

NEHMOTL "US"



November 2021

Community News | Events | Updates for the Tla'amin Nation

Tla'amin and the City Develop a Name Change Process for qathet Region

Place names have long been a contentious issue for Indigenous and non-Indigenous people in the province. The City of Powell River was named after Israel Powell, BC's first Superintendent of Indian Affairs. In this role, Powell was responsible for advancing oppression and colonialism against Indigenous peoples in BC, including being the first to propose the creation of a residential school in Kamloops, championing a ban of the potlatch, confiscating Indigenous lands, and personally collecting and shipping First Nations cultural artifacts and skeletal remains to museums throughout the world. These harms continue to reverberate today. Now that we know what we know about Israel Powell, there can be no denying the need for a name change: it is not a matter of *if*, it is a matter of *when*.

Since May, Tla'amin Nation leadership and staff have been working with qa t'hah yeesht (the Name Change Working Group) to develop a strategy to raise awareness of the need for a City name change, and to generate momentum for a name change movement across the region. An important part of the strategy is to engage local government, businesses, organizations and citizens throughout the region in a conversation about why the name matters, and what they can do to help support the name change initiative. qa t'hah yeesht has been working with the school district, the library, the museum, the hospital, BC Ferries, and many private businesses to explore opportunities to promote the name change.



City of Powell River and qathet RD witness a burning ceremony held on tiskwat lands as Catalyst steps towards reconciliation

In September, Tla'amin Nation and Catalyst mill reached an important reconciliation milestone with the commitment to develop a Memorandum of Understanding to build a new and collaborative relationship together. A first step in this work was the to change the mill name and signage to reflect Tla'amin's historical connection to the former village site. The new mill name is tiskwat, which means big river. On October 1st, leadership from Tla'amin Nation and the mill were witness to a name change ceremony led by Tla'amin Elders and Executive Council. It was a historic and emotional event on the riverside at the mill site where

Tla'amin Elders burned traditional foods to feed our ancestors. This was the first time in over 100 years that a ceremony like this has happened at the site.

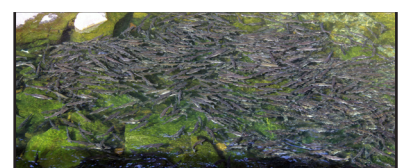
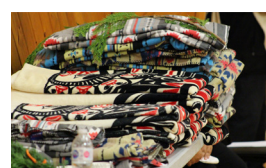
Another important name change milestone was achieved on October 21, when Powell River City Council unanimously approved a vision document developed by qa t'hah yeesht that formalized the creation of a joint-working group with Tla'amin Nation and the City to develop a name change process. The joint working group will be comprised on Tla'amin Legislators and citizens as well as City Councillors and community members. The first working group meeting is tentatively

scheduled for late November. Stay tuned for more updates on this important initiative in the next edition of the Neh Motl.

We would like to hear your thoughts on the name change.

nehmotl@tn-bc.ca

Please add "name change" in the subject line.



INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



Tla'amin Governance House Updates

4779 Klahanie Road,
Powell River, BC
V8A 0C4

Phone: (604) 483-9646
Toll Free: 877-483-9646

THE GOVERNANCE HOUSE IS CLOSED:



Remembrance Day

Thursday, November 11th



Message from Hegus John Hackett

čɛčɛhaθɛč

Starting off October, after September 29th new Truth and Reconciliation Day I had to do some research on our history. What I found was very disturbing and made my heart sink. My vision of our village site at Tes'Kwat, I can see abundant fish resources that fed healthy ecosystems, where we hunt and gathered what we needed, including medicines.

Then we noticed settlers arriving in the 1870's they settled close to our village, clearing and taking resources from the land. So, our Hegus at the time wanted to put a stop to all this reckless development.

So, Government forced us off our land, and surveyed us into Indian Reservations. After they took Tes'Kwat and šɛʔaystən

FLP Nation-to-Nation Meeting

- Funding: We will accept the \$55,000 per Nation for this fiscal year but ask that they make a treasury board submission or find an alternate source to secure the additional funds. The funding should not come out accommodation measures to the Nation like the FCRSA, nor should it come from a funding source that competes with First Nations applying for funding.

- Cultural Training: Nations are willing to provide this training with the understanding that it is only a snapshot and that the entire territory is important to each Nation. Each area within a territory has its own level of concern and importance, and it is up to the Nation to protect and allow or disallow sharing of knowledge.

Minister Rankin September 29 Debrief Session

To summarize from our September 29 meeting, our Nation is looking for the early establishment of a Forestry Reconciliation Working Group to develop mutually agreed upon recommendations to achieve the following:

1. \$500,000 to support the development of

a Tla'amin-led Integrated Resource Management Plan for the entire Tla'amin Area.

2. Assurance that Tla'amin's interim old growth protection measure announced in July do not result in penalties levied on our partners (e.g., Western Forest Products).
3. Flexibility in BC's new forest policy development and implementation to ensure consistency with Tla'amin's forest management planning and tenure acquisition objectives.
4. Identification of treaty related equity and credit support options for new tenure acquisition and forestry business development.
5. Support, guidance and advice on strategic forestry reconciliation initiatives.

Meeting with City – Name change working group

- Terms of reference – draft document was shared
- Dialog on next steps
- o Education
- o Timelines
- o Public engagement

Tla'amin wants more commitment or certainty with the Name change, as we are utilizing our Elders, and staff. From the dialog it honestly felt like heavy lifting was pushed on Tla'amin, as we are trying to achieve Reconciliation. We expressed that true Reconciliation takes both parties to reconcile an issue. It was clear that political interests are taking president over reconciliation of the Name change, with statement made from the mayor. If council supports a Name change, they will not be elected next term.

Western Forest Products

Exploring opportunities aside from the IRMP, Adam and I had discussion on expanding our services in the Silviculture sector, to gain more Tree planting, brushing, spacing.

We also wanted to explore options of gaining more volume for harvesting and road building contracts. These are both preliminary discussions and will need more follow up meetings.

3C (Tla'amin, City of Powell River, and qathet RD)

Gibsons beach was on the agenda, There is a lot of work that needs to be done to make Gibsons Beach boat ramp safe and usable at lower tides.

We are hoping that Tla'amin, QRD, and the City collaborate on fixing the ramp and possibly expanding an area for campground.

Ideally this land will be signed over to Tla'amin as a step towards reconciliation



Raven carrying the pearl of the Sunshine Coast in its beak. Intergovernmental relations logo between Tla'amin and the City of Powell River

Israel Wood Powell's Legacy

Know History
Historical Services

This report was prepared by Know History Inc.

Image credit: Harry Rowed, "Powell River (B.C.), View of the town of Powell River, B.C.'s pulp and paper plant with a log pond in front of it," July 1944, National Film Board of Canada, Library and Archives Canada, 1971-271-NPC.

Powell River, British Columbia, was named after Dr. Israel Wood Powell.

Any questions about this document should be directed to:

Tom Van Dewark tom@knowhistory.ca
| 403-819-5392
200 – 1224 9 Ave SE, Calgary, Alberta,
T2G 0T1

ports as Superintendent in 1872, he described the "nation of Alits" living along the West Coast of Vancouver Island as a "nation of savages," committing "the most cruel atrocities upon white traders and luckless merchantmen shipwrecked upon their coast." Powell concluded his report with this recommendation:

Should it be the intention of the Militia Department to establish posts anywhere in British Columbia, there is no place where it would be attended with so much satisfaction and general utility as at Alberin, the centre of the Alit nation. The prestige and moral force of

such an establishment would be felt by all coast tribes of the Province, and be productive of good alike to the Indian and settler.

Powell felt that the previous provincial policies towards Indigenous groups in British Columbia were deficient, and that the mode of treatment to "let them alone" was a failure to "civilize" these groups. For nineteenth-century politicians and missionaries, the project of "civilization" was central to their work with Indigenous communities. In short, to "civilize" meant to remove Indigenous culture, religious practices, education, and government structures, and replace them with Euro-Christian ones. Powell spent his tenure as Superintendent pursuing policies aimed at assimilating Indigenous peoples in British Columbia into Euro-Canadian society. In an 1879 report to the Deputy Superintendent of Indian Affairs, Powell wrote:

The Gold Harbor Indians have much need of a resident missionary who would have the sense and ability to reform them, as I consider them much behind their brethren at Massett and Skidegate. Their houses were not so clean, and a greater number of them live on the disgraceful profits derived by the pilgrimages of their women to Victoria and Puget Sound. They allowed whiskey to be brought to their camps when there was an opportunity, and I felt it necessary to deliver as severe a lecture as possible upon their evil ways.

Coming up in the December Neh Motl

Israel Powell takes up the cause of residential schools and what he viewed as the imperative to educate and "civilize" Indigenous children.

Executive Summary

This document presents a biography of Dr. Israel Wood Powell and a summary of historical and contemporary perspectives on his career. It is provided as an educational resource related to the legacy of Dr. Powell, after whom the City of Powell River, British Columbia is named. Throughout this document we have used archival quotes from Powell himself to illustrate his point of view, as well as quotes from Indigenous people to illuminate their perspective on the impact of Powell's actions and his legacy.

Dr. Israel Wood Powell was born in Port Colborne, Ontario in 1836. He moved to British Columbia in 1862, where he opened a medical practice and became involved in provincial politics.

Powell was appointed Superintendent of Indian Affairs for British Columbia in 1872 and spent 17 years pursuing policies aimed at assimilating Indigenous peoples into settler Canadian society. While his views on Indigenous culture and lifeways were not dissimilar to other Euro-Canadians of the time, his position of power enabled him to influence policy and the structures that governed Indigenous people's lives. Powell's push for residential schooling, his campaign to create legislation against traditional practices like the potlatch, and his role in removing sacred and ceremonial objects from communities continue to impact First Nations populations in British Columbia to this day.

Powell showed at times an interest in protecting the interests of Indigenous communities with respect to their land and water access, though this legacy is troubled by his willingness to allow for the encroachment of settlers onto Indigenous territory in the name of economic development.

Ultimately, Powell's view of Indigenous British Columbians was inherently paternalistic and he supported harmful policies that stripped Indigenous communities of their traditions and land.

Biography: Dr. Israel Wood Powell (1836 – 1915)

In 1863, Powell announced his intention to run as a representative for Victoria with the House of Assembly, the legislative body that oversaw the colony of Vancouver Island prior to its annexation into British Columbia. Running on a platform for free and public schools, an issue he was a staunch advocate for early in his career, Powell was elected and held his office until 1866, at which time the House of Assembly was abolished. Powell ran for office again for the British Columbia Legislative Council in 1868, this time unsuccessfully. It wasn't until 1872, when he was asked to serve as the Superintendent of the newly formed Department of Indian Affairs for the Province of British Columbia, that he re-entered public office.

Powell went on to hold the position of Superintendent of Indian Affairs for nearly 20 years, retiring after a brief illness with typhoid in 1889. He became more active in his business investments after his retirement, purchasing parcels of land around what would eventually become downtown Vancouver. Powell died at his home in Victoria in January 1915.

Powell's Role as Superintendent of Indian Affairs

In addition to his role as Superintendent of Indian Affairs, Powell was appointed Lieutenant-General of the militia, as it was thought work with Indigenous communities would require military might. Powell agreed: in one of his earliest re-

Residents of all ages marched through the Townsite on Truth & Reconciliation Day



By Abby Francis,
Local Journalism Initiative
Reporter

I attended the Truth and Reconciliation Day march on September 30th. I was photographing, so a lot of my attention was focused on taking pictures, however, there were multiple moments where I would stop and look around and be filled with a thousand different emotions.

