



NEHMOTL "Us"

March 2019

Community News | Events | Updates for the Tla'amin People

Tla'amin Care Facility Requires Planning Together

By Nathan Jantz
Health Director

Elders and Tla'amin community members have been exploring the idea of a local care facility so that people can stay close to home, even as their care needs change over time. In 2005, a feasibility study was completed based on tireless work and valuable input from many of you, as well as some community members who are no longer with us. This past study did not lead to the construction of a facility at that time, however, much has changed since then, leading to the current revisiting of this possibility.

The Nation hired Alofli Consultancy (led by Christien Kaaij, with Martijn Poelen and Janet Newbury) to do a feasibility study, based on today's realities and building on this previous work. We have a Tla'amin Advisory Committee guiding every step. This committee currently consists of 18 people, including Elders, health care workers, elected council members (including Hegus), and community members. Our first meeting took place at the on January 28th, 2019 during which we reviewed some possibilities and set to work establishing how we will develop a plan that reflects what this community needs and wants now.

From here, we have a number of next steps:

- 1) We will be meeting with a range of Tla'amin groups and individuals in order to **hear perspectives and experiences** that can help to guide the development of this plan.
- 2) We will **explore examples** of culturally grounded care facilities in other First Nation communities in British Columbia in order to see what we can learn from them, including how they sustain funding for quality care over the long term.
- 3) We are **reviewing all of the local information** that has been gathered including and since the 2005 study. This can help complete a robust current picture and also project into the future.



Advisory group for will be looking at other first nation care facilities in the near future

- 4) We will be looking closely at **potential building sites and designs**, refining this as we get a clearer sense of the scope of this project based on local feedback.

We really want to hear from as many people as we can.

What do you and your family envision for a care facility in your community? What kinds of service would it provide? How would it be run so that it feels welcoming and responsive to your care needs in practical and culturally meaningful ways? What should it include and who should it serve? What do you think the structure should look and feel like, and where in the community should it be located? What other thoughts or ideas do you have?

We are so motivated by the energy and wisdom of everyone who has been part of discussions around this important initiative so far. If you would like to contribute to these early visioning stages, now is a great time to let us know! We also hope to hear from Tla'amin people who have moved away but would benefit from a local care

facility. If you are able to share this information with friends and family who are out of town, that would be greatly appreciated. We sincerely look forward to hearing from you. ?imot

Please feel free to reach out to Doreen Hopkins. She can be reached at doreen.hopkins@tn-bc.ca or by calling Tla'amin Health at 604-483-3009

Tla'amin community members: Are you or a family member currently living in a care facility in Powell River or another community - or who may need a care facility in the near future?

OPEN HOUSE

Child Development Resource Centre
Thursday March 7th, 4:30-6:30

- Light snacks provided
 - share your experience or ideas
- If you can't attend but have ideas contact:
Doreen.hopkins@tn-bc.ca or (604)483-3009 ext. 126.

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Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646

General Assembly (Spring)



Place: Governance Building

Date: Friday, April 5, 2019

Time: Doors open: 8:00 am

Pancake Breakfast: 8:30 am

Presentations: 9:00 am

All members are encouraged to attend the General Assembly on Friday, April 5, 2019. The following items are planned:

- **Presentations:**
 - 2019 - 2020 Budget (Finance Committee)
 - Elders Treaty Benefit
- Tables of information regarding current Nation initiatives will be set up.

A BBQ luncheon and various fun and cultural activities are scheduled to begin at noon to celebrate "Treaty Day".

Travel assistance is available, please contact:
losa.luaifoa@tn-bc.ca 1-877-483-9646 Ext 124

Message from the Hegus

Our resource gathering has always been very significant for Tla'amin. Our lands and waters have been providers of a basket of traditional resources. One prime example is the herring spawn. The name of our main village is Tishosum, this translates to "Milky white waters from the herring spawn"

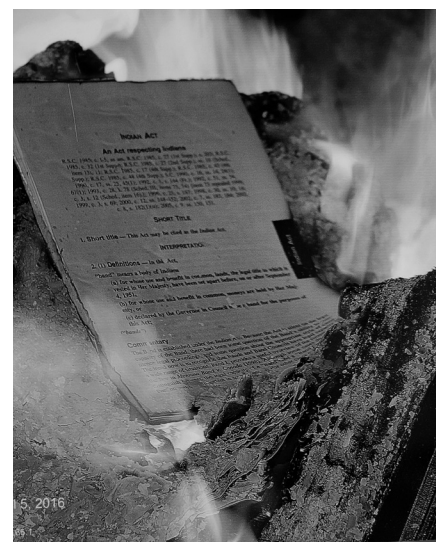


Back in the mid 1980's there was a large commercial herring fishery that occurred leading into the spring time.

What used to be an abundance of herring suddenly became scarce for the next three decades. Without enhancement efforts the herring have been slowly making a comeback just on their own. Herring has always played an important role in the whole food chain.

Through negotiations with DFO, we have been able to message that we need to balance their modern science to incorporate the traditional knowledge of our elders. This is echoed up and down the coast because of overfishing. We need to make sure there is opportunity for a full recovery for the "Silver of the Sea" which is such an important resource. The survival tactics demonstrated by these resilient herring sounds familiar.

The goal of the federal government's residential schools was to kill the Indian inside of the child, so we could assimilate with the rest of the Canada. Through the resilience and the strength of our people we have been able to hang onto our language and teachings that sustained our people for thousands of years. On top of that, we were burdened with the oppressive Indian Act that promised us a future of hand-outs. Much like the herring, Tla'amin people have survived.



The evening of April 5th, 2016 was the beginning of a new era. Tla'amin people proudly burned the Indian Act. It was important to have a midnight ceremony to demonstrate to our people that times are changing. In our culture we burn things to send offerings to our ancestors who have passed, and also as a form of a healing process.

On that historical evening, we dedicated the burning to the survivors of residential schools, while recognizing our ancestors for their sacrifices to sustain our homelands and resources for future generations.

Tla'amin people have roots that were established here. We have a tradition of burying our newborn's belly buttons in the earth where we grow up, to ensure we do not forget to recognize where we come from. If we make bad decisions and destroy this place, then we are destroying our home. Sustainability and the quality of developments are so important. People may come and go in our traditional territory, but our Tla'amin people are here to protect Tla'amin lands. We are here to stay. Our future is so bright for our future generations.

On Friday, April 5th we will be celebrating three years as a self-governing nation (Treaty Day). I encourage everyone to mark this day on your calendar to share a meal, be entertained with Tla'amin cultural activities, and paddle forward for our future generations.

Tla'amin Culture

Button Blanket Making

The Culture Program would like to thank Joan Williams for offering her skills in a Button Blanket workshop held over Family Day Long Weekend.

We completed 11 Button Blankets which will be used



for the Cultural Program. My hands are raised to you, Joan, for all of your help! I would also like to thank the volunteers who contributed to this project. Gert Touchie, Ann Paul, Gladys & Frank Osawamick, Dana Gustafson, Denise Harry, Dakota Gustafson, Sherry Canary, Kaycee Mitchell, Gail Blaney, Sosan Blaney, Les Louie, Maynard Harry, Courtney Harrop & Noreen Paul.. My apologies if I have forgotten anyone!

