



## Four new homes will provide safety and stability for Tla'amin community members

By Davis McKenzie

Community members gathered on the morning of April 4th to celebrate the official opening ᑭᑭᑭᑭᑭᑭ (teh-heh-thot), which means "to warm oneself by the fire," a new complex care housing program providing specialized support for Tla'amin citizens living with mental health and substance use challenges.

Located in the village of tišosəm, the four new homes offer a safe, stable environment paired with wraparound health, cultural, and social supports. The homes are the first in Tla'amin to be purpose-built for citizens requiring complex care — including primary care, mental health and addictions support, peer programming, daily living assistance, and culturally based healing.

The morning began with an ancestral food burning ceremony to honour loved ones lost to addiction and mental health struggles. Traditional foods were offered to the spirit world, with families invited to bring plates for their own relations.

Community Services Housepost Brandon Louie reflected on the importance of taking care of the ancestors when doing any kind of work.



**Our Tla'amin families have suffered many sudden losses. Taking care of our relations in the spiritual realm brings healing — both in their world and in ours. Our ceremony today starts this new program off on the right foot. - Brandon Louie**



Tla'amin Nation, Regional District and City leadership come together to celebrate the opening of ᑭᑭᑭᑭᑭᑭ (to warm oneself by the fire).

The burning was followed by a cedar brushing and official opening of the new units.

"We stand with the Tla'amin Nation community today as they honour their loved ones lost to struggles with mental health and substance use," said Josie Osborne, Minister of Health. "The opening of ᑭᑭᑭᑭᑭᑭ brings an opportunity for people living with overlapping mental health, substance use and cognitive challenges to enter stable housing, receive wraparound care and take steps toward healing."

The homes are located close to essential services in the community, ensuring tenants are supported by nearby Health, Housing, and Social Services. As part of the program, Tla'amin Health has hired an Indigenous Cultural Support Worker to walk alongside individuals accessing these specialized supports.

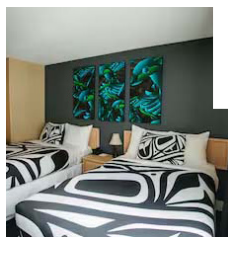
ᑭᑭᑭᑭᑭᑭ is a partnership between Tla'amin Nation, Vancouver Coastal Health, and Lift Community Services through the qathet region's Complex Care Housing

Program. The program, launched in 2021, was developed to serve citizens with overlapping mental health, addictions, and cognitive challenges, and is the result of ongoing collaboration and community advocacy.

For more information about Tla'amin Housing or the Complex Care Housing Program, please contact:

housing@tn-bc.ca  
media@tn-bc.ca

INSIDE: | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS





## Tla'amin Governance House Updates

4779 Klahanie Road,  
qathet, BC  
V8A 0C4

**Phone:** (604) 483-9646  
**Toll Free:** 877-483-9646

## VICTORIA DAY WEEKEND

**May 19th**  
**Governance House Closed**

### Message from hegus



**John Hackett**

ᑲᐱᑦᑲᑦᑲᑦ

I want to start my update by reflecting on the Elder's circle held on April 7th. I felt honored to have 51 Elders attended the circle representing so many families.

The Elder's circle was to follow up on concerns brought forward by some Elders at the Legislators Assembly held on March 26th about the future of the Elders program.

Legislators felt the need to need to open the circle wider and hear from all Elders about how we can nurture and evolve Elder's programming.

The Elder's circle was also an opportunity for leadership to answer any questions and clarify any misunderstanding or misinterpretation from statements brought forward during the March 26 delegation to the Legislative Assembly.

**The primary message was the Elders Programs and services are not being cancelled. The existing programs and services will pull together to provide and support the elderly's needs. There is a commitment to establish an Elder's working**

**group or committee to segway ideas and solutions to support the elder's circle.**

ᑲᐱᑦᑲᑦᑲᑦ (teh-heh-thot)

April 4th was a day of celebration with the official opening ᑲᐱᑦᑲᑦᑲᑦ (teh-heh-thot), which means "to warm oneself by the fire," a new complex care housing program provides specialized support for Tla'amin citizens living with mental health and substance use challenges.

The morning began with an ancestral food burning ceremony to honour loved ones lost to addiction and mental health struggles. Traditional foods were offered to the spirit world, with families invited to bring plates for their own relations. Craig Galligos was the master of ceremonies while Brandon Louie provided the opening comments and is a part of the team making this project a success.

ᑲᐱᑦᑲᑦᑲᑦ is a partnership between Tla'amin Nation, Vancouver Coastal Health, and Lift Community Services through the qathet region's Complex Care Housing Program. The program, launched in 2021, was developed to serve citizens with overlapping mental health, addictions, and cognitive challenges, and is the result of ongoing collaboration and community advocacy.

The homes are strategically located close to essential services in the community, ensuring tenants are supported by nearby Health, Housing, and Social Services. As part of the program, Tla'amin Health has hired an Indigenous Cultural Support Worker to walk alongside individuals accessing these specialized supports.

I want to acknowledge everyone involved from our Health Director Marlane, the public works team, our partners on this initiative Vancouver Coastal Health, and Lift Community services through the qathet region's Complex Care Housing Program.

### Tla'amin Nation launches taqatstam at Treaty Day BBQ

To mark the 9th anniversary of Tla'amin self-government, Tla'amin Nation launched taqatstam – "We Are Going to Talk About It," a Nation-wide census that invites every Citizen to help shape the future.

The census is designed to gather important information about housing, health, language, employment, and more ensuring the Nation can plan programs and services that reflect the needs of all Citizens, whether they live within ᑲᐱᑦᑲᑦᑲᑦ (Tla'amin Territory) or beyond.

Participants received a \$50 thank-you honorarium for completing the census on-site and those who complete online will have \$50 added to their June dividend. Staff are available to provide support and answer questions.

Off-lands members may complete the census online to have \$50 added to their June healthy living dividend.

### Your Privacy is Protected

When you take taqatstam – The Tla'amin Census, your privacy matters.

Your name and Citizen number are stored separately from your responses. The only person who holds the identity key—the link between names and answers—is an external data scientist, not anyone within Tla'amin Government.

