



# NEHMOTL "US"

Christmas Edition

Community News | Events | Updates for the Tla'amin People



## 2018

YEAR IN REVIEW



**Sockeye Return to Tla'amin**



Our Governance House will be closed on December 24th and will re-open on January 2nd, 2018.



### Best wishes to all our families this Christmas and New Years

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



# JANUARY

## Message from the Hegus

**Happy New Year! On behalf of the Tla'amin Nation Government we wish you all the best for the upcoming year.**

2018 was a great year for Tla'amin as there were many exciting events that occurred throughout the year. It was a pleasure to attend and host the three Christmas dinners that we held for our people in Victoria on December 7<sup>th</sup>, Vancouver on December 8<sup>th</sup> and of course of dinner at the Salish Center on December 12<sup>th</sup>. All of these events were very well attended and also very well organized by our staff that agreed to organization the events; a huge thank you goes out to those wonderful staff members for their great work! I hope that you were able to join us and socialize with all of your Jeh Jehs at one of these events. Another special thank you goes out to INNERGEX for covering the costs of our Tla'amin dinner as they generously donated \$5,000.

A quick reflection back on a couple of events that occurred in 2018:

The carving and launching of the two canoes Hehewshin and Klitchos was a wonderful project that our community should be proud to have been a part of. The canoes were a gift from the Hehewshin group; this is a group of volunteers from around the Powell River community that are wanting to reach out to our people in the spirit of reconciliation. The two canoes are a beautiful symbol of good will between our people and our neighbours.

Another touching event was the Kathaumixw concert that was held in our governance house, the two performing countries at this event were Taiwan and Australia. Both groups had amazing performances and displayed their talents very well. The Australian group shared some of their history in a couple of their songs and it was very moving to hear how similar our pasts are to one another, it was very emotional for the singers and the audience as the story and songs were so touching.

The City of Powell River and the qathet Regional District continue to work with us on collaborating on shared issues throughout our traditional territory, this is



a form of respect that has not traditionally always been there, and this will be an ongoing process for years to come. This summer we had the pleasure of updating the Community Accord between the City of Powell River and Tla'amin, this document is a commitment for the two groups to continually work towards maintaining and improving the relationships between our people. It was a pleasure to have both leadership groups coming together to update the titles and signatures on the document. Our relationship with the Regional District has also improved recently, this was reflected by them requesting to rename their area from the Powell River Regional District to a Tla'amin word or name. The name that was offered up to them was qathet, this word translates to "working together". So the district is now officially known as the "qathet Regional District". We look forward to continuing to work with the district on various matters.

It was a pleasure for me to travel to Puyallup to watch the Cheech Lem Chi Chia arrive to complete the 2018 Tribal Canoe Journey. Seeing the group arrive was inspiring as it is very challenging to paddle that distance, the commitment to complete the journey is a big personal achievement that all of the paddlers should be proud of.

We look forward to hosting the 2019 Pulling Together Canoe Journey this summer in July, we have hosted this journey back in the summer of 2012 and it was greatly received by the community. We look forward to creating many new memories this coming summer as this event will provide for community participation and hopefully many of our people will wish to be involved at whichever level they choose to participate.

I look forward to the challenges that 2019 will bring and hope that we can continue to create new opportunities for our people; because when you succeed, we all succeed! I wish everyone a successful and healthy New Year.



### Second Hehewshin canoe unveiled at Tla'amin

The unveiling of a second Hehewshin canoe at Tla'amin marks the beginning of a greater understanding between the nation and wider community. Elders gave the small canoe the name *ličos* (springtime) to represent a fresh start.



### Elders Visit Sechelt

On January 10<sup>th</sup>, a gift was presented by Sechelt Elders to our Elder Phil George of two traditional handmade dolls from Sechelt Elder Willard Joe (above). These dolls were crafted by Elder Elizabeth Harry. Tla'amin Elder Charlie Bob gifted Sechelt with his hand made miniature paddles and traditional jewelry.



### Family Literacy Day

James Thomson encourages life long learning. Pat and Dolly enjoy time reading with their granddaughter

# Elders and Legislators Discuss Treaty Benefits

Over 50 elders attended an information session by way of invitation from Legislators to open discussions on the possibility of a one-time payment for the **elders only**. The session was in response to a series of letters received at the Governance office inquiring about treaty benefits for elders. "Today, we are just testing the waters to get an idea of what the elders are thinking, so we can chart out some work to determine if this is going to happen," explained Hegus Clint Williams.

To open the discussion, a 2014 Focus Group Report prepared by Metrix Consulting was shared and discussed with the elders. The report was a result of a series of meetings with elders, youth, and managers that addressed key questions with respect to treaty benefits and distributions. The goal of the focus group meetings was to gain insight into a number of questions that underlie a treaty benefits policy.

**In the Overarching Findings section (8.) The report revealed that:**

*There is a strong preference for the development of a set of treaty benefits focused on community needs rather than a single individually directed benefit.*

**However, under the Major Findings by Question 1: Issue Treaty Benefit:**

*No group fully supported the concept of a general cash dividend; there was some limited support for a small cash payment to elders.*

A key question is where would the money come? That would depend on the cash amount if a one-time distribution for the elder's payment was awarded, and the determination of an elders age at the time of effective date (April 5, 2016). To get some unofficial indication the elders expectations, a couple of questions were brought forward to consider at the session.

- 1. At what age should a person be considered an elder for the purpose of this proposed distribution?**  
There was one vote to be age 55 by December 31<sup>st</sup>, 19 votes for age 65, and 38 votes for 60.
- 2. If a one-time distribution of money is done for the elders, what should the dollar amount be?**

\$5,000: one vote, \$10,000: four votes, \$12,500: 1 vote, \$15,000: ten votes, \$20,000:25 votes, 30,000: one vote, \$40,000: two votes, \$100,000: one vote, and eight people didn't select an amount and said "Whatever you think".

Most popular age is 60 to be considered an elder and the most popular amount is \$20,000 for a one-time payment



Hegus explained that deadlines have to be firm and the effective date keeps it clean. We have to keep it as tight as we can. When you dealing with money things can get ugly pretty fast. When you are dealing with a substantial amount of money you need to set some hard and firm deadlines. People are good at working the system, so picking so we need to pick a firm deadline.

"The date that seems to make sense is the effective date of April 5, 2016. This process, although intended to be a nice thing while paying respect to the elder's, is going to be intense, hard on staff, and hard on families. We're trying to keep it as tight as we can because this could become a tough conversation later, added the Hegus.

"If we head down that path, I really don't think we would be looking to the Qames ʔams tala Settlement Trust. Funds should be raised through other opportunities for what dollar amounts are we looking at. What can we carry out without drowning in debt? We should set it up through our Own Source Revenue to pay down, said Hegus.

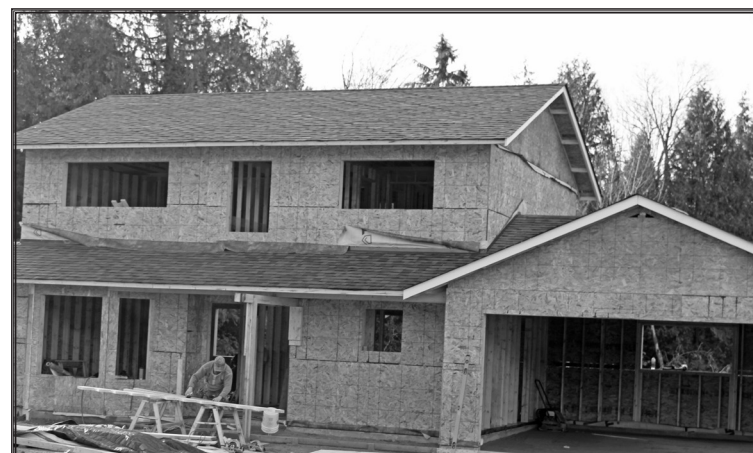
**As of the FA effective date, April 05, 2016 there were:**

- 118 members who were 60 or older, and who are still with us as of December 12, 2018.
- 73 members who were 65 or older, and who are still with us as of December 12, 2018.