Culture Nights

Every Wednesday from 4:30-6:00 at the Salish Centre.

Language Class

March 12th & 26th from 3:30-5:00 in the Community Room at the Tla'amin Governance House

Carving Class

Every Thursday from 4:30-7:00 at the Carving Portable located beside Ahms Tah Ow

Craft Night

Every Tuesday Night (6:00 pm) at the Elders Lodge. Bring your own craft and share ideas with others. This is a good opportunity to sew buttons on our new button blankets!



Other Dates to Remember:

May 17th – 20th 2019

ti:jiit nuxwε† - Awaken the Canoes hosted by the Klahoose First Nation

July 5th – 13th 2019

Pulling Together Canoe Journey – Hosted by the Tla'amin Nation

July 14th 2019

Tla'amin Nation hosts Klahoose First Nation on first leg of Tribal Journeys 2019

July 15th – 24th 2019

Tla'amin will paddle to Lummi, Washington as part of Tribal Journeys 2019

COMMUNITY SERVICES HOUSE POST

WHAT CITIZENS CAN EXPECT 2018-2019

- An improved level of coordination among our service providers in the areas of education, employment services, and social development; we are working on ways to improve the level of service we are able to provide

HEALTH

- Health information: workshops, webinar, telehealth, Citizen Health portal (medical records)
- Food and Nutrition Policy
- Electronic complaint process
- New Community Health Strategic Plan
- Updated policies and procedures
- Overdose Response Plan for Opioid Crisis
- Feasibility study for Elders Care Facility

Consultation Session on the Future for Tla'amin Education



Where: Tla'amin Governance House

When: Monday, March 11, 2019

Time: 4 PM to 6 PM

Do you have hopes and dreams for the future of Tla'amin Education? If you do, here's your chance to have your ideas heard. We hope that Tla'amin people of all ages will attend this session and talk about your ideas and dreams.

The format will be several smaller discussion groups focused on various aspects of education, *including curriculum*, from Kindergarten to Post-Secondary. There will be opportunity for you to participate in any that you wish to.

Our Tla'amin education staff, along with the SD 47 Superintendent and Principals have been invited to the session.

PLEASE take the time to come and share your thoughts!!

Door prizes

Snack foods and beverages will be provided

Fire Training Update



Week 4 of the 5-week training program for Tla'amin Firefighters is wrapping up with intensive scenarios in which firefighters use forcible entry techniques and search smoked-out buildings for mock victims and fires.

Firefighters are using the old band offices, some of which are set for demolition due to mold, asbestos wallboard and an ageing roof. Anyone going into the building is always wearing a self-contained breathing apparatus so there's no chance of exposure. An electric smoke machine fills the entire building in minutes so visibility can be reduced to zero by channeling the smoke room by room.

Recent training has focused on ladder skills, ropes and knots, fire suppression tactics, building construction and forcible entry techniques.



Tla'amin firefighters working on hose handling and fire suppression skills

Justice Institute of BC and the First Nations Emergency Services Society are providing the instructors. Firefighters will finish the course in mid-March with 2-days of live fire training at the Sechelt Fire Dept fire training centre. Upon completion, the firefighters will have their Exterior Attack certification.



Implementation Sector Visits Tla'amin

On February 5th, Assistant Deputy Minister Ross Pattee (right of Hegus) Implementation Manager Pamela Morrison, (left) and Marg Julion took a quick tour of Lund and some of the assets our nation has to offer. One of the purposes of their visit is to learn from Tla'amin experiences and successes.



Announcements from the Qamεs ʔεms tala Settlement Trust

“Our money is put away safely”

A tentative date of Saturday May 18th, 2019 has been set for the yearly Annual General Meeting of the Trust.

This is a breakfast meeting for citizens beginning at 9 am at the Governance Building in the main lobby. The financial reporting for the 2018 fiscal year will be reviewed. Our Financial Advisors, Financial Managers, Guardian for the Trust and the Trustees will be in attendance to present information on the status of the Trust and answer your questions. Please come out for this important meeting and information session.

The Economic Development Fund of the Trust is a specific investment fund included within the Qamεs ʔεms tala Settlement Trust Deed for the Nation. The purpose of this specific fund is to assist Tla'amin Citizens with starting a new business or growing and enhancing an existing business. The next intake to accept business applications will begin April 1st to April 12th, 2019.

The latest Handbook and Applications to the Economic Development Fund will

be available as of March 22nd, 2019. The Trustees will have an information table on this date in the Governance House lobby from 9am to 12pm and 1pm to 3pm. Come and speak directly with the Trustees. We're here to answer your questions about the applications process.

For any community members wishing to learn more about the Trust, there is an online Trustee course offered through the National Aboriginal Trust Officers Association (NATOA). This will begin in the fall of 2019, date to be announced. Interested community members can email Kristi.thiele@tn-bc.ca

imote

The Trustees for the Qamεs ʔεms tala Settlement Trust

Ann Paul Chair, Kristi Thiele Treasurer, Alisha Point Secretary, Alex Hugenschmidt, Beth Harry Youth Trustee

Tla'amin Justice Update

Aboriginal Day School Class Action:

Garry Leslie McLean, Roger Augustine, Angela Elizabeth Simone Sampson, Margaret Anne Swan, and Mariette Lucille Buckshot v Her Majesty The Queen

The action was certified (approved) on June 21, 2018, as a class proceeding. On December 6, 2018, it was announced that an Agreement-in-Principle has been reached between the parties. The Agreement-in-Principle includes individual compensation for harms suffered while attending an Indian Day School including cultural harm and physical and sexual abuse. In addition to the individual compensation, the Agreement-in-Principle includes \$200 million in funding available to support healing, wellness, education, language, culture and commemoration.

Specific “details” regarding individual compensation will be made available in early 2019.

The Court still has to

approve any terms of settlement, which we intend to seek in spring of 2019. Feel free to check our website for updates or reach out to our office in a few months' time to see if there is any further update that we can provide to you.

In 2009, Garry McLean started a legal action regarding the forced attendance of Aboriginal students at Indian Day Schools across Canada. This proposed national Class Action is the first of its kind and seeks compensation for the damages and abuses suffered by all Indian Day School students who were forced to attend Aboriginal Day Schools and were excluded from the Indian Residential Schools Settlement Agreement.

Once the settlement is

approved in April 2019, all the applicants will be notified for further information and they will have list from the government of all Aboriginal Day schools that were built in first nation's community and also list of all who attended.

If you have not registered or applied with Gowling, you will have plenty of opportunity to do so and to meet deadline that will be announced after individual compensation is approved in court.

If you require further information or updates or applications, please contact:

Gowling WLG Law Firm: 1 844 539 3815 – Website: www.gowlingwlg.com

Verna Francis: 778 762 5246



Fish Food for Thought

By Sachi

According to the 13 Moons of Sliammon, Klahoose and Homalco People, March is when the herring come.

Herring are amazing fish. They can be found from Mexico up to BC and Alaska all the way around to Russia and Japan along the coasts. Adult herring live in the open ocean in large schools that can reach several kilometers in length. Every spring, the adults return to the coast and spawn in large groups, called mass spawning, which leads to the characteristic white waters along the rocky shorelines of the coast.