### Take the Census Now



### Repatriation

We are happy to announce that on June 6th we will be traveling to Vancouver to repatriate our Tiskwat Mortuary poles. The Museum of Vancouver and the Museum of Anthropology have approved our repatriation requests

In the Museum of Anthropology, a aear mask and a Human mask found at Bliss Landing, are currently stored a Paddle found on Savery Island

From the Museum of Vancouver, we will repatriate a Mortuary figure, baskets,

### Totem Soccer Easter Tournament

Congratulations to all our youth soccer teams that competed in Victoria over the Easter Weekend. It was nice to witness the old tradition of vehicles parading around the community holding up their hardware.

We raise our hands to our men's team who went undefeated and defeated Musqueam 2-1 to win the men's division for the first time in 39 years.

# Tla'amin Nation gifts Ambulance Station 229 the name "qathet"

*The renaming of the station to Station 229 qathet reflects a commitment of BCEHS to further cultural safety.*

By BCEHS

On April 16, 2025, BC Emergency Health Services (BCEHS) and the Tla'amin Nation celebrated the gifting of the name "qathet" (working together) to Station 229, formerly known as Station 229 Powell River.

"We are honoured to be gifted the name, qathet," says Leanne Hep- pell, executive vice president and chief ambulance officer, BCEHS.

**"This is an important step in the process of reconciliation and creating a workplace and a patient care environment that is anti-racist, culturally safe and inclusive."**

"First Responders show up during some of the hardest moments in our families' lives, so trust is paramount. The steps that BC Emergency Health Services is taking to increase cultural safety—such as cross-cultural training—are meaningful and are being heard and felt in our community. Removing the harmful name Powell from the ambulance station is yet another important step toward moving our relationship forward in a good way," says Tla'amin Nation hegus John Hackett.

During the ceremony the Tla'amin Nation recognized BCEHS employees for their service to the community. Elder Cyndi Pallen performed a traditional cleansing ceremony. She brushed Unit Chief Terry Dyer with cedar branches and also blanketed him to thank him and his crew for their dedication and service to the community.

Elder Cyndi Pallen brushed Unit Chief Terry Dyer with cedar branches and also blanketed him.

Elder Randolph Timothy Sr, Elder Cyndi Pallen and their helpers also brushed BCEHS staff and inside the station before sharing a healing song.



**Tla'amin Nation Elder Randolph Timothy Sr. brushes qathet station staff including Community Paramedic Brian Bompreszi pictured on the right.**

"This renaming is not just an honour; it is a call to act in alignment with Indigenous values and teachings. I view this renaming as ?i? timex<sup>w</sup>, good medicine, for our station and community," says Sheree

Haydu, BCEHS Clinical Operations Manager, Sunshine Coast.

qathet, which means working together, is the same gifted name now being used for the community's regional district, hospital and school district.

Speaking at the ceremony, Tla'amin Nation Legislator Callum Galligos said the renaming is about recognizing the past and choosing a different future.

Legislator Galligos said that the name Powell carries a painful legacy for many people in the region, especially Tla'amin families, because Israel Powell, who the town is named after, was an architect of residential schools.

**"I am the first generation of my family who didn't attend residential school, this wasn't something that happened hundreds of years ago, I have personally felt the effects of residential school and still do to this day," he said. "By retiring that name, we take a small but meaningful step toward healing."**



**Cyndi Pallen and Randy Timothy Sr. explain the importance of the name change from a Tla'amin perspective**

NAME CHANGE (Continued on page 5)

# GIJE Students Participate in Seal Tanning Workshop

By Corey Gordon, Teacher, SD#47

From April 7th to 10th the GIJE students along with three community members participated in a Seal Hide Tanning workshop put on Mara and Dee of Fern + Roe.

The biggest challenge was getting the hides to dry slowly as we worked them (this makes them soft) and keep them dry.



**Kashius Smullen gets a feel for his seal hide on a stretching rack at the Tla'amin Hatchery.**

The workshop seal skins were donated by the Lands and Resources Department from Seal Hunt that was conducted in November to test for contaminants.

Over the 4 days, participants experienced rainy conditions that doesn't favour hide tanning, but they persevered and came out with some proudly finished products.

Many of the participants explained how proud they were of the seal skin, how patient and passionate everyone was, and how they would love to do it again.

We had about 14 different students involved at various times throughout the week.

There are a lot of steps, but basically it was: fleshing the hide and removing the bulk of remaining blubber, washing in laundry soap, washing in heavy soap, adding alum, rescraping blubber, putting on a stretching on a rack, scraping and stretching, smoking to finish.

The weather was raining lots and they rehydrated, meaning we had to rescrap and dry them again near fire.

Working with hides is just another way for people to connect with the land, in a way that honors the animal and makes sure that nothing goes to waste. Students always come out of hide work with something they are really proud of. It is project-based learning at its finest.



**Ellizabeth Williams fleshes her seal hide in preparation for tanning**



**čëčəhaθëč Ivan and Philip, for hosting this recent drum-making session in recognition of Tla'amin firefighters and first responders.**

This session was gifted to Tla'amin firefighters on Indigenous Peoples Day 2024 by Tla'amin Nation—as a gesture of appreciation for their dedication, sacrifice, and service. Tla'amin volunteer firefighters and first responders work tirelessly, showing up time and time again - their investment in the community, in the people, in themselves, and in each other does not go unnoticed.

To all our first responders:

- 👉 Keep up the amazing work you do.
- ❤️ We are honoured to have you.
- 🙏 We raise our hands to you.
- 💛 Your dedication and service mean everything to us.



**Gail Blaney stands proudly next to her hard work over the four day workshop**

*"The training was great, and I would love to make it happen again next semester for sure.*

*The space was nice, but the weather was tough for tanning. It poured on us for the most part, so drying hides was a challenge."*

Corey Gordon  
Teacher, SD#47

**NAME CHANGE** (Continued from page 3)

Legislator Galligos thanked BCEHS staff for bringing forward the idea and their work to make emergency services safer: "Cultural safety isn't a nice-to-have. It's essential to care."

The name change is a reflection of a new relationship, he said: "It's more than a label. It's a promise. A commitment to care, to respect, and to keep moving forward—together."

Legislator Galligos on the right brushing the station with the assistance of Pam Wilson from the Tla'amin Fire Department

Those who witnessed the ceremony were moved by the relationship-building event.