Part of the Capital transfer (\$20 million) has been locked away in a trust fund known as the *Qames ʔams tala Settlement Trust*. It is challenging to access funds from that trust but it's not impossible. One of the conditions for accessing the trust fund is by referendum for any expenditure that is over two million. Since the inception of the *Qames ʔams tala Settlement Trust*, over half a million has been awarded and dispersed to improve businesses. Individual members have also been successful by getting their business plans approved. Grant application packages are on our website: [tlaamination.com](http://tlaamination.com)



# FEBRUARY



## New Subdivision For Tla'amin

It has been a very busy time for the Lands Department. It is good to see our Nation put in place a housing program to allow people to build their own homes. The process is to come in to the Lands Department – select a lot – and then you are required to see your bank and qualify for a loan. You are given 3 months to get your banking in order. Once that is done, you have one year to begin building or to complete purchase of your home. All homes must be built to the BC Building Code standard.



## August Family Travels Home for General Assembly

At our recent General Assembly on February 10th, several out of town families took advantage of our Executive Council's invitation to travel home for the Family Day long weekend. The most notable travellers were the August family (below) that traveled from Tacoma Washington to reconnect with their loved ones.



## Winter Wellness Day challenged a fitness test of 5 kilometers on February 9th

## MARCH



### Forest and Range Consultation and Revenue Sharing Agreement

A delegation provided notice to British Columbia that Tla'amin intends to initiate an appraisal exercise that will determine a value for the purchase of approximately 1,000 hectares of lands identified as, "Future Acquisition Lands" in the Tla'amin Final Agreement. The meeting concluded with the formal signing of a, "Forest and Range Consultation and Revenue Sharing Agreement." The agreement has been in discussion since Effective Date of April 5, 2016. The completed agreement will provide forestry revenue sharing in the amount of \$451,000 annually over a three year period.



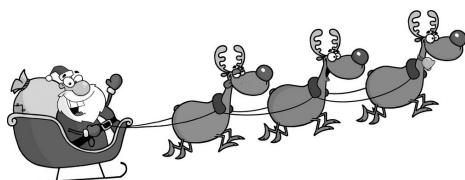
### Four Communities Working Together

The ʔayʔajuthəm speaking people live among four communities: ʔəʔamen, komox, xʷemətkʷu, & ʔohos. Our people are considered to be the most Northern Coast Salish group. The Salish sea has been our highway to connecting to each other since time immemorial. We are all interconnected, related, and share the same stories and taʔow. Our four communities agreed to work together to produce a resource that can be used by all of our people.



### Fernando Strikes Gold

Fernando Menendez and his team Powell River Kings Midget Rep won GOLD in the BC provincials on March 21, 2018. The Powell River Kings are the first hockey team in Powell River to win Gold in 35 years.



## Silviculture Services at Thichum Forest Products

### Demand for Workers in the province

By Lori Wilson

Pa'aje Silviculture Services Company went through a name change this year and it is now under Thichum Forest Products. Tla'amin Management Services has developed a shellfish company and has named it Pa'aje Shellfish Enterprises.

In 2017 the first year of operation, Pa'aje the silviculture services company made a gross revenue of \$92,000.00 on planting, brushing & girdling, & pile burning. In 2018 we exceeded our first year's gross revenue and made \$185,000.00. The biggest impact was not only securing contracts with our existing clients, but we received larger size contracts which helped us increase our revenue.

We started off the year with tree planting in March, and then switched to brushing & girdling from April to the beginning of July, and from mid-September to November. For the month of November our crew members were hired by Klahoose First Nation for a brushing project at Homfray Channel. We were very happy to coordinate our worker's schedules so they were able to work for Klahoose. The silviculture services industry has been



going through a decrease in workers so there is a demand for these skilled workers across the whole province. In December we have been working on our own pile burning as a site prep for March's planting. Mid-November to December is bidding season for 2019 and this is the time when silviculture bids are submitted and contracts are awarded. I look forward to growing our silviculture company and hope for an even greater year in 2019!

### Community Development Team Year in Review

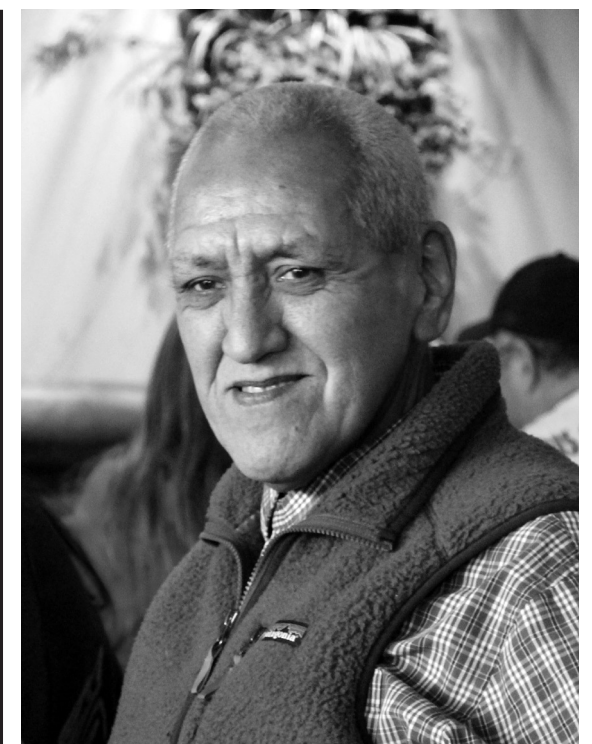
By Roy Francis

The Tla'amin Community Development team is made up of Social Development, Education, and Employment Services Departments. Our services form part of the Community Services Housepost. Larry Louie is the member of our Executive who oversees the service area.

Our service providers are Maureen Adams, Louise Dominick, Dorothy Louie, Doreen Galligos, Zoe Harry and Trisha Wilson. The team works to deliver quality services for our children, our youth in school, and provides support for community members to gain employment.

The collective goal for our team is to assist our community membership to become independent, self-supporting individuals who can contribute to making a positive difference for our community.

We wish all of our clients, and our community members a happy holiday season, and we look forward to working with you the 2019 year.



**"Teach your children the value of their future"**

Lindsay Louie

Stay young at heart, kind in spirit, and enjoy retirement living.

APRIL



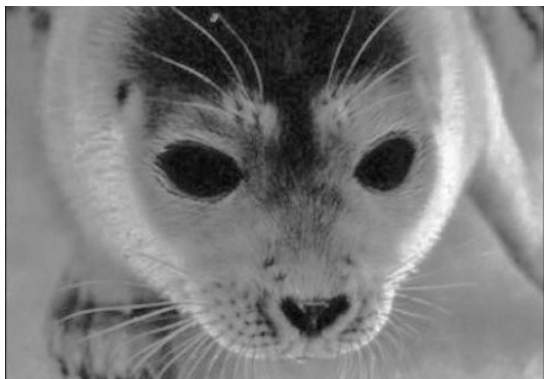
**Climate Change Workshop Raises Awareness**

Tla'amin participated in a food, nutrition, and environment study conducted 9 years ago. The focus was on traditional foods with different first nations. It started off in B.C. and moved from province to province. There was food sampling and water sampling to explore safety issues and there have been some reports that it's affecting the wildlife population. In addition, there had been sampling for mercury, which can create contaminants in the seafood we consume.

A sample of people's hair can provide a reflection of what people were eating over time. Quite often, seafood is the main driver of that mercury. This fact allows studies to validate what people are saying about their diet, and we can get an idea about the nature of the exposure to mercury.