A couple days prior to the march, I had driven past Willington Beach, and had seen the dozens of Orange Shirts on all of the trees. I was speechless. My first feeling was being quite surprised at how many shirts there were. Then I saw the banner with big numbers on it, numbers that I wish didn't have to exist. The feeling I left with was like a stab in the heart.

That experience left me with painful thoughts; Why would anyone ever think it is okay to do that? To take children away from their homes, separate families, and have children be treated like that? It makes me feel angry, frustrated, and confused.

Resources, land, racism, and money should never be the reasons to treat people -especially children that badly. It's so sickening to think that this was how things were back then, even now, in some places.

Relatives, neighbours, friends, and elders, every young First Nations person knows someone who had been affected by these schools. It is awful knowing that the people who we have so much respect for were disrespected and forced to unlearn the culture that so many of us cherish so deeply.

It is up to those young First Nations to relearn our culture and listen to the ones we know were disrespected, so that we can one day be able to pass on our culture to the future generations.

On a lighter note, the amount of people who participated in the Truth and Reconciliation Day march shocked me. I did not think the turn out would be that big. This left me with a couple different thoughts, for one I was overwhelmed, as I had not been around that many people in a couple years, it was crazy. I was also in awe because of the amount of people who came and showed support. First Nations communities were hurt, and to this day those same communities



continue to hurt. There will not ever be a way to fix that hurt, but there is a way to help it heal.

That is the overall feeling I had from the march. The feeling of not only my community but other First Nations across Canada being able to start healing too.

It is very difficult to heal alone though. Seeing people at the march from all over qathet really shows the connection Powell River and Tla'amin communities have. That I believe, is something special. And is a big step towards reconciling.

It was an experience you really have to be there to fully understand. The extent of emotion a day like this brings is so powerful, meaningful, but also very sad.

After going through the hundreds of photos I had taken that day, my final thought was grateful. This was Canada's first Truth and Reconciliation Day, a new chapter in history, and I got to be at and take part in our regions march, with photos I will now have throughout my whole lifetime.

I just wonder how Prime Minister Trudeau spent the day, seeing as it was a federal stat, and Parliament Hill was holding a ceremony to raise its flag in honour of these children?



Letter to the Editor

I read your Reaching the Truth... article in the October edition of Neh Motl with a sense of gratitude for your understanding and a bit of frustration about how far my settler culture has to go before we all achieve reconciliation.

It also made me remember June 21 this year when over 1,000 people wore their orange shirts on the streets of Chemainus in a show of solidarity for the Penelakut and other Indigenous people who honoured the children who went missing from the Kuper Island residential school not that long ago.

When I first began learning about the horrors of residential schools 25 years ago, very few people in my town were ready to admit, let alone reconcile. "That never happened," was a common reaction from a town whose ancestors supplied the Kuper Island school with food, teachers and nurses while burning the houses of the original residents in order to build a sawmill.

But over those years, as nations achieved treaties like Tla'amin and produced educated citizens who learned to walk comfortably in two worlds, my culture began to change as well. It is now common for us to learn the real place names of this place we all call home.

Sure, politicians may talk blah-blah-blah as they go on holidays to Tofino. And churches might avoid practicing what they preach. But, in the end, it is up to each of us to offer or ask for forgiveness.

Truth and reconciliation is a two-way street. It won't happen today or tomorrow. We are all on a generation journey. And it can only start by every one of us becoming educated on what it means to be human.

Mark Kiemele
Chemainus, BC

National Day of Truth and Reconciliation Was No Walk on the Beach

By Steve Gallagher
Neh Motl Editor

On Thursday September 30th, thousands of first nations residential school survivors and non-native supporters gathered on a day of reflection that brought back the nightmares of the tragic history created residential schools. The healing journey provided much needed prayers, traditional songs and loud drumming that echoed the heartbeats of the countless missing children that went on their spiritual journey deprived of never returning home to their loved ones.

Here in Tla'amin, orange shirts filled the Salish Centre to honor our residential school survivors past and present. Over sixty blankets were pinned on our elders and youth. The age difference was close to fifty years serving as a reminder of the multi-generational tragedies that were imposed on our families and culture again and again. Listening and learning about the horrific stories shared by our elders released many held back tears across the room as bad memories were relived. I estimate there was at least over two hundred years of physical, emotional and sexual abuse combined, sitting in one room. Imagine what that would total across Canada.

Later in the afternoon Heyhewsin (The Way Forward) held a march from the Townsite to Willingdon Beach. Many of our neighbors living in the qathet

region wore orange and carried signs in support of the National Day of Truth and Reconciliation. Each step represented a child that was discovered in the fields of the residential schools.

"We would like to honour all our ancestors that have walked before us, and all of our children that are here today. Today, we remember the victims of residential schools violence. The color orange will always remind me of healing, and to care and support one another. Our children were never allowed to hug one another as a form of segregation. We must continue our cultural practises from generation to generation."

-Cyndi Pallen-

Meanwhile, on a blustery day in Tofino, Justin Trudeau was sighted walking the shores, taking full advantage of the holiday, while nesting in a six-bedroom beach front property. His office defended the trip by pointing out which activities related to the day he had taken part in. "Following his participation in last night's ceremony marking the first National Day for Truth & Reconciliation, he is speaking today with residential school survivors from across the country. Trudeau took

a lot of heat from first nations leadership in following the days. Do you think he learned any lesson? The truth about the National Day of Truth and Reconciliation is it's definitely no walk on the beach for residential school survivors. If you ask me, Justin Trudeau can't handle the truth!



Leo Blaney rallies with our Residential School Survivors on September 30th



Tla'amin Marine Spatial Planning

Information Session & Community Engagement

November 17, 5:30-7:30 pm

ZOOM SESSION

(sign up notification to follow)

DOOR PRIZES

Tla'amin Nation and Marine Planning Initiative

Presented by: Magena Warrior (LGL), Meike Holst (LGL), Bob Bocking (LGL), Denise Smith (Tla'amin Nation), April Treakle (Tla'amin Nation)

Tla'amin Nation is working with LGL Limited, a consultancy, to compile and review existing data and information on the Tla'amin marine area to initiate and inform discussions on a Tla'amin marine spatial plan. Tla'amin Nation and LGL Limited are seeking community input to inform the discussion document and potential marine planning initiatives.

What is a Marine Spatial Plan?

A marine spatial plan analyzes the spatial and temporal distribution of human activities in a marine area to balance ecological, cultural, and socio-economic objectives. A Tla'amin marine plan would be founded on Tla'amin Nation community values and interests which can be used as a tool to better inform resource management decision-making. It is important to understand where and when species, habitats, and biological processes occur along with their level of cultural, ecological, and/or economic importance so that they can be effectively managed and protected. Spatial Traditional Knowledge, community knowledge, and scientific information is compiled and analyzed to develop a marine spatial plan which can include zoning based on Tla'amin objectives (e.g., to protect culturally sensitive areas), interests, and values (See Figure 1 - bottom right).

Why is a Tla'amin Marine Spatial Plan Important?

Tla'amin rights and interests are threatened by several human-induced threats including pollution (e.g., vessel traffic, urbanization, wastewater), overharvesting, habitat loss and degradation, and climate change (e.g., an increase in high heat events). A Tla'amin marine plan provides an opportunity to address key threats to Tla'amin Nation interests. Some of the potential uses and benefits include:

- Identify ecologically and culturally important areas for protection (e.g., harvesting sites, eelgrass beds, archaeological sites). This can also support food security and cultural continuity.

- Identify suitable areas for economic opportunities (e.g., shellfish aquaculture, ecotourism).
- Assist in identifying climate change mitigation and adaptation strategies.
- Provide guidance for existing and future Guardian Watchmen Programs.
- Support resource management decision-making and other initiatives).

Figure 1. Inputs and outputs of spatial information in a marine spatial plan¹.

What are we hoping to achieve in this engagement session?

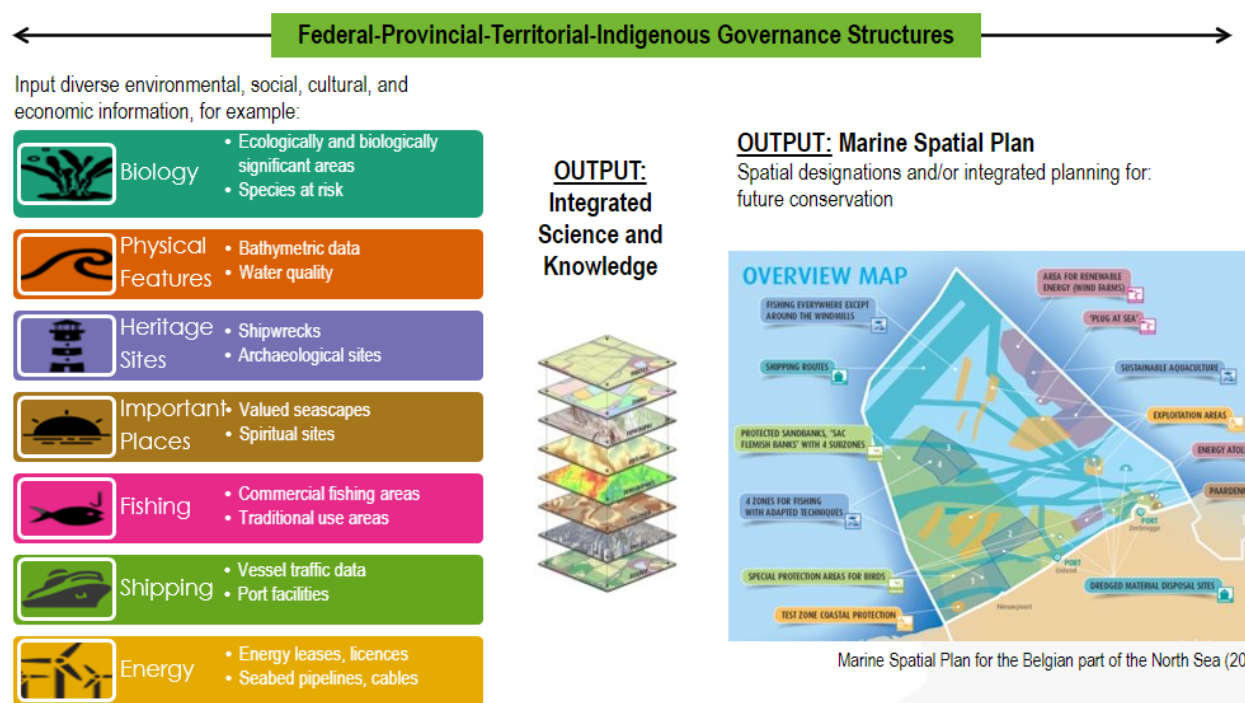
- To improve understanding of marine planning and the opportunities for a Tla'amin Marine Plan.
- To identify key community interests and values.
- To improve understanding of community concerns and threats to the marine environment and to Tla'amin Interests.

Potential Questions:

- Are there key areas or species or values that you think should be protected or considered in a marine plan?
- What do you see as the major threats to the marine environment and Tla'amin interests? Why are these threats important to address?

The Lands and Resources team, along with the LGL Team, are excited for this opportunity to share and discuss marine planning. Our ancestors have been able to live off our land since time immemorial. It is our duty to work together to keep these traditions alive in future generations. A marine plan provides the opportunity to ensure our marine areas remain strong to meet current and future needs. We look forward to speaking with you on Zoom on November 17. Thank -you

April Treakle, TEK Coordinator in the Tla'amin Lands and Resources Department
Magena Warrior, LGL Limited



Lands & Resources Update

By Lori Wilson, Executive Council

First, I express my condolences to the Hackett family for the loss of their relative Nancy, and to the Blaney family for the loss of their relative Kevin.