"It was a profoundly moving experience. I felt immense gratitude to witness Manager Sheree Haydu bring this three-year labour of love to reality. It was 'good medicine' for the qathet emergency medical responders, paramedics, and leaders," says Danny Jones, Clinical Operations Director - Vancouver Coastal North District.

"It was a privilege to be present for this powerful event that signifies an important opportunity to build a strong, collaborative and reciprocal relationship moving forward. The grace and care shown by Tla'amin Nation to gift our BCEHS unit the name of qathet is a true honour," says Dawn Tisdale, Interim Senior Director, Indigenous Health.

"It was such a beautiful day. The sun was shining, and we had an incredible turnout of support from BCEHS employees to the people of Tla'amin. I felt honored to be a witness to this memorable and significant event," adds Sheri Fleming, BCEHS Indigenous Cultural Advisor.

Community Paramedic Brian Bomprezzi was happy to see his unit chief recognized for coming forward with the renaming idea, after the community's hospital changed its name.

For Brian, the renaming ceremony and cedar brushing was even more impactful after learning about the Tla'amin history, and hearing about the painful memories of Elders and facilitators, at a Cross Cultural training and a Blanket Exercise workshop organized by the Tla'amin Nation earlier in the month.

"Just the fact that we've come so far from where we were to embracing the Tla'amin Nation and being gifted the name change and having them [Elders] here present [at the ambulance station]. It was a pretty phenomenal day."

*Photos by Davis McKenzie, Danny Jones and Brian Bomprezzi*

**Join us in witnessing this meaningful renaming as part of the BC SPCA's journey toward reconciliation.**

**WHEN: Thursday, May 15, 2025 from 1:30 p.m. to 4 p.m.**

**WHERE: BC SPCA qathet (previously Powell River) Community Animal Centre, 7558 Duncan St, Powell River**

Following reflections and opening remarks from the BC SPCA and the Tla'amin Nation, an open house 'pet fair' will offer facility tours, conversations with animal control and protection teams, pet microchip scanning and exciting pet-themed prizes to be won.

Well-behaved pets are invited to join for the outdoor festivities!

*We are honoured to host this celebration in collaboration with*



**ᑭᐱᐱᐱᐱ**  
TLA'AMIN NATION

**You (and your well-behaved pets) are invited! SPCA name change event**

Join us on May 15th from 1:30–4:00 PM at 7558 Duncan St. as the SPCA becomes the 48th local organization to drop the name Powell. This community ceremony is open to all — come witness the renaming, learn about SPCA services like microchipping and the spay/neuter program, and enter to win some great prizes!

Mark your calendars and bring a friend (furry or otherwise)!

# PROGRAMS & SERVICES

## Toilet paper ribbon cutting ceremony Tla'amin Nation officially opened its new waterfront wačawtx<sup>w</sup> (wa-choot).



Big thank you to our project team pictured here from left to right Johnson Adams, William Adams, Kyren Adams, Sydney Point, Derrick Alexander, Carmen Galligos, and Stuart Smith. Missing Shawn Louie and Mike Williams (water) and Dave Murphy (electrical).

The new fully accessible wačawtx<sup>w</sup> features two gender neutral single stall washrooms and was built with Tla'amin labour.

"This is a small project that will have a big impact for our community," said Carmen Galligos Director of public works. "We are happy to deliver this before the busy summer season gets underway at the waterfront."

Johnson Adams who worked on the project asked all to "please respect this new space and treat it well."

**Please note:** This facility is available for all to use, but it relies on all of us to keep it clean and functional.

- Clean up after yourself — leave the space as you found it.
- Report any maintenance or cleanliness issues — if something needs

fixing, please notify us immediately at [publicworks@tn-bc.ca](mailto:publicworks@tn-bc.ca), or [maintenance@tn-bc.ca](mailto:maintenance@tn-bc.ca)

- Respect the shared space — be considerate of others using the bathroom during busy events.

**Hours of Operation:** 24 hours

If the bathroom is not maintained properly, hours of operation will be limited.

Thank you for your cooperation and helping us keep this space clean and accessible for everyone!

This project was made possible through a generous donation from Bells Poles.

This project was made possible through a generous donation from Bell Poles.

you are invited to a  
**COMMUNITY GARDEN Planting Party!**

**SATURDAY MAY 10<sup>TH</sup>**  
**9AM-12PM**  
**IN THE COMMUNITY GARDEN**  
**BEHIND AHMS TAH OW SCHOOL**

**Fun for the whole family!**  
Learn to plant seedlings & start a food garden, with Rachael from Paradise Valley Produce

Questions? Contact Emma:  
[training@tn-bc.ca](mailto:training@tn-bc.ca)  
604.413.6864

## K-12 TUTORING

Tutoring for all subjects!

Does your child need supports with their homework or catching up in school?

Tutoring is available at no cost, for Tla'amin Citizens living in the qathet region. Contact Tarra Tipton at [tarra.tipton@tn-bc.ca](mailto:tarra.tipton@tn-bc.ca) to book or call the TN Education Office at 604-413-7100

# EPIC!

**Help your chuy go from being a reluctant reader to a total bookworm!**

Any chuy can fall in love with reading with the right tools!

Epic offers hundreds of audiobooks and eBooks, including graphic novels, video books, animated books, chapter books, picture books, etc... for K-7 students.

Contact the TN Department of Education for a **FREE** 6-month Epic Membership!  
Email: Noreen Paul at [noreen.paul@tn-bc.ca](mailto:noreen.paul@tn-bc.ca)

# taqatštəm

## The Tla'amin Census

**1 in 3 Citizens have already completed our big survey**

taqatštəm means “we are going to talk about it” and is the name of Tla'amin census which launched on the eve of Treaty Day April 4.

The census gathers information about the experiences of Tla'amin people living on lands and in urban places. Many in the Nation are referring to this as “the big survey” since it asks questions about everything from health and housing to language, culture and even experiences of racism.

This information is kept 100% confidential and will be used to determine future budgets and Nation priorities.

Already the census has the highest response rate of any Tla'amin survey in our history. In one short month 369 Citizens have completed the census, representing almost a third of our total eligible population.

So far, more women than men have completed the census, the most represented age group is 25–34-year-olds who make up 20% of all completions so far.

The Nation is providing a \$50 handshake for every adult and child completion of the census. The handshake is meant to compensation citizens for their time and is being added to the upcoming healthy living dividend. To receive your handshake please complete taqatštəm before you submit your healthy living dividend forms.

