



Tla'amin's New Fire Chief Byron Harry Reflects on Past, Present and Future

By Davis Mckenzie

Tla'amin Nation's new full time Fire Chief Byron Harry was only 24 hours into his new job when he agreed to sit down with the Neh Motl and share about his journey to fire chief and what is next for TNFD.

Byron first joined the Tla'amin Fire Department in 2016 shortly after moving back home. He was working city and camp jobs for a decade after earning experience and working towards his Red Seal Ticket in carpentry.

When he landed a job at the Nation in construction services, he says he didn't realize how much this role would prepare him as a first responder.

"Doing renovations and inspections you end up in a lot of homes, and you just kind of pick up on floor plans and the best way to help people in different homes."

In his eight years of service with TNFD he says he has witnessed a lot of change and growth. But he says what makes the department unique are the things that have stayed the same - culture, connection and caring.



Tla'amin's past four fire chiefs Floyd George, Walter Paul, Jim Armstrong and Erik Blaney were honoured this Indigenous Peoples Day alongside the 21 active members of the Tla'amin Fire Department. BACK L-R- Stuart Smith, Sharlene Timothy, Kylie Paul, Derek Yang, Jim Armstrong, Lydia Line, Williams Adams, Byron Harry, Calum Galligos, Craig Galligos, Erik Blaney, Walter Paul, Lindzy Elliott, Pam Wilson and Jared Tom. FRONT Brandon Harry, Floyd George. Missing: Sydney Point, Matt Zastre, Tim Laddner, Mic Schreurs, Nathan McKay, Gary Gonzalez, Kyron Adams, and Derrick Alexander.

"Talking with other departments they don't often respond to calls of people they know. That's not the case here, every call you know the person. It could be your best friend's granny who used to watch you, pretty much everyone you grew up with."

According to First Nations Emergency Services Society Tla'amin Nation is one of the largest volunteer First Nation fire departments in all of British Columbia. It wasn't always this way.

Small budgets, a shortage of equipment, and a lack of volunteers mean it was much harder in

the past to respond. But respond they did.

Harry said that the department wouldn't be where they are today without the determination and contributions of the past Fire Chiefs and volunteers. He says that taking time to listen and learn from each of the past Chiefs has been good medicine.

"One thing that Walter really talked about was to keep that cultural base instead of the typical military atmosphere you see in emergency response," Harry reflected "The foundation in our department is that

it doesn't need to have the military feel, everyone knows their role and we work together."

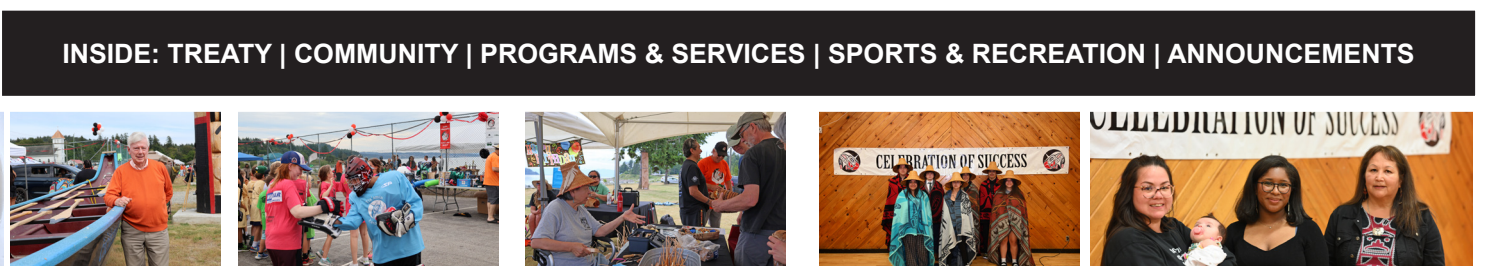
Harry says that one of the things that sets the Tla'amin firehall apart is response time. "Being right here in the community we are often first to the scene. From call to curbside, we average 8-10 minutes a call. Seconds and minutes make all the difference, especially when responding to health emergencies."

Approximately 90% of 115 calls received by the department last year were health related. This statistic

TNFD (Continued on page 4)



Fire Chief Byron Harry left shakes hands with previous Tla'amin Fire Chief Erik Blaney at Indigenous Peoples Day 2024.



INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



Tla'amin Governance House Updates

4779 Klahanie Road,
qathet, BC V8A 0C4
Phone: (604) 483-9646
Toll Free: 877-483-9646

All Candidates Meeting

July 17th, 2024
5:00 - 8:00 pm
Salish Centre
&
Zoom

Celebrating 2024 Indigenous Student Success at the Salish Centre

June 26th marked this year's Celebration of Success, an annual event where Tla'amin Nation recognizes the hard work of its students throughout the school year.

A last-minute change of venue from Willingdon Beach to the community's Salish Centre due to the possibility of inclement weather did not dampen the mood and the pride of assembled jehjeh.

About 175 people filled the community gym to enjoy a delicious BBQ meal -- perfect to usher in the summer break --and to celebrate our students, with particular honours going to those hitting milestone transitions.

First, a snazzy bright red Nation hoodie sporting "či čuy ʔaye alumni" was given to our youngest students beginning their academic journey next year in kindergarten. We hope they will wear their hoodies proudly, rooted in who they are and where they come from.

Students entering Brooks Secondary School in the fall were the next to be recognized. No longer *the big kids on campus idolized by the youngsters*, these now-teens face the daunting maze of classrooms, dizzying rotating class schedule, multitude of smiling staff, and throngs of pubescent adolescents who pour into Brooks Secondary School hallways like clockwork between classes. We hope their gifted t-shirts which more subtly bear their proud Nation's logo and lovely abalone-embedded wooden necklaces will act as a connection between them and reminder of the love of all their families and community cheering them on in high school.

Next, the dynamic duo of two of Tla'amin Education's staff, elder Lespet Doreen Point and Noreen Paul, shared the mic to address the assembled crowd.

Lespet congratulated the youth and spoke with passion and inspiration to the či čuy, youth, and their families, sharing the importance of education to reach one's dreams.

Noreen, a recent graduate of the Arts One First Nations Program at VIU spoke of her

journey back to post-secondary, urging other adults in the community it's never too late. "I'm graduating at 62 -- see it's never too late to pursue your dream."

These two powerful women -- daughters, sisters, survivors, wives, aunties, mothers, and čičyε -- spoke right to our hearts!

