



NEHMOTL "Us"

February 2020

Community News | Events | Updates for the Tla'amin Nation

Dion Addresses Struggles that Face Tla'amin Youth

By Chris Bakker, RCMP and Dion Marriott

A youth leadership workshop took place at the RCMP training academy in Regina, Saskatchewan from January 6 to 12. There was a group of indigenous youth aged 14-18 from across the country (every province was represented except Alberta), as well as RCMP mentors who attended with the youth. Dion applied for the program in November and was advised that he had been chosen at the beginning of December.

The purpose of the workshop was develop leadership skills within the youth that attended. Over the course of the week, the youth were required to come up with a program or plan to deal with some of the issues that face their community.

Dion worked hard to come up with a program to engage the older youth in Tla'amin as he saw that boredom (and the problems that come from it) as one of the issues that faces the community.

There was also a number of activities for the youth including various speakers, events, and recreational activities in the evening.

Other than the weather (which got below -35 on 2 of the days) I think that both Dion and I had a very good experience.

My Trip to Regina, Dion Marriott

I was selected to attend the Youth Leadership Workshop with Chris Bakker in Regina, Saskatchewan. The workshop was focused on youth developing community wellness initiatives to bring back and implement in our communities. There was a total of 14 youth that were selected across Canada from different provinces.



We spent our time in the workshops working on ideas and projects for community wellness that we could place into motion upon our return. We also had guest speakers, went on a tour of the Training Depot with the rest of the group, and I was fitted with a RCMP uniform that was gifted to me for attending the workshop. Almost every night we changed to go to the gym to work out or the pool to swim. Nearing the end of the week, we all presented our ideas and had a small part. A highlight from the trip was that I was interview by a reporter from CTV Regina News Network (pictured above).

Following the workshop, Chris and I were offered the opportunity to return to Regina in August 2020. I would love to return and I think that my favorite part of the experience was meeting new people from our country and other Indigenous Youth.

UPDATE

Klahanie Specific Claim

Our office received confirmation on January 21 that the Minister has signed the Klahanie Specific Claim Agreement. The federal government's target, according to the agreement, is to have payment to the Nation within 45 days. Once payment is received at the Nation, the application process for a distribution to Tla'amin members/citizens will be posted on the Tla'amin website, our Facebook page and through a community notice.

If you have further questions, please call Rod Allan, CAO at 604 483 9646 ext. 101 or Losa at 778 762 3716.

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



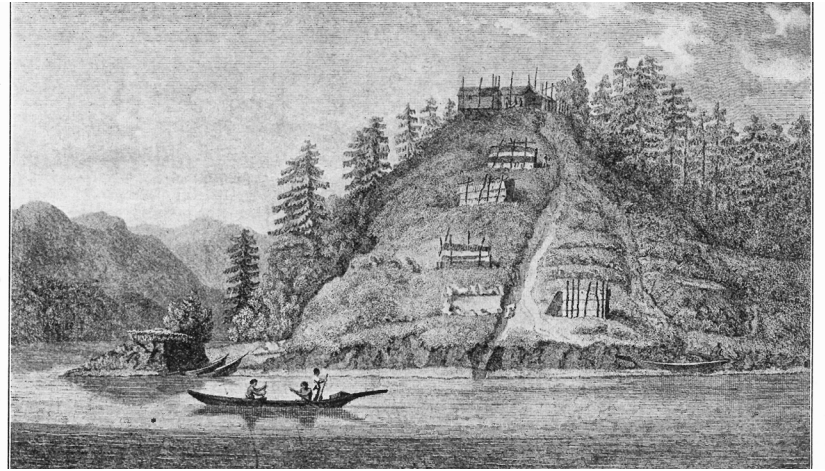


Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646



VILLAGE OF FRIENDLY INDIANS

From a steel engraving by J.Landsleer in Vancouver's Journal at entrance of Bute's Canal

Community Information Sessions

Invitation to Tla'amin Members/Citizens

Executive Council would like to take the opportunity to report on their House Post to the Tla'amin Nation members/citizens

- Community Programs and Services, **Executive Councillor Larry Louie**
- Public Works, **Executive Councillor Tyrone Wilson**
- Lands and Resources, **Executive Councillor Lori Wilson**
- Finance and Administration, **Executive Councillor John Hackett**
- Economic Development, **Hegus Clint Williams**

Community Engagement Session on Citizenship Comprehensive Nation Planning

VANCOUVER

Chateau Granville
1100 Granville Street
Vancouver, BC
Saturday February 22
11:30 - 3:00

LUNCH PROVIDED

VICTORIA

Sandman Hotel
2852 Douglas Street
Victoria, BC
Sunday February 23rd
11:30 - 3:00

LUNCH PROVIDED

TLA'AMIN

Governance House
Tuesday February 25th
5:00 - 7:00
Community Engagement on
Citizenship

LIGHT DINNER



For more information contact Losa at 604-483-9646 ext. 124 or losa.luaifoa@tn-bc.ca

Executive Council

Larry Louie

Community Programs & Services
House Post

Positive thinking will let you do everything better than negative thinking. Our government and staff are steadily moving forward. There is always room for improvement to better serve our community. I welcome ideas and positive feedback in community services.

The Elders facility is currently in discussion and underway. With funding in mind, long term costs, operational costs and Human Resources are the main topics. This project is positive for our nation.

There has been a huge decline in clients in the Social Development Program with an increase in employment for the working category. Staff efforts and hard work is recognized.

Ministry of Child and Family Development policies that pertain to our nation are being reviewed and updated. Adoption processes for indigenous children off and on reserve and the Child, Family and Community Services Act (CFCSA).

Congratulations to all the students in the school calendar year. Attendance is still an issue, and we need to address the possibly include parents in our discussions. Acknowledgment is warranted for our education staff.



Community Programs & Services HOUSE POST

ACCOMPLISHMENTS DURING 2018-2019

- Post-secondary graduation rate was successful
- Working with ITA and Catalyst for Trades Forum
- LiUNA Local 1611 - Seven individuals employed, thirteen on dispatch (employed within twelve months or less)

WHAT CITIZENS CAN EXPECT 2019-2020

- Continued support for all post secondary students
- Continue to work with individuals and organizations to help with training, education and employment
- Continue to work with SA employable clients

Call for Interest: Urban Liaison Person (x2)

The Tla'amin Executive Council intends to engage two Tla'amin people to act as liaisons between the Tla'amin Nation and Tla'amin Nation people living in the lower mainland and on Vancouver Island. The role is primarily one of being an available point of contact for the urban populations. **Following are some of the expectations:**

- The Nation would cover the cost of a cell phone, with a monthly limit of \$200
- The Nation would cover the cost of internet service
- The Nation would provide an e.mail address
- The Nation would provide business cards, which would list the above cell phone number and e.mail address
- Liaisons would be expected to communicate information via Facebook and perhaps other social media, e.mail and phone, as appropriate
- Liaisons would be expected to respond to phone and e.mail enquiries during reasonable hours of the day, and as their schedules allow
- Liaisons would need to be computer literate, with a cell phone and an internet connected computer available to them
- This will be a paid position at a fixed monthly rate of \$2,000.⁰⁰
- Reasonable expenses, pre approved by Losa Luaifoa, would be reimbursed
- There will be no office provided

How to apply.

Please submit an application to Losa Luaifoa, Executive Assistant/Law Clerk, Tla'amin Nation at losa.luaifoa@tn-bc.ca or to the Tla'amin Nation office – 4779 Klahanie Road, Powell River, BC V8A 0C4.

Please include an explanation of:

- Why you think you would be a good Liaison
- Hours of the day/days of the week that you are typically available by phone
- How much time you expect it would take for you to respond when you are not available

If you have any questions, please contact Losa Luaifoa, at 604-483-9646, Ext 124 or losa.luaifoa@tn-bc.ca

Thank you for your interest!
Emote





House for Sale (by bid) 5196 Beach Road Tla'amin Nation

- Ocean view
- 1,200 square foot single family home
- 3 bedrooms, 1 bathroom
- We have observed certain items that need attention.

This in no way implies that this is a full list of items needing attention. There may be other repairs or replacements required.

The following has been observed:

- Needs work on the deck
- Flooring throughout house needs repair or replacement
- Problem with drainage in back yard
- Utility pole needs to be replaced

Bids must be sealed and hand delivered or mailed to:

**DMD Chartered Professional Accountants
#3 – 4313 Alberta Avenue
Powell River, B.C. V8A 5G7
Phone: (604) 485-2726**

Envelopes must be marked:
“SEALED BID FOR 5196 BEACH RD SALE”

Sealed bids are considered accepted only with proof of borrowing pre-approval from a financial institution, or a current bank statement showing ability to meet your bidding price.

NO BIDS WILL BE ACCEPTED AT THE TLA'AMIN GOVERNANCE BUILDING.

There is no minimum bid price, but only reasonable bids will be accepted.

Potential buyers are welcome to hire an appraiser or inspector at their own cost. An inspection is recommended.

Viewings will take place on:

- Saturday, February 8 from 10:00 AM-1:00 PM
- Sunday, February 16 from 1:00 PM-4:00 PM
- Saturday, February 29 from 10:00 AM-1:00 PM

For viewing appointments, contact:

Andrea Paul
Extension 104 - 604.483.9646
Toll free: 1-877.483.9646
E-mail: andrea.paul@tn-bc.ca

Bids RECEIVED after 4 PM on Friday, March 6th will NOT be considered.

Tla'amin Nation reserves the right to not accept any of the bids received.

Executive Council

Tyrone Wilson

Public Works House Post

Hello to all our community member's of Tla'amin Nation. I'd like to start by saying how much I appreciate the opportunity to work for you, our community in the following departments.



Housing

Our Housing Committee consists of members of our nation and staff. A very good team that discuss housing matters on a monthly basis.

Village Maintenance

Our crew provides repairs to pipelines, garbage collection, community grass cutting, road repair, fire hydrant repair and Government building maintenance, and many other tasks.

Water Treatment Plant

Our staff ensures that our drinking water quality is their main objective, and works closely with our village maintenance and hatchery staff on different projects.