**Please remember to complete taqatštəm before you submit your healthy living dividend form (forms go live on May 16).**

For help please contact: census@tn-bc.ca or call 604-483-9646 Ext 4



**Kylie Paul and Kaylei Blaney (above) supported citizens to complete the census at the April 4 Treaty Day celebration and will be in Vancouver May 25-26 at Skwachàys Lodge to help our urban jehjeh.**

Participants will receive a \$50 thank-you honorarium for completing the census on-site (including completions done on behalf of minor children). Those who complete the census online will have \$50 added to their June dividend. Our team will also have healthy living dividend forms and be on standby to help you fill these out so they can be hand delivered in time for the first cheque run.

**Come by for a snack and a visit, we look forward to seeing you there.**



**Join the taqatštəm team in Vancouver on May 25 and 26 to complete your census and have your status card renewed. 1 in 3 Tla'amin members have already completed the census so please make sure to have your voice heard!**

Tla'amin staff and leadership will be at Skwachàys Lodge on 31 West Pender Street

- Sunday, May 25 – 1:00 to 5:00pm
- Monday, May 26 – 9:00am-1:00pm



## toqʷanən the subject of Indigenous Protection

BC Minister of Environment and Parks Tamara Davidson (Haida name Laanas) and Tla'amin Legislator and Lands Housepost Callum Galligos met in Victoria on Thursday April 10 to discuss co-management of parks within the Desolation Sound Marine Parks and a Tla'amin proposal to establish an Indigenous Protected and Conserved area at toqʷanən.

“toqʷanən is the heart of Tla'amin territory — a place of safe harbour since time immemorial. When the waterways were our highways, our ancestors named its east river kʷətʔaʔmanən, meaning ‘the river that is a door to our territory.’ toqʷanən was, is, and always will be a place we are responsible to,” said Galligos. “In today’s busy world, we envision a future where toqʷanən is once again a place of protection, peace, and healing — for our people and our neighbours.”

Tla'amin negotiated shared decision-making at toqʷanən with BC and Canada as part of its 2016 treaty. Recent talks are aimed to put action to these commitments.



**Guardian Watchmen Paul Stonehouse and gets a helping hand from the Pacific Herring Foundation in March.**

**This summer, the guardians will continue to participate in the project, building more capacity, and collecting more data support for Pacific Herring recovery.**



# The youth voices community mural team to create a mural on the wall of the bowling alley on marine avenue

Working alongside local artists Meghan Hildebrand and Annie Robinson four Tla'amin youth Shania Hillis, Elizabeth Williams, Makaela Gallagher, Kobe Galligos and elder Sherman Pallen will develop skills in art and visual storytelling. The mural team meets every two weeks to develop their their passion and commitment. The project is anticipated to be completed by September, 2025. Keep an eye on the Neh Motl for updates.

**MEGHAN HILDEBRAND**



With dreamlike explorations of real and imagined places, Meghan Hildebrand's paintings invite the viewer to get lost in worlds with few boundaries and to place themselves in open-ended narratives. Colours and forms are built up intuitively through experimentation and spontaneous mark-making, lending raw energy to the paintings. These unexpected breakthroughs keep Hildebrand in a constant process of reinvention and her work ever-changing. In her most recent canvases, Meghan dives into her coastal forest small town surroundings,

employing a maximalist painting approach to express the magical and exhilarating feeling of being in the woods. Every aspect of the woods is teeming with life, while traces of human activity are evident through structures, roads and stumps.

**ANNIE ROBINSON**

The qathet region inspires me to explore the relationship between nature and industry. Finding a place in Powell River has felt like a deep breath and a discovery of beauty, along with a punctuated tension between the natural and the human made existence. I feel a draw towards weathered and derelict materials found by the water; I bring these items back to my studio for color and contemplation.

Becoming a mother has heightened my sense of urgency about preserving our world and resisting those who seek to continue its exploitation. I can sense a deep purity in this place and yet see the tarnish from industry and colonialism. These landscapes represent industrial artifacts against the glorious backdrop of water, tides and mountain horizons. They depict the pleasure and subtle frustration that comes with noticing a rusty cable coexisting with barnacles on Second Beach.

I am excited to be a part of this community and wish to be counted as one more advocating for its preservation and reconciliation.



Four Tla'amin Nation youth and and elder will be working with local artists Meghan Hildebrand and Annie Robinson to combine their collective vision for this large canvas.



**Annie Robinson**



Designed by Grade 8 ayajuthem student

# Countdown



Registration for the General Assembly is open and three workshops are already sold out. Please browse over to the website to learn more and secure your place June 20-21.



## Grand Opening of ʔəms ʔayε (Our House)

### GENERAL ASSEMBLY REGISTRATION IS OPEN!

Check out the agenda, travel subsidy details and more.

<https://tlaaminnation.com/spring2025>

For more info email  
[registration@tn-bc.ca](mailto:registration@tn-bc.ca)

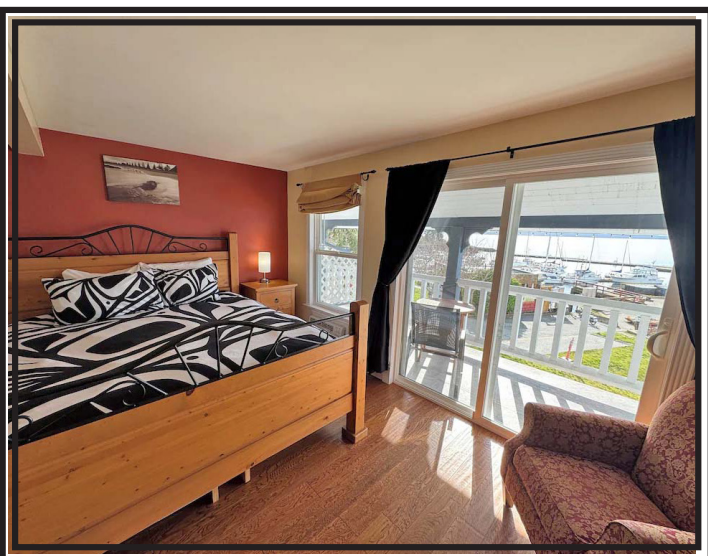


**ʔaʔamin**  
TLA'AMIN NATION

ʔəms ʔayε will feature a small museum to house Tla'amin cultural treasures and climate-controlled repository to store and archive Tla'amin material culture. A state-of-the-art language lab and recording studio for the transmission of Ayaajuthum from one generation of Tla'amin Citizens to the next.

