



Tla'amin Education Receives Greater Participation for Success



School Board Trustee Jack Timothy (foreground)

By Steve Gallagher
Neh Motl Editor

With the Local Education Agreement about to expire in June of 2020, a joint educational forum was held between Tla'amin educational staff and School District 47 at the Governance House on March 11th. The Local Education Agreement expresses a determination on behalf of Tla'amin and School District 47 to learn from the experience of the past and to reach a new level of understanding and cooperation with respect to the education of Tla'amin people. The intention of this forum was to hear from Tla'amin parents and the students about their ideas for future programs and services for K-12 and beyond. In order to improve the learning experience for not only students but also educators, greater participation will mean greater control of the education needs of Tla'amin students within a culturally appropriate context.

"We are glad to have you here tonight to talk about the educational pieces that serve your children and your grandchildren. This is an opportunity to hear from you and see if there is anything missing from this agreement," commented Hegus Clint Williams.

"On a positive note, I received an email from Keith Carlson. His parents have decided to donate a ten-year scholarship at \$2,000 per year for a female student graduating from Brooks Secondary. The first scholarship will be awarded at this year's graduation," announced the Hegus.

Jay Yule is the Superintendent for School District 47. "We have always had this great working relationship amongst each other. Post treaty, you are putting out millions of dollars into our education system. We are trying to create a different environment where you can take that lead. This is the first step. We want to find out what kind of things we can change in short term to ten years down the road."

Jack Timothy is now a School Board Trustee. "The Board has put together an equal opportunity to get our students graduating to pursue a better education. This would benefit not only to the world but our place here in Tla'amin. We should seriously take a good look at where we are at, especially for the children."

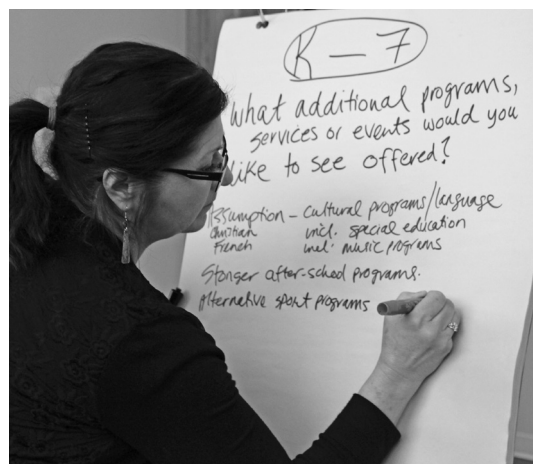
Jasmine Marshman, Principal has the majority of Tla'amin students attending James Thomson. "We are grateful to have your trust to let your children come to our school for six hours. We are also fortunate that we have Brad Adams who works with many children from the nation here, and keeps them under his wing. We had a lot of success over the years but recognize there is a lot of things that we can work on. We look forward to the feedback and are excited to hear what Tla'amin people have to say"

Bill Rounis has been the Principal at Brooks Secondary for two years. "I am really looking forward to hearing about some of the things you want us to continue to do, and as well some of the things that we haven't done yet, and need to consider to start offering. We want to get together and offer the best education for everyone.

At Brooks, some of the things we do to encourage students to attend, is ensure they have all the basics. If they need food or supplies, we make sure that is covered. If you go to school and get your Dogwood then your job chances increase. The amount of money that you are going to make as a result of your career, increases as well. A lot of careers require that



Kyle Francis shares his experience with trades



Marlane Christensen facilitates K-7

EDUCATION (Continued on page 2)



TREATY DAY CELEBRATIONS

April 5th
Governance House

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS





Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646

Klahanie Subdivision Specific Claim Calls for Referendum



By Steve Gallagher

For the very first time as a self-governing nation, Tla'amin will be heading to the polls for an upcoming referendum. Our vote will decide whether or not Tla'amin will accept or reject a recent settlement offer from Canada, in the amount of \$22,830,516. The settlement offer is a result of the *Klahanie Subdivision Specific Claim* for Canada's breach of its fiduciary obligation in 1972.

Before the referendum date can be announced, an electoral officer must be appointed to oversee the process. Once we hire the electoral officer, an official date will be announced calling for a referendum. Until we confirm, at least 25% of our voting population is required to vote in order to make it official.

During the week of March 11th, information sessions were held in Tla'amin, Victoria and Vancouver. Future information sessions will be planned in the near future to discuss the *Klahanie Subdivision Specific Claim*, and investment strategies if the referendum vote is passed.

Background on *Klahanie Subdivision Specific Claim*

1972 - Canada presold 40-year leases of the lots in the Tla'amin Nations Klahanie Subdivision on Sliammon IR#1.

2006 - Tla'amin Nation submitted the *Klahanie Subdivision Specific Claim*, claiming compensation for Canada's breach of its fiduciary duty to the Tla'amin. The basis of the claim being that Canada had significantly undervalued the leases, resulting in reduced revenue to Tla'amin.

2011 - Canada offered to negotiate a settlement based on its policy of historic losses using its 80%-20% policy. Under this policy 20% of this historic loss is brought forward using compounding interest at Canada's band trust account rates. While the remaining 80% of the loss is brought forward using the consumer price index (CPI or inflation).

- Tla'amin Nation passed a resolution agreeing to negotiate the claim, specifically to set out that the Tla'amin Nation is seeking to be fully compensated for its losses.

2016 - Canada made a settlement offer to the Tla'amin Nation for the *Klahanie Subdivision Specific Claim* in the amount of 14,027,980.

2017 - Specific Claims Tribunal issued two rulings that addressed how historic losses are to be brought forward. These rulings rejected Canada's 80-20 approach.

- Tla'amin Nation formally asked Canada to reconsider its settlement offer and to apply the legal principles set out in the Specific Claims Tribunal rulings.

2019 - Canada provided a revised settlement offer for the *Klahanie Subdivision Specific Claim* in the amount of \$22,830,516.

EDUCATION (Continued from page 1)

Dogwood, which makes it that much more important.

When you look at how do we define success in the school, it is really about engaging the community, by bringing parents into the discussions. We are making sure that we are providing services that they actually want, as long as it makes sense. There is definitely an appetite. I can sense that the momentum is getting better, and we want to build on that. This forum is what it's all about. For parents it's always important to communicate with the school regardless of what age they are. That's when we are all pulling together and that's when the real success happens"



Christien Kaaij
Alofli Consulting

Louise Dominick works in Post-Secondary but also provides additional support by tutoring our students either at Brooks or Ahms Tah Ow on a weekly basis. "It is important to have parents and students participate in these sessions to provide information to help us guide them in choices for the learner's future. Some of the biggest challenges I have experienced is attendance. Communication with community members and students is an important piece for achieving success. Social media and regular networking can build and strengthen a positive relationship with all students and parents to ensure our students have opportunities after they receive their Dogwood."

The Child Development and Resource Centre staff shared information about their provincial programs and were available for feedback from parents on behalf of their young children getting ready for kindergarten.

Budget 2019: \$1.4B In Loans To Be Forgiven Or Reimbursed To Indigenous Groups For Treaty Negotiations

\$938 million will be forgiven or reimbursed in 2018-19 fiscal year

Chantelle Bellrichard · CBC News · Posted: Mar 19, 2019 7:25 PM ET | Last Updated: March 19

Indigenous groups across Canada carrying millions in dollars of debt from negotiating treaty claims with Ottawa will soon have that debt erased.