Tla'amin Volunteer Fire Department

We continue to strive to better ourselves with continued fire practices every Tuesday at 7 p.m. throughout the year and are always welcoming new recruits to make a difference in our community for the safety of all. A new fire truck is on the way.

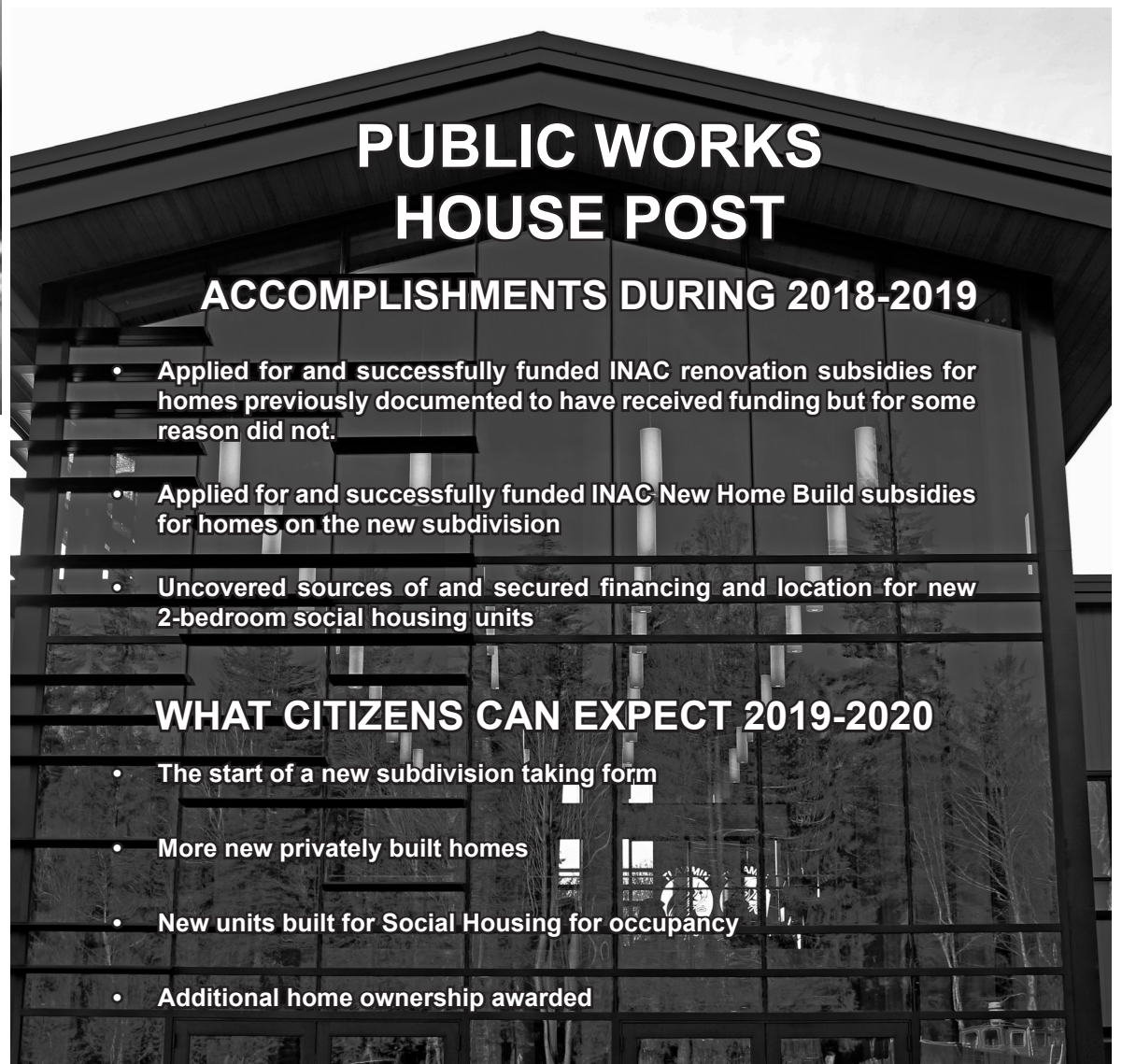
**PUBLIC WORKS
HOUSE POST**

ACCOMPLISHMENTS DURING 2018-2019

- Applied for and successfully funded INAC renovation subsidies for homes previously documented to have received funding but for some reason did not.
- Applied for and successfully funded INAC New Home Build subsidies for homes on the new subdivision
- Uncovered sources of and secured financing and location for new 2-bedroom social housing units

WHAT CITIZENS CAN EXPECT 2019-2020

- The start of a new subdivision taking form
- More new privately built homes
- New units built for Social Housing for occupancy
- Additional home ownership awarded



Tla'amin Firefighters Fight Live Fire In Sechelt



By Walter Paul, Chief, TFD

Happy New Year Tla'amin. On behalf of the volunteers in the Tla'amin Fire Department, I'd like to wish you a Happy and Healthy 2020.

2019 was a busy year for the department in regards to Training. Between January and March, 13 members obtained their Exterior Attack Certification. This training provided the group with about 80% of the skills they require to become fully certified. The group also attended Live Fire Training twice in Sechelt and a smaller group represented the department at the annual

first nation fire fighter competition in Penticton in June. Further to this, 4 more members were certified as First Responders in November.

I'd like to congratulate Erik Blaney who was promoted to Deputy Chief in early December and Byron Harry who was appointed as training officer for the department.

2020 is already looking exciting. 8 members will take their training to the next level and will obtain their Interior Attack Certification. This is the second of three steps towards becoming fully certified. Look for this training to occur at Ahms Taow during the week of January 27-31 with a

further 2 days of Live Fire Training in Sechelt the following week.

A brand new fire truck is expected to arrive in the community in mid to late February and we look forward to blessing, commissioning and putting into service by the end of March.

The dedicated group of volunteers is proud to serve the community and invite you down to the hall at any time to have a visit.

We are always in the process of recruiting new volunteers, so if this is something you may be interested in, please contact Erik or Byron.



Tla'amin Nation Research Projects on Food Fisheries, Food and Health: A Summary

- 2009** 83 members of Tla'amin Nation take part in the First Nations Food, Nutrition & Environmental study (www.fnfnes.ca)
- 2017** Initial conversations between researchers and Tla'amin Nation about new project collaborations
- 2018** Sachi and Patricia begin their projects
- August 2018** Focus group to brainstorm adaptation strategies and initiatives
- December 2018** 2 day workshop on linking fisheries, food, climate change and health
- 2019** - Follow-up meetings about projects
Sachi reports results at Open House
Funding approved for larger 4-year project
- 2020** - 4-year project scheduled to begin



Sockeye Salmon and Climate Change



Climate change is arguably the most desperate threat to sockeye salmon. One way this manifests is through "The Blob," a large mass of warm water of the northwest coast of North America that is attributed with causing some of the unusual weather conditions recently experienced along the Pacific Coast. Nutrient poor and unusually warm, the Blob has negatively affected marine life and may confuse salmon trying to find their way inland. Also, the increase of carbon dioxide in the atmosphere, and in the ocean as a result, is causing ocean acidification, which significantly impacts the salmon's food chain.

But the salmon aren't safe from climate impacts upon arrival

in Alaska, either. Warming weather has increased the temperature of freshwater streams, making salmon more susceptible to predators, parasites and disease. The heat also reduces snowpack and causes glaciers to retreat, which means the rivers and streams have less water, which makes it more difficult for salmon to travel. And shifting weather patterns have led to more severe storms and floods, which wash away salmon eggs and destroy spawning habitat.



First Nations Health Authority
Health through wellness



CIHR IRSC
Canadian Institutes of Health Research / Instituts de recherche en santé du Canada

Student: Sachiko Ouchi
Dates: November 2017 - August 2019
Academic supervisor: Anne Salomon, Simon Fraser University

Changes in Food Fish Harvest and Implications for Adaptation

Format: 24 interviews with knowledge holders & 1 adaptation strategy focus group

QUESTIONS & RESULTS



How has Tla'amin food fisheries changed over the last several decades in terms of harvesting and consumption?

We compared harvest and consumption between pre-1980 and post-1980. After 1980, food fisheries were:



More connected between different types of seafood



Less diverse (fewer types of seafood)



What are the possible drivers of these changes?

- 1) Industrial commercial activities under centralized governance
- 2) Intergenerational knowledge loss
- 3) Adaptive learning to new ecological and economic opportunities (new markets)
- 4) Trade in seafood with other Indigenous communities

Experts ranked ocean pollution and commercial overharvesting as the most important drivers of change in harvest and consumption



Focus group: What adaptation strategies are envisioned by the community?

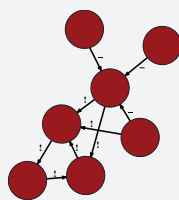
Strategies included youth and community programs (skill development, traditional foods), marine use planning, monitoring and more.

Student: Patricia Angkiriwang
Dates: August 2018 - late 2019/ early 2020
Academic supervisor: William Cheung, University of British Columbia

Linking Fisheries, Food, Health, and Climate Change

Format: 2-day workshop with 25 knowledge holders, managers, and legislators; follow-up meetings with Tla'amin Nation staff

QUESTIONS



What are the relationships and between the things that impact the abundance of seafood, the community's ability to harvest local seafood, and people's consumption of seafood as traditional food?



How could the different aspects of harvest be affected in the future? What might change in different hypothetical scenarios?



Can we use this information to better inform the implementation of strategies and initiatives, no matter what the future holds?

Major themes discussed include:

- > Teaching traditional knowledge (harvest and food prep)
- > Sustainability, awareness, and stewardship
- > Regulations and management
- > Changing environmental factors
- > Financial and physical barriers to harvesting
- > Changing priorities and attitudes



This project will develop an interactive computer tool to further discuss the future of Tla'amin fisheries, food and policy planning.

What's next?

These two projects will be used as a starting point to launch a newly funded larger 4-year project titled: "Developing Adaptation Strategies for Healthy Fisheries and Food Security for First Nations in BC Under Climate Change."