We are also planning to add a third building to this site that will be a home for the gje Program & our Cultural Department's Carving Programs. All spaces will provide a safe, beautiful home for awakening our cultural ways of life and for intergenerational teachings.

For inquiries about this project please contact [publicworks@tn-bc.ca](mailto:publicworks@tn-bc.ca) or [brandon.bresden@tn-bc.ca](mailto:brandon.bresden@tn-bc.ca)



### LUND RESORT AT KLAH AH MEN

The Lund Hotel has blocked several rooms for our off-lands jeh jehs at a First Nations rate. Contact Laurel Beaton in reservations at the Lund Hotel, 1-888-895-4271, for your discounted rate.



Karver Everson and Sherman Pallen applying some cultural magic on this recent pole.



This pole tells a story passed down from our ancestors for our future generations.

# Tla'amin Culture Updates

*"What I value the most about our community is the hard work I see from those working towards revitalizing our language and culture."*



WEDNESDAYS

5:45PM @ SALISH CENTRE

## CULTURE NIGHT

DINNER PROVIDED



OPEN TO TLA'AMIN NATION MEMBERS AND MEMBERS OF TLA'AMIN CANOE FAMILIES

COME OUT AND LEARN THE SONGS AND DANCES OF OUR PEOPLE

STARTING ON FEBRUARY 12TH 2025

5:45PM

TLA'AMIN SALISH CENTRE



3 NATIONS GATHERING PHOTOS





3 NATIONS GATHERING PHOTOS

## TLA'AMIN COMMUNITY CRAFTS

Thursday nights  
4-7 PM  
March 6 - July 17th  
At the Cultural Portable  
Dinner Provided!

Bring your own projects or start something new! Beading, sewing and weaving!

Some materials and supplies available for use by community members.

Contact [sosan.blaney@tn-bc.ca](mailto:sosan.blaney@tn-bc.ca) for more information



## Canoe Journey Craft Nights

Join us at the Culture Portable to work on regalia and gifts for the 2025 Paddle to Elwa

Monday Nights Starting  
March 31st  
4-7pm

At the Cultural Portable

Help make gifts for our giveaways including woven pendants, salves, sewn bags etc. or work on your regalia. Dinner and supplies provided!

Open to Tla'amin community members and canoe families

Contact [sosan.blaney@tn-bc.ca](mailto:sosan.blaney@tn-bc.ca) for more information



July 21st - August 5th 2025  
Tentative Schedule

Tla'amin - K'omoks - Qualicum - Nanoose - Snuneymuxw - Shell Beach - Cowichan - East Saanich - Esquimalt - Elwha

Contact Drew Blaney if you are interested in participating  
[drew.blaney@tn-bc.ca](mailto:drew.blaney@tn-bc.ca)

# Tla'amin Recreation

For the latest updates and posts about our programs, be sure to visit our Facebook page, "Tla'amin Community Recreation."

## Facebook Page and staying up to date

As our programs begin, please be aware that changes can happen unexpectedly. While we do send emails to participants, we encourage you to follow our "Tla'amin Community Recreation" Facebook Page for the latest updates. We regularly post reminders and important information about program changes to keep everyone informed.

## NEW Summer Community Program Guide July - August. The wait is almost over!

Summer registration opens May 26, 2025 — and our program guides will be delivered the same day! Get ready to plan your summer fun! Register at [tlaamin.perfectmind.com](http://tlaamin.perfectmind.com)

## Youth Council Ages 15 – 30 years

**MEETING DATES:** The 3rd Wednesday of every month

The Tla'amin Nation Youth Council is here! If you're 15-30 years old and want get involved, raise awareness, learn new skills, and make a real impact—this is your space. The Youth Council will be a safe place to share ideas, give feedback, and help shape programs that support our community's social and cultural needs. Together, we'll empower change through education, training, and leadership, all while embracing Tla'amin culture, history, and traditions. Meetings are held in person & online. The online link will be sent out to all registered participants

**Wednesday 6:00 am – 8:00 pm May 21 FREE**  
**Location:** ʔayıştən ʔaye | Cousin's House



## Trailblazers Mountain Biking Ages 7-13 Years

In partnership with Mahony Bike Co., come learn skills & techniques for mountain biking. Helmet is mandatory. Mountain Bike ONLY.

If you require a Mountain Bike to borrow, please let us know upon registration. Transportation to location will be provided for participants & bikes.

**Tuesdays 4:30 – 6:00 pm May 13 – June 3 FREE 4 classes**  
**Location:** Sunset Park

## Lost & Found – Help Us Reunite Items with Their Owners!

After Spring Break, we noticed quite a few clothing items and belongings left behind. We'd love to see these items make their way back home! Next time you're dropping off or picking up, we encourage you to take a quick look through our Lost & Found to see if anything belongs to your child.

## NEW Youth Nights - Youth Paddle Carving Ages 13 - 18 years



Artwork by Kashius

Join us for a two-day paddle carving workshop, held over two consecutive Thursdays. Youth participants will have the opportunity to learn new skills as they carve their own paddles, all while exploring the traditional techniques. This hands-on experience will connect the youth to traditional carving and creative expression.

**Thursdays 5:00 – 9:00 pm May 22 and May 29 FREE 2 classes**  
**Location:** ʔayıştən ʔaye | Cousin's House in the qayk<sup>w</sup> Room

## On Wednesday, April 9<sup>th</sup>, 24 Indigenous-identifying girls came together for the Taking Care of One's Spirit Girls Conference

A full day designed to inspire self-love, empowerment, and connection.



By Recreation Team

The goal of the event was to create a safe, supportive environment where girls could learn new tools, ask questions, and explore important topics around personal well-being.

The conference focused on encouraging participants to care for themselves and each other, while building confidence and awareness in a culturally rooted and caring space. Workshops included boundary setting, consent, self-defence, gender-based violence, sexual health, and connections to local support resources.

