

## Our Living Language Exhibit Arrives

*Royal BC Museum inspires one particular Tla'amin Youth*

By Steve Gallagher

Alexa Washington is the granddaughter of the late Sue Pielle. Her parents are Michelle and Mike Washington. Alexa is 16 years old and has been living in Victoria for nearly ten years and will be graduating At Vic High next year. Weighing her options after graduation is one of her biggest challenges. While living in Victoria has its challenges, Alexa is really excited to be home and wants to learn more about her Tla'amin language and culture.

Earlier in August the Royal BC Museum in Victoria has set up language displays inside the governance house. Everyone is welcome to stop by and explore the different booths set up.

Alexa's mom Michelle Washington works at the Royal Museum in repatriation where artifacts are returned to their respective homelands. Michelle was very instrumental in compiling the educational displays with her extensive research with other nations and numerous sources. "My mom is really fulfilled with her job and this exhibit is really inspiring to see. She always talks about her late grandparents Rose and Bill Mitchell and what they taught her," explained Alexa.

"With this exhibit, it makes me feel like we were robbed of another level of education. I would love to learn the language and my culture more, and it really sucks that it was taken away. It was definitely stolen from us," said Alexa. Alexa is really passionate when she talks about the loss of our connection to the past.



Alexa Washington is very passionate about learning her Tla'amin language and is inspired by the exhibit

Alexa wants to tell the youth to take the opportunity to learn about your culture, take advantage of the opportunities, spend time with your elders, and listen to what they have to say. Alexa likes to do cool things with her cousins when she is not working at her summer job.

Kate Kerr is the Travel Exhibits Coordinator for the Royal BC Museum. The exhibit is called "Our Living Languages." The First People's Cultural Council put together the content and the Royal BC Museum put together the exhibit. The content of the broader exhibit in Victoria is condensed into a travelling exhibit that is moving around the province. When this exhibit was put together, Michelle Washington worked as a liaison to

make this a reality.

"When we talk about "Our Living Languages" these languages are not dying out and are very much thriving, growing, and living," explained Kate. "This exhibit emphasizes the important of languages as a way of continuing on with the culture, so that is how this title got developed. The Museum Assistance Program made it possible to take this exhibit around the province. Once Covid-19 restrictions were eased the exhibit was able to carry on with the tour. There are smaller versions that are moving around the province.

"Other cultures need to recognize that the language is still thriving and these exhibits can educate a lot of different audiences. We are a point in history when

members of first nations in BC have opportunities to be heard, and at the Museum, they are shifting in their focus. There is a whole department of repatriation and a lot of the object have been returned through our process. There are protocols in place for certain steps, like how to handle object that belong to first nations. These artifacts go back to as early as contact" explained Kate.

There is a selection of short videos that introduce the concept of language revitalization. There is an exceptional booth called the "Cradle Board" where you sit and listen as if you were the child building your identity. The free exhibit is located at the Governance House and is open to the general public. Face masks are mandatory.

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## Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC  
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THE GOVERNANCE HOUSE WILL BE CLOSED:

- Monday, September 6th for Labour Day weekend.
- Thursday, September 30th for **the new federal statutory holiday “National Day for Truth and Reconciliation.”**

## Message from Hegus John Hackett



### čɛčhaθɛč

I would like to focus on few topics with this month's update, 2021 Sockeye, and Integrated Resource Management Plan.

I would like to update our citizens on our access to Sockeye and Salmon. Currently there is a Non-retention on Sockeye, and restrictions on setting nets. Population samples are the driving force with the non-retention order from Department of Fisheries & Oceans. Beginning of July, the first heat wave we noticed a significant drop Sockeye fish stocks.

We had a opportunity to purchase 900 pounds for our Tla'amin elders. This was at commercial prices, but we felt we needed to get our elders what we can.

Currently each Tla'amin citizen is allowed to fish for Pink and Chinook, but not with a net according to DFO. We encourage our citizens who fish to continue within our Nation rights.

Tla'amin is taking the lead in developing the Integrated Resource Management Plan alongside with Western Forest Products.

### What is the Integrated Resource Management Plan, and what does it mean for Tla'amin?

- The Integrated Resource Management Plan is a comprehensive plan for resource management in Tla'amin's ter-

ritory that includes Tla'amin ecological, cultural, social and economic values.

- The plan provides the framework to integrate our values in a meaningful way when it comes to resource management, like forestry.
- Tla'amin has been stewarding the land since time immemorial. This plan will support Tla'amin's vision for forest resource stewardship on our traditional lands in alignment with our culture, our values and our Taow. This provides an opportunity for Tla'amin to integrate our traditional ecological knowledge, such as bark stripping and plant gathering within the forest planning process, to act as the driving principles.
- Tla'amin citizens are at the center of the Integrated Resource Management Plan. Community input will be critical to the success of this work as we develop the plan with support from Western Forest Products over the next two years.

### What is Tla'amin's vision for resource management?

- Tla'amin Nation has a vision to manage forests in a collaborative, sustainable and culturally-appropriate way that will support citizens and families, and create jobs and opportunities for the community, and also support the promotion of our history and culture.
- A collaborative Integrated Resource Management Plan will give Tla'amin more control over resource management and forestry practices in our territory.
- We want to ensure long-term sustainability and economic viability of resources in our territory, while also ensuring that areas most important to our Nation's values and treaty rights remain intact for future generations.

### What does the forestry sector mean for Tla'amin Nation?

- Resource stewardship has always been an important part of our culture. Today, the forest sector is a vital contributor to our Nation's social, cultural, educational and health programs and services. Forestry has been an important contributor to

our Nation's economy for generations, and it will continue to be for generations to come. The Integrated Resource Management Plan, will make sure we continue this work in a way that is sustainable and respects our Taow

### Why is Tla'amin partnering with Western Forest Products?

- Tla'amin Nation has a long-standing and respectful working relationship with Western Forest Products. The Integrated Resource Management Plan is a way for Tla'amin and Western Forest Products to implement our shared commitment to sustainable forest management in a way that includes and promotes Tla'amin culture and values.
- We each bring important knowledge, history and experience to this joint planning process. We believe that by working together we can achieve more: More local jobs, more local programs, and more local benefits that are grounded in Tla'amin values.
- We are looking forward to building a stronger partnership with Western Forest Products in this planning process.

Emote, Thank you



**FORESTS FOR OUR FUTURE**

**Tla'amin Integrated Resource Management Plan**

**OPEN HOUSE**

Thursday, Sept. 2nd  
5pm - 7pm

Tla'amin Governance House

Come learn about the IRMP development process and contribute to

# Land and Resources Update



By Lori Wilson,  
Executive Council

## Tla'amin Fisheries Update

Under our Treaty fishing rights for Food, Ceremonial and Social, Fraser River Sockeye remains closed. There is non-retention for all sectors of fishing Fraser River Sockeye. All fishers are expected to release Fraser River Sockeye if caught while fishing for other species. Retention of Sockeye Salmon is not allowed in efforts and hopes for conservation and restore sockeye populations.

Under our Treaty fishing rights for Food, Ceremonial and Social, Tla'amin has caught our allocation for Chinook and Treaty fishing for Chinook is now closed. Tla'amin still has Treaty allocation for Chum salmon this year and, subject to conservation, we will be working with DFO in mid-September to hopefully plan fisheries. We also still have Treaty allocations for Coho salmon and Pink salmon and we are working with DFO to identify fishing opportunities for these species. Fishing under our Treaty for non-salmon species is also still available, such as Halibut, Rockfish, Ling Cod, Crab, Oysters\* and Clams\* (\*subject to Red Tide/PSP closures).

If you happen to have a Sport Fishing Licence then you may still go fishing for salmon but must release sockeye. Check the DFO fishery notices and recreational fishing regulations for specific closures and other restrictions. If you have any questions please email or call me and we can set

up a time to talk on the phone, meet virtually or in-person at an outside location (social distancing and with face mask).

## Lands & Forest Resources Update

Congratulations and welcome Legislator Vern Pielle! We look forward to working with you on our ongoing initiatives and negotiations.

In August two Nation community projects started up, the new soccer field building (Highway soccer field) and the new Child Development Resource Centre expansion building on Salish Drive.

Our Nation signed a Memorandum of Understanding (MOU) with Western Forest Products (WFP) as a stepping stone to pursue more discussions on a joint venture partnership in forestry. WFP acknowledges that TFL 39 makes up more than half of our traditional territory and they are committed to a long-lasting and meaningful partnership with us. In the near future we are hosting an open house event at the Governance House to share more information about this MOU and forestry partnership. One of our first collaborations is to propose and develop a higher-level stewardship plan called the Integrated Resource Management Plan (IRMP). This project will be co-developed over 2-3 years with periodic/quarterly community meetings and presentations. The IRMP will include our whole traditional territory including Crown land. In a broader perspective we are planning a collaborative approach with our Sister

Nations for an increased Indigenous participation and ownership in the BC coastal forest licence sector.

In September the Nation Housing Department will begin the construction of two 5-plex housing buildings. This construction project will be supervised by our Public Works Department and upon completion it will create 10 new apartments/suites on Salish Drive. There will be two buildings each with 5 apartments/suites. It will be located across the from the Governance House on Salish Drive.