This larger initiative is a Joint project between several universities, the First Nations Health Authority (FNHA), and four participating First Nations: Tla'amin, Nuxalk, Namgis and Haida-Skidegate

The goal is to support the four participating First Nations and the FNHA to jointly develop adaptation strategies to changing food systems that align with cultural, social, ecological and health priorities.

This initiative is expected to follow up on the First Nations Food, Nutrition & Environmental Study (www.fnfnes.ca), in which 83 members of Tla'amin Nation took part in 2009.

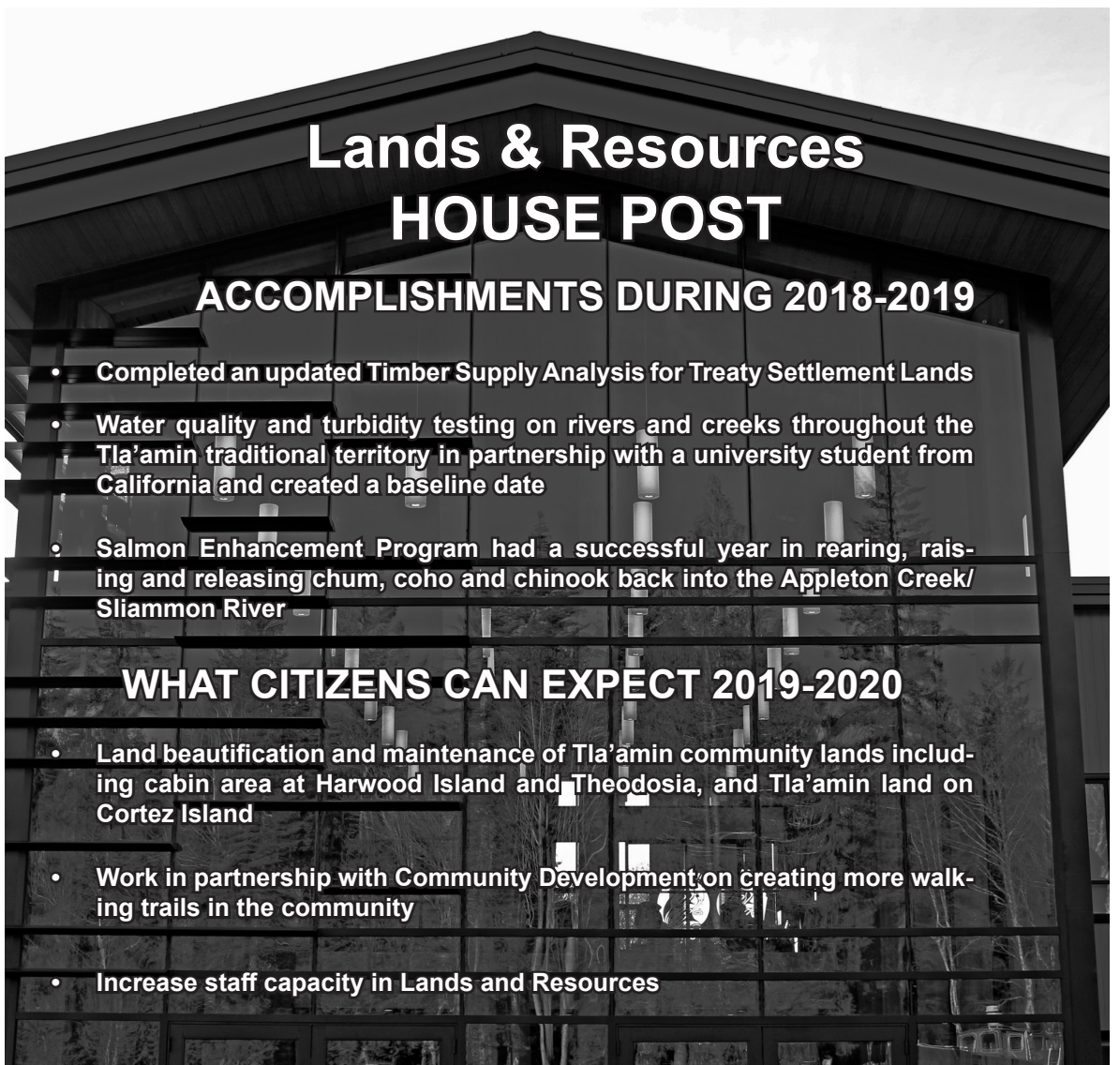
Researchers from this larger project will be in touch with Tla'amin Nation this year (2019/2020) to plan out next steps.

Executive Council

Lori Wilson

Lands & Resources House Post

It is an honour and privilege to serve you in our Lands & Resources Housepost. Some of our accomplishments: In November we got approval to amend our Real Property Tax Coordination Agreement so that we could remove the clause limiting us from setting our own property tax for our lease lands. We reached maximum capacity in our Nation's mortgage lending program through First Credit Union. This unique, tailored mortgage lending program provided citizens an option for private housing mortgages. We added lands to our Lands Department, just north of Wilde Road there was a residential private property in the middle of our Treaty Settlement Lands which we were able privately purchase from the land owner. In forestry we logged our second cutblock during a strong timber market. In fisheries we renovated and upgrade our Nahmint Raider boat and contracted it out with our prawn licence for the first time, and generated revenue of \$15,000.00. We are paying attention to the challenges and opportunities we face, and work hard as a team to generate options and solutions that are responsive to what is best for us as a nation. Thank you for your active participation in making us a stronger, vibrant nation. Emote!



Lands & Resources HOUSE POST

ACCOMPLISHMENTS DURING 2018-2019

- Completed an updated Timber Supply Analysis for Treaty Settlement Lands
- Water quality and turbidity testing on rivers and creeks throughout the Tla'amin traditional territory in partnership with a university student from California and created a baseline date
- Salmon Enhancement Program had a successful year in rearing, raising and releasing chum, coho and chinook back into the Appleton Creek/Siammon River

WHAT CITIZENS CAN EXPECT 2019-2020

- Land beautification and maintenance of Tla'amin community lands including cabin area at Harwood Island and Theodosia, and Tla'amin land on Cortez Island
- Work in partnership with Community Development on creating more walking trails in the community
- Increase staff capacity in Lands and Resources



By Lori Wilson, Executive Council

I met Grand National Chief Perry Bellegarde at the Our Gathering in Vancouver. Our Gathering is an annual provincial conference hosted by Indigenous Service Canada and Crown-Indigenous Relations & Northern Affairs Canada with First Nations Leadership Council of BC. This annual gathering is a place for First Nation community leaders and government officials to respectfully and openly discuss issues and ways of working together. Over the three days First Nations are able to engage in meaningful discussions and identify areas where we can collaborate and continue to move forward to advance our First Nation interests.



TLA'AMIN MANAGEMENT SERVICES LP

NOTICE OF

AGM

ANNUAL GENERAL MEETING

SATURDAY FEBRUARY 29, 2020

@ SALISH CENTRE

BREAKFAST @ 8:00 AM

MEETING @ 9:00 AM – NOON

Reports on the following:

- 2018 Audited Financial Statements
- Tla'amin Resorts & Accommodations Inc (Lund Hotel)
- Westview Lands
- Tla'amin Real Estate Inc.
- Pa'aje Shellfish Services LP
- Thichum Forest Products LP
- New business initiatives

♣ Doors Prizes! (Must be present to win)



Tribal Journey 2021 Update

The Tribal Journey planning committee has been busy putting together the plans for the 2021 Tribal Journey which we are hosting here in Tla'amin. So far, we have set the dates for the event as follows:

Landing Date: July 29th 2021
Protocol: July 30th 2021 – August 4th 2021

We invite any willing community members to come and sit with our committee as we prepare to host 100+ canoes, and thousands of participants. The next planning meeting is scheduled for **Friday, February 28th** at the Tla'amin Governance House starting at **1:30pm**.

In the coming months, our website will be up and functioning as the main source for information. www.paddletotlaamin.com

Tribal Journey 2020

In just 6 months, the Tla'amin canoes will set out to Snuneymuxw where a grand celebration will take place. On August 1st the Tla'amin Nation will officially take possession of the Tribal Journey staff and will be on deck to host the following year. If you are interested in being a part of this historical moment please contact Drew Blaney at drew.blaney@tn-bc.ca or Tla'amin's youth worker Shirley



Louie at shirley.louie@tn-bc.ca

Gift Making

Gift making has been ongoing for quite some time now. On Sundays, there will be a group meeting at the Elders Lodge from 11:00 onwards. Gifts include necklaces, bracelets, cedar hearts, cedar roses, little baskets, knitted cloths etc. If you are interested in helping, come on out!

Culture Nights

Cultural Nights will resume every Wednesday from 5:30-6:30 at the Salish Centre. Everyone is welcome to come out and learn the songs and dances of the Tla'amin people.

Language Games Night

You are invited to take part in a language games night on February 20th at the Tla'amin Governance House. The event will be from 4:00-6:00pm.



Tribal Journey to Campbell River Group Picture from Tla'amin Cheechlem Family. Shack Island in the background near Departure Bay.

Photo by Ann Paul

Yes, school can rule.

Register this month for Sept. 2020 - Preschool to Grade 9!



A brilliant future

Starts with a strong foundation

Three easy ways to register your child today:

1. Message the Assumption Facebook Page
2. Email the office at assump.office@shaw.ca
3. Apply online at assumptionpr.ca

AS ASSUMPTION
Catholic School



assumptionpr.ca
604-485-9894

Executive Council

John Hackett

Finance & Administration
House Post

I would like to take this opportunity to summarize and highlight some of the activities as my role as the Finance & Administration House post. There are three areas that are under this House post



1. Finance
2. Tla'amin Taxation Authority
3. Tla'amin Holdings Board/Operations Committee

Overall we are moving in the right direction in leaps and bounds. The Tla'amin Nation is in a great financial position, with all the departments completing budgets and have a five year Capital plan. Again, I would like to highlight that these are presented to the Tla'amin Nation and is open for discussion and revisions in a General Assembly forum.