### Workshops covered important topics such as:

- Boundary setting
- Consent
- Self-defense
- Gender-based violence
- Sexual health
- Local support resources

*"This conference is more than an event, it's a celebration of resilience, empowerment, and connection. When women come together, extraordinary things happen. Let's continue to elevate and support one another."*

Elizabeth Williams, Grade 12

### Circle up & Closing Song

We're incredibly grateful to all the facilitators, staff, and community members who made this day possible—and most importantly, to the amazing girls who showed up with open hearts and minds.



Hello, Everyone,

Welcome to a Children's Services update from the Powell River Public Library for May and June! In addition to our regular lineup of kids programs, we're pleased to present MODS - a new program opportunity for neurodivergent kids and their families, plus a reminder to mark your calendar for late May registration for Summer Reading Club 2025 Colour Your Summer/ Colore ton Été, and join Sonia for a projected storytelling of The Bear and the Moon at the PRISMA kids concert in June. Read on for all the details!

**MODS on Mondays, 3:15-4:45pm. Registration required. Rotary Makerspace.**

MODS is a weekly program opportunity for neurodivergent kids ages 7+ and their families to access PRPL's play resources, technology, and arts and crafting supplies in a planned environment. MODS runs when reserved - with your choice of 30mins, 1hr or 1h30mins duration - and is available to any child who needs modifications to enjoy PRPL's after school programming. <https://prpl.ca/event/mods-on-mondays/2025-05-05/>

**Preschool Storytime Wednesdays and Thursdays, 10:30-11:00 am. Drop-in. Anne Woznow Children's Reading Room.**

Join us at the library for a lively fare of puppetry, finger plays, action rhymes, singalong songs, and of course stories! <https://prpl.ca/event/preschool-storytime/>

**TinkerTrunk Tuesdays and Thursdays, 3:30-4:30 pm. Drop-in. Rotary Makerspace**

Kids 8-12 choose-your-own-tech-adventure from the Makerspace Cabinet of Gadgets in these self-led, adult-supported sessions. <https://prpl.ca/event/tinkertrunk/>

**Prime Time Wednesdays 3:00-4:30 pm. Drop-in. First Credit Union Community Room.**

Primary grades K+ are invited to unwind and connect through play in this weekly afterschool drop-in featuring a cool collection of low-tech, high-interest play and crafting resources. <https://prpl.ca/event/after-school-prime-time-2/>

**Drawn Together Thursdays, 3:45-4:30 pm. Drop-in. Meeting Room A**

Kids meet up at the library to draw together. Sessions are interactive and collaborative with prompts and drawing tools provided. <https://prpl.ca/event/drawn-together/>

**PRISMA for Kids: No Strings Attached? Tuesday, June 24 @ 6:30 pm - 8:00 pm. Evergreen Theatre.**

Sonia reads The Bear and the Moon by Matthew Burgess and Catia Chien with large screen projection and musical accompaniment at this family friendly classical music event. Pre-show activities and crafts start at 5:30 pm. Show starts at 6:30 pm. Visit [prismafestival.com/festival](https://prismafestival.com/festival) for full event details!

**Library Tours**

We offer a variety of ways for students, teachers, homeschoolers, parents and community groups to get to know the Library. To find out more, read all about it on our website: <https://prpl.ca/explore/school-tours/>

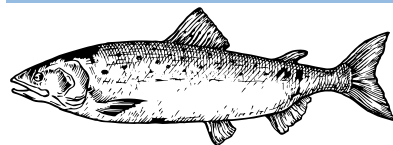
Sonia Zagwyn (she/her)  
Powell River Public Library  
Children's Services Coordinator

**TLA'AMIN SUPER HARVESTERS WORKSHOP**



**WHAT WE HEARD FROM YOU!**

This outlines the themes of what was heard during the Ocean and Food Security Workshop: Listening to Harvesters, Elders and Knowledge Holders as part of the Marine Plan Project Engagement on March 8, 2025. There were 26 community members in attendance sharing marine visions, values and priorities.



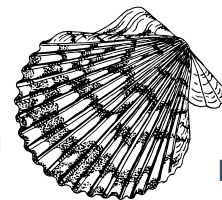
**Concerns**

"What the fish eat, we eat, we need to protect all"

- Threats of commercial fishing, mismanaged resources
- Access to infrastructure: boats, traps, nets
- lack of education and training opportunities
- climate change

**Education**

"we need to teach our young people. If we can get our young people involved, and listening we can create a system to take people out to harvest themselves. Harvest the salmon, harvest the clams, feed the families."

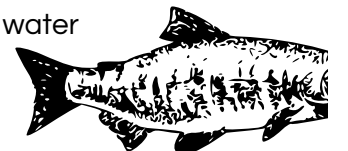


**Future Thinking**

"I hope traditional ways come back, the culture is dying. I hope we can focus on teaching youth how to catch, prepare, process and preserve our food"

**Community**

- Envision a changed way of thinking - discipline to work on the land and water
- Community harvesting days
- Presence on the land and water



**Jurisdiction**

- Law and enforcement to be fair and equal
- Be a strong culturally forward presence in ʔams giʔe

**WHERE CAN WE GO?**

**Communication**

- increase in articles and information shared in Neh Motl
- follow up from workshops

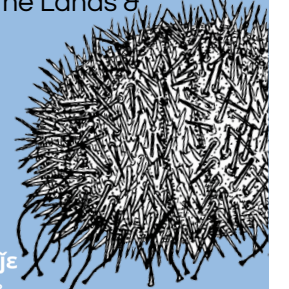


**Education**

- continued opportunities for harvesting workshops
- create strategies to support knowledge transfer

**Opportunities**

- explore harvesting other species
- continue to advocate for Tla'amin Nation members
- continue to develop strategies from what we heard to be incorporated and promoted into the Marine Plan that is being developed by the Lands & Resources Dept.



ʔaʔamin  
TLA'AMIN NATION

nine giʔe  
LANDS &  
RESOURCES

# Health and Wellness

**EH KWA'A'NUNS KYE'AMIEUX**  
 "When the people in our community are well again, all around us will also be well."

**# Itstartswithme**

## Elder Firewood Deliveries Begin Next Week Ahead of Schedule

Thanks to a donation of from Thichum Forest Products, a Tla'amin Nation-owned business, the Nation is once again offering free firewood to Tla'amin Elders (60 +) and citizens with unique needs.