Our Nation's new online referral portal system is being launched on September 1<sup>st</sup> and we are excited for this new upgrade to our First Nation consultations. It is going to be called Tla'amin Connect. The British Columbia Provincial Government (BC Prov Govt) and proponents will be required to submit GIS shape files with their referral letters and maps. This upgrade will allow us to accurately locate proposed developments and review them with our Traditional Use Studies, Traditional Ecological Knowledge and Registered Archaeology Sites and other stewardship criterion for evaluating potential impacts to our Treaty rights, cultural resources and values. We will have a standardized protocol/approach for reviewing, evaluating and assessing referrals and proposed developments in our traditional territory. Our amazing Lands & Resources staff have been planning and working on this since the Spring and we are excited to launch it on the internet on September 1<sup>st</sup>, thank you staff for your hard work!

We continue our work on negotiations for Archaeology. We have met with Ministers this year and we are continuing to request more meetings with the Ministers and the BC Prov Govt.

Our meetings with the BC Prov Govt for our Reasonable Opportunity Agreement have been consistent however there is still a lot of work and negotiations to do.

Higher Level Planning is still in progress for our Elder and Disabled Assisted Living & Long-Term Care Facility. It is planned to be built alongside the our Tla'amin Health Care Centre on Salish Drive. Our Traditional Foods Processing Facility & Cultural Centre proposed to be located beside the Highway soccer field is also in the higher-level, early planning stages. There are no proposed construction start dates for either of these two projects, but it going to be very exciting when they do start up.

We are looking forward to passing our Community Safety Regulation this Fall. If you have any comments or feedback on this regulation or would like to learn more about it, please contact me to set up a date and time at [Lori.Wilson@tn-bc.ca](mailto:Lori.Wilson@tn-bc.ca) or (604) 483-9646. I hope everyone is healthy and safe from the fourth wave of the Covid pandemic. Please contact me if you would like to discuss any of the information in this update. Emote.

Two-story Youth Centre will host before and after school care and other youth programs at the upper soccer field.



## Tla'amin Nation Establishes Emergency Housing Program

*Program to assist members  
experiencing or at risk of homelessness*



August 6, 2021

[Tla'amin Territory] A new Tla'amin Nation *Temporary Emergency Housing Program* includes six housing units to support members experiencing or at risk of homelessness.

Soaring property values, a lack of rental options in the qathet region and insufficient housing in Tla'amin are contributing to a regional housing crisis and a growing number of Tla'amin people facing homelessness.

The *Temporary Emergency Housing Program* provides short-term emergency housing to Nation members while tenants and Tla'amin health and social services staff seek more permanent housing solutions.

**These units provide short-term housing for Tla'amin members**

- Recovering from flooding, house fire, or other natural disasters,
- Who are homeless or face imminent homelessness, or ;
- With urgent health and social needs.

“This program emerged as a solution of last resort and is symptomatic of the larger regional housing crisis,” said Tla'amin Hegus John Hackett. “We encourage our members experiencing homelessness to contact the Nation and learn more about the program.”

The new short-term housing is funded through Canada's Reaching Home program. Funds have been used to purchase a total of six temporary emergency housing units. The first three units are being installed beside the Tla'amin Governance House and are slated for occupancy at the end of August.

Anyone in need of emergency housing must first contact housing department at [housing@tn-bc.ca](mailto:housing@tn-bc.ca) or call 604 483 9646.

## Cemetery Development Project Update

Back in October, Tla'amin retained Scanplus Locating Ltd to conduct a Ground Penetrating Radar (GPR) survey in our community cemetery. Through oral history, we were aware of many unmarked graves there, and we wanted to confirm how much space we have left. This survey identified 211 observable and inferred burial sites within the cemetery. 4 of these were facing North to South, indicating they could be past chiefs. The image below represents the unmarked graves discovered. Since the scan, our Public Works staff have built and installed crosses to mark their locations. We will also be entering the GPS locations into our ArcGIS software so that we do not lose these placements again. We are planning a burning ceremony on October 8th to honor these ancestors. Details like time and location will be announced closer to the date. Drew Blaney, our Culture & Heritage Manager, is working on identifying these graves. Once his work is complete, we will install a memorial sign with all of the names we know of for ancestors in the cemetery.



This study showed us that we are running out of space in our cemetery. It has already been expanded 3 times in the past, and we've run out of suitable space to expand a 4th time. Tla'amin is developing a new community cemetery across the highway from our Salish Center. This space was identified in our last Land Use Plan. Xexehnek Road is being developed to use as the access to this site. VIU's Heavy Equipment Operators course cleared and prepared our site, and work is still underway. The new cemetery is larger with a lot of surrounding land to expand later on. This will last us hundreds of years to come. The new cemetery site is beautiful and private. It's tucked away in the forest, with space for parking, burning ceremonies, and outdoor services. Construction is active in this area until about 5pm daily. Please be respectful in this area, only authorized vehicles are allowed into the site at this time. When the gate is closed, please do not park in front of it & block access. If you have any comments or questions on the work in our existing & future cemeteries, they can be directed to Carmen Galligos, Project Manager at [carmen.galligos@tn-bc.ca](mailto:carmen.galligos@tn-bc.ca)

## New Firetruck Shed

Construction is complete on our Fire Department's new fire truck shed. This new facility includes space for our firetruck, a laundry area, and a bathroom with a shower. It's important to keep our truck out of the weather, especially in the coming fall & winter months. If the truck is left out in the elements, it causes damage to the pumps and hoses. The showers and laundry are also important additions to the fire department. This will allow our fire fighters to safely care for themselves and their gear after attending a call. The new building will help the fire department move forward with their progress by giving them more storage space for growth. This secure facility will keep our assets safe & maintained for a longer life span. Thank you to Initio Contracting for doing such a great job on the new building. Any questions about this project can be directed to either Carmen Galligos, Project Manager ([carmen.galligos@tn-bc.ca](mailto:carmen.galligos@tn-bc.ca)) or to Byron Harry, TLAFD Fire Chief ([firehall@tn-bc.ca](mailto:firehall@tn-bc.ca))





## Okeover Receives Much Needed Underwater Clean-up

By Abby Francis,  
Local Journalism Initiative Reporter

The Tla'amin Oyster plant in Okeover went through a major underwater clean up by the Deep-Search Diving team, led by Director, Dylan Smith. This project took place throughout the month of July and has resulted in a cleaner sea. The cleanup was funded by Shellfish Farm Environmental Plan (SHEP), a new program launched by the BC Shellfish Growers Association (BCSGA). SHEP requires sites to be kept much cleaner than what they have previously been, to protect the environment and wildlife. Other shellfish plants and farms will undergo the same clean up.

The dive team collected the garbage by using lines/floatation devices to help lift some of the heavier debris from off the ocean floor. Aluminum skiffs were used to carry debris back to the shore or to be brought back to the larger boat. Dylan mentioned that liquifying sand was something that had to be worked around, to counter that, the dive team used stingers to uncover the garbage.

"The easiest things to bring up to the surface would be lifted first. Next, everything would be sorted into types, which really helps the recycling process." Says Dylan

The most common type of debris that was picked up from this site were mostly from aquaculture, that being commercial boating items. Things that have fallen off of peoples boats were also very common as well. "It's all human-made." Dylan says.

"Within the one hectare of the Okeover Farm, we cleaned up the most debris we have seen in our 11 years of operating. Which was very shocking."

Despite all of the boating debris, Dylan explains the coolest thing found was a 1970's boombox that was resting on the ocean floor.

When doing a dive clean in an oyster plant site there must be encounters with marine life right?

"There were hundreds of encounters from at least 50 different species. We saw ground fish, kelp species, crustaceans, and lots of octopus. We would find the octopus hiding in plastic tubes that would get brought to the surface. Baby octopus would be found in the smaller tubes, which was



very cute."

The Deep Dive team had eight people helping clean-up the site. Dylan explained that three of them were volunteers. The others work with him across the region, helping organizations, such as DFO and fisheries, as well as private clients to clean their aquatic sites.

"Our goal is to clean up cannery aqua-site debris, removing and recycling what we can so that little gets thrown into the garbage."

The team has a busy year ahead of them, being booked up for the next seven months with dive cleans throughout the whole coastal region.

## Traveling Expedition Now Open for the Public



On August 11, Tla'amin Nation and the Royal BC Museum paired up to host the Traveling Exhibition 'Living Languages' until January 19 in the Governance House. This exhibition works to celebrate culture and history, helping explain the stories of BC and it's diverse cultural regions.

The exhibition is open for the whole public, to help ev-

eryone be able to learn about First Nations heritage, language, and history with the land we inhabit. There will be lessons on the 34 languages spoken throughout the province and how they are being worked with to keep alive, cultural art, there will also be interactive stations where video and audio can be used to give opportunities for a deeper understanding of BC history, and much more.

A major part of reconciliation is understanding where people have come from. Without that understanding, it is hard to move forward in order to make things right. This exhibition is a perfect way to learn about the past, in a way that is interactive, and located in a captivating environment with a deep historical feel. By taking the time to visit, and listen, is taking that step needed to learn about another culture in a respectful manner, which is the exact direction needed for reconciliation.

On the note of working for reconciliation, The Powell River Historical Museum and Archive Association is looking into updating it's current operations. In a media release, they announced that the museum is looking into taking another step at evolving their artifacts and historical information, shifting from the settler perspective to a more Indigenous perspective.