Being a forage fish, which means they eat small zooplankton, they transfer energy from small plankton up to larger predators, such as other fish, marine mammals and

seabirds. This makes the herring's role in coastal marine ecosystems central for the transfer of energy to larger species, many of which are important for aboriginal, commercial and recreational fisheries. In addition, humans are also "predators" of herring which have been important for social, cultural and economic relations of coastal Indigenous communities for millennia.

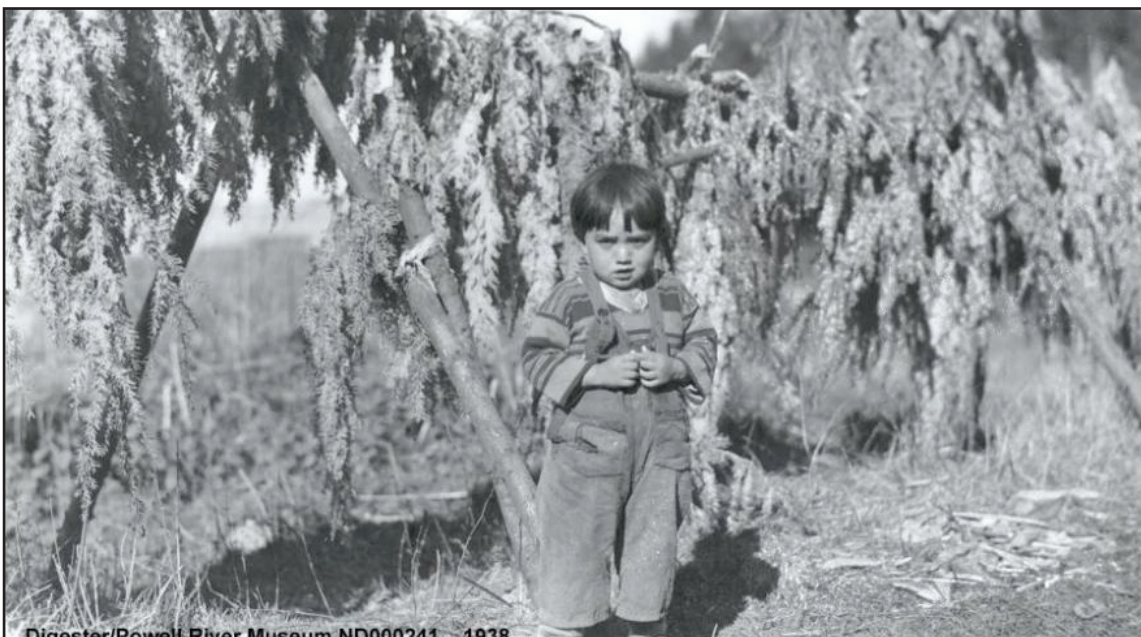
But how will herring be impacted in a future with climate change? And what does this mean for people and fisheries that depend on these small but mighty forage fish? These are key questions for researchers and for communities that depend on herring for food, social, ceremonial and economic purposes. Researchers found that climate change is going to have a big impact on these fish with warmer waters pushing the species further north by 15.2-27.0 km per decade. In turn, this means that the potential to catch herring will decrease, as will landed values for First Nations' commercial fisheries. Herring potential catches are projected to decrease by 28.1-49.2% and a projected loss of landed revenue of 1.74-3.06 million CAD for First Nations' commercial fisheries by 2050.

However, we know that climate change is not the only factor that is currently impacting herring. Other human-induced impacts, such as loss of spawning grounds due to habitat degradation, and legacy effects from heavy commercial fishing in the mid 20th century are influencing herring populations in the Salish Sea. Furthermore, every year Tla'amin leadership and resource managers need to fight commercial herring openings in the area in order to avoid another situation of mismanagement of herring.

"It's been 30 years and we are only now starting to see some patchy spawn here, but nothing like it was traditionally. We are going to do whatever we can to stop this and allow the healing that needs to take place." – Hegus Clint Williams

In the future there might be less herring in Tla'amin traditional territory due to climate change, but this does not mean the long-standing relationship between Tla'amin people and herring will end.

If the fish are protected and habitat is restored, then the herring have a better chance of surviving in the warmer waters of the future.



Tla'amin boy in 1938 identified in 2011 by community members as Louis Tom, is standing in front of drying racks in Sliammon covered with roe-laeden boughs.

Powell River Museum 1938

ATS A brilliant future starts with a strong foundation

Tla'amin students excel at this high-achieving STEAM school

Spirituality

We encourage all students to pursue their own spiritual paths, while learning Catholic and Tla'amin foundations.

Technology & Engineering

Coding, Stop-Motion Animation, and much more.

Academics

Powell River's top-ranked school.

NEW!

Music

A unique partnership with the **Academy of Music** provides an enriched all-ages program including voice, violin and so much more.

Register your Kindergartener & your grades 1 through 8 children today.

assumptionpr.ca

James Thomson Elementary

CALENDAR OF EVENTS

- March 1st French Immersion Kindergarten Application Deadline
- March 4th French Immersion Kindergarten Lottery – 3:30pm at the SBO
- March 5th Basketball wrap-up at Westview, for those students on the team (1-4pm)
- March 7th PAC meeting, 3pm – all are welcome to attend. Childcare is provided.
- March 8th Subway hot lunch (orders going home Feb. 25th, due March 1st)
- March 10th Daylight savings begins – clocks ahead 1 hour!
- March 15th Last Day before Spring Break!
- March 16th-31st Spring Break!
- April 1st Schools re-open (no joke!)



Spring Ahead Sunday March 10th Clocks move forward one hour at 2:00 am

Tla'amin Nation Executive Council Minutes

December 5, 2018

Council Chambers, Governance House

Attendance: All Executive Council
Resource: Rod Allan, Losa Luaifoa

Hegus Williams called the meeting to order at 9:15 am.

A. ADOPTION OF AGENDA: Motion to adopt the Executive Council agenda as amended to include: Tla'amin Management Services under E.5.

Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED

B. APPROVAL OF MINUTES: Motion to adopt the November 21, 2018 Executive Council Minutes.

Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED

C. PRESENTATIONS:

1. Bill S-3 and the Collaborative Process on Indian Registration, Band Membership and First Nation Citizenship.

Aileen Lau, INAC representative, provided a presentation on INAC's consultation process with First Nations regarding Indian Registration, Band Membership and First Nation Citizenship.

A history of changes to the Indian Act was presented along with proposed changes to Bill S-3 which include: 1) Implementation of the removal of the 1951 cut-off from the Indian Act for determining eligibility for entitlement 2) Discussions regarding remaining inequities related to registration and membership under the Indian Act and 3) Discussions about whether First Nations should be exclusively responsible for determining membership/citizenship.

2. Citizenship and Enrolment Law

Teresa Smith and Cathy Paul, Citizenship Committee members, Serena Barnes, Membership Clerk and Melissa Louie (via teleconference), provided the following update:

- Information sessions regarding amendments to the Citizenship & Enrolment Law were held in Victoria, Vancouver and Tla'amin in November. Members overall felt inundated with the information presented and many expressed there wasn't sufficient time to review the information.
- One of the main concerns raised from the sessions is the outdated Tla'amin family tree. It was recommended that updating the family tree be made a priority as it can assist people with proof of their Tla'amin ancestry.