One of the great highlights of the evening was watching in awe as young men and women, older versions of the children cherished by so many, were wrapped in blankets with care by community leaders and gifted beautiful cedar hats to mark the momentous occasion of their Grade 12 graduation.



They listened with maturity and poise as Tla'amin Community Services House Post, Dillon Johnson (pictured above), formally congratulated them on behalf of their Nation and shared "You will always have a place here, you can always find purpose here that is really special your community is cheering you on to own up to the harms of the past and is slowly making changes to be a safer and more relevant place for our learners, it feels important to create an opportunity for students and families to come together as First Peoples to foster a sense of identity, belonging, and pride in our young people and celebrate our strength.

We raise our hands to our students and everyone who stands behind them. Have an awesome summer!

In an emotional presentation, Louise Dominick, long serving Tla'amin Post-Secondary Coordinator presented a stunning eagle feather crafted by shíshálh carver Shain Jackson to her nephew Nolan Louie who completed his Master of Social Work Program.



Nolan Louie- Master of Social Work Program- University of Victoria

The evening came to a close by recognizing the growing Indigenous Education team which supports our students across schools in a variety of roles. Thank you for the vital work you do with care and compassion. čéčhatanapešt ninije taθ p'ap'em!

Tla'amin Education this year, in partnership with the qSD47's Department of Indigenous Education, decided to broaden the Celebration of Success to include all Indigenous students in the qat'et region -- from Squamish to Nuxalk Nation, Pacheedaht to the well represented Métis Nation and many others, all guests on beautiful Tla'amin giže. In a school system that is just now learning



Grade 12 graduates include:
front row (L-R) Yakira Harry, Julia Wesley, Hannah Harry,
back row (L-R) Malachi Galligos, Russell Benner, Greydan Mitchell, Memphis Dominic
Missing: Kiryn Cole, Julien Gustafson, Ryinn Harry, Alexander Reid, Makayla Gustafson-Boyd, Keyonna Rossi, Oscar Santamaria, and Preston Sherwood Anderson



Entering Grade 8: (L-R)Kaleah Petalik, Mason Wilson, Derek Williams, Hannah Olinyk, Dominic Mitchell, K-Shaun Taylor
Missing: Alyssa Harry-Klapstein, Kaitlyn Mitchell, Kai Wilson, Nathaniel Treakle, Sasha Galligos, Priya Williams, Trinity Williams, Olivia Carta, Kendall Louie, Ciana Carta and Menat'they Pechawis-Blaney



“či čuy ʔaye alumni”
 (L-R) Ender Deguillaume, Remi Johnson, Ezekiel Harry, Kingston Paul, Talya Galligos
Missing: Isabell Adams, Khalil Nelson King, Oakley Galligos, Raider Freeman, Ruby St. Amand Harry, Nathan Harry, Araya Gonzales,

Last, but certainly not least, the Tla'amin citizens near and far who completed post-secondary programs this academic year were next to be honoured with splendid bentwood boxes. Their varied accomplishments are a testimony to their ambition and resilience and the power of the taʔow within.



Nailah King-Hopkins (center) University of British Columbia (UBC) NITEP – Bachelor of Education

Notable Mentions

Charlene Muskego Northern Alberta Institute of Technology (NAIT) - Personal Trainer program

Jasmin Menendez Langara College - Diploma of Arts: Indigenous Studies

Benjamin Miege Southern Alberta Institute of Technology (SAIT) - Welding Level 2

Jacob Gallagher British Columbia Institute of Technology (BCIT) - Sheet Metal Level 1

Jacky Harry Kwantlen Polytechnic University (KPU) – Welding Level B

Kyle Point Kwantlen Polytechnic University (KPU) – Welding Level B

Tristen Hackett Vancouver Island University (VIU) - Carpentry Level 1

Melinda Louie-Felix Vancouver Film School - Advanced Acting Program

Abby Francis British Columbia Institute of Technology (BCIT) – Broadcast & Online Journalism Diploma Program

Layla George University of Victoria - Bachelor of Marine Biology

Brooke Peters Sauder School of Business – Real Estate Licensing Program

Arlene Harry Excel Career College - Health Care Office Assistant Program

Richard Peers Vancouver Island University (VIU) - Heavy Equipment Operator Rock Truck Training

Jordan Green Vancouver Island University (VIU) - Automotive Levels 2 & 3

Brittany Vivier Nicola Valley Institute of Technology (NVIT) - Indigenous Holistic & Wellness Addictions Counselling Advanced Diploma Program

Kirsten Paul Blanche MacDonald Centre - Global Makeup Diploma Program

Noreen Paul Vancouver Island University (VIU) -- Arts One First Nations Certificate

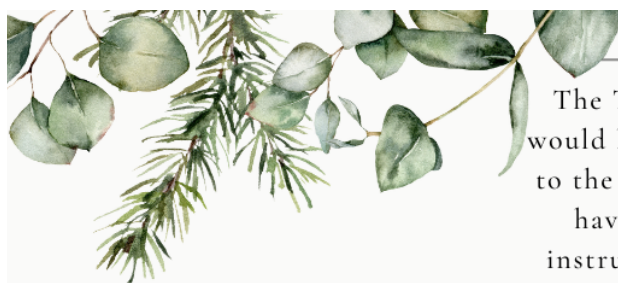
PROGRAMS & SERVICES



The Tla'amin Department of Education would like to acknowledge all the great work of the Nation and qSD47 staff who have supported the students during the 2023-2024 K-12 Academic Year!

- | | | |
|------------------|-------------------|------------------|
| AMIRA ABOUELALLA | NAILAH HOPKINS | NOREEN PAUL |
| BRAD ADAMS | SELENA HOWELL | KARINA PETERS |
| CHRIS BAKKER | SHAWN JAMES | TYLER PETERS |
| DREW BLANEY | JESSICA JOHNSON | KOOSSEN PIELLE |
| GAIL BLANEY | ALYSSA LOUIE | ALISHA POINT |
| SOSAN BLANEY | JOHN LOUIE | DOREEN POINT |
| SOPHIE CALL | MIKE LUAFIOA | CAITLYNN SMITH |
| HEATHER DOHERTY | BRANDI MARRIOTT | ALYSSA STAPLETON |
| LOUISE DOMINICK | DION MARRIOTT | ANDREW TIMOTHY |
| BRANDY FRANCIS | FRANKIE MCWADE | TARRA TIPTON |
| GERRY GALLIGOS | CINDY MITCHELL | GERT TOUCHIE |
| COREY GORDON | MELVIN MITCHELL | APRIL TREAKLE |
| JAMES HANSON | EMMA MORGAN-THORP | ANGELA YOUNG |
| SHANIAH HILLIS | ANDREA PAQUETTE | |

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The Tla'amin Department of Education would like to raise their hands in gratitude to the Knowledge Keepers and Elders who have honored the students and their instructors with their cultural teachings during the 2023-2024 K-12 Academic Year!

