



NEHMOTL "Us"

December 2018

Community News | Events | Updates for the Tla'amin People

Cross Cultural Week Nourishes our Tree of Life through Stories and Dance

By Steve Gallagher
Editor

Cross Culture Week has always been an exciting field trip for kids in School District #47. This year the Christian and French schools were also invited. Hundreds of students arrive in Tla'amin every year to experience our songs, stories, and cultural practises. If they are brave enough they can dip their bannock in fish egg soup to end the day. This year, the cultural stations set up around the gym were slightly modified to accommodate the older students attending Brooks, and the eighty-six exchange students visiting from across the country.

Over the years, first nation education curriculum has evolved, and is now mandated to provide indigenous teachings starting as early as Kindergarten. Gail Blaney has worked as the First Nations Coordinator in education for many years at James Thomson Elementary, and is committed to moving our nations history forward.

I asked Gail if these young students were too young to understand the process of reconciliation. "I don't think these children are too young to talk about the true Canadian history. In Kindergarten we introduce the topic of residential schools and how our children relocated for a period of time to attend school. As the students get older, we start introducing more in-depth topics. This is why we modified our stations for the older students later this week to discuss governance," explained Gail.

"I am hoping that each student will go away with learning at least one thing from each station we have set up around the gym. For example, Brad Adams is teaching a hunting game to sharpen their hunting skills and learn about the male and female salmon that spawn in the fall. Karina teaches immersion into her language



Charlie Bob demonstrates how to prepare a chum for the smokehouse to students

program. They don't write things down but they are speaking and doing the language. It sticks to their memory better and they are better able to respond to the language. It's just really great to see them learning from watching," concluded Gail.

Participants also get to learn about the tree of life with the cedar and story telling. Teachers are introduced to our resource people and can schedule more in-depth learning at their school through our traditional art forms.

Drew Blaney is the Cultural Coordinator for the Tla'amin Nation and participated throughout the week educating not only the students, but the teachers as well.

"I remember being a kid and seeing our elders there sharing their stories, and artworks. Mary George, Agnes Mcgee, Katherine Blaney just to name a few. We had a chance to hear their stories, and connect with our rich past. These are the stories that we as resource people must share with the younger generations. We were not told these stories to hold on to and keep hidden.

We were told these stories by our elders, and in return we must share these stories with the younger generation of today. This is a responsibility amongst our people, and Cross Culture Week is a gateway to making that possible. It was amazing to be a part of this group of people, sharing what we know. It makes my heart soar when the children are so keen to learn about our culture, when their eyes light up at the magic in each story. This is what Cross Culture Week is all about, and we are so incredibly lucky to have people in our community who work hard to achieve this."

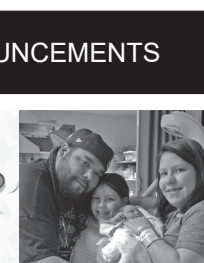
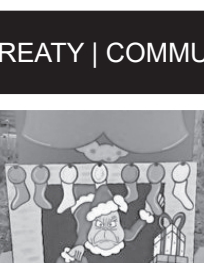
"Story telling is an ancient art form stretching back to when our first ancestors walked this earth. Through oral storytelling, the history of the Tla'amin people was passed down from generation to generation. These stories are what connected us our lands and waters." explained Drew.

Another component of Cross Cultural Week is a much anticipated visit to our fish hatchery where Charlie Bob demonstrates how to prepare chum for the smoke shed, while Lee George explains the value of the fish resource for Tla'amin people and the ecosystem. The fluvarium (meaning "windows of the stream") is always popular with the students who get a front row education on the natural habitat that mother nature has to offer.

FUN FACT: The Coast Salish Anthem was created by Chief Dan George is now recognized across Canada with mutual respect as the Canadian anthem.



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Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646

Tla'amin Christmas Dinner with Leadership

VICTORIA

Friday, December 7th

Location: COMFORT INN (Blanshard Room)

3020 Blanshard Street, Victoria

Doors Open: 5:30 pm (Dinner: 6:00 pm)

VANCOUVER

Saturday, December 8th

Location: BEST WESTERN CHATEAU GRANVILLE (Granville Room)

1100 Granville Street, Vancouver

Doors Open: 4:30 pm (Dinner: 5:30 pm)

Please let us know if you are attending:

Email losa.luaifoa@tn-bc.ca or, call Toll Free 1-877-483-9646 ext.124 and leave a message. If you have any questions, feel free to email or call.

PARENTS please note that Santa's elves want to ensure they don't miss any children so let us know the name(s) and age(s) of your child(ren).

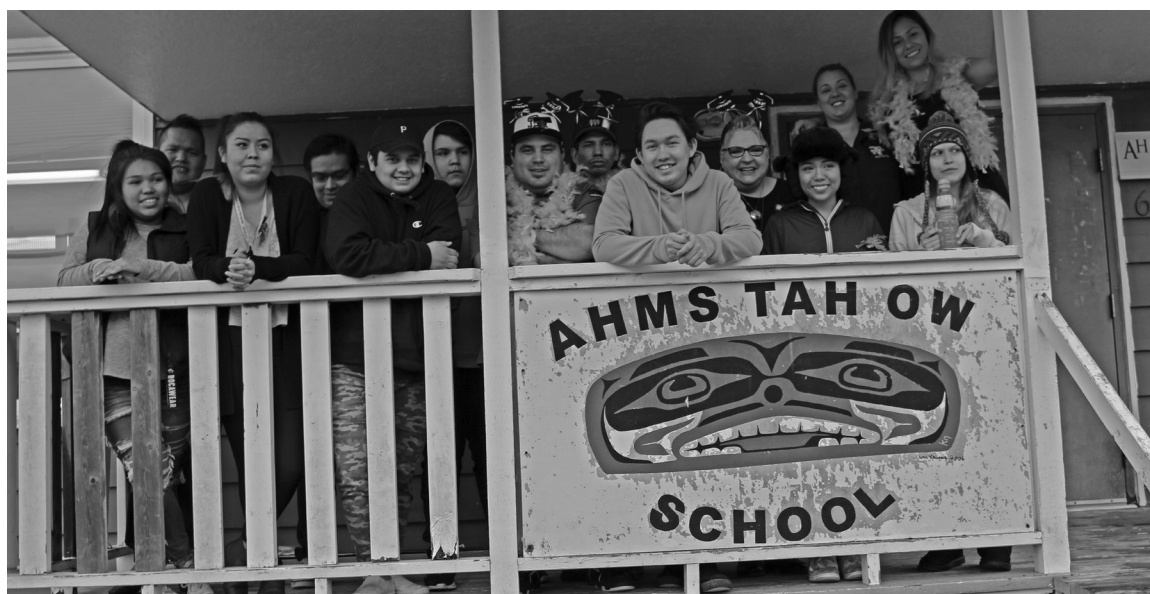
This is an event for Tla'amin members & their families and is not open to the public.



NVIATS Graduation

This class has been very successful in developing a range of skill sets for participants. Congratulations to each and everyone who participate in numerous courses such as first aid to food safe to prepare for the workforce. For the next eight weeks the graduates will be utilizing their skills in numerous job sites. Not one student dropped out of the program which made this a 100% success rate.