One of the positive things about that survey, is traditional foods in most communities are really safe. Most people are below the guidelines for contaminant exposure. In the Arctic, that is not the case where people eat a lot of the marine animals. The top predators are the seals and polar bears whom are found to accumulate a lot of mercury. So, when pregnant woman consume these predators, that is a huge concern.

Today, children's diet is very different from the older adult's diet. In recognitions of this shift, studies are now going to explore discussions with communities over the next couple of years.



Researchers are reporting that high mercury levels in Arctic seals appear to be linked to vanishing sea ice caused by global warming.

Tla'amin Nation teamed up with scientists in December for a two-day workshop with legislators, Elders, hatchery workers, health workers, and fishers. The team of researchers included Patricia Angkiriwang and William Cheung from UBC, Tiff-Annie Kenny from the University of Ottawa, and Sachi Ouchi from Simon Fraser University. We explored the connections between seafoods, health and community, and what helps or prevents people from getting the seafoods they need. By viewing these links from different points of views, the group was able to talk about what types of changes Tla'amin Nation might see in future and come up with promising solutions. Some of the outputs of this workshop will be used to try and develop a tool for the Tla'amin Nation to further discuss the future of fisheries, food and policy in a warming climate. If you would like to find out more about the workshop, give input on any of these topics, or be involved in the project please contact Patricia Angkiriwang (p.angkiriwang@oceans.ubc.ca).

**NEXT STEPS**

The research team will be updating the Nation on progress from the workshop. This workshop builds on Sachi's work from the summer and is within a larger, long-term effort between several universities and the First Nations Health Authority. It follows up on the First Nations Food, Nutrition & Environment Study (www.fnfnes.ca), in which 83 members of the Tla'amin Nation took part back in 2009. The overall goal of the project is to support the First Nations Health Authority to, together, 1. develop programs and strategies (e.g. in the community and/or marine management) and 2. provide scientific reasoning for implementing them based on health impacts. Our next steps are to work collaboratively with the Nation on this larger project to ensure that outcomes are useful and lead to a healthy Nation and healthy fisheries. To find out more about this larger project, please email Tiff-Annie Kenny (tiff-annie.kenny@uottawa.ca).



**Easter Sunday Marked 100 Years Since the Great Fire of 1918**

On March 31<sup>st</sup>, 1918, Easter Sunday, a blazing forest fire burned through Tla'amin territory. The fire ignited somewhere near Sarah Point, and was fueled into a frenzy by high winds. Intensive logging in the region

**Hatchery Recognized for 40 Years of Operation on Tla'amin Day**



On April 5 a delegation of Fisheries and Oceans Canada attended the luncheon to recognize our Hatchery crew for forty years of salmonid enhancement. A large salmon plaque was presented to the Tla'amin Nation and will be displayed in our Governance House. Tla'amin Nation celebrated two years of self-government with members and surrounding neighbors. A luncheon was held at the Government House where cultural activities and demonstrations were displayed followed up by a traditional dinner at the Salish Center in the evening.



**Welcoming Babies for 2018**

Tla'amin Welcoming Babies Ceremony was held on April 6, 2018 for the babies born in 2017. We had 15 babies born in the community. The families worked hard to get the baby's button blanket done for this event. We raise our hands to you.

MAY



Fire Department Safety Fair

Elders and youth especially participated and observed fire safety demonstrations and were able to get their hands on fire extinguishers to put out a contained propane fire in preparation of a real fire that could unfortunately occur in our households. Over the past year over 200 homes had fire extinguishers and smoke detectors installed as part of a first nations fire safety program.



5th Annual Story to Song Workshop

The Outdoor Learning Center is the ideal location because it is free from televisions and other screens which are distracting. The workshop is carried out at the Outdoor Learning Centre for two days and the third day at the Salish Center, so that the community can witness and participate. Elders share stories about the traditional mink, or historical stories about their experience growing up."



Congratulations Mattias Gallagher  
Good News Call of Day

Reading scores way up! So proud of the work he has done this year!

Principal Marshman  
#readinghero #andareallygoodboy

TLA'AMIN NATION CALL FOR PRAWN BID/PROPOSALS  
2019 Prawn Season

Tla'amin Nation is seeking for bids or proposals from Tla'amin citizens/Tla'amin community members for the 2019 Prawn season (May to June).

We are seeking qualified skippers to submit a complete bid including the following:

- Lease the Nahmint Raider and Prawn licence
- Hire a Tla'amin deckhand (skipper pays this cost)
- Plan for your buyer
- Where you plan to fish
- Lease/down payment amount
- Plan for cost sharing profits and expenses
- Copy of SVOP, ROC, SDV-BS, First Aid certificates (need all 4)

If you do not possess the boat operator certificates, Tla'amin can cost share in obtaining certification pending on boat operating experience.

**Deadline to submit bid: January 18th, 2019**

Please submit bid to:

Cathy Galligos, Director of Lands and Resources  
cathy.galligos@tn-bc.ca  
604-483-9646 ext.119  
4779 Klahanie Road, Powell River, BC  
V8A 0C4

Please email or call if you have questions.

Cathy Galligos  
Director of Lands and Resources  
Tla'amin Nation



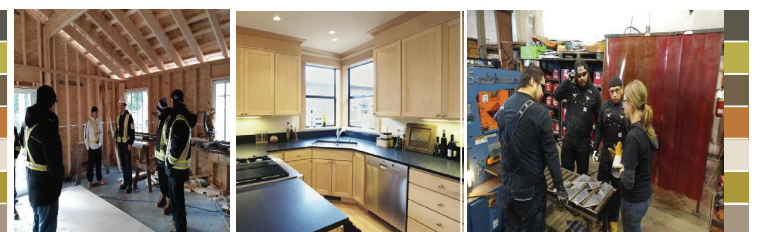
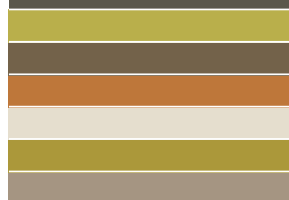
Get Skills Training  
and Valuable on the  
Job Experience

WorkBC Employment Services Centre

- Essential Construction and Trades Training
- Operational Safety and First Aid Training
- Residential Construction and Framing
- Construction Site Preparation



Contact the WorkBC Employment Services Centre to learn more!  
Powell River WorkBC Employment Service Centre / Career Link #103, 4511 Marine Avenue, Powell River  
Contact: 604-485-7958



KLAHANIE CONSTRUCTION

Do you want to learn a trade?



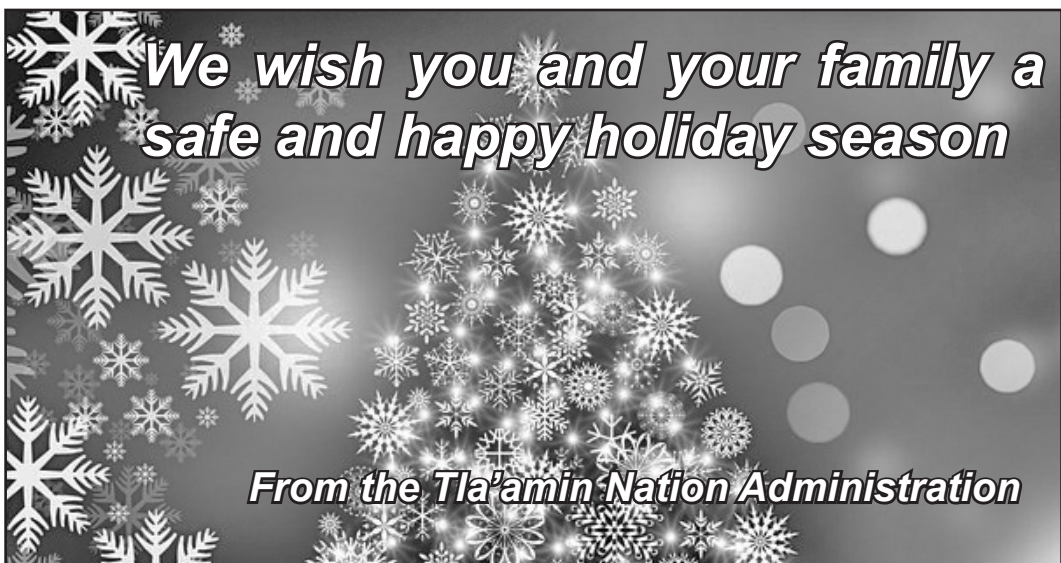
If you have been on EI, had a claim in the last 5 years or have earned more than \$2,000 in insurable earning and paid employee EI premiums on those earnings in at least 5 of the last 10 years you may be eligible to join the program, get skills training and gain valuable worksite experience



The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.