The museum has gained more Indigenous art, tools, and other First Nations relics to put on display in recent years. In this notion of moving forward, the museum is now having conversations on changing its dated name. A new name would represent the museum's more geographical practices, and would also work to explain an accurate share of the region's history. In the effort of reconciliation, this is a huge step in the right direction. Hopefully, other museums will take on this step too, because there really are many different perspectives of the past than that of colonialism and settlers.

The Truth and Reconciliation Commissions 'Calls to Action' explained that ethically, museums have the responsibility of telling more than one party's view of the past and to foster national reconciliation. The Powell River Museum is definitely on the right path, with a more diverse and culturally sensitive take coming within the future.

By Abby Francis,  
Local Journalism Initiative Reporter

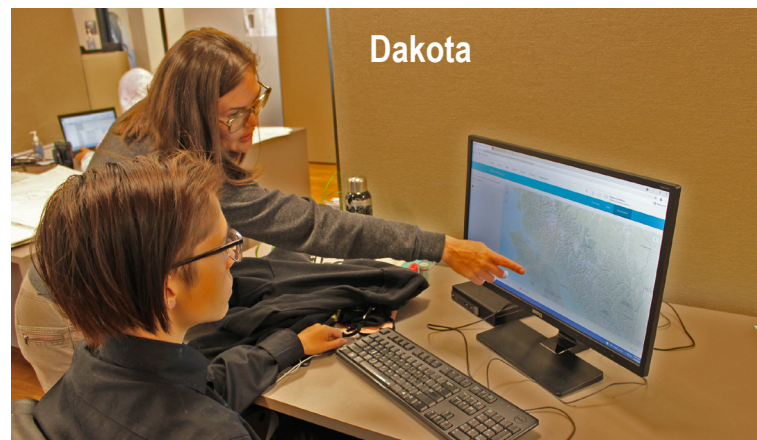
## Lands and Resources Summer Students

Lands and Resources has been pleased to welcome Dakota Gustafson and Malachi Galligos as summer intern students. During their time here they have consistently worked with the diligence and attention to detail that is expected of working professionals.

Pictured on the top right, Dakota (17) has primarily spent her time populating GIS tables using Traditional Use Study Interviews and Archaeological Reports. She has also helped to compile a Species and Ecosystems at Risk Field Guide that will help our Beach Monitors and Guardian Watchmen identify rare and sensitive species. This guide captures Tla'amin names and the Tla'amin Cultural

Significance of Rare and at-Risk Species and Ecosystems. Dakota's favorite parts about working in Lands and Resources this summer was learning first-hand about the different initiatives the Nation is taking to preserve lands and culture and the service animal – Cohen the Dog.

Pictured on the lower right, Malachi (14) has become a master of cataloging. He located all Traditional Use Study Reports for all referrals and then copied them into a centralized location. He is now going through the hard copy map library and creating a digital catalog of all the maps that are kept within the government house as historic and or legal records. Malachi's favorite thing about his time in Lands and Resources this summer was learning the locational history of Tla'amin.



Dakota



Malachi



### Ahms Tah Ow School

A new program for *non-graduated* individuals, aged 16 to 75 who are looking to complete their secondary/high school diploma (BC Dogwood or Adult Dogwood Diploma).

Ahms Tah Ow is a partnership between School District 47 and Tla'amin Nation. The goal of the program is to offer a flexible environment that enables working individuals the opportunity to reach their educational goals without the restraints of a classroom environment or schedule.

Students are able to take a full range of high school courses to achieve their dogwood as well as a select range of post-secondary courses. Ahms Tah Ow School offers students a direct connection to both complete high school and prepare for or begin post-secondary studies, including dual credit trades programs. Curriculum costs for high school courses are free. Curriculum is delivered in a self-paced format using paper-based curriculum. Students also have access to one-on-one support for curriculum as well as for career planning.

**Where:** Ahms Tah Ow School

**When:** Mondays to Thursdays 3:30 to 5:30 September until June

**Contact:** to register, contact either

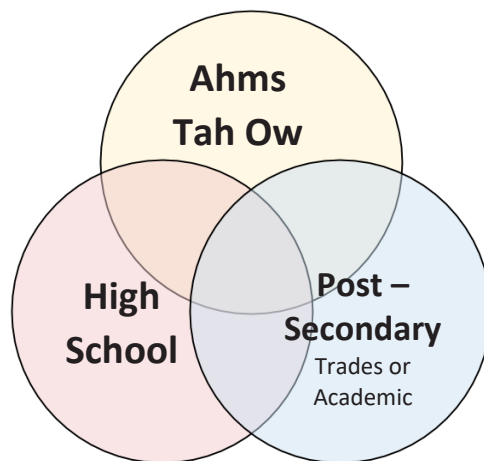
- Louise Dominick, ([postsec@tn-bc.ca](mailto:postsec@tn-bc.ca)) 604-578-8299
- James Hanson ([james.hanson@sd47.bc.ca](mailto:james.hanson@sd47.bc.ca)) 604-223-3255
- Tyler Peters ([Tyler.Peters@sd47.bc.ca](mailto:Tyler.Peters@sd47.bc.ca))

**Courses offered:** a complete range of secondary courses are offered including...

- First Peoples English 12
- English 11 and 12
- Family Studies 12
- Social Studies 11 Exploration
- BC First Nations Studies 12
- Law 12
- Marketing 12
- Psychology 12 (only if doing regular dogwood)
- Foundations of Math 11
- Workplace Math 11 and 12
- Planning 12
- Work Experience 12A and 12B



**Tla'amin Nation**  
SLIAMMON FIRST NATION



## Fire Hall Update

A couple members recently attended the BCAA Child Passenger Safety Educator Course along with some enforcement officers and community members. Thank you Derek Yang for organizing, and Linda Reid for instructing.

A really big thanks to the community members who stopped in to let us install car seats and provide safety information to them. We appreciate your participation and are not able to do these things without the help of the community. If anyone has any questions or would like us to look at their car seats, they can contact the Governance house or Firehall to make an appointment, or stop by on practice night - 6 pm every Thursday.

We have had a couple of new members join us and are always looking for more. If you are interested contact Byron Harry by email [firehall@tn-bc.ca](mailto:firehall@tn-bc.ca) or stop by the hall on practice night, everyone welcome.

Emote



Beach Clean Up Crew at Ahgykson

## Construction Site Laborer

### Who We Are

Since our inception in 2008, we at Converge Construction have been passionate about building projects that exceed the expectations of our clients. We are a medium-sized general contracting company that works on small TI's, large youth centres, strip malls, restaurants, multifamily projects, and large custom homes.

As a group, we bring passion to every project that we work on while we continue to push boundaries and create an exceptional building experience for all our clients. Our continued success is thanks to the hardworking, passionate, and honest people that make up our team. We reward their efforts with a collaborative and positive culture where hard work is recognized. If this feels like an environment that you could succeed within then we want to hear from you.

### About the Opportunity

Currently, Converge Construction has an exciting opportunity available for a **General Construction Labourer** to join our team at our **Tla'amin Nation, Powell River, BC site** on a full-time basis.

As our new General Construction Labourer, you'll play a vital role within our company. Reporting directly to the site superintendent, you will be responsible for the site cleanliness, assisting site carpenters, and operating a skid steer.

Your more typical responsibilities within this role will include:

- Removing rubble and other debris from the construction site.
- Sweeping and vacuuming out rooms.
- Digging, raking, and levelling out the soil.
- Forming sidewalks.
- Tying rebar.
- Operating a skid steer.
- Mixing, pouring, and spreading material.
- Supporting other team members and ensuring our Customers, our Subtrades, and our Site Superintendents are happy.

### More About You

In order to apply for this role, you will need **access to your own transportation** along with a love for working outdoors. You'll also need experience using power tools and knowledge of how to use a skill saw. This role will require you to be physically fit with the ability to easily lift 50 lbs.

As our ideal candidate, you'll join us with good communication skills in English as well as basic math skills and the ability to read a tape measure. You'll also be an energetic individual who is hardworking, reliable, and eager to learn.

This is an exciting opportunity for someone who enjoys working with their hands and finishing each day with a sense of accomplishment.

### About the Benefits

In return for your hard work and dedication, you will receive a **highly competitive hourly wage of \$18 to \$24** based on skills and experience. You'll also be entitled to an excellent package including:

- Medical and dental benefits after 3 months of probation.
- 2 weeks vacation on joining.
- Access to an annual performance review.
- Huge opportunities for career progression, this role could lead to an apprenticeship for the right candidate. Social events that we're eager to get back to after Covid like our Christmas party and our summer golf tournament.



- Upon joining Converge Construction you'll be welcomed into a casual but professional team that's more like a family, where everyone is eager to see you succeed.

### Personal Suitability

- Effective interpersonal skills
- Flexibility
- Team player
- Reliable
- Loves a challenge.

### Salary

\$18.00 - \$24.00 per hour

If this describes you, we want your resume. Be prepared to bring your personality with you all day, every day.





## Shellfish Harvesting a Concern for Locals

On August 28th, Tla'amin and local residents held a peaceful demonstration with the general public. Excessive shellfish harvesting in Okeover Arm Provincial Park has been a growing concern.

