



NEH MOTL "Us"

October 2018

Community News | Events | Updates for the Tla'amin People

October 17th is Legalization Day for Marijuana

By Steve Gallagher
Neh Motl Editor

Whether you agree or not legalization of marijuana is fast approaching. This raises concerns about how marijuana is treated not only in the workplace, but in plain sight of the general public. This is new territory for law enforcement as well.

It will be soon acceptable for individuals 19 years or older to be inhaling THC (the active ingredient in cannabis) in the same public places where smoking is permitted. In otherwords they must follow the same rules and regulations as cigarette smokers. This new legalization will be certainly a learning curve for how society accepts these changes.

I asked Hegus Clint Williams if he has any concerns about the legalization of marijuana on October 17th.

"Alcohol and drugs will always be a concern as we do not want to see anyone negatively affected by over using these products. The le-

galization of Cannabis will definitely raise and cause some concerns. Marijuana will be available to people of the legal age to purchase without a medical license, as this will be a recreational drug that people will be able to use at their own discretion.

In the workplace in Tla'amin it is important to note that this will be viewed no different than alcohol; you cannot drink and drive, nor could you use this while working your job. In otherwords, If you decide to show up under the influence of marijuana in the work place, it will be treated no differently than arriving with alcohol on your breath or intoxicated.

"Executive Council have been reviewing our employment policies to see if updating is required to capture this new product(s). Our policies already capture this item as it is identified as a product that can intoxicate you. So this new product will be viewed no differently than alcohol already is.



The safety of the people that all of our employees serve is priority number one, we will monitor one another very closely." added the Hegus

From a business perspective, the legalization of this product has the potential & ability to generate millions of dollars and to create meaningful employment for

several of our community members.

"We are carefully considering a couple of different approaches on how we could possibly participate in this new business venture area. Any potential business ventures will be conducted by our business arm (Tla'amin Management Services).

MARIJUANA
(Continued on page 3)



Legislator Denise Smith

Denise Seeks Support for Area A Director-quathet Regional District

Hello. My name is Denise Smith. I am from the Tla'amin Nation and have lived in Powell River for most of my life. I am a wife of 28 years (to Wayne Smith) and we have 3 children (27, 22 and 21).

I have decided to run for the position of

Director of Area A. I have been involved in the Tla'amin Government (as both Chief and councillor and now Legislator) for 25+ years and this brings with it experience in leadership and a passion for these lands and resources that we

all share.

I commit to listening to the constituents in our area and doing what I can to help with the other Area Directors for the broader good of our Region. Good luck to everyone. Cheh cheha Thetch!



Governance Office Closed on October 8th

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS





Tla'amin Governance House Updates

4779 Klahanie Road, Powell River, BC
V8A 0C4

Phone: (604) 483-9646

Toll Free: 877-483-9646



Hegus and Mattias having their rematch at Palm Beach

Community Development Update

By Roy Francis

This article is written to provide a general update in the area of Community Development. I serve as the Community Development Officer on behalf on the Tla'amin Nation. I oversee the delivery of Social Development, Education, and Employment Development Services. The work is essentially a coordination role intended to improve overall service delivery in these key areas; the actual day to day services are provided by personnel who have very good experience in their respective areas. The service delivery staff are:

- Social Development: Maureen Adams
- Education: Louise Dominick
- Employment Development: Trisha Wilson

Vision for the Community Development Team

A key theme is to coordinate our team efforts to accomplish a number of things concurrently. We wish to reduce the number of clients we have on Social Assistance. We accomplish this by developing employment and training initiatives that we encourage our Social Assistance clients to participate in. All "employable" social assistance clients are required to provide updated job search information in monthly applications for Social Assistance. We have established an employment development service that is meant to provide support for clients who need assistance in writing resumes. Our coordinator gently nudges social assistance clients to reach beyond their comfort zones to actively participate in job searches.

We are experiencing that the transition can sometimes be difficult; but it is achievable and definitely worthwhile. Our numbers of "employable" clients have decreased substantially, and we believe we can reach a goal of having all of our "employable" clients on a job site; or in a school or a training program.

Our employment service coordinator organizes training sessions for our

community members, like a NVIATS sponsored Fresh Start Program currently operating out of our Ahms Taow Center. She also researches employment opportunities, organizes a job board, and is constantly developing ideas for assisting clients to make a transition from social assistance to employment; or a training program.

Our education coordinator is focused on our Tla'amin students who are enrolled in school. We are wanting to improve our high school graduation rates and encourage our students to continue into post secondary studies, or to pursue a trade. The Tla'amin Nation is developing very rapidly, and we are recognizing a need for more professionally trained Tla'amin individuals. Our Tla'amin work force is gradually aging and we must give thought to grooming our younger generations for very important leadership roles we will be needing going into the future.