- | | | |
|-----------------|----------------|----------------------|
| ROSE ADAMS | ACE HARRY | ELSIE PAUL |
| SHERRY BULLOCK | DOREEN HARRY | VIVIAN PETERS |
| BEVERLY DIXON | LEONARD HARRY | ALISHA POINT |
| JERRY FRANCIS | MAYNARD HARRY | EVELYN TOM |
| LYNN GALLIGOS | EUGENE LOUIE | MARGARET TIMOTHY |
| SCOTTY GALLIGOS | LYNDA LOUIE | RANDOLPH TIMOTHY SR. |
| DELANA GEORGE | PAT LUAIFOA | BRADLEY TITIAN |
| FLOYD GEORGE | JOE MARTIN | JOAN WILLIAMS |
| LEE GEORGE | CYNDI PALLEN | BETTY WILSON |
| MARILYN GEORGE | DAWNA PALLEN | JOSEPH WILSON |
| PHIL GEORGE | SHERMAN PALLEN | |

čEčEhatənapəšt



Terri Mae Galligos
JUNE WELLNESS PROGRAM WINNER

TNFD (Continued from page 1)

has guided the department's training agenda. "We have prioritized first responder training and have started our own in-house training. The Department two firefighters go get trained and bring the training home to our members. We prefer train-the-trainer so that we can put our own spin on the training and incorporate that cultural component."

This cultural component cannot be under-rated according to Byron.

"We are going into people's homes and it's very uplifting for our people to see a familiar face, we communicate in our language, bring the culture into it, it takes away from what they are struggling with."

Harry said that having a strong fire department can further Tla'amin independence and self-determination. "This has been one of our goals since treaty started."

On January 1, 2024, Tla'amin took over fire protection and first response for Klahanie and Southview. This adds 140 homes to the 275 Tla'amin homes under the watchful eye of TNFD.

He says it's going good so far and that the caring and culturally centred response taken by TNFD is welcomed by our neighbours.

Byron explains "The residents have really appreciated our approach and how we bring that cultural part, treat them as if they are family regardless of who they are. After a particularly tough call, we had a resident come down the hall to thank us on practice night."

When asked where he'd like to take the department next Byron says there are three areas of focus.

The first is getting more of policies and bylaws into place. The second is more public education and prevention. The third is to provide more mental health supports for our members.

"Post traumatic stress is the time bomb that you don't know when it's going to go off. Debriefing tough incidents and providing outside counselling and cultural supports are some steps we are taking."

When I asked Byron if there was anything else he's like to say he was uncharacteristically effusive.

"Our community has grown, and members have noticed the fire departments growth and all the extra education and on-going training, this has increased the trust in our services." Harry reflects "I want to thank our departments committed volunteer fire fighters and first responders for working so hard to skill up and keep our community safe."

Hatchery Crew releases 28,000 Coho into Sliammon Lake

By Steve Gallagher
Neh Motl Editor

Every year in mid-June the hatchery crew gets busy clipping the adipose fins off of thousands of coho that were raised in incubators over the winter months. This year's brood stock (fish that are utilized for eggs) of coho will hopefully return to our river system in 2026 with the Chinook, after the first heavy rainfall, causing the river water to swell.

While 28,000 is a wealthy number of fish, only a tiny percentage will find their way back to their umbilical river withstanding the forces of mother nature and all their hierarchy within the food chain. According to Tla'amin Hatchery Manager Lee George, only about seventy-five (or 0.0027%) of these coho will return and have their eggs incubated to complete their life cycle.

According to George, at one time, the hatchery used to rear up to 200,000 coho, including an open net pen in the waters of Okeover to fingerprint the salmon. This operation was reduced to due to DFO cutbacks and funding has never been restored."

Why does the hatchery crew clip the adipose fin?



Lee George has been rejuvenating our fish stocks for the past 38 years, "We clip them to signal to the recreational fishers that these are the fish they can keep. However, if the adipose fin is still intact it is preserved as wild and must be released. This applies to native and non-native fishers across the board."

"When we identify our future broodstock every fall at the hatchery, we always try to utilize those clipped coho that have the missing adipose



These coho will spend the winter months in Sliammon Lake before migrating into the ocean before returning to our river system with the Chum in 2026.

fin for their eggs," continued Lee.

The wild salmon are recognized by their adipose fin intact which is their ticket to bypass the hatchery and continue up the river to spawn naturally.

I asked Lee about the egg take process and he explained that the hatchery team first takes the 60,000 eggs required and then milk them with the males. The fertilized eggs are put into incubators where they will stay for a few months until they hatch.

Once hatched, the coho food supply is calculated based on the combined weight of all of the salmon fry (biomass). Like any healthy diet, the salmon fry receives plenty of nourishment in the first few months until they are released.

The coho biomass also determines an average weight gain. These salmon fry have gained an average of 0.05 grams of weight per day based on the 60,000 fry.

When the coho reach the development stage of three to four months of life, which is usually in the first week of June, they are adipose clipped and released into Sliammon Lake for the winter and will migrate to the ocean in the following spring.



Before the fish get their adipose fin (located behind the dorsal fin) clipped, there is an interesting scientific procedure for ensuring the coho are safe and healthy throughout their experience. They are put into an induced sleep!

Before the coho are sedated in the surgical anesthetic, they are placed on a short fast to reduce any unwanted risks. Once asleep, within a short few minutes, they are clipped and safely placed in recovery. Each hatchery staff has a specific responsibility to ensure that the coho are not placed in jeopardy with the least amount of stress.

28,000 cohos later, they are ready to be transported to Sliammon Lake to begin their incredible long journey home with their internal compass to guide them.

According to Lee George, our food fish allocation through the treaty is 200 nonterminal chinook and 200 terminal chinook.