# Victoria Christmas Dinner

December 7th



# JUNE



## Tla'amin Students Recognized for their efforts in the School District

There is nothing more important than spending the evening with our youth celebrating their achievements, said Hegus Clint Williams. James Thomson students couldn't agree more as they eagerly opened the evening of celebration with a Tla'amin prayer song they had been practising over the past couple of years. Close to 200 family and friends showed their support and appreciation for all of our students.



## Westview Elementary Unveils Latest Welcoming Pole

Westview elementary school gathered near their entrance on June 13th to recognize the hard work by head Carver Ivan Rosypskye and students and to unveil the Welcome Pole.



## Aboriginal Day Celebrated at Klah ah men

June 21st was blessed with sunshine, a nice summer breeze and good food for Tla'amin and the visitors of Lund. Thanks to all that supported and helped out to make aboriginal day a success on ground that we are proud to call our home.

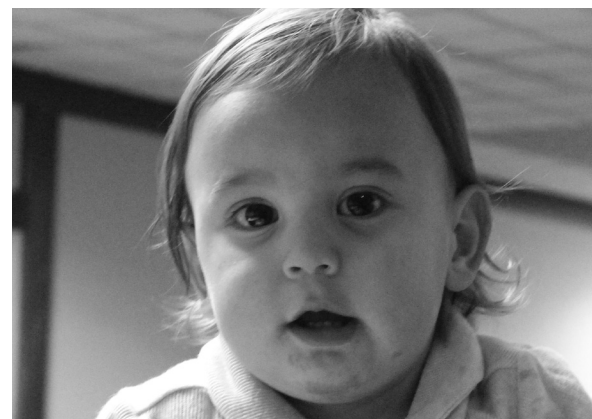
# July



## Taiwan and Australia Perform at our Governance House

On July 6<sup>th</sup> Tla'amin, local music enthusiasts, and out of town visitors following Kathaumixw, packed our Governance House to witness two amazing musical performances.

# Victoria Christmas Dinner December 7<sup>th</sup>



## Tla'amin and City of Powell River Renew Community Accord

Former Mayor Stewart Alsgard and former Chief Maynard Harry were a significant part of the ceremony and shared their thoughts on how the original Community Accord was instrumental in moving forward in new government to government relationship.



## Tla'amin Elders' Gathering in Cowichan

On July 9<sup>th</sup>, Tla'amin elders and escorts traveled to Cowichan to attend the 42nd Annual Elders' Gathering. Over 5,000 people from across the province were in attendance to meet new friends and get reacquainted with relatives that attended.

# Health and

**EH KWA'A'NUNS KYE'AMIEUX**  
 "When the people in our community are well again, all around us will also be well."



# Wellness

## Message from Tla'amin Health Director Nathan Jantz



I would like to take this opportunity to say Happy Holidays to everyone. This month will complete my first full year in my role as Health Director for Tla'amin. I feel very lucky to have this responsibility and have enjoyed getting to know so many of you this year.

As I spend more time in the community, I have learned so much about the culture, values, and traditional food and wellness practices. I feel very privileged to have this opportunity and have so much respect for you all. Thank you for sharing your knowledge with me! I have heard from many of you that there is a desire to incorporate more of these foods and wellness practices into our health programming and will work towards this goal in the new year.

We have many exciting projects planned for 2019, and many opportunities for you to provide input into these projects. We will be having community consultations for the care facility and planning for our next strategic plan for health. We will be posting information for community engagement meetings over the next few months.

I wish you all a great Christmas season, and look forward to continuing this journey together in the new year.

Respectfully Emote



Assumption Choir entertained the Elders Christmas Luncheon on December 4th



## Counselling Available

I am available for counselling services at the Health Office on Thursdays from 9:00 am - 4:30 pm. I work with children, youth and adults. I do a lot of work in the areas of anxiety, stress, depression and relationship issues. Appointments can be made through the front desk at Health.

*Merry Christmas and Happy New Year!*

Rick Berghauser M.Ed, CCC  
 Berghauser and Associates Counselling Services  
 200-7385 Duncan St.  
 Powell River, BC  
 604-223-2717  
 berghauser.ca



## Christmas slogans

- Keep sober and jingle on
- Stay sober drink coffee
- My gift to the world this holiday season is my sobriety
- 'Tis the season to get sober
- Staying sober one Christmas at a time

## Managing recovery during the holidays

- Avoid HALT (Hungry, Angry, Lonely, Tired)
- Stay connected
- Know your triggers
- Go to meetings
- Self-care first

Have yourself a sober little Christmas and a happy 2019.  
 From Nina Peers, Tuxahmi/Addictions

## Elders Corner January 2019

**Location:** Tla'Amin Health

**Time:** 11:00 a.m. to 1:00pm

**January 8<sup>th</sup>** – Elder's Day Program (EDP)

**January 12<sup>th</sup>** – Membership Session  
(Saturday) 8:30 to 4:30 – Location to follow

**January 15<sup>th</sup>**, – EDP

**January 22<sup>nd</sup>** - EDP

**January 29<sup>th</sup>** – EDP – Bingo



## This Christmas I am wishing you and your family all the love, joy, peace, and hope that this season can bring

Dear Parents:

The calendar year is once again drawing to a close. It is always amazing to me how fast a year seems to roll around the cycle of the four seasons. Here we are getting ready for Christmas 2018!

This year brought one significant change for me and that is in March of 2018 I began working full time. I haven't worked full time since I had my first child twenty years ago. It has been a good change and I have appreciated the opportunity to increase my hours at Tla'amin Health. I love my job and I am very thankful to be serving this community in this capacity: supporting families who have children or youth with complex developmental behavior conditions and supporting families who might have involvement with MCFD.

Another part of my job is to promote awareness of preventing Fetal Alcohol Spectrum Disorder (FASD). In September I put display tables in the lobby at the Health Clinic and the Governance House with information about FASD. There was also a small quiz on the tables with an invitation to answer the questions and submit the quiz for a chance to win a draw prize. This was the second year that I have done this and I wanted to share with you that it has been great to see folks participate in the quiz and get all the answers right. This tells me four main messages about FASD are being heard and remembered in the community: that alcohol is more damaging to an unborn fetus than hard street drugs such as cocaine, that there is never a safe time to drink alcohol during pregnancy, that alcohol crosses the placenta and enters the bloodstream of the fetus, and that alcohol enters breastmilk and therefore it is not safe to drink alcohol when breastfeeding. The three winners of the draw prizes this year were Emily August, Pat Luaifoa, and Janet Bennett who each won a \$25.00 gift card for

Save On Foods. Further efforts to promote awareness of FASD include partnering with the youth addictions outreach clinician from Vancouver Coastal Health to visit the grade nine classes at Brooks Secondary to share information about FASD, and setting up information booths at community events such as safety fairs and the annual Drug Awareness March.