The federal government announced in its 2019 budget it will be forgiving loans to Indigenous groups who have taken on debt to negotiate comprehensive claims and treaties.

Groups that have already repaid the government for such loans will get their money back, Ottawa says.

According to the 2019 budget, tabled by Finance Minister Bill Morneau in Ottawa on Tuesday, 200 Indigenous communities across Canada will benefit from this loan forgiveness and reimbursement. A large percentage of those groups are First Nations in B.C., where there have been few treaties in comparison to the rest of Canada.

Fact: Tla'amin Nation's treaty loan exceeded \$11 million, money that will be able to be reinvested back into the community according to the Tla'amin Nation's priorities. Further, the collaboratively developed approach to funding governance will provide the Tla'amin Nation a nearly 300% increase of annual funding to a crucial area of self-government.

Celebrating 3 Years of Self-Government

Friday, April 5th



General Assembly

Governance Building

Date: Friday, April 5, 2019

Time: Doors open: 8:00 am

Pancake Breakfast: 8:30 am

Presentations: 9:00 am



All members are encouraged to attend the General Assembly on Friday, April 5, 2019. The following items are planned:

➤ **Presentations:**

- 2019 - 2020 Budget (Finance Committee)
- Elders Treaty Benefit

➤ **Information tables or stations regarding current Nation initiatives will be set up.**

A BBQ luncheon and various fun and cultural activities are scheduled to begin at noon to celebrate "Treaty Day".

In the evening a dance with LIVE MUSIC is planned AT THE LUND HOTEL

Travel assistance is available, please contact: losa.luaifoa@tn-bc.ca
1-877-483-9646 Ext 124

Youth Get Informed about Regional Trades Opportunities

On February 26th Tla'amin Nation and the Industry Training Authority (ITA) hosted a Regional Trades Opportunity Forum at Dwight Hall. This forum was created to inform people about the trades opportunities at Paper Excellence (formally Catalyst) and the trades opportunities within Tla'amin Nation's newly formed construction company "Tla'amin Construction". The reason it was held at Dwight Hall is because Paper Excellence was doing tours of their trades shops every 30 minutes. There were a number of speakers and booths providing valuable information.



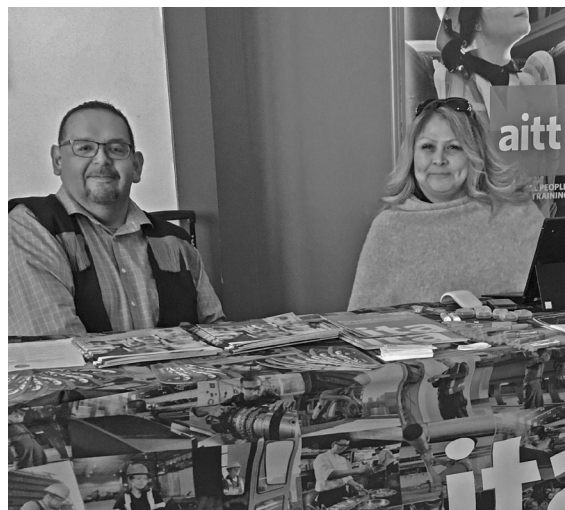
The ITA had a booth with information on the four trades we were focusing this event on which are Carpentry, Electrical, Mill Wright and Pipe Fitting/Plumbing. Paper Excellence had a booth for sign up for their tours and also had half a dozen job postings on their table. NVIATS (North Vancouver Island Aboriginal Training Society) had a booth as well with all their sponsorship information and Career Link had a booth providing information on employment support.

From our Nation we had Walter Paul speak on trades and shared valuable information with the youth. Troy Marshall from Tla'amin Construction gave the youth advice and encouragement to join a trade. Tawni Wilkins was our speaker from NVIATS who also gave support on the trades and how NVIATS will help you with each step on your journey in your new career. Shannon Hanson and Jacob Mckay from ITA shared information on the Trades Sampler, a 12-week program starting March 29th with full sponsorship from the ITA for First Nations

interested in the program. This 12-week program will showcase each of the four trades focused on at this Forum.

I would like to thank everyone who partnered up to make this event possible, Elder Randolph Timothy Sr. for providing us with an opening prayer and Cultural Coordinator Drew Blaney for drumming and singing. All of our guest speakers, VIU Instructor Johnathon Bratseth, Troy Marshall, Tla'amin Construction, Walter Paul, TN Housing Renovations and Tawni Wilkins, NVIATS representative who all have taken the time to share their information within the Trades Industry. Also a big Thank you to Tracey Byam from Paper Excellence for arranging the tours of the mill and my hands raised to Shannon Hanson and Jacob Mckay from the ITA for all your hard work on this event.

Trisha Wilson
Training & Development Coordinator



Jacob Mckay and Shannon Hanson ITA



Johnathon Bratseth - VIU Carpentry

Tla'amin Culture Update



Wednesday: Culture Night at the Tla'amin Salish Centre. Pulling Together Canoe Journey & Tribal Journeys are just around the corner, so come on out and learn some of the traditional songs and dances of the Tla'amin people. Everyone is welcome to attend this event.

Thursday: Carving Night with Randy Timothy Sr. & Charlie Timothy. Come on out and learn from two great carvers. Students are learning to carve small paddles, eagle masks, rattles and more!

Canoe Journey Meeting

Come out to a canoe journey information session at the Tla'amin Salish Centre on Wednesday, April 10th 2019 at 4:30. We will be discussing some important information including school credits for SD47 students. So parents and guardians wishing to know more, please attend this meeting.

Pulling Together July 5th-13th 2019
Tribal Journeys July 15th – 24th 2019



Tuesday's Language Class will be postponed until further notice. My apologies for the inconvenience. In the mean-time, I would like to give a special shout out to the Tla'amin Language team consisting of Betty Wilson, Randy Timothy (Hoss), Koosen Pielle (Devin), Randolph Timothy & Dakota Gustafson. I would also like to thank our wonderful elders for all the time and energy they put into recording our language. Emote!



Tla'amin Firefighters Fight Live Fire In Sechelt

15 Tla'amin firefighters have finished up 5-weeks of hard training with 2-days of live fire exercises at the Sechelt Fire training centre. The firefighters extinguished car and dumpster fires then moved into a 4-storey tall burn building where they tracked down and controlled large fires set throughout the building. 4-instructors worked with the Tla'amin crew which was split into small groups for each evolution. Firefighters wore SCBA, self-contained breathing apparatus, as they moved through the smoke-filled building, carrying tools to break through locked doors. When the attack team reached the fire, they carefully knocked down the fires without disturbing the thermal layer of smoke in the room. If the thermal layer of 450-degree smoke and fire gases is disturbed, it can quickly turn into steam and descend quickly on the firefighters hampering their vision and ramping up the heat in the fire room.

The First Nations Emergency Services Society provided the instructors for the 5-week long course. The firefighters now have Exterior Attack Certification from the Justice Institute of BC. For many of the crew this was their first serious look at fire training and their first time conducting a live interior fire attack. All firefighters did repeated evolutions into the burn building using forcible entry tools, performing subject searches and tracking down and extinguishing fires.

A certificate ceremony for the firefighters is being organized to recognize our volunteers.