Nonterminal chinook refers to the salmon that migrate past the Tla'amin Fishing area. These fish are not from our domestic fishing area. DNA provides their stream location. The last couple of years the nonterminal fish are coming from Seattle Washington and Big Qualicum.

Terminal fish refers to those species of food fish that return to the rivers in the Tla'amin fishing areas from Lang Bay to Scuttle Bay.

Lee says that the nation needs to keep track of what type and how many fish are raised at the hatchery compared how many are released. Once the total population in the river system is calculated, a percentage of that is allocated for food fish in the smokehouse.

He reminds all citizens to remember to use Harvest Application. Recording our catch is critical as it demonstrates that Tla'amin Nation exercises their aboriginal right to harvest food fish within the traditional territory.

Last Chance to Sign-Up for Tribal Journey!

This year's canoe journey will take us down to Puyallup, Washington. The theme for this year's journey is 'uplifting our youth'. There has been a lot of talk about this journey being for youth only, but this is not the truth. Everyone is welcome to attend this year's canoe journey!

The Tla'amin Nation Canoe Family will depart Tla'amin territory on July 21st 2024 via Ferry. The canoes will be towed to Lummi where we will officially start our journey. The date of landing in Puyallup territory is July 31st, and protocol will take place August 1st-5th.

If you would like to sign up to paddle or as land crew, please contact Drew Blaney at your earliest convenience at (604)-483-9646 ext. 123 or email drew.blaney@tn-bc.ca

Local Journey to take place in August

If you are more interested in taking part in a local canoe journey, there is an opportunity to join us for a 4 day paddle through Homalco, Klahoose and Tla'amin territory. Canoes will depart from Church House on August 13th and make their way to Tla'amin for a welcome on August 16th. Please contact us for more information!

Tla'amin Nation Singers Collaborate with Vancouver Symphony Orchestra

On June 13th, a group of Tla'amin Nation drummers and singers performed along side the Vancouver Symphony Orchestra during their Indigenous Celebrations at the Orpheum Theatre in Vancouver. It was so amazing to share a part of our Tla'amin culture with the 1000+ people in attendance, and many of our Tla'amin citizens living in Vancouver in attendance. The Tla'amin Nation cultural group had been invited by members of the VSO Indigenous Advisory Council consisting of members from the Squamish, Musqueam and Tsleil Watuuth Nations. We thank them for the invite!

Our Community Cultural Programs will be taking a summer break. We will resume all classes starting in September.

čëčhaθeč (I thank you)

**TLA'AMIN NATION
YOUTH NIGHTS
AGES 13-18**
@ ʔaylštən ʔaye / Cousins House

Thursdays
5PM - 9PM
& Fridays
1PM - 9PM

Welcoming
Indigenous youth
and invited friends!
Food, Sports, Crafts,
Events, Leadership,
Hikes and Wellness.

Artwork by Kashius

RIGHT TO PLAY

New Hires



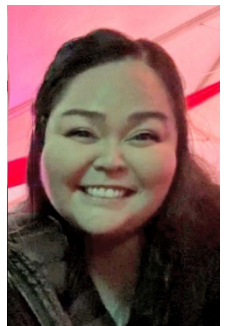
Rachael Ward

I am excited to join Tla'amin Nation as the Policy Manager. I have a Master of Public Administration from the University of Victoria and a Bachelor of Planning from the University of Northern British Columbia. I most recently worked for the City of Delta (my hometown) where I gained extensive experience in policy development working in both the

Clerks Office and development services. I love to learn and have certificates in urban design, government service delivery and project management. I am currently living in White Rock with my family. I really enjoyed travelling to the beautiful qathet region during my first week and look forward to meeting and working with more of the team at Tla'amin Nation.

Stockpile Market Hires Store Manager

My name is Shailen Tom, and I was born and raised in Qathet, and I am a proud member of the Tla'amin Nation.



I recently moved back to Tla'amin from Vancouver where I was living for 9 years. During my time in Vancouver, I was working for the First Nations Health Authority. I just recently started working at the Stockpile market in Lund as the Store Manager. I am looking forward to spending this summer reconnecting with my homeland alongside my friends and family.

BEFORE YOU DIG

Remember, under Tla'amin Culture and Heritage Law, your cultural rights and responsibilities include protecting archaeological sites.

This is the season we all want to work on our gardens, clear brush, or build fences. Before you do anything that alters the ground, contact the Lands and Resources department (referrals@tn-bc.ca) for monitoring of work at **no cost** to Nation members.



Ground altering activities include

- -digging any holes
- -fence posts
- -blackberry brush removal
- -putting in a new garden spot
- -brush or tree removal of any sort
- if you don't know, contact us to find out

**REFERRALS@TN-BC.CA
OR (604)483-9646**



NOTICE OF ALL CANDIDATES MEETING

July 17th, 2024
5:00- 8:00PM
Salish Centre & Zoom

Tla'amin Nation General Election is
September 14, 2024.

Voters will elect one hegus and eight Legislators.
OneFeather is the electoral officer and service provider
and will chair the all candidates meeting.

To submit your questions in advance or to request the
zoom link please write:

media@tn-bc.ca
or jordan@onefeather.ca

PRELIMINARY LIST OF NOMINEES - PAGE 1 OF 3

Notice is hereby given that a **Nomination Meeting** was held on **June 27, 2024**, in accordance with the Tla'amin Nation *Election Law (amended May 2020)*, for the purpose of electors nominating candidates for the Office of Hegus (1 position) and for the Office of Legislator (8 positions), for an election of Tla'amin Government to be held on **September 14, 2024**, for the ensuing term of office.

PRELIMINARY LIST ONLY – CANDIDATES TO BE FINALIZED BY JULY 12

NOMINATIONS FOR THE OFFICE OF HEGUS

NOMINEE	NOMINATOR	SECONDER
COURTNEY, ARNIE PATRICK	ROMANYSHYN, SYLENA	ROMANYSHYN, ANTHONY
GALLIGOS, CATHERINE	OSAWAMICK, GLADYS	GALLIGOS, DOREEN
HACKETT, JOHN	LEONARD, HARRY	HACKETT, KIM
JOHNSON, DILLON	HARRY, TANA	GALLIGOS, CARMEN
LUAIFOA, LOSA	TREAKLE, APRIL	SOUCH, ALEX
WILLIAMS, CLINT	NOBLE, WAYNE	ROSSI, MARGARET

NOMINATIONS FOR THE OFFICE OF LEGISLATOR - 8 TO BE ELECTED

NOMINEE	NOMINATOR	SECONDER
BLANEY, DREW	BLANEY, SUZANNE	SOUCH, ALEX
BLANEY, ERIK	MITCHELL, JORDAN	HACKETT, JOHN
COURTNEY, ARNIE PATRICK	ROMANYSHYN, SYLENA	ROMANYSHYN, ANTHONY
FRANCIS, GLORIA	OSAWAMICK, GLADYS	WILSON, CONNIE
GALLAGHER, MARINA	LOUIE, LARRY	ADAMS, GRACE

*To become a certified candidate for the office of hegus the individuals listed must complete and submit their certification package to the electoral officer no later than July 4th , 2024.