My program offers a weekly parent support group. One activity we did this year that I really enjoyed was making question cards to help us think of topics that would encourage our children and youth to have more conversations with us as parents. We found some good lists on the internet and made them into little cards to keep in the kitchen – maybe to choose one at dinner time. You might want to try some of these over the holidays when your children and youth are around the house more during their winter break from school. Some examples of neat questions to ask our young people are: "If you could design a t-shirt, what would you draw or write on it?" "If you could wake up tomorrow with a superpower, what superpower would you want to have?" "What about your life makes you feel the most proud?" "Where is your favourite place to be?" "If you were going to write a book, what would you name your main character, and what would the story be about?" I find things like this helpful because too often I ask my youth the same question such as "how was your day?" and I get the same one word answer: "good". More interesting questions can bring us more interesting answers and we can have a chance to connect on a deeper level with the special young people in our lives.

Have a safe, happy, and healthy holiday and best wishes for the new year.

Brenda Pielle, Youth and Family Advocate

## TLA'AMIN HEALTH ANNUAL HEALTH FAIR 2019

*"Culture Saves Communities"*

**JAN. 17, 2018**

**3:00-7:00**

**DINNER AT 5:30**

**COMMUNITY GYM**

## Resolving to Quit Plastics

It is that time of the year, when motivation to change old habits and start fresh begins.

This year, you may find your willpower strengthened by choosing to make a green revolution rather than a New Year's resolution. Our suggestion for 2018: quit using single-use plastics.

Take a quick scan of your kitchen, car, recycling box or trash can and you are likely to find evidence of having indulged in some single-use plastics. These find their way into even the greenest of homes in the form of snack-food packaging, compostable coffee to-go lids, stir sticks, fruit-produce stickers, straws, handy to-go utensils and convenient shopping bags.

Though we may try to release our guilt by tossing these items into the recycling bin, many are not recyclable through our local system. And let's be honest, an overflowing recycling bin is nothing to boast about. Mining, transporting and processing plastic is energy intensive and drains a precious global resource frivolously.

If the thought of going cold turkey overwhelms you, try integrating one new plastic-free habit per month for you or your household.

An easy place to start is with beverages. Canadians dispose of approximately 1.6 billion coffee cups and 65 million water bottles each year. Start your new year off with a thrift store hunt for a to-go cup and water bottle, or invest in a plastic-free version of both.



Next on the list can be to give up relying on plastic shopping bags. Stock a few cloth bags in your car and at the front door, along with a reminder note in both places that asks, "Got bags?"

Woven baskets are a great alternative as well, because they can hold so many of your bulk or heavy items.

Once you start, you may find plastic reduction is your newest hobby. If you're already in the habit of bringing your own to-go bottles and

## Let's Talk Trash.ca

WHAT IS WASTE?



shopping bags, here are some other ways to kick the plastic habit:

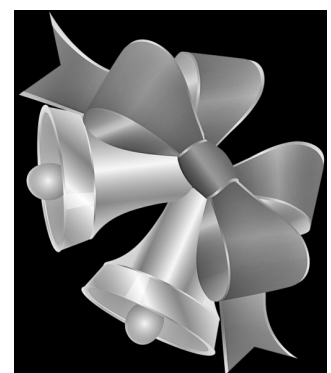
- Go strawless. Refuse altogether, or replace with your own stainless steel, bamboo or glass reusable straw.
- Carry your own to-go containers with you for left over food from meals out and also for deli counter purchases.
- Replace clingwrap with reusable beeswax infused cotton wraps. You can buy Abeego, or make your own with an iron.
- Buy in bulk or shop at farmer's markets where possible to avoid excess packaging. Bring a basket to carry your purchases.

A quick search online will reveal more great tips and tricks to support your journey. Becoming a mindful resident of the planet feels good and is a revolution worth making.

Let's Talk Trash is the waste management education program of the Powell River regional district.

What's your Target?  
**ZERO IN ON WASTE**

 POWELL RIVER REGIONAL DISTRICT





## Get fit for the new year Swim/Exercise Room

Tla'amin Health covering admission free for Tla'amin First Nation members every Wednesday starting December 12/18 to January 16/19.  
Time: 6:00 am to 8:30 pm  
NOTE: Sign in sheet will be at reception.

### Please sign under appropriate category

**0-4 years of age**

**Child:** 5-12 years of age

**Youth:** 13-18 years of age

**Adult:** 19-84

**Seniors:** 85+

**Family:** Parents or Guardian/Dependents (2 or more)  
(Parents must accompany children up to age 7)

**Contact:** Shirley Louie at Tla'Amin Health  
(604)483-3009 extension:104

## Wednesday Let's Get Fit

Let's start off the new year with a healthy and fun activity

Limited space available: Registration required.

**Start Day:** Wednesday January 9th

**Time:** 3:30 to 5:30.

**Location:** Pick up and drop off Tla'Amin Health.

**Ages:** 7 to 14.

*Snacks & Refreshments Provided.*

*Come out and enjoy a fun filled evening of getting fit at the Complex.*

**Contact:** Shirley Louie at (604)483-3009 extension: 104.

## Family Support & Wellness Program

*I like to wish the Tla'amin community the best to your family in the new year. Let the Creator watch over each and everyone of us, keep us safe, healthy and happy!*

*Hekws Nums*

**'Taking Care of Yourself'**

**Let this be your new year's resolution!**

- Eat a healthy diet
- Get exercise
- Get a good night's sleep
- Reduce stress

Taking care of yourself means paying attention to your physical and emotional needs. How you deal with everyday stress as well as the stress and anxiety related to significant events affects how you feel emotionally and physically.

It also means learning ways to cope with feelings of stress so that you're able to handle challenges with resilience. If you pay attention to your health and learn ways to handle stress, you'll be better prepared to handle whatever challenges and changes come your way.

If you make time to exercise, eat right, get enough sleep, and do the things that make you feel good, you'll have more energy to tackle all of the other things you have to do. These are all things you can start working on for the new year. So here are some programs you could take part at Tla'amin Health that may help.

Mondays Self Care at complex 1:30 – 3:30  
Wednesdays Support Group 10 – 12  
Thursday Social & Crafts 10 – 12

All above programs are open to everyone, lunch is provided Wed/Thurs. For more info please call Sally at 604.483-3009 ext.117

## A brilliant future

Starts with a strong foundation

Start your child at Assumption School today!



Peaceful, inclusive classrooms Preschool to Grade 9

Caring staff working in partnership with Tla'amin

Powell River's top academic school.

**ASSUMPTION** Catholic School **assumptionpr.ca**  
604-485-9894



# August



## Sockeye Return to Tla'amin

Food fish finally arrived for our nation on August 12th. Hatchery crew and drivers worked hard to ensure that each house received their share in preparation for canning and freezing. While 13,000 pieces were allocated to our nation, 1,500 are automatically earmarked for the community freezer to provide support for community functions.

## WTG Adam



Adam Gauthier has exciting news! He just completed his Indigenous Family Support (2016/2017) and Community, Family & Child Studies program (2017/2018) at Camosun College in Victoria. He graduated on the Dean's Honour Roll. Adam was accepted into the Bachelor of Child & Youth Care program at the University of Victoria.



## Land and Resources Protection Moves Forward

Lands & Resources Dept. is working on updating the Integrated Watershed Management Plan for the Appleton/Sliammon Creek in the near future. Also on the topic of water, our department staff will be taking a professional development workshop on watershed management (water cycle, aquatic ecology, and hydrology).

FIRST NATIONS  
HEALTH AUTHORITY &  
TLA'AMIN HEALTH  
PRESENTS

### DECOLONIZING ADDICTION WORKSHOP

Presenting information regarding the association of colonization and addiction, the language around addiction and Indigenous Harm Reduction principles.

January 15th at 1-4pm

16th at 9-12 & 1-4

at the Nation

Snacks and refreshments provided

## Good Food Box

Price Increase as of January 2019 to \$15 per box.

