Learn more    Download the app



Need help? Have questions? Call or text: 613-888-7986, or email: hello@checking.com



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TLA'AMIN NATION



**SUMMARY OF RCMP CALLS FOR SERVICE FOR JULY/AUGUST 2025**

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



Powell River RCMP Non-Emergency (604)485-6255		In Case of Emergency Call 911
JUL 13	BEACH RD	Police completed a curfew check at a residence at the request of probation. The person was at home and was not breaching their curfew.
JUL 13	SALISH DR	Police investigated a mischief complaint at a residence. Police spoke to everyone involved; however, the property owner did not want charges.
JUL 14	SALISH DR	Police responded to a report of an alarm at the CDRC. Police attended and determined the alarm was set off by accident.
JUL 16	SALISH DR	Police investigated an assault allegation at a residence. After speaking to everyone involved, there was not enough evidence to forward charges against anyone.
JUL 17	KLAHANIE DR	Police assisted Tla'amin Fire Department with a structure fire.
JUL 18	SALISH DR	Police assisted with a family custody issue. After investigating, it was determined that no offence had been committed at the time.
JUL 19	SALISH DR	Police received a report of several intoxicated people on the road. Police attended and made patrols in the area, but they had already left.
JUL 22	SALISH DR	Police received a report of stolen property at a residence. When police arrived on scene, the owner had already recovered the property and did not want charges.
JUL 22	BEACH RD	Police assisted another RCMP detachment with the execution of a warrant.
JUL 24	EAGLE DR	Police responded to a report of a suspicious person hanging around a residence. Police attended and located the person next door socializing with a group of other people.
JUL 25	EAGLE DR	Police responded to a report of people living in a condemned house. Police attended and checked the house but could find no signs of anyone living in there.
JUL 26	KLAHANIE DR	Police received a report of fraudulent phone call claiming to be from Telus.
JUL 23	EAGLE DR	Police assisted BC Ambulance Service with a medical call at a residence.
AUG 01	HWY 101	Police responded to a report of a missing teen. The teen returned home approximately 1 hour later.
AUG 05	KLAHANIE DR	Police responded to a report of an ATV driving at a high rate of speed. Police were able to identify the driver, and they were warned about operating the ATV in a safe way.
AUG 06	RIVER RD	Police responded to an argument outside a residence. All parties were spoken to and asked to stay away from each other to prevent further problems.
AUG 06	WATERFRONT RD	Police responded to a possible break and enter at a residence. Police attended and determined that the report was unfounded.
AUG 12	HWY 101	Police responded to a traffic complaint in the construction zone on the highway.

**Dental Schedule for September**

**Dr. Machin is available**

- September 5th
- September 11th
- September 19th
- September 26th

**Dr. Gosnell is off for the month of September.**

cathy.paul@tn-bc.ca  
604 414 8716 – cell



**\*Schedule is NOW 5 days a week\***

Leave Tla'amin Health Centre    Leave North End of mall

9:15 am	9:45 am
10:15am	10:45 am
11:15 am (Mon and Fri only)	11:45 am (Mon and Fri only)
Break	Break
12:45 pm	1:15 pm
1:45 pm	2:15 pm
2:45 pm	3:15 pm
3:45 pm	4:15 pm

- 1st Pick up @Tla'amin Health Proceeds on Salish Drive
- 2nd Pick up @Waterfront bus stop (church)
- Proceeds up Sliammon Road, over River Road bridge and up Homalco.
- 3rd Pick up @Upper HWY mailboxes/Cousin house.
- 4th Final pick up@ Tla'amin Convenience Store

# ANNOUNCEMENTS

## PLAYGROUND GRAND OPENING BBQ

September 8, 2025 | 11:30 AM to 1:30 PM



**Who:** Everyone is welcome!

**Where:** Child Resource Development Centre

**What:** Cedar brushing and ribbon cutting ceremony, kids first access to the new equipment, BBQ lunch, remarks.

**Questions?** Call Beth (604) 413-7055



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TLA'AMIN NATION

## Happy Birthday Jodie September 17th

“Sending your way a bouquet of happiness...”

To wish you a very happy birthday!

From your loving children, hubby and Zeus

You are invited to

## A Conversation with Marie Wilson

10 Years After the Truth and  
Reconciliation Commission



SEPTEMBER 20, 2025 | 4-7 PM | EVERGREEN THEATRE

## Join Us!

Marie Wilson is a journalist, educator, and one of three Commissioners of Canada's Truth and Reconciliation Commission. She spent six years gathering testimony from over 6,500 residential school survivors and played a key role in documenting the history and lasting impacts of the residential school system. Marie is also the author of the 2024 bestseller *North of Nowhere: Song of a Truth and Reconciliation Commissioner*.



You are invited to an evening of dialogue and reflection with Marie Wilson featuring a keynote speech, Q&A, and book signing. Light refreshments will be served.

Admission is **FREE**, secure your tickets by visiting this link [www.10-years-after-the-TRC.eventbrite.com](http://www.10-years-after-the-TRC.eventbrite.com)



Google for Recipe

"Salmon with Garlic Lemon Butter "

## BC Hydro Planned Outage – September 14, 2025 from 7:00 a.m. to 7:00 p.m.

A planned power outage is scheduled for the City of Powell River and the surrounding area including Lund and Cortes Island, Texada Island, and Saltery Bay, on September 14, 2025 from 7:00 a.m. to 7:00 p.m.

Crews will be working to tie-in transmission tower and power line reconfiguration work at Jervis Inlet to enable our Jervis Inlet and Agamemnon Channel Power Line Replacement Project. Our crews will also undertake required transmission line maintenance to maintain electricity reliability to the Powell River area.

For more information, please visit:  
[www.bchydro.com/jervisagamemnon](http://www.bchydro.com/jervisagamemnon).