It was noted that a report summarizing membership applications (non-554) and basic updates has been requested numerous times and has not been provided to EC.

It was suggested that the proposed amendments to the Citizenship & Enrolment Law be provided on a DVD for members to review.

It was resolved that an internal working group meeting be organized for Saturday, January 5, 2019 with a follow-up meeting with the group and the Legislative Assembly.



It was resolved that as part of the Citizenship & Enrolment Law review, an amendment be included to state that Executive Council approve all new citizens.

D. NEW BUSINESS:

1. Administration and Finance: EC reviewed the funding agreement amendment in the amount of \$10,000 for "consultation and policy development" regarding INAC membership and citizenship.

Motion to endorse the \$10,000 funding agreement.
Moved by: Councillor L. Wilson
Seconded by: Councillor T. Wilson
CARRIED

2. Education: EC discussed the importance of our youth and their education. It was noted that the different entities need to work better together to ensure the proper services and support is in place for our youth.

3. Housing: The Housing Committee met on Wednesday, December 4.

4. Public Works: Hegus Williams advised that Village Maintenance staff are prepared in the event of a snowfall. It was recommended that additional salt be purchased for the Nation buildings and parking lots.

E. HOUSE POSTS:

1. Lands & Resources – Councillor Lori Wilson reported that there are two upcoming Department of Fisheries and Oceans meetings on December 6, 2018.

2. Finance – Councillor J. Hackett reported the following:
 • The Christmas dividend cut-off is December 14, 2018.
 • The focus group focused will meet in January, 2019 regarding the budget.

3. Community Services – Councillor L. Louie reported that the Community Services Committee meeting was December 3. The next meeting is scheduled for March, 2019.

4. Public Works – Councillor T. Wilson reported the following:

- Next Housing Committee meeting is scheduled for January 17, 2019.
- Exterior firefighting training will start in January.

5. Economic Development

EC discussed a margin loan of \$600,000 on investments held by Tla'amin Capital Assets Limited Partnership, under the management of RBC Dominion Securities. The margin loan will be held as collateral until the loan is repaid in full.

Motion to endorse TNO-EC #15-2018.
Moved by Councillor T. Wilson
Seconded by Councillor J. Hackett
CARRIED

F. HEGUS' REPORT:

Meetings/events attended in November:

- Sechelt Reconciliation Agreement meeting.
- qathet Regional District procedures workshop (half day).
- Oceans Protection Plan meeting with John Bolton, Don Rodden, Coast Guard, Fisheries representatives.
- Clean Energy BC Conference in Vancouver.
- BC Cabinet and First Nations Leadership Gathering. Other meetings attended while at the gathering include: 2 meetings with Premier Hogan, Minister Donaldson (FLN-RO), Minister Fraser, (MIRR) Minister Beare (Tourism, Arts & Culture), Minister Popham (Agriculture), Minister Farnworth (Public Safety & Solicitor General)
- Upcoming meetings: Comox Band Treaty Session – December 7.

Other business

- TMS: Song Hu is the new temporary Accountant for TMS.
- Lund Shell Fish festival has been cancelled.

G. ADJOURNMENT

Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED

Meeting adjourned at 2:55 pm. The next EC meeting is Wednesday, December 19, 2018 at 10:00 am.

Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

Isn't it time you had electronic access to your medical information?

Tla'amin Health has implemented the Mustimuhw cEMR, an electronic medical record to maintain a secure and accurate health file for you. as part of this tool we will be using the Mustimuhw Citizen Health Portal as part of our care delivery model.

What is the Mustimuhw Citizen Health Portal (the Portal)?

A trusted, electronic personal health record and information-sharing tool that improves care communication, collaboration, and coordination between you and your healthcare team. The Portal is your own personal health record which you will be able to log into, and it can be accessed anytime, anywhere including on your mobile device.

How does the Portal benefit you?

It is an efficient modern health tool that recognizes your health information is key to supporting your health and wellness. The MCHP:

- Provides secure access to your health information (e.g. you can see and add information such as family history, allergies, vitals, immunizations, medications, and more)
- Allows you to securely share the information with your healthcare teams and others (e.g. a family member who supports you in your wellbeing);



Whose responsible for monitoring your babies medical records?
 NOW YOU CAN WITHOUT AN APPOINTMENT

- Allows you to manage your dependent's health information (e.g. a mother can manage child's personal health record)

- Provides two-way secure messaging to enhance communication with your healthcare teams; and (you can ask questions and make appointments with your healthcare provider)

- Accessible via the web – meaning it is available wherever and whenever you need it.

When you visit the health centre, **you will be asked for your provincial health numbers (PHN) and email address.** Providing us with your **PHN and email address** allows you to register for the Portal and begin accessing your health information and communicating with your healthcare providers, all through the Portal.

If you are interested in signing up, please call or visit the health centre and our staff will help you to complete your registration.

Cathy Paul
 1 778 657 5924 or 604 483 3009 ext. 119
 4895 Salish Drive
 Powell River, B.C.
 V8A 0B9

Measles information for British Columbians

There have been a number of confirmed cases of measles in British Columbia. Measles is a highly contagious viral illness that spreads through the air by coughing and sneezing, as well as respiratory secretions.

Symptoms of measles include fever, cough, runny nose, and red eyes, followed a few days later by a rash that starts on the face and spreads to the chest.

In 2019, nine cases of confirmed measles have been reported to the BCCDC. Seven confirmed cases were reported in February in association with a cluster of related school-based outbreaks in Vancouver, linked to importation of measles from outside of North America.

Two unrelated adult cases were reported through separate importations in January, both returning travelers from the Philippines. All cases have been among residents of the Lower Mainland of British Columbia.

The BCCDC advises parents to ensure their child's vaccination records are up-to-date. It is especially important to ensure that immunizations are up to date prior to travel.



Measles vaccine is available as a combined measles, mumps and rubella (MMR) vaccine, and is available from your local health unit, family doctor, and many pharmacists. This will help to protect you and your family from vaccine preventable diseases. Individuals most at risk from measles are those

who are completely unvaccinated against the disease including babies under one year of age. Individuals born after 1970 should have received two doses of a measles vaccine (often given as combined measles, mumps and rubella vaccine, or MMR) to be protected.



Elders Corner

Location: Tla'Amin Health
 March 5th, 2019 – Tuesday,
NO EDP (Elder's Day Program)

**March 5th, 2019 - Tuesday,
 Food Safe Class** –Elders to
 register,
 Please call Doreen Hopkins
 Time: 8:30 to 4:30 - Lunch
 provided

March 8th, 2019 – (Friday)
 EDP
 Information Gathering – on
 Elders Care Facility
 Time: 10:00a.m. To 1:00p.m.