Two Tla'amin firefighters prepare to shoot water into a burning room at the Sechelt Fire Training Centre

Tla'amin Trail Ready for Spring



Larry Louie takes a moment to reflect overlooking Savary Island in the distance



*By Roy Francis
Community Development*

This article is written to introduce a new Tla'amin Trail Project to the community. Tla'amin has partnered with PRPAWS to begin building a series of trails on Tla'amin Lands. We currently have approximately 10 kilometers of newly built trails. The trails are intended to encourage healthy walking activity for Tla'amin community members, and provide a nice alternative to walking along our roadways. The trails provide relatively easy access to our beautiful territory; and we want our community members to enjoy our outdoors and encourage everyone to become familiar with our lands. We will soon be erecting signage with maps; so people can access the trails. We look forward to seeing you out there soon.

PUBLIC WORKS HOUSE POST

ACCOMPLISHMENTS DURING 2017-2018

- Residential Tenancy Law passed
- Housing Assistant became permanent
- Tla'amin carpentry students employed all year on Nation projects
- Derelict duplex completely renovated and 2 families moved in
- Abandoned home renovated to suit Elder who has settled in nicely

WHAT CITIZENS CAN EXPECT 2018-2019

- New units built for Social Housing in later 2019
- Pet regulations to be enacted
- Residential Tenancy Law to be implemented



Earth Day is an annual event celebrated on April 22. Worldwide, various events are held to demonstrate support for environmental protection. First celebrated in 1970, Earth Day now includes events in more than 193 countries, which are now coordinated globally by the Earth Day Network.

Facts About The Earth

- Earth is the only planet not named after a god. The other seven planets in our solar system are all named after Roman gods or goddesses. Although only Mercury, Venus, Mars, Jupiter and Saturn were named during ancient times, because they were visible to the naked eye, the Roman method of naming planets was retained after the discovery of Uranus and Neptune.
- The Earth's rotation is gradually slowing. This deceleration is happening almost imperceptibly, at approximately 17 milliseconds per hundred years, although the rate at which it occurs is not perfectly uniform. This has the effect of lengthening our days, but it happens so slowly that it could be as much as 140 million years before the length of a day will have increased to 25 hours.
- The Earth was once believed to be the centre of the universe.
- Due to the apparent movements of the Sun and planets in relation to their viewpoint, ancient scientists insisted that the Earth remained static, whilst other celestial bodies travelled in circular orbits around it. Eventually, the view that the Sun was at the centre of the universe was postulated by Copernicus, though this is also not the case.
- Earth has a powerful magnetic field. This phenomenon is caused by the nickel-iron core of the planet, coupled with its rapid rotation. This field protects the Earth from the effects of solar wind.



On behalf of Tla'amin Nation Hegus and Executive Council, I would like to congratulate the following graduates of 2018-2019 Post Secondary

Erin Mitchell
Medical Laboratory Technician December 2018

Anthony George
Health Care Assistant March 2019 (NIC)

Chelsey Galligos
Health Care Assistant March 2019 (VIU)

Brooke Peters
Health Care Assistant March 2019 (VIU)

Jessica Darbyshire
Health Care Assistant April 2019 (Capilano)

All the best in your future endeavors

Sincerely
Louise Dominick

MORNING	AFTERNOON
M Brooks Secondary School 830am- 230pm	Tla'amin Nation Post Secondary/ Ahms Tah Ow School/Tutoring 330pm - 530pm
T Brooks Secondary School 830am- 230pm	Ahms Tah Ow School/Tutoring with James Hanson (sd47teacher) 330pm -530pm
W Brooks Secondary School 830am- 230pm	Ahms Tah Ow School/tutoring with James Hanson (sd47 teacher) 330pm-530pm
T Brooks Secondary School 830am- 230pm	Ahms Tah Ow School/Tutoring with Roseanne Dupuis(sd47 teacher) 330pm -530pm

Proposed Speed Bumps



Tla'amin Governance Administration has identified a need to install further speed bumps in the community to slow down speeders!

We are asking the community for their

input to identify problem areas where they feel speed bumps are needed (excluding Highway 101).

Please email your suggestions to hr@tn-bc.ca. Please be as specific as possible along with rationale for location by April 19, 2019.

If you have questions, please call Jessie at ext. 127 at the Governance building.



Fish Food for Thought

By Sachi

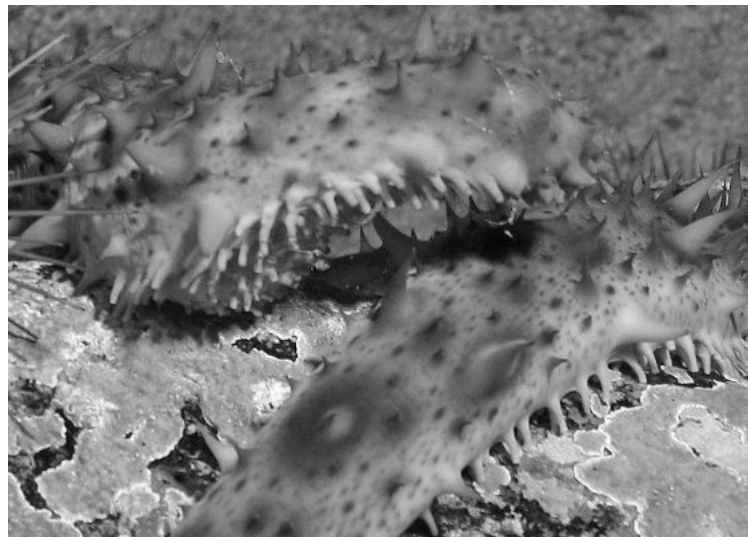
On April 5th it is time to celebrate the Effective Date of the Tla'amin Final Agreement. In addition to celebrating the sovereignty of the Tla'amin people, we can also celebrate the rights of the Tla'amin Nation to harvest and govern natural resources. Like many other resources, the Tla'amin people have been managing ocean resources for millennia, some of which include but are not limited to, salmon, herring, rockfish and urchins. All of these species are reflected in the Final Agreement but did you know that sea cucumber, another Tla'amin traditional seafood, is also included in the Final Agreement?

Well, what is a sea cucumber? Sea cucumbers (ʔaləs) are benthic marine invertebrates, which means they live on the seafloor and have no spine. They are cylindrical in shape and are soft bodied even though they have under the skin skeletons that produce spine-like features. The sea urchin (məseqw) is the sea cucumber's closest animal relative!

Sea cucumbers have many interesting

adaptations. For example, did you know that sea cucumbers breathe through their anuses? Their respiratory network absorbs oxygen from the water that circulates through the anus. In addition, sea cucumbers have an interesting defense strategy. When a sea cucumber is threatened, they are able to expel their internal organs which hides a toxic substance, called holothurin, towards the predators as a distraction. The missing organs are regenerated by the safely escaped sea cucumber a couple weeks later.

Sea cucumbers have been identified by the Tla'amin Traditional Use Study (TUS) as a traditional food that was harvested by divers then either steamed or roasted over a fire. The use, and maybe the



appetite, of this squishy invertebrate appears to have decreased. However, in the recent Contemporary Use Study (CUS), sea cucumber was identified as a harvested species.