Roy Francis is the Community Development Officer for the nation. "Tla'amin has been evolving over the past two and half years and there are a lot of things that are changing that involves employability. There is no reason for our people to not have a job. We anticipate a viable future for our people as we move forward, and this program is a positive step."



Students have found themselves prepared to enter the workforce with a variety of skillsets

Tla'amin Culture Department

Tuesday's

Language: Every second Tuesday, language classes will take place in the community room at the Tla'amin Governance House. Join our elders and language speakers as we work to re-learn the Tla'amin language. Language classes will be on December 4th & 18th and will resume in January.

Craft Night: Crafting night will be **Every Tuesday** at the Tla'amin Culture Lodge (Elders Lodge across from Chi-Chuy). The building will be open to anyone wishing to craft with fellow community members. Please bring your own projects and materials.

Wednesday's: Carving with Randy Timothy Sr. at the Tla'amin Carving Building, located beside Ahms-Tah-Ow in the portable buildings. Randy will guide you through your carving projects, whether it be a mask, paddle or any other projects you have going on. Carving nights will be on December 5th & 19th and will resume in January.

Thursday's: Culture Night is every Thursday from 4:30-6:00 at the Tla'amin Salish Centre. Come out and learn the songs and dances of the Tla'amin people! Culture Nights will take place on December 6th & 13th this month.

Volunteers Needed!

With Tla'amin hosting the Tribal Canoe Journey in 2021, we are looking for volunteers to help craft items to be used as give-aways. We are looking for volunteers to help with:

- Carving Small Paddles
- People to sew regalia
- Crafters
- Weavers

If you wish to help, please contact Drew Blaney at the Tla'amin Governance House.

The Cultural programs will be taking a Christmas Break from December 21st – January 4th. I wish you all a Merry Christmas and Happy New Year!

Drew Blaney
drew.blaney@tn-bc.ca
(604)-483-9646 ext. 123



Tla'amin Nation extends a warm invitation to members & their families to the:

Christmas Dinner

Wednesday, December 12

Doors open: 4:00 pm

Main Dinner: 6:00 pm

Parents please be advised:

- 🎄 Santa will be in the building at 4 pm and families are welcome to visit with Santa & take pictures.
- 🎄 Children will be able to eat dinner starting at 4:30 pm.
- 🎄 A children's activity room will be set-up with helpers to assist the little ones with fun crafts etc. Face painting will also be available.

Please RSVP if you are attending and if you have a child(ren), let Santa's elves know their name(s) and age(s) by sending an email to:

Email: losa.luaifoa@tn-bc.ca or,

Call: 483-9646 ext. 124 (leave a message)

(Feel free to contact the email or number if you have any ?'s)

This is a Tla'amin private event for members and their families.

Tla'amin Justice Update



"Assist with: Transportation to and from court, apply for legal aid, navigate clients through the justice system, meetings with crown/prosecutor, probation/victim service appointments, family case conferences, lawyer referrals, dialogue circles/conflict resolution, Restorative Justice Forums, referrals to justice program for Alternative Measures Wellness Plan."

-Verna Francis-

Tla'amin Justice Program Hours and Contact Information:

Days: Monday – Friday
Time: 8:30 – 4:30
Location: Government House
Work: 604 483 9646
Cell: 604 578 8850
Fax: 778 762 5246

Tla'amin Policing Program Officer: Cst. Chris Bakker

Tuesday's – Friday's

Office Hours: 9:00-12:00 Noon
Location: Tla'amin Governance House
Contact: 604 414 3853

Criminal & Family Court

Next Court Days:

December 4, 18, 2018

First Appearance: 9:00 am

Criminal Court: 9:30 – Appear before Judge

Family Court: 1:30 – 4:30

Note: Changes in the New Year Re: Court Schedules

- Family Court Starting January 2, 16, 30 2019 - Every Wednesday's @ 9:30
- Criminal Court: January 15-29-2019 - Every Tuesday's @ 9:00 First Appearance; 9:30 Appear before Judge.
- Separate days for Criminal & Family.

Sixties Scoop

- Providing assistance in filling out forms and faxing, emailing or mailing completed forms to:
- Collectiva: sixtiesscoop@collectiva.ca
- Contact Number: 1 844 287 4270 – Request more information.
- Add proof to your claim: Fill out "Freedom of Information Form" records of your adoption file back in 50's to 90's I do have the Freedom of Info Forms at my office or you can call MCFD – 604 485 0600 to request the forms
- Deadline for Sixties Scoop Application is August 30, 2019

Indian Day Schools – Day Schools built by government in Tla'amin Community

- No New Updates
- Class Action was Approved through Supreme Court September 2018



Community Day of Action Team
November 15th

- Compensation will take few more years to settle.
- Call Justice Worker anytime if you require more information: 778 762 5246

Ministry of Children and Family Development Contact Agency (MCFD)

- Working in collaboration/networking with social workers from Powell River, Vancouver BC, Chetwynd BC, Vancouver Island: organizing family and group case conferencing, Family Case Conference, Family Planning Case Conference
- Assisting and supporting our nation re: contact from the MCFD. (Meetings with the client and social workers.)
- Assisting and navigating MCFD clients through justice system: Legal Aid, Lawyers, Wellness Plan Resources, and Counsellors/Treatment Programs.
- Provide clients and MCFD resources re: traditional wellness practices and culturally sensitive program services within our Tla'amin community.
- Recruiting Foster Parents/Adoptive Parents: please contact Verna Francis @ 778 762 5246 or Angela Skilbeck 604 485 0613 for more information.
- Ensure that MCFD following protocol agreement between the Tla'amin Nation and Ministry and exhaust all resources in community re: temporary/adoption process. (Contact all immediate/extended family members.)
- Organizing Home Coming Ceremony for 2 children originally from Tla'amin Nation going through permanent adoption in Vancouver.

*Important Notice: Please call in advance for transportation to and from court and please bring your court documents particulars to court for duty counsel or lawyers to be able to assist.

Crime Stoppers - Building a Healthy and Safe Community

"We Want Your Information Not Your Name"

1-800-222- TIPS (8477)

Powell River Detachment: 604 485 6255

Tla'amin Liaison Officer: 604 414 3853

Programs

- SAM Program – Substance Abuse Management program for clients going through justice system and court ordered to participate in this 12 week group or one on one sessions with the justice worker, SAM program is for people who are struggling with drug and alcohol issues that is result of charges. Please call Verna 604 483 9646 Ext. 113 to book appointment for orientation to the program.

Healthy Relationship Program: 12 session program to deal with domestic disputes or violence in a relationship regardless if your situation ends up in justice system. Please contact Verna for more information and book for appointment to start one on one sessions. In the near future I will be hosting a Healthy Relationship Program with Co-facilitator: John Louie. **Everyone Welcome!!!**

If you have any questions pertaining to Tla'amin Justice Program Services please drop by the Governance House or give me a call @ 604 483 9646 Ext. 113 and I will be happy to provide any updates and assist in any way I can.

Happy & Safe Holidays

Qames ʔəms tala Settlement Trust

“Our money is put away safely”

Economic Development Fund - Successful Businesses

The Economic Development Fund of the Trust is a specific investment fund included within the Qames ʔəms tala Settlement Trust Deed for the Nation. The purpose of this specific fund is to assist Tla’amin citizens with starting a business or growing an existing business.