Chimney and smoke pipes Cleaning for wood burning appliances this October

This community-wide program will be run jointly by the Fire Department and the Housing Department. The cleanings will be done between October 15th - 28th. Cadam Construction (WETT Certified, Insured and Registered with Worksafe BC) has been contracted to do the work. A flyer with further details will be sent out to all homes in the next few weeks.

Chimney cleanings include:

- Using drop cloths to keep area around the fire-place/stove free from debris.
- Cleaning the chimney and smoke pipes for the wood burning appliance.
- Check/clean out the unit and a general check of condition and clearances for the safe operation of the unit.

For safety and efficiency please:

- have clear access to and around the wood burning unit
- for masonry chimneys please have clear access to the chimney clean out at the base of the chimney
- the wood burning unit needs to be completely out and chimney cold

We will need access into the house, to clean out the smoke pipe and chimney clean outs.

We Landed on Residential Care Facility



The Nation has put out a REQUEST FOR PROPOSALS (RFP) for a FEASIBILITY STUDY for a TLA'AMIN RESIDENTIAL CARE FACILITY.

The summary from the RFP reads as follows:

The Tla'amin Nation is examining the feasibility of, and options for, the construction of a housing and care facility that will allow for the Elders of Tla'amin and others with physical and mental barriers to reside within their own community, in a setting that supports the cultural identity and practices of the Tla'amin people.

The Tla'amin Nation is seeking proposals from consultants for:

- the preparation of a feasibility study for a health care facility, and
- consultation with community members and partners, and
- several care options for the facility, and
- estimates of capital costs and operating budgets.

Those interested in submitting a Proposal can obtain the full document from the Administration Office at 4779 Klahanie Road, or from our website at www.tlaaminna-tion.com. The deadline to submit is 4:00 p.m. Pacific Time on 16 November 2018.



City of Powell River Transfers Parcels of Land to Tla'amin

Parcels include Gibsons Beach to sewage lagoon, mill pond log dump, wharf and willington at Marine Traders, and the old hospital site.

Cops for Cancer Tour

Police and emergency services personnel continue to help drive the Cops for Cancer program by organizing events throughout the province. The events range from head shaves to participating in bike rides. Why? Because the impact of cancer on the life of a child and their family is devastating. Donations made to the Canadian Cancer Society through Cops for Cancer are used to fund life-saving research and caring support programs like Camp Good-times to reduce its impact.



A contingent of police officers cycle by Tla'amin greeted by Tla'amin fire fighters and drummers

MARIJUANA (Continued from page 1)

This type of venture will still require the consent of our Tla'amin Nation Government before proceeding.

We are very interested in the business end of what this product may do for our community, but we are also very concerned with the negative impacts that may be a part of this new development," concluded the Hegus

Sgt. Rod Wiebe is the Detachment Commander for Powell River / Texada island for the RCMP and provided these comments.

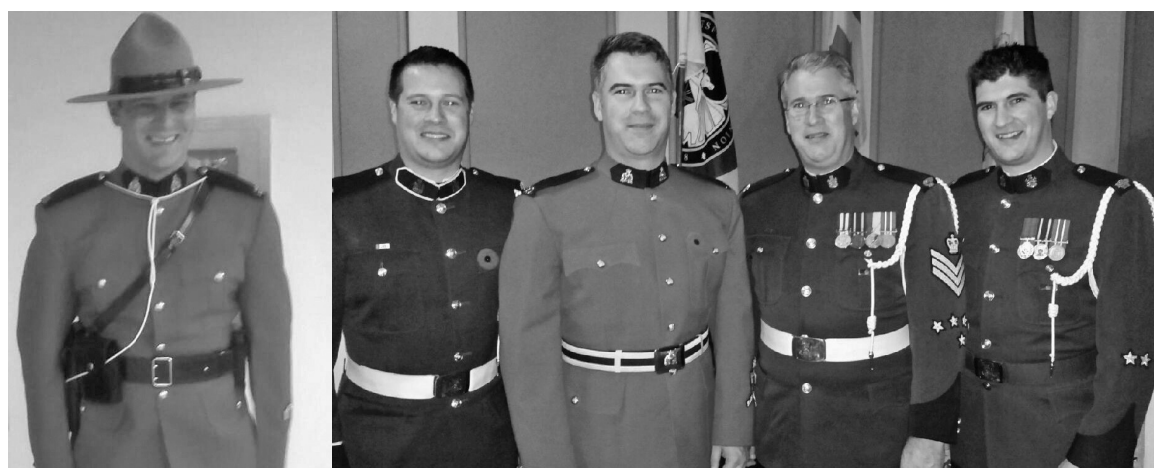
As of October 17, 2018, possession of marijuana will become legal in Canada. In BC everyone 19 years of age and older will be able to possess up to 30 grams of recreational marijuana on their person while in public. Possession of more than 30 grams in a public place is a criminal offence and an individual could face a \$5,000 fine, 6 months in jail or both. For a more serious possession charge an individual could face a jail sentence of 5 years less a day.