Second, I have a summary of highlights from meetings I attended at the Nation. In my internal and external Lands & Resources Housepost meetings I participated with an exit-approach while still letting everyone know I am available on request for support at meetings for the next several weeks. On September 15 I participated in a forestry industry survey hosted by Western Forest Product's (WFP) Indigenous Relations Department which asked about experiences I have seen that have been both positive or challenging in the forest industry. Since this meeting the WFP Indigenous Relations staff has been emailing me lists of job postings from all locations and departments at WFP.

I participated in our monthly meeting with the Ministry of Indigenous Relations and Reconciliation (MIRR) on the Theodosia Shared Decision-Making Agreement. In our negotiation process we are at a point where we need to prioritize and list our culturally important timber and non-timber forest products and their sites, and our values and criteria for cultural, social, environmental and economic so that we can communicate this as our threshold and standard in the Theodosia Valley. When this has been established internally then we can move to the next step where we are sitting down with provincial government and jointly reviewing applications for licenses and permits in the Theodosia Valley, and then sending recommendations to the Statutory Decision Maker for final decision. When this is completed then we will finally be exercising Shared Decision-Making as per our treaty agreement.

We are working on mechanisms and avenues that we have in our treaty agreement to protect our registered archaeology sites and our future archaeology sites that we still have left to discover. With our new hires and increase in capacity, we are looking at how we can implement increased archaeology protection. We have been progressing forward in this initiative and we are holding regular meetings with MIRR and Ministry of Forests, Lands, Natural Resource Operations and Rural Development (FLNRORD) including the Parks Department. I thank the staff for working together and making this and all our initiatives a success.

At the Joint Fisheries Committee Tripartite there is an upcoming meeting to review our Terms of Reference and reflect on our work as a committee and this will be the first meeting of its kind. We had light conversations of it in the past but since there is a turn over at our end (Housepost, Director and Fisheries Manager), it was decided that it would be timely to do this

now to help orientate our representatives. It is my hope that the new hire for the Fisheries Program Manager for the Aboriginal Fisheries for Ceremonial, Social and Sustenance will start before the Joint Fisheries Committee's next meeting in the winter.

Our forestry initiatives are in full-swing and we are in a place where we need to have bi-weekly half-day meetings. Our community



Arial view of fish traps in Klahanie

engagement presentations for this initiative will be organized into virtual events, but if people are not comfortable with online presentations or live-streaming please let us know and we will do our best to accommodate you. We want everyone to learn, participate and share their thoughts and questions. We will be happy to package up the information in any format that you prefer and for what is convenient and makes sense to you. i.e., paper copies, phone call and conversation, meeting/event minutes, etc.

“Delegated Authorities to Tla’amin Nation” for enforcement, Heritage Conservation Act, Parks Act is another initiative we are putting our resources to. This topic warrants an article on its own where it should be covered more thoroughly and accurately. In a “first skate across the pond” this initiative involves us as a Nation to gain authority and more control over certain jurisdictions and enforcement on important issues and incidents. I am proud of this initiative because it involves land and resource monitoring and can allow us to have a greater presence on our lands in our traditional territory. For instance, we will have our own enforcement staff monitoring the lands.

Since October 2020 we have participated in several meetings with 4 different Ministers from BC Provincial Government and we are working productively on implementing our treaty on a variety of topics important to us. In our next

Nehmotl issue there will be an article that will highlight our milestones accomplished over the last year in governance.

Lastly, please email me at Lori.Wilson@tn-bc.ca if there is anything you would like to discuss or ask questions about in Lands & Resources as I transition, and for Finance & Administration. If you don't have an email, please leave a message for me with Donna Tom at reception (604) 483-9646 or toll free at 1-877-483-9646, and I will be happy to call you back on my lunch break or during evening hours (6-9pm). Emote.

Tiskwat Village Site

1878 - our people put up a fight against logging in the area and messages were sent from the Hegus at the time pleading with Israel Powell to halt logging close to the Ti'skwat Village Site.

1876-1879 - many settlers moved into the area and began to take vast tracks of land in the territory including near the Ti'skwat Village.

1879 - William Sproat came to the village to hear from the Tla'amin Chief about their concerns. Sproat could not help because the Province made it a priority to profit from logging instead of supporting Tla'amin.

1888 - Sproat was forced to retire and Lot 450, our village site, was surveyed and taken from the our people and sold to develop what would become one of the worlds largest mills.

Fact: In order to power the mill, all major salmon runs in our territory were dammed causing a significant loss of food resources for our people. Lois, Powell, and Theodosia River systems are still dammed to this day and the effects of the colonization of our people are still felt throughout the territory.

PUBLIC WORKS DEPARTMENT UPDATE

New Contact Email: Please note the new email: publicworks@tn-bc.ca This email can be used to contact our department for any Public Works inquiries you have.

CDRC Expansion & Fieldhouse Projects – Updated Rendering below (Credit to Nancy Mackin):



Current site photos as of October 20 2021. (CDRC above and Fieldhouse below)



Update on these projects: Converge Construction is doing great work on our CDRC Expansion and Fieldhouse projects. Both buildings are on schedule and plan to complete in May 2022. Converge has been great at including our own Nation members in their workforce. At the start of October, the projects already had 2,000 hours of Nation-member labor. Construction Site Supervisor

Jacob Vanderveen says “myself as well as our team at Converge Construction are very excited and honored to be here working on the land of the Tla’amin Nation. We are thrilled to be working in collaboration with the Nation & MTA to deliver these projects to the community”. If you’d like more information on this project please email publicworks@tn-bc.ca

10-Plex Housing Development

We are very excited to announce the construction of our 10 units of Housing project has now begun. This is located at 4783 Salish Drive, behind the Governance House. The first phase of the project is expected to be complete by April 2022 and will provide four units to Tla’amin Housing. We are also excited and proud to announce the hiring of our new Tla’amin Construction team. The team is comprised



of 100% Tla’amin members and will be a huge part of successes moving forward. Please follow our progress and celebrate the hard work of our team along the way. If you’re interested in more information about this project please email publicworks@tn-bc.ca Site photo October 21 2021:

Tla’amin Housing

New website underway: <https://www.tlaaminnation.com/housing/> at this link, you’ll be able to access information on our housing department. There will be housing applications, forms, waitlist information, Q and A’s from our webinar, information on home ownership process, tenant maintenance educational items and more. If you have any housing inquiries you can email: housing@tn-bc.ca

Community Buildings

- Our community school Ahms Tah Ow received some care and maintenance. We had some upgrades done like interior and exterior painting, kitchen upgrades, insulation and a new accessible wheelchair ramp.
- Our Salish Centre is closed for bookings until further notice. Currently the only exception is for funeral services.
- Healing & Elders Lodges are next on our list for community building renovations.

Tla'amin Fire Department



In October, we have updated our Red Cross, BLS course with Northside FD and put our new recruits into basic life saving training, which is a good stepping stone into first responder training for those who are interested. Due to covid fire prevention week and the great shake out were all done virtually.

We look forward to when we will be able to host these events again in person. As always we look forward to participating in community events such as the parade and fireworks on Halloween, we hope everyone had a wonderful and safe evening.

We have organized for 5 members to take Auto Extraction training in the last weekend in October and the first weekend in November, thanks to Van Anda FD and Northside FD for partnering up with us and providing space for these training opportunities. We will also be doing a pump operator and apparatus training course in November in partnership with FNESS.

The building of the fire hall truck storage shed is complete, we hope to do an opening ceremony in November, upon completion of our apparatus training. We have had some new and some familiar faces of members returning to practice night, it is nice to see, our doors are always open. We practice every Thursday 6-9:30, if you are interested drop by the hall or email firehall@tn-bc.ca, Emote

firehall@tn-bc.ca
Cell: 604-578-8854

VANCOUVER ISLAND
UNIVERSITY

INDIGENOUS EDUCATION NAVIGATOR SCHEDULE

- Need help organizing your schedule?
- Find supports available for Indigenous students
- Connect with the Indigenous Education Navigator



AHMS TAH OW

Aug. 25: 01:00 pm - 06:00 pm
Aug. 26: 01:00 pm - 04:15 pm
Sep. 09: 02:30 pm - 07:00 pm
Sep. 10: 02:30 pm - 04:15 pm
Oct. 04: 02:30 pm - 07:00 pm
Oct. 05: 02:30 pm - 04:15 pm
Nov. 08: 02:30 pm - 07:00 pm
Nov. 09: 02:30 pm - 04:15 pm
Dec. 06: 02:30 pm - 07:00 pm
Dec. 07: 12:30 pm - 04:15 pm

To set up an appointment please contact:
Sherry.Mattice@viu.ca
C. 250.618.1773



CDRC Expansion & Fieldhouse Projects
Updated Rendering (Credit to Nancy Mackin):

Congratulations Graduates of Tla'amin Nation Post-Secondary

- Melinda Louie- Felix**
Foundation Visual Arts and Design Program
- Sara Koopman**
Health Care Assistant Certificate Program

Louise Dominick
Tla'amin Nation Post Secondary Coordinator
4779 Klahanie Rd Powell River, BC V8A 0C4
1-604-483-9646 ext:125
cell : 604-578-8299

Policy and Fiscal Analyst

The Tla'amin Nation is a modern, forward-thinking First Nation government at an exciting point in its history. In April 2016, the community became self-governing through the BC Modern Treaty Process. You have the opportunity to participate in making history, while situated in this stunning, safe and serene coastal community in Powell River, BC. As we continue to complete filling the roles in our organizational chart, we have an exciting new position to implement.



Title: Policy and Fiscal Analyst
Job Type: Full-Time, Permanent – Supporting Role
Reporting to: Legal, Policy & Data Manager
Remuneration: Competitive negotiable based on qualifications

- A comprehensive health & dental plan and disability insurance fully paid for by the Nation.
- An optional pension plan with matched contributions from the Nation.
- Competitive salary, to be determined based on the applicant's qualifications.

Summary

The Policy and Fiscal Analyst supports treaty implementation and self-governance through research, analysis, drafting, and data management. Supporting a dynamic group of Directors and Managers, you are an analytical thinker who is eager to learn and wants to contribute to a growing and high-potential First Nation government. You are technologically proficient, ambitious, want to support a growing team and are comfortable accepting coaching.

Duties and Responsibilities

- Provides administrative support to the Legal, Policy & Data Manager and the Intergovernmental Relations Manager
- Reviews internal and external proposals to identify potential implications to the Nation's legal, policy, data management and intergovernmental frameworks
- Assists in the planning and development of new and amended laws, regulations, policies and processes in collaboration with other departments
- Researches best practices in other governments and analyzes existing Tla'amin laws, regulations, policies and processes
- Assists in the drafting of language, motions and resolutions consistent with the direction of the Legislative Assembly and introduces options for consideration
- Advances Tla'amin's intergovernmental priorities by supporting the Nation's engagements and negotiations with Canada, British Columbia, other First Nation governments, and local municipal governments

- Manages Tla'amin community data, tracks indicators and assesses Nation performance in meeting policy objectives.
- Prepares reports and materials for other department heads to facilitate presentations to Executive Council and/or the Legislative Assembly.
- Writes briefing materials and speaking notes for Legislators, Executive Councillors and senior staff.

Qualifications

- Undergraduate degree in political science, public policy, economics, First Nations studies or a related field.
- An acceptable combination of experience and education may be considered.
- Background in research, analysis, writing and policy development.
- Competence to respond to changing priorities and tight deadlines.
- Excellent written and interpersonal communication skills, with strong abilities in writing succinct briefing materials.
- Proficient in working with data management and spreadsheet software.
- Ethical, accountable and diplomatic.
- Knowledge and experience working with First Nations communities and governments is an asset.
- Working knowledge of the functions of the Tla'amin Nation, the federal, provincial, municipal governments, and knowledge of the BC Modern Treaty Process is an asset.