The Trustees are happy to share that the following citizens have been successful in the application process to begin a new business or enhance an existing business. From October of 2016 to April of 2018, approximately 301,842 were dispersed to the following new business start-ups or enhancements to existing businesses:

- I’hos Cultural Tours
- Tla’amin Convenience Store
- Klahamen (formerly Lund Hotel)
- KLL Welding
- Soleo Enviro Tech
- Tla’amin Convenience Store
- Cynthia Rae Egan CPA/CGA
- Joshua Egan Social Media/Web Consultant
- Raven Events

The Trust’s next applications process will be in April of 2019.

If you are a Tla’amin Citizen and are planning to submit an application next year, please ensure you are using the latest versions of the Application Handbook and Application Forms.

Please contact:

Kristi Thiele at Kristi.thiele@tn-bc.ca or Alisha Point at alisha.point@tn-bc.ca

The Trustees for the Qames ʔəms tala Settlement Trust Ann Paul Chair, Kristi Thiele Treasurer, Alisha Point Secretary, Alex Hugenschmidt, Beth Harry Youth Trustee



Tla’amin Xmas Dividends

Forms for the dividend can be obtained from Governance House Reception or from the Tla’amin website www.tlaaminnation.com

Submit applications via email to: dividends@tn-bc.ca, in person at 4779 Klahanie Rd, or Fax 1-778-762-5245

Deadline for applications to be received is: 4:30pm on December 14, 2018



Tla’amin Fire Department is hosting a SANTA PARADE in the community

Date: Friday, December 21st

Time: 6pm

Route: To Be Announced

There will be hot chocolate at the fire hall afterwards.

If anyone is interested in participating with a float or a decorated vehicle, please contact Courtney Harrop by December 15th at Courtney.harrop@tn-bc.ca

Come Join Our Team Firefighters Wanted



Fire Practises are now every Tuesday @ 7:00 pm

Weekly training for responders and fire training
You are paid for practising and responding to calls

Contact Jim Armstrong
email: firehall@tn-bc.ca
Direct Line: 778-762-3705

Winter Ceremonies

Traditional Use Study Interviews with Elders (1996)

Winter ceremonies were also practised among Sliammon people. The Sliammon community gathered at Grace Harbour during the winter months and that was a time for feasting and celebrating. They worked hard all year long and the winter season was a time to relax and celebrate. The winter ceremonies consisted of dancing, singing and feasting.

The Nuhum:

A common feast held during the winter ceremonies was the Nuhum. It was a feast held for all members of the village during the winter at any time when the chief felt he could give them. There were no gifts given at this feast just foods. Everyone ate at the expense of the host and had fun. The chief was able to assert and reaffirm his status by displaying his generosity. Anyone present could begin his spirit song and dance during the festivals and all would join in the drumming and singing.

There were three kind of masks used at the winter ceremonies. A common mask at these winter festivals was the Tal Face: (a) the crooked nose and (b) the hooked nose. The Tal Face mask originated in Sliammon extended family house owners #1 and #4. They were very proud seal hunters. If the son's of the owners of the mask wore the mask when dancing, they carried harpoons.

The right to wear a Tal Face mask was a hereditary one. However, in some cases whoever could afford to do so, had a Tal Face mask made for their own use. This could be done with or

without payment to the owner of the privilege. In most cases form of payment was offered to the mask owners.

The second most common mask at a winter ceremony was the Titaos Mask. This mask belonged to Sliammon House Owner #5. This family consisted of warriors. During their dance they wore the mask and carried weapons or paddles to display "how the warrior goes to war."

The third most common mask was the Swaihe Mask. These three mentioned masks were the only ones that were made out of wood that were used among the Salish. There were several other masks in use, however they were not as common.

Sliammon house owners #2 and #5 also had the privilege to show the mask of a deer and the boys carried bows and arrows when dancing. Women did not wear masks. Instead they danced wearing shell spangled blankets and bark headdresses along side of their masked brothers. These types of masks were associated with the special talents and occupations of the owners. An important Sliammon man who was a bow maker owned a deer head mask and his sons acted as deer hunters.

Often the owners would hire song composers to create a few songs to accompany certain masked dances. The progression of all dances at winter ceremonies was prearranged and the dancing followed a specific order. For example, a spirit-sanctioned dance would take place after a deer head masked dance.

There were several different dances performed at winter ceremonies. One of these dances was the Imitative dance. These dancers performed many types of dances and were not limited to one type of performance. One type of imitative dance was the Raven dance. A man would flap his arms, cawing and hopping around. He had Raven feathers attached to his arms and a bird's beak projected from his forehead.

A second type performed was the Crane dance. This dance was performed in much the same manner as the Raven dance. The Yellow Jacket Dance was another type of Imitative dance. The dancer wore a stinger attached to his brow and wore a blanket painted to represent the insect. To symbolize the swarming of yellow jackets he threw handfuls of feather up as he moved about.

The last type of imitative dance was the Owl Dance. The dancer was thought to have received powers from the dead and pretended to look for spirits among the living audience.

Shamans also put on displays at winter ceremonies. They demonstrated their ability to walk on hot coals and would display his powers to the audience. He would also collide with members in the audience and the victim of the Shamans stare would fall over the dead, bleeding from the eyes, ears, nose, and mouth. Then by touching him, the dancer restored the victim to life. The winter ceremonies were a great opportunity for the Sliammon people to relax and enjoy the shows put on by its members.

Tla'amin Winter Wonderland Skate

December 15th

3:00 - 5:00 pm

- Skate rentals and helmets included
- Ice sleds available
- Bring your own hockey sticks

Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

Tla'amin Health Open House



Drop by December 18th, 2018
 between 11:30 am to 2:30 pm
 the Health Facility

Get an update on what our staff are doing in their programs

Come enjoy Appetizers, treats and Holiday music

See you there

Child Care Minister Visits Tla'amin

On November 13th the Minister of State for Child Care toured the Sunshine Coast and made a brief appearance at Tla'amin CDRC and Health offices

Katrina Chen was elected as the MLA for Burnaby-Lougheed in May 2017. She is the Minister of State for Child Care.



Katrina Chen takes time to interact with a CDRC infant

She has served as a Trustee on the Burnaby Board of Education, and worked in both provincial and federal government constituency offices for over 10 years. Katrina has a Bachelor of Arts Degree with a political science major and a history minor from Simon Fraser University, and also earned a certificate in Immigration Laws, Policies and Procedures from the University of British Columbia.

She has also worked as a community organizer with ACORN, emceed for major cultural festivals, and volunteered as an executive member for several local non-profit organizations for many years.

Family Santa Breakfast

When: December 7th, 9-11am

Where: CDRC



**Mr. and Mrs. Claus will be arriving
 between 9:30-9:45am**



Create Magical Moments for the Holidays

Dear Parents:

December is upon us and soon students or other family members may be coming home for Christmas. This month I'm remembering parents and grandparents and the good feelings that come over us when we hear the word, "home". I'm thankful for the warmth and all the efforts that family members extend to make home a good place to return to.