Impaired driving rules have always included driving under the influence of drugs however there is now a tiered approach to driving "high". If an individual has a low amount of THC (the active ingredient in cannabis) there is a maximum fine of \$1000. If the level of THC is higher than this first level or other drugs are detected (cocaine, heroin etc.) there is a mandatory fine of \$1000. Second and third offences have mandatory jail sentences attached to them. What is new is an offence for driving with a lower level of alcohol in your body along with low levels of THC. Currently a person who is caught driving with a blood alcohol level of .05 is subject to a 3 day licence suspension. If that person is also found to have a certain level of THC in their system they are now subject to an impaired driving charge. Basically combining alcohol and marijuana before driving lowers the impaired driving standard.

While there are currently no breathalyzers to detect drugs, police have roadside sobriety tests they can perform, they can demand blood samples or have a drug recognition evaluation completed. In the near future police will have oral fluid drug screeners available to them which is basically a saliva test that can be conducted roadside. This test can detect a multitude of drugs including cannabis, cocaine, heroin and many more.

Consuming cannabis in public is something that is left up to the Tla'amin Legislators to decide. Ultimately anywhere youth can be expected to be will be illegal to consume cannabis. This includes schools, parks, recreation centres etc.

The message I would like to get across is if you are going to drink or smoke marijuana or do both, please plan ahead and have a responsible driver available. Be courteous of others. Marijuana much like cigarettes has a unique odour that does not appeal to everyone so please be aware of your surrounding before lighting up.



Kayle Courtenay (left) Continues the Family Tradition with the RCMP

Kayle Courtenay graduated August 27th, 2018 and is stationed in Whistler, BC. The Courtenay boys at a Mess Dinner. Proud Tla'amin Citizens from left to right - Kayle, Jon, Jaden, Arnie and Aaron. Possibly a national record for one family.

Salish Centre Renovations

The Salish Centre (gym) kitchen renovations have commenced and will continue through to early November.

Please remember when booking the centre throughout this timeframe that the kitchen will be unavailable. Also, there will be some dates that the entire centre will be unavailable for use.

Thank you for your patience. Updates on progress will continue to be shared with the community.

For bookings or more information, call 604-483-9646 ext. 124.



Firewood Cutting Is Open To: Tla'amin community members

We will be opening up the block up Wilde Road for firewood cutting starting Saturday (September 29, 2018) morning at 8:00 am – 5:00 pm. We will keep the block open for Tla'amin members only for the month of October.

Anyone who is cutting firewood requires a permit. You can fill out the application form at the front desk. Someone will call you when it is ready (by the end of the day). We will be checking our list of who has wood stoves in the community. If you do not have a wood stove, you will not be granted a permit.

This will be first come first serve and we will have a monitor at the gate to make sure people have permits and are only taking what they are allowed. We will limit the number of people who are inside the gate at any given time (for safety reasons).

If you are getting firewood for someone – we need them to fill out the form and indicate who they are getting firewood for.

Absolutely no sale of firewood is allowed. Anyone caught will not receive any further permits. Thank you for your cooperation.

Denise Smith – Lands Manager

Tla'amin Justice Update



“Assist with: Transportation to and from court, apply for legal aid, navigate clients through the justice system, meetings with crown/prosecutor, probation/victim service appointments, family case conferences, lawyer referrals, dialogue circles/conflict resolution, Restorative Justice Forums, referrals to justice program for Alternative Measures Wellness Plan.”

-Verna Francis-



Criminal & Family Court

Next Court Days:
October 9, 23, 2018
First Appearance: 9:00 am
Criminal Court: 9:30
Family Court: 1:30 – 4:30

Ministry of Children and Family Development Contact Agency (MCFD)

- Working in collaboration/networking with social workers from Powell River, Vancouver, Chetwynd, Vancouver Island organizing family and group case conferencing,
- Assisting and supporting our nation re: contact from the MCFD. (Meetings with the client and social workers.)
- Assisting and navigating MCFD clients through justice system.
- Provide clients and MCFD resources re: traditional wellness practices and culturally sensitive program services within our Tla'amin community.
- Ensure that MCFD following protocol agreement between the Tla'amin Nation and Ministry and exhaust all resources in community re: temporary/adoption process. (Contact all immediate/extended family members.)
- Organizing Home Coming Ceremony for 2 children originally from Tla'amin Nation going through permanent adoption in Vancouver.