Deadline: This opportunity will remain open until the position is filled.

A criminal record check and driving abstract which are acceptable to the Nation will be required from the successful candidate.

Please submit resume and cover letter, using "PF Analyst" as the subject, to: hr@tn-bc.ca

You may also mail or drop off to Tla'amin Nation, 4779 Klahanie Rd., Powell River BC, V8A-0C4, marked "PF Analyst Resume".

No phone calls please.

We thank all applicants for their interest, however only those who are shortlisted will be contacted.



Grant Writer

This full-time position is in support of Tla'amin's long term financial viability while supporting programs across Tla'amin Government departments. This position will report to the Director of Public Works.

Remuneration

- A comprehensive health & dental plan and disability insurance fully paid for by the Nation;
- An optional pension plan with matched contributions;
- A competitive salary, to be determined based on the qualification of applicant

Location

- This position is not required to be located at the Tla'amin Nation;

Duties and Responsibilities

- Develops an inventory of funding opportunities and then composes, submits, tracks, and reports application progress to senior management
- Identifies grant and funding opportunities that support a diverse portfolio of Nation programs
- This position is significantly focused on Public Works and Capital Projects but will also support other departments in their funding requests
- Ensures that grant opportunities support a unified approach to Nation priorities
- Where possible establishes effective relationships with the many available funding organizations
- Ensures that applications and awarded opportunities are delivered in compliance with the unique funding policies
- Finalizes funding contracts and advises finance of the payment schedules associated with the funding
- Ensures, where applicable, that funding reporting is in compliance with the funding contract
- Ensures, where applicable, the associated funds are received according to the funding terms
- Other duties as assigned

Qualifications

- A Bachelor's Degree relevant to the position;
- Must have a very high standard of written and verbal communications;
- The ability to work with a dynamic team and prioritize tasks to achieve specific deliverable deadlines;
- Previous experience working on federal, provincial, municipal and private sector grant processes is an asset to this position.

Closing Date: Open until filled.

Email cover letter and resume to: Richard Gage, Director of Public Works at Richard.gage@tn-bc.ca and also to Jessie Peters at hr@tn-bc.ca with "Grant Writer" as the subject. You may also mail or drop off to Tla'amin Nation, 4779 Klahanie Rd., Powell River BC, V8A-0C4, marked "Grant Writer Resume".

No phone calls please.

We thank all applicants for their interest, however only those who are shortlisted will be contacted.

Water and Wastewater Operator

This permanent full-time position covers a variety of tasks to ensure safe and secure water supply and wastewater management across the community infrastructure while offering an opportunity to advance your career in a critically important community service. This position is under the the direction of the Senior Water Treatment Operator/ Manager.

Title: Water and Wastewater Operator

Job Type: Full-Time, Permanent – Employee

Reporting to: Senior Water and Wastewater Operator

Renumeration:

- A comprehensive health & dental plan and disability insurance fully paid for by the Nation
- An optional pension plan with matched contributions
- A salary to be determined based on the qualification of applicant

Location

- Tla'amin Nation;

Duties

- Be available and willing to progress and obtain relevant certifications that may require travel to locations outside the community;
- Repairs of water and sewer distribution and treatment systems;
- General labor associated with landscaping, water, wastewater, drainage, roads and buildings
- Operational maintenance of water and sewer distribution and treatment systems;
- Preparation and submission of regulatory documentation;
- Daily sampling and recording for quality control supporting industry regulatory requirements;
- Organizing external contractors according to Tla'amin government process;
- Other duties as assigned.
- Relevant experience and qualifications
- Grade 12 Education;
- Must submit a criminal record check that is satisfactory to the administration.
- Mechanically inclined with trouble-shooting abilities
- Self-starter
- Capable of lifting 30-40 lbs on occasion
- Enjoys working outdoors in all types of weather
- Must have a high standard of written and verbal communications;
- Valid BCDL preferred but not required

Closing Date: Open until filled.

Please apply to water@tn-bc.ca and hr@tn-bc.ca with "WTP Posting" as subject heading.

Or you may submit in person to: 4779 Klahanie Road.

Only those selected for an interview will be contacted. No phone calls please.





SUMMARY OF RCMP CALLS FOR SERVICE FOR SEPTEMBER/OCTOBER 2021

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



Powell River RCMP Non-Emergency (604)485-6255 In Case of Emergency Call 911

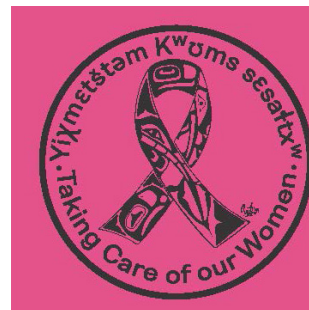
SEP 26	HWY 101	Police responded to a report of a single vehicle collision. As a result of the investigation, a violation ticket was issued.
SEP 29	KLAHANIE RD	Police received a report of a marine flare that was found on the beach. This was reported to the Canadian Forces base in Comox who attended and disposed of it.
SEP 29	WATERFRONT RD	Police responded to a report of a stolen cat.
SEP 29	HWY 101	Police responded to a report of an assault. An individual was arrested and will appear in court at a later date.
OCT 02	HOMALCO RD	Police responded to a report of a disturbance at a residence.
OCT 02	SALISH DR	Police responded to a report of a disturbance at a residence. All parties were split up and spoken to.
OCT 03	RIVER RD	Police responded to a threats complaint. As a result of the investigation, an individual has been arrested and will appear in court at a later date.
OCT 04	HOMALCO RD	Police responded to a report of a disturbance at a residence. Police attended and requested one person leave for the night to prevent further problems.
OCT 08	RIVER RD	Police received a report of a theft from a vehicle. Sometime during the night a vehicle parked at a residence was entered and cash was stolen from inside.
OCT 08	WATERFRONT RD	Police received a report of a breach of conditions. Investigation determined that no breach had taken place.
OCT 08	RIVER RD	Police assisted in disposing of an unwanted firearm at a residence.
OCT 10	EAGLE DR	Police assisted with a Coroner's Act investigation.
OCT 12	RIVER RD	Police responded to a report of an assault at a residence.
OCT 13	KLAHANIE DR	Police responded to a driving complaint. Patrols were made to locate the vehicle, but it could not be located.
OCT 18	WATERFRONT RD	Police responded to a report of a disturbance at a residence.



Qames Tams Tala Settlement Trust

For all Trust related news and information, visit our website at:

<https://www.tlaamintrust.com>



T-shirts are still available at the Governance House.

Artist is Jill Lobly

Thank you cancer survivors (below) for participating with cancer awareness month



Rose, Janie and Grace Adams



Doreen and Alex Point



Erin Mitchell



Evie Tom



Esther Williams



Dawna Pallen

Dolly Parton's Imagination Library

Inspire a love of Reading!

Dolly Parton's Imagination Library is a 60-volume set of books beginning with the children's classic, *The Little Engine That Could*.

Through the Imagination Library, each month a new, carefully selected book will be mailed in your child's name directly to your home. It is a free program; there is no cost to your family.

In British Columbia, the First Nations Education Steering Committee (FNESC) administers the Imagination Library for First Nations communities. Through this partnership with the Imagination Library, the FNESC hopes to promote early literacy, to improve Kindergarten readiness and to encourage opportunities to read with one's child.

Who Is Eligible?

First Nation families with children, ages 0-5 living in eligible communities are encouraged to register.

How to Register?

1. Request the Imagination Library enrolment form from your Local Imagination Library Administrator.
2. Sign and complete the enrolment form.
3. Return your completed form in person or by mail/email/fax to your Local Imagination Library Administrator.

When Will My Child Receive Books?

Eight to ten weeks after your registration form has been received, books will begin arriving at your home and will continue until your child turns five or you move out of the community.

What Are My Responsibilities?

1. Enrol in the club through your Local Imagination Library Administrator.
2. If the child's address changes, please contact your Local Imagination Library Administrator, so that your address can be updated.
3. Read with your child.



Register today!

Please contact your Local Imagination Library Administrator to register or for questions.

Local Imagination Library Administrator for Tla'amin Nation

Nolan Louie,
Youth and Family Advocate,
Child and Family Services
Team Lead,
(604) 483-2466 Ext.. 118
nolan.louie@tn-bc.ca

Tla'amin Nation
Imagination Library Website:
<https://imaginationlibrary.com/ca/affiliate/BCSLIAMMON/>



Presented by the Province of British Columbia and First Nations Education Steering Committee



Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

Tla'amin Community Health and Wellness Plan: Elders' Table

By Steve Gallagher
 Neh Motl Editor

"Eh Kwa'A'Nuns Kye'A'Mieux" translates to when the people in our community are well again, all around us will also be well. Over the years, it's hard not to notice Tla'amin Health has expanded its mental health and wellness services to our clients. Without a health and wellness plan, there is no road-map to follow moving forward.

Tla'amin Health is well underway with the development of their strategic health plan. The last strategic health plan expired in the spring of 2019. Final approval is expected to be in the spring of 2022.

The process is guided by the First Nations Health Authority toolkit, which is the toolkit for first nations undertaking health and wellness planning. Funding has been provided by the First Nations Health Authority through mental health and wellness.

The focus is that the plan will be built by the community for the community. It will serve as a pathway to guide us as we are moving forward for all health programs and services, to address all our health needs. We can only arrive at that place through a healthy community engagement process that Janet Newbury is coordinating. The Health and Wellness plan is also guided by community values, language, culture and traditions (taʔəw) and will track our nations practises to enhanced our well-being.

Joe Gallagher is the project lead for this plan through his consulting team Qoqoq that will only be in place during the development of the plan.

By the spring of 2022 Qoqoq (the consulting team) disappears and the rest of the governance structure remains.

On October 17th, Tla'amin Elders Table gathered at the Salish Centre to start talking about the Tla'amin Wellness Plan. This plan expires every seven years, and it is now time to do a review and talk about the priorities for the next seven years and possibly beyond.



Timeline and process

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
Where are we now?	Where do we want to go?	How will we get there?	What have we learned?
July – Aug, 2021	Sept – Dec, 2021	Jan – Mar, 2022	April – May, 2022
Environmental scan and literature review	Community engagement	Writing the wellness plan	Sharing our learning

Frequently Asked Questions

Tla'amin Community Health and Wellness Plan

What is a Wellness Plan?

Built by a community or Nation, a Health and Wellness Plan is like a pathway guiding the way forward.

A Health and Wellness Plan is grounded in community values, culture and traditions, and charts community or Nation practices moving forward to enhance health and well-being.

The Wellness Plan will consist of:

- **Introduction** (describes purpose and scope of the plan)
- **Vision** (describes Tla'amin's health and wellness vision for the future)
- **Goals** (desired outcomes) which *each* also include:
 1. context (why it matters)
 2. objectives (what you hope to accomplish with that outcome)
 3. initiatives (specific strategies to achieve your objective)
- **Budget**
- **Monitoring, evaluation, and sharing results** (concrete strategies)

How is a Wellness Plan developed?