*To become a certified candidate for the Legislator the individuals listed must complete and submit their certification package to the electoral officer no later than July 4th , 2024.

PRELIMINARY LIST OF NOMINEES - PAGE 2 OF 3

NOMINATIONS FOR THE OFFICE OF LEGISLATOR - 8 TO BE ELECTED

NOMINEE	NOMINATOR	SECONDER
GALLIGOS, CALLUM	JOHNSON, DILLON	BLANEY, DREW
GALLIGOS, CATHERINE	WILLIAMS, ESTHER	GALLIGOS, GERRY
GALLIGOS, CRAIG G.	FRANCIS, STEVE	GALLIGOS, JOE
HACKETT, JOHN	HARRY, ROBYN	PAUL, MARLANE
HARRY, LEONARD	HARRY, TANA	HARRY, BETH
HOPKINS, DOREEN	COURTNEY, ARNIE	TREAKLE, APRIL
JOHNSON, DILLON	LOUIE, BRANDON	WILSON, SABRINA
LOUIE, BRANDON	LOUIE, FREDRICK	WALTER, PAUL
LOUIE, LARRY	SMITH, MOLLY	SMITH, DENISE
LUAIFOA, LOSA	LEONARD, HARRY	FRANCIS, SHARON
MARRIOTT (HARRY), BRANDI	PALLEN, DAWNA	CALVIN, HARRY
MITCHELL, JORDAN	PAUL, KYLIE	MCKENZIE, DAVIS
OSAWAMICK, GLADYS	ROSSI, MARGARET	LUCIANO, HARRY
PETERS, BRANDON	WILSON, LORI	PETERS, TYLER
SMITH, DENISE	LOUIE, ROSE (MIA)	VIVIER, BRITTANY
SOUCH, ALEXANDRA	BLANEY, ERIK	LUAIFOA, LOSA
TIMOTHY, TANNER	GALLIGOS, CARMEN	GALLIGOS, CRAIG
WILLIAMS, CLINT	NOBLE, WAYNE	FRANCIS, GLORIA

For more information or assistance please contact:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/taamin

TLA'AMIN NATION PRELIMINARY LIST OF NOMINEES - PAGE 3 OF 3

THIS IS A PRELIMINARY LIST OF NOMINEES FINAL CANDIDATES SUBJECT TO CHANGE

The listed nominees have been duly nominated for the offices of Hegus and Legislator, respectively, for the Tla'amin Government in accordance with the Tla'amin Nation *Election Law (amended May 2020)*. The Electoral Officer has made best efforts to contact each nominee and forward a certification package to them.

ACCEPTANCE – A nominee who wishes to stand as a candidate for office must submit the following items to the elections officer **no later than July 4, 2024**:

- (a) a signed copy of the prescribed Acceptance of Nomination form;
- (b) a non-refundable deposit payable to the Tla'amin Nation in the amount of \$100 for Hegus, or \$50 for Legislator candidates;
- (c) a signed copy of the prescribed Certificate of Qualification form;
- (d) evidence that they have submitted a request for a criminal records check to be forwarded to the elections officer; and
- (e) a signed copy of the Candidate Code of Fair Campaign Practices.

WITHDRAWAL – A Candidate who has accepted a nomination and has been declared a Candidate may withdraw by sending or giving the Elections Officer a written and signed notice of withdrawal, which must be received by the Elections Officer before the close of the polls on election day. The withdrawal form is available on the webpage listed at the bottom of this page. A Candidate who withdraws from an election forfeits their deposit, and any ballots cast in their favour will not be counted.

BALLOT NAME – If you would like your name to appear differently than the way it is written on this preliminary list, please email OneFeather Support listed below by **August 13, 2024**, and notify us of how you would like your name to appear on the ballot. After that date, the ballots will be printed, and no further changes will be possible.

Dated at Victoria, B.C., this 28th day of June, 2024.

For more information or assistance please contact:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/tlaamin



Bella McDivitt and Maleek Irons were in attendance and moderating the Nomination Meeting, acting as Deputy Electoral Officers for OneFeather

Tla'amin 2024 General Election FAQ's

When is the election?

The election is September 14, 2024. Online voting will begin August 31, 2024.

Who is eligible to vote?

A Tla'amin Citizen who is at least 18 years or older on the date of election.

What positions am I voting for?

Eligible voters will elect one hegus and 8 legislators on September 14, 2024.

How and where can I vote?

Voters can cast their ballots in three ways.

1. In person at the Salish Centre
2. By mailing in your ballot
3. By casting an electronic ballot

Who is eligible to run for office?

Citizens in good standing and over the age of 18 on election day may run for office. Employees of the Tla'amin Nation or its business entities are eligible to run for office. The position of Hegus is a fulltime position so individuals running for Hegus must be prepared to pause their job or schooling for the duration of their term.

In summary

- Be a Tla'amin Citizen in good standing
- Be at least 18 years old on election day
- Be nominated and seconded at a nomination meeting
- Not be disqualified by holding elected office under this law or any other Tla'amin law.

Can an individual run for both Hegus and Legislator?

Yes, but if the candidate wins both seats, they will be elected to the office of Hegus.

What kind of time commitment is required for elected leadership?

Serving Tla'amin Nation will require at least 20 days a year of service. The time commitment for each role is as follows:

- Hegus is a fulltime position.
- Executive Council is a halftime position.
- Legislators meet at least 20 days per year.

How are candidates nominated?

Candidates must be nominated in accordance with the [Tla'amin Election Law](#) division 3, p. 9.

Eligible voters may nominate or second a maximum of one candidate for Hegus and may nominate or second a maximum one candidate for Legislator.

Nominations were received by mail using a form and at the nominations meeting held June 27th, 2024, from 5:30 – 7:30 PM at the Salish Centre.

