



# NEH MOTL "Us"

June 2019

Community News | Events | Updates for the Tla'amin People

## FLUPSY Arrives in Okeover

By Steve Gallagher  
Neh Motl Editor

What's a FLUPSY? Well, I was about to find out. I was invited by Hegus Clint Williams, Roy Francis, Community Development Officer and Grace Adams of TMS to visit our friends Claude Patenaude and his son Russell at Okeover. Claude and Russell have been oyster farmers for many years, and have owned and operated their farm out of Okeover for the past five years. They do tray oysters which are suspended by ropes in deep water. With their extensive knowledge of beach oysters, and combined experience they were hired as Aquaculture Manager and Assistant Manager for Pa'aje Shellfish, a corporation and partner with Tla'amin Holdings.

The purpose of our visit was to take a close look at our nations recent purchase. "FLUPSY" which is short for Floating Upweller System had arrived from Vancouver Island.

A shellfish operation can be quite sophisticated when it comes to quality growth and production. Predators can quite easily influence the volume of oysters that can be farmed in a season.

"The FLUPSY serves like a nursery. It brings extra food for the seedling and helps them grow at a rapid pace while keeping the predators away", said Claude.

Every employee hired works on the beaches preparing the sites for the seedlings to arrive. To accommodate the seedlings, predator netting is set down while gathering and discarding oyster shells to allow room for the fresh seed to be laid in October. "You might ask, why October?" explained Claude. "Well to start, the seedlings are very small, and as they grow in the next few months, the weather temperature changes. If you laid them on the beach it would be like throwing them into an oven. It would eventually roast them and they would all die. So we have to wait for the cooler weather."



Russell will be monitoring the "FLUPSY" over the summer tracking the oysters size in their safe environment

With a floating upweller system, algae and nutrient-rich water is propelled or upwelled through compartments where juvenile shellfish are held in a floating raft. The oysters are expected to grow exponentially in size, from tiny specks to the size of a quarter in just a few weeks, if conditions are ideal.

Each compartment is inspected regularly and the oysters inside are sorted by size. This ensures that larger oysters will not be competing for food with smaller oysters, and the final product will be more uniform in size.

Russell, the Assistant Manager gave us a demonstration on how the sorting machine sorts and filters the oysters while washing away any unwanted deposits.

Depending on their shell size, and growth rate, they'll be placed back into the FLUPSY compartments. This new nursery removes a lot of stress for the oysters when it comes to their survival. I look forward to watching these little

pearls of the sea grow over the summer to boost our shellfish aquaculture operations.



Actual size of seedlings in the containers



INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS





## Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC  
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646



TLA'AMIN MANAGEMENT SERVICES LP

### OPEN HOUSE & GENERAL MEETING @ SALISH CENTRE



JUNE 26<sup>TH</sup>  
2019

3:00 PM TO 8:00 PM  
@ SALISH CENTRE  
4885 HIGHWAY 101

#### Open House @ 3:00 pm

Displays and tables set up from 3:00 pm-5:00 pm

#### Meeting begins @ 6:00 pm

#### Updates on the following:

- Annual Plan
- Tla'amin Resorts & Accommodations Inc.
- Thichum Forest Products LP
- Pa'aje Shellfish Enterprises (Seafood plant)
- Tla'amin Land Development LP
- Tla'amin Capital Assets Inc.
- Future Land Development Initiatives (Westview Lands)
- Project Development (Organic Waste Facility, Ta'ow Centre)

#### Dinner

@ 5:00 pm

#### Door Prizes

Must be present

#### Contact Info:

(604) 483-7777

Come out and hear what the Tla'amin Management Services LP has been working on and meet CEO/Chris Roddan, staff and Board of Directors

## CULTURAL AND FAMILY CONNECTION



### Argento Thibodeau Visits His Roots

Argento Thibodeau's Grandma is Doreen Galligos and his Great Grandpa is Donald Galligos. Argento will be back to get to know the rest of his family soon. Pictured above from left to right is Nicole Brakeboer, Indigenous Youth Advisor, Argento, Verna Francis, and Karlee Quinn, Indigenous MCFD Social Worker in Surrey.

## MEMBERSHIP (STATUS) AND CITIZENSHIP SERVICES IMPORTANT ANNOUNCEMENT



Please note that all enquiries and services to do with 554 status or Tla'amin citizenship are now being managed by Pam Wilson in the Tla'amin Nation office at 4779 Klahanie Road.

Pam's contact information is as follows:  
Phone: 604.483.9646 – Extension 114  
Toll Free: 1.877.483.9646 – Extension 114  
E.mail: [membership@tn-bc.ca](mailto:membership@tn-bc.ca)  
Fax: 778.762.5245



## Firefighters Receive Exterior Attack Certification



Those in the picture (left) who received their Exterior Attack Certification are Trish Wilson, Gary Gonzales, Walter Paul, Byron Harry, Linzy Elliot, Pam Wilson, Erik Blaney. Others in the photo are Ashley Thiesen, Lydia Line, and Courtney Harrop, Jim Armstrong.

Missing are Chad Galligos, Sam Hackett, Emerson Potter, Steve Hunter, Tyrone Wilson, Stuart Smith who also received certificates but could not attend.



## Wildland Forest Fire Management Ticket

It's a ticket that our clients are demanding our brushers to have while they work on contracts in their forest licence area. It's a ticket that proves that our brushers have basic knowledge about fighting fire if one breaks out while we are at work. We work in remote isolated forest areas, so we have to depend on ourselves to try and put out a fire, especially if we started it from our own chain saws.



After we get the ticket, then each year we have to do a refresher class to keep it valid. The main course is 2 days, then this refresher is 1/2 day. The course was a \$100 Fire Management Refresher, the instructor was Reggie Evans from Tla'amin Lake Contracting. Everyone has to have one for working in forest industry as per our company insurance, also as per our contract with clients.

*Lori Wilson, RPF, BSF, MSc  
Silviculture Coordinator, Thichum Forest Products LP  
Legislator & Executive Council for Tla'amin Nation*

# BACK YARD BURNING IS NOW BANNED IN OUR AREA

## Announcements from the Qaməs ʔəms tala Settlement Trust

“Our money is put away safely”



Because of unforeseen circumstances in the community, the Trust Annual General Meeting was postponed in May.

**This meeting has been rescheduled to Saturday June 15th at 10 AM at the Governance Building.**

A light breakfast will be available for citizens in the main lobby, beginning at 9:00 AM.

The financial reporting for the 2018 fiscal year will be reviewed. Our Financial Advisors, Financial Managers, Guardian for the Trust and the Trustees will be in attendance to present information on the status of the Trust and answer your questions. Please come out for this important meeting and information session.

For any community members wishing to learn more about operating a Trust or have interest in submitting an expression of interest in becoming a Trustee, there is an on-line Trustee course offered through the National Aboriginal Trust Officers Association (NATOA). This will begin in the fall of 2019, date to be announced. Interested community members can email [Kristi.thiele@tn-bc.ca](mailto:Kristi.thiele@tn-bc.ca)

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The Trustees for the Qaməs ʔəms tala Settlement Trust

Ann Paul Chair, Kristi Thiele Treasurer, Alisha Point Secretary, Alex Hugenschmidt, Beth Harry Youth Trustee

## Tla'amin Cemetery Clean-up Day

Date To Be Determined



**We are looking for volunteers to lead the effort to beautify our cemetery for our loved ones. If you are interested in helping please call Losa.**

Contact Losa Luaifoa  
778-762-5256



# Bear Awareness



Summer is the perfect time for hikers to set out on trails and explore the natural beauty Canada has to offer. But people aren't the only ones who enjoy roaming through the wilderness. Canada's provinces and territories are home to bears foraging for food.