The First Nations Health Authority (FNHA) has a toolkit for First Nations to create Wellness Plans. There are four questions that guide the process:

- 1) Where are we now? (Getting a good understanding of current Tla'amin Health and Wellness)
- 2) Where do we want to go? (Hearing from as many people as possible about the vision for the future)
- 3) How will we get there? (Pulling together everything we learned in order to develop a plan)
- 4) What did we learn? (Sharing back with the community and moving forward)

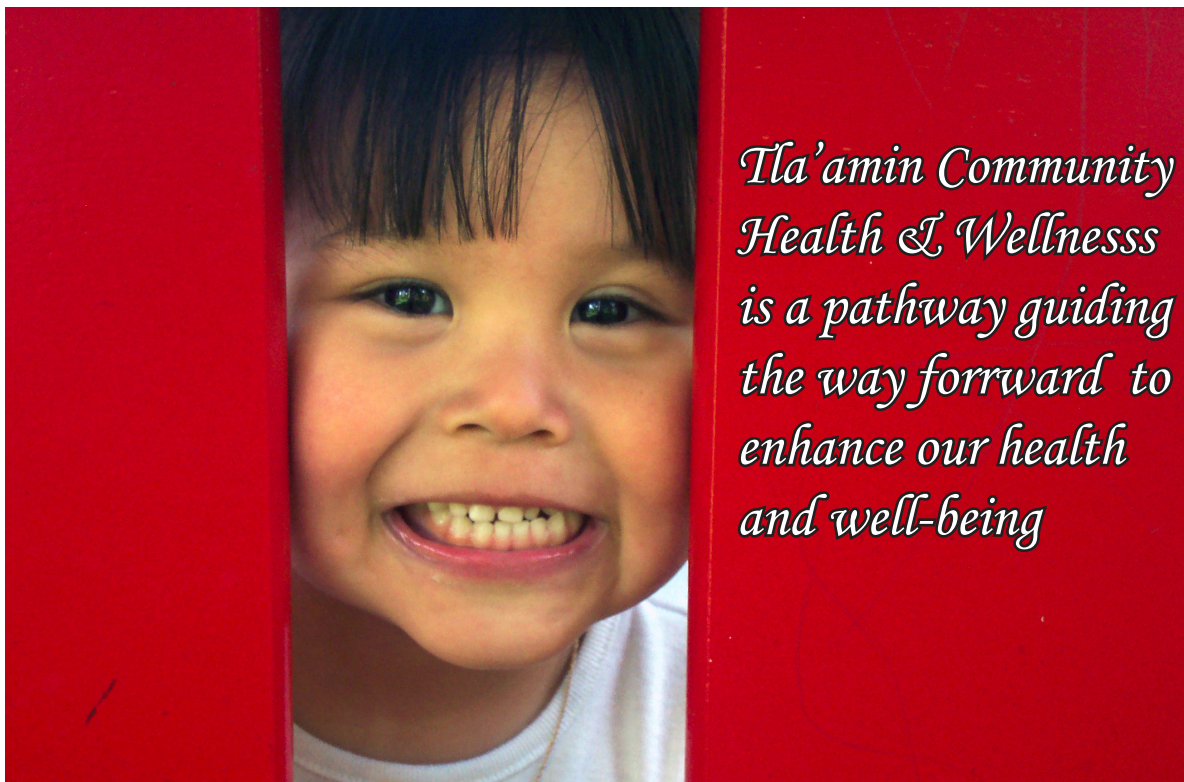
Is this the first one Tla'amin has had?

This will be the fourth 7-year Community Health Plan for Tla'amin. But it will be the first one since self-government.

Who is developing it?

The advisory committee consists of five people who work at Tla'amin Health and the Tla'amin Nation.

A Consulting team (led by Joe Gallagher, whose company is call Qoqoq Consulting Ltd) is working on implementing the planning process. They will also be supported by:



- an implementation support team (Tla'amin Health and Tla'amin Nation staff),
 - an Elders' Table,
 - a Think Tank consisting of Tla'amin people who are thought leaders in relation to health and wellness,
 - two Tla'amin youth sub-contractors, and
 - the Traditional Wellness Team.
- c) Disability advocates and self-advocates
 - d) Sports and recreation discussion
 - e) Tla'amin people living in Victoria and Vancouver
 - f) General citizens
- *Pre-registration is required for these sessions.*

How can I participate?

Throughout the month of November, there will be many opportunities for you to provide input into the Wellness Plan, and we hope that you do!

Engagement sessions/focus groups:

- 1) If you work for Tla'amin Health or Tla'amin Nation, there may be a work-related opportunity for you to attend a meeting and provide input
- 2) If you are a Brooks student, there will be a school-based opportunity to provide input
- 3) If you are an Elder, there will be a specific Elders' Table for you.
- 4) There will also be specific community-based engagement sessions* held via zoom for:
 - a) Parents/caregivers
 - b) LGBTQ2+ community

Take a survey:

There will be a short survey that you can complete online or by paper. It takes 6-8 minutes to complete.

Online: <https://www.surveymonkey.com/r/Tlaaminwellness>

Paper: you can pick up paper copies at the front desk of Tla'amin Health.

Share a story or photo:

If you prefer to provide input with a story instead of a survey, you can share your story either online or by paper.

Online: <https://www.surveymonkey.com/r/Tlaaminwellness>

Paper: you can pick up paper copies at the front desk of Tla'amin Health

Visit a pop-up table:

There will be pop-up tables in the community throughout November. If you visit a pop-up table you can talk with someone there, or take a survey/ share a story on the spot, with their support. Keep an eye out for the following:

Hatchery: Every Monday in November from 1:00 to 2:30 pm

Tla'amin store: Every Monday in November from 3:00-4:30 pm

Tla'amin Health: Every Wednesday in November from 12-1:30pm

How will I be compensated for my contribution?

- If you participate in a survey and/or share a story or photo: you will be entered into a draw for WEEKLY prizes in November
- If you participate in a work- or school-based engagement session: you will be entered into a draw for WEEKLY prizes in November
- If you contribute feedback at a pop-up table: you will be entered into a draw for WEEKLY prizes in November.
- If you participate in a community-based focus group: you will be provided a gift card and entered into a draw for WEEKLY prizes in November.

How do I register for a focus group?

If you know which focus group you would like to attend, you can contact the corresponding person, below:

- 1) Elders' table: Nov 4 from 11am to 1pm (Drop-in not virtual) - contact: Doreen.hopkins@tn-bc.ca
- 2) Parents/caregivers focus group: Nov 18 from 6 to 7:30 pm (zoom) – contact: Dana.gustafson@tn-bc.ca
- 3) LGBTQ2+ community: Nov 8 from 4:30 to 6pm (zoom) – contact: Nolan.louie@tn-bc.ca
- 4) Disability advocates and self-advocates: Nov 9 from 4:30 to 6pm (zoom) – contact: Nolan.louie@tn-bc.ca
- 5) Sports and recreation discussion: Nov 25 from 3-4:30pm (zoom) – contact: wellness@tn-bc.ca
- 6) Tla'amin people living in Victoria and Vancouver: Either Nov 17 from 6 to 7:30pm OR Nov 20 from 2 to 3:30pm – contact: Ryan.pielle@tn-bc.ca or Brandon.Peters@tn-bc.ca
- 7) General citizens: Nov 18 from 12 to 1:30pm – contact: Trista.tom@tn-bc.ca

If you don't know which one you want to attend, or if you'd like to contact someone by phone, you can reach out to:

- the front desk at Tla'amin Health: Trista.tom@tn-bc.ca or 604-483-3009
- a member of the project team, Janet Newbury at wellness@tn-bc.ca or 604-223-5030



Our Sliammon Braves success was a result of extreme physical fitness combined with traditional knowledge and medicines. Register for the Sports and Recreation virtual workshop on November 25th (details below left) to share your memorable experiences for our Tla'amin Health & Wellness Plan.

How will my privacy be protected if I provide input?

Any personal information you provide will be collected, used and disclosed in accordance with the Freedom of Information and Protection of Privacy Act and the Tla'amin Nation's Freedom of Information and Protection of Privacy Law.

Your personal information will only be obtained if you supply it voluntarily, and it will only be used for the purpose for which it was collected. Your name and contact information will be stored separately from the information you share.

By clicking "Take a survey" or "Share my story or photo" you are indicating you have read the above information and agree to the collection, use, and storage of any information you provide in the survey. For further information about our Privacy Policy and related information practices, please contact Janet Newbury at wellness@tn-bc.ca or 604-223-5030

What measures are being taken to make engagement accessible?

- 1) Providing multiple ways to participate: virtually, by paper, and in person
- 2) Providing work- and school-based options where possible, so it will not require additional time
- 3) Having contact people (from Tla'amin Health, Tla'amin Nation, and Urban Liaisons) who will ask about accessibility needs during pre-registration and help to accommodate them
- 4) Equipping Tla'amin Health workers, Urban Liaisons, and others who work with Tla'amin individuals and families to support the process of engagement throughout their daily interactions with Tla'amin citizens, throughout the month of November.

How else can I support the wellness planning process?

Like, share, and participate in online promotions throughout the month of November. #Tla'aminWellness2021. For example, keep an eye out for:

- Wellness word of the week
- Weekly draw prizes
- A flyer of upcoming pop-up tables and focus groups
- Reminders about surveys and stories/photos

How long will the planning process take place?

Research and project coordination began in July 2021. Community engagement will take place in November, 2021. The final Health and Wellness Plan is expected to be finalized in the Spring of 2022. It will continue to be implemented, engaged with, and evaluated over the next seven years.

How can I find out what the final plan includes?

Tla'amin Health and the Tla'amin Nation will make the results of the plan accessible to the public once it is finalized.

How do I get more information?

You can visit (link) or contact:

- the front desk at Tla'amin Health: Trista.tom@tn-bc.ca or 604-483-3009
- a member of the project team, Janet Newbury: wellness@tn-bc.ca or 604-223-5030



and language are front and center as the Nation looks to rediscover and redesign who we are as a self-governing Nation. So for me, it's so important to be connected to family and friends at home and to be part of this work to shape a better future for Tla'amin, like my parents' generation did for me.

What will you be focused on in your first 3-6 months?

In the next few months, I'll be focused on gaining a better understanding of PHSA's current work to address Indigenous health issues as well as getting to know the Indigenous Health team. I'll also be focused on building effective partnerships with the senior executive leaders at PHSA and beyond, to see how best to advance the important work-related Indigenous health issues.

What advice do you have for staff who want to do more to support Indigenous Cultural Safety in their work, but aren't sure where to start?

It's important for staff to begin or advance their self-directed learning journey, engage in dialogue about what they are learning, and when possible, build and nurture positive relationships with Indigenous peoples. We must also acknowledge that culturally unsafe experiences originate from Indigenous specific racism that is inherent in colonial institutions, and work to build resiliency to mitigate the uncomfortable feelings we may experience so that we can stay focused on this matter.

As leader in Indigenous Health in B.C. what does it mean to you to have the National Day of Truth and Reconciliation as a statutory holiday?

Having a national holiday is an opportunity for Canadians to do their part in understanding the true history of this country while recognizing the significance of Orange Shirt Day and reflect on the true meaning of reconciliation.

What are you most proud of in your career so far?

I'm most proud of my work in the area of cultural safety and humility as the CEO of the First Nations Health Authority. In my work there, we were able to advance First Nations health governance partnerships with the B.C. health system through the signing of declarations with the Ministry of Health, the regional health authorities, the regulatory colleges and several other key partners to get this journey started.

What do you like to do outside of work?

COVID-19 has changed this a lot for everyone, so I do what I can to stay safe. Like many, I have been focused on connecting with family. I like to spend time with my 25-year-old son who lives in Vancouver—he likes to go to the gym, so I join him and then we go out for dinner. I have also recently started travelling home to Tla'amin to visit family. Beyond that, I like to road cycle, go for runs and I try to get out for a round of golf when I can.

Meet Joe Gallagher: PHSA's vice president of Indigenous Health and Cultural Safety
(September 29, 2021)

Joe Gallagher will support PHSA as we work toward building a health care system that is safe and accessible for Indigenous People in our province. Learn more about Joe through this Q&A.