Given that sea cucumbers are allocated in the Final Agreement, we can ask the question: if sea cucumbers are harvested by the community again, how will climate change

impact these efforts? Researchers at UBC found that ability to harvest sea cucumber, or catch potential for sea cucumber, is projected to decrease by 7.0-14.8% by 2050. Even though this means a potential decrease in sea cucumber abundance in the ocean, this is a relatively small change compared to other seafoods, such as herring (ʔaget), which are predicted to decrease in catch potential by 28.1-49.2% by 2050.

So what might all this information mean moving forward? Science says sea cucumbers are projected to be less impacted by climate change compared to that of other traditional seafood. Therefore, looking at programs and strategies that teach community members about harvesting

and preparing them might allow Tla'amin people to exert their rights in accordance to the Final Agreement that was fought so hard for.

References
http://www.softschools.com/facts/animals/sea_cucumber_facts/478/

Weatherdon et al 2016
 First Voices



Is your child entering Grade 6 to 9?

Make middle school count!
 Assumption Catholic School offers:

- A strong **academic foundation** in writing, reading, science and math
- A supportive, engaged **peer group**
- **Violin and choir** - part of Assumption's new partnership with the Academy of Music
- Excellent, inspiring **teachers**
- A nurturing environment to develop middle-schoolers' **identity and goals**

Peaceful, inclusive classrooms Preschool to Grade 9
 Caring staff working in partnership with Tla'amin
 Powell River's top academic school



assumptionpr.ca
604-485-9894

James Thomson Elementary

CALENDAR OF EVENTS

April 1st Back to school

April 4th PAC Meeting
 (Childcare provided)

April 5 Hot Lunch orders due

April 9 Cross-country @ Edgehill 1:00
 Grades 2-7

April 10 Class photos (Individual & sibling photos available only upon request)

April 12 Pizza Hot Lunch

April 16 Ready, Set, Learn 1-2:30 (Pre-Kindergarten)

April 18 Egg Drop!

April 19 Good Friday (no school)

April 22 Easter Monday (no school)

April 23 Cross-country at Sunset Park 3:30
 Grades 2-7

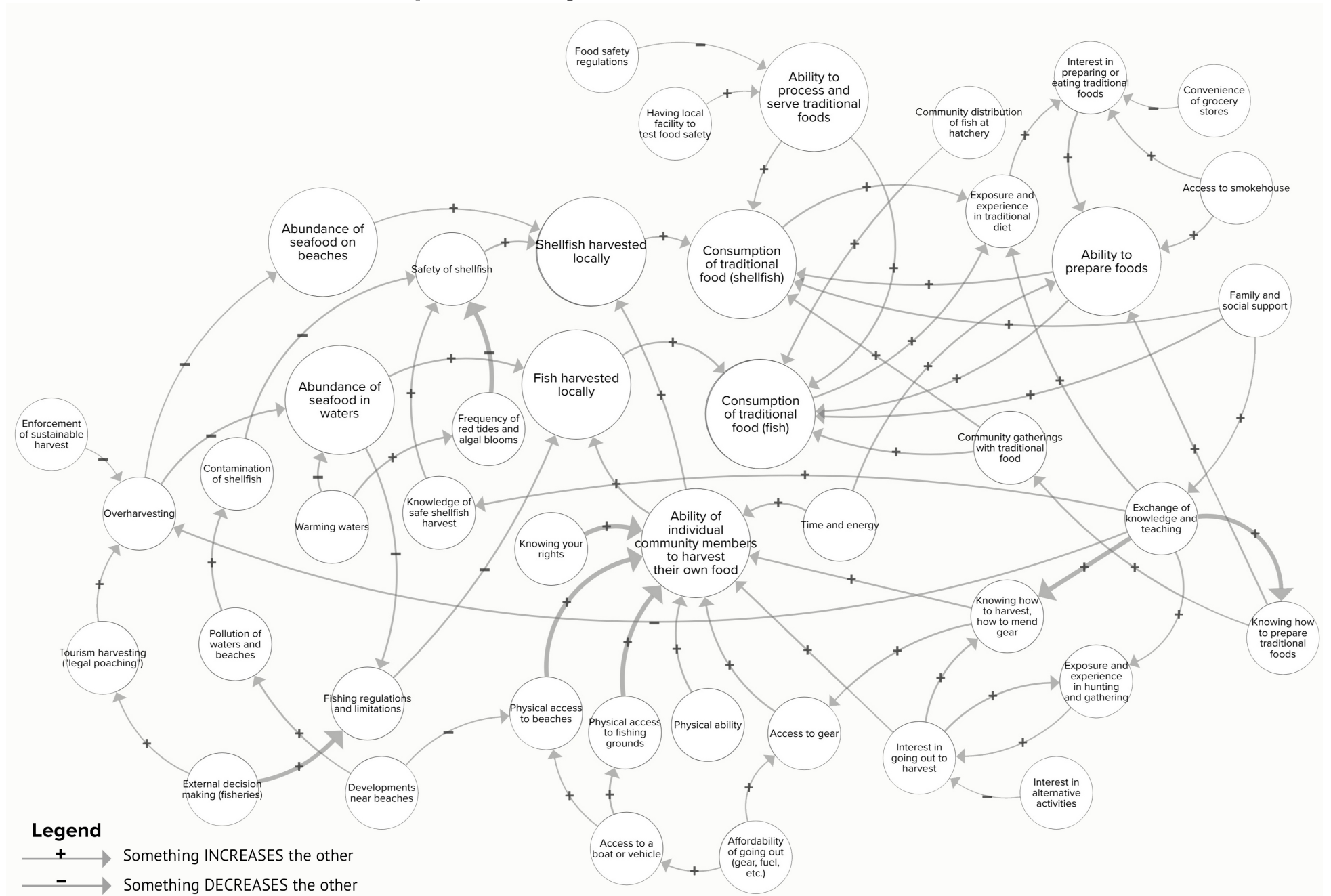
Governance Administration Building Will Be Closed for the Easter Weekend

April 19 - 22nd



Linking Fisheries, Food, Health and Climate Change In Tla'amin Nation

December 10 & 11 Workshop Summary



A systems map (above) was created as a result of the 2 day workshop that shows the challenges between traditional food harvest and resource management in Tla'amin territory. The thicker arrows were identified as more important. This map is work in progress and needs community input to build on the research

We need your help

A systems map (above) was created as a result of a 2-day workshop in December 2018. We explored the connections between seafoods, health, and community. We also discussed what helps or prevents people from getting the seafoods they need.

What is a “systems map”? It’s not a typical map, what we usually think of when we think of “map”, but rather, it’s a map of different factors that affect each other.

Circles in the map represent different things to do with harvesting and eating seafood, and arrows represent the relationship between those things. A “+” sign means that something “increases” the other, whereas a “-” means that something decreases the other. The thicker arrows were identified as more important.

The map above is a work in progress and will be used as the base for University of British Columbia student

Patricia Angkiriwang’s Master’s project as she explores ways to make an interactive, decision support tool for Tla’amin Nation.

Specifically, the map acts as the basis for a computer model that could help explore the pros and cons of different community strategies and policies Tla’amin Nation might want to implement in the future.

A follow-up session to refine and test a prototype of this tool is tentatively planned for late summer of 2019.

Outside of this research, conversations during the workshop have sparked ideas for managers and coordinators to collaborate on exciting initiatives in the year to come.



See anything wrong on the map?

If you see anything inaccurate or missing, or if you have any questions or suggestions, please contact Patricia at p.angkiriwang@oceans.ubc.ca.