There has been an overabundance of harvesters and it's very hard to witness the amount of pressure on the shellfish on our traditional beaches. Our beaches need a chance to replenish itself.



## Tla'amin Staff Receive Emergency Training

Instructor Donald Foort (front left) has extensive knowledge working within the Occupational Health & Safety profession in the pulp and paper and hydro electric industries developing policies and procedures, and training programs. His comprehensive experience in the Emergency Rescue and Fire Services has provided a solid foundation developing emergency procedures, rescue plans, and conducting rescues.

### PRE-REQUISITES:

The EFS has no formal prerequisites. A standard one to two-day First Aid course is required as a co-requisite to the Electrofishing Certification training.

### PERSONAL EQUIPMENT REQUIREMENTS:

Course participants are required to provide their own personal protective equipment. For further information, please contact NRTG.

### COURSE FEES:

Course fees will vary by course delivery location. For further information, please contact NRTG.

### HOW DO I ATTEND?

The EFS is available via our website schedule, or on contract to community groups. The EFS is regularly scheduled for community-based deliveries throughout the year (providing suitable weather). Interested groups or organizations can also arrange for an 'in-house' or contract delivery of the EFS. In either scenario, contact NRTG for further information.

If you would like to have the EFS delivered to your group or community, please consider the following:

- 1) Contact us well in advance of your preferred course start date,
- 2) Identify and secure program funding (if applicable)
- 3) Recruit sufficient number of course participants (most NRTG courses have minimum enrollments of 8-10 participants)
- 4) Coordinate course participant equipment, classroom facility, and contractual agreement with NRTG.



### TESTIMONIALS:

"The instructor and program were amazing." **Tyrell Worrell, Biologist**

"Really enjoyed the course and your fabulous teaching skills. I was telling a lot of folks how great a teacher you are!" **Shawna Wilkinson, Parks Ranger**

"Course and instructor was fantastic!" **Steve Jennings, Natural Resource Manager**

"Very practical course, great instructor. One of the best courses I've ever taken." **Matt Joyce, Biologist**

"Great course, great instructor." **Lana Miller, Habitat Biologist**

"By far the most interesting and engaging course." **Dr. Martin Poesch**

"Fantastic instructor; encouraging and enthusiastic. Not in the least bit intimidating. The course was excellent!" **Justin Hanisch, Biologist**

"Everything was great – superb instructor!" **Katherine Taylor, Project Scientist**

"Great instructor, great class and field components. In my mind, the course was perfect!" **Ken Meeks, Biologist**



**NRTG**  
NATURAL RESOURCES TRAINING GROUP

**ENVIRONMENTAL FIELD SKILLS PROGRAM**

[NRTRAININGGROUP.COM](http://NRTRAININGGROUP.COM)

# Health and Wellness

*EH KWA'A'NUNS KYE'AMIEUX*  
 "When the people in our community are well again, all around us will also be well."

**# Itstartswithme**

## CDRC Expansion & Fieldhouse Projected to be Ready by 2022



CDRC toddlers break for a photo opportunity with Tla'amin staff during the early construction phase for their new facility.

Our CDRC Expansion & Fieldhouse projects have begun construction this month. Tla'amin received funding through the Provincial New Spaces program to construct these new community facilities. We are expanding our Child Resource Development Centre (CDRC) with a new two-story building next to the existing one. This will provide more childcare spaces for our community members and for non-community members in the qathet region. This new building will feature a family drop-in center, two new big classrooms, an art room, a sensory room, and more to accommodate the children and staff. We will also be upgrading the outdoor play space with this project thanks to support from FNHA's AHSOR program. Target completion date is June, 2022.

We are also constructing a Fieldhouse at the soccer field on the highway. This building will be our Youth Centre. It's a two-story facility with a kitchen/concession, weight room, change rooms, breakfast club space, youth worker offices, pool table/foosball table space, reading & counselling quiet spaces, sport equipment storage and more. This facility will host before & after school care, and other youth programs. Surrounding this Fieldhouse, we are upgrading our soccer field, and adding a basketball court, walking track, skate park, and softball diamond. Target completion date is May, 2022. I'm very excited for these developments in our community. They align nicely with community consultations calling for more space for our children and youth programs. If you have any questions about these projects, you can email Carmen Galligos, Project Manager at [carmen.galligos@tn-bc.ca](mailto:carmen.galligos@tn-bc.ca)



Doreen Hopkins, Lori Wilson, Carmen Galligos, Doreen Point and Drew Blaney at the Fieldhouse site.

# PROGRAMS & SERVICES



## Tla'amin Elders

Doreen Hopkins – 604-483-3009 ext. 126

Hello September! As the weather continues to cool off and the days get shorter, we encourage you to enjoy the beautiful summer evenings and enjoy a stroll when possible.

Emote, to the Nation for the food fish supply we received, very much appreciated!

Social interaction is an excellent form of mental wellness. So, we continue to encourage you to connect with your friends by phone. We are still being very cautious and up to now have recommended outdoor activities. Continue to be safe and vigilant as there are now variants of Covid still on the rise.

As we move into the fall programs, we would like to once again start programs. I welcome those community members who are 60 and older to share ideas on what you would like to see happen in the next year with the elders program. Do you have any suggestions? What would be of interest to you? We will certainly consider your suggestions.

I will be moving from my current location to the Old Elder's lodge as of September 1st, 2021. My office will be in the old activity room. Drop by for a visit, I would love to see you.

I will be registering a class at the Powell River Complex for "Choose to Move" please call if interested.

*Cheh eht Thum Kwa'no meh*



**Elders Walking Group has been adding to their steps every Wednesday this past month**



## Tla'amin Nation Culture Nights



**Come out on Wednesdays at 5:00 to the Tla'amin waterfront to learn our songs and dances. All are welcome to attend! Bring your own lawn chair and drum. See you there!**

**Culture Nights will take place at the Tla'amin Beach as long as the weather stays nice. Updates will be posted on TN Facebook page.**

## PRAYER FOR CRDC

By Elder Doreen Point

Let us thank the Creator for this special day. Today we call upon you and our Ancestors to be with us as we call upon you on blessing of this land and our new project of CRDC expansion. This building will be a new two story building next to the older one.



The new building will have a family drop in centre, 2 new big preschool classrooms, a sensory room for children with higher needs, an art room, a staff lounge and more to accommodate the children and staff.

We ask the Creator to bless the land and the work by the Converge Construction Crew who will be working on these projects. Creator we ask You to pour out your holy Spirit over our HEGUS and elected councillors and the Superintendent Jacob too for coming to work on our Traditional Territory with good hearts and minds. We welcome all of you.

We give thanks for the West, for the gifts of the First Nations Peoples of the world, for their understandings to care of the earth, for their teachings and knowledge we have in our own teachings all those given by the Creator. Help us to use our understandings to bring joy and new life to our community. **TEACH US TO KNOW HOW TO LOVE AND LIVE.**

Creator we ask you to teach us as parents to love and respect our children, to care for our Elders and those who cannot care for themselves. Help us to grow our roots deeper through life's journey that we may grow in kindness to ourselves and each other. **TEACH US TO KNOW HOW TO LOVE AND LIVE/**

These gifts from each of the peoples in the four directions of the world and the winds of the different directions remind us of these gifts and to honour all the gifts of all traditions.

Lastly Creator I pray that all of us together will respect and care for our land, the waters and the air that sustains us. The First Nations people have much to teach about our sacred relationship with the environment

**REMEMBERING ALL OF OUR RELATIONS WITH LOVE**



## Tla'amin's Newest Soccer Club



By Carmen Galligos

Our community has shown such great support since starting the Tla'amin Soccer Club. Since we started in the beginning of July, we have had weekly kids practices at our nišeyukw. We've had chuy's anywhere from 2 to 10 years old showing up excited to play. We will have children's practices every Monday evening at 5pm, and adult practices every Thursday at 5pm. Keep up to date on our Facebook page "Tla'amin Soccer Club" for up-

dates, field changes, etc. Our community has so much pride in our Tla'amin soccer history. I'm very happy to see the excitement coming back! I'd like to thank my fellow volunteer coaches Drew Murray, Kaycee Mitchell, Brandy Francis, Clayton Hackett & Alexandria Souch. I'd also like to thank the Powell River Youth Soccer Association for donating some equipment to our club. Much appreciated!



**Elder Doreen Point is recognized and gifted with a handmade quilt as a result of attending residential school in Sechelt from 1952-1959.**

*"The quilt is a gift of love to honor your journey as no child should have to attend residential school to suffer. The quilts were made with love from many hands across the nation to ease your journey."*

- Dianna Klatt -



First Nations Health Authority  
Health through wellness

## EMPLOYMENT OPPORTUNITY

### Data Collector, Regional Health Survey West Vancouver, BC

We are looking for **Data Collectors** to join our team to support the First Nations Regional Health Survey in our Community Health & Wellness team!

The First Nations Regional Health Survey (RHS) is the only First Nations governed national health survey in Canada. It collects information about on-reserve and northern First Nations communities based on both Western and traditional understandings of health and well-being. This survey will be conducted primarily online and by telephone.

Reporting to the Regional Field Supervisor, the Data Collectors implement the RHS by engaging participants on reserve and collecting data according to the methods requested by community leadership. This position will be part-time (18.75hr/week).