Joe Gallagher

To support PHSA in fostering relationships with Indigenous partners and supporting Indigenous cultural safety initiatives across the organization, Joe Gallagher joins our executive leadership team as our first vice president of Indigenous Health and Cultural Safety. In this new role, Joe will support PHSA as we work toward building a healthcare system that is safe and accessible for Indigenous People in our province.

We sat down with Joe to learn more about his background and why he's excited to join the team at PHSA.

What drew you to PHSA and this role?

I was drawn to the role at PHSA because of its provincial scope and its role in supporting many speciality programs and services. With this unique leadership role, I believe PHSA can play an important part in addressing Indigenous specific racism and advancing cultural safety throughout our provincial healthcare system.

You're a member of the Tla'amin First Nation. Could you tell us a little about your community and what it means to you?

The Tla'amin Nation has about 1,100 members and is in the early days of implementing its modern-day treaty with B.C. and Canada. Health and wellness is a big part of what the Nation is working toward for its members. I remember when I was a small boy growing up, I really wanted to be a soccer player as we had many great athletes who were recognized far and wide. Because of colonial impact and efforts, playing on the soccer team was one of the few places where I could learn about Tla'amin teachings. Today, culture

The Pharmacists are Coming
Get Your Questions Ready

Save the Date

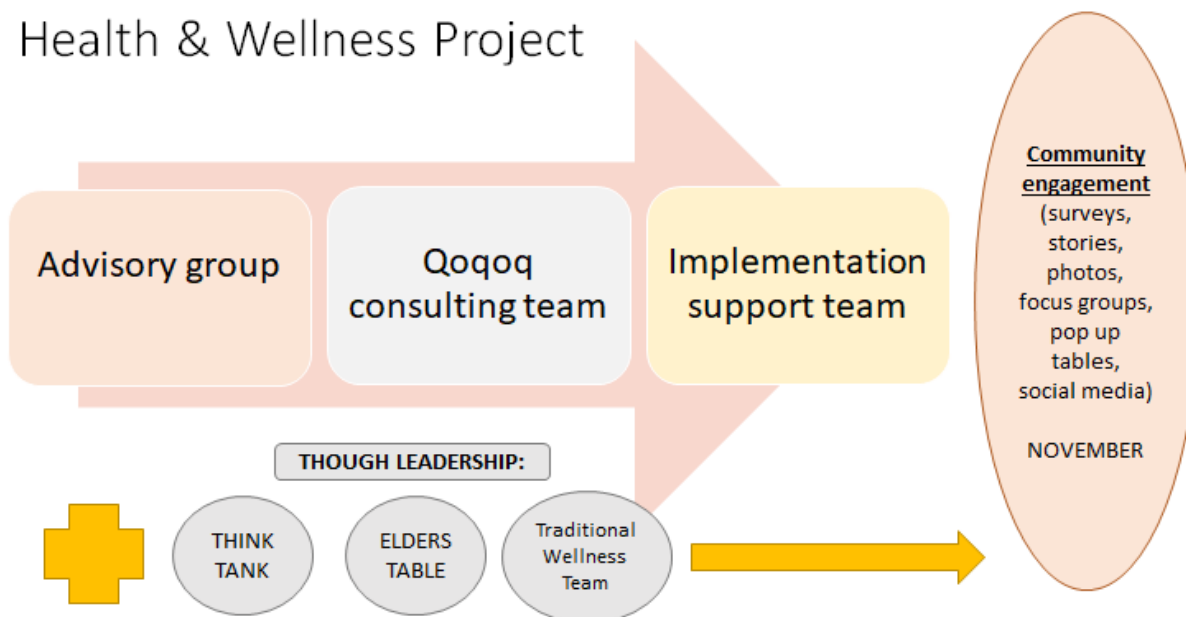
November 29th to December 1st, 2021

Pharmacists from the UBC Pharmacists Clinic will be partnering with the Tla'amin Health team to provide education on diabetes for community members.

The pharmacists will also provide one-on-one medication reviews for community members who have any questions or concerns regarding their medication(s). More details to follow.

Please contact: Tla'amin Health Chronic Disease Nurse Melinda Hasselback for further inquiries. 604 483-3009.

Governance structure of the Tla'amin Health & Wellness Project



Joe Gallagher, Qoqoq Consulting is the project lead for the Tla'amin Health and Wellness Plan that is currently underway.

Tla'amin Health and Wellness Plan



Built by a community or Nation, a Health and Wellness Plan is like a pathway guiding the way forward. It is grounded in community values, culture, and traditions. It charts community practices for enhancing health and wellness.

Visit a pop-up table:

Hatchery: every Monday in Nov

(1-2:30pm)

Tla'amin Store: every Monday in Nov

(3-4:30pm)

Tla'amin Health: every Wednesday

(12-1:30pm)

Register for a virtual focus group:

Elders' table: Thurs, Nov 4, 10am-2pm

*doreen.hopkins@tn-bc.ca (Drop-in, not virtual)

LGBTQ2+: Mon, Nov 8, 4:30-6pm

*nolan.louie@tn-bc.ca

Disability advocates + self-advocates: Tues,

Nov 9, 4:30-6pm *nolan.louie@tn-bc

Parents/Caregivers: Thurs, Nov 18, 6-7:30

*dana.gustafson@tn-bc.ca

All welcome: Thurs, Nov 18, 12-1:30pm

*trista.tom@tn-bc.ca

Off-lands citizens/members: Wed, Nov. 17,

6-7:30pm OR Sat, Nov 20, 2-3:30pm

*ryan.pielle@tn-bc.ca/ brandon.peters@tn-bc.ca

Sports and recreation: Thurs, Nov 25,

3-4:30pm wellness@tn-bc.ca

We want to hear from Tla'amin people of all ages and all locations!

For more information:

wellness@tn-bc.ca

604-483-3009

Weekly chances to win in November!

Take a survey or share a story:

<https://www.surveymonkey.com/r/Tlaaminwellness>

Paper copies available at the front desk of Tla'amin Health and Governance buildings.



#TlaaminWellness2021

Have your say

Tla'amin Youth Activities

Meet at the Youth Center for all events

Saturday November 6

Skate 11:00 to 1:00
Dress warm

Monday November 22

Swim
Time: 6:00 to 7:30
Bring bathing suit n towel

- Snacks and refreshments are provided with all activities
- Bring your own money for vending machines (Optional)
- Preregistration required
- Register with Shirley Louie at Tla'amin Health
Age: 7 and up

Tla'amin Nation
Shirley Louie
Child Youth Wellness Worker

Due to Covid 19 Provincial orders and guidelines Tla'amin Youth drop in session (Monday) and Youth Activity night (Tuesday) are cancelled until further notice.



Try Other Veggies

Vegetables are your best source of dietary vitamin K, but you don't have to stick to leafy greens to fuel up on it. Roasted Brussels sprouts and broccoli are chock-full of K, giving you about 110 micrograms per half-cup serving. Other good veggie choices are scallions, frozen asparagus, frozen okra, raw watercress, and green cabbage. One quick vitamin K booster: Add 10 sprigs of parsley to a meal.

Tla'amin Members Free Swim & Exercise @ Powell River Complex (Sign in at Reception)

MUST WEAR MASK TO ENTER BUILDING

PR Complex closes from 2 – 4pm (daily)

Start Date: Wednesday, October 13th

Weekly Schedule: Wednesday, Thursday, Friday & Saturday

Contact: Dawna Pallen @ 604.483.3009 Local 122

Powell River Recreation Complex Vaccination Update: October 25, 2021

Masks must be worn in all indoor public spaces throughout B.C. to help slow the transmission of COVID-19. Please note that you are NOT required to wear your masks while engaged in physical activity. This applies to all people born in 2016 or earlier (5+).

As of October 24th, customers must be fully vaccinated with two doses of COVID-19 vaccine to participate in some of our programs and events. It is anticipated that this entry requirement will be in place until January 31, 2022 and could be modified as per the direction of the PHO.

For further clarification on the PHO order, as it pertains to accessing the Powell River Recreation Complex:

Proof of vaccination will be required for the following:

- Admission to the weight room
- Attending a fitness class/program
- Attending adult indoor organized recreational sports & recreational programs (rec hockey, pickleball, table tennis)
- Spectators (12+) at indoor ticketed and non-ticketed sporting events, including youth sports, with more than 50 spectators
- Indoor concerts, theatre, and dance events with more than 50 people

Proof of vaccination is NOT required for:

- Children & Youth under 22 years participating in recreation programs (swim lessons, dance, music, & craft classes)
- Adult indoor recreation classes under 50 people (cooking, fishing 101, hunting 101)
- Public Swimming & Public Skating (unless it pertains to an event with 50+ people)
- Parents/guardians accompanying children/youth to their activity

Please ensure that you have your official proof of vaccination and government issued photo ID ready before entering the facility. Please allow for extra time for processing. We will update with any new information as it is received.

For more information, or how to acquire your vaccine card, please visit the Government of British Columbia website here: <https://www2.gov.bc.ca/vaccinecard.html>

Please ensure that you have your official proof of vaccination and government issued photo ID ready before entering the facility. Please allow for extra time for processing.

We will update with more detailed information as it is received. Thank you for your patience and cooperation as we adapt to the new procedures.

- You no longer need to pre-register for your fitness, swim, gym, or pickleball sessions.
- Participants are still required to pre-register for programs.

Our current hours are Monday – Friday from 6:00am – 8:30pm and Saturday & Sunday from 8:00am – 8:30pm. We will be closed for Statutory Holidays.

Tla'amin Elder's Corner

Doreen Hopkins – 604-483-6738

Please keep these two events in mind for November:

Topic: Elders Table focus group (**drop in**) Tla'amin Elders, here's a chance to add your voice and concerns on working towards building a healthier Nation based on community values, culture and traditions.

**This is a drop in, so not a lot of time required (maybe 10 to 15 min). Complete a survey, pick up your sandwich and off you go.

Who: Tla'amin Elders

When: November 4th, 2021

Time: 10:00 a.m. to 2:00 p.m.

Lunch: Sandwich to go

Location: Tla'amin Health building in the back

Stay Active at the Recreation Complex

We continually encourage our Elders to stay active, so please join us when the time is convenient for you. Listed times available below.

Location: Powell River Complex
Sign in at reception area

Requirement: Provide proof of vaccination card and identification

When: Wednesday, Thursday, Friday and Saturday

Morning Time: 6:30 a.m. to 2:00 p.m.

Afternoon Time: 4 p.m. To 8:30 p.m.

Bring: Swim Suit, Towel and flip flops

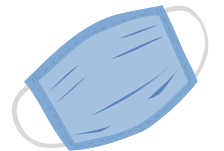
Includes: swim, sauna, hot tub and weight room.

** Walking - Set a time to walk alone or with a buddy daily

** Call that friend, you have not seen in a while to say "Hello"



**TLA'AMIN
FAMILY FLU CLINIC**
TUESDAY NOV 2, 2021
3:00-5:00PM



THURSDAY NOV 4, 2021
1:00-3:00PM



LOCATION: TLA'AMIN HEALTH CENTRE

Options for booking appointment:

1. Book your own appointment online at:
taaminhealth.janeapp.com
2. Call health at 604.483.3009 and we can set up an appointment.
3. Family Champion or Lead: A family member gathers names of those in your family who want to be vaccinated. Your lead can either book family appointments online or call Tla'Amin Health to book.

-Appointments are 10 minutes so please be prepared to wait 15 minutes after your immunization.

Face mask required

Please bring your BC Healthcare Card

If you have any questions, please call
Janice Ashton COVID-19/Influenza Liaison
for Tla'Amin Health at 604.483.3009 ext. 115



Influenza Vaccine is also available at local pharmacies and Powell River Public Health
604.485.3310

Important Notice

2021 Nation Christmas Gatherings

Please be advised that the Nation will not be hosting any Christmas dinner gatherings this year. This includes the urban gatherings and community dinner. With COVID limitations and restrictions set by the venues, it was decided that safe, alternative events will be planned.