March 12th, 2019 – Tuesday
 EDP
 Canada Revenue Agency/
 Government of Canada
 Time: 11:00a.m. To 1:00pm

March 19th, 2019 – Tuesday
 EDP
 Harm Reduction –Guest
 Speaker: Mika from Vancouver
 Coastal Health
 Time: 11:00a.m. To 1:00pm

March 26th, 2019 - Tuesday
 EDP
 Bingo

Child Development and Resource Center

March 6th, 20th
 Making Friends with Feelings from 5-6:30pm @ CDRC

March 12th
 fluoride drop in 10-12pm at CDRC

March 7th, 14th, 21st, 28th
 parent/tot program from 9:30-11:00am @ CDRC



Community researchers Gladys Osawamick (left) and Lisa Wilson

Sohot Thut Project

The goal of the Sohot Thut project is to provide a document collecting the teachings of traditional culture, which will be available for community members and employees. We have had two community researchers working hard to collect information around the following categories: Tla'amin History; Traditional Ceremonies; Traditional Activities; Traditional Teachings. Some of the units within this include: spiritual baths, cedar brushing, root

digging, cedar canoes, meditation, and medicine. And there are many many more!! This project is being done in coordination with the Tla'amin Language team, where words and phrases about these ceremonies, activities, and teachings will be collected for the dictionary project. We are very excited to share the results of the project with the community in the near future.



My name is Frank Osawamick. I am a Tla'amin Nation member. It is an honour to be home to work for our people as the Men's Support worker supporting wellness and guidance through life's obstacles without judgement and in a compassionate manner. Every individual deserves to be treated with dignity, respect, and in a confidential manner to move forward in the best possible way.

The journey to self discovery can be a winding road full of potholes and obstacles which are put in our path. We could get lost along the way, we

could trip and fall, or we could ask for support and guidance to maneuver through the pitfalls thrown in front of us. We are all capable of brushing off or developing the skills to live happy lives. I am here to assist with that guidance to empower what works for those I support and not what works for me.

So, come on in and introduce yourself or if you are curious to see who I am. I am sure to make some time for you. My contact info is Tla'amin Health 604-483-3009 Ext. 232. I look forward to meeting you.

TLA'AMIN HEALTH

Traditional Medicine with Dr. Jeanne Paul



Tla'amin Health will be offering a
**FREE TRADITIONAL MEDICINE
BEGINNERS COURSE.**

Students **MUST ATTEND ALL THREE**
(Spring, Summer, and Fall) classes.

SPRING CLASSES: Includes Wild-Crafting, Lectures and Medicine Making. Total 20 hours. **April 9,10,11th, return May 7th.**

SUMMER CLASSES: Includes Wild-Crafting, Lectures and Medicine Making. Total 20 hours. **June 11,12, 13th, return July 9th.**

FALL CLASSES: Includes Wild-Crafting, Lectures and Medicine Making. Total 20 hours. **Sept. 10,11,12th, return Oct. 8th.**

If you would like more information about Dr. Jeanne Paul and the classes please visit her website: www.redshawl.com

**For more information or to register contact
Nathan Jantz, Heath Director at 604-483-3009 or
by email nathan.jantz@tn-bc.ca**

Family Support & Wellness Program

The Family Support & Wellness worker provides referrals, 1:1 support, transportation and advocacy for families to help and promote healthy family development and strengthen family life.

Mondays

Emish-ga Group
Track Walking 1:00 – 3:00 pm

Spring is near (hopefully) so we can begin outdoor activity as part of our wellness. Keeping physically active helps relieve stress, clears our minds plus keeps us healthy! If you would like to take part in this activity call for a ride.

Wednesday

Grief & Loss
March 13 & 27 530 – 730 pm (light dinner)

Supporting one another through difficult times by sharing our stories, helps us knowing we are not alone in our grief.

Thursdays

Social & Crafts Group
10 – 1 pm (Potluck lunch)

Bring your own personal craft projects or learn new ones. At times we will take part in helping other programs with any projects they may have. You may also join us to sit and have a visit.

Grandparents Group

March 7th
530 – 730 (light dinner)

Supporting one another through our concerns for our grandchildren.

If you would like more information call Sally at Tla'Amin Health 604.483-3009. Emote!



**TLA'AMIN COMMUNITY
BLANKET EXERCISE**

This event is for Tla'Amin Nation community members only

The KAIROS Blanket Exercise™ program is a unique, participatory history lesson – developed in collaboration with Indigenous Elders, knowledge keepers and educators – that fosters truth, understanding, respect and reconciliation among Indigenous and non-Indigenous peoples.

SATURDAY, MARCH 30 11:00 – 2:00
11:00 - 1:00 BLANKET EXERCISE 1:00-2:00 LUNCH

RSVP TO: Amy Vaughan 604 314 7576
Amy.vaughan@tn-bc.ca



Wrestling @ Salish Centre/Gym
Sunday March 3- April 7
1:30pm-3:30pm

Thursday Nights - Sports Nights
w/Shirley & Chris 4-6pm
@ Salish Centre/Gym

Culture Night with Drew -
Wed @ Salish Centre/Gym 4:30-6pm

Pulling Together: July 4-12

Tribal Canoe Journey: July 24-28

** More details to come about Spring Break activities, Summer Camps, Story to Song, and Girls and Boys Events

Contact Shirley (604) 483-3009 ext 104

Heart Health Workshop



When: March 13, 2019

Time: 12:00

Where: Tla'amin Health

Lunch available: Must register

Presentation will include:

Risk Factors for heart attack.

Symptoms of Heart Attack for Men & Women

Heart Attack vs Stroke

With: Mika Miyaoka, RN, BScN

Chronic Disease Care Coordinator for Tla'amin Health

Information contact: Dawna Pallen, Health Promotion to register for Lunch @ 604.483.3009 ext. 122

Jordan's Principle

Named in memory of [Jordan River Anderson](#) from Norway House Cree Nation in Manitoba, Jordan's Principle ensures that all First Nations children can access the products, services and supports they need, when they need them.

[Jordan's principle](#) recognizes that First Nation Children may need government services that exceed the normative standard of care and will evaluate the individual needs of the child to ensure [substantive equality](#), culturally appropriate services, and/or to safeguard the best interests of the child.

Examples of supports covered under Jordan's Principle



Health

- mobility aids
- wheelchair ramps
- addiction services
- services from Elders
- mental health services
- specialized hearing aids
- traditional healing services
- services for children in care
- assessments and screenings
- transportation to appointments
- medical supplies and equipment
- long-term care for children with specialized needs
- therapeutic services for individuals or groups (speech therapy, physiotherapy, occupational therapy)



Social

- social worker
- land-based activities
- personal support worker
- specialized summer camps
- respite care (individual or group)
- specialized programs based on cultural beliefs and practices



Education

- school supplies
- tutoring services
- teaching assistants
- specialized school transportation
- psycho-educational assessments
- assistive technologies and electronics

Who is covered

Services provided under Jordan's Principle are available to:

- Registered First Nations children* living on or off reserve;
- First Nations children entitled to be registered, under the *Indian Act* including
 - those who became entitled to register under the December 22, 2017 amended provisions of the *Indian Act*, under Bill S-3;
 - Infants under 18 months; and
- Any Indigenous child, including Non-Status First Nation or Métis, who are ordinarily resident on reserve.

** For the purposes of Jordan's Principle, a "child" is defined as an individual who is under the Age of Majority within their province or territory. In BC the age of majority is 19. As such, eligibility for Jordan's Principle ceases when Age of Majority is attained (Date of the child's 19th birthday).*



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada

Tla'amin Nation Executive Council Minutes

January 11, 2019

Room 214, Governance House

Attendance: Hegus Clint Williams, John Hackett, Larry Louie, Lori Wilson

Resource: Rod Allan

Guests: Cyndi Pallen, Phil Russell, Ryan Thoms
Hegus Williams called the meeting to order at 10:01 am.