A few key responsibilities include:

- Makes initial contact with participant to discuss the survey and the participant's role.
- Responds to any question the participant may have in regards to the survey.
- Ensures that participants provide informed consent prior to survey completion
- Schedules an appointment with the participant for telephone survey completion
- Conducts confidential data collection activities using a laptop computer as directed by the Field Supervisor
- Ensures that all data captured is kept secure at all times and that confidentiality of all data collected and names of participants is maintained

Knowledge

- Knowledge of and respect for BC First Nations history and diverse cultures
- Knowledge of OCAP® (Ownership, Control, Access, Possession) principles an asset

Competencies

- Basic skills including use of spreadsheets and word processing preferred
- Ability to navigate multiple electronic devices and programs
- Ability work independently, and as part of a team, with minimal supervision
- Must be available to work days, evenings, and weekends as hours are subject to change depending upon operational requirements
- Must be at least 19 years of age
- Must have effective interpersonal skills

#### What you can expect from us?

Joining our family means joining an organization that supports personal and professional growth as well as the opportunity for you to gain exposure in the First Nations Health Care industry.

Start with us, and you might wind up in unexpected places. Many of our staff throughout the organization have started in one of our coveted student positions. Now is your chance to move your career in a new direction! If you want to make a difference and have the opportunity to contribute to BC's history, then come join FNHA!

501 - 100 Park Royal South Coast  
Salish Territory  
West Vancouver, BC Canada  
V7T 1A2

#### FIND PURPOSE BEYOND YOUR PROFESSION

At FNHA, you'll have the opportunity to contribute to BC's history. With a unique governing structure and mandate, our fluid work environment means you can play an active role in real change.

Our talented teams value respect and foster lateral kindness in their working relationships. Our holistic approach to wellness, based on First Nations teachings, is incorporated into all aspects of work culture. Where else will you get to create a personal wellness plan as part of your performance goals?

If you are looking for more than a job, come join the FNHA family.

#### Apply Online!

[www.fnha.ca/about/work-with-us](http://www.fnha.ca/about/work-with-us)

Please include "**Self-Identified**", if you are voluntarily identifying yourself as First Nations or Aboriginal.

**For more position details and information about us, please visit**  
[www.fnha.ca](http://www.fnha.ca)

The First Nations Health Authority is a diverse and transformational health organization of professional, innovative and dedicated team members and leaders.

The first of its kind in Canada, FNHA works as a health-and-wellness partner with BC First Nations to support self-determination and decision-making to improve health outcomes.



I would like to thank the Tla'amin Nation and Tla'amin Management Services for the opportunity to work for the Tla'amin Forest Products LP.

I am fortunate to be born and raised in the traditional territory of the

Tla'amin Nation. I live here with my wife Jemma and our two children, Molly and Micah. During this time, many relationships have been forged with members of the Nation through school, sports and work. I look forward to building more relationships and engaging in the community.

I have gained experience in various sectors of the forest industry for the last 25 years. The Nation is at a very exciting and opportunistic time to define their forests for the future. Success in the forests should be supported by 4 pillars – social, economic, environmental and cultural. The Tla'amin Integrated Resource Management Plan is a first step in developing a new pathway for forestry and natural resources that supports these pillars.

The Tla'amin Nation has developed some strong partnerships in the forestry sector, I look forward to building on these relationships while continuing to develop our internal knowledge, job training and management.

I am excited to listen, learn and support the Nation in the development of both short and long-term land-based objectives! I look forward to working and hearing from you!

čəčəhaθeč  
Adam Culos



Dental clinics are resuming in September. We have 2 clinics a month and I am currently booking for October.

Dental Clinics here in Tla'amin are for Tla'amin members with status and citizens only



August 16, 2021

## Free Transit for Children 12 and Under Program

Good Afternoon,

Starting September 1, children aged 12 and under will be able to ride BC Transit buses for free across the province. As a community that is currently served by BC Transit, or is in close proximity to transit services, we want to inform you of this initiative and let you know how you can find additional information.

Implementation has been divided into two phases. Phase 1 will allow children aged 6 to 12 to board the bus without a fare product or presentation of identification. Children aged 5 and under must be accompanied by someone 12 years or older to ride the bus, and must board and depart at the same stop as their guardian. The timeline for Phase 2, which will introduce a fare product, is still being finalized and will be communicated at a later date.

While travel for children 12 and under will be free, parents/guardians remain responsible for providing adequate provisions for the safety and care of their children whenever travelling on transit, including when travelling unaccompanied and determining if their children may take transit unaccompanied. Please visit [www.bctransit.com/getreadytoride](http://www.bctransit.com/getreadytoride) for educational materials to get children ready for their first trip on the bus.

BC Transit is a proud partner in this program and we look forward to welcoming more children and families on board our buses, and welcoming a new generation of lifelong transit users.

If you would like to provide any thoughts or feedback on this program, or if you have further questions, please contact our Government Relations team:

Contact	Region	Email	Phone
Rob Ringma	South Coast	<a href="mailto:rringma@bctransit.com">rringma@bctransit.com</a>	250-888-3926
Chelsea Mossey	Central Okanagan	<a href="mailto:cmossey@bctransit.com">cmossey@bctransit.com</a>	250-880-2520
Myrna Moore	Vancouver Island	<a href="mailto:mmoore@bctransit.com">mmoore@bctransit.com</a>	250-514-3019
Seth Wright	Thompson - Kootenay	<a href="mailto:swright@bctransit.com">swright@bctransit.com</a>	250-880-8039
Lindsay Taylor	Northern BC	<a href="mailto:ltaylor@bctransit.com">ltaylor@bctransit.com</a>	250-889-1289
Lisa Trotter	Greater Victoria	<a href="mailto:ltrotter@bctransit.com">ltrotter@bctransit.com</a>	250-514-3024

Sincerely,

**Chris Fudge**

Director, Government Relations

**BC Transit**

520 Gorge Road East, PO Box 9861 Victoria, BC V8W 9T5

Cell: 250-589-0099 | [cfudge@bctransit.com](mailto:cfudge@bctransit.com) | [bctransit.com](http://bctransit.com)



## Every Child Matters

WorkBC Powell River is committed to holding space to acknowledge the ongoing impacts and harm caused by colonization, and the residential school system in Canada, and to actively engage in dialogue and actions to support the 94 Calls to Action issued by the Truth and Reconciliation Commission of Canada.



## Here are the BCCDC and Government of BC updates for August 23 and 24, 2021.

Highlights:

Proof of vaccination

Summary:

To help protect people from COVID-19, people aged 12+ will soon be required to show proof of vaccination to access certain events, services, and businesses in BC. People will need to show an electronic or paper BC Vaccine Card. For more information, see BCCDC update email below.

Resource aimed to help the public address vaccine hesitancy "How to talk to friends and family about COVID-19 Vaccines" (See link below)

This is a great tool! Sneak peak:

"To ensure the people in your life get reliable information, here are our top tips on what to say.

Stay informed: Get the facts about B.C.'s COVID-19 Immunization Plan and vaccine safety from trusted sources like the Province of B.C., the BCCDC and ImmunizeBC."

Variants of Concern, updates to the BCCDC Variants page, August 23, 2021. (see BCCDC for more information)

Summary:

- In recent weeks, Delta has become the most common COVID-19 variant in the province.
- Delta spreads easily between people and may lead to more serious outcomes than

- other versions of COVID-19 for adults.
- For children, Delta leads to more cases but the outcomes remain the same as with other variants.
- The current vaccines protect against all Variants of Concern, including Delta
- Being fully vaccinated provides more protection than a single dose.
- Some people who have had COVID-19 may get sick again from new variants
- Getting vaccinated is important even if you have already had COVID-19.
- As more people are fully vaccinated, it is less likely that COVID-19 variants will spread in the community.
- This helps protect people who cannot get vaccinated, including children under 12.
- Monitoring and research on the new COVID-19 variants is on-going. The page will be updated regularly as more is known.

- As of Wednesday, Aug. 25, 2021, masks must be worn in all indoor public spaces throughout B.C. to help slow the transmission of COVID-19 as B.C. prepares for the fall and respiratory illness season.
- A new order from the provincial health officer will require people 12 and older to wear masks in indoor public settings, regardless of vaccination status. These settings include:
  - malls, shopping centres, coffee shops and retail and grocery stores;
  - liquor and drug stores;
  - airports, city halls, libraries, community and recreation centres;
  - restaurants, pubs and bars (unless seated);
  - on public transportation, in a taxi or ride-sharing vehicle;
  - areas of office buildings where services to



the public are provided;

- common areas of sport and fitness centres when not engaged in physical activity;
- common areas of post-secondary institutions and non-profit organizations; and
- inside schools for all K-12 staff, visitors and students in grades 4-12.

**For information on the latest provincial health officer's orders and guidance, non-medical issues (such as travel recommendations) and how to manage social isolation, visit: [www.gov.bc.ca/COVID-19](http://www.gov.bc.ca/COVID-19)**

Shereen

Shereen Russell, RN(C), BScN.