Next order deadline is January 3, 2019

Pick up for Health Clients on January 9, 2019

Emote  
Dawna Pallen  
Health Promotion

# SEPTEMBER



## City of Powell River Transfers Parcels of Land to Tla'amin

Parcels include Gibsons Beach to sewage lagoon, mill pond log dump, wharf and willingdon at Marine Traders, and the old hospital site.



## Lands and Forestry Staff Learn about Watershed Ecology

Tla'amin staff attended a two day workshop at the Governance House to get a basic understanding of how a watershed functions. The role of groundwater (including springs) and surface waters (rivers, lakes, and wetlands) were explored, and understanding the impacts of human activity.



## MERRY CHRISTMAS from our Little Ninjas who began training for their third stripe on their belt



My name is Sachi Ouchi and I am a student at Simon Fraser University. I also worked for the Nation this past summer on a collaborative project looking at food fisheries. We looked at what changes people have seen over the past several decades and what they think are causing those changes. We used the knowledge from the interviews to inform what types of programs and initiatives the Nation might want to see in the future to address food, fisheries and health. In August 2018 we had a meeting with community members, with diverse backgrounds spanning fisheries, health, culture, management and governance, to brainstorm different potential programs and initiatives. In the New Year, I plan to return to Tla'amin to further explore the programs and initiatives people brainstormed, so stay tuned! If you have any questions or comments about the project or want to get involved in the future, please email me at [souchi@sfu.ca](mailto:souchi@sfu.ca).

## Happy Holidays and a Happy New Year!



## NVIATS



Wednesday January 9 : 8:30am-12:00 pm  
Place: Governance Building

- Funding for school- trades, short courses, level 3 first aid
- Resume building
- Career counselling/Ready to work programs

To see Lorraine Redpath for an appointment please call or via email: [redpath@nviats.com](mailto:redpath@nviats.com) or [trisha.wilson@tn-bc.ca](mailto:trisha.wilson@tn-bc.ca)

Please contact Trisha Wilson at 604-483-9646 Ext. 110 or Lorraine Redpath via email to book an appointment. Walk-in's also welcome.



### Interested in the Trades?

## Fast Track to Trades

### 6-Week Funded Program





April 8 - May 17, 2019

\*Financial assistance, such as funded training and child care & transportation subsidies may be available for eligible participants

Industry Certificates included:

● Fall Protection	● Flagger	● Forklift Operation	● Serving It Right	● WCB Occupational First Aid Level 1
● Fire Extinguisher	● FoodSafe	● Ladder Safety	● WHMIS	

VIU-Powell River and Career Link are offering a combination program which runs at the Powell River campus—Fast Track to Trades will prepare At-Risk Youth, Indigenous Peoples and Women for success in entering a trade with employment opportunities locally and across BC by providing a two-phase approach that includes Academic Upgrading along with Essential Skills and Employability Skills training. All areas of training are focused on trade-occupations preparation, including 9 industry certifications.

Eligible participants can jump start a career in trades. Seats are limited. APPLY today and get started on a successful, satisfying, well paid job in the trades.

Contact VIU-Powell River at 604.485.2878

# Interest in Indigenous Issues Increases at Brooks Secondary School

By Gerry Brach

This semester, Brooks Secondary School is offering a popular, alternative course to Social Studies 11 called B.C. First Peoples' 12. The students, all from a variety of ethnic backgrounds, who have signed up for this course are interested in learning about the people who first lived here and their descendants.

The course is taught by Roseann Dupuis who has been an educator for the past 25 years. Ms. Dupuis first became interested in First Nation issues about eight years ago, largely from her experiences teaching Social Studies 9.

This year in her B.C. First Peoples' 12 course she feels a strong connection to the Indigenous students and enjoys helping them navigate the "industrial" classroom. Ms. Dupuis also enjoys using the inquiry method of education where students explore topics of interest to them in an individual or small group format. Her initial project was for each student to adopt a B.C. First Nation to research and for her students to get to know a variety of different Nations and compare them to the Tla'amin Nation. Another project involves all her students making an Indigenous beaded time-line and presenting them to 29 different elementary classrooms in our school district. In this way the students are sharing what they learn, as well, as Ms. Dupuis explained, following an ancient oral, storytelling tradition.

When asked what she has learned about herself as a result of teaching this class, Ms. Dupuis responded that she has developed an appreciation of the culture and love of humor and joyfulness which she didn't previously know played such a large role in the culture of our First People. "I love learning alongside my students and have a much greater appreciation of Indigenous life. It is a beautiful thing," explained Ms. Dupuis.

Ms. Dupuis would love to keep teaching this course for as long as she can, as she feels it is a truly valuable course for all students.

Dakota Gustafson is a 16 year old, grade 11 student from Tla'amin Nation who is currently taking the course. Dakota enrolled because she wants to learn more about her own heritage and the ways of her people, particularly how her ancestral society functioned regarding the teaching of children.

According to Dakota, the most surprising aspect of taking this course was in seeing the number of International and non-Indigenous students who are interested in learning about other people's culture. The most challenging aspect of the course for her was in observing some stereotypical views on Indigenous people. "I enjoy learning about Indigenous issues from Ms. Dupuis as she loves what she



does and sincerely cares about her students. I really enjoy learning about the new treaty and how it affects Indigenous people" explained Dakota.

Future plans for Dakota include spending a week doing Science research in May at U.B.C. as a scholarship recipient of the Verna J. Kirkness Science and Engineering Program. Dakota plans to enter university after she graduates and wants to learn more about Indigenous issues and eventually work with Indigenous youth as a teacher or Youth Care Worker.

Another student in the class is 16 year old Will Murray, who originally thought the course was just for Indigenous students. Will quickly discovered that this was not the case. "I really like the interactive aspects of this class because of the variety of different activities. It's not just reading out of a book and answering questions. I feel the love of Ms. Dupuis for the class. Her passion is our passion." said Will.

Will plans to share his knowledge of what he has learned about Indigenous issues with friends and family. "Before I never had the tools or information to explain the misconceptions or stereotypes about Indigenous people, but now I feel confident that I can."

The B.C. First Peoples'12 course looks at the history of First Nations people in B.C. from pre colonization up to the present day. The course is designed to enhance students' appreciation of the diversity of First Nations perspective in the province. This course has been part of the B.C. provincial curriculum since 2000, but has not been taught in a Brooks classroom since 2013. Rod Perrault, District Principal responsible for Indigenous education at the Secondary level in school district 47 (Powell River) is pleased to see so many Brooks students interested in learning about Indigenous issues this year. "This piece of education is long overdue in our school system. It is important that all citizens have knowledge of the complexity of Indigenous topics. We are grateful to have so many educators who place a high value on this." noted Mr. Perrault.

## OCTOBER



### Tla'amin Capital Assets Markets 13 Vacant lots in Klahanie

Craig Galligos was hired to work as the Construction Manager for our business partner Complete Construction. Tla'amin Capital Assets Inc. manages leased properties in the Klahanie and Southview subdivisions. The current housing market in Powell River is strong, so the first decision was made to market the remaining 13 vacant lots. The second decision made was to form a partnership with a construction company to build three homes for sale.



### Hatchery Prepares for Another Year of Salmon Enhancement

This year 85% of our coho are hatchery fish which is a positive sign for our stocks. Hatchery crew's goal is to release 1.5 million to make up for the damage of the flood that set us back a few years ago. Damage clearing was done up the river to remove debris and hazardous obstacles. The smoke house will be opening soon that will satisfy the communities needs.

### Tla'amin Gifted with Cedar Baskets



Tla'amin Elders were invited to a luncheon at K'omoks on October 16<sup>th</sup>, 2018 by Elder Rita Pimlott from Homalco Nation. The purpose of the luncheon was for Rita Pimlott to gift to Tla'amin Nation several Cedar Baskets, some as old as 100 years. These baskets were made by her Late Aunt Jeannie Dominick. Jeannie Dominick lived and was placed to rest here in Tla'amin Territory.