In 2019, we hosted an Open House for the citizenship to have input on the Nation's budget process. We conducted a whiter-board exercise where our Nation Citizens wrote what they would see on the 5 year Capital plan as well as the budget. The final step to complete the budget process was presenting to the Nation's citizens in a General Assembly.

From reviewing our 2018-2019 Audit, I feel that we are financially in a solid place. The nation is able to provide a lot of services that were not available years ago (allocating funding towards post-secondary & programs in need.

**Finance & Administration
HOUSE POST**

ACCOMPLISHMENTS DURING 2018-2019

- Audit completed on time
- Assumed administration of citizenship/membership registry
- Professional development in excel and budget creation and maintenance, file management, microsoft outlook, conflict resolution and communications

WHAT CITIZENS CAN EXPECT 2019-2020

- Continued delivery of budget and audit in accordance with our laws
- Continuously posting new jobs as future need are identified including Enforcement Officer, Natural Resources Coordinator, GIS Specialist, Community Wellness Coordinator and language coordinator
- Continued excellent customer service

**Our Nation's Plan
Needs Your Input!**

Why a Comprehensive Nation Plan?

The totem poles unveiled in front of our Governance House in 2016 symbolizes the teachings of our **past**, our **present**, and our **future**.

Our vision of self-government, and a healthy self-sufficient Tla'amin Nation, began a long time ago with our ancestors, and leadership of the **PAST**.

It is our responsibility to recognize and uphold our culture, traditions, vision and values that were passed down to us, as the generations living in the **PRESENT**.

By contributing our ideas together, our community goals and direction, become priorities for a sustainable **FUTURE**.

Your Input Makes the Difference

Complete the Comprehensive Nation Plan survey at www.tlaaminnation.com to do your part. Results will be shared at a future CNP open house in the Spring.

By completing the CNP survey
YOU could win:
1 of 3

\$500 Grand Prizes

Rules:

- Must be turning at least 16 years of age in 2020
- Must be a Tla'amin member (554) or a Tla'amin Citizen
- Survey must be completed in its entirety.
- Survey closes at 11:59 pm on February 29th.

If you require assistance with the survey or require more information contact CNP Coordinator Steve Gallagher at 604-483-9646 ext. 138 or by email: nehmott@tn-bc.ca



**Comprehensive Nation Plan
Photo Contest**



As part of developing the 2020 Comprehensive Nation Plan, we want to see our Tla'amin Nation through your eyes.

Please share your photos capturing what you love about your community, and what makes you proud to be Tla'amin.

YOUR photos will become an important part of the 2020 Comprehensive Nation Plan as they may be published.

Prizes yet to be determined for the best photos

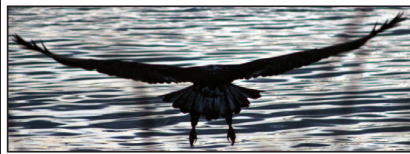
Photos could include:

- Cultural Activities
- Landscapes & Wildlife
- Community sports and recreation
- Any other ideas that you feel are representative of Tla'amin Nation.

Rules:

- Must be a Tla'amin member (554) or a Tla'amin Citizen
- 5 pictures maximum per email entry-no filtering or editing
- **Photo Contest closes at 11:59 February 29th**

Email photos to CNP Coordinator Steve Gallagher at nehmott@tn-bc.ca. Include your name, phone number and a caption for each picture. Please add **PHOTO CONTEST** in the subject line. Good luck!



**SUPERBOWL
2020**

KICK OFF PARTY

@ 2 PM

\$5 Appies

\$5 Beers

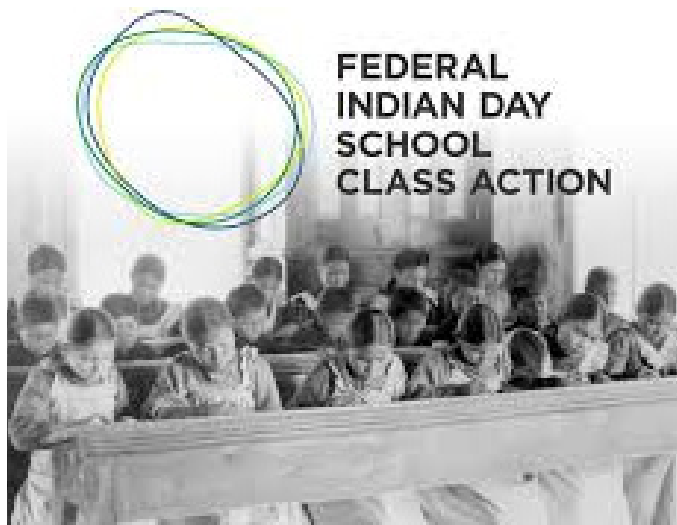
\$25 Jugs of Draft

PRIZES EVERY QUARTER

Chili challenge - bring your best to share!

STAY OVER WITH US FOR ONLY \$49

LUND RESORT AT KLAH AH MEN | 604-414-0474



FEDERAL
INDIAN DAY
SCHOOL
CLASS ACTION

Indian Day School Class Action Claim Forms

New Claim Forms Available at:

- Tla'amin Governance House: 778 762 0912
- Tla'amin Health front desk: 778 657 5921
- Tla'amin Justice Program: 778 762 5246

Below are List of Agencies that will assist in filling out forms, please phone numbers listed to make appointments:

Poverty Law: Joyce Percey @ 604 485 0950 please call for appointment - Joyce will deal with Level of Harms # 2, 3, 4, 5 of the claim form. Poverty Law Office is Above the PR Library @ 4801 Joyce Avenue.

Note: Joyce and Deborah will be booking two appointments a week at the Tla'amin Health or you can meet Joyce at her office in town above the library.

Victim Services: Deborah Sketchley 604 485 2620 please call for appointment - Deborah will deal with Level of Harms # 2, 3, 4, 5. Victim Service Office is also above the PR Library @ 4801 Joyce Avenue.

Social Development: 778 762 5243 Maureen will only deal with Level of Harms # 1 of the claim form. Please call for appointment.

CAUTION!!!

Filling out this Claim Form May Be Emotionally Difficult or Traumatic for Some People.

If you are experiencing emotional distress and want to talk, free counselling and crisis intervention services are available from the HOPE FOR WELLNESS LINE: 1 855 242 3310 or online @ www.hopeforwellness.ca

Or please call Tla'amin Health for counselling services availability @ 778 657 5921 or call Victim Services for referrals to counselling: 604 485 2620.

If you have any questions or need referrals, please contact Justice Program @ 778 762 5246

Request for the development of a Logo for

Qames ʔəms Tala Settlement Trust

Submission deadline: Friday February 28, 2020 at 4:00 pm

The Qames ʔəms Tala Settlement Trust manages a large amount of funds for the Tla'amin Nation. Interests of these funds are used for the pursuit and generation of economic opportunities for the Tla'amin Nation.

Individuals will receive \$100 as compensation for their work, and may submit up to 3 pieces for consideration. The artist will receive \$100 for the submission, not per item submitted. The ownership of the artwork remains with the artist, unless their art is chosen as the new logo. The artist of the selected logo will receive \$500, after which Qames ʔəms Tala Settlement Trust obtains the ownership of the artwork.

For more information and to receive a package with design criteria please contact Kristi Thiele at kristi.thiele@tn-bc.ca or 250-686-3163.

James Thomson Calendar

Thur, Feb. 6th

Gr. 6/7 Basketball Game @ Assumption

Thur, Feb. 13th

Student-Led Conferences, early dismissal at noon; conferences in afternoon and evening

Fri, Feb. 14th Pro-D Day (No school)

Mon, Feb. 17th

BC Family Day (No school)

Mon, Feb. 24th

Festival of the Performing Arts commences – class involvement TBA (via classroom teachers)

Anti-Bullying week commences

Pink Shirt Day TBA

Tue, Feb. 25th

Gr. 6/7 Basketball Wrap-Up at Westview Elementary (1pm-4pm)

Fri, Feb. 28th

French Immersion Kindergarten Applications Due

School Assembly 1:30pm

(Focus on Kindness)



Bullying Stops Here! PINK SHIRT DAY FEBRUARY 26TH

Bullying is a major problem in our schools, workplaces, homes, and over the Internet. Each year, on Pink T-Shirt Day, I encourage all of you to wear something pink to symbolize that we as a society will not tolerate bullying anywhere. Take the message and remember it all year long.

It is so important that victims of bullying know they are not alone and there is help and support available. Wearing a pink shirt on this day sends a strong message to them that others care. Often, the simple act of wearing a shirt can start conversations - conversations can be a big step towards healing and helping!



Happy Valentines Day



Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme



Left to right: Mervin Banting (pharmacist) Monica Pagani (Home Care Coordinator, Tla'amin Health) Timothy Lim (pharmacist) Mary Koehle (pharmacy practicum student) Anna Yee (pharmacist).

A Pharmacist is Coming to Town

After many months of planning and community engagement, Community-driven Clinical Pharmacist Services (CCPS) are now available in the Tla'amin community. This project is the result of a partnership between Tla'amin Health and The University of British Columbia Faculty Of Pharmaceutical Sciences.

What does this mean? It means you can make an appointment with a pharmacist at Tla'amin Health to review your medications, to ensure they are safe and are helping you. The appointment will provide one-on-one time for you, and anyone you might choose to bring for support, with the pharmacist.

Ask questions. Get answers. The pharmacist will work with the rest of your healthcare team to address any issues

that might arise. If you feel you might benefit from a thorough medication review, or would like more information about this new health service, please call Monica RN, or Mika RN at Tla'amin Health, 604 483 3009.

Prescription Tip

You should use only one pharmacy to fill your prescriptions. That way, you will have a single, complete source for all of your medications. The pharmacist will be more likely to pick up potential interactions among them and contact your doctor if needed. This applies to OTC as well as prescription drugs.

Youth / Elder VIDEO PROJECT

In partnership with students from SD47, Elders will be recorded sharing:

- Stories
- Legends
- Traditional foods
- Traditional upbringing
- Protocols (ie canoe, naming)
- Traditional hierarchies and decision making
- Where you used to live in different seasons
- Food gathering
- Recipes
- Advice, words of wisdom
- Soccer
- Geography

Or anything else you want to share. You may also bring in photos of family or memorabilia. Recording will be done at Brooks High School, transportation provided.