As a result of this decision, the Christmas distribution will be increased from \$50 to \$100 per member/citizen. Information on distribution date will be forthcoming.

Salish Centre Bookings

Effective, October 12, the Salish Centre will no longer be available for bookings. The only exception will be for funeral services. This policy will be in place until January 2022, at which time it will be re-assessed.

Your understanding and patience with these changes is appreciated. Our goal with these decisions is to keep our community safe and minimize the threat of a COVID-19 outbreak again.



Salmon: Super Food

Eating fish one or two times a week may also make you less likely to have dementia. Omega-3 fats found in fatty fish, like salmon and trout, can lower "bad" cholesterol and triglycerides.

Tla'amin Nation Executive Council Minutes

August 4, 2021
ZOOM MEETING

Attendance: Hegus Hackett, Dillon Johnson, Erik Blaney, Losa Luaifoa, Lori Wilson, Gloria Francis, Larry Louie, Brandon Peters, Vern Pielle

Resource: Rod Allan, Sheena Rossi

Action Items:

1. Dinner Rock: CAO, R. Allan to contact FLNRORD to clarify their obligation to maintain the roads.
2. Staff to work together with the CoPR on review of proposed changes to the Community Plan.

Hegus Hackett called the meeting to order at 9:09 am.

Opening Prayer by Legislator V. Pielle, followed by a moment of silence for the late Bonnie Morning Eagle Peters (Charlie).

A. APPROVAL OF AGENDA:

1. Motion to adopt the agenda with the addition of the following items:

- i. INAC Amendment (CAO R. Allan)
- ii. Language Exhibit (CAO R. Allan)
- iii. Upcoming Service (moved In Camera) (CAO R. Allan)
- iv. Health Living Dividend (Legislator G. Francis)
- v. Garbage Bins (Legislator G. Francis)
- vi. Wood from Cemetery Site (Legislator G. Francis)
- vii. 2-tiered Government (Legislator V. Pielle)
- viii. I-CWG meeting dates (Cllr. L. Luaifoa)
- ix. Speed Limit Signs (Cllr. L. Luaifoa)

Moved by Councillor L. Luaifoa
Seconded by Councillor D. Johnson
CARRIED

2. Disclosure of Conflict of Interest: Cllr. E. Blaney declared a conflict with Item G.1 - Tla'amin Convenience Store re: Order for Tax Exemption Permit.

B. MINUTES:

Motion to adopt the July 14th Executive Council (EC) meeting minutes.

Moved by Councillor L. Luaifoa
Seconded by Councillor E. Blaney
CARRIED

C. PRESENTATIONS:

1) Regional Fire Departments' Agreement
Ryan Thomas, presented a request to EC to endorse the Regional Fire Department Agreement which expires on October 11.
EC requested this item be TABLED.

2) Draft Community Safety Regulation
Murray Browne presented the draft Community Safety Regulation to EC.

3) Danielle Ferguson, presented to EC re: the City of Powell River Official Community Plan Update (Townsite Neighborhood Review)

The following was highlighted:

- The City of Powell River is updating its official Community Plan and is seeking input from the Nation on how to engage with in discussion regarding the Land Use Plan.
- CAO R. Allan suggested that staff Stefan Virtue be tasked with this item.

Action: Staff to work together with the CoPR on review of proposed changes to the Community Plan.

D. NEW BUSINESS:

1. Administration & Finance

i. Updates:

Food Fish – staff are preparing for a distribution of food fish to elders 60+ including urban members/citizens.

Cemetery Wood – it was advised that cedar has been distributed to elders and the remaining wood from the cemetery project was sold on the market.

Health Living Dividend – This dividend is funding through Thichum Forest Products profits. The dividend will proceed for 2021 but EC feels it is important to reiterate that it is profit funded and not guaranteed each year.

ii. Catalyst Reconciliation (Cllr. E. Blaney)

- Cllr. Blaney advised that Catalyst reached out to discuss reconciliation with the Nation. Cllr. Blaney, a volunteer from the Name Change Working Group and Catalyst representatives met to discuss the potential name change of the Powell River Division to Teeskwat.
- With a name change, it was noted that a ceremonial burning should occur.

iii. Union of BC Municipalities Membership

(Cllr. D. Johnson/Cllr. L. Luaifoa)

The importance and benefits of the Nation acquiring membership of the Union of BC Municipalities (UBCM) was discussed.

UBCM meets yearly to review the needs and interests of all members (local governments). Treaty Nations are eligible members of the UBCM.

EC supports a membership application submission to the UBCM.

Motion to approve a membership application submission to join the UBCM and pay the \$765 registration fee.

Moved by Councillor D. Johnson
Seconded by Councillor L. Luaifoa
CARRIED

iv. Funding Amendment Agreement 2122-BC-000021 No. 0004 Fiscal Year: 2021-2022 re: COVID Relief Funding for Businesses (CAO R. Allan)

Cllr. E. Blaney declared a conflict of interest and excused himself from the meeting.

EC is requested to approve the acceptance of COVID Relief Funding for Businesses in the amount of \$48,882k.

Agreement #0004 also includes the following:

- Social Development Funds (allocated for off reserve) in the amount of \$32,940k.
- Post-secondary Student Support Program Emergency Funding (COVID-19) for \$80,036k.

Motion to endorse the Contribution Agreement.

Moved by Councillor D. Johnson
Seconded by Councillor L. Luaifoa
CARRIED

2. Communications

TELUS Lease Inquiry - Proposed Communication Site at Paukeanum 3 - TABLED.

3. Community Services

"Every Child Matters" Signage

Cllr. L. Luaifoa is seeking EC's support to request that staff explore options to post signage that reads "Every Child Matters" with a counter, similar to what many other First Nations communities are doing.

EC, by consensus, supports the suggestion. Cllr. E. Blaney recommends the signage be posted at the Townsite parcel of land.

4. Fisheries & Hatchery

Herring Forum – October 21

Cllr. D. Johnson advised EC that there is an event scheduled for October 21st - Gathering of First Nations on Vancouver Island re: no fishing in territories.

Legislator V. Pielle noted that Michelle Washington completed an extensive study on herring during treaty implementation.

5. Housing

EC Resolution #22-2021 re: ISC Funding Application

- National approach to New Housing funding is available in the amount of \$376k. Staff is seeking approval to submit an application to ISC for funding to bring 10 Nation houses up to suitable health and safety standards.
- Tla'amin Nation is requested to commit \$181k in funding for the project.

Motion to approve EC Resolution #22-2021.

Moved by Councillor L. Wilson
Seconded by Councillor L. Luaifoa
CARRIED

6. Justice & Enforcement

EC Resolution #21-2021 re Appointment of Public Safety Chief Officer (Cllr. L. Luaifoa)

Motion to approve the Director of Community Services Derek Yang as interim Chief Officer of the newly formed Public Safety department.

*Moved by Councillor L. Luaifoa
Seconded by Councillor E. Blaney
CARRIED*

7. Lands

i. Sewage Conveyance Project

Cllr. D. Johnson advised that the design of the sewage project has changed and the Director of Public Works, R. Gage, recommends EC authorize a business case and risk analysis study be completed at a cost of \$30k.

EC, by consensus, agrees to staff's recommendation to authorize a study be conducted for \$30k.

ii. Tla'amin Consent to Publish Research

Cllr. L. Wilson advised that pre treaty a food security study was completed and the second phase of the study was completed the beginning of 2021. EC is requested to authorize publication of that research and results of the study.

EC, by consensus, approves the request to publish research and study results pending Tla'amin remains anonymous.

iii. Dinner Rock Park

Cllr. L. Luaifoa expressed concern with the park including squatting, road hazards and complaints of the site not being properly maintained. Cllr. L. Luaifoa is seeking some resolutions and is requesting a plan be developed to improve the conditions at the park.

EC discussed safety concerns and Cllr. E. Blaney recommending the site be leased out to properly maintain the site.

Action: CAO, R. Allan to contact FLNRORD to clarify their obligation to maintain the roads.

iv. High Visibility Addresses

Cllr. L. Luaifoa requested that simple mailboxes for flyers and the Nehmotl be considered when the project to implement high visibility addresses to houses is complete.

Cllr. E. Blaney advised that additional costs to add mailboxes are high and the quotes staff have obtained are currently over \$5k. It was also recommended that staff provide a quote for the cost to build the mailboxes potentially out of plastic pipe.

Cllr. L. Luaifoa explained that the cost to add mailboxes be approved due to the safety hazards of flyer/notice deliveries.

Motion to increase the budget for high visibility addresses on mailboxes to \$20k.

*Moved by Councillor E. Blaney
Seconded by Councillor L. Luaifoa
CARRIED*

v. Speed Limit Signs

Cllr. L. Luaifoa is seeking approval to set the speed limit on Nation roads to finalize the signage project.

Legislator V. Pielle noted that the issue of all-terrain vehicles (ATV) speeding on Nation roads needs to be addressed.

EC, by consensus, approves the speed limit of 20 km

on Nation roads and further resolved that, signage be placed at all intersections, beginning, and ending of roads, including Klahanie Drive.

vi. Treaty Implementation

Legislator V. Pielle questioned how the two-tiered government came about and expressed concerns with the current system, requesting a community referendum be organized to axe the two-tiered government, prior to the next election. It was also requested that this be placed on the EC agenda as a standing item.

Cllr. L. Luaifoa noted this is an item for the I-CWG to discuss and explore as the government model and whether it is working or not, relates directly to the mandate of the I-CWG. It was recommended that this item be added to the I-CWG agenda.

Cllr. E. Blaney advised that changing the government structure is a long and costly process as a change of this magnitude includes a lengthy review of the laws and significant changes including to the Final Agreement and Constitution.

Legislator G. Francis advised that this change take place before next election.

Meeting temporarily adjourned at 1 pm. Meeting re-convened at 2 pm.

vii. I-CWG Meeting Dates

Cllr. L. Luaifoa advised that the August I-CWG will be cancelled due to the Chair being away and the next meeting is scheduled for September 17. The regular monthly schedule will resume on October 18.

E. HOUSE POST REPORTS:

1. Lands & Resources - Councillor L. Wilson reported the following:

- July 31st Lands & Resources staff meeting
- Referral's Coordinator received a FN consultation letter and invitation for engaging modernizing forest policy. First Nation consultation period is in process and deadline is September 2nd for FN feedback. Meeting date set for August 11th; Ministry of Forests will be in attendance.
- Completed job interviews for Lands & Resources Director; in the final stages of the competition.

EC Minutes

(Continued from page 21)

- September 1st launching referrals online portal
- July 4th Joint Fisheries Committee meeting – September 22.
- September 2nd - proposing community meeting re: potential joint venture for Forestry

2. Finance – Councillor E. Blaney reported the following:

- Financial audits are being conducted
- Working on how to achieve goals set out in the CNP
- Meetings with TMS re: Healthy Living Dividend
- Worked with TELUS on potential lease opportunity
- Finance job opportunities have been posted on the Tla'amin website
- Purchased 830Lbs of sockeye food fish for the community (elders)

3. Community Services - Councillor L. Luaifoa reported the following:

- Meeting with Urban Liaisons re: urban membership services and programs
- Attended "The Name Matters" working group meetings
- Meeting with Mayor Formosa and Councillors Elliot and Hathaway re: proposed name change and next steps.
- Meeting - Natural Resource Committee re: Referral Management System
- Citizenship Registers interviews
- Meeting with MCFD
- Tla'amin Health was successful in funding application \$250K for 2021-2022 for capacity building.
- Rainforest Circus presented gifts to EC and acknowledgement of Tla'amin lands for their upcoming performance.
- Orange woven hearts were gifted to Tla'amin to be displayed at the soccer field or where appropriate.