Public Health Nurse, Tla'amin Health

Ph: 604-483-3009 (x 110) or 1-866-209-6538

Fax: 604-483-2288

[shereen.russell@tn-bc.ca](mailto:shereen.russell@tn-bc.ca)

## Tla'amin Health Non-Insured Health Benefits (NIHB) For out-of-town medical appointments

**Directive:** August 27, 2021

**Effective:** September 15, 2021

Eligibility for NIHB for out-of-town patient travel extends to:

- Tla'amin Nation members (Status - 554) and Tla'amin Nation Citizens that reside in British Columbia

**The following are mandatory requirements for eligibility to access supports for patient travel:**

- Status card number or Citizenship number
- Resident of British Columbia
- Personal Health Number

**Medical out of town travel will cover the following:**

- Mileage from Tla'amin community to out of town medical appointment (i.e. Mainland or Vancouver Island)
- Food allowance - daily or weekly depending on the required stay
- Hotel accommodation or private accommodation (family member home)

**Health Benefits medical travel will not cover**

- Other First Nation members (from other communities)
- Non-Tla'amin partners/spouses of Tla'amin members/citizens, unless as escorts.

## 4 Ingredient Recipe for Blackberry Popsicles

**Prep Time: 10 mins. Yield: 4**

### Ingredients

- 1/2 cup unsweetened coconut milk
- 1/4 cup pure maple syrup (swap for honey for SCD)
- 2 teaspoons fresh lemon juice
- 4 cups frozen blackberries

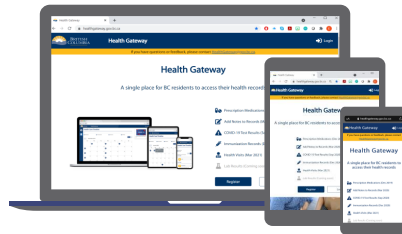
### Instructions

1. In a high speed blender, add the coconut milk, maple syrup, lemon juice and blackberries. Process until smooth and creamy.
2. Pour blackberry mixture into Popsicle molds and freeze.

## Health Gateway

A single place for BC residents to access their health records

Your immunization record will be available online in Health Gateway. Signing up is quick and easy using your mobile BC Services Card.



### STEP 1 Go to the Health Gateway website

Open an internet browser and go to [www.healthgateway.gov.bc.ca](http://www.healthgateway.gov.bc.ca)  
Click Register.

Note: You must be 12 years and older to register.

### STEP 2 Log in with your mobile BC Services Card

Your mobile BC Services Card is used to prove who you are online. If you haven't used it before, you'll be guided to set it up first.

### STEP 3 Set up your profile

You can choose to receive notifications when new information is available. Indicate your preference by providing an email address and/or a cell phone number.

### STEP 4 Verify your contact information

You will not receive email or text notifications until your contact information has been verified. Go to the Profile page to verify your contact information.

Ready to get started?

Use your smartphone camera to scan the QR code or open a browser and go to [www.healthgateway.gov.bc.ca](http://www.healthgateway.gov.bc.ca)



## Federal Statutory Holiday: National Day for Truth and Reconciliation

The Government of Canada is committed to reconciliation and ensuring that the tragic history and ongoing legacy of residential schools is never forgotten.

The government recently passed legislation to make September 30th a federal statutory holiday called the National Day for Truth and Reconciliation. Like all Canadians, this day provides an opportunity for each public servant to recognize and commemorate the legacy of residential schools. This may present itself as a day of quiet reflection or participation in a community event.

Our current collective agreements include provisions to allow for an additional designated holiday if one is proclaimed by an act of Parliament. As a result, the National Day for Truth and Reconciliation will become a designated paid holiday and will allow employees in the federal public service to observe and participate in this important day starting September 2021.

## COVID-19 Testing, Isolation, and Working Information

We are learning that some symptoms, like fever or chills, cough, loss of sense of smell or taste, and trouble breathing are more likely to be COVID-19. New guidance for when to get a COVID-19 test reflects this new evidence.

### What you need to know

- Prevention is the best way to avoid COVID-19: getting vaccinated, handwashing/sanitizing, wearing PPE while at the Health Center and while seeing clients, physical distancing.
- Use the BC COVID-19 Self-Assessment Tool to help determine if you need to be tested for COVID-19. You can complete this assessment for yourself, or on behalf of someone else, if they are unable to.
- Children 0-12 years are at low risk of catching and spreading COVID-19.
- To prepare children for testing and FAQ's, visit the COVID-19 assessment and testing of children page.
- If you feel unwell and are unsure about your symptoms, contact your health care provider or call 8-1-1

### Symptoms that require testing

For people who do not know if they had a contact with someone with COVID-19, you need a COVID-19 test if you have new or worsening symptoms.

**If you have 1 or more of these key symptoms, seek testing as soon as possible:**

- Fever or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing

If you have 2 or more of the symptoms below for more than 24 hours, and they are not related to any other pre-existing conditions, seek testing.

### These symptoms are:

- Sore throat
- Loss of appetite
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

### Who should Self Isolate?

- People who test positive for COVID-19
- People who are awaiting the results of their COVID-19 test must self-isolate until they receive their results.

- People who have travelled to BC from outside of Canada
- People may need to self isolate or self monitor if you are a contact to a positive COVID-19 person. All contacts need to self-monitor for symptoms of COVID-19 for 14 days after being exposed to someone with COVID-19. People who are close contacts need to get tested even if they develop even one of the COVID-19 symptoms.

If you are a close contact of a person who has COVID-19 and you have not been fully immunized, you may need to self-isolate for 10 days since you last had contact with this person. Public Health will help you decide based on your vaccination status, the dates you were vaccinated, and whether you have had COVID-19 in the past. They will use this information to guide you on which steps you need to take to prevent the spread of COVID-19.

### Should I come to work?

- Do not come to work if you are ill.
- Use the BC COVID-19 Self-Assessment Tool to help determine if you need to be tested for COVID-19.
- As of August 2021 if you are fully vaccinated (and 14 days has passed since 2nd vaccine) you may come to work if others in your home are unwell or are awaiting test results.
- As of August 2021 if you are fully vaccinated (and 14 days has passed since 2nd vaccine) and have been exposed to COVID-19 you may come to work and self monitor for 14 days from the exposure for any symptoms.

# Welcome back

## FREE FITNESS & AQUATICS CLASSES SEPTEMBER 13 - 19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>STRENGTH &amp; CORE</b> 9:15 - 10:15am With Roché Dogwood Room	<b>DYNAMIC CORE</b> 8:15 - 9:00am With Roché Dogwood Room	<b>DEEP FIT</b> 8:35 - 9:30am Aquatic Centre	<b>SPIN</b> 9:15 - 10:00am With Roché Rink Dry Floor	<b>SENSIBLE STRENGTH</b> 9:15 - 10:15am With Kimberley Dogwood Room	<b>WATER FITNESS</b> 8:30 - 9:15am Aquatic Centre	<b>EVERYONE WELCOME SWIM</b> 3:15 - 4:45pm Aquatic Centre
<b>ADULT BASIC SWIMMING LESSONS</b> 10:00 - 10:30am Aquatic Centre	<b>SPIN</b> 9:15 - 10:00am With Roché Rink Dry Floor	<b>GENTLE SPIN</b> 9:15 - 10:00am With Viv Rink Dry Floor	<b>WATER WELLNESS</b> 10:05 - 10:35am Aquatic Centre	<b>CHAIR YOGA</b> 10:30 - 11:30am With Kimberley Dogwood Room	<b>WORKOUT OF THE WEEK!</b> 9:05 - 9:35am Alternating Instructors Dogwood Room	
<b>LUNCH TIME YOGA</b> 12:15 - 12:45pm With Kimberley Elm Room	<b>STRETCH APPEAL</b> 9:15 - 10:15am With Donna Dogwood Room	<b>STEP IT UP</b> 10:30 - 11:30am With Donna Dogwood Room	<b>MORNING YOGA</b> 9:30 - 10:30am With Kelly Elm Room	<b>POWER CIRCUIT</b> 12:15 - 12:45pm With Kimberley Dogwood Room		
<b>SENIORS WELLNESS</b> 1:00 - 2:00pm With Viv Dogwood Room	<b>LEISURE SWIM &amp; LAP SWIM</b> 1:00 - 2:00pm Aquatic Centre	<b>STRONG &amp; MOBILE</b> 11:45am - 12:45pm With Margot Dogwood Room	<b>FIT &amp; FUNCTIONAL</b> 10:45 - 11:45am With Donna Dogwood Room	<b>SENIORS WELLNESS</b> 1:00 - 2:00pm With Viv Dogwood Room		
<b>HIIT</b> 5:30 - 6:15pm With Megan Dogwood Room		<b>CYCLE FIT</b> 12:15 - 12:45pm With Viv Rink Dry Floor	<b>LEISURE SWIM &amp; LAP SWIM</b> 1:00 - 2:00pm Aquatic Centre			
		<b>SENIORS WELLNESS</b> 1:00 - 2:00pm With Margot Dogwood Room				
		<b>ADULT BASIC SWIMMING LESSONS</b> 5:45 - 6:15pm Aquatic Centre				
		<b>PILATES</b> 6:30 - 7:15pm With Bristol Elm Room				

We would like to welcome you back this Fall with free drop in programs & classes the week of September 13 - 19. Try a new fitness class or selected aquatic drop in classes and programs for FREE! Plus FREE drop in for the gym ALL week. Please note you must pre-register for the drop in fitness and aquatic classes.