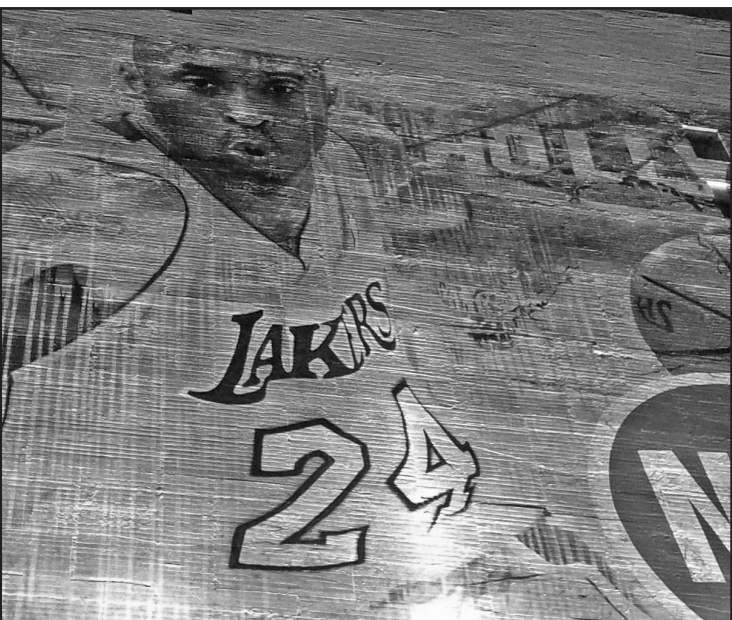
Please speak to Doreen Hopkins, Tyler Peters, Karina Peters or Amy Vaughan for more information.

Recording sessions will take place in the mornings on Wed Feb 5, 12, 19, 26, March 4, 11, April 1, 8.



Elders Focus on Comprehensive Nation Plan

On January 28th the elders gathered in the morning to share their vision on what they would like to see happen in the next five to ten years under self government. The Community Engagement Strategy will also capture youth, community members, staff and leadership.



"These young guys are playing checkers. I'm out there playing chess." **Kobe Bryant - RIP MAMBA!**

MEN'S CIRCLE

A place where men can share as an equal and be heard in a compassionate manner with dignity and respect. Learn how to cope and manage stress, life skills, or need a sounding board, then this circle is for you. Open to the men of the community.



Health Centre Tuxahmiy Room
Every Wednesday 7:30 – 9:00 pm

For more info contact Frank Osawamick
@ Tla'amin Health
604-483-3009 ext. 113

KNOWLEDGE + SKILLS + CONFIDENCE

put life back in your life

Chronic Conditions Self-Management Program



- ✓ Learn to better manage your health
- ✓ Set goals and problem solve
- ✓ Communicate effectively with your health care team
- ✓ Take action and live a healthy life!

FREE Six-Session Workshop for Adults with One or Multiple Chronic Conditions

Family Members and Friends Welcome

DATES/TIME: Wednesdays, February 5 to March 11, 2020
3:30pm to 6:00pm

LOCATION: Tla'Amin Community Health Centre
4895 Salish Drive, Powell River

TO REGISTER: 1-866-902-3767 or 604-940-1273
selfmanagementbc.ca

Connect with us: [f @SelfManagementBC](#) [t @SMPatUVic](#)

Self-Management BC programs follow a scent-free policy. For the health and consideration of other participants, please refrain from wearing fragrances in our workshops. Thank you!



Self-Management BC is supported by the Province of British Columbia



February is Heart Health Month



*By Brenda Pielle
Youth and Family Advocate*

Valentines' Day is a fun reminder to think about the hearts of everyone in the family. To me this means thinking about our physical health as well as our emotional health. In today's world of advances in technology, we as people are at risk in both of these areas.

For physical health it is important for us all to take the time to do some physical exercise for our heart's sake. For previous generations, getting water with a bucket for cooking or cleaning, or cutting wood before being able to cook, or hunting and gathering in order to have food, meant that there was more physical activity required for day to day life. Now we can turn on a tap and push a button or a switch on a machine, and things are done for us. Remote controls mean we do not have to move from where we are in order to change the channel on the TV. We have to make more of a deliberate decision to move our bodies. It is great if we as parents can model for our children and youth a lifestyle that includes some exercise. Regular activity at a young age also helps our children to develop a healthy lifestyle that they can continue as they get older. Regular exercise is good for our heart health, good for our stress management, and good for our brain functions. Encourage your children and youth to limit

their screen time, put down their devices and video games, and have some fun with cycling, walking, swimming, or any other sports or activities.

As well as distracting us from our exercise time, electronic devices can take away from our "connection with each other" time. It is not unusual today to go to a restaurant, see a family of four sitting at a table, and see each person looking down at a cell phone with no one at the table

interacting with each other. We need to connect with each other. We need to talk with each other. We especially need to talk with our children and youth. This is good for their emotional health, and ours. Our hearts need to give and receive lots of love. It is so important for our youth and children to be told again and again that they are loved. One of the ways we can show our love is to put down our own phones, or put aside whatever else we are busy doing, and take some time to check in with our young people. They might not talk with us right away, but if we are patient and show them again and again that we can make time for them, we will start to see our young people open up to us.

As parents we need to take the time to love ourselves and love each other. Sometimes we can get so focused on the children and young people in the home, we forget to tell our partner or spouse that we love and appreciate him or her. Maybe making a cup of tea or coffee for your "significant other" might be a simple gesture that means a lot in a given moment of your family life. For single parents, you have a double job. Give yourself a pat on the back or give yourself a hug. Make sure you take some time for yourself.

I wish you and your family lots of love, activity, and a "heart smart" month of February



Elders Corner

Tla'amin Elders Calendar

Location: Tla'amin Health
Every Tuesday 11:00am - 1:00pm
Lunch included

February 4th, 2020 Guest Speaker: Hegus Clint Williams

February 7th, 2020 (Friday) – Kimberley Gage – Senior Fitness – Time: 9:00 -9:30a.m.

February 11th, 2020 – Musician Guests: George and Collen Cox

February 18th, 2020 – NO Elders Day Program

Cultural Family Day Celebration (Carving, Weaving, storytelling, drumming and singing)

Location: Gym

Time: 3:00 p.m. To 7:00 p.m.

Dinner included

February 21, 2020 (Friday) – Kimberley Gage – Seniors Fitness – Time: 9:00-9:30a.m.

February 25th, 2020 (Tuesday) – Elders Day Program-Bingo

If you are 60 and over, you are welcome to attend the Elders Luncheon. However, please call and confirm attendance by Monday, if you wish to join us for lunch on Tuesday. This is to ensure the cooks have prepared enough lunch for those in attendance.

Fundraiser

Elders are continuing to fundraise - and still have a supply of Blue T-Shirts for sale. \$25.00 each

Elders will be selling 50/50 starting on February 1st, 2020 to be drawn on April 7th, 2020. Looking for people to sell tickets.

If you wish to visit the elders and do a presentation, please call and we will work out a date and time.

"Go see your granny and granpa"
Hoga kwoot tath chich yeh and kook pah

Doreen Hopkins
Tla'amin Elders Coordinator
604-483-3009 ext. 126
doreen.hopkins@tn-bc.ca

Winter Fitness Sessions February 2020



Tuesdays 4:45 pm - 5:45 pm at the GYM

Thursdays 12:00 - 12:45 pm at the GYM

Open to all adults, all fitness levels.
Community Members and Staff!

Call 604-483-3009 for more info
or visit the Tla'amin Health
facebook page



Fun Facts About Ravens

1. Ravens are one of the smartest animals.

When it comes to intelligence, these birds rate up there with chimpanzees and dolphins. In one logic test, the raven had to get a hanging piece of food by pulling up a bit of the string, anchoring it with its claw, and repeating until the food was in reach. Many ravens got the food on the first try, some within 30 seconds. In the wild, ravens have pushed rocks on people to keep them from climbing to their nests, stolen fish by pulling a fishermen's line out of ice holes, and played dead beside a beaver carcass to scare other ravens away from a delicious feast.

2. Ravens can imitate human speech.

In captivity, ravens can learn to talk better than some parrots. They also mimic other noises, like car engines, toilets flushing, and animal and birdcalls. Ravens have been known to imitate wolves or foxes to attract them to carcasses that the raven isn't capable of breaking open. When the wolf is done eating, the raven gets the leftovers.

3. Europeans often saw ravens as evil in disguise.

Many European cultures took one look at this large black bird with an intense gaze and thought it was evil in the flesh. In Germany, ravens were the incarnation of damned souls or sometimes Satan himself. In Sweden, ravens that croaked at night were thought to be the souls of murdered people who didn't have proper Christian burials.

4. Ravens have been featured in many myths.

The Chinese said ravens caused bad weather in the forests to warn people that the gods were going to pass by. And some Native American tribes worshipped the raven as a deity in and of itself. Called simply Raven, he is described as a sly trickster who is involved in the creation of the world.

5. Ravens are extremely playful.

The Native Americans weren't far off about the raven's mischievous nature. They have been observed in Alaska and Canada using snow-covered roofs as slides. They often play keep-away with other animals like wolves, otters, and dogs. Ravens even make toys—a rare animal behavior—by using sticks, pinecones, golf balls, or rocks to play with each other or by themselves. And sometimes they just taunt or mock other creatures because it's funny.

6. Ravens do weird things with ants.

They lie in anthills and roll around so the ants swarm on them, or they chew the ants up and rub their guts on their feathers. The scientific name for this is called "anting." Songbirds, crows, and jays do it too. The behavior is not well understood; One thing seems clear, though: anting feels great if you're a bird.

7. Ravens use "hand" gestures.

It turns out that ravens make "very sophisticated nonvocal signals," according to researchers. In other words, they gesture to communicate. A study in Austria found that ravens point with their beaks to indicate an object to another bird, just as we do with our fingers. They also hold up an object to get another bird's attention. This is the first time researchers have observed naturally occurring gestures in any animal other than primates.