A. ADOPTION OF AGENDA: Motion to adopt the Executive Council agenda.

Moved by Councillor J. Hackett
Seconded by Councillor L. Louie
CARRIED

B. APPROVAL OF MINUTES: Motion to adopt the December 5, 2018 minutes – TABLED.

C. PRESENTATIONS:

1. Cyndi Pallen and Phil Russell, Hehewsin Group, presented proposed signage for Willingdon Beach. The signs are to be placed at the location where the Hehewsin canoe was carved.

Hegus Williams suggested that the statement of intent area be identified.

It was resolved that duplicate signs be ordered for Administration (Governance Building) for potential placement in Lund, at the Health building or the Tla'amin waterfront.

The group discussed design ideas for areas of interest at the Salish Centre and Governance Building particularly for members to barbeque fish or meeting spots for Elders, etc.

The Powell River Film Festival is February 8-17. The Hehewsin documentary will close the film festival and be shown on Sunday, February 17.

2. Ryan Thoms, qathet Regional District, presented an update on the Regional FireSmart Program. The qRD is seeking endorsement to apply to the Union of British Columbia Municipalities (UBCM) Community Resiliency Investment (CRI) for the 2019 FireSmart Planning & Activities Grant Program.

EC supports an application to the UBCM and will provide a resolution.

D. NEW BUSINESS:

1. Administration & Finance: The CAO advised that the final draft version of the Administration and Finance Operations Policy will be forwarded electronically to EC for review.

It was resolved that the draft Administration and Finance Operations Policy be vetted by the Finance Committee then presented to EC at a future meeting.

2. Citizenship & Membership: The Citizenship Committee will meet on Saturday, January 19 at the Governance Building. An update will be provided to EC.

3. Culture:

i. The CAO advised that the "Pulling Together Canoe Journey" will be hosted by the Tla'amin Nation from July 4-12, 2019. The Culture Coordinator is inquiring about a contribution from the Nation to assist with some of the event costs.



EC supports the event and recommends that a summary of the costs be provided.

ii. Museum Archivist Position – the job posting was provided to EC for information.

4. Education: The next Education Team Management meeting has been re-scheduled from February 12 to February 19, 2019.

5. Elders and Youth:

Treaty Benefit for Elders – Several inquiries have been received regarding an Elders Treaty Benefit.

EC resolved that recommendations will be drafted at a working group meeting scheduled for Monday, January 21, 2019 at 9-11 am. These recommendations will be presented at the next Legislative Assembly.

6. Emergency Services:

Tla'amin Fire Regulation - this item was brought forward from the November 7 EC meeting.

The CAO noted that the proposed Tla'amin Fire Regulation is a requirement of the Fire Safety Act, in order to acknowledge the existence and authority of the Tla'amin Fire Department.

EC reviewed the regulation and it was resolved that the Fire Chief attend the next EC meeting to review the regulation with EC.

7. Fisheries: The Nation received a thank you letter from the Salmon Society for the donation of 200,000 chum eggs from the Tla'amin Hatchery.

8. Housing: TNO-EC # 01-2019 re: Approval for Mortgage Guarantee.

Moved by Councillor J. Hackett
Seconded by Councillor L. Wilson
CARRIED

9. Justice & Enforcement: EC reviewed the RCMP report. The CAO to inquire if the report is complete.

10. Lands: A Lands review session is scheduled for January 24 with Murray Browne. This session is to look at the Land Law, Building Regulation and Land Development Process.

11. Dog Regulation: EC discussed the issues and complaints of dogs in the community, from the illegal breeding of dogs to dogs not on leash and/or wandering around in the community. It was resolved that while the development of an Animal Bylaw progresses that a concise, clear regulation be developed as soon as possible. It was further resolved that dog licensing be implemented for free for members.

E. HOUSE POSTS:

Lands & Resources – Councillor Lori Wilson reported the following update:

- Klahoose is seeking interest from Tla'amin to participate in a First Nations caucus regarding the elk allocation and other inquiries specific to elk. It was suggested that they contact Darryl Reynolds directly as the information has already been provided to the Nations.

The Natural Resource Committee (NRC) meeting was held on December 14, 2018. The following was discussed:

MINUTES (Continued from page 12)

The Lands Manager would like the Nation to review implementation of fees for referrals. The government charges \$250 for referrals. It was suggested that a two-tier fee schedule be examined.

- LaFarge extended an invitation to EC for a tour of the facility. The CAO to schedule a tour for a site visit and inquire about potential meeting dates.
- Discussion about the Lands department writing a letter to oppose the gooey duck license adjacent to our lands (Texada). The Lands Manager was tasked to write the letter. Councillor L. Wilson to follow up.
- Hegus Williams recommended visiting Sechelt Nation to look at their referral process (Rights & Titles Office).
- Discussed seeking a legal opinion to review a proposal for an encroachment for the purpose of road development on future Treaty Settlement Lands.
- Summary of TSL Block 2 firewood was provided: 190 permits for Tla'amin members, 86 for Klahanie lessees and 56 were issued to non Tla'amin member.
- Prawn license and bid has been advertised in the Nehmotl.
- Committee recommendation: use the halibut license on the Sea Wolf vessel (enforcement vessel).
- Next meeting is February 4, 2019.

Finance – Councillor J. Hackett reported that he will bring the draft Administration & Finance Policy to the Finance Committee Chair.

Community Services – Councillor L. Louie reported that he has been extended an invitation to attend the HMS meeting along with Gene Louie. The group meets twice a year.

Economic Development – Hegus Williams reported the following:

- Tla'amin Sun Investments Incorporated has been incorporated as follow-up to the MOU agreement with Sun Heyday (Beijing) Culture Development Corporation Limited.
- Lund Hotel manager interviews were completed and a decision was made to offer the position to one of the candidates.
- TMS will return to banking with the Royal Bank of Canada, due to issues with BMO regarding construction charges.
- Suggests that Tla'amin explore the possibility of constructing 3 or 4 homes in the new subdivision, whether it be duplexes or homes.

F. HEGUS' REPORT:

- Lands Claims Coalition Session
- Prime Ministers meeting (renewing priorities on reconciliation)
- Signed contract with Alofi for the Elders Feasibility Study
- LCC meeting - February 6, 2019
- Nausawmawt session on January 17 in Comox and AGM is on January 29/3-0.
- January 22 to 25 – Joint Gathering (INAC-Federal)
- Modern treaty nations gathering at BC Treaty Commission on January 25.
- February meetings are scheduled for the 6 & 20. (Councillor L. Wilson is not available).
- Education Management Team meeting – February 19 @ 3:30 pm.

G. ADJOURNMENT

*Moved by Councillor J. Hackett
Seconded by Councillor L. Wilson
CARRIED*

Meeting adjourned at 2:15 pm. The next EC meeting is Wednesday, January 23, 2018 at 10:00 am.



Let's Talk Trash.ca

WHAT IS WASTE?