When is the All-Candidates Meeting?

The all-candidates meeting is July 17th from 5-8 PM at the Salish Centre and on Zoom. To submit a question for the All-Candidates meeting please write: media@tn-bc.ca

Whose responsibility is it to keep my address up to date?

It is the responsibility of the voter to keep their address and contact information current with the Nation. Updates to your contact information can be submitted to kylie.paul@tn-bc.ca or by calling front desk at 604.483.9646.

Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

Thichum Cup Tournament Takes Centre Stage on Indigenous Day Weekend

Thichum Forestry was very proud to host the Thichum Cup Ball hockey tournament June 21-23, 2024. It was an amazing weekend with beautiful weather, good hockey and most importantly – lots of smiles on the Čuy (children's) faces!

The theme for this year's tournament was qat^oenxeg^{es} (coming together). The most important component was uniting the Adam Louie and Lloyd Hackett Memorial with the Thichum Cup tournament. The original tournament, started up by Codie Louie, Taylor St. Amand, Jacky Harry and Sam Hackett in 2009 honors the memory of Adam and Lloyd. Thichum is excited to be a small part in helping this memorial tournament carry on through the Thichum Cup.

The event also brought together visiting First Nations from WSÁNEĆ and Sts'ailes and neighbours from qathet through a fun weekend of ball hockey. It was a very successful event with over 80 Čuy (children) and 90 łotłt (adults) participating in the 3-day event.

Special thanks go out up to Kaycee Mitchell for tournament organizing, Nation staff Carmen Galligos, Brianne Louie, Callum Galligos and Davis Mckenzie for incorporating the kids tournament into the Indigenous Day celebrations and for the extra hands from their crews for the setup and cleanup, Byron Harry and the TFD for proving first aid coverage, and to the public safety crew for their presence at the event!

Our hands are raised to the tremendous support from our business partners for their sponsorship of the event. Sponsors include: In Situ Archelogy, Pete's Plumbing, Modern Windows, RiverCity Excavating, Dawn Construction, Winmar, Relay Rentals, Jepson Mobile Booming, Aero, Thunder Bay Tugs, Clark Wilson Legal, Thunder Bay Saw Shop, Tla'amin Lake Contracting, Lund Marine, Gordon Brothers, Marta Trucking, KR Logging Forbidden Mechanical, Pildolla Creek and Sitka Mechanical.

Supporting the community through these types of events is a very important part of the Thichum Forestry business model – and we look forward to continuing into the future!

Emote,
 Adam Culos
 General Manager, Tla'amin Forest Products LP



The winners of the adult tournament were the Tla'amin Sounders!



The big winners were the boys and girls that showcased their hockey skills on June 21st

When the unexpected occurs.... Who you going to call?

- Each agency is available to the Tla'amin community in a different capacity.
- We are here to help you get to know your resources.

PUBLIC SAFETY

604-413-7102

Public Safety is the community level resource contact for enforcing Tla'amin regulations and laws which include:

- Domestic animals on the loose
- Unauthorized woodcutting
- Unauthorized use of Tla'amin lands resources
- Tla'amin health and safety concerns
- Vandalism of Tla'amin lands
- Public education



RCMP

Non-Emergency Line: 604-485-6255

Emergency: 911

RCMP is the community contact for enforcing Federal and Provincial Criminal Code offences. Tla'amin Nation is part of the Indigenous Policing Services program which includes the dedication of an officer to the Nation specifically for the purpose of enhancing policing services. Here is a list of offences the RCMP would be called for:

- Assault • Theft
- Controlled substances • Vandalism
- Public intoxication

CONSERVATION OFFICER

1-877- 952-7277

Conservation Officers protect and enforce the Wildlife Act and the environment which include:

- Human, wildlife conflicts
- Injured wildlife
- Environmental habitat conservation measures

FIRE DEPARTMENT

Non-Emergency 604-483-2444

Emergency 911

The Tla'amin Fire Department is the community contact for Emergency services which include:

- Fires
- Rescue
- Motor vehicle accidents
- Medical emergencies in conjunction with British Columbia Ambulance Service

Destination ?agayqsen



Cabin Bookings:

Summer has arrived! Here is some helpful information for booking our Nation cabins at ?agayqsen (Harwood Island) & toqwanən (Theodosia). You may book either of these cabins by emailing bookings@tn-bc.ca with your preferred dates.

Any Citizen utilizing these cabins must follow the following guidelines:

- Use of the cabin and property is at your own risk.
- Ensure all garbage and recycling is taken with you at the end of your booking. There is no garbage or recycling pick up available, you must pack out what you pack in. Failure to do so could result in losing future booking privileges.
- There is no smoking of any type (tobacco, vaping, cannabis, etc..) allowed inside the cabin. Please dispose of butts responsibly, do not litter or cause a fire risk.
- Please leave the cabin in the best condition/as clean as possible following your booking. This will help keep the cabin ready to use for the next group.
- Booking durations must be 3 nights or less. Extensions to the bookings can be granted if there are no other requests following your booking.
- **Please be sure to follow the current Fire Bans and Restrictions. All fires must be left cold to the touch once extinguished. Failure to do so could result in fines and will disqualify you from booking in the future.**
- Please report any damage, mess, or maintenance concerns to publicworks@tn-bc.ca or 604 483 6976 (text or call).

čičyε Circle 29 May, 2024

Present: Jerry Francis, John Louie, Lynn Galligos, Sally Dominick, Elsie Paul, Pauline Paul, Evie Tom, Sherry Bullock, Rose Adams, Brenda Pielle. CFS staff: Lisa Williams, Jasmin Menendez, Ryan Pielle Support: Janet Newbury.

Opening Prayer
Check in



ʔajumεt Interim Agreement Updates:

- Agreement between Tla'amin and MCFD was finalized, signed, and effective Thursday, May.23,2024.
- Discussed the meeting, ceremony, and next steps.
- Orientation materials are being developed. One čičyε circle member will join the planning team.
- Funding for year one is received. Future funding is being negotiated.

Discussion:

- The čičyε circle discussed low school attendance for ʔəʔamen čičuy and how nation staff and ʔəʔamen families could work together to change this.
- Ryan and the team will summarize and share back notes at the next meeting.