8. Ravens are adaptable.

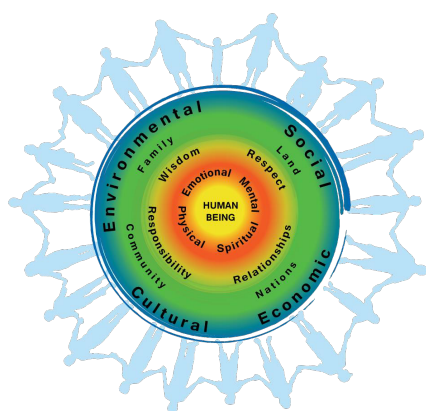
Evolutionarily speaking, the deck is stacked in the raven's favor. They can live in a variety of habitats, from snow to desert to mountains to forests. They have few predators and live a long time: 17 years in the wild and up to 40 years in captivity.

Ravens mate for life and live in pairs in a fixed territory. When their children reach adolescence, they leave home and join gangs, like every human mother's worst nightmare.

Tla'amin Family Day Celebration

Feb 18th 3:00pm - 7:00pm

Salish Center



An opportunity to celebrate Tla'amin identity and belonging
with your family and community

- ❖ Elders' Storytelling
- ❖ Language Games
 - ❖ Drumming
 - ❖ Carving
- ❖ Childrens' Activities
 - ❖ Dinner

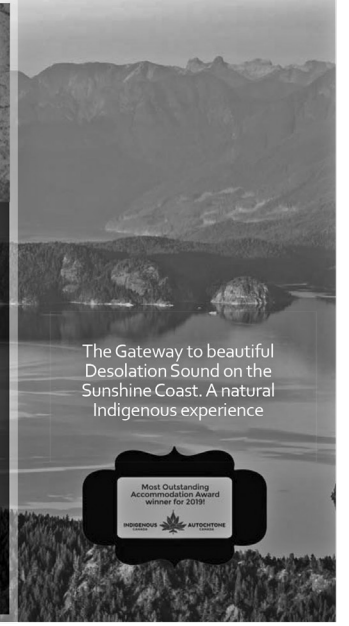
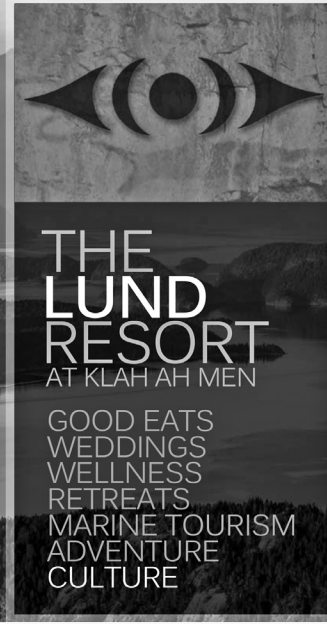
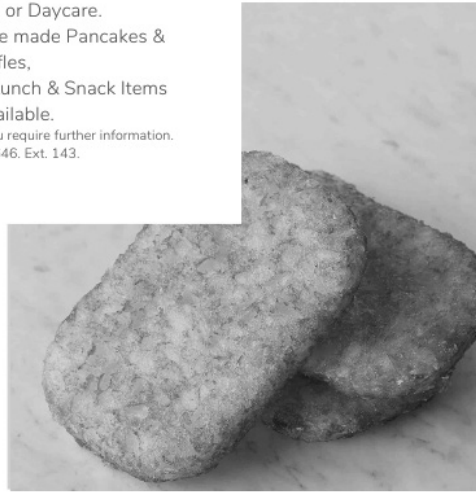
All Welcome!!

Serving up Wellness in Tla'amin



QwAGƏ ʔƏLTƏN TIN QAJEKwI TITIWŚEM

Open every morning, 7:00 am, at Ahms
Tahow for Children & Students who
attend School or Daycare.
Hash-browns, Home made Pancakes &
Waffles,
Cold & Hot Cereal, Lunch & Snack Items
also available.
Contact Brandi Marriott if you require further information.
(604) 483-9646. Ext. 143.



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The Gateway to beautiful
Desolation Sound on the
Sunshine Coast. A natural
Indigenous experience



stay play & eat

The hush of winter is blanketing the quaint seaside village of Lund with moody, soft colours and cool weather. What a perfect time to steal away for a few days of relaxation as the wild Salish Sea of Desolation Sound envelopes you in its magic. Winter in Lund is rest and refuge with a ferry and stay package from \$155 per night, double occupancy. Includes: one - \$25 BC Ferry Gift Card, PLUS one \$25 Back Eatery credit per room, per stay valid towards lunch or dinner and complimentary self-parking. Available now to April 30, 2020

Reserve your peace today (604) 414-0474 | 1.877-569-399 | lundresort.com



Yəčətčx^w Taθ Piču You fill up your basket

OPENING SOON! TLA'AMIN FOOD BASKET INITIATIVE

Opening day will be at the Tla'Amin Salish Centre Building:
4895 Salish Drive.

Date to be determined.

We will be open weekly on
Tuesday, Wednesday and Thursday from 10:00 am to
2:00 pm, hours may change.

**THE TLA' AMIN FOOD BASKET INITIATIVE
IS DIFFERENT FROM THE POWELL RIVER
FOOD BANK, HOWEVER IT WILL STILL
OFFER THE SAME OPTIONS.**

Come and join us for a bowl of soup,
and delicious bread!
A gathering for Community Members
and Staff,
All Welcome!

TLA' AMIN SOUP SPOT

February 12, 2020
Wednesday • 11:30 A.M.
Tla'Amin Salish Center

*If you would like to volunteer
contact Brandi Marriott at
604-483-9646 Ext. 143.*

For more inquiries about the Food Basket Initiative or volunteer work,
please contact:
Brandi Marriott at (604) 483-9646 Ext. 143. or brandi.marriott@tn-bc.ca

Tla'amin Nation Executive Council Minutes

November 20th, 2019

Council Chambers, Governance Building

Attendance: All Executive Council

Resource: Rod Allan, Losa Luaifoa

Guests: Murray Browne, Denise Smith, Arnie Courtenay

Hegus Williams called the meeting to order at 9:07 am.

A. APPROVAL OF AGENDA:

Motion to adopt the agenda with the addition of the following items: "November 13, 2019 Executive Council Minutes" and "BC Assessment".

Moved by Councillor L. Wilson

Moved by Councillor T. Wilson

CARRIED

B. MINUTES:

Motion to adopt the October 16, 2019 Executive Council (EC) minutes.

Moved by Councillor J. Hackett

Moved by Councillor L. Wilson

CARRIED

Motion to adopt the November 13, 2019 EC minutes.

Moved by Councillor L. Wilson

Moved by Councillor T. Wilson

CARRIED

C. PRESENTATIONS:

1. Ticketing and Enforcement

Murray Browne and the Lands Manager provided an update on Ticketing and Enforcement.

The following points were highlighted:

- There is an uncertainty when enforcing First Nations treaty laws and it is not clear what happens when fines and tickets are challenged in court.
- A directive to enforce Tla'amin laws was recently sent to the Powell River court system from the Chief Judge of the Provincial Court.

The following was discussed and suggested:

- Notification of the directive to the Powell River court system be posted in the community and in the local paper.
- Enforcement Officer(s) be equipped with a dash cam and cell phone.
- Signs be erected to identifying Tla'amin lands i.e. "You're entering/leaving Tla'amin".

2. Action Plan and Longhouse

Dillon Johnson, Temixw Consulting, provided a presentation on the following items:

Action Plan: The Action Plan was submitted to Canada and the feedback received was positive. Approval should be received by the end of December and the next step will be to submit the Action plan and get a Request for Proposals drafted for the 5-plex units.



Brooks Leadership Group Prepares for the Comprehensive Nation Plan Open House on December 11th

Longhouse: Sketches for the longhouse project are in process.

3. Master Carver Project

The Cultural Manager provided an update on the Master Carver project noting that master carver Calvin Hunt will be meeting with Tla'amin on November 29. The special project will be a contract requiring approximately 80 hours.

EC by consensus, recommends that \$200k be proposed to the Finance Committee to be committed to the 2021 Tribal Journey.

4. New Spaces Funding – CDRC

Nathan Jantz, Marlane Christensen and Janet Newbury, provided an update on the CDRC Expansion Project. The group explained the proposed plan to EC including the potential land transaction necessary to complete the expansion on the far side near the playground. The Lands department will continue to work with the Certificate of Possession (CP) holder.

D. NEW BUSINESS:

1. Administration & Finance

i. Administration & Finance Policy

The policy has been approved in principle and the Chief Administrative Officer (CAO) has requested that Executive Council (EC) work towards final approval.

Action: Finance Committee and Chief Financial Officer to be invited to attend the December 4 EC meeting to adopt the Administration & Finance Policy.

Action: Invite Lands staff to the December 4 EC meeting to discuss Fee Simple Lands.

ii. Approval of Salish Centre Equipment

Motion to approve the purchase of a stage for the Salish Centre.

EC, by consensus, approved the purchase of a stage for the Salish Centre.

iii. Klahanie Specific Claim RBC New Account Application

EC signed RBC Dominion Securities documents to complete the process to open a new account for the Klahanie Specific Claim Settlement monies.

iv. Governance Review Proposal

EC discussed the proposal from Sheldon Tetreault and recommended including Sheldon in the Gap Closing Plan work.

Moved by Councillor J. Hackett
Moved by Councillor L. Wilson

CARRIED

2. Community Services – A sewer proposal from OPUS is pending. When OPUS was removed as the engineers for the City of Powell River, the Nation remained connected with the company. The original sewer plan was to put in place piping to Townsite; however, the plan has since changed and piping is only needed to the lagoon (Wildwood). Hegus Williams suggested OPUS provide an update to EC at a future meeting.

Action: Request a meeting with OPUS for an update.