Firewood deliveries for Elders and Citizens with unique needs will begin as early as next week. Kaycee Mitchell will be calling eligible Citizens to confirm your delivery and provide an estimated arrival time. Please make sure you have a clear area in your yard to receive your cord of wood.

Firewood will be delivered in 16" lengths, unless otherwise requested. We've kept notes from last year to help make sure your needs are met.

If you need help stacking or re-splitting your wood, the Yard Works team is available. Contact Pam Wilson at [pam.wilson@tn-bc.ca](mailto:pam.wilson@tn-bc.ca) or 604-413-6869 to request assistance.

### 2025 Tla'amin Firewood Program Details

#### 1. Elders and Unique Needs (Free) Eligibility

Tla'amin Citizens who are:

- 60 years or older
- Receiving social assistance
- Or living with unique needs
- who have a woodstove in good working condition

Stacking or Help Requests: Contact Pam Wilson – [pam.wilson@tn-bc.ca](mailto:pam.wilson@tn-bc.ca) | 604-413-6869

#### 2. Half-Priced Firewood for Tla'amin Citizens

Any Tla'amin Citizen with a woodstove can purchase up to three cords each year of seasoned fir at a 50% discount (\$175/cord, delivered).

Email [firewood@tmslp.ca](mailto:firewood@tmslp.ca)

Delivery Inquiries: Contact Kaycee at 236-327-8036



**čěčəhaθeč to Thichum and all staff involved in keeping our Elders warm this winter.**



**Robbie and I send good wishes to everyone during this beautiful time of year.**

I'd like to introduce you to "Robbie the Robot" who is featured in my artwork for this month. The school year is almost over, and it can be hard to keep the focus going when the weather is nice. Robbie's message for the students is: **"Stay plugged in and keep going with your schoolwork, you can do it!"**

From Dustin Preiss  
 Artist, Tla'amin Citizen.



# PROGRAMS & SERVICES

**DO YOU HAVE AN OLD CELLPHONE THAT'S JUST GATHERING DUST?**

**DONATE YOUR OLD PHONE TO TLA'AMIN HEALTH AND WE WILL SHARE IT WITH A JEH JEH IN NEED.**

**HERE'S WHAT WE NEED!**

- Screens must be in good condition
- All identifying information must be removed (stickers, names etc)
- **MOST IMPORTANTLY:** Phones must be wiped of all your personal information. That means they must be reset to factory settings. Please see information ----> about how to wipe your phone.

**HERE'S HOW TO RESET YOUR PHONE**

- Apple/Iphone**  
Settings > general > Transfer or Reset Iphone > Erase all content and settings
- Android phone**  
Settings > General Management > Reset > (last option in list) Factory data reset

**CELLPHONES PROVIDE CONNECTION AND SAFETY.**



Please drop off your phones with Crystal Thomas - Case Manager/Navigator at Tla'amin Health Mondays or Tuesdays. Call 604 208 3782 for more info.  
Tla'amin Nation does not accept liability for phones that are recycled through this program.

## BEAR AWARE

Please do not keep garbage or recycle bins outside your home

Ensure your BBQ is clean and properly stored.

### ʔəms nəm

**Sexual Abuse Supports**

Activation warning: this program discusses sexual abuse and may be distressing for some viewers. Please care for your well-being and seek support if needed.

In this heartfelt conversation, Nation member Brittany Vivier, is joined by Gillian Reyes to speak gently and honestly about how we can support those affected by sexual abuse.



ʔəms nəm app

May 12th, 2025

**May's prize**

View one of this month's teachings by May 31st to be entered to win Red Shawl Women handcrafted products.

Learn more



Download the app



## TAKE ACTION

*To end Violence Against Women and Children*

May 15, 2025

8:00 am - 2:00 pm

Salish Centre

8:30 am - Opening Ceremony

10:30 am - Workshop

12 noon - Walk starting at Tla'amin Convenience Store

1:00 pm - Lunch and Closing

Contact: rob.hughes@tn-bc.ca

604.414.4614

MOOSEHIDECAMPAIGN.CA

## Wellbriety Talking Circle



**Mondays**

**3:00- 4:15 PM**

**Tla'amin Health**

Wellbriety is a movement that embraces sobriety and wellness through Indigenous teachings, culture, and community. Rooted in the belief that healing happens in mind, body, and spirit, Wellbriety provides a path to recovery and personal growth through connection, traditional wisdom, and support. Join us in a safe, welcoming space to walk the Red Road together.



**ᑕᐱᐱᐱᐱ**  
TLA'AMIN NATION



604-483-3009



Brittany.Vivier@tn-bc.ca

ʔəms taʔaw

yiᑕ aʔet  
ᑲaᑲxwɪn

ᑲᐱᑲᑲᑲᑲᑲᑲ  
ʔaʔaᑲᑲᑲ

qweqwaystowʔ  
ʔasəm qwayigən

gənaxwᑲ  
pit qwayegəns

tiyhegən metəm  
tiyᑲᑲᑲ



New! 'Our Lives' section in qathet Living magazine

## Free / Affordable Family Announcements

Bigger sizes and other announcements:

- 150 words & photo: \$150
- 300 words & photo: \$300
- 600 words & photo: \$500
- 750 words & photos: \$750

**Ideas:** retirements, anniversaries, big birthdays, memorials, graduations, christenings, moves here and away, congratulations & more.

A small birth / wedding / obituary is free if:

- The person lives in the region
- The event happened in the last three months
- We get info by about the 15th of the month

Note: these are 30 words & a photo

Send your info to ourlives@qathetliving.ca, call 604-485-0003, or drop in to 7053E Glacier Street by about the 15th of the month.



**DISCOVER FAITH.  
DISCOVER COMMUNITY.  
DISCOVER EXCELLENCE.  
DISCOVER ASSUMPTION SCHOOL.**

- Academic Excellence
- Faith Formation
- A Caring, Values-Based Environment

Now accepting enrolment for the upcoming school year.

Call today or visit our website to learn more!