# NOVEMBER



## Cross Cultural Week in Tla'amin

Hundreds of students arrive in Tla'amin every year to experience our songs, stories, and cultural practises. If they are brave enough they can dip their bannock in fish egg soup to end the day.



## NVIATS Graduation

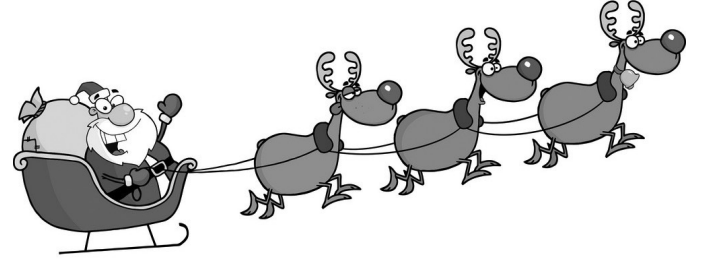
This class has been very successful in developing a range of skill sets for participants. Congratulations to each and everyone who participate in numerous courses such as first aid to food safe to prepare for the workforce. For the next eight weeks the graduates will be utilizing their skills in numerous job sites. Not one student dropped out of the program which made this a 100% success rate.



## It's a Christmas Baby Girl!

Tony, Brooke and Mira proudly introduce baby Desiree Honey Sweet to the family and will treasure their first Christmas together

# Breakfast with Santa





**Let's Talk Trash.ca**  
WHAT IS WASTE?

# Recycling after the Holidays

Starting the new year with a mountain of trash? The wake of the holidays can leave us with new toys and about 25% more garbage than usual. It's not too late to take a moment and sort it out into recyclables and compostables before putting sending it all to the land-fill.



**Here are our top tips for starting the new year off with cleaner habits:**

1. About half of our trash is compostable. If you aren't able to compost at home, bring your turkey bones, soiled napkins, and all other kitchen scraps to the town center Recycling Depot. Freeze the more of finding items if you are waiting till later to drop them off.
2. Get creative with leftover food. Soup and sandwiches are a great way to extend turkey dinners.
3. All that wrapping paper and those greeting cards can go into the paper recycling. Be sure to remove all bows, foil, and electronics.
4. Most styrofoam Packaging and rinsed to go where are accepted at All Recycling depots. Packing peanuts and other spongy styrofoam are not accepted, but could be kept for future art projects or packaging for mailing gifts.
5. Bubble wrap is now accepted in our recycling system, but some local businesses also want it to use for mailing out their products. Check in with the stores you frequent to go that extra mile to and give this resource an opportunity to extend its life.

6. Bring empty beverage containers to the Return-It-Depot on Duncan to get your deposit money back. Milk and milk substitute beverages do not get a deposit, but can be recycled at Depots instead.
7. Broken Christmas lights can be brought to Augusta recyclers or the Reurn-It-Depot for free recycling, while small appliances can be taken to the Town Center Recycling Depot or Augusta.
8. Take household batteries to Rona or any Recycling Depot for safe disposal.
9. Chip Christmas trees, or donate them to Local groups that chip for fundraising.

The fresh slate of a new year can give you and your household a chance to start good habits with waste diversion. Set up a recycling collection area that helps presort materials before your recycling day. Keep your ice cream bucket as a kitchen catcher to collect compost. Freeze it, if you have space, and then drop off at a neighbor's compost or at the Town Center Depot for free. If you're keen to keep this resource at home, Let's Talk Trash has information on different backyard composting systems on our website at [letstalktrash.ca](http://letstalktrash.ca).

*Happy New Year from Let's Talk Trash!*



## Pet Fair Shakes Paw

In October of 2018 Tla'amin Housing in partnership with Lands, Social Development and the Powell River SPCA, held a successful Pet Fair. Booths and activities were set up in the Salish Centre and a contest for the cutest pet (above) in the Nation was held. Tla'amin Citizens put forward suggestions on how the Nation could successfully partner with the SPCA to promote better animal health and safety.



Over 50 pet tags were made by Pet Valu, Doggie Be Good demonstrated Obedience Training and Tla'amin has started discussions for a service agreement with the Powell River SPCA. That's a good start!



# Tla'amin Nation Executive Council Minutes

November 21, 2018

Council Chambers, Governance House

**Attendance:** Hegus Williams, Councillors: John Hackett, Lori Wilson, Tyrone Wilson, Larry Louie (participated via teleconference at 10:10 am)

**Resource:** Rod Allan, Losa Luaifoa  
Hegus Williams called the meeting to order at 10:04 am.

**A. ADOPTION OF AGENDA:** Motion to adopt the amended Executive Council agenda to include: "Elders Care Facility - Feasibility Study, Request for Proposals" under Elders & Youth" and "Purchase Agreement" under Housing.  
Moved by Councillor T. Wilson  
Seconded by Councillor J. Hackett  
CARRIED

**B. APPROVAL OF MINUTES:**

Motion to adopt the November 7, 2018 Executive Council Minutes.

*Moved by Councillor J. Hackett*  
*Seconded by Councillor L. Wilson*  
CARRIED

**C. PRESENTATIONS:**

1. Kathaumixw Update: Walter Martella and Tom Koleszar, provided a brief overview of the 2018 festival and thanked the Nation for hosting an impromptu concert at the Governance building in July, 2018. Mr. Koleszar advised that the planning committee would like to extend an invitation to the Nation to host a concert at the 2020 festival scheduled from June 30 to July 4.

**D. NEW BUSINESS:**

**1. Citizenship & Membership:**

i. Membership Request: Councillor L. Louie requested an update on membership transfer requests from the recent EC meetings.

Executive Council (EC) requested that the Chief Administrative Officer (CAO) follow-up with staff.

**2. Education:** EC discussed a farewell retirement gathering for long time employee Lindsay Louie.

**3. Elders and Youth: Treaty Benefit update** – A date for the meeting has been set for December 3 at 11 am to 2 pm at the Salish Centre.

It was recommended that a PowerPoint presentation be drafted summarizing the Metrix Consulting report.

**4. Environment:** Steelhead representatives met with EC on November 20, 2018 to present the potential routes for the Kwispa'a



LNG project. In total, there appears to be six options for the route and Tla'amin is one of the six options.

**5. Forestry:** Staff are prepared to plant trees in March, 2019.

**6. Housing:** EC reviewed a request for approval of a Purchase Agreement for 6572 Homalco Road.  
First Credit Union approved a loan for the purchase of the property at 6572 Homalco Road (Lot A, Lot 116, Plan EPP80204).

EC approves of the Purchase Agreement between J. Sutcliffe and A. Sutcliffe and Marie Francis.

**7. Justice & Enforcement:** The annual Drug March was held on November 15 and was well attended. The agenda included the march, a guest speaker and a luncheon at the Salish Centre.

**8. Lands:** EC discussed the permit process for firewood and noted that it was a great idea to grant access to the permitted area for Tla'amin Nation members first.

**9. Public Works:** The first house on the Klahanie Drive development is scheduled to be completed at the end of November.

It was suggested that the Nation purchase a 5-tonne flat deck truck for heavier loading capacity to haul debris.

**10. Social Development/Assistance:** Tur-key distribution has been approved for Nation members that reside in the community.

**E. HOUSE POSTS:**

**Lands & Resources** – Councillor Lori Wilson reported the following:

- Scheduled to attend Clean Energy conference in Vancouver next week.
- Natural Resources Committee meeting will be scheduled in January.
- There are proposed changes to Forestry legislation regarding exportation.

**Finance** – Councillor J. Hackett reported the following:

- Staff are working on intake for the Christmas dividend.
- Focus on budget for January.