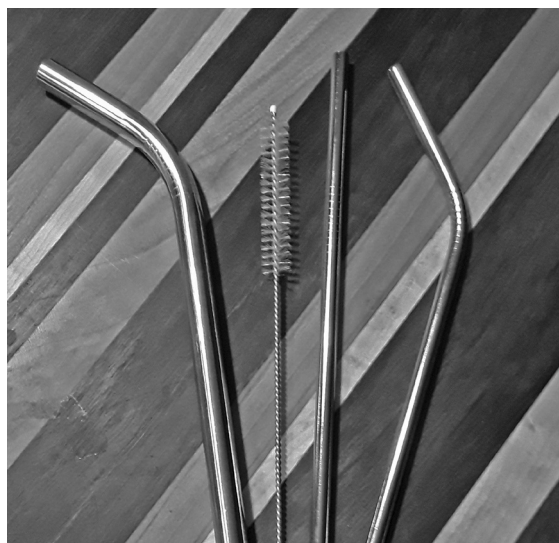
Straws Suck

What happens to a plastic drinking straw after its brief moment of glory? Every year 175 billion straws litter the planet, which begs the question, do straws suck? The seemingly innocent straw is often amongst marine debris that washes up on coastlines around the globe. As these flimsy tubes break apart, they become a deceptively tasty looking treat to marine life.

Plastic debris is in fact responsible for the death of 500 million marine animals every year, according to the Surfrider Foundation. This blur of stats doesn't always hit home or change people's habits, but when a graphic 8 minute YouTube video of scientists prying a straw from a sea turtle's nostril went viral, the world took note. Soon, people began to question the necessity of the ubiquitous straw, and campaigns to ban the straw took off.

“Tell your server, no straws thanks”

One BC town took on the challenge to ban straws in March 2016 and by earth day, April 22nd, all 41 local businesses had voluntarily given up plastic straws. Across Canada, there are many businesses making this choice, including some in Powell River who are using paper straws, or only offering straws when customers request them. Seattle is plastic strawless since June 2018!



Photos by Ingalisa



Originally, straws were made of paper or rye and were used mostly to stop the spread of diseases like polio. In modern times, they are often marketed as a drink's accessory, or child's plaything. If this article is the straw breaking the back of your sucky habit, here's what you can do:

1. Tell your server, 'No straw, thanks.'
2. Business owner? Offer only paper straws, and only upon request. Biodegradable plastic straws are not recommended: they are not recyclable, do not break down in backyard composters, and are not permitted in our local composting pilot programs.
3. Invest in a bamboo, glass or stainless steel set of straws for your household and bring them with you everywhere.

Still not convinced? According to experts, straws affect the taste of drinks, narrowing the ability of the tongue to experience flavour and texture, and of the nose to experience aroma. Up your taste, and your care for the earth and join the straws suck movement.

**qathet Regional District's
Waste Reduction Education
Team**
(Abby McLennan, Tai Uhlmann &
Ingalisa Burns)
604-485-2260
letstalktrash.ca

Tla'amin Nation Executive Council Minutes

January 21, 2019

Council Chambers, Governance House

Attendance: Hegus Clint Williams, Councillors: Larry Louie, Lori Wilson, Tyrone Wilson

Resource: Rod Allan, Losa Luaifoa, Jim Armstrong
Guests: Cindy Babyn, Joseph Scott, Chris Roddan, Maynard Harry, Grace Adams, Craig Galligos, Dillon Johnson

Hegus Williams called the meeting to order at 10:30 am.

A. ADOPTION OF AGENDA: Motion to adopt the Executive Council agenda.

*Moved by Councillor L. Wilson
 Seconded by Councillor T. Wilson
 CARRIED*

B. APPROVAL OF MINUTES: Motion to adopt the December 5, 2018 Executive Council minutes.

*Moved by Councillor L. Wilson
 Seconded by Councillor T. Wilson
 CARRIED*

C. PRESENTATIONS:

1. **Cindy Babyn and Joseph Scott, Texada Island Chamber of Commerce, in attendance to discuss with Executive Council the proposed longhouse project at Shelter Point on Texada Island.**

- qathet Regional District (qRD) committed to provide funding for the project. To date, there has been minimal progress. Hegus Williams noted that it was a busy time leading up to the implementation of the treaty and also post treaty.

- It was noted that the Texada Chamber of Commerce, Texada Arts, Culture and Tourism, Nicholas Simons and the Sunshine Coast Tourism are in support of the project.

- Some potential uses for the longhouse were identified as follows: weddings, cultural education and teachings, shaded area for visitors, concerts and a market.

- EC supports the open concept design for a building which does not obstruct the view of the water.

- A presentation will be made to the qRD Committee of the Whole and at a future C3 meeting about the project.

2. **Betty Wilson, Language Coordinator, in attendance to provide an update on the current film clips project.** Betty is requesting to present the video at the next Education meeting (February 19) and noted that these film clips should be included in the curriculum for the local schools.

3. **Chris Roddan, Tla'amin Management Services and Dillon Johnson, in attendance to provide a presentation regarding the Tla'amin Westview Parcel and the Preliminary Development Plan.**

- TMS is seeking approval of the transfer of the light industrial-commercial designated lands with the Tla'amin Nation's Westview Parcel to Tla'amin Capital Assets Inc. This step is required in order to continue on with the preliminary development plan which is comprised of a 4-phased development.



Tla'amin Language Classes are well attended

- Councillor Lori Wilson requested that the presentation be made at the February 4 Natural Resources Committee (NRC) meeting.

EC resolved that the preliminary plan also be presented to the Legislative Assembly on February 20, 2019.

EC resolved by consensus, to accept the Preliminary Development Plan for the Westview parcel.

D. NEW BUSINESS:

1. **Administration and Finance:** Budget planning for 2019/2020 is on-going. Budget items for consideration are being submitted to the Finance Committee for review.

2. **Citizenship & Membership:** The Citizenship Committee met on Saturday, January 19, 2019. An update will be provided to EC.

3. **Culture:** Drew Blaney, Culture Coordinator, provided an update to EC regarding the "Pulling Together Canoe Journey" hosted by Tla'amin Nation from July 4-12, 2019.

The following was highlighted:

- The scheduled route for the journey will be Salt-ery Bay to Palm Beach to Pocahontas Bay and then to Willingdon, over to Harwood, to Tla'amin and Lund.
- Attendees are estimated at approximately 400 people.
- The food quote is estimated at \$85,375.08.
- Registration opens next week and will close once 30 canoes are registered.
- A quote for the rental of a portal shower station was reviewed and is too costly. Drew will continue to research options.

EC recommended the following:

1. an increase of the number of hand wash stations
2. increase (double) the amount of porta potties rented and add porta potties locations to the Salish Centre, Harwood Island, and Pocahontas Bay
3. increase cleaning of porta potties

4. **Education:** The Nation will be providing cedar logs to create welcome poles for the schools in the Powell River area. Ivan Rosypske has been tasked with seeking the logs.

5. **Elders & Youth:** Councillor L. Louie announced that Leslie Adams is one of the inductees to the Sports Hall of Fame. An event is planned for May 17-18, 2019.

6. **Emergency Services:** The draft Fire Regulation was reviewed with the following changes highlighted:

- Under 7(e): the word "utility" was added after "public"
- Under 8: the clause "In the event the Fire Chief exerts, or attempts to exert, his authority in matters that are beyond the scope of the Fire Department, the Council reserves the right to discipline the Fire Chief as it sees fit, by way of an Executive Council Order."

EC endorsed the Fire Regulation with above-noted changes.