I had an experience the other day whereby I was reaching for a plate at the top of a stack at my church and when I brought it down into view, I had to catch my breath. The pattern on the plate was the same as the plates my parents had when I was a very young child. I had not seen one of those plates for many years. The experience brought out the poet in me and I wrote these words for my mother:

*My heart skipped a beat when I saw that plate
I thought of you, my childhood, and I could hardly wait
To show it to you and share memories that were great
My heart skipped a beat when I saw that plate.*

*My heart felt a bit sad when I saw that plate
To think how long ago it was when we were zero to eight
The years rush by, time eludes us, it made me contemplate
My heart felt a bit sad, when I saw that plate.*

*My heart then warmed, I smiled, as I held that plate
Though adults now, we still are drawn to you and your traits
Your care, your love, your spirit, we try to emulate
My heart then warmed, I smiled, as I held that plate.*

*I felt thankful for hearth and home, when I saw that plate
All the meals, the nurturing, our growth to stimulate
You gave so much security to your children and your mate,
I felt thankful for hearth and home, when I saw that plate.*

I wonder what kind of item might make you think of home and remember your childhood? We can also wonder what kind of item might make our own children think of home, and what will be the strongest memories they will have of their growing up years.

This is something we can keep in mind, as parents: every day we are making memories for our children. We might think the routine things like making dinners or reading stories are not that important but all of those nurturing actions stay with our children, and help them to grow up with wonderful security.

Best wishes for this month of preparing for the special season of Christmas. Enjoy all the memories you will be creating for generations to come.

Brenda Pielle, Youth and Family Advocate



Drug Awareness March

By Nina Peers

A big thank you to all who attended our 18th Annual Drug March Event on Nov 15, 2018. It was great to see those who supported the drug march. We also had a delicious catered roast beef dinner from Tla'amin Health that was well attended. Cake and one of the door prizes were graciously donated by Tla'amin Justice Program Verna Francis, two other door prizes by nurse Sheila Paquette and many gift certificates by Amy Vaughn.

Our guest speaker Neil White (above) from Inter Tribal Health spoke powerful words to the young and old. He was culturally inspiring providing spiritual cleansing by smudging.

We changed things up this year and added many informational booths on harm reduction that included Naloxone training, HIV, STI, Suicide prevention, Mental Health, Family, FAS etc.

With the opioid, fentanyl crisis becoming more rampant, it is important and necessary that we all get on board and do our part to prevent the overdose tragedies.

This event was gratefully sponsored by, Tla'Amin Health, Tla'Amin Justice Program and Tla'Amin Nation.

Thank you to all the workers that helped put this event in place. Look forward to seeing you again next year.

In the spirit of wellness.

Native Ornament Making

5-7pm CDRC
December 5th



A Guide to Your Baby's First Foods

First Nations Health Authority

In honour of UNICEF's World Children's Day, Nov. 20, we are pleased to share A Guide to Your Baby's First Solid Foods, a new resource to support the wellness and healthy development of your baby. Preparing and sharing food is an important way of connecting with and caring for family and loved ones, and access to nutritious foods plays a critical role in the development and growth of babies and children.

When should I start feeding my baby solid foods?



The only food your baby needs before they are six months old is breast milk or substitutes like infant formula. If baby starts eating solid foods before six months old, they may not get all the nutritional building blocks they need.

The Solid Foods Checklist

Your baby is ready for solid foods if he or she:

- Is six months old
- Is watching what others are eating
- Is reaching for your food
- Is sitting up on their own or with help from a chair
- Can hold their head up and turn it side to side without help
- Seems hungry and isn't full after feeding
- Doesn't push their tongue out over and over when offered solid foods

If you wait longer to start after they are ready, baby:

- may be slower to accept solid foods
- may have a harder time learning to chew
- may not get the nutrients they need to grow

Breast milk

Health Canada and the World Health Organization recommend that you feed your baby only breast milk for the first six months. After that, it's best to carry on breastfeeding for up to two years or more while also giving them solid foods.

Breast milk is the best food you can give your baby. It changes as baby's needs change, and is the easiest milk for them to digest. It also has the exact amount of protein, carbohydrate, fat, vitamins and minerals that baby needs, and contains antibodies that build baby's immune system and protect them from infection and disease for life. Breastfeeding is also important for a mother's health, and nurtures the special bond that she and baby share.



Elders Corner

December 4th, 2018 – Elders Christmas Luncheon

Location: Salish Centre
Time: 11:00 A.M. to 2:00 P.M.

December 11th, 2018 - EDP

Location: Health Centre
Time: 11:00 A.M. to 1:00 P.M.

December 18th, 2018 – EDP

Location: Health Centre
Time: 11:00 A.M. to 1:00 P.M.

December 25th, 2018 - No Elders Day Program

January 1st, 2018 - No Elders Day Program

January 8th, 2018 – EDP

Location Health Centre
Time: 11:00 A.M. to 1:00 P.M.

Doreen Hopkins
Elder's Coordinator



Fluoride drop-in
10-12pm @ the CDRC
December 13th

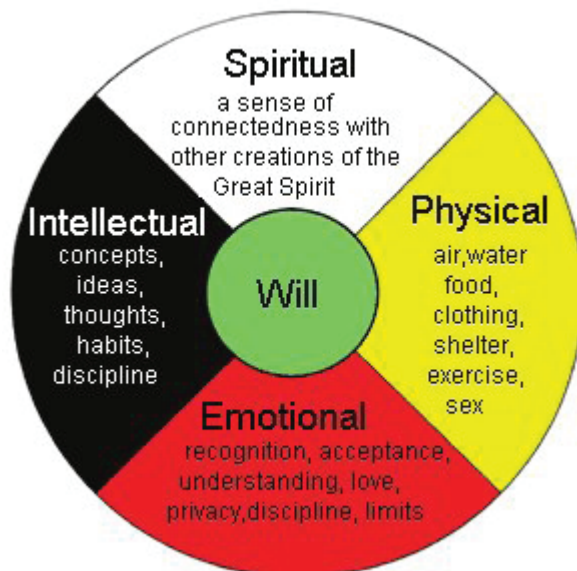
Importance of Indigenous Wellness Practices

- Gerry Brach,
MEd., R.C.C.

As a clinical counsellor, I have been interested in Indigenous wellness practices for many years. Recently these practices have been undergoing a rebirth across our country after a long history of being ignored by most health professionals and politicians. Traditional medicine covers a wide variety of practices which vary from region to region. Traditional wellness includes traditional medicines, practices, approaches and knowledge.

One of these practices is the Medicine Wheel. I was first introduced to this approach to wellness while providing counselling support to Ahms Tah Ow students from 2006 to 2014, by Robbi Wilson. The Medicine Wheel is an important lens for both Indigenous and non-Indigenous youth through which to see their journey to well-being. This holistic tool is universally applicable and relevant for people of various cultures. Regardless of our backgrounds, most people, can understand that emotional, mental, physical and spiritual well-being are all closely interconnected and each must be balanced. For example, a spiritual connection is widely recognized as a core component of resilience for Indigenous children and youth. Jessica Johnson, recently hired as an Indigenous Success Teacher for School District 47 has applied the Medicine Wheel teachings in the North Vancouver School District. She feels that the teachings have practical applications for our students. "The Medicine Wheel is an ancient tool with really relevant cross-cultural teachings." explained Johnson.

From an Indigenous perspective, the circle symbolizes unity, wholeness, balance and



health. All things of great power are made in the shape of a circle. The sky is circular, the earth and the stars are round. In a circle, all elements are related to each other and no single element can be treated in isolation.