Next meeting: June.27,2024 Thursday @ 11:30AM

Dental Schedule

- July 4 - Dr. Machin
- July 9 - Dr. Gosnell
- July 18 - Dr. Machin
- July 22 - Dr. Gosnell
- July 25 - Dr. Machin
- July 29 - Dr. Gosnell



OCCUPATIONAL FIRST AID LEVEL 3

This course is designed for first aid attendants in industry who are located in remote worksites or with large workplaces more than 20 minutes from medical aid. Successful participants will be qualified to work as a WorkSafeBC OFA Level 3 First Aid Attendant.

August 19th-23rd & 26th-30th,
8:30am-4:30pm, in the Education
Portable at 6683 Sliammon Road.
Just 12 seats available!
To apply,
email training@tn-bc.ca



Tla'amin Elders Corner

Doreen Hopkins, Elders Coordinator 604-483-3009 ext:126.

Hello Summer, 2024! As the days start to get warmer, we encourage you to enjoy the beautiful summer days and enjoy a stroll when possible.

To those who have planted your garden, may the fruits of your labor fill your pantry and carry you thru the winter.

We welcome those community members who are sixty and older to share ideas on what you would like to see happen in the next year with the elders' program. Do you have any suggestions? What would be of interest to you? We would love to hear your thoughts, we can look at fund raising activities, walking, swimming, lunches, button blankets, etc.

There is the new Cultural Building going up on the highway, the elders strongly support long term goals. The cultural building will serve the elders and community for decades.

If you need to stop by and visit, "The Elders Coordinator" office is now located at the Old Elders Lodge.

Elders Luncheon dates:

July 16th, 2024, and July 30th, 2024.

Location: Tla'amin Health

Time: 11:00 a.m. to 1:00 p.m.

Cheh eht Thum Kwa'no meh



SUMMARY OF RCMP CALLS FOR SERVICE FOR MAY/JUNE 2024

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



	Powell River RCMP Non-Emergency (604)485-6255	In Case of Emergency Call 911
MAY 22	RIVER RD	Police responded to a report of a theft from a residence. Police investigated, but were unable to locate any suspects or evidence as the theft took place a few months earlier.
MAY 24	HARWOOD DR	Police responded to a report of an intoxicated male who was refusing to leave a residence. Police attended and located the male on the street. He was arrested for being intoxicated in public and released without charge when he had sobered up.
MAY 25	HWY 101	Police assisted BC Ambulance with gaining access to a house for a medical emergency.
MAY 26	WATERFRONT RD	Police responded to an abandoned 911 call. Police attended and determined the call was made by accident.
MAY 30	SALISH DR	Police responded to a report of a suspicious person outside a residence. Police attended and made patrols, but were unable to locate the person.
JUN 01	HOMALCO RD	Police responded to a disturbance at a residence. Police attended and spoke to everyone involved and found that no offence had been committed.
JUN 05	HWY 101	Police responded to a request for a check wellbeing as a family member had left the house and couldn't be found. While police were en route, they were advised the person had been found and there were no safety concerns.
JUN 06	HWY 101	Police responded to a report of an ATV driving around on the highway. Police attended, but did not locate it.
JUN 06	HOMALCO RD	Police responded to a report of a suspicious person at a residence. Police attended and checked the house, but the person was already gone.
JUN 06	HWY 101	Police responded to a report of speeding vehicle on Hwy 101 near Harwood Drive. No license plate was provided. Police made patrols, but were unable to locate the vehicle.
JUN 06	HARWOOD DR	Police received a report that someone was calling out for help. Police attended and spoke to a number of people in the area and checked a number of residences, but no one else had heard anything. Extensive foot patrols were made by police, but no one in distress was located.
JUN 06	HOMALCO RD	Police responded to a report of a suspicious person at a residence. Police attended and checked the house, but the person was already gone.
JUN 08	HARWOOD DR	Police responded to a report of a disturbance at a residence. Police attended and determined no offence had taken place. One person was given a ride to a family members house to prevent further problems.
JUN 08	WATERFRONT RD	Police responded to report of possible impaired drivers leaving a party.
JUN 08	SLIAMMON RD	Police responded to a report of a dog attacking a child. The child was not seriously injured, and the owner of the dog was unknown. The dog was not located by police and Tla'amin Public Safety was notified.
JUN 09	HARWOOD DR	Police received a report of a possible breach of a court order. Police investigated and determined that no breach had taken place.
JUN 12	EAGLE DR	Police responded to a request for a wellbeing check at a residence.

Are you Smarter than Artificial Intelligence?

By Spencer Braak

Information Technology

On May 11th, 1997, chess computer “Deep Blue” defeated then world champion Garry Kasparov in a tournament regulated game of chess. This marked an important milestone, artificial intelligence beating the best human in a field ruled by humans.

Back to the future, “Artificial Intelligence” (AI) is a blanket term that covers all cases of a computer performing a seemingly “intelligent” action. The spellcheck on your computer is one example where options are provided to replace misspelled words and correct grammatical errors. Like it or not, AI and services like Chat-GPT are here to stay. Here are some interesting facts and tips to address some of your concerns around AI.

AI Disruption in the Classroom and Workplace

This past year you may have heard stories of students using it to write essays for them, or to cheat on tests. While this was the “wild west” for schools for a few months, teachers have now caught on to their students leading to a shift in the management of homework assignments.

Many computer programmers have been fearful of AI replacing their jobs. However, AI is seeing itself become a tool and not a replacement. The invention of autopilot did not replace the pilot. The ox plow did not replace the farmer. Excel did not replace the accountant. It just changed how they do their job. AI may replace some jobs such as a customer service representative but we will not see many industries disappear overnight.

Tips for working with AI

AI is a useful tool. But it is important to know how to use it effectively, and the pitfalls. AI is prone to what people call “hallucinations” where the AI begins to lie, and act as if it is the truth. So, the content the AI gives you should not be taken as fact. It is also important to know that AI has biases so it will often take those biases and run with them.

I like to imagine the AI chatbots as a little brother that is a “know-it-all.” He reads a variety of books and tries to memorize them but gets things wrong sometimes. Would you trust a little brother with tax-related laws that could put you in prison if you fail to comply? Probably not. Would you ask him “10 ideas for a kid’s birthday?”. Sure, he might know. Use AI as someone who suggests ideas, not a fact book.

How to keep your information safe

Imagine all the content that you have created and posted to all your friends on social media. Whether it’s a Facebook post or a comment on Instagram, data has been collected and used for training AI. Social media companies have not had to either disclose, or let you opt-out of using your data to train AI. Now, this is changing.