While most bears who hear or smell a human nearby will avoid the unwanted company, hikers should always be prepared for renegade bears that could pose a serious threat.

Here are some safety tips for keeping safe while hiking through bear country.

Stay alert and keep an eye out for trouble. Although it's tempting to put on headphones and lose yourself in the beat of your favorite song, it's better to keep your eyes and ears tuned to your surroundings. Bears are also very smelly.

While many people use bear bells, they aren't as effective as shouting out, singing or making noise regularly. The last thing a bear wants it to be surprised and suddenly see a human close by.

Head out on hikes with friends during daylight hours. Larger groups create more noise and this lets bears know of your presence.

If you are planning on camping, be careful how you store food. Throw out any garbage in bear-proof bins. Keep food at least 100 metres away from your campsite. It's best to keep food in the trunk of your vehicle, away from your camping area. Bears have a good sense of smell and are attracted to food.

Give bears their space. If you spot a bear or see signs of

one, such as tracks, droppings or torn-up logs, it's better to avoid the bear rather than risk an attack.

Carry bear spray and be sure you know how to use it before setting out. A marine distress horn is also effective.

If you encounter a bear, don't panic! Bear attacks and maulings are rare, and there are things you can do to minimize the risks of getting injured.

Don't make any sudden movements. Stop and assess the situation. Speak to the bear in a calm, non-threatening way and don't look the bear directly in the eyes as you back away slowly.

If a bear approaches you, stand your ground and stay calm. The bear may see you as a threat to its young or may simply be surprised by your presence. If the bear appears stressed or agitated, remain calm and appear non-threatening, but when the bear stops advancing, start to move away. If the bear follows you, stand your ground, keep talking to it and prepare to use your bear spray.

A bear may be curious about you and want to assess you. But in rare cases, it may see you as prey. If the bear comes closer, you can try to intimidate it by shouting and acting aggressively. If you have bear spray, find it and get ready to use it if the bear comes within four metres of you, aiming for the bear's eyes and nose.

Don't run — bears can outrun you and may decide to chase you if you run. Don't assume climbing a tree is your escape route. Black bears are excellent climbers.



## BC FIRST NATIONS FORESTRY COUNCIL'S STUDY + WORK FORESTRY SCHOLARSHIP PROGRAM



For First Nations (status/non-status) or Métis Descent students interested in attending full-time studies in a designated post-secondary institution, the program provides:

- Tuition and living scholarship for Forestry Technician/Natural Resource & Environmental Technology or Management studies at an accredited academic institution.
- First Nations Forestry Council Membership with access to forestry jobs, resources, opportunities and events.
- Paid summer work-term experience with BC Timber Sales (BCTS) and one-on-one mentorship.
- Support from your local Aboriginal Skills and Employment Training Strategy (ASETS) centre.

Forestry Technician  
Trades Training Forestry Management  
Forestry Business

TO APPLY CONTACT:

☎ 604.971.3448 ☎ 604.608.3981 ✉ workforce@forestrycouncil.ca

BC FIRST NATIONS FORESTRY COUNCIL

2161 - 1959 Marine Drive  
North Vancouver . BC . V7P 3G1

Request an application  
from your local ASETS office

IN PARTNERSHIP WITH:



[fnforestrycouncil.ca](http://fnforestrycouncil.ca)



### SUMMARY OF RCMP CALLS FOR SERVICE FOR APRIL/MAY 2019

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



	Powell River RCMP Non-Emergency (604)485-6255	In Case of Emergency Call 911
APR 27	KLAHANIE DR	While making patrols Police stopped a vehicle for failing to stop at a stop sign. The driver was determined to be impaired and issued a 90 day driving prohibition and 7 day vehicle impound.
APR 28	KLAHANIE DR	Police responded to an abandoned 911 call which was determined to be false.
APR 30	HWY 101	Police responded to a breach of peace at a residence.
MAY 09	HWY 101	Police responded to a report of a single vehicle collision.
MAY 10	HWY 101	Police responded to an alarm at a business. It was determined to be false.
MAY 10	HWY 101	Police assisted a Coroner's Act investigation.
MAY 10	RIVER RD	Police responded to a report of a disturbance.
MAY 11	SLIAMMON RD	Police arrested an intoxicated female for her safety. She was released the following morning without charge.
MAY 12	RIVER RD	Police assisted in locating a missing youth.
MAY 14	HWY 101	Police responded to an alarm at a business. It was determined to be false.
MAY 14	HWY 101	Police located a male in breach of his undertaking. The male was arrested and facing charges.
MAY 17	KLAHANIE DR	Police responded to a threats complaint.
MAY 18	HWY 101	Police responded to a report of an abandoned 911. Upon investigation it was determined that an assault may have taken place. This matter is still under investigation.
MAY 19	HARWOOD DR	Police responded to a disturbance. A group of youth were walking on the street yelling. Police attended and located the youth who were on their way home.
MAY 20	WATERFRONT RD	Police responded to a report of a break and enter. This matter is still under investigation.



qathet  
REGIONAL DISTRICT



Tla'amin Nation  
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< TLA'AMIN NATION >

# COMMUNITY EVACUATION PLANNING MEETING

PLEASE JOIN US TO DISCUSS EVACUATION PLANNING SPECIFIC TO  
OUR COMMUNITY.

TUESDAY, JUNE 18 @ 4 PM

TLA'AMIN SALISH CENTRE - 4885 SALISH DRIVE  
- DINNER AND REFRESHMENTS -

Presentation by  
Ryan Thoms, qathet Manager of Emergency Services

Visit [www.qathet.ca](http://www.qathet.ca) for more details or call 604.485.2260





## Let's Talk Trash.ca

WHAT IS WASTE?



# Shoreline Clean Up: Harwood



they came from a marine environment, but Ocean Legacy has developed partnerships with processors that allow for much more recycling. They even go to extreme lengths like cutting out foam from the middle of float tires, so that both the tire and foam can be recycled, as well as transforming some foam into marine fuel using a pyrolysis machine. As a result, about 80% of the materials collected will be diverted, recycled or reused.

One of the lead participants in the clean up is commercial diver, Sasha Van Kessel, who first noticed the shoreline litter on Harwood when he was cruising by on his boat. He spotted bays with a lot of Styrofoam and decided right then and there that he was going to do his part in a clean up effort. He knew that when storm systems came in the fall and winter, the Styrofoam would get bashed against the rocks and break up into their smallest pieces (nurdles) and then be nearly impossible to clean up. Van Kessel sees beach clean ups as us doing our part to pay it forward and acknowledge that we need to respect the place that we live.

Plastic is getting a lot of attention these days, and with how thoroughly it is choking out our eco systems and affecting marine life, it's no surprise. Every day a shocking 8 million pieces of plastic enter the ocean. Plastic could outweigh fish in the ocean by 2050. With stats like these, it is easy to feel overwhelmed and wonder what difference we can make to the big (plastic-filled) picture. Thankfully, not everyone is throwing their hands up in despair. Instead, many are lending helping hands to doing their small part in cleaning up plastic debris washing up on shorelines and in harbours.

uninhabited island of Ahgykson (Harwood). A group of volunteers and a few organizations came together April 24<sup>th</sup> & 25<sup>th</sup> to continue the clean up of ocean debris washed up on its otherwise pristine shoreline. This sacred site has long been known as a place of refuge during calamity, because of its abundant resources, including streams, berries, fish, deer, and medicines. Many were spared from the fires by paddling out to this island, which was able to support life until it was safe to return to the mainland.