I believe that the Creator's purpose for human beings is wellness, peace and happiness. These special qualities are achieved through individual effort to achieve balance and harmony in life.

Elders are another source of wisdom when it comes to passing on traditional medicine knowledge to the next generation. Elders have an enormous responsibility to promote cultural understanding to our young. I have had the good fortune of listening to Elders speak to students at several Canadian universities as part of the Verna J. Kirkness Science and Engineering Education Program. There is much to learn from generations of Indigenous people who can share their experiences and knowledge. These teachings have universal application and have survived the test of time. Elders' wisdom and knowledge can be delivered through in school programs as well as community gatherings and workshops.

First Nations use of indigenous plants to promote healing has been used for thousands of years. Dr. Jeanne Paul, originally

from the Tla'amin Nation is a modern Traditional Healer who has practiced traditional healing for many years. Starting from an early age, Dr. Paul was interested in learning about how certain plants and herbs could be used medicinally. Today herbal medicine is a real science that is backed by centuries of ancestral teaching and by research.

Research indicates that traditional medicines and practices have the potential to improve overall health and wellness, and strengthen culture and pride. Non-Indigenous Canadians need to work with Indigenous elders and community leaders to determine how Indigenous wellness practices can best be implemented in our modern society at large. Western doctors need more cross-cultural training and participation in Indigenous cultural and spiritual events. Western and traditional health practices should be more closely aligned to provide a truly holistic model of wellness.

It is important to collect and document best practices related to traditional wellness so that communities can work together in improving and building traditional medicines and practices.

Gerry Brach is a "semi"-retired teacher/counsellor who is interested in promoting wellness.

THE LEGEND OF THE CHRISTMAS TREE

BY LUCY WHEELLOCK

Two little children were sitting by the fire one cold winter's night. All at once they heard a timid knock at the door, and one ran to open it. There, outside in the cold and the darkness, stood a child with no shoes upon his feet and clad in thin, ragged garments. He was shivering with cold, and he asked to come in and warm himself.

"Yes, come," cried both the children; "you shall have our place by the fire. Come in!" They drew the little stranger to their warm seat and shared their supper with him, and gave him their bed, while they slept on a hard bench.

In the night they were awakened by strains of sweet music and, looking out, they saw a band of children in shining garments approaching the house. They were playing on golden harps, and the air was full of melody.

Suddenly the Stranger Child stood before them; no longer cold and ragged, but clad in silvery light. His soft voice said: "I was cold and you took Me in. I was hungry, and you fed me. I was tired, and you gave me your bed.

I am the Christ Child, wandering through the world to bring peace and happiness to all good children. As you have given to me, so may this tree every year give rich fruit to you."

So saying, He broke a branch from the fir tree that grew near the door, and He planted it in the ground and disappeared. But the branch grew into a great tree, and every year it bore wonderful golden fruit for the kind children.





Big-Batch Kris Kringle Cookies

Prep Time: 15min

Total Time: 27min.

Servings: 66 servings, 1 cookie (28 g) each

INGREDIENTS

- 1 cup butter, softened
- 1 cup granulated sugar
- 1/2 cup packed brown sugar
- 2 eggs
- 1 tsp. vanilla
- 2 cups flour
- 2 tsp. baking soda
- 2 pkg. (170 g each) Baker's White Chocolate, coarsely chopped
- 1-1/2 cups dried cranberries
- 1-1/2 cups chopped pecans

INSTRUCTIONS

1. Heat oven to 375°F.
2. Beat butter and sugars in large bowl with mixer until creamy. Blend in eggs and vanilla.
3. Mix flour and baking soda. Gradually add to butter mixture, beating after each addition until blended. Stir in chocolate, cranberries and nuts.
4. Drop tablespoons of dough, 2 inches apart, onto baking sheets.
5. Bake 10 to 12 min. or until golden brown. Cool on baking sheets 3 min. Remove to wire racks; cool completely.

TIP: Save a couple for Santa



TLA'AMIN NATION | 604-483-9646 | EXTENSIONS

First Name	Last Name	Ext.	Other	Numbers
AHMS TAH OW	SCHOOL	102	1116665 BC Ltd	604 483 4259
ALEX	SUTCLIFFE	132	CDRC Daycare	604 483 3449
ANDREA	PAUL	104	Chiy Chuy Preschool	604 483 3434
CATHY	GALLIGOS	119	Elders Lodge	604 483 9630
CLINT	WILLIAMS	107	Firehall	604 483 2444
CRAIG	GALLIGOS	106	Hatchery	604 483 4111
DENISE	SMITH	121	Health	604 483 3009
DONNA	TOM	126	Lund Hotel	604 414 0474
DREW	BLANEY	123	TMS (Devcorp)	604 483 7777
ESTHER	WILLIAMS	117	Tla'amin Nation	604 483 9646
GERRY	GALLIGOS	135	Water Plant	604 483 4399
GRAEME	STEWART	133		
JEANNIE	BASSETT	142		
JESSIE	PETERS	127	CDRC Daycare	604 483 3410
JIM	ARMSTRONG	136	Hatchery	604 483 4115
JOHN	HACKETT	109	Health	604 483 2466
JOLENE	SUTCLIFFE	115	Health Benefits	604 414 0388
LANDS	SURVEY	143	TMS (Devcorp)	604 483 7741
LARRY	LOUIE	131	Tla'amin Nation	604 483 9769
LISA	WILSON	144		
LORI	WILSON	108		
LOSA	LUAIFOA	124	Health	1 866 209 6538
LOUISE	DOMINICK	125	Tla'amin Nation	1 877 483 9646
LUCY	LAMBERT	141		
MAUREEN	ADAMS	116		
PAM	WILSON	114		
PAULA	STEWART	103		
RCMP LIAISON	CHRIS BAKKER	140		
ROD	ALLAN	101		
ROY	FRANCIS	137		
SERENA	BARNES	120		
SHAWN	LOUIE	105		
STEVE	GALLAGHER	138		
STEVE	HUNTER	118		
TRISHA	WILSON	110		
VERNA	FRANCIS	113		



TLA'AMIN HEALTH | 604-483-3009 | EXTENSIONS

First Name	Last Name	Ext.	Other	Numbers
BRENDA	PIELLE	118	1116665 BC Ltd	604 483 4259
CATHY	PAUL	119	CDRC Daycare	604 483 3449
DANA	GUSTAFSON	141	Chiy Chuy Preschool	604 483 3434
Doreen	Hopkins	126	Elders Lodge	604 483 9630
DAWNA	PALLEN	122	Firehall	604 483 2444
DAYCARE	TITOL	145	Hatchery	604 483 4111
DAYCARE	WALKINGFEET	146	Health	604 483 3009
ESTELLE	PEDERSEN	109	Lund Hotel	604 414 0474
HCC	STAFF	102	TMS (Devcorp)	604 483 7777
JEAN	DALY	108	Tla'amin Nation	604 483 9646
JEANNIE	BASSETT	-	Water Plant	604 483 4399
JOHN	LOUIE	113		
KAILA SHEPHERD	& COURTNEY HARROP	142		
KIM	HACKETT	100	CDRC Daycare	604 483 3410
KITCHEN	CDRC	143	Hatchery	604 483 4115
KITCHEN	HEALTH	106	Health	604 483 2466
LESLIE	LOUIE	103	Health Benefits	604 414 0388
LUCY	LAMBERT	-	TMS (Devcorp)	604 483 7741
MARGARET	ROSSI	121	Tla'amin Nation	604 483 9769
MONICA/GISELLE/CIARA	HCC COORD	107		
NATHAN	JANTZ	123		
NINA	PEERS	116		
PRESCHOOL	CHICHUY	130	Tla'amin Nation	1 877 483 9646
ROSE	ADAMS	140		
SALLY	LOUIE	117		
SANDRA	TOM	120		
SHEILA	PAQUETTE	110		
SHIRLEY	LOUIE	104		

Tla'amin Nation Executive Council Minutes

November 7, 2018

Council Chambers, Governance House

Attendance: All Executive Council
Resource: Rod Allan, Losa Luaifoa

Hegus Williams called the meeting to order at 10:32 am.