Legislator Lori Wilson is the Tla’amin Nation liaison for this project and can be reached at ext.108

Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

What quality of life should our Care Facility Provide?

Please fill out the online survey: <https://www.surveymonkey.com/r/TRGHLDQ> or fill out a paper survey at the Health Centre.



The hope is to ensure Tla'amin people will not have to leave the community when additional care is needed. The intention is to create a comfortable facility that provides culturally meaningful and quality care.

We are reviewing all of the local information that has been gathered including and since the 2005 study. This can help complete a robust current picture and also project into the future. Let us know what should be included in this care facility?

Contact Doreen Hopkins (member of Advisory Committee) directly: doreen.hopkins@fn-bc.ca or 604-483-3009 extension 126.

Leonard Bob points to where the location of the care facility is considered. (top picture)

March 7th open house opens up dialogue about best practises. (middle)



Executive Council Larry Louie shares his thoughts with Aloffli Consultant Janet Newbury



Elders Corner

Tla'Amin Elder's Calendar

Location: Tla'Amin Health

Time: 11:00 a.m. to 1:00 p.m.

April 2nd, 2019 – EDP

April 9th, 2019 – EDP - Community Consultation

April 16th, 2019, 2019– EDP - Draw for Raffle Tickets

April 23rd, 2019 – No Elders Day Program

April 30th, 2019 – BINGO

Reminder: Elders are fundraising, selling T-Shirts & Raffle Tickets

Please call Doreen Hopkins if you wish to schedule time for presentation to the Elders group.

Thank you,
 Doreen Hopkins
 Tla'Amin Elders Coordinator
 Phone Number: 604-483-3009 Extension: 126

Happy
 Easter!



April is Autism Awareness Month

*Brenda Pielle
Youth and Family Advocate*

April 2nd is recognized as World Autism Awareness Day, and the entire month is considered Autism Awareness Month. This was declared by the United Nations in 2007 so this year marks the twelfth year.

People who are living with autism can have different degrees of difficulty and challenge in their everyday living. There used to be four different diagnoses

There are services available for families of children and youth diagnosed with Autism Spectrum Disorder. These services come from the Ministry of Children and Family Development under the branch called Children and Youth with Special Needs (CYSN). The person in the Powell River office to speak to about this is Jacquie Milsom. There is funding available to help purchase the intervention services that can help to improve communication, social-emotional, academic, and functional life skills development.

The colour for Autism Spectrum Disorder awareness is blue. There are a number of landmarks and buildings around the world that will shine blue lights on April 2nd in order to show support to individuals and families living with Autism Spectrum Disorder. Some examples include: the Empire State Building, the Niagara Falls Tower, the CN Tower, the Official Residence of the Prime Minister, and the Sydney Opera House in Australia. There are over 1000 buildings participating in thirty countries. You can look this up on the internet on the Autism Speaks Canada website, or by entering, "Light it Up Blue" on Google. The blue lights are a way to shine a message of understanding, acceptance, and support for individuals living with Autism Spectrum Disorder.

There is a lot of research being done in the area of Autism, and there is always more that needs to be done. Some communities host walks or other events to raise funds for research on Autism Spectrum Disorder. Perhaps this is something our community could consider organizing in the future. Please let me know if you are interested.

In the meantime I encourage all of us to learn as much as we can about this developmental disability. The more we learn, the more we can offer our support and understanding to others.



according to these different limitations. Now there is one name used and it is Autism Spectrum Disorder.

Having a diagnosis of Autism Spectrum Disorder means that a person has significant challenges in social interactions, communication, and challenges with repetitive behaviours. This is a life-long condition and there are therapies and treatments available. It is best to begin these therapies early in a child's life. If you have any concerns about your baby or young child's development, be sure to check it out further with our Community Health Nurse, our Nurse Practitioner, our Early Childhood Development Outreach Worker, or with myself. We have developmental screening tools that can help us look more closely at children's development. These can help us help you decide if a referral to a specialist for further assessment is necessary.

Tla'amin Community Blanket Exercise

This event is for Tla'amin Nation members only



The KAIROS Blanket Exercise is a unique, participatory history lesson – developed in collaboration with Indigenous Elders, knowledge keepers, and educators - that fosters truth, understanding, respect, and reconciliation among Indigenous and non-Indigenous peoples.

Please register for one of the following:

Saturday April 13th 11:00am - 2:00pm
Thursday April 18th 5:00pm – 8:00pm

Held at the Salish Center with a meal included. Go to taxumajehjeh.ca for more information.

Please register at the Health Desk or by calling 604 314 7576 or email amy.vaughan@tn-bc.ca



MEN'S CIRCLE

A place where men can share as an equal and be heard in a compassionate manner with dignity and respect. Learn how to cope and manage stress, life skills, or need a sounding board, then this circle is for you.

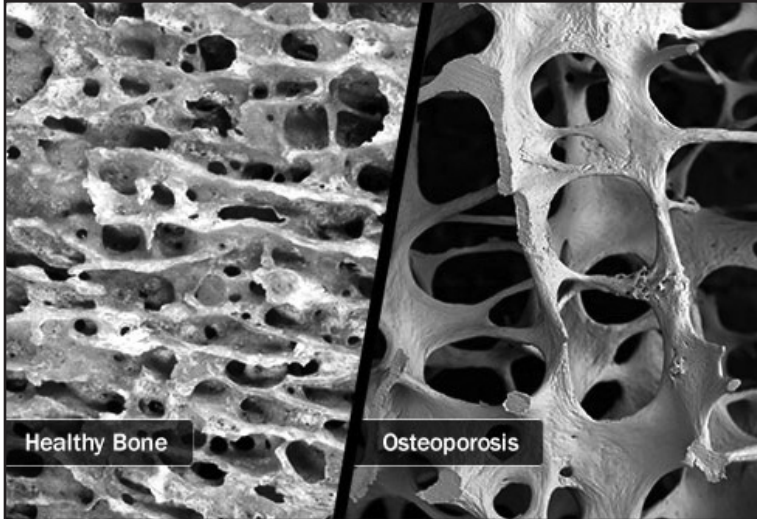
CULTURAL LODGE

Every other Wednesday (Starting in April)
7:30 – 9:00 pm.

Contact Frank Osawamick @ Tla'amin Health to register. 604-483-3009 ext. 113



Our young children learned about horticulture by planting potatoes and onions at our Community Garden over the spring break



**Health Tip
Osteoporosis**

About half of women over 50, and up to 25% of men in that age group, break bones because they've lost too much bone mass, and their bodies haven't replaced it. A couple of things that can help: a healthy diet rich in calcium and vitamin D (you need both for strong bones) and regular weight-bearing exercise, like dancing, jogging, or climbing stairs.

Car Seat Safety Clinic

When: Monday, April 8
Time: 12-2pm
Where: CDRC

Come learn about car seat safety and a chance to win a carseat!