You may call us at 604 485-2891, register online at [powellriverprc.ca](http://powellriverprc.ca), or come visit us at the Recreation Complex.

## Vaccines Work Then and Now

14 Diseases We've Controlled Thanks to Vaccines:

- |                        |                          |
|------------------------|--------------------------|
| 1. Tetanus             | 9. Whooping Cough        |
| 2. The Flu (Influenza) | 10. Pneumococcal Disease |
| 3. Hepatitis B         | 11. Rotavirus            |
| 4. Hepatitis A         | 12. Mumps                |
| 5. Rubella             | 13. Chickenpox           |
| 6. Hib                 | 14. Diphtheria           |
| 7. Measles             |                          |

Let's add COVID-19 to that list!

Get vaccinated to keep our community safe.  
myturn.ca.gov | (833) 422-4255



<https://www.cdc.gov/vaccines/parents/diseases/forgot-14-diseases.html>

## Fun Facts about Jellyfish

*They Predate the Dinosaurs by Hundreds of Millions of Years*



Jellyfish have no bones, so fossils are hard to come by. Nevertheless, scientists have evidence these creatures have been bobbing along in the world's oceans for at least 500 million years. In fact, it's likely the jellyfish lineage goes back even further, possibly 700 million years. That's roughly three times the age of the first dinosaurs.

Unlike most marine creatures, jellyfish are thriving in our oceans — ecosystems disrupted by marine heat waves, ocean acidification, overfishing, and various other human influences, as a 2019 report on our oceans from the U.N. Intergovernmental Panel on Climate Change lays bare.

Human activity has made them feel even more at home. While corals, oysters, and any marine organisms that build shells are considered the biggest losers of increasingly acidic oceans, jellyfish aren't as susceptible. That doesn't mean they are immune, but they are certainly faring better.

Despite their common name, jellyfish are not fish at all.

One look at a jellyfish and this might seem rather obvious, but they aren't actually fish. They are invertebrates from the phylum Cnidaria, and are so varied as a taxonomic group that many scientists have taken to simply referring to them as "gelatinous zooplankton."

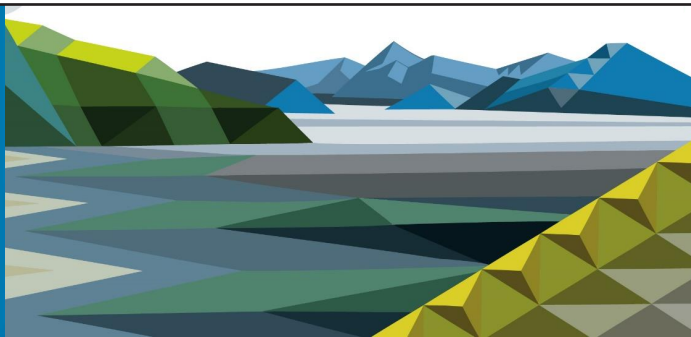
Jellyfish seem to blend in with their environment, undulating gently with the ocean's currents, and with good reason: Their bodies are made up of as much as 98% water. When they wash ashore, they can disappear after just a few hours as their bodies evaporate into the air. They have a rudimentary nervous system, a loose network of nerves located in the epidermis called a "nerve net," but no brain. They also don't have a heart; their gelatinous bodies are so thin they can be oxygenated solely by diffusion.

Some box jellyfish species are among the most venomous creatures in the world. They also have several sets of eyes.

Despite their simple body design, some jellyfish have the ability to see. In fact, for a few species their vision can be surprisingly complex. For instance, the box jellyfish has 24 "eyes," two of which are capable of seeing in color. It's also believed this animal's complicated array of visual sensors makes it one of the few creatures in the world to have a full 360-degree view of its environment.

At least one species of jellyfish, *Turritopsis nutricula*, may be able to cheat death. When threatened, this species is capable of undergoing "cellular transdifferentiation," a process whereby the organism's cells essentially become new again. In other words, this jellyfish has a built-in fountain of youth. It's theoretically immortal!

## Save the Date



## Join Us.

### Vancouver Coastal Health Indigenous-Focused Virtual Open Board Forum.

Dr. Penny Ballem, Chair of the Vancouver Coastal Health Board of Directors – along with Board Directors Chief Marilyn Slett, Heiltsuk Nation, and Deborah Baker, Council Member, Squamish Nation – invite you to our first Indigenous-focused virtual Open Board Forum.

All members of the 14 First Nations, Métis, Inuit, as well as Indigenous peoples away from home, in the VCH region, are invited to join us around the virtual kitchen table for a discussion, and to share questions or comments with our Board of Directors and senior leadership.

As part of the meeting, senior leaders will provide updates on COVID-19, available health services, and open a discussion on providing culturally safe care for Indigenous peoples.

The meeting will be streamed live online and we invite you to register at [vch.ca/boardforum](http://vch.ca/boardforum). We will send you a link to the Open Board Forum video stream before the meeting.

#### EVENT

Vancouver Coastal Health Open Board Forum

#### DATE

Wednesday, September 29, 2021  
6:30 p.m. to 8:30 p.m.

#### LOCATION

Online. Register at [vch.ca/boardforum](http://vch.ca/boardforum), by email at [ce@vch.ca](mailto:ce@vch.ca) or at (604) 714-3779.



# Tla'amin Nation Executive Council Minutes

May 5, 2021  
ZOOM MEETING

**Attendance:** Hegus John S. Hackett, Councillors: Dillon Johnson, Erik Blaney, Losa Luaifoa, Lori Wilson

**Legislators:** Gloria Francis, Larry Louie, Brandon Peters

**Resource:** Rod Allan, Sheena Rossi, Alex Sutcliffe

**Action Items:**

**1. Proposeurning Regulation** - EC to review draft Burning Regulation under the Community Safety Law.

**2. Bi-election:** CAO R. Allan to facilitate the planning for a bi-election for the one seat of the late Legislator Tyrone Wilson.

**3. Lands:** Cllr. E. Blaney will work with CAO R. Allan and Finance staff to review the budget to determine where the funds would be allocated from.

**4. Medicinal Park designation** - Cllr. E. Blaney to review park designation in the Land Law, work with the Culture and Heritage Manager to create a naming competition and signage and, research medicinal plants in the area and develop a budget to enhance Naïve species. Work with Alex Sutcliffe to come up with drone footage of the acreage.

**5. Beautification of Gov. House** - Cllr. E. Blaney to work with Cllr. L. Luaifoa and Community Services Director to plant Native species around the Government House.

**6. Emmonds Beach update** - Cllr. E. Blaney will follow up and inquire if the investigation is complete. Cllr. L. Luaifoa to contact the Culture and Heritage Manager to coordinate a new date for a cultural ceremony at Emmonds Beach.

**7. Taxation Schedule** - CAO R. Allan, to work with Finance Clerk, Pam Wilson to ensure the budget is complete.

**8. Sister Nations** - CAO R. Allan to coordinate a meeting with the Sister Nations for late June.

Hegus Hackett called the meeting to order at 9:05 am. Opening prayer: Legislator L. Louie

**A. APPROVAL OF AGENDA:**

1. Motion to adopt the agenda with the addition of the following items:

- Taxation Authority Scheduling (Hegus J. S. Hackett)
- Sister Nations Discussion (Cllr. D. Johnson)

**Moved by Councillor L. Wilson  
Seconded by Councillor D. Johnson  
CARRIED**

2. Disclosure of conflict of interest: There were no conflicts declared.

B. MINUTES: Motion to adopt the April 21st Executive Council (EC) meeting minutes.

**Moved by Councillor L. Wilson  
Seconded by Councillor E. Blaney  
CARRIED**

**C. PRESENTATIONS:**

**1. Powell River Hospice Society**

Cathy Fisher, Anna Byrne, Doreen Hopkins and Marlane Christensen, were in attendance seeking EC's approval for a donation to the Hospice Society. The following comments were provided:

- Powell River Hospice Society is a registered charity for end-of-life care and bereavement. The Society supports the well-being of persons whom are dying and also provides support to their families and caregivers.

- A Memorandum of Understanding was signed with Vancouver Coastal Health to build a new 4-bed hospice centre in Powell River.

- Doreen Hopkins is planning a pledge walk to help raise funds for the project.

Cllr. E. Blaney recommends TN dedicate space in upcoming editions of the Neh Motl for advertising seeking donations. It was also recommended that the Nation match funds raised by Doreen on her walk.

EC resolved that the recommendation for match funding be discussed closer to the fundraiser.

**D. NEW BUSINESS:**

**1. Administration & Finance**

**i. Proposed Burning Regulation (Cllr. E. Blaney)**

- Discussion regarding burning issues in the community
- Cllr. E. Blaney recommends a regulation be formalized regarding burning. The regulation would include information such as size, types of combustibles, location of fires etc. It was further recommended that a review of the Draft 2018 Fire Regulation be reviewed.
- Cllr. L. Luaifoa noted that a Burn Regulation would fall under the new Community Safety Law.

**Action:** EC to review a Burn regulation under the Community Safety Law.

**ii. Bi- Election Planning (Cllr. E. Blaney)**

- 100 days to do bi election for late Tyrone Wilson's legislative seat
- Notice has to be posted.