A. ADOPTION OF AGENDA: Motion to adopt the amended Executive Council agenda to include: "Christmas Dividend" under Administration & Finance.

*Moved by Councillor J. Hackett
Seconded by Councillor L. Louie
CARRIED*

B. APPROVAL OF MINUTES:

Motion to adopt the October 10, 2018 Executive Council Minutes.

*Moved by Councillor J. Hackett
Seconded by Councillor T. Wilson
CARRIED*

C. PRESENTATIONS:

Grace Adams, Tla'amin Management Services LP (TMSLP), in attendance to extend an invitation to Executive Council (EC) to attend a visioning session for Lund Hotel on November 15.

D. NEW BUSINESS:

1. Administration & Finance:

i. First Credit Union Lending Program

The Chief Financial Officer (CFO) advised that the Nation has reached the maximum of mortgages that can be guaranteed with the secured funding that the Nation provided for the program. No further mortgages will be guaranteed.

Due to the end of the lending program through First Credit Union, EC recommends that a meeting with the local banks be initiated to discuss mortgage opportunities for members. It was also recommended that an RFP package be available for those banks interested in working with the Nation.

ii. Real Property Tax Coordination Agreement

Through the treaty process, it was legislated that the property tax rates set by the Nation are not to exceed the rates set by the City of Powell River and the Province of British Columbia. In 2017, the rates set by the City were lower which resulted in a deficit of \$23k to the Nation. It was noted that the Nation did not recapture the deficit from the lease holders.



Learning Circle October 25, 2018

To Introduce the Aboriginal Policy and Practice Framework & Collaborative Decision Making and Community led Traditional Practices -to ensure MCFD following Protocol Agreement btw Nation/MCFD- Building Respectful Relationships

Verna Francis - Justice Coordinator

The Nation has requested to the Province that the specific clause in the Real Property Tax Co-ordination Agreement which restricts the Nation from setting its own property tax fees, be removed. The Province has agreed to the removal of the clause and has forwarded an amended agreement for endorsement.

Motion for Executive Council to endorse the amended Real Property Tax Co-ordination Agreement to remove the clause that restricts the Nation from setting its own fees.

*Moved by Councillor L. Wilson
Seconded by Councillor T. Wilson
CARRIED*

iii. Prize Policy: The CAO raised the topic of staff eligibility for prizes at Nation events and advised that as a paid employee of the Tla'amin Nation government, staff are not eligible for any prizes at Nation events that are purchased by the Nation.

EC supports the development of a policy to this effect.

iv. Christmas Dividend: The CAO advised that preparation (by Finance staff) for the Christmas Dividend distribution will begin.

EC confirmed that the amount will remain the same as the previous year at \$50.

v. Display Case: The CAO advised that a display case has been set up in the reception area and will be stocked with Tla'amin apparel and other items such as t-shirts for Anti-bullying Day etc.

Washroom Signs: The CAO noted that it was suggested at a staff meeting that the Governance building washroom signs be written in Tla'amin language.

Meeting Room Names: The CAO will consult with the Culture Manager for Tla'amin names for the Governance building meeting rooms.

EC supports the meeting rooms being named.

2. Citizenship & Membership:

i. Membership Request: EC reviewed a membership request and resolved that additional information is required including ancestral ties to Tla'amin Nation.

ii. Citizenship Law: The Lands Manager and Membership Clerk provided a presentation to EC. The following are highlights of the presentation:

- INAC will be presenting proposed changes to membership for status Natives (554s) and are providing updates of those changes to communities. INAC will present to Tla'amin on November 14.

- Murray Browne is working on land home ownership transfers for members with existing mortgages. Currently, there are approximately 50 mortgages and 10 home ownerships to register. The cost is approximately \$400 per registry.

- Finalization of "Life Estates" documents is needed.

- Citizenship Law consultation is scheduled for November 23 in Victoria and November 24 in Vancouver. The meeting will consist of proposed changes to the law. Questions

around heritage and how far back ancestry can be claimed will be reviewed in the proposed changes.

3. Elders and Youth: EC resolved that the Treaty Benefit for elders meeting be scheduled for Monday, December 3 at the Salish Centre from 11-2 pm. Legislators and key staff are expected to attend.

4. Emergency Services: Fire Department Regulation - EC reviewed the proposed regulation and it was noted that since the Tla'amin Fire Department is not insured as a structured fire department, the regulation is not an urgent priority to have endorsed.

It was suggested that upon training completion, the regulation be brought back for review. The CAO will provide further details and update EC.

5. Fisheries & Hatchery: It was noted that there is sufficient Broodstock to meet the Nation's quota.

- Stream cleaning has been successful as no sawed wood has reached the fence.

6. Forestry: It was advised that the three cut-blocks on Tla'amin Crown land have received clean audits.

7. Housing: The Housing manager provided an update on housing in general and is seeking endorsement from EC for bridge-financing to implement a proposed plan that will generate housing for up to 5 families. The proposed plan would require some rearranging of willing tenants who are in agreement with the potential changes.

The CAO is to inquire about the balance of logging revenue on Treaty Settlement Lands (TSL).

8. Justice & Enforcement: The annual Tla'amin Drug March is scheduled for Wednesday, November 15 at 3:30 pm with dinner to follow at the Salish Centre.

9. Lands: The CAO provided an update on the Nation's agreement with the Regional District for the creation of house numbers and is seeking endorsement from EC to update the agreement to reflect correct names and dates.

EC endorses the agreement in principle.

F. HOUSE POSTS:

Lands & Resources – Councillor Lori Wilson reported the following:

- October 4 – attended meeting regarding Oceans Protection (Nautsamawt). Funding applications for various short projects will be submitted.

- Tla'amin received a congratulatory letter from Laura Brown on behalf of the Department of Fisheries and Ocean (DFO) regarding the Tla'amin beach monitoring project in the summer.

- October 16 - attended Brooks annual "Parent-Teacher Meet and Greet" dinner at the



Blanket Exercise with the Tla'amin Justice Program and Ministry of Children & Families Agencies Opportunity to learn the real history of Canada.

"Participants will gain a better understanding of our Indigenous fellow Canadians. Understanding can lead to compassion. Understanding can lead past stereotypes and to real people who have much to offer. Understanding can help us to deal with the past and move into the future. It starts by walking a mile in someone else's shoes, or at least walking far enough together to squirm a little."