Light lunch provided



Parent/tot program



**CDRC from 9:30-11am
April 4th, 11th, 18th, 25th**



Expired Medications Safely Disposed at Safeway

The week of March 11th the Home and Community Care Team hosted a medication return-it event. We partnered with the temporary Chronic Disease Nurse, Mika Miyaoka and Community Paramedic, Brian Bompreszi. This event occurred thanks to a grant from the First Nations Health Authority. The purpose of this event was to collect expired or unused medications and dispose of them safely at Safeway Pharmacy. Unfortunately, sometimes medication gets thrown out or forgotten about, and may end up in the hands of children or vulnerable adults. Unsafe disposal such as throwing it in the trash may also lead to the medi-

cations being exposed to wildlife and can be fatal. I want to thank those of you that participated in the event. We are hoping to run another event at the end of summer. If you do have medications that need to be disposed of in the meantime, please return to your pharmacy and they can dispose of it properly. If you are wanting to dispose of sharps, or are in need of sharps containers, please ask your pharmacy or Tla'amin Health.

*Ciara Knapp
Home & Community Care Coordinator
Tla'amin Health*



My name is Mika and I am the temporary Chronic Disease Nurse at the health. I am excited and honored to work in a rich and welcoming community. Most recently I worked in Vancouver's downtown east side at a very busy clinic that often times was used as an urgent care center. My philosophy in providing care is to provide the best evidence-based, holistic, non-judgemental care I possibly can. As such, I try and be accessible as possible. If you need help navigating the system or need help with your chronic conditions please drop in or give me a call. look forward to meeting more community members in the near future.

Happy Easter





Stronger Together

NAVIGATING THE PERSONAL IMPACTS OF SUBSTANCE USE

THURSDAY APRIL 4, 6:00-8:30PM

Tla'amin Health Centre

Community Dialogue:
Indigenous Families Impacted by Substance Use

This is a dialogue circle to explore systemic barriers to family support, share promising practices, and brainstorm solutions. We will learn from each other's experiences, successes, and challenges. Meal provided.



Family Support & Wellness Program

The Family Support & Wellness worker provides referrals, 1:1 support, transportation and advocacy for families to help and promote healthy family development and strengthen family life.

Mondays **Emish' Walking Group**
1:30 – 3:00 pm

Spring is here! We will continue track walking where it is safe as part of our wellness. Keeping physically active helps relieve stress, keeps blood pressure down and have healthy heart. Transportation provided

Wednesday **Grief & Loss Support Group**
April 3 & 17th 530 – 730 pm

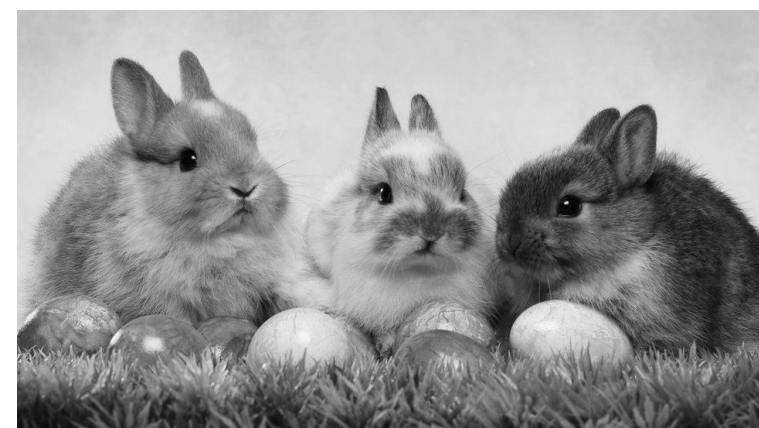
Supporting one another through difficult times by sharing and remembering our loved ones, helps us knowing we are not alone in our grief.

Thursday **Social & Crafts Program 10 – 12 pm**
(lunch provided)

There will be info sessions this month with Cyndi Pallen facilitating
April 4 Alcohol, Drugs and Body System
April 11 Grief & Loss
April 18 Trauma
April 24 Historical Impact, Toms'Tiyah (moving forward)

Grandparents Group 530 – 730
Supporting one another regarding concerns for our grandchildren

For more info call Sally at Tla'amin Health 604.483-3009



Letter to the Editor

I'm just writing to let the Tla'amin Nation know that my Dad and Mom have decided to donate \$20,000 to the Powell River School District to create a 10 year scholarship of \$2,000 per year. The scholarship will be for a First Nations female student graduating from Brooks to pursue post secondary education.

My Mom had the idea of creating the scholarship a few years ago before she went into the Wellington Creek care facilities. My Mom used to be a teacher and taught at First Nations day schools in Port Hardy, Whitehorse, Peace River, an Kamloops. Then she returned home to Powell River and taught at Assumption the year that school opened.

When my Mom graduated she didn't have the money to go to university. It was an anonymous scholarship that enabled her to go and train to be a teacher. She wanted to give a similar opportunity to some of the young women from Tla'amin.

I contacted the school district on my Dad's behalf, and they have set things up. The first scholarship will be awarded at this year's graduation.

Anonymous

What is Easter?

Easter is a Christian holiday that celebrates the belief in the resurrection of Jesus Christ. In the New Testament of the Bible, the event is said to have occurred three days after Jesus was crucified by the Romans and died in roughly 30 A.D. The holiday concludes the "Passion of Christ," a series of events and holidays that begins with Lent—a 40-day period of fasting, prayer and sacrifice—and ends with Holy Week, which includes Holy Thursday (the celebration of Jesus' Last Supper with his 12 Apostles), Good Friday (on which Jesus' crucifixion is observed), and Easter Sunday. Although a holiday of high religious significance in the Christian faith, many traditions associated with Easter date back to pre-Christian, pagan times.



Decorating Easter eggs is a popular Easter tradition. The eggs symbolize new life and new birth

DON'T GROW PLASTIC.

Keep our compost plastic free!

Food Scraps & Yard Waste Pilot Project on Now!

Drop-off at Town Centre Recycling Depot.



Let's Talk Trash.ca

WHAT IS WASTE?

Compostable Plastic Confusion

When it comes to compostable plastic, don't believe the hype. If it were as miraculous as it sounded, it would indeed be worth the price, and a serious plastic-free party in the streets. But, as you may have suspected, compostable plastic is not the ultimate solution or excuse for us to go on over-packaging and mindlessly gobbling up plastic goods.

By now, most of us have been exposed to the alarming stats about plastic and its impact on mother earth. The ultimate danger of the dreamy, new, supposedly-compostable material is that it lowers our motivation to be more conscious consumers, reducing what we use in the first place. Not all plastics are created equal, but at first glance many of them look identical. This is just one of the challenges with all the new bio-plastics.

Here are some of the bare-bone facts on the matter. When a label reads 'certified compostable,' this means it is meant to break down into smaller pieces of itself and become food for the soil. This sounds great, but is accompanied by details like the fact it must be composted at a certified composting facility where high temperatures can be reached. What's more, the time it takes to break down, usually exceeds the actual time even a certified facility allows for.

Backyard composters are almost guaranteed not to create the proper environment to break down compostable plastics. And, despite popular opinion, this type of plastic, and even food waste, does not break down in the airless (anaerobic) environment of a landfill, where trash is compacted to make space. Packaging labeled 'biodegradable' essentially doesn't have any real significance because it simply means that this item breaks down into smaller pieces of itself. Just what these smaller pieces are composed of, however, is not defined. It could simply mean smaller pieces of plastic.