This is just what happened for the second year in a row in Tla'amin territory on the

For the past few years the qathet Regional District has set aside funds to support this type of clean up effort, and Let's Talk Trash has taken on the role of facilitation. The school district got involved, too, sending Coast Mountain Academy high school students out, and the Tla'amin Nation helped with transportation, while the Coast Guard assisted with the water crossing. All told, over 2 tonnes of materials were collected in this massive effort, and then delivered to the Trash Bash event at Willingdon. Soon after, the Ocean Legacy Foundation sent a truck to pick up materials for recycling.



All of the materials collected would typically have been garbage because

When it comes to pollution of our shorelines, it's easy not to feel a sense of personal responsibility. Ocean debris is one of those things that can come from distant places. So, who's job is it to clean up? And who pays? Many of the students present for the clean up are coming to the conclusion that it is all of our responsibilities because the problem is a global one. Over-consumption and a throw away mentality has lead to the glut of materials flooding our landfills, and inevitably our oceans and beachfronts. Coast Mountain Academy teacher, Ryan Barfoot, agrees saying, *"Anything that has been touched by human hands at any point in time in any part of the world we could possibly find on these beaches and that's the sad and kind of disturbing fact. And through that acknowledgement and that first hand experience [during clean up efforts], you can't help but look in the mirror and try to better understand your contribution to that."*

You can contribute to the solution by being part of a shoreline clean up. Even more importantly, we can all reduce how much we consume so that, together, we stem the tide of the plastic entering our sensitive waterways.

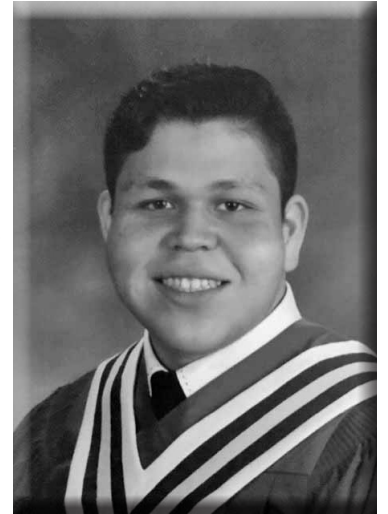
*Let's Talk Trash is the qathet Regional District's waste reduction education program. Learn more about beach clean ups by contact them at [info@ LetsTalkTrash.ca](mailto:info@LetsTalkTrash.ca).*

# Graduating Class of

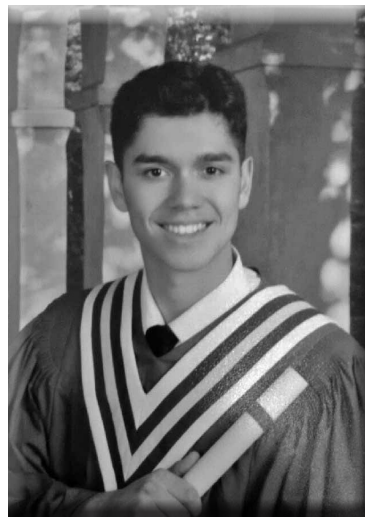
# 2019



**JARA  
GALLIGOS**



**RILEY  
HARRY**



**RUSSELL  
PIELLE  
KLAHOOSE**



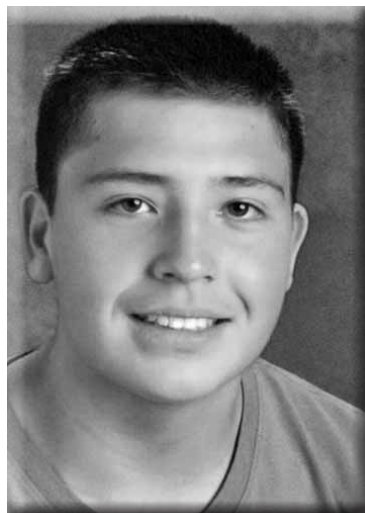
**COURTNEY  
GEORGE**



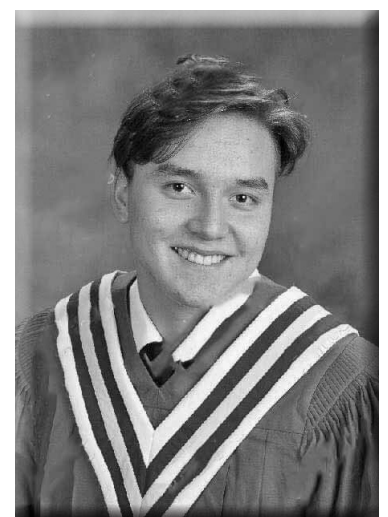
**MAYA  
GALLIGOS**



**CALLIE  
HARRY**



**MARK  
HARRY**



**JAMES  
TIMOTHY**

# PROGRAMS & SERVICES

## Happy Summer Season Tla'amin!

Please note that the cultural programs will be taking a break for the summer months starting at the end of June, but there will still be many opportunities to participate in cultural activities.

### Pulling Together 2019



We are one short month away from hosting 25 canoes here on our Tla'amin shores. This will be the largest contingent of canoes to touch our shores in many years. We are still in need of volunteers to help us out during this 8 day event, so if you are interested in being a part of this event please fill out a volunteer form at the Tla'amin Governance House and submit it to the front desk. If you or your child are interested in being on the canoe for this event, please consult with Shirley Louie at the Tla'amin health for registration or contact me at (604)-483-9646 ext. 123.

### Tribal Journey 2019



After hosting Pulling Together, the Tla'amin canoe families will be taking off for the Lummi Tribe in Washington State. This journey brings canoes together from all across the Pacific Northwest and further. In recent years we have had the Maori from New Zealand, The Shinnecock from New York and Hawaiians participate in this great journey. The Tla'amin Nation has put its name forward to host the 2021 Tribal Canoe Journey and it is very important that Tla'amin attends this journey leading up to that date. So once again, if you wish to be involved please contact me here at the Tla'amin Governance House.

### Tla'amin Cultural Open House

Please join us for an open house on June 11<sup>th</sup> 2019. Here we will discuss our Tla'amin Cultural Programs, Tribal Journey 2021, Pulling Together and much more. We will also have a Cultural Display and an open discussion on the future of the Culture Program. Dinner will be provided. The event will take place from 4:00-6:00 at the Tla'amin Governance House.

Drew Blaney  
[drew.blaney@tn-bc.ca](mailto:drew.blaney@tn-bc.ca)  
(604)483-9646 ext. 123

# Cultural Open House

The Tla'amin Culture Department

*Cordially invites you*

June 11<sup>th</sup> 2019

**TLA'AMIN GOVERNANCE HOUSE**

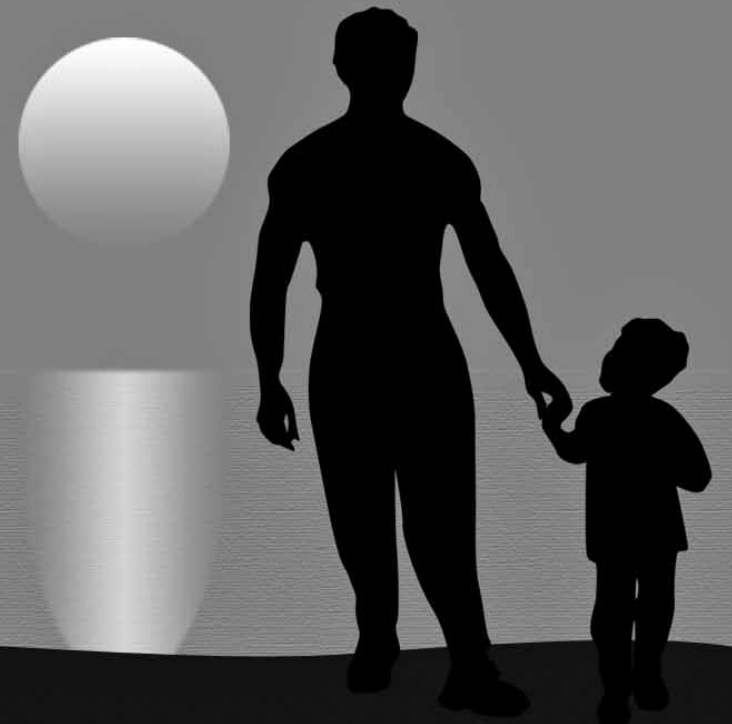
4:00-6:00

- Tribal Journey Information (Hosting 2021)
- Information on Cultural Programs
- Information on Language Programs
- Cultural Artifact Display
- Open Discussion on Cultural Activities
- Light Dinner Provided