Verna Francis - Justice Coordinator

Salish Centre. Councillor L. Wilson noted that it was nice to see teachers and students from Brooks and also noted that the students from the VIU Culinary Arts program cooked a fantastic dinner.

- October 18 - attended the Pulling Together Canoe Journey Protocol meeting at the Salish Centre. The journey is July, 2019 from Saltery Bay to Powell River to Okeover Arm.

- Elk hunting is ongoing. An email was sent to staff seeking volunteers for the community elk.

- On October 25, Tla'amin was advised that Western Forest Products is planning a project to relocate old growth management areas and to improve old growth management areas. The project is government funded.

- November 1 - Eagle Walz informed advised Tla'amin that he is looking into a wooden bridge for the trail to be able to connect the newly constructed trails.

- October 29 – attended the Natural Resource Committee meeting. Bob Bocking, Fisheries consultant provided an update on the fisheries portfolio.

- October 31 - participated in a conference call with Bob Bocking, re: "Terminal Salmon Fishers".

- Upcoming: 1) Commercial Herring Integrate Fisheries Management Plan consultation period is coming up. Tla'amin will be meeting with DFO on November 9. 2) Species at Risk Provincial Science Panel. DFO will conduct a First Nation consultation presentation on their study of Steelhead trout on November 8. 3) Clean Energy conference in Vancouver - November 26 to November 28.

Community Services – Councillor L. Louie reported the following:

- The Community Services Committee meeting is scheduled for December 3 at 2 pm to 4:30 pm.

Public Works – Councillor T. Wilson reported the following:

- The Fire Chief is looking at exterior fire-fighting in January, 2019.

- The department responded to an emergency call for a motor vehicle (camper) fire that ignited from a new inverter. It was noted that the camper should be towed.

Economic Development – Hegus Williams reported the following:

- Lund Hotel visioning session on November 15.

G. HEGUS' REPORT:

- The Chamber of Commerce is seeking participation from the Nation regarding TMSLP initiatives.

- John Bolton (Nautsamawt) is interested in setting dates to meet re: Ocean Protection Plan.

- The Nation bulletin board needs to be put up. Recommends staff move forward with preparation to have board posted asap.

H. ADJOURNMENT

*Moved by Councillor J. Hackett
Seconded by Councillor L. Louie
CARRIED*

Meeting adjourned at 2:56 pm. The next EC meeting is Wednesday, November 21, 2018 at 10:00 am.

Fish Food for Thought

By Sachi



Since the early 1700's, human activities are estimated to have caused the temperature of the earth to warm by approximately 1.0°C and we are likely to reach 1.5°C between 2030 and 2052 if it continues to increase at the current rate.

The Intergovernmental Panel on Climate Change (IPCC), a United Nations body for assessing the science related to climate change, recently came out with a new report stressing the urgent nature of the rapidly changing climate and its impacts on us as a global community. Their message was clear; we have a shortened amount of time to limit global warming to 1.5°C in order to reduce the risk of long-term, or even permanent, changes to ecosystems.

In 2015, the global community signed onto the Paris Agreement - an agreement between nations to tackle climate change. This agreement stated the commitment to limit the earth's warming to at most 2°C. However, many coastal communities and small island nations argued that even a 2°C increase would have catastrophic consequences on them with rising sea levels and the destruction of coral reefs. The recent IPCC report agreed with these communities and countries, and now urges the world to seriously consider a new target of limiting the warming to 1.5°C.

So, what does the difference between the 2°C scenario and the 1.5°C scenario? The report highlights many climate change impacts that could be avoided with a lower warming target. For example, under a 1.5°C scenario the Arctic Ocean might be ice free only once a century, whereas under a 2°C scenario it might be ice free once a decade.

These differences affect fisheries along the coast here too. A 1.5°C scenario is projected to have reduced impacts on fish health, ability to survive and reproduce, and habitat compared to that of a 2°C scenario.

The good news is that limiting warming to 1.5°C is possible and actions that would be needed to do this are being done around the world. It also allows for a cushion and gives more time for people and ecosystems to adapt. The catch is that we would need to accelerate existing initiatives. This is especially true in North America where we are emitting carbon at a rate that would put us on track for a 4-5°C warming scenario if the rest of the world emitted as much as we do.

You now might be wondering – well what can I do? Small everyday changes, like car-pooling or biking, do make a difference. But research has shown that enacting better policies is what we really need for a future of 1.5°C. So, talking with decision makers is what will tip the scales in favor for a future where our children will have the potential for the best opportunities in life.



Let's Talk Trash.ca

WHAT IS WASTE?

Disposing with Disposable

It's time to get yourself a refillable water bottle and a reuseable thermos. No more reading or thinking about how it's a good idea. No more relegating your refillables to the backseat of your car to be forgotten until they beg attention from their rising stench. It's time for action.

The great news is it's never been easier to do what's right. Thrift stores abound with second hand options that will fit any budget. You can personalize even a slightly dinged one with a few funky stickers. There are also added incentives, like discounts at your favorite cafes, coffee that stays piping hot, and kudos from passersby for your eco-attitude.

“ Just do it, one reuseable cup at a time! ”

Some of us seem to need still more motivation to dispose of our addiction to disposables. But, should it really take a whale washing up dead on Indonesian shorelines with 115 plastic cups in its stomach (only a fraction of the 13 pounds of plastic it had in its stomach) for us to wake up to the cost of our lives of convenience? And at what point do we get too numb to the overwhelming statistics about ocean plastics?

The challenge of managing single use to-go cups and containers is so massive, that Metro Vancouver has initiated a series of bans. Come June of next year, foam cups, foam containers, and plastic straws, for example, will be a thing of the past. Plastic cups and containers are next on deck.

Switching from plastic or even paper to-go cups to compostable plastics, isn't the ultimate solution either. Compostable plastics come in all kinds of recipes, and even the best of them are only intended to break down in a high heat composting facility. The qathet Regional Districts' composting pilot programs don't happen to accept any kinds of compostable plastic,



Photo by Ingalisa

so well-meaning vendors are wasting their money on the more expensive cups. At best, these end up in the landfill where they don't effectively break down in the anaerobic environment. At worst, they contaminate our plastic recycling stream and the soil that our compost turns into.

Thirsty much? Enjoy indulging in a mid-day tea break? Keep quenching yourself to your heart's desire. Just do it, one reuseable cup at a time!

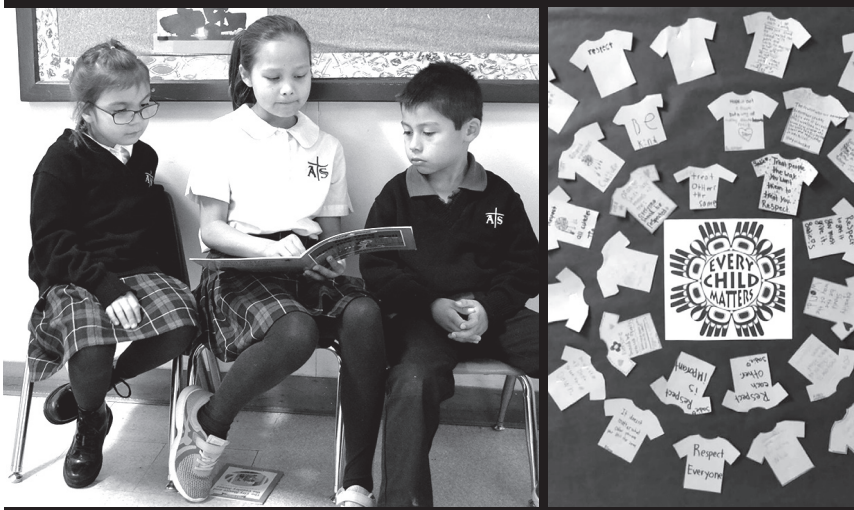
Contact LetsTalkTrashTeam@gmail.com for more information.