Another challenge of plastic alternatives entering today's market is that they are finding their way into the wrong recycling bins. When compostable plastic enters the regular plastic recycling stream, it reduces the durability of the recycled plastic. The opposite is also true, as we are seeing a lot of regular plastic arriving at composting

facilities. You can imagine the headache for compost facility operators who need to scan piles of plastic bags and sift out the good from the bad. Micro pieces of plastic are polluting our soil and water ways and even being found in our food supply, because of this type of confusion. This is one reason why Salish soils, who accepts the City of Powell River and the qathet Regional District's compost pilot project organics, doesn't allow any kind of compostable plastic. That includes, supposedly 'fully compostable' coffee pods that have hit the market recently. The only portion of a coffee pod accepted in our facility is the paper filter and coffee grounds.

Just because a plastic has been invented, does not mean that we have figured out an efficient way to recycle or compost it. If anything, the many types of plastic types flooding the market are only adding to the complexity of our recycling and composting systems.

What can you do this month to be part of the solution rather than the confusion?

- Start using a re-fillable water bottle and coffee cup.
- Bring re-useable shopping bags or a basket with you wherever you go.
- Buy in bulk.
- Avoid anything labeled 'compostable' or 'biodegradable' plastic, as neither are accepted in our composting or recycling systems, and only adds to contamination problems.
- Bring your own container to bring home your to-go meals.
- Pack lunch and snacks in re-useable containers.

Let's Talk Trash is the qathet Regional Districts Waste Reduction Education Program. Contact them at info@LetstalkTrash.ca with your waste reduction questions.

qathet Regional District's
Waste Reduction Education Team
(Abby McLennan, Tai Uhlmann & Ingalisa Burns)
604-485-2260
letstalktrash.ca

**World of Whales
Dinner Event
Saturday, April 27, 2019
Dwight Hall**



- Dinner
- Silent Auction
- Live Auction
- 50/50 Draws
- Crack an Egg

Doors: 5 pm – come early to check our Auction displays before dinner. Catering by: David Bowes, Laughing Oyster

Ticket Prices: \$40 each or \$280 for a Table of 8 (\$35 ea).

If you are paying by cash or cheque and wish to reserve your tickets or tables, please contact us directly, or you can buy your tickets in Powell River at:

Mandeville Financial: #4 – 4313 Alberta Avenue – cash or chq only

Hindle's Gifts: 4721 Marine Avenue – cash or chq only

Capone's Cellar: #101 – 7010 Duncan Street
cash or chq only

**Our information tables at Quality Foods:
April 4, 11, 18**

Tla'amin Nation Executive Council Minutes

February 20, 2019

Council Chambers, Governance House

Attendance: All Executive Council

Resource: Rod Allan, Losa Luaifoa,

Guests: Dillon Johnson, Grace Adams,
Maynard Harry, Roy Francis

Hegus Williams called the meeting to order at 10:06 am.

A. ADOPTION OF AGENDA: Motion to amend the agenda to include the following items: Cultural Curator Position, Emergency Services, Beach Playground and C3 Meeting – March 14, 2019.

Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED

B. APPROVAL OF MINUTES:

Motion to adopt the February 6, 2019 Executive Council minutes.

Moved by Councillor T. Wilson
Seconded by Councillor L. Louie
CARRIED

C. PRESENTATIONS: Julie Froekjaer-Jensen
Tabled.

D. NEW BUSINESS:

1. Administration & Finance: The Chief Administrative Officer (CAO) advised that the C3 meeting (to be hosted by Tla'amin Nation), is proposed for March 14, 2019. Executive Council (EC) confirmed the date and Councillor J. Hackett will Chair the meeting in the absence of Hegus Williams.

2. Citizenship & Membership: Councillor L. Louie advised that the presentation held at the Governance Building on Sunday, February 17, 2019 went well. The focus of the presentation was membership/status.

3. Culture:

i) **Tla'amin Days** – EC reviewed a proposed plan of a series of events leading up to “Tla'amin Day” on April 5. EC commended the plan and recommended that it be implemented for April 5, 2020.

ii) **Longhouse** – EC reviewed an email update from Cindy Babyn regarding the qathet Regional District (qRD), Committee of the Whole meeting on Thursday, February 14. Cindy presented on a proposed longhouse project (longhouse type structure) at Shelter Point Regional Park (Texada). The project will provide some history of the Coast Salish people. Hegus Williams noted that the qRD initiated the project originally and it is a great idea but is not a high priority on the Nation's spending list.

iii) **Cultural Curator Position** – The Selection Committee reviewed and shortlisted the applicants for the position of Cultural Curator and recommends Sosan Blaney be offered the position.

Motion to accept the recommendation to offer the position of Cultural Curator to Sosan Blaney.

Moved by Councillor L. Louie
Seconded by Councillor T. Wilson
CARRIED



Lee and Simon George net a few herring off Denman Island

4. Education: The CAO provided an update on the February 19th, 2019 Education Management Team meeting and noted that the Local Education Agreement (LEA) was discussed. It was noted that the Enhancement agreement has expired and the School District expressed interest in hearing feedback on what Tla'amin Nation members' thoughts and expectations are in regards to the EA. An open house is scheduled for Monday, March 11, 2019 at 4 pm to 6 pm.

EC recommended that the Sijitus method be implemented for work with the Education Management Team.

Motion to temporarily adjourn Executive Council at 10:55 am.

Moved by Councillor T. Wilson
Seconded by Councillor L. Wilson
CARRIED

Motion to call Executive Council to order at 3:15 pm

Moved by Councillor L. Wilson
Seconded by Councillor J. Hackett
CARRIED

5. Emergency Services: Councillor T. Wilson received inquiries about use of the old band office site for training for the Fire Hall department. EC recommended that the demolition continue as planned to get rid of the debris and other hazardous materials, and for staff to look at building a new structure on one of the remaining trailer frames.

6. Public Works: Councillor L. Louie raised complaints from the community regarding bird droppings on the playground equipment at the beach.

EC recommended that staff (Public Works) be tasked with frequent pressure washing of the playground equipment. It was also suggested that the Fire Chief be apprised of the need for cleaning of the equipment and inquire if the fire hall may be able to assist from time to time.

F. HOUSE POSTS:

1. Lands & Resources – Councillor L. Wilson reported that the Lands Director is pursuing Sustainable Forestry Initiative (SFI) certification for the Nation. This certification will demonstrate the Nation's ability to manage its forestry in an environmentally sound way with ethics and integrity. In addition, the Nation would be responsible for completing an audit by a third party. Obtaining this certification enables the Nation to participate in the international marketing program and to increase the sale price amount for wood.

2. Finance: EC reviewed the quotes and recommendation from the Fire Chief for the purchase of a fire pumper truck for the Tla'amin Fire Hall. As per policy, EC is required to approve the purchase as it exceeds \$100,000.

Motion to approve the purchase of the “Fort Garry Terminator” truck for the price of \$489,000.

Moved by Councillor L. Louie
Seconded by Councillor L. Wilson
CARRIED

3. Community Services – Councillor L. Louie reported that he attended citizenship committee meeting on February 16 and it was interesting. Larry noted that he requested that a summary of the meeting be provided to EC.

4. Public Works – Councillor T. Wilson reported that firefighting training will be completed by mid-March. The final test is scheduled for March 16 and 17th, 2019 in Sechelt.