Contact Drew Blaney for more information

[drew.blaney@tn-bc.ca](mailto:drew.blaney@tn-bc.ca) or (604)-483-9646 ext. 123

# Happy Father's Day June 16th



# Health and Wellness

**EH KWA'A'NUNS KYE'AMIEUX**  
 "When the people in our community are well again, all around us will also be well."

**# Itstartswithme**

## Joe Gallagher, k'wunəməŋ, Honorary Doctor of Laws



Joe Gallagher, k'wunəməŋ of Tla'amin Nation is an outstanding leader and a trailblazer for First Nations self-determination and governance in BC and Canada.

As the inaugural Chief Executive Officer of the First Nations Health Authority, Gallagher has been instrumental in implementation of the BC First Nations Health Governance structure created through a tripartite partnership between BC First Nations and Federal and Provincial governments. Alongside other First Nations leaders, past and present, Gallagher advances the shared vision of "healthy, self-determining, and vibrant BC First Nations children, families and communities." This work, a first for Canada, led to the formation of the First Nations Health Authority, a wellness organization driven by the First Nations holistic and traditional perspective of health and wellness.

Gallagher's leadership paved the way for the BC Minister of Health, all six Health Authority CEOs and BC's health regula-

tors to sign on to the Declaration of Commitment to Cultural Safety and Humility in health services for First Nations and Aboriginal people in BC.

Before becoming a First Nations leader in health systems transformation, Gallagher was chief negotiator in his own nation's treaty negotiations through the Sliammon Treaty Society. He also served as Director of Programs at Health Canada's First Nations and Inuit Health Branch, BC Region, where he played a crucial role in promoting telehealth initiatives. Gallagher brings over 25 years' experience in community development, intergovernmental affairs and negotiations.

Gallagher is a University of Victoria alumnus, earning a Bachelor of Arts in 1987 while playing for the UVic Vikes men's soccer team. Gallagher continued his soccer career as a member of Team BC soccer at the 1993 North American Indigenous Games. He is an inspirational leader who champions a holistic and traditional perspective of health and wellness that acknowledges and includes an individual's physical, mental, emotional and spiritual well-being.

In February of 2018, Gallagher was awarded the Leadership in Quality Award by the BC Patient Safety and Quality Council. The BC Coroners Service has also recognized Gallagher for his advocacy on behalf of his late niece, Makara. This prompted the coroner's service to launch their own ongoing journey of Cultural Safety and Humility, which has led to systemic changes for all children and families in BC.



## Elders Corner

### Tla'Amin Elder's Calendar

**Location: Tla'Amin Health**

Tla'Amin Elders Coordinator, Doreen Hopkins  
 Phone Number: 604-483-3009 Extension: 126

**Location:** Tla'Amin Health

**Time:** 11:00 am to 1:00pm

**Coordinator** – Doreen Hopkins – Ph. # 604-483-3009 Extension: 126

**June 4<sup>th</sup>, 2019** – EDP

Guest: Amy Vaughn – Community Consultation

**June 11<sup>th</sup>, 2019** – EDP

Guest: Constable Chris Bakker

**June 18<sup>th</sup>, 2019** – EDP

**June 25<sup>th</sup>, 2019** – EDP

Bingo

Elders started a new 50/50 draw on May 1<sup>st</sup>, 2019 to be drawn on June 21<sup>st</sup>, 2019 at Salish Centre.

50/50 Sellers are: Andy George, Margaret Vivier, Marlane Christensen, Mona Timothy, Doreen Point, Mary Harry, Diane Francis and Doreen Hopkins

Elders are also selling blue t-shirts – contact Doreen Hopkins

\*\*Community Garden has been planted and will not be ready until July or August. Please stop by for a visit, but do not at this time disturb the plants. Emote!

## Adjusting to Transitions

Dear Parents:

June is here and it is a busy time of the year with many activities being planned for celebrating the end of the school year, celebrating Aboriginal Day, celebrating Father's Day, and celebrating the arrival of summer.

It is also a time of endings and preparing our children and youth for transitions that will happen for them after the summer. We have children graduating from preschool, grade seven's graduating from elementary school, grade nine's graduating from their private schools, and grade twelve's graduating from high school. We have children and youth moving up to a new grade with new teachers and new classrooms. As our children and youth anticipate the changes that these transitions can bring for them when they start at a new setting in the fall, there can be some anxious feelings going on for our young people.

We might notice our children or youth experiencing some difficulty sleeping, some irritability, some tears, headaches, or talking about having "butterflies" in the stomach. This may happen now as adults are asking them about the upcoming changes, or it may happen closer to September. This is a time when our children and youth need our support and understanding. Sharing information with our young people about times when we have felt nervous or scared can help them to know that this is a natural feeling that we go through at various times in our lives. We can also share ideas about things that have helped us – we can teach our children about how to take deep breaths to calm those "butterflies", or how to think about positive thoughts to help reduce the fears, or how talking about worries can help to make them feel smaller.

A parenting expert named Alyson Schafer speaks about using the "special language of encouragement" to help our children feel good about themselves, and capable of doing new things. Alyson gives some examples of encouraging phrases that we can share with our children:

"Knowing you, I'm sure you'll do fine.", "You'll make it." "I have confidence in your judgment.", "That's a rough one, but I am sure you'll work it out.", "You'll figure it out."

Some other ideas for reducing the stress of new transitions are: visiting the new location – take your son or daughter to the new school, new college, or possible job site, and walk around to get a feel for the place; help your son or daughter connect with other friends who are going through the same changes and help the children or youth make a plan to be "buddies" and stay close to each other on the first few days; practice a job interview with your son or daughter who is moving on from school days and entering the workforce.

The support we give to our children and youth is very important. We need to



recognize that our young peoples' feelings are real, acknowledge the feelings, help our children and youth express their feelings, share strategies for managing those anxious feelings, and be there for encouragement and reassurance.

Congratulations to all of our children and youth for their efforts during this past school year.

Thank you to all of the teachers, school counsellors, and support staff who do so much to help our young people navigate their way through their school days. Best wishes to all of our families for a safe and happy summer.

Sincerely,

Brenda Pielle  
Youth, and Family Advocate



### Father's Day Bar-B-Q

**Date: June 14th Time: 11-1pm**

**location: CDRC**

## Happy Father's Day

**H** is for the strong hugs a father gives.

**A** is for the appreciation we feel when we think of all our fathers do for us.

**P** is for the pride a father feels when he sees his child doing something new

**P** is for the protection a father gives to his family.

**Y** is for yo-yo's, frisbees, shovels, and baseball bats – all the toys that Dads teach children to use

**F** is for the fun a father brings to the household: tickles, tumbles, jokes, and gentle teasing.

**A** is for the acceptance a father shows his children when he takes an interest in their lives.

**T** is for the teachings a father passes on to his children.

**H** is for the happiness a child feels when a father says, "I love you"

**E** is for the excitement a child feels when these words are said, "Daddy's home."

**R** is for the responsibility a father carries all the days of his life.

**S** is for spectator – thank you to fathers who take time to watch games, plays, concerts, etc.

**D** is for "Dad" and the warmth, strength and kindness that comes to mind when we say that name.

**A** is for always – even if a father has made his spiritual journey, or even if a father does not live with his children, the love between a father and child is always there.