A brilliant future

Starts with a strong foundation

Start your child at Assumption School today!



Peaceful, inclusive classrooms Preschool to Grade 9

Caring staff working in partnership with Tla'amin

Powell River's top academic school



assumptionpr.ca
604-485-9894

Assumption

First Term Reports home (Dec 7th)

Christmas Concert (Dec 20th)

Last day before Christmas break

(Noon dismissal) Dec 21st

Christmas holidays (No school) Dec 22nd – Jan 6th

School reopens (Jan 7th)

James Thomson Elementary

Winter Wonderland Skates (schedule TBA)

Dec. 12th, 13th, and 14th

Christmas Lunch December 14th

(School-wide turkey meal)

Christmas Concert = December 18th

(2pm and 6pm)

Last day of classes before Winter Break (Dec. 21st)

Winter break (Dec. 22nd – Jan 6th)

Back to school (Jan 7th)

Education and Wisdom (part 7)

“When [children] accompany adults in the family to travel from place to place the children learn certain skill. ... Through some forms of guided participation or watching how more experienced people perform tasks and then practicing these tasks children learn to become competent to do them consistently and independently. ... place for indigenous children is something definite and tangible. It is much bigger than their actual home on a plot of land Place is the basis of their identity. ... We can conclude that Indigenous children develop a comprehensive environmental knowledge. Such knowledge consists of highly specific information and skills to operate effectively with a particular physical environment, together with more cosmic environmental knowledge. ... children demonstrate a respect for the environment in which they live, function and play.” Rod Gerber and Margaret Robertson, in Children’s Lifeworlds: Locating Indigenous Voices, 200, page 232.

These two anthropologists were among great minority in people that I could find who talk about the importance of place in teaching, learning, and ultimately, identity. In my research it was really hard to talk to anyone about place, because the places we go about our business are really invisible to the things that we do in them – talking, laughing, eating, and so on. Being in Tla’amin I know that the place, your territory, is taught and experienced by Tla’amin people. This was what I set out to describe, and how this changes as the places themselves change. The work focused on houses- and because of that, there were many changes to how



children experienced the teaching and learning of being a Tla’amin person in the twentieth century. In the last Neh motl there was a huge article about all of the new housing being built today! Almost each decade brought a different approach to housing in Tla’amin, and all of these had implications for how children were taught within them. In the early 1900s, houses were largely open-concept. In the 1920s, houses in Tla’amin featured additions. Throughout the 1920s and 1930s, houses had gradually less and less open spaces, although family members continued to prefer to sleep in the same room together.

Years when they came back the homes that they built here were two room houses and they put additions on their houses, most people had additions – houses were built good. Stucco inside. Can always remember that part, the wood stove heat. Everybody had coal oil lamps or gaslights. Their new homes were built close to the road that went by. They had their lights to shine on the road for people walking by. ... Some had two separate buildings, kitchen, sleeping quarters with a porch linking the two. Two separate buildings, some had it that way and others were open concept. Kitchen was always by the door and always had a high ceiling because that’s where they stored their dry food.- Tla’amin Elder

Ekosi/Emote!
Omeasoo Wahpasiw



ANNOUNCEMENTS



It's a Christmas Baby Girl!

Tony, Brooke and Mira proudly introduce baby Desiree Honey Sweet to the family and will treasure their first Christmas together



Look who's turning 1!
Queenie Alaina Souch
 Happy Birthday our precious girl
 Love Mom Dad Eug & Taliyah



Princess Taliyah is turning 5!
 Happy birthday our sweets
 Love Mom Dad Eug & Alaina

Merry Christmas, Mom

*For all of the presents
 You put under the tree,
 For all of the times
 You picked up after me...*

*For all of the times
 That you tucked me in tight
 And we stayed up to talk
 Long into the night*

*For all of the days
 I was feeling so down
 And the times that you turned
 To a smile my frown*

*For the cookies you baked
 And the stockings you stuffed,
 For the cuts that you healed
 And the pillows you fluffed...*

*For the time that you took
 Off the training wheels
 For the nights that you made me
 My favorite meals*

*For the years throughout
 Elementary school
 For knowing the right thing
 Isn't always what's cool*

*For putting up with
 Those preteen years
 For making it through
 All the laughs and the tears*

*For all of the days
 That you loved me so much
 Even during the times
 That I made it so tough...*

*For all of the memories
 We have already shared
 For the future for which
 We cannot be prepared
 look at me now mom, how far I have come*

Merry Christmas to you, Mom



SUMMARY OF RCMP CALLS FOR SERVICE FOR: October/November 2018

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



Powell River RCMP Non-Emergency (604)485-6255		In Case of Emergency Call 911
OCT 26	HARWOOD DR	Police responded to a report of an audible alarm.
NOV 01	KLAHANIE DR	Police responded to a landlord tenant dispute.
NOV 02	BEACH RD	Police assisted MCFD in checking the welfare of a youth.
NOV 03	HARWOOD DR	Police responded to a report of a possible domestic disturbance. Upon investigation it was determined to be unfounded.
NOV 03	RIVER RD	Police responded to a request to check children's welfare at a residence. Police attended and found no safety concerns for any children.
NOV 04	HARWOOD DR	Police responded to a disturbance at a residence. Police attended and determined the complaint to be unfounded.
NOV 10	HARWOOD DR	Police responded to a report of loud music coming from a residence. Police attended, no music was heard, but loud talking was. Residents asked to quiet down, which they did.
NOV 11	WATERFRONT RD	Police responded to a report of a fight between two people at a residence. By the time Police arrived the fight had been broken up and both parties had left.
NOV 13	WATERFRONT RD	Police responded to a report of an aggressive dog on the loose. The owners were spoken to, and went to pick up the dog.
NOV 14	SALISH DR	Police responded to a commercial alarm. The alarm was determined to be false.
NOV 17	HARWOOD DR	Police responded to a disturbance at a residence. All parties were spoken to, and separated as no offence had occurred.
NOV 17	HOMALCO RD	Police responded to a report of a fight in progress. Police attended, but all parties had already left. Everyone involved was spoken to by Police, no charges are being considered at this time.
NOV 18	WATERFRONT RD	Police requested to assist in locating a missing female. The female was located the following day.

WINTER DRIVING

If you drive over black ice and start to skid, ease off the accelerator, and look and steer smoothly in the direction you want to go. Don't brake!



The more time you have to react to any hazard the better.

During the winter, temperatures can change quickly, which can cause unpredictable road conditions



For all types of winter hazards, remember two key tips: reduce your speed and increase your following distance.



Plan ahead and check road and weather conditions on www.drivebc.ca before heading out.