**Community Services** – Councillor L. Louie reported the following:

- **Community Services** Committee meeting is scheduled for December 3, 2018.

**Public Works** – Councillor T. Wilson reported the following:

- The firehall is preparing for exterior firefighting training in January, 2019.
- A crew has been hired at the Water Treatment plant for the limestone project.
- Attended the Remembrance Day and laid a wreath on behalf of the Nation.

**Economic Development** – Hegus Williams reported the following:

- PRSC dissolution paperwork has been finalized.
- A visioning meeting for Lund Hotel was held on November 15-16, 2018. Tla'amin Management Services (TMS) organized a session with local and out of town businesses, architects, and other organizations to brainstorm potential improvements for the Lund Hotel.

• Following endorsement of a partnership agreement with Sun Heyday, the group requested that a partnership company be established. Currently, a dormant numbered company exists under TMS that could be utilized. TMS staff to inquire.

**F. HEGUS' REPORT:**

Meetings/events attended:

- DFO Herring update meeting. DFO was requested to take action on enhancement activities versus studies and concentrating on openings.
- Retirement dinner for Dave Witty, VIU with Jay Yule and Mayor Formosa.
- Education Management Team meeting is set for December 4, 2018 at 3:30 pm.
- Upcoming meeting is scheduled with Sechelt Nation representatives regarding their reconciliation agreement.
- BC Cabinet and First Nations Leadership gathering is scheduled for November 26-30 in Vancouver. Tla'amin has 7 meetings scheduled throughout the week at the gathering.
- Clean Energy conference is scheduled in Vancouver.
- Elders Treaty Benefit meeting has been set and notice will be provided to the community.
- Received a brief update on the Klahanie Drive Specific Claim from Jennifer Griffith.
- Nautsamawt AGM is scheduled for January 29-30, 2019 in Richmond, BC.
- Confirmed to speak to the Comox Nation regarding treaty challenges/experiences leading up to effective date. The Community Services Director will attend as well.
- Dealing with on-going "discrimination" accusation against Tla'amin staff.
- Met with Dr. Lafferty regarding fishing concerns in our areas such as commercial crab fishing, prawns, krill and salmon.

**G. ADJOURNMENT**

*Moved by Councillor J. Hackett  
Seconded by Councillor L. Wilson  
CARRIED*

Meeting adjourned at 2:36 pm. The next EC meeting is Wednesday, December 5, 2018 at 9:00 am.



# Interested in becoming a Log Scaler?

We are seeking a Tla'amin candidate to attend the Log Scaler course in Gibsons, B.C.

Course Date: February to April (Final exam written in May or June).  
Dates to be confirmed.

Candidate must apply to NVIATS program for tuition. We will assist you.

Candidate will be sponsored by Tla'amin Nation for a living allowance.

The ideal candidate will:

- commit to attending class every day and study every day
- relocate to Gibsons for a 3 month period
- have some forestry knowledge and background experience
- be willing to work on their feet all day in all types of weather
- preferably possess a valid driver's licence (not required but beneficial)
- employment not guaranteed upon completion but we can help find you a job (may or may not be in Powell River)
- instructing institute hires students upon successful completion of course but work would be in Gibsons or Richmond

Google BC log scaler to research more about the type of work a log scaler does.

If you are interested, please submit a resume and cover letter to:

Cathy Galligos, Director of Lands and Resources

cathy.galligos@tn-bc.ca

or drop it off at the Tla'amin Nation front desk

**Deadline to submit: January 4th.**

Information session on January 8th.

Cathy Galligos  
Director of Lands and Resources  
Tla'amin Nation



**SUMMARY OF RCMP CALLS FOR SERVICE FOR: November/December 2018**

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



**Powell River RCMP Non-Emergency (604)485-6255**

**In Case of Emergency Call 911**

Date	Location	Description
NOV 19	RIVER RD	Police assisted MCFD in locating a youth who had run away from a foster home.
NOV 25	HWY 101	Police responded to a report of a possible break and enter.
NOV 25	WATERFRONT RD	Police responded to a mischief complaint where a mirror was broken off a vehicle.
NOV 25	WATERFRONT RD	Police received a report of possible drug activity.
NOV 26	HARWOOD DR	Police responded to a disturbance involving a youth.
NOV 28	WATERFRONT RD	Police responded to a report of an assault. Through investigation the complaint was determined to be unfounded.
NOV 28	BEACH RD	Police assisted in keeping the peace at a residence.
NOV 30	HARWOOD DR	Police responded to a report of ATV's being driven on the road.
DEC 02	HOMALCO RD	Police responded to a mischief complaint where a window was broken.
DEC 02	RIVER RD	Police responded to a disturbance at a residence.
DEC 05	EAGLE DR	Police responded to a report of a breach of conditions.
DEC 10	KLAHANIE RD	Police responded to a threats complaint.
DEC 10	RIVER RD	Police assisted in keeping the peace at a residence.
DEC 10	SALISH DR	Police responded to an alarm at the CDRC. The alarm was determined to be false as the building was secure.



**ON BEHALF OF THE POWELL RIVER RCMP  
WE WOULD LIKE TO WISH EVERYONE A  
HAPPY AND SAFE HOLIDAY.**



# ANNOUNCEMENTS

## The 2019 IHF World Junior Championship in Vancouver and Victoria, British Columbia, will take place from Dec. 26, 2018 to Jan. 5, 2019



### Thursday, Dec. 27

Russia vs. Denmark (4 p.m. ET; NHLN, TSN)

Slovakia vs. Sweden (6:30 p.m. ET; TSN)

### Switzerland vs. Canada

(8 p.m. ET; NHLN, TSN)

Finland vs. Kazakhstan

(10:30 p.m. ET, NHLN, TSN)

### Friday, Dec. 28

Czech Republic vs. Russia

(8 p.m. ET; NHLN, TSN)

Kazakhstan vs. United States

(10:30 p.m. ET; NHLN, TSN)

### Saturday, Dec. 29

Denmark vs. Switzerland

(4 p.m. ET; NHLN, TSN)

Slovakia vs. Finland (6:30 p.m. ET)

### Canada vs. Czech Republic

(8 p.m. ET; NHLN, TSN)

Sweden vs. United States

(10:30 p.m. ET; NHLN, TSN)

### Sunday, Dec. 30

Switzerland vs. Russia (8 p.m. ET; NHLN, TSN)

Kazakhstan vs. Slovakia

(10:30 p.m. ET; NHLN, TSN)

### Monday, Dec. 31

Denmark vs. Czech Republic

(4 p.m. ET; NHLN, TSN)

Sweden vs. Kazakhstan (6:30 p.m. ET)

### Russia vs. Canada (8 p.m. ET; NHLN, TSN)

United States vs. Finland

(10:30 p.m. ET; NHLN, TSN)

The 10 teams have been split into two groups. Group A, which will play preliminary-round games at Rogers Arena in Vancouver, consists of Canada, Czech Republic, Denmark, Russia and Switzerland. Group B, which will play at Save-On-Foods Memorial Centre in Victoria, British Columbia, consists of Finland, Kazakhstan, Slovakia, Sweden and the United States.

The preliminary round runs Dec. 26-31. The top four teams in each group advance to the quarterfinals Jan. 2. The semifinals are Jan. 4, and the gold-medal game is Jan. 5. The semifinals and finals will be played at Rogers Arena.

Canada won the 2018 WJC in Buffalo, defeating Sweden 3-1 in the championship game.

### Wednesday, Dec. 26

Czech Republic vs. Switzerland

(4 p.m. ET; NHLN, TSN)

United States vs. Slovakia

(6:30 p.m. ET; NHLN, TSN)

### Canada vs. Denmark

(8 p.m. ET; TSN, NHLN [joined in progress])

Finland vs. Sweden

(10:30 p.m. ET; NHLN, TSN)



## JAMES THOMSON CONCERT