**Y** is for "Yes" we love our fathers and all others who play a fatherly role in our lives.

**Best wishes for a special day on June 16, 2019.**

Brenda Pielle  
Youth, and Family Advocate

# KNOWLEDGE + SKILLS + CONFIDENCE

*put life back in your life*

## Chronic Pain Self-Management Program



- ✓ Understand and manage symptoms
- ✓ Deal with stress and difficult emotions
- ✓ Learn to safely maintain physical activity and improve flexibility
- ✓ Communicate effectively with your health care team

### FREE Six-Session Workshop for Adults with Any Kind of Ongoing Pain

*Family Members and Friends Welcome*

**DATES/TIME:** Mondays, June 3 to July 8, 2019  
3:30pm to 6:00pm

**LOCATION:** Tla'Amin Community Health Centre  
4895 Salish Drive, Powell River

**REGISTER:** 604-940-1273 or 1-866-902-3767 (toll-free)  
[www.selfmanagementbc.ca](http://www.selfmanagementbc.ca)

Connect with us: @SelfManagementBC @SMPatUVic

\*\*Self-Management BC programs follow a scent-free policy. For the health and consideration of other participants, please refrain from wearing fragrances in our workshops. Thank you!\*



Institute on Aging & Lifelong Health



Self-Management BC is supported by the Province of British Columbia



## Have you heard about the Kuu-us Crisis Line?

Did you know that there is a 24/7 crisis line in BC for aboriginal youth, adults and elders? It was established in 1993 due to the high incidents of suicide. It has now evolved to provide much more support, and does services such as risk assessments, safety monitoring, and twenty-four hour phone support for any type of difficult situation. Reasons for calling can include (but are not limited to):

- Employment/education
- Residential school
- Child welfare
- Addiction and/or mental health
- Suicide ideation
- Grief/loss
- Abuse
- Divorce/separation
- Peer pressure

Crisis Services are available at:

Adult/Elder Line: 250-723-4050

Child/Youth Line: 250-723-2040

Or Toll Free Line: 1-800-588-8717

Ciara Knapp

Home and Community Care Coordinator

Tla'amin Health

[Ciara.knapp@tn-bc.ca](mailto:Ciara.knapp@tn-bc.ca)

778.657.5902

## Grade 6 students experience a paddle in Okeover to learn about our nations history



## How Caffeine Affects Your Body

### Raises Heart Rate

Caffeine is a stimulant and may cause your heart to beat a little faster as it wakes you up. For most folks that's not a problem. But if you have too much caffeine or you're overly sensitive, your pulse may go up too much or stay high too long. It may even feel like your heart beats in a weird rhythm, sometimes called heart palpitations. Some people say it feels as if their ticker skips a beat.

### Causes a Headache

If you have caffeine every day, whether in a pill, energy bar, or cup of coffee, you build up tolerance. Then, without your daily dose, you might get a "rebound" headache. It may be worse if you quit caffeine completely and all at once. You'll find your head will feel better if you reduce caffeine a little at a time.

### Raises Blood Pressure

Though the reason isn't clear, caffeine can spike your blood pressure for a short while and sometimes over the long term as well. It could be that it blocks a hormone that keeps your arteries wide and pressure down. Or it might cause your body to release more adrenaline, a hormone that raises blood pressure. Talk to your doctor about how much caffeine you can have if you have high blood pressure or heart problems.

# Parent/tot program



## June Activities

- 12th- fluoride drop in 10-12pm @ CDRC
- 14th- fathers day BBQ 11-1pm @ CDRC
- 6th, 13th, 20th, 27th – parent/tot drop in from 9:30-11:00am @ CDRC (every Thursday)

Tla'amin Health  
Early Childhood Development Outreach Worker

### Bitten by a mosquito?

Brushed up against poison ivy? Baking soda to the rescue. It can relieve minor irritation, pain, itching, and redness. Mix up a paste of 3 parts baking soda to 1 part water. Smear it on your skin and leave for 20 minutes before you wash it off. Or soak in a bath with a half-cup of baking soda added to the water.



Everything gets better when you get active.



This coming Month, Tla'amin will be participating in the ParticipACTION Community Better Challenge, the physical activity challenge that rallies communities across Canada to sit less and move more together. Canada's Most Active Community wins \$150,000 to put towards local physical activity initiatives, so let's do our part by downloading the free ParticipACTION app and tracking our active minutes.

# Join us at the Recreation Complex for a private swim!

What day: Sunday June 2, 2019

What time: 4:00-6:00 PM

How do I get there if I don't have a vehicle?  
Please call Leslie Louie if you're a family and need transportation ( Space is very limited, so call ASAP).

**This is your opportunity to start a great career in the forest industry!**

*The potential for a high paying career in the forest industry is very real! Come and see if this is your chance!*

Attend a free information session for Vancouver Island University's

### Fundamentals of FOREST Harvesting Practices Program

12 week session starting August 19, 2019

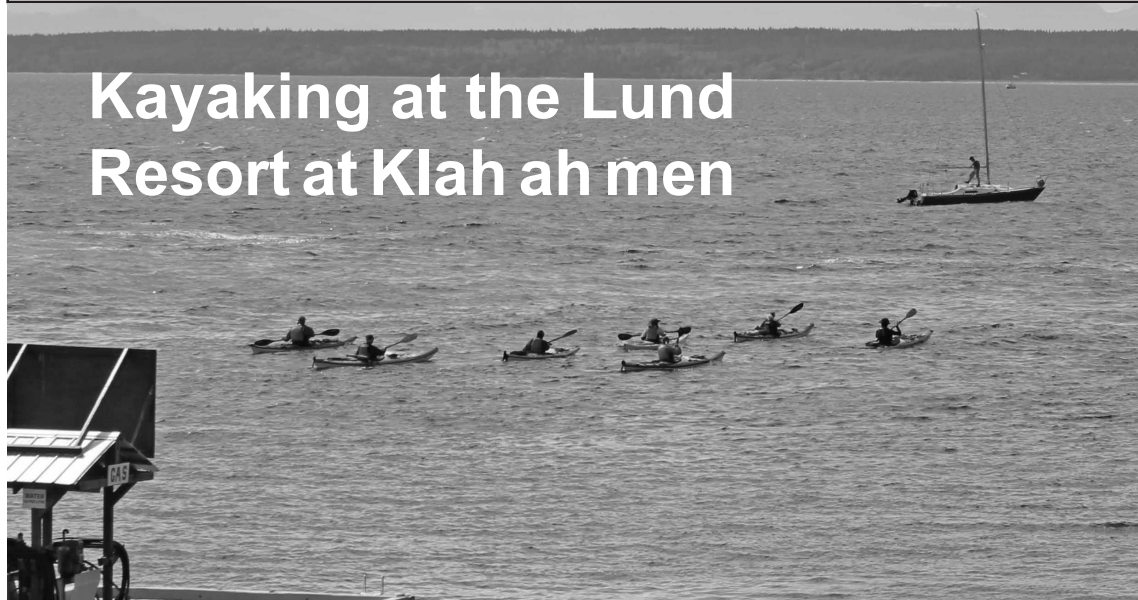
*(This is a tuition free intake)*

Place	Date	Time	Venue
Duncan	Wednesday May 22, 2019	7 pm	Cowichan Campus (VIU) Room 250
Nanaimo	Wednesday May 29, 2019	7 pm	Building 180 Room 134 900 Fifth Street (VIU)
Campbell River	Wednesday May 29, 2019	7 pm	Coast Discovery Inn Vancouver Room
Powell River	Thursday May 30, 2019	7 pm	Powell River Campus (VIU) Room 136
Port Alberni	Wednesday, June 5, 2019	7 pm	Echo Field House 4200 Wood Ave
Port McNeill	Thursday, June 6, 2019	7 pm	Board Room Regional District of Mt. Waddington 2044 McNeill Rd

For more information call 250-740-6227 or email [heo@viu.ca](mailto:heo@viu.ca)



*This could be you before the end of 2019!*



## Kayaking at the Lund Resort at Klah ah men



Grade 7 girls from Edgehill school made this beautiful art work and donated it to Tla'Amin Health

# Father's Day Potluck for Father Dass

Sunday, June 16th  
After Mass at the Gazebo



He leaves sometime the first week of July to India as his work visa is now almost over. He has been given a principal position at a Catholic school which is 4 hours away from his village I am planning a BBQ June 16 at the gazebo After the mass. It is also Father's Day, but I hope you can take time to come and wish him farewell. It will be after mass. Potluck .