*Moved by Councillor L. Wilson
 Seconded by Councillor T. Wilson
 CARRIED*

MINUTES (Continued from page 14)

7. Environment: The Kwispá'a LNG Open House has been re-scheduled to Thursday, January 31, 2019. The information session will Tla'amin members an opportunity to ask Steelhead representatives any questions they may have on the proposed Kwispá'a project.

8. Fisheries & Hatchery: Councillor T. Wilson noted the following:

- staff are busy picking through the mortality of the salmon eggs and the Salmon Society transfer did not occur as too much time elapsed before the society was able to pick up the eggs.
- Responding to emails for Commercial Clam Digging licensing.

9. Forestry: Two Tla'amin members are confirmed to take the Log Scaler program in Gibsons, BC. The course is offered by Garrett Log Service Ltd. and the start date is dependent on when the exam date is set.

10. Lands: EC Resolution #01-2019 re: House Numbering Agreement.

*Moved by Councillor L. Wilson
Seconded by Councillor T. Wilson
CARRIED*

11. Dog Regulation: This item was TABLED.

F. HOUSE POSTS:

1. Lands & Resources – Councillor Lori Wilson reported the following:

- Natural Resource Committee (NRC) meeting is scheduled for February 4, 2019.
- Patricia Angkiriwang and Sachi Ouchi (UBC students) will be attending a workshop in Haida Gwaii and have requested permission from Tla'amin to discuss their project findings from the Tla'amin Nation. EC has no issue with sharing information from the project work completed within Tla'amin and noted that any information received confidentially, be respected.

2. Community Services – Councillor L. Louie reported that an advisory committee is being formed for the Elder's Feasibility Study. The first meeting is scheduled for Monday, January 28 at 2:00 pm.

3. Economic Development – Hegus Williams reported an upcoming Forest Tenure Opportunities Agreement meeting will be January 28 at 9:00 am.

G. HEGUS' REPORT:

Meetings/events attended in December/January:

- January 14 – Conference call with Murray Browne re: Land Law
- LNG open house information session was cancelled due to Steelhead representatives unable to travel.
- Nautsamawt meeting in Comox. The audit for 2017-2018 was approved with plans for further discussion at the AGM on January 29/30 in Richmond.
- Upcoming meetings: Modern treaty group meeting-January 25 at the BC Treaty Commission and Nautsamawt AGM – January 29/30

H. ADJOURNMENT

*Moved by Councillor T. Wilson
Seconded by Councillor L. Wilson
CARRIED*

Reflecting Back on the Herring

The thirteen moons calendar lets us know that in March of every year, it is time to get ready for the herring. For the past three decades there has been not much to look forward to as over fishing took its toll on this valuable resource that was plentiful for all our people back in the day. Here are some reflections from a few of our elders

Freddy Louie: We would bring cedar boughs down for the eggs to spawn on. We would leave it for a day and a half in the water. If you leave it too long the branches would deteriorate with all the weight of the herring. We all shared amongst each other when they sun dried or smoked. It was a lot of work to pack the branches up to where we would prepare them..

John Louie: I think it was in the early 80's it was just like a city out on the water with huge seign boats., Many of people would wait on the beach for the opening. A big gun would go off and we would start heading out to get the herring. The next year there was nothing left.

Phillip George: Mom would say there was a season for everything. When the maple leaf seeds began to hang, it was time to go and get the blue black. The wild pink rose would tell us the seagull eggs would be ready to pick. When the frogs got loud it was time to get the cod. The big easterly wind would start and it would be herring season. We would go out in the canoe with a rake.

I remember when it was late at night and we would head out on a full moon. It would look there was a sea monster coming at you, but that was the herring

Eugene Louie: I remember we used to go out to Scuttle Bay and hang herring, smoked and dried. We would prepare it in various ways. My best recollection was drying as many branches as we would. Preparing, storing and putting them in boxes. The best part was when we put them on the fire and beat the char off of them and just go to town feasting.



Herring rack in scuttle Bay in the 1930's

Charlie Bob: We would always have our pins facing upwards when we paddled in our canoe to get the herring. We would get lots of herring. You had to follow the herring as you go. When the herring were spawning, it was really good. If someone didn't get any herring we would help them out. The best time to get them was when it was half tide. If it was high tide they were deep. So the best time is when the tide was going out and we would get more. I remember going out with my grandfather.



SUMMARY OF RCMP CALLS FOR SERVICE FOR JANUARY/FEBRUARY 2019

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



Powell River RCMP Non-Emergency (604)485-6255		In Case of Emergency Call 911
JAN 23	SLIAMMON RD	Police responded to a report of an impaired driver. Extensive patrols were made, but the driver was not located.
JAN 23	WATERFRONT RD	Police responded to an abandoned 911 call. Upon arrival it was determined there were no problems at the residence.
JAN 24	WATERFRONT RD	Police responded to an assault with a weapon. This matter is still under investigation.
JAN 31	HOMALCO RD	Police responded to a report of a vehicle taken without the owner's consent. The vehicle was located and returned to the rightful owner.
JAN 31	KLAHANIE RD	Police assisted in keeping the peace.
JAN 31	HARWOOD DR	Police responded to a report of a breach of probation. Police unable to prove a breach had occurred, and no charges were laid.
FEB 03	WATERFRONT RD	Police responded to a disturbance complaint. The subject of complaint was gone when Police arrived.
FEB 04	RIVER RD	Police responded to a breach complaint, as a result, an individual was arrested and is currently being held in custody.
FEB 05	HARWOOD DR	Police responded to a disturbance. Investigation determined no offence had been committed.
FEB 05	EAGLE DR	Police responded to a breach of probation. Police unable to prove a breach had occurred, and no charges were laid.
FEB 07	HARWOOD DR	Police assisted Vancouver Police Department on an investigation.
FEB 14	HOMALCO RD	Police responded to a report of an impaired driver. The vehicle was located, and it was determined that the driver was not impaired.
FEB 17	HOMALCO RD	Police responded to a noise complaint.
FEB 17	SALISH DR	Police responded to a report of harassing posts on social media.
FEB 19	HARWOOD DR	Police responded to a report of an assault. This matter is still under investigation.
FEB 19	HARWOOD DR	Police responded to a report of uttering threats.

ANNOUNCEMENTS



Happy 10th Birthday Makaela

To the Sweetest Daughter,
Happy Birthday on March 5th
Diamonds may shine but
Daughters like you glow forever in our hearts

Luv Mom & Dad, Stacia, Jacob, Mattias & Habby Bear

Wu Woom Festival

Saturday March 2

6:00-9:00 pm

Tla'amin Salish Centre

Contact: Cyndi Pallen at (604) 414-3874

Want a Faster Tax Refund?

Mia's Income Tax Preparation

4950 Waterfront Road
Phone (604) 483-4437

Basic Tax Preparation \$45
Senior and Student Basic Rate \$40

T4, T4A, T5007
Efile to get a Faster Refund

Available for Pickup



March 17th

*A wish
for
Makaela
on her
birthday*



Happy 10th birthday to our truly perfect
Princess Makaela

We wish your special day brings you all the
happiness that you deserve

Watching you grow is our gift everyday

Luv, Granny & "Old" Troy, Uncle Troy and Andy Whiskers