**Action:** CAO R. Allan to facilitate the planning for a bi-election for the one seat of the late Legislator Tyrone Wilson.

**iii. Lands Purchase Funding (Cllr. E. Blaney)**

- Cllr. E. Blaney proposes adding \$2 million to annual budget for the purpose of adding Lands to TN portfolio.
- Cllr. D. Johnson suggests adding strategic criteria to all potential land purchases

EC, by consensus, supports Cllr. E. Blaney's recommendation to add \$2 million to the annual budget for the purpose of purchasing lands.

**Action:** Cllr. E. Blaney will work with CAO R. Allan and Finance staff to review the budget to determine where the funds would be allocated from.

**iv. Logging Revenue 2021 (Cllr. E. Blaney)**

- Seeking overall strategy on how EC can work with a third-party consultant re: current contracts and licenses
- Logging revenue is down 70% lower than previous years
- Cllr. E. Blaney feels EC needs to explore other avenues of revenue as TN highly depends on Logging revenue.

EC, by consensus supports the development of a strategy re forestry.

**2. Lands**

**i. Medicinal Park Designation (Cllr. E. Blaney)**

Cllr. E. Blaney recommends designating a large portion of the 111-acre land purchase in Lund as a cultural heritage park and enhance native species plants in the area for medicinal plant gathering and Tla'amin signage.

EC, by consensus, supports the recommendation.

**Action:** Cllr. E. Blaney to review park designation in the Land Law, work with the Culture and Heritage Manager to create a naming competition and signage and, research medicinal plants in the area and develop a budget to enhance Naïve species. Work with Alex Sutcliffe to come up with drone footage of the acreage.

**ii. Beautification of Government House (Cllr. E. Blaney)**

- Cllr. Blaney noted that since there were no entries for the Treaty Day video contest, that the prize funds be used to plant Native species in the garden boxes at the Government House.

No entries for Treaty Day contest

- Cllr. L. Luaifoa advised that the Community Service Director is currently working on developing a plan to incorporate Tla'amin culture into the Government House areas and this project is in line with the plans.

EC, by consensus, supports Cllr. Blaney's recommendation to plant Native species in the garden boxes.

**Action:** Cllr. E. Blaney to work with Cllr. L. Luaifoa and Community Services Director to plant Native species around the Government House.

**iii. Community Garden/Beautification award (Cllr. E. Blaney)**

- Using funds allocated for the treaty day contest, Cllr. E. Blaney recommends holding a community beautification contest and award gardening supplies to community members actively growing vegetables and gardens in their yards.

EC supports utilizing the prize funds from the treaty day contest to award contest winners gardening supplies.

iv. Request for Emmonds Beach update (Legislator G. Francis)

- Legislator G. Francis is seeking an update on the Emmonds beach archeological issue. CAO R. Allan advised that there was correspondence through email with Mr. Liu's assistant Charles. R. Allan also advised that he has reached out by phone and has not received a response.
- Cllr. E. Blaney advised that the FLNRORD officer contacted him and stated the investigation is ongoing and almost complete.

**Action:** Cllr. E. Blaney will follow up and inquire if the investigation is complete. Cllr. L. Luaifoa to contact the Culture and Heritage Manager to coordinate a new date for a cultural ceremony at Emmonds Beach.

**3. Public Works – Compost Facility (Cllr. D. Johnson)**

Cllr. D. Johnson advised that qathet Regional District has not made a decision yet regarding the proposed compost facility project. It was further noted that the ratepayer's group from Townsite met with the NRC and had some follow up questions.

**4. Taxation – Taxation Schedule (Hegus J. S. Hackett)**

- Taxation Authority begins planning around this time of year and Hegus Hackett would like to ensure that the dates are set and clarification on who would coordinate this term.
- CAO R. Allan advised that the Taxation Authority is EC. CAO R. Allan recommends he and Finance Clerk, Pam Wilson also be part of the Taxation Authority.
- Cllr. E. Blaney would like to be included on correspondence.

**Action:** CAO. R. Allan, to work with Finance Clerk, Pam Wilson to ensure the budget is complete.

**5. Sister Nations (Cllr. D. Johnson)**

Cllr. D. Johnson recommends that a meeting be coordinated with the Sister Nations and an agenda be developed for the meeting. One of the proposed items is: Consent from Klahoose and Homalco to add lands to TSL.

**Action:** CAO R. Allan to coordinate a meeting with the Sister Nations for late June.

**E. HOUSE POST REPORTS:**

**1. Lands & Resources - Councillor L. Wilson reported the following:**

- April 26th virtual meeting with Minister Conroy and Minster Rankin to pursue greater protection of archeological sites, to increase funding for implementing treaty and increase forestry volume in our traditional territory.
- April 27th and May 3rd I-CWG – Community Nation Planning
- EOC meetings ending, maybe one week or less
- May 30th meeting with Alliance of BC Modern Treaty Nations
- Involved in Land use plan revisions



**Elder Alex Point reviews the floor plans for the CDRC expansion project**

- CFO starts Monday May 10th
- Forestry meeting re: increase in forestry volume with major licensee
- May 12th meeting with EC and qathet
- May 17th leadership chat
- May 19th next EC meeting
- May 26th work with new referrals staff Derek
- June 1st meeting with joint fisheries committee

**2. Finance – Councillor E. Blaney reported the following:**

- Working on proposed wage grid interim solution until CFO starts, increase not performance based
- Met with First Credit Union and Jolene Sutcliffe reviewing investment portfolio
- TMS Operations board meetings; in budgeting and financing currently reviewing cash projections
- Met with DFO representative re: funding projects coming out of DFO This year mostly related to guardian programs and ocean clean up and legacy projects
- Indigenous Services Canada re: community support fund 3
- Met with forestry consultant re: forestry strategy
- Met with Black Diamond Group Re: use of hotel; the group pulled out of use of Lund hotel and will find accommodations elsewhere

**3. Community Services - Councillor L. Luaifoa reported the following:**

- Meetings attended:
- April 26 –Ministers Conroy and Rankin. Dillon and Erik led an impressive and moving presentation regarding our archeological site issues.
  - Traditional Skill Builders course has kicked off at the end of April. Currently there are 11 students participating till June 25. Commend staff for working collaboratively with VIU to make this happen.
  - May 3 – I-CWG mtg. with a focus on the Comprehensive Nation Plan. Excited to report the plan is entering the final stages for completion.
  - May 4 - Vaccination clinic planning for the second dose of vaccinations. Staff will be organizing a larger clinic with a goal to administer all vaccinations by the end June. Also, these clinics will be an opportunity for anyone interested in receiving their first vaccination that weren't able to during the first round.
  - May 4 – Housing Committee mtg.

- Citizenship Law - Work on the proposed changes to the Citizenship Law is ongoing.
- Attended various meetings sensitive in nature with various departments/staff.

**4. Public Works - Councillor D. Johnson reported the following:**

- Housing Committee met
- Community session re: Housing arrears has been rescheduled to June.
- Successful candidate for Project Manager posting is Brandon Louie starting May 17th

**Richard Gage's report:**

- 97 home inspections done by the end of May
- Renovations completed on 5 homes in April
- Portable renovations for youth building completed
- Clubhouse substantially completed
- Submitted application for more funding for restoration project

**F. HEGUS REPORT**

- April 22nd internal meeting with Richard Gage re: archeological path moving forward
- April 23rd invited by minister of public safety re: announcing travel restrictions, fines and belligerent behavior
- April 26th BC heritage conservation act meeting with Minster Conroy and Minster Rankin

**G. ADJOURNMENT**

Motion to adjourn meeting at 10:59 am.

**Moved by Councillor L. Wilson  
Seconded by Councillor D. Johnson  
CARRIED**



# ANNOUNCEMENTS



## “Happy Birthday Mom”

September 17th  
Love your family



Happy 81st birthday to my husband Alex Point on September 22nd.

I wish you the very best on your special day, today and always.

With love Doreen and family



Happy Birthday “Mrs. G”  
September 17th  
Your LOVING Family



## Fundraising for Wildfire Evacuees in Lytton

**Grand total raised was \$6,725.00!**

Hands up to everyone that donated to Patty’s “Lytton Wildfire Evacuees fundraiser”!

Special thanks to Tla’amin Nation for their donation. I was able to purchase 5-\$200.00 BC Ferry cards.



Big thank you to Leslie Louie’s draw which raised \$540.00; which I used to purchase canned goods to be sent to Lytton.

Big thank you to Denise Smith for her \$300.00 donation! Her donation was sent to a family with 5 kids and the husband has stage 4 cancer. I really want to thank everyone for being so supportive in my fundraiser!

Every donation counted!!

Yours truly,  
Patty Renton  
Tla’amin Health-Finance Clerk.

## 2 Spirits of BC Online Talking Circle

For Indigenous 2 Spirits/LGBTIQ+  
Living in British Columbia  
On Tuesdays  
Starting at New Time  
8 pm to 9:30 pm

Zoom Meeting Room ID: **984 1910 4951**  
Passcode: **spirit**

To use a clickable link visit [www.2SpiritsBC.com](http://www.2SpiritsBC.com)  
Email: [admin@fourfeathers.net](mailto:admin@fourfeathers.net)

Funded by Trans Care BC, 2019 Peer and Community Funded Project