**I would also like to ask for a donation of \$5 or \$10. Money would contribute towards supplies for his school.**

I will miss the young man who loves to go fishing, clam digging and hunting. He has always wanted to go hunting with someone from Tla'amin. He even asked me if I could take him! Now he is too busy packing.

Hope you can come.

Betty Wilson

## Quick list resources for family and friends of those struggling with substance misuse

### Support in Powell River

- SMART recovery for family and friends

Where: 3<sup>rd</sup> floor Powell River General Hospital

When: Every 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month at 6:30-8:30pm

What: SMART Recovery Family & Friends helps those who are affected by the substance abuse, drug abuse, alcohol abuse, or other addictions of a loved one.

- Al-anon

Where: United church at 6932 Crofton St

When: 7:00pm-8:00 Monday and 2:00-3:00pm Thursday

What is it: Help and support and hope for families and friends of alcoholics.

- Nar-anon

Where: Alano Club at 5903 Arbutus Street

When: Meetings: 7:30 – 9 pm Tuesdays

Club Hours: 10 am – 3 pm; 7 – 11 pm

What is it: For relatives and families whose lives have been affected by someone else's drug addiction. 604 483 3800

### Support in Tla'amin

Tuxahmiy Traditional wellness group

Where: Health Center at 4895 Salish Drive

When: Every Tuesday-Friday 10:00-12:00 with lunch included

What: The sacred circle is a place for people to come for support, whether they are struggling with addiction or not

- AA at Tla'amin

Where: Health Center at 4895 Salish Drive

When: Meeting: 8:00 pm Tuesdays

- Kuu-us line (Indigenous Help line in BC)

Where: Throughout BC

When: any time of day or night 24/7

What: If you are facing a difficult situation, call us now. We can help.

Adult/Elder Crisis Line: 250-723-4050

Child/Youth Crisis Line: 250-723-2040

1-800-588-8717

# Leslie Adams named to Powell River Sports Hall of Fame

## Soccer star, boxer and community leader builds legacy

Sara Donnelly / Powell River Peak  
MAY 10, 2019

In its inaugural year, Powell River's Sports Hall of Fame will induct one team and eight athletes who have had a lasting legacy. In the weeks leading up to the gala, taking place June 15 at Hap Parker Arena, the Peak has been profiling the inductees, giving more insight into their accomplishments and contributions to the fabric of the community.

Leslie Adams was born in 1936 in Tla'amin Nation. His mother died of tuberculosis when he was a year old, and he was raised by his grandmother, Sara Adams. It was her guidance and teachings, he said, that led him to a life of such high achievement as a sportsman, community leader and family man.

"I have to thank my granny," he said. "She taught me that when you do something you don't just do it; you want to be your best."

As a young man this involved learning traditional disciplines passed down through generations.

"My grandmother's father was a great warrior and hunter, so she learned from that," said Leslie. "When I was a little boy she used to rub squirrel feet on my feet asking our creator to pass the swiftness of the squirrels to me. She used to rub bear feet on my feet so when I walked I'll be as strong as the bear. So I started to believe it. She even taught me to run on rocks when the tide was low. It was really hard at first."

His grandmother helped him build physical and mental strength, said Leslie's son Evan.

"He grew up in the bush in our way as First Nations people so he was strong and fit and pretty fierce," said Evan.

Athleticism and sporting skill was a byproduct of this learning, though not the main purpose, he added.

"From a First Nations perspective, we have our teaching about how a young man should be strong and be able to perform a number of duties and he did that," said Evan. "It meant that he was good at recreational sport and he loved that and did it with all his heart, but more importantly he was very much a product of our people at that time."

Beginning in the 1940s, soccer became a passion in the Sliammon community, according to Leslie's daughter, Grace.



**PROUD MOMENT:** Athlete Leslie Adams was awarded the Vancouver Sun Rose Bowl Trophy at the Tournament of Champions in 1955. He was selected as the outstanding player of the provincial soccer tournament and named Golden Boy. Contributed photo

"The community produced a lot of incredible athletes," she said. "The men would put in a full day of work logging and come home and get off the crummies and play soccer until dark. The fitness was high level."

Leslie used to watch the Sliammon Braves and his early soccer role models included Charlie Wilson, Alec Louie, Joe Paul and Pete Galligos. He began practising with the senior men's team when he was 10.

"I broke my right ankle, but I didn't stop; I had a walking cast so I just started kicking with my left foot," said Leslie. "By the time my right was healed my left was just as good if not better."

At 15, he was taken away from his grandmother and community.

"I was sent to a residential school," said Leslie. "I was supposed to attend Brooks [Secondary School] but the priest down here found out and threatened my grandmother. So she had to sign a paper to send me to school in Sechelt. When we got there we had to repeat grade eight because they had no grade nine teacher."

At this point, sports became a kind of outlet, said Grace.

"It opened a lot of doors for him and was a very healthy, positive lifestyle," she added.

In addition to soccer, Leslie excelled in boxing, track and field, gymnastics and baseball. He made it to the Bronze Gloves competition in boxing, and in 1955, Leslie was named soccer's Golden Boy at the Tournament of Champions.

"He did both at a time when there wasn't a lot of opportunity for First Nations people or athletes," said Evan.

The Powell River News of that year described the scene: "Leslie Adams, playing for Powell River's division 1 team boys under 18 was selected as the outstanding player of the entire tournament of over 200 players. He was awarded the [Vancouver] Sun's Rose Bowl trophy and on his return to Powell River was carried shoulder high by his teammates as hundreds of spectators cheered him through the streets."

**Leslie Adams**  
(Continued on page 15)

## Leslie Adams

(Continued from page 14)

Leslie played for Powell River's U21 for the next two years and both years made the finals. He was named to the BC All Stars for 1955 and 1956.

"I had offers to go professional," said Leslie. "All I had to do was show up and I'd have a job, but I didn't want to move away."

Not long after, Leslie married his wife Jane and the couple started a family, which today includes five children, 15 grandchildren and 11 great-grandchildren.

At the age of 27 he was elected chief for eight years and served his community as a council member for more than 30 years. He worked for MacMillan Bloedel for 37 years and earned his tugboat captain's ticket. He played soccer into his mid-50s and coached teams and players of all levels.

Leslie and Jane instilled in their children the importance of an education, he said, and all five of them went on to attend university.

"They really absolutely loved their kids and did anything they could to help us set goals," said Grace. "He's been consistent with that message to the grandchildren and great-grandchildren."



L. Governor George Perks talks with Chief Les Adams about the success of the former Sliammon soccer team. Larry Louie is acknowledge for winning the Vancouver Sun Golden Boy in 1963.