## čux<sup>w</sup>oθen čux<sup>w</sup>eł Klahanie Drive

# Community Garage Sale

Saturday, June 14, 2025  
9:00am – 1:00pm



Many sellers, lots of goods  
Everyone is invited  
Carpool, park and walk it, if you are able  
Cash only  
Bring your own reusable bags

**APPLY NOW**

Study Online  
from your  
community  
**FREE**

**ʔayʔajuθəm - Language Proficiency Certificate Program**  
Starting in Sept. 2025 through the University of Victoria

Applications are now being accepted at UVIC for the very first ʔayʔajuθəm Proficiency Certificate Program. Study with friends and jehjeh from all four Sister Nations. No entrance requirements or prerequisites.

Access application through QR code with a Google account or email Sophie Call, Director of Education for an application [sophie.call@tn-bc.ca](mailto:sophie.call@tn-bc.ca)

Email your completed application form to Colleen at: [iedpa@uvic.ca](mailto:iedpa@uvic.ca)

**Program Structure**

3 semesters  
Sept-Dec/Jan-April/May-July ✓

Classes Monday mornings, afternoons & Thurs evenings ✓

Online classes + in-person weekends ✓

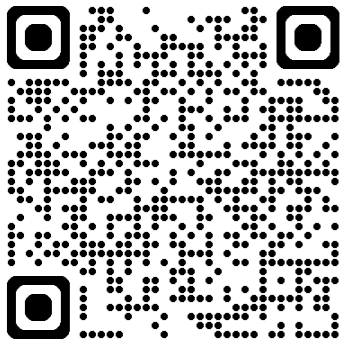
**Application Deadline**  
Friday, Jan. 31st, 2025  
Late applications may be accepted

**For information about your Nation's post-sec living allowance contact your Coordinator**  
[marilynarry@klahoose.org](mailto:marilynarry@klahoose.org)     [erin.higginbottom@komoks.ca](mailto:erin.higginbottom@komoks.ca)  
[postsec@tn-bc.ca](mailto:postsec@tn-bc.ca) (Louise Dominick)     [brenda.murray@homalco.com](mailto:brenda.murray@homalco.com)



Don't forget Mothers Day on Sunday May 11th

# Employment Opportunities



The Tla'amin Nation is currently seeking interested individuals that are ready to join one of our challenging and exciting departments.

Some positions require physical labor while other employment environments are in-office with some travel required.

Scan the QR CODE for job descriptions and qualifications and expectations.



**tla'amin**  
TLA'AMIN NATION

## ADMINISTRATION

- *Cultural and Language Worker*
- *Legislative Assistant*

## COMMUNITY SERVICES

- *Recreational Worker*

## EDUCATION

- *ECEI or ECEII  
On Call Casual*
- *Indigenous Supported Child  
Development Support Worker*

## HEALTH

- *Indigenous Cultural  
Support Worker*
- *Home and Community Care  
HCC-RN*
- *Licensed Practical Nurse*
- *Public Health Nurse*

## PUBLIC WORKS & CAPITAL INFRASTRUCTURE

- *Building Maintenance Worker*
- *Custodian*

## Lund Resort is Hiring

### Housekeeping Attendants

Applications can be submitted to Braden Smith/  
CEO: email: [jobs@tmslp.ca](mailto:jobs@tmslp.ca)

### Lund store clerks/cashiers at the Stockpile Market

Submit to: [jobs@tmslp.ca](mailto:jobs@tmslp.ca)  
(Attention: Shailen Tom/Store Manager)

### Gas Dock Attendants

Submit to: [jobs@tmslp.ca](mailto:jobs@tmslp.ca)  
(Attention: Shailen Tom/Store Manager)



❁ 4th ANNUAL THICHUM CUP ❁

**BALL HOCKEY TOURNAMENT & COMMUNITY DAY**

EVENT THEME: *qathet* – working together.

Thichum Forest Products is proud to host this community event! We welcome adults and youth from Tla'amin, qathet and surrounding communities to join us in this exciting celebration of sport, culture and community spirit!

	łołet (ADULT)	Čuy (YOUTH)
Dates	Friday June 6, Saturday, June 7	Sunday, June 8
Age	15 years +	5 years old to 14 years old
Fees	\$150.00 per team	Free
Prizes	1 <sup>st</sup> place Championship swag. Game & Tournament MVP's Team shirts provided	All participants will receive a prize! Team shirts provided
Roster	Maximum: 15	Brackets TBD
Time	Fri: 4-8pm Sat: 8am - 7pm	Sun: 10:30am to 3:30pm
Location	Tla'amin Waterfront Courts	

**łołet Teams:** Register at: [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) Team Fee to be paid at registration.

**Čuy Players:** Parents, please email [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) with your child's full name, birth year, and if your Čuy has any experience playing hockey. Free hot dog or hamburger & drink will be provided.

**CALL OUT!!** Any food vendors who would like to set up a table, please email [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) to secure your spot.

## Fourth Annual Thichum Cup June 6-8, 2025

This years theme is "*qathet* – working together"

Thichum Forest Products is proud to host this community event! We welcome adults and youth from Tla'amin, qathet and surrounding communities to join us in this exciting celebration of sport, culture and community spirit!

**Adult Tournament June 6-7**

**Youth Tournament June 8 - 5-14 years**

łołet (adult) Teams: Register at: [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) Team Fee to be paid at registration.

Čuy (childrens) Players: Parents, please email [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) with your child's full name, birth year, and if your Čuy has any experience playing hockey. Free hot dog or hamburger & drink will be provided.

**CALL OUT!!** Any food vendors who would like to set up a table, please email [kaycee.mitchell@tmslp.ca](mailto:kaycee.mitchell@tmslp.ca) to secure your spot.



# Invested in Our People

ACCOUNTABLE, FAIR AND RESPECTFUL

## Notice of Annual General Meeting

**When:** Saturday, May 31<sup>st</sup>, 2025, from 9:15am to 12:00 pm

**Where:** Salish Centre and Via Livestream Webinar

**Who:** Tla'amin Registered Treaty Citizens

## Guest Presenters:

Trust Guardian - Cyndi Egan (Update/Activities of The Trust)

Grant Thornton Auditors - 2024 Financial Audit Results

Q&A Session

PBI - Investment Consultants

ACM Advisors - Chad Mallow - President & CEO

Jordan Ross - VP Fund Management

**REGISTER ONLINE**

**Join Us for Breakfast:**

Ready at 9:30 am.



<https://www.tlaaminnation.com/trustagm>

**Gift Cards (3) & Lenovo Tablet (1) to be won throughout the session.**

**Winners must be present at the time of the draw.**