5. Economic Development

i) **TMSLP Operating Line of Credit:** Grace Adams, Maynard Harry, Roy Francis, TMSLP, in attendance to request EC approval to enter into an agreement with RBC for an operating line of credit in the amount of

MINUTES (Continued on page 15)

One Heart, One Mind, One Nation

Video Summary

AURA Ventures

In this short film about the Tla'amin Nation, we intend to showcase the essence of the People who make up the Nation, some of the major challenges and triumphs the nation has been through and their goals for creating a bright, sustainable future. We also intend to showcase what the Tla'amin Nation is currently doing to continue to thrive and be successful. Our short film will convey, the Nation as being positioned as People who have overcome adversity, persevered and have become very intelligent managers ready for their next challenge.



Dr. Jeanne Paul: Naturopathic doctor, and educator

THE PURPOSE OF TA'OW CENTRE

Based on our Ta'ow, we will empower our citizens to be healthy, self-governing stewards of the land. With that vision, Ta'ow Centre is designed to be the beating heart of the economic and cultural revitalization of the Tla'amin Nation. As the first component of a consciously-planned community, Ta'ow Centre will be a fully bio-sustainable, environmentally-responsible agro-industry campus to produce branded holistic health, home, and life products with native plants and botanicals. The Tla'amin language will be embedded into every aspect of the operation to further carry the legacy of the elders.

By creating educational programs that include the Tla'amin language, value-based products designed to address our community's health needs, and integrative well-living services, we have the ability to align our vision to reality and heal our Nation. Tla'amin Nation also intends to integrate progressive agenda of cultural preservation, restoration and empowerment with the non-native population of Powell River & Lund.

Our short film will include interviews with the following people:

ELSIE PAUL: Author, educator, fluent speaker, Tla'amin elder.

DR. JEANNE PAUL: Naturopathic doctor, educator, fluent speaker, Tla'amin elder.

DILLON JOHNSON: Project Manager

CHRIS RODDAN: CEO, Tla'amin Management Services

CLINT WILLIAMS: Hegus of the Tla'amin Nation

JENNIFER M. SANDERS: Managing Partner, AURA Ventures

DREW BLANEY: Cultural Manager

JOHN LOUIE: Cultural Leader

MAYNARD HARRY: Chair of Economic Development Committee

ROY FRANCIS: Community Development Officer

NATHAN JANTZ: Community Health Director

As well as footage of leadership and community meetings and Tla'amin territory.

AURA PRODUCTION TEAM

LINDSEY WARD, Executive Director, Visual Production
ROBERT STALEY, Director of Visual Content & Brand Imagery

MINUTES (Continued from page 14)

4-million dollars. It was noted that the line of credit (loan) is required for capital to support TMSLP business opportunities, in particular, with construction costs for real estate developments.

Councillor L. Wilson questioned if the funds could be accessed a different way and is not in support of the request.

Councillor L. Louie inquired about the company partnership and noted that TMSLP should be owned solely by the Nation and the partners act as consultants. It was advised that the partners' interests are to share in the profits and it was further advised that there is quite a difference between profits vs. consultant costs.

Councillor T. Wilson expressed the importance of knowing the business plans including a summary of funds requested for each individual project.

The CAO noted that he is not comfortable using leased land funds as collateral for the line of credit, noting that if things go sideways, those funds would be lost and the amount is quite substantial.

EC resolved to table this item to the March 6 meeting when Chris Roddan is available.

ii) **Lund:** Renovations are ongoing in the restaurant/bar. The General Manager has advised that old community hall in Lund will be demolished.

iii) **Construction:** Job Posting for Safety Officer will be sent out.

iv) **Operating Board** met on February 12, 2019.

G. HEGUS' REPORT:

- Scott Wilson, RBC Group Advantage is interested in providing the Nation benefits. The information about their benefits packages was left and Scott intends to follow up with the Nation in the near future.

- Stewart Dill of Steelhead advised the Nation that the Kwispa'a LNG Project is officially on hold as of February 19, 2019.

- A Referendum date needs to be set re: Klahanie Subdivision Specific Claim and the Government of Canada's settlement offer.

- The Strategic Forestry Initiative (SFI) is still in draft form. This document is a result of the Theodosia round table initiative. This initiative will provide up to \$150,000 to assist with forestry activities and also to cover the costs of Lidar mapping and other initiatives.

- Upcoming meetings: March 11: Education Open House at the Governance Building. This meeting will be for the community to provide their input and feedback regarding the Local Education Agreement (LEA) and the Enhancement Agreement. March 8: Wildlife Initiative meeting, Nanaimo (Region 1 & 2). Cllr. L. Wilson confirmed her attendance.

- ITHA were allegedly in the community seeking support from our people to sign a petition.

- The Language program has ordered their new computer.

- The speakers and amplifier from the Salish Centre have been given to the Lund Hotel.

H. OTHER BUSINESS:

1. Meeting Notices – EC discussed the process for notice of meetings for the different events hosted by the Nation and requested that a copy of all community notices distributed be filed accordingly.

ADJOURNMENT

Moved by Councillor L. Louie
Seconded by Councillor L. Wilson
CARRIED

Meeting adjourned at 4:29 pm. The next EC meeting is Wednesday, March 6, 2019 at 10:00 am.

ANNOUNCEMENTS



The Lund Resort at Klah ah men OPENING SOON

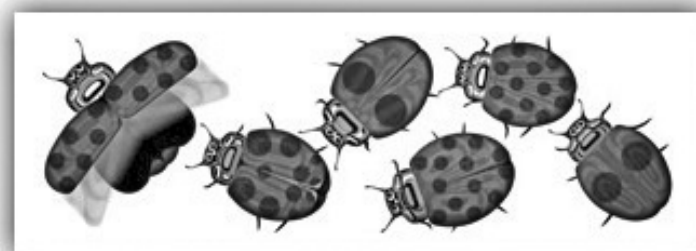


The redesigned Back Eatery, formerly the restaurant and pub, finds a bohemian vibe co-existing with Indigenous artwork and food items on the menu like fresh, house-made Bannock Benny with smoked salmon. New to the Resort is the family-friendly Sweet Shack coffee shop offering the Resort's exclusive 13 Moons Coffee and a tantalizing array of ice cream, gelato, and candies. The Tla'amin Nation announces the rebranding of the former Historic Lund Hotel and Resort to The Lund Resort at Klah ah men as of April 2019. The mural (above) is located in the Sweet Shack Coffee Shop.



Makara Joann Gallagher (April 24th - June 20th 2012)

Our angel up in heaven,
We wanted you to know,
We feel you watching over us,
Everywhere we go.
We wish you were here with us,
But that can never be,
Memories of you live within our hearts,
That only we can see.
Our angel up in heaven,
We hope you understand,
That we would give anything,
Just to hold your hand.
We would hold you oh so tightly,
And never let you go,
And all the love inside of us,
For you will never go.
Our angel up in heaven,
For now we are apart,
You will always live inside of us,
Deep within our hearts.



Happy 79th Willie Mack aka Papa Mack!

To an amazing Father and Papa! You're still as handsome as ever!

Love the Peters Clan

Want a Faster Tax Refund?

Mia's Income Tax Preparation

4950 Waterfront Road
Phone (604) 483-4437

Basic Tax Preparation \$45
Senior and Student Basic Rate \$40

T4, T4A, T5007
Efile to get a Faster Refund

Available for Pickup



Ann Hackett July 10, 1944 - April 1, 2013

God looked around his garden and found an empty space.

Then he looked down upon this earth and saw your tired face.

He put his arms around you
And lifted you to rest.

God's garden must be beautiful...

He only takes the best.