Today Leslie continues to be an active volunteer in his community and with Knights of Columbus.

Looking back on a lifetime of achievement, he recalls his best times were spent close to home.

"I've heard so many people say 'if I had to relive my life again I'd do it differently'; I would never ever say that," said Leslie. "I think the best time was when I married my wife and started a family. We've been married 60 years now. Anything I did, it came from my heart, to do the best I could for my kids, my job and helping people."



## Fish Food for Thought

By Sachi



Biodiversity is essential for the way our world functions.

It is important for ecosystem processes and productivity from the local to global scale. In addition to ecosystem importance, biodiversity is also of ethical importance to humans since we rely on many species for social and cultural purposes.

However, biodiversity has been on the decline due to human impacts. The average abundance of land-based, native species has fallen by at least 20% since 1900. The numbers are startling, and the global community is starting to take notice and demand action.

Enter the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES). The IPBES is a sibling to the more well-known Intergovernmental Panel on Climate Change (IPCC) but instead of climate change, think biodiversity. The goal of the IPBES is to assess the state of biodiversity and of the ecosystem services it provides to society and to strengthen the science-policy interface for the conservation and sustainable use of biodiversity, in tandem with long-term human well-being and sustainable development.

The IPBES Global Assessment Report on Biodiversity and Ecosystem Services was recently released and is the most comprehensive report ever completed of its kind. In addition, the report draws of multiple knowledge sources, including Indigenous and local knowledge.

The report's main finding states that one million species are threatened with extinction and that the current global response will not be able to stop the decline. The report also identified five main drivers of this crisis which are 1) changes in land and sea use, 2) direct exploitation of organisms, 3) climate change, 4) pollution, and 5) invasive species.

Although the facts from the report are frightening, the authors emphasize that it is not too late to make a difference. But transformative changes, spanning local to global scales, are needed. Transformative change is system-wide reorganization across technological, economic and social factors, including paradigms, goals and values. In other words, transformative change requires creative thinking and solutions that do not adhere to the current status quo.

Some policy recommendations for marine systems include ecosystem-based approaches to fisheries management, spatial planning, protecting and managing key marine biodiversity areas, reducing run-off pollution into oceans, and working closely with producers and consumers. These recommendations could inform and guide marine focused policies when planning future adaptation strategies in Tla'amin traditional territory.

## Tla'amin Nation Notice FISHER PERSONS NOTICE – IMPORTANT April 26, 2019

### Please cooperate with this Conservation Regulation issued by the Minister

Due to Conservation purposes for the Fraser River Chinook run and to promote recovery of at risk Chinook, effective immediately, important fisheries management measures for the 2019 fishing season are in place. ALL persons, including Tla'amin Nation citizens and all First Nations persons are not permitted to retain any Chinook Salmon (Spring Salmon) from now until July 14<sup>th</sup>.

From July 15<sup>th</sup> to August 29<sup>th</sup>, you are permitted to retain 1 Chinook per day.

From August 30<sup>th</sup> to December 31<sup>st</sup>, you are permitted to retain 2 Chinook per day.

If you are fishing for other species, and you catch a Chinook, please keep it alive and release.

If you are caught with a Chinook on board your boat between now and July 14<sup>th</sup>, you will be fined. This closure is in effect in several locations in British Columbia. This notice is to clarify to the Tla'amin people that the closure is applicable to us as well. We are not permitted to retain for Food, Social and Ceremonial purposes due to the severe endangerment of the decline of the Fraser River Chinook.

Although we are a Treaty Nation, Chapter 9 – Fisheries of our final agreement states:

"2. The Tla'amin Fishing Right is limited by measures necessary for conservation, public health or public safety. ...

5. The Minister retains the authority for managing and conserving Fish, Aquatic Plants and Fish habitat."

# PROGRAMS & SERVICES

## LiUNA Local 1611 Training



Tla'amin Nation and LiUNA Local 1611 have been working together since September 2018, we currently have a number of members working for Local 1611 in different areas such as the Site C Dam in Fort St. John and Kitimat

with LNG. In April LiUNA offered to set up training in Tla'amin and we had 7 members attend training on various different certificates and equipment.



The training consisted of Confined Space Entry, Gas Testing/Spark Watch, Ground Disturbance 2, Fall Protection, Hoisting & Rigging, Zoom Boom, and Aer-



ial lift from April 28th – May 5th . I am very proud to say that all members passed and gained further certification for employment with the union. I would like to send a big Thank you to Matt McGreish, Fernando Demelo who was our instructor for the week, we really appreciate your time and effort !

The attendees for training were, Charles Timothy , Andrew Timothy, Brandon Harry, Brittany Harry, Rebecca Harry, Sabrina Harry.



## James Thomson CALENDAR OF EVENTS



### June 3 Pro-D Day

District Planning  
(no school for students)

### June 10th at 3:15pm

Kindergarten Open House (English):

### June 12

Strawberry Tea (thank you volunteers)

### June 19

Grade 7 Leaving Ceremony

### June 21

Indigenous Peoples' Day  
Tla'amin

### June 25

Fun Day at Mowat Bay

### June 27

## Last Day of School!



**A** | **S** **A brilliant future**  
starts with a strong foundation

## My Name Is:

## And when I grow up I'm going to help make the world better by

Assumption Catholic School staff believe in you - and we want to help you achieve your most brilliant future.

We're proud to have educated so many thoughtful, ethical, courageous community leaders. **We hope you become one of them!**

**Register for Preschool through Grade 9 today, for  
the 2019-2020 school year.**

[assumptionpr.ca](http://assumptionpr.ca)

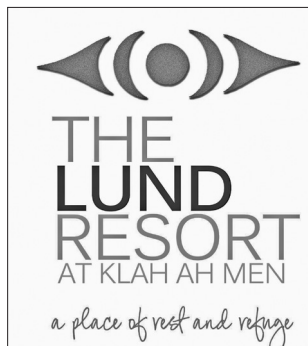
## Accounting- cashier

Lund resort and marina, waterfront bar & restaurant  
Sunshine Coast, Lund, BC.

\$18-20 an hour

Located on the sunshine coast in the quaint setting of lund, we are situated right on the water and are the gateway to Desolation Sound. A truly remarkable setting and opportunity to enjoy the region awalts.

Under direction of the accountant, you will be responsible for the processing cash, debit card and credit card transactions for guests, replenishing floats for various departments, reconciling spread sheets and bank deposits.



### Job requirements:

- Familiarity with basic book keeping an asset but not required
- Willingness to learn
- Good mathematical skills
- Ability to work well with other hotel staff personnel
- Problem solver
- Proficient in excel
- Familiarity with sage bookkeeping software
- Ability to follow instructions
- Maintain related records and files

### Cashier duties are as follows:

- Run squirrel reports from office (cashouts and transaction)
- Collect cash from the safe
- Check to see if front desk needs change for the day
- Run reports from office computer – moneris, barnet and parking
- Arrange your cash deposits into departments with the appropriate reports
- Begin by verifying the cash in each envelope against the sales recorded
- Make note of over/short
- When all cash is counted prepare your deposit. Exchange small bills and coin to your float
- Sum up the deposit in the scribbler – minus any petty cash or atm bills that you removed from the deposit. This will be your cash due to the bank.
- Before writing up the deposit in the bank book check that you are balanced by simply adding it up. If balanced then prepare the bank book
- Count your float
- Post all charges to webrez
- Re-run a reconciliation report after this is done
- Prepare the daily revenue sheet
- Complete gas dock reconciliation excel sheet with sales and litres sold
- Check balance in atm in store and pub. You are responsible for monitoring the levels and replenish as necessary. Instructions for the machine are in the bible
- Responsible for keeping all departments with the proper amount of change depending upon seasonal needs. A weekly change order to the bank is prepared if need be. A weekly atm cheque requested if need be.
- Mail pick up – open and distribute
- Filing
- Empty laundry machines and roll coin and process revenue through web rez and give the money to the desk. In off season twice a month however in high season once a week. Reimburse any laundry refunds if they are in your float or the desk float before posting the revenue (remember to back out the gst before posting)
- Return baggies to each department
- 

Resume submissions are to be sent to Scott Wilshaw, General Manager's email: [generalmanager@lundresort.com](mailto:generalmanager@lundresort.com)



Congratulations Riley for your Grade 12 Graduation! I am so proud of you, completing grade 12 while having a part time job! Your futures so BRIGHT, ya gotta wear shades.