3. Fisheries & Hatchery – Joint Fisheries Committee meeting is scheduled for December 12.

4. Lands - The CAO advised that BC Assessment appraisal staff will visit Nation properties to conduct site inspections for the 2020 Assessment Roll. Lands staff will accompany the representative for the site inspections.

5. Social Development – EC was requested to approve an increase to the Nation's Social Assistance rates (following the province's increase in June, 2019) and discuss January's cheque issue since the office will be closed.

EC, by consensus, approved the following:

Motion to increase Tla’amin Nation’s Social Assistance rates equivalent to provincial rates, as per the recommendation of the Social Development Worker.

Motion to follow the same procedures from 2018 for January’s cheque issue (social assistance recipients).

6. Taxation – Councillor J. Hackett provided the following Taxation summary for 2019:

- Property Tax Agreement was amended which allows the Nation to be free to set its own rates.
- Three meetings with the tax payers were held and there were no issues raised.
- The Property Tax notice was sent out.

E. HOUSE POSTS:

1. Lands & Resources – Councillor Lori Wilson provided the following report:

- November 25 – Natural Resources Committee meeting.

2. Finance – Councillor John Hackett provided the following report:

- December 3 or 4 – Finance Committee meeting will be scheduled.

3. Community Services – no update provided.

4. Public Works – Councillor T. Wilson provided the following report:

- November 29 - Housing Committee meeting – 1:30 pm
- Fire department – positive feedback from the community regarding the Nation’s Halloween events.

5. Economic development – Hegus Williams provided the following report:

- Lund Resort
 - i) Scheduled meeting with qathet Regional District to discuss the installation of two washrooms as part of the grocery store relocation project. The cost is estimated at \$150k.
 - ii) The resort received the Outstanding Indigenous Accommodation award.

F. HEGUS’ REPORT:

- **Meetings/events attended in October:**
 - Met with Premier Hogan, Finance Minister, Minister of Agriculture and Forest, Lands, Natural Resources Operations Assistant Deputy Minister, John Allan at the BC Cabinet and First Nations meeting and conference in Vancouver.
 - Met with Horizon North in Vancouver. A tour of the facility is planned for in Kamloops.
 - November 12 – Care Facility meeting.
 - Met with Minister Donaldson.
- Nisga’a Nation have signed up with the Alliance of BC Treaty Nations (ABCTN) meaning all treaty nations are now part of the alliance. The next meeting is scheduled to be held in the Nisga’a territory.



Ariya, Taliyah and Ryder take advantage of the activity table at the December CNP Open House

- The new boat should be ready before December (Lifetimer Boat).
- 5 Ton Hiab truck should be completed by the end of November.
- A huge thank you to Makaela Gallagher for representing the Nation at the Remembrance Day ceremony.
- Draft memorandum of understanding with Western Forest Products is almost ready for signature.

G. ADJOURNMENT

*Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED*

Meeting adjourned at 2:08 pm. The next EC meeting is Wednesday, December 4th, 2019 at 10:00 am.

Powell River RCMP Non-Emergency (604)485-6255		In Case of Emergency Call 911
DEC 01	HOMALCO RD	Police responded to a report of a possible breach of conditions. After investigation it was determined that no breach occurred.
DEC 04	HWY 101	Police responded to a request for assistance from BC Ambulance Service.
DEC 04	HWY 101	Police received a report of an erratic driver. Police were unable to locate the suspect vehicle.
DEC 05	HOMALCO RD	Police responded to a report from Canada Post that mailboxes had been damaged.
DEC 10	HWY 101	Police responded to a report of shots fired.
DEC 14	HARWOOD DR	Police responded to a report of an assault.
DEC 17	HOMALCO RD	Police responded to a report of a possible break and enter. After investigating, it was determined that no break and enter had taken place.
DEC 17	HARWOOD DR	Police responded to a report of a disturbance. A male was arrested, lodged in cells and released the following morning without charges.
DEC 21	RIVER RD	Police responded to a request to check wellbeing.
DEC 21	BEACH RD	Police responded to a report of an unwanted person in a residence.
DEC 21	HOMALCO RD	Police responded to a report of a disturbance at a residence.
DEC 22	WATERFRONT RD	Police responded to a report of an assault. This matter is still under investigation by Police.
DEC 22	HOMALCO RD	Police responded to a report of a missing person. The person was located the following day.
DEC 23	HWY 101	Police responded to a report of an intoxicated female. Police attended, but were unable to locate the female.
DEC 24	HWY 101	Police responded to an alarm at a business. It was determined to be false.
DEC 26	WATERFRONT RD	Police responded to a report of a disturbance.
DEC 29	WATERFRONT RD	Police assisted Conservation in trying to locate an injured bear.
DEC 30	HWY 101	Police responded to a request for assistance from BC Ambulance Service.
DEC 31	RIVER RD	Police responded to a report of a disturbance at a residence.
JAN 02	HOMALCO RD	Police responded to a report of an assault. After investigation it was determined to be a consensual fight.
JAN 03	HWY 101	Police responded to an abandoned 911 call. Police attended and determined there was no emergency.
JAN 05	KLAHANIE DR	Police responded to an abandoned 911 call. Police attended and determined there was no emergency.
JAN 08	SALISH DR	Police responded to a report of an attempted theft.
JAN 10	HWY 101	Police responded to a driving complaint.
JAN 14	HOMALCO RD	Police responded to a report of mischief to a mailbox. The report was determined to be unfounded.
JAN 18	HWY 101	Police responded to a report of a traffic hazard on the highway.

Tla'amin Nation Executive Council Minutes

December 4th, 2019

Council Chambers, Governance Building

Attendance: All Executive Council

Resource: Rod Allan, Losa Luaifoa

Guests: Drew Mildon, Ali Taleb

Hegus Williams called the meeting to order at 9:06 am.

A. APPROVAL OF AGENDA:

Motion to adopt the agenda with the addition of the following items: "Finance Committee" and "Christmas Dividend".

Moved by Councillor T. Wilson

Moved by Councillor L. Wilson

CARRIED

EC adjourned temporary at 9:12 am to address an in-camera item.

B. MINUTES:

Motion to adopt the November 20, 2019 Executive Council (EC) minutes.

Moved by Councillor J. Hackett

Moved by Councillor L. Wilson

CARRIED

EC reconvened to the regular meeting agenda at 10:08 am.

C. PRESENTATIONS:

1. Tla'amin Management Services LP (TMSLP) Update – Item moved to in-camera.

2. Biomass to Renewable Natural Gas Project

Ali Taleb, Mechanical Engineer and Grace Adams, TMSLP, provided a presentation to EC regarding the production of biogas from the burning of wood (stumpage) for distribution through Fortis BC gas lines.

EC, by consensus, agrees to engage in a feasibility study for this project to a maximum of \$10k.

Sliammon Lake Dam

The dam on Sliammon Lake has to be refurbished. The Nation could become its own provider of electricity to the Nation only. Ali offered his assistance for the dam project.

D. NEW BUSINESS:

1. Administration & Finance

i. Administration & Finance Policy

The Finance Committee explained the 5 key points for proposed changes to the Administration & Finance Policy:

- Increase in transparency
- Provide a better balance between privacy and transparency
- Clarity of roles of the Chief Administrative Officer and Finance
- Ensure best value for money by tightening up vendor regulations
- Make dispute challenges



A few of the proposed changes are as follows:

- Transparency of programs available to citizens through posting of information from those programs.
- Business plans strengthened to protect EC. Annual review of economic development plans and all plans be forwarded to Finance Committee for the additional check mark.
- Tender be added for unbudgeted transactions over \$10k.

Motion to approve the Administration and Finance Policy.

Moved by Councillor T. Wilson

Moved by Councillor L. Louie

CARRIED

*Note: the "Administration and Finance" policy replaces the previous Finance and Administration policy and Personnel policy.

ii. BC First Nations Gaming Revenue Agreement

EC endorsed Resolution #21-2019 which authorizes the Nation to enter into the Joinder Agreement and a limited partnership with the province to receive gaming revenue.

The following was noted:

- This funding cannot be used for per capita distributions.
- The funding is specific to projects and will be controlled by the Nation.

Motion to approve Resolution #21-2019.

Moved by Councillor L. Wilson

Moved by Councillor L. Louie

CARRIED

iii. New Spaces Funding Application

EC is requested to approve in-principle, a funding application to New Spaces for an expansion to the Child Development Resources Centre.

EC, by consensus, approves in-principle, a New Spaces funding application with the stipulation that EC review the final application prior to submission.

iv. Bank of Montreal Increase to Mortgage Program

EC endorsed Order #15-2019 to approve the increase to BMO's mortgage program limit from \$250,000 to \$300,000.

Moved by Councillor L. Wilson

Moved by Councillor T. Wilson

CARRIED

v. Christmas Dividend Increase

A request to increase the \$50 Christmas dividend for members/citizens was reviewed. It was resolved that an increase has to go through a formal process and it is too late to implement an increase for 2019.

Action: CAO/staff to develop regulation for dividends.

2. Culture:

i. Log Purchase Agreement (Longhouse Project)

EC reviewed the Log Purchase Agreement (quote) for cross beam logs for the Nation's Longhouse project. The quote is \$236,500.00 to \$347,500.00 plus taxes.

It was suggested that an inquiry be made with Western Forestry Products (WFP) about a flight tour to seek out and, potentially access the logs through a free use permit.

EC recommended that more quotes be forwarded for consideration.

Action: CAO to look into kiln (Roberts).

Action: Councillor J. Hackett to talk to WFP.

ii. Shelter Point Longhouse

The CAO inquired with EC if there were any objections to providing in-kind, the drawings of the Shelter Point Longhouse to the City of Powell River. EC expressed no objections. The City also requested a letter of support of the Shelter Point longhouse initiative.

Action: CAO to draft letter of support and forward drawings to the City of Powell River.

3. Economic Development:

i) Organics Processing Facility – Request for letter of support to the Qames ʔəms tala Settlement Trust. EC has no issues with providing a letter of support.

Councillors J. Hackett and L. Wilson declared a conflict and abstained from the discussion.

ii) EC Resolution #22- 2019 re: Tla’amin Capital Assets Inc. (“TCAI”) and Tla’amin Timber Products Ltd. (“TTPL”) Board Members.