4. Public Works - Councillor D. Johnson reported the following:

- Public Works obtained trailers for emergency housing relief that are placed beside the Governance House.
- Received fill from waste water site for the new cemetery site.
- Application will be submitted for Rapid Housing Initiative (\$12M) for independent accessible housing.

F. HEGUS REPORT:

- Naut'sa mawt Tribal Council Directors unanimously agreeing to wave the required notice and held their AGM on July 15th. Naut'sa mawt Resources Group Annual General Meeting, Naut'sa mawt Tribal Council Board of Directors Meeting, Naut'sa mawt Tribal Council Annual General Meeting were all held on that same day.

MEETING DETAILS:

- 10:00 AM: Naut'sa mawt Resources Group Annual General Meeting
- Received and approved the chairman's and President's reports.
- Received the audited Financial Statements.
- Appointed the Auditor.
- 11:00 AM: Naut'sa mawt Tribal Council Board of Directors Meeting

October 2021							November 2021							December 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2		1	2	3	4	5	6				1	2	3	4
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23 Closed Noon	24	25
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	1
31														2	3					

Oct. 11 - Statutory Holiday

Oct. 20 - Executive Council

Nov. 3 - Executive Council

Nov. 11 - Statutory Holiday

Nov. 15 - Leadership Chat

Nov. 22 - Executive Council

Dec. 1 - Executive Council

Dec. 15 - Executive Council

Dec. 20 - Leadership Chat

Dec. 23, 24, 27, 28, 29, 30, 31 & Jan. 3 Christmas Closure

- Received and approved the draft audited financial statements.
- 12:00 (NOON): Naut'sa mawt Tribal Council Annual General Meeting
- Received and approved the Chairman's and President's reports.
- Received the audited Financial Statements.

- Texada Harvesting Project - Next Steps

- Interfor to follow up with Todd Thompson and understand his interests and services and report back to this group on possible solutions to create opportunity for all parties.
- Draft B2B contract to capture the spirit and intent of our engagement and circulate to Tla'amin for input
- RCMP debriefing
- Rod and I had followed up with RCMP to bring forward some concerns with the protocol they followed that day. There was no record of my 911 call and no follow up by the RCMP not safety check at all. These concerns were brought forward to the Staff Sargent

EC debriefing

- EC recognized that the situation could have been a lot worse if it wasn't for the quick response of our Firefighting team. Crew had to pack water into suppress the fire. Total of three fires
- Weekly Fraser River Salmon Conference Call
- Purpose: Updates on Sockeye and Pink returns and related fisheries (operational).
- Population assessments – fish counts in strategic places along the ocean migration and in the Fraser.
- Numbers looked positive in the early run... but dropped off significantly
- As it sits now there is a non-retention on Sockeye

TFL-39 tour

- Western Forest Products invited leadership to tour some key spots to display the level of planning that goes into a cut block and the variety of steps taken to design a cut block, to determine the retention to meet wildlife habitat, visual quality, Riparian management
- The tour showcased the variety of stages of managing the tree farm licence, not only the timber harvesting, but the stand tending
- We visited the Freda Lake site where the old growth was harvested, there are some logistics with the province to delete the existing Cutting Permits with out issuing penalty to WFP... I believe this is a workable option as leadership we will meet with Minister Cullen to discuss these options
- Our next stop was to show planted cut block that is in the free to grow stage, were the planted trees are above all the competing brush

- Then we ended viewing the Looper moth site from afar
- These looper moths is attacking and killing the mature Douglas Fir – again reaffirming that multi age stands is vital to forest management
- Multi age stands leads to more diverse habitats and ecosystems

G. OTHER BUSINESS:

1. EC Resolution #23 – 2021 re: Tla'amin Convenience Store Permit: Tax Exempt Fuel and Tobacco Retailer.

Motion to approve EC Resolution #23 – 2021.

*Moved by Councillor L. Luaifoa
Seconded by Councillor L. Wilson
CARRIED*

2. Garbage Bins at Waterfront

Legislator G. Francis requests garbage bins be considered for placement on Waterfront Road.

Legislator V. Pielle noted that if a bin was placed at Waterfront, the odour would be carried from the wind and recommended an additional two bins be placed at the old band office parking lot.

EC discussed the ongoing issue with illegal dumping and use of the bins by non-residents/citizens. Dumping fees have increased drastically over the last few years.

It was recommended that all the garbage bins be centralized at the old band office lot vs. spread out through the community. This would enable all the bins to be better monitored by camera.

3. Language Display

A language exhibit from Royal BC Museum is set up in Community Room of the Governance House open to the community for viewing.

H. INFORMATION: Manager's Report (in package)

I. ADJOURNMENT

Motion to adjourn meeting at 3:05 pm.

*Moved by Councillor L. Luaifoa
Seconded by Councillor D. Johnson
CARRIED*

The next EC meeting is Wednesday, September 1st, 2021.



Spending time in nature:

1. Fresh air can help improve our well-being across different areas, from making us feel happier and more relaxed, to having a significant effect on our recovery time and overall health.
2. Reduces stress — Time in green spaces reduces your cortisol, which is a stress hormone.
3. Improves mood — Researchers have found that nature boosts endorphin levels and the production of serotonin, allowing you to feel happier and less anxious. Depression and anger also decrease after spending time outdoors.

Moving your body:

1. Movement is one of the most basic functions of the human body, our bodies are MEANT to move. We are designed to move.
2. Research that compared exercise alone to diet alone found: People who change their bodies with exercise (rather than dieting) feel better — about their bodies, about their capabilities, about their health, and about their overall quality of life — even if their weight ultimately doesn't change.
3. Movement has a significant impact on your ENTIRE body; your brain, joints, heart, lungs, bones, muscles.....as well as your mental and emotional well-being. Movement affects everything, from circulation to digestion to metabolism to immunity. It can also boost your mood, improve your sleep, and help you deal with depression, anxiety, and stress.
4. Affects Mental Health People who exercise regularly have a greater sense of well-being. They feel more energetic throughout the day, sleep better at night, and feel more relaxed, and positive about themselves and their lives.
5. Currently in western society, an average person will sit for up to 10-13 hours per day, whereas our ancestors would sit for 3-4 hours per day. It is not surprising that we have developed such ailments as a result. We are simply not designed for a sedentary lifestyle.

Connecting with your community:

1. It helps you live longer A better quality and quantity of social relationships has been linked to lower disease risk and increased life expectancy.
2. Reduces stress levels people who have healthy relationships, and a strong social network tend to respond better to stress.

Let me know if you have any questions!

Terri Cramb, Health Coach
IIN Health Coach, Yoga Teacher RYT200
BCRPA Group Fitness, Weight Trainer
604 483 6225

Let's Talk Trash.ca

WHAT IS WASTE?

Seasonal Downshifts



At some point along the road of humanity's evolution, our tires squealed out of sync with the seasons. The Pacific North West is blessed with four distinct shifts of temperature, inviting all of nature to slow. As much as we experience the benefits of extending day light with electricity, being sheltered from the cold by a pumping furnace, and easily gleaning an abundant harvest from the grocery store, there are drawbacks.

Where we can align with nature's downshifting to a slower gear, we may discover the fortitude and joy we sometimes seek in the fast lane. We can learn a lot from the natural way of things, which just so happens to support a less wasteful path.

In these cool coastal surrounds, at least, it would seem we were meant to be completing our harvesting and processing of the summer's bounty now, just in time for the first frost. Somehow squash soup with a side of kale salad and sourdough bread feels just right amidst the falling maple leaves and foggy afternoons of Fall. With a pantry full of summer's labour, it is natural to be turning our attention indoors, and more than likely inward as well.

Rather than pushing against nature's dwindling light, what if your household offered a few evenings a week to beeswax candlelight instead of glowing screens? The electronics and gas-powered toys we can infuse our lives with may be distracting us from the deeper opportunity of diving into the quiet. Who knows what conversations or self-realizations await us there? By allowing for the pause, there is a spaciousness for the unplanned magical moments of life to move in.

Make no mistake, into these gaps your house might be filled with laughter, board games, novels read aloud, music jams, or a ludicrous game of charades. If you move outside, you could find yourself on a night hike, stargazing, snapping a fog layered photograph, or inviting friends over for stories around a bonfire. All that is certain is that without the break in the busyness of life, there is no chance for it to be filled by a seasonal inspiration.

Fall is a wonderful time to explore your inner artist, culinary skills, or musical side. The lengthening evenings might call you deeper into arranging items gathered on a walk into a table centre piece or hanging mobile or trying your luck at a new recipe or piece of music.

Food preservation isn't off the table yet either, cucumbers and squash can still be pickled, local mushrooms blended into a creamy soup, and brussel sprout dishes frozen. You might even start breaking open cans of preserved plums and apples to make your first fall crumble to be enjoyed during a games night.

Whatever the season inspires, may you and yours allow the exhale from summer to be felt. As fires are lit, pumpkins carved, and kids art project brought indoors, you may find your fall footprint lighter than they've ever been.



Ingalisa

Tai

Abby

Reaching out to Tla'amin Artists

I would like to introduce myself. My name is Aaron Courtney, I am a proud Tla'amin citizen and I live in Chillwack BC with my wife and 3 kids. My parents are Arnie and Mary Courtney.

I am the founder of the K9 Coffee Co Canada which is based in Chilliwack. We partner with the Neds Wish Organizational Foundation Canada which covers serious medical bills for retired service dogs.



I am looking for help and inspiration from the Nation members by way of artistry to help bring awareness and business to the Nation and our people. Our logos are NOT currently native inspired and I want to change that and add at least 1 that is. I'd love to add native inspiration to the tan on black K9 logo in some way. SO much potential with that one I see and then being used on a coffee bag, shirt, hat etc.

I can be reached at aaron@supportretiredlegends.com or by cell 604-835-3641 if you have any questions.

WorkBC Employment Services

IN NEED OF NEW SKILLS TO GET BACK TO WORK?

Discover New Possibilities with Skills Training

Contact us today to see if you qualify for funding.

604-485-7958 WorkBC Powell River

Canada BRITISH COLUMBIA

This program is funded by the Government of Canada and the Province of British Columbia.



čəčəhatanapešt

The family of the late Kevin Blaney would like to thank the Tla'amin community for all of your love and support during this difficult time.

There are many people to thank but we want to say a special thanks to the following people.

- Duane Hanson for your beautiful singing and honoring Kevin with your Elvis renditions.
- Pat Luaifofo & Cyndi Pallen for the hymns and prayers.
- Ta'kaiya Blaney for your beautiful songs.
- Gail Blaney & Sosan Blaney for making the armbands for the pallbearers.
- Sosan Blaney for putting together the beautiful slideshow.
- Shanna Finch (Tom) for putting together the funeral pamphlets.
- Melvin Mitchell & Courtenay Harrop for staying with Kevin overnight at the wake.
- Eileen Francis for providing the livestream for those to watch from home.
- Betty Wilson & Father Patrick for coordination and conducting of the funeral service.
- Maynard Harry and Dave Formosa for doing the eulogy.
- Tla'amin Nation for your contributions and support.
- The Tom Family for being there from day one for Kaylei, Elaine & helping to clean the home.

We would also like to thank all the honorary pallbearers and pallbearers who carried him through the day with love and support. He truly had a lot of people that loved him and were very close with him. We also thank all of those who donated towards the funeral expenses, we know the costs add up very quickly so we raise our hands to all of you for helping us. To all the cooks that provided meals for the family, we also raise our hands to you for keeping us fed. We apologize to anybody that we have forgotten, know that we do appreciate what you have done for our family.

Blaney & Tom Families