Also congratulations to my daughter Zoe for completing her Early Childhood Educator course, the first certificate of her goal, while working at the preschool and having her small business. It makes me proud to have such good kids, granny Val would be so proud of you two! Like we are, Love always Mom, Dad, Papa Tom n Uncles



James Thomson May Pole Dance



  
**THE LUND RESORT**  
 AT KLAH AH MEN  
*a place of rest and refuge*

*a place of rest and refuge*

Located on the beautiful Sunshine Coast, Lund is the gateway to Desolation Sound. It truly is a remarkable setting with loads of opportunity for employment and adventure. Our resort has 31 rooms, general store with alcohol and grocery, laundry, gas bar, sweet shop, coffee bar, merchandise store as well as a gorgeous waterfront pub.

## Housekeeping Room Attendant

We are looking to hire Housekeeping Room Attendants to join our 2019 team. If you enjoy creating great experiences and memories, then apply to be a part of our amazing Housekeeping team.

Under the direction of the Housekeeper Manager, you will be responsible for promoting a positive image of the property to guests, and must be pleasant, friendly and able to address problems or special requests. The Room Attendants must understand their role as brand ambassador and provide positive brand experiences to all customers.

### JOB REQUIREMENTS:

- No education or experience required, we will train one on one
- Ability to follow instruction
- Good communication skills are an asset
- Able to work independent as a team player
- Workplace Hazardous Materials Information System (WHMIS) is an asset
- Able to deal with people sensitively, tactfully, diplomatically, and professionally at all times
- Professional appearance and manners

**Job Type:** Full-time and Part Time, Can be live-in or live-out.


\$14 - \$18 an hour

Resume submissions are to be sent to Scott Wilshaw, General Manager's email: [generalmanager@lundresort.com](mailto:generalmanager@lundresort.com)



## Bartender

If you enjoy creating amazing experiences for guests and staff alike, apply to be a part of our amazing Food & Beverage team. Under the direction of

  
**THE LUND RESORT**  
 AT KLAH AH MEN  
*a place of rest and refuge*



our Food & Beverage manager, you will be responsible for taking orders from the guests, serving food and beverages, as well as some light cleaning.

### Duties & Responsibilities

- Welcoming/greeting all guests in a timely manner
- Providing guests and locals alike with the best experience possible
- Using P.O.S to ring in food and beverages
- Preparing cocktails, draught, wine for guests
- Cleaning and restocking as necessary
- Meet daily goals provided by the supervisor
- Build and maintain a partnership with staff and guests alike
- Helping team members when necessary
- Meet daily goals provided by the supervisor
- Working directly with the supervisor to report and/or discuss daily events and specials

### Qualifications

- Serving It Right Certification
- W.H.I.M.I.S
- Food Safe Certification
- Point of Sale Experience
- Ability to work in a fast-paced environment

Resume submissions are to be sent to Scott Wilshaw, General Manager's email: [generalmanager@lundresort.com](mailto:generalmanager@lundresort.com)

## Front Desk Agent & Guest Service Clerk



We are looking to hire front desk agents and guest service clerks to join our 2019 team. If you enjoy creating great experiences and memories then apply to be a part of our amazing Guest Services team.

Under the direction of the Front of House Manager, you will be responsible for taking guest reservations, Checking guests in and out of the hotel as well as offering guests an incredible stay.

### Duties & Responsibilities

- Registers guests into their guest bedrooms as per reservations & checks out guests and settles accounts; collects and verifies payments – cash, debit and credit and maintaining a float;
- Post guest charges and compute guest bill, collect payment and make change for hotel guests following all cash handling procedures as required by Hotel;
- Takes ownership of all guest's complaints and rectify the complaint quickly and efficiently;
- Communicates information regarding Guests' needs to other Team Members and Departments;
- Establish and maintain attentive, friendly, courteous and efficient hospitality at the Front Desk;
- Develop a thorough knowledge of hotel amenities, room locations, room rates, and selling strategies;
- Answer switchboard, reservations and wake up calls, efficiently and in accordance with standards of proper telephone etiquette;
- Keep lobby, back area and desk area clean and presentable;
- Open and close shift make cash drops;
- Ensure all credit cards, cash, and change fund are balanced throughout each shift;
- Communicate with incoming staff and management by logging pertinent information in the pass on log;
- Other duties assigned by Management.

### Front Desk Agent

- Proficiency / familiarity with computerized systems; MS Word, Excel, Outlook.
- Ability to deal with all levels of management and staff in a professional manner.
- Ability to multi-task and work within deadlines.
- Infrequent handling of queries and calls from guests, and property staff.

### Required Education, Skills and Qualifications

- High School degree and equivalent experience
- Experience (1 year) in the customer service industry is considered a strong asset.
- Basic accounting skills would be considered an asset.
- Excellent communication, interpersonal and administration skills.

We thank you for applying to be part of our team. Only applicants considered for the position will be contacted for an interview.

- Job Type: Full-time and Part Time
- Live in can be available - \$14 - \$18 an hour

Resume submissions are to be sent to Scott Wilshaw, General Manager's email: [generalmanager@lundresort.com](mailto:generalmanager@lundresort.com)

## Food and Beverage Server



If you enjoy creating amazing experiences for guests and staff alike, apply to be a part of our amazing Food & Beverage team. Under the direction of our Food & Beverage manager, you will be responsible for taking orders from the guests, serving food and beverages, as well as some light cleaning.

### Duties & Responsibilities

- Welcoming/greeting all guests in a timely manner
- Providing guests and locals alike with the best experience possible
- Using P.O.S. to ring in food and beverages
- Taking food and beverage orders and delivering to guests in a timely manner
- Clean and restock as necessary
- Meet daily goals provided by the supervisor
- Build and maintain a partnership with staff and guests alike

### Qualifications

- Serving It Right Certification
- W.H.I.M.I.S
- Food Safe Certification
- Ability to work in a fast-paced environment
- Point of Sale Experience

Resume submissions are to be sent to Scott Wilshaw, General Manager's email: [generalmanager@lundresort.com](mailto:generalmanager@lundresort.com)



The sweet shack offers an array of unique ice cream flavours and a selection of fine specialty candies from England. Unwind from a day on the water with a cappuccino made from our resorts exclusive blend of 13 moons coffee while you shop for keepsakes from local talent.

# INDIGENOUS PEOPLES DAY 2019

- Traditional Games
- Cultural Displays
- Artifact Displays
- Canoe Rides
- Traditional Salmon BBQ
- Cultural Performances



**June 21<sup>st</sup> from 11:00am – 2:00pm**

Cultural Tours available at the Tla'amin Governance House

SD47 Tours from 9:30-11:00      Community Tours from 11:00-2:00  
Lunch 12:00 at Tla'amin Waterfront

For more Information Contact Drew Blaney – [drew.blaney@tn-bc.ca](mailto:drew.blaney@tn-bc.ca)