Moved by Councillor T. Wilson

Moved by Councillor L. Louie

CARRIED

EC Resolution #23-2019 re: Tla’amin Capital Assets Inc. Annual Resolutions – Tabled.

EC Resolution #24-2019 re: Tla’amin Timber Products Ltd. Annual Resolutions –Tabled.

Action: CAO to confirm wording of EC Resolutions #23-2019 and #24-2019 and bring back to EC.

4. Education: Brooks Leadership program will participate in the Community Nation Plan (CNP) work by providing a perspective from the youth.

5. Fisheries & Hatchery: The hatchery missed the Chum egg intake quota for the year. The quota was 1M to 5.3M. The hatchery recorded 380,000.

6. Forestry: In the spirit of collaboration and working together business wise, a memorandum of understanding has been drafted with Western Forest Products (WFP). WFP will be supportive in the Nation’s effort to acquire more wood.

Motion to endorse the Western Forest Products Memorandum of Understanding.

Moved by Councillor L. Wilson

Moved by Councillor T. Wilson

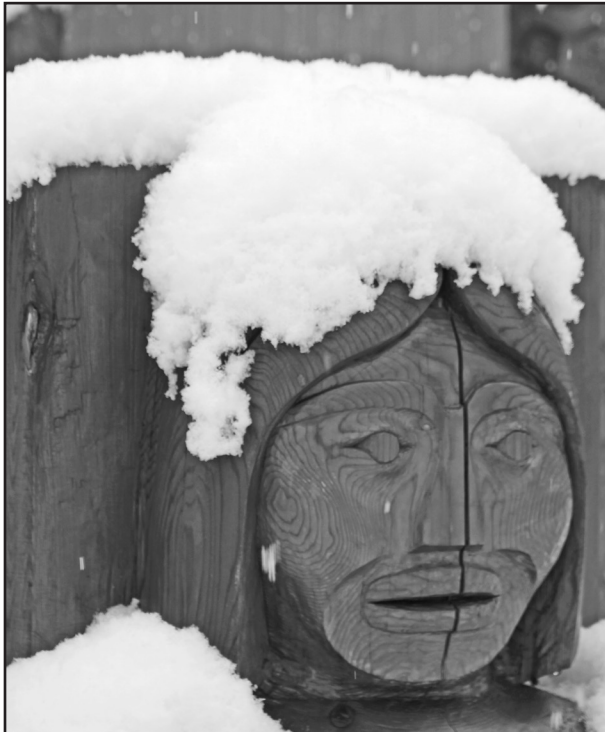
CARRIED

7. Housing: The Housing Manager presented the following proposals for EC’s consideration and endorsement:

Multiplex Building: Request for \$250k for infrastructure costs (foundation, plumbing, sewer and water) on Salish Drive, in preparation for the construction of 2 multiplex buildings. The Housing Manager advised that this initiative is contingent on gap funding approval and she also advised that she submitted an application for government funding as well.

Legacy Housing Initiative: Request for funding to renovate all Nation houses to address past housing missteps with the understanding that these houses will eventually be passed down to the Nation’s children and grandchildren. Our children and grandchildren should inherit houses in better condition.

EC discussed the need to present the proposal(s) to the community due to the substantial amount of funding required.



EC, by consensus, recommend the proposals be presented to the Finance Committee.

8. Justice & Enforcement: The Nation will be meeting with the Ministry of Indigenous Relations and Reconciliation (MIRR) on Friday, December 6 in Victoria.

9. Lands:

EC approved the following Orders for home ownership:

a) Motion to approve EC Order #17-2019 re: Home ownership for member.

Moved by Councillor J. Hackett

Seconded by Councillor L. Wilson

CARRIED

b) Motion to approve EC Order #18-2019 re: Home ownership for member.

Moved by Councillor L. Wilson

Seconded by Councillor L. Louie

CARRIED

c) Motion to approve EC Order #19-2019 re: Home ownership for member.

Moved by Councillor L. Wilson

Seconded by Councillor L. Louie

CARRIED

d) Motion to approve EC Order #20-2019 re: Home ownership for member.

Moved by Councillor J. Hackett

Seconded by Councillor T. Wilson

CARRIED

e) Motion to approve EC Order #21-2019 re: Home ownership for member.

Moved by Councillor T. Wilson

Seconded by Councillor J. Hackett

CARRIED

E. HOUSE POSTS:

1. Lands & Resources – Councillor Lori Wilson provided the following report:

- December 12 – Joint Fisheries Committee meeting.
- No Natural Resources Committee meeting scheduled in December.

2. Finance – Councillor John Hackett provided the following report:

- Finance meeting agenda consisted of the Klahanie Specific Claim, a summary of the 3 information sessions to be developed by the Finance Committee.
- Budget consultation for 2020-2021 with citizens will occur soon.
- An account for the 2021 Tribal Journey was set up for planning and development for the event was approved. Originally, \$200,000 was planned for. The final amount approved is \$300,000.

3. Community Services – no update provided.

4. Public Works – Councillor Tyrone Wilson provided the following report:

- Fire department – Interior firefighting training is scheduled for January.
- December 20 - Santa Claus Parade.
- Fire Chief retires on January 31, 2019. Erik Blaney was named Deputy Fire Chief.

5. Economic development – Hegus Williams provided the following report:

- Lund Resort - Scheduled meeting with qathet Regional District (qRD) to discuss the installation of two washrooms as part of the grocery store relocation project. Three options were presented by the qRD for the sewage.
- Attended presentation on Powell River’s sewer project.
- Meeting with Jen Saunders of Aura was cancelled.

F. HEGUS’ REPORT:

Meetings/events attended in November:

- Site tour with John Spick for the Nation warehouse/shop.
- Meeting with CMAS (formerly Opus) regarding the sewer project.
- Meet and greet with Calvin Hunt regarding Master Carver project.
- Visited Villani office to sign home ownership papers.

Upcoming meetings/events:

- December 6 - MIRR meeting in Victoria
- January 13-14 – Alofi! is proposing a trip to view Horizon North Construction.
- December 17 – Henderson School is seeking volunteers to assemble kindness care packages.
- Innergex Renewable Energy Inc. donated \$5k to the Nation Christmas community gathering.

G. ADJOURNMENT

Moved by Councillor J. Hackett

Seconded by Councillor T. Wilson

CARRIED

Meeting adjourned at 2:08 pm. The next EC meeting is Wednesday, December 18, 2019 at 10:00 am.



It's a Girl!

New Years Baby Estelle Ann Williams was born in Vancouver on January 1st, 2020 at 3:25 am. Proud parents are Carly and Luke Williams

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**HAPPY
VALENTINE'S
DAY**



Nature's Cleaners

Household cleaning products are doing you and yours more harm than good? If so, you are not alone or without good reason to take a closer look at what you are spraying, scouring, washing, and sanitizing your home with. The list of questionable ingredients is long. It includes phthalates – a hormone disruptor in many air 'freshners', perchlorethylene – a neurotoxin found in dry-cleaning solutions, triclosan – an aggressive antibacterial that can create drug-resistant bacteria that is found in most liquid detergents, quarternary ammonium compounds – also capable of creating resistant bacteria and is in fabric softeners, ammonia - an irritant that can cause toxic gases if mixed with bleach - is in polishing agents, chlorine – a possible thyroid disrupter – is often present in household cleaners.

Fortunately, there are some alternative cleaners that you likely have around your home that can be used safely and effectively.

- Baking soda/powder can clean, deodorize and scour surfaces.
- Lemon is one of the strongest grease cutters around and its acidity can kill many household bacteria, not to mention its pleasant odor masking capacity.
- Rosemary is naturally antiviral, anti-fungal, antiseptic, and antibacterial.
- White vinegar cuts grease and is able to remove mildew, odors and is a natural fabric softener.
- Cornstarch can be used to buff surfaces and deodorize.
- Citrus solvents can clean paint brushes, oil, grease and even some stains.
- Borax (sodium borate) is able to clean, deodorize, disinfect, soften water, and clean painted walls and floors.
- Newspaper is often more effective than a cloth at cleaning glass.
- Toothpaste is great at polishing silver.
- Tea tree oil or Thieves Oil can be added to cleaning recipes as powerful germ killers.
- Lavender or other fragrant essential oils are a great addition to home made cleaners.

By raiding your cupboards and looking under your sink, you may find all the ingredients you need to allow you to ditch chemically-laden cleaners. You'll find the learning curve is short, as there are usually only a few ingredients per natural cleaning recipe and there are many

to choose from online. Once you get in the habit, you will likely see big cost savings for making products at home. Your recycling box will be less cluttered, too, as the plastic heavy packaging of many cleaners can be replaced with glass jars, or reusable spray containers. Start this week by replacing one of your household cleaners with an earth-friendly alternative that you make at home.



Here are a few recipes to get you started:



1. All purpose cleaner – one part white vinegar, one part water, lemon rind, rosemary sprigs. Mix and store in a spray bottle for use when needed.

2. Kitchen Deodorizer – 4 tablespoons baking powder, 1 quart warm water. Mix and then scour surfaces.
3. Glass cleaner – 2 cups water, 1/2 cup white vinegar, 1/4 cup rubbing alcohol (70%), 1-2 drops of your favourite essential oil for scent. Mix, and then spray on glass. Dry with newspaper, which won't leave lint on the surface.
4. Brass cleaner – dampen sponge with lemon juice or white vinegar and then sprinkle on salt. Rub on surface. Rinse with water. Dry with a cloth. Polish.
5. Drain de-clogger – 1/2 cup baking soda, 1 cup white vinegar, 16 cups (1 gallon) boiling water. Pour baking soda down drain as far as you can. Pour in half the vinegar. Cover drain until 'fizzing' stops. Pour remaining vinegar down the drain. Cover drain again until fizzing stops. Pour boiling water down. Repeat if needed.

The Let's Talk Trash is the qathet Regional District's waste reduction education program. Contact them at info@LetsTalkTrash.ca.