Companies are now being forced to disclose how they use your data and allow you to opt-out. Common platforms that you might want to opt-out of are Facebook, Instagram, Adobe Creative cloud suite & Acrobat, Windows / Microsoft, and Google. Look into the privacy policy of these applications and platforms to see how they affect you & your data.

For more information about artificial intelligence scan the code.



Tla'amin wins U-12 Division and U-10 take home first place in the Co-ed 7-side tournament in Snuneymuxw on June 22nd-23rd.

No pressure when it comes to penalty kicks as the Thunder are on a few pins and needles during a match against Duncan. Congrats!



Tla'amin Thunder Watch

HARDWARE WINNERS

- U12-Trinity Hackett & Malik Fournier
- MVG- Menathey Blaney (most valuable goalie)
- MVP - Cecil Hackett
- 10U - Seni Mocevakaca & Caleb Gordon
- MVP - Tobin Leblanc
- MVG - Logan Warren

U12 defeated Duncan United 3-0

U10 defeated Duncan United 6-2



təʔaw

teachings from TOSUM Ltd

λasəmsxʷut kwəθ qʷayεgən

You be strong-minded.

Why is mind-set important? “Whether you think you can or think you can’t, you are right.” By Henry Ford.

Remember that it all starts from within when embarking on your fitness journey. Your mind-set is the key to unlocking your physical potential.

Your MINDSET. There are two types of mindsets: growth and fixed. Be mindful of which category you are thinking and believing in. If you think you can or cannot, you are right. Remember that it takes time to redevelop and shape new habits. Be patient and give credit to yourself.

How does this integrate with Medicine Wheel Teachings? “The Medicine Wheel is shaped like a circle for a reason: to create balance, intention, and interconnectedness. Breaking into four quadrants, each category has a significant meaning to make a full circle. Take care of yourself spiritually, physically, mentally, and emotionally (Energy, Body, Mind, and Heart). It also has four seasons, four directions, and four sacred medicines. The Medicine Wheel circle represents the circle of life to create balance

and improve one’s overall well-being. You must identify the need for an interconnectedness state of being.” This is an excerpt from the book “Living Full Circle by Jenene Wooldridge,” I highly recommend it to help educate/tool kit more deeply on this.

Reflect on these 4 quadrants; how do you feel in each area? On a scale of 1 - 10, physically, emotionally, mentally, and spiritually? Setting your intentions, seeing what is working, and reassessing often to help guide you to living full circle is essential. Setting Specific, Measurable, Achievable, Realistic, and Timely (SMART) goals is another great way to start taking positive action, as shared in the last article. Writing in a journal helps as well; write down five things you are grateful for every day.

When I competed at the WNBIF Intercontinental Edmonton show on October 21, 2017, it was my very first Pro Show as a WNBIF Bikini Pro competitor. I walked into the show with a grateful mind-set. Winning my pro card earlier that year was incredible. I proved to myself that I could do it.

So when I walked into this show as a new Bikini Pro, I was already grateful to be there and nervous as heck! I meditated between the morning (pre-judging) and evening (awards) shows. I reviewed my video from my husband, who filmed me on stage in the morning so I could assess and see what I could fix for my posing and T-walk on stage. I just focused on what I have been working on and practicing all year for this moment. Allowing muscle memory to take over and be in the moment. Allowing my coach to help me tweak my back pose and guide me through the show. My mind-set had already shifted to gratitude, and when I walked on that stage, that was what I said to myself the whole time.

For some reason, I felt I had already won, which was my pro card earlier that year. I had no idea I would have won my class that evening and when they announced the winner I was crying happy tears. It was a fit-tastic experience! My mind-set was to focus on feeling grateful, which I was, envisioning my walk and allowing my hard work to show on stage with a fantastic group of family and friends in the crowd.



Charlene Muskego
Fitness Expert

Plus, my excellent coach and team. It was an event I will never forget. It showed me that anything is possible if you believe in yourself, follow your coach and plan, and put your mind to it. It might sound cliché, but it is so true!

May this inspire others to shift their mind-set to gratitude daily and every day when I sometimes train, especially when I don’t feel one hundred percent. I always thank my body for allowing me to work hard in the gym, be a mother and wife, and help others achieve their fitness goals. Fitness is my heart and passion. I thank my creator and ancestors for my willingness to keep moving forward and for waking up to a new day. I also would like to thank you for taking the time to read this and our Tla’amin nation for allowing me to write here each month. If you wish to work with me, online training is available. Please check out my website, tosumstrong.com, to learn more.

čəčəhatanapeč qʷaləp tin t̚əokʷ. I thank (honour) you all today.



What is the Indian Boarding Homes Class Action?

The Indian Boarding Homes Program was an educational program created by the Government of Canada, which placed children from First Nations communities and Inuit villages in other communities (usually non-Indigenous) to stay in private family homes for the purpose of attending school.

This settlement is in response to two legal actions (Quebec and Federal Court cases) filed on behalf of children who suffered harassment, abuse, loss of language and culture, and other harms as a result of their participation in the

Indian Boarding Homes Program. Through the litigation, plaintiffs sought compensation, recognition, and justice for their experiences and harms suffered.

The claims process will open on Wednesday August 21, 2024.

Contact: Verna Francis for more information.

604 | 483 | 9646 | ext. 113

Neh Motl asks you...

What do you appreciate about Indigenous Peoples Day?



Andrew Clarke

Celebrating the culture and heritage while making new friends with a variety of people is important. We feel very welcome here in this community and we feel this is a safe environment.



Heather Lalonde

I really enjoy the experiencing the culture at all the events I attend. It's good to see the invitation go out to all the public because it's a good step towards reconciliation. Plus the free bannock!



Brian Walker

First off, it's the bannock. Everybody is having such a good time. Before covid everybody would be singing about who is the loudest through the competition song. Everything is all good.



Stewart Alsgard

Just listen to what is taking place here (competition song in the background), and the joy in those voices.

It's about respect and an honour to watch the very tiny people doing their very best to get in there and participate. It touches me and brings back the memories I have of working with the people here. The future is the young people and the Elders possess the knowledge.



Ochele (Betty Wilson) demonstrates her cedar techniques at one of the crafts tables.



Mattias Gallagher won the grand prize for his age group.



The line up went on and on as there were over 500 bannock given away at the Indigenous Peoples Day Celebration.



Birds eye view of the paddlers that registered for a canoe experience on our waterfront.