***Important Notice: Please call in advance for transportation to and from court and please bring your court documents particulars to court for duty counsel or lawyers to be able to assist.**

Programs

- **SAM Program:** Substance Abuse Management program for clients going through justice system and court ordered to participate in this 12 week group or one on one sessions with the justice worker, SAM program is for people who are struggling with drug and alcohol issues that is result of charges. Please call Verna 604 483 9646 Ext. 113 to book appointment for orientation to the program.
- **Healthy Relationship Program:** 12 session program to deal with domestic disputes or violence in a relationship regardless if your situation ends up in justice system. Please contact Verna for more information and book for appointment to start one on one sessions. In the near future I will be hosting a Healthy Relationship Program with Co-facilitator: John Louie. Everyone Welcome!!!

If you have any questions pertaining to Tla'amin Justice Program Services please drop by the Governance House or give me a call and I will be happy to provide any updates and assist in any way I can.



Recruiting Temporary and Permanent Foster Parents

Contact: MCFD office @ 604 485 0600 and ask for Angela Skilbeck or Verna Francis @ 604 483 9646 Ext. 113

Tla'amin Justice Program Hours and Contact Information:

Days: Monday – Friday
Time: 8:30 – 4:30
Location: Government House
Work: 604 483 9646 (ext. 113)
Cell: 604 578 8850
Fax: 778 762 5246

Tla'amin Policing Program Officer: Cst. Chris Bakker

Tuesday's – Friday's
Office Hours: 9:00-12:00 Noon
Location: Tla'amin Governance House
Contact: 604 414 3853

Crime Stoppers

Building a Healthy and Safe Community
“We Want Your Information Not Your Name”

1-800-222- TIPS (8477)

Powell River Detachment: 604 485 6255
Tla'amin Liaison Officer: 604 414 3853



Cops for Cancer raise their hands to Tla'amin supporters



What a season 2018 has been!

A very successful season for all our businesses. We are taking the first step on our journey to write Klah ah men's future story.

We learnt a lot this year and will continue to apply these lessons to make our business even better and stronger in the coming years.

Staff shortages (a Province-wide challenge) was one of the things we and other businesses in Lund experienced. We are working hard to reduce this impact and make sure our services levels and hours are even better in 2019.

We will be implementing programs to continue optimizing our business in future years. This will include reviewing our employee recruitment and management programs, as well as how we can collaborate and work together with other Lund businesses to tackle critical challenges that affect us all.

Looking forward to 2019 and Beyond

We had a community consultation session on 27, September, 2018 at the Tla'amin Management LP offices with citizens to gather their advice and views.

Thank you very much if you were part of these these events. Your wisdom is beyond what we could ever dream of gaining on our own.

A similar event with businesses and residents of Lund was held on 26 September, 2018 at the Lund Hotel.

An information table was also available for interested citizens at the General Assembly on September 28th.

Imagining the future

A visioning session is planned for mid-November at the Lund Hotel. We have invited Tla'amin Citizens including Hegus and industry experts who have agreed to volunteer their time!

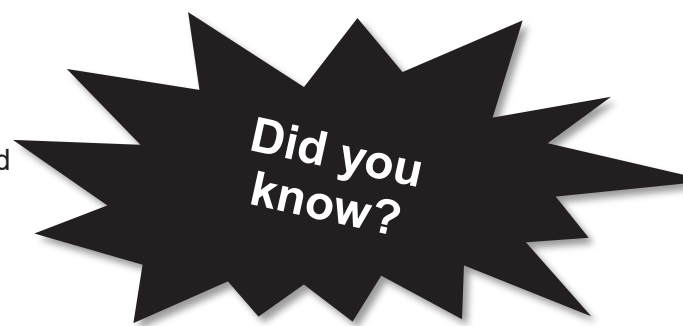
All this feedback will help us put together what a future story for Klah ah men could be. We will be sharing this with you to start further discussions and gather your feedback once it is put together.

As our work progresses, we will update citizens on our progress in future communications like Neh Motl.

Thank you very much for all your support

We appreciate YOUR BUSINESS. If you managed to come out this season, we were honoured and privileged to have served you.

We look forward to seeing you again soon as we gradually winddown our operations this year, but definitely next year!



This is how important and big our business is in 2018

Room Guests	Over 2,300 room nights	4,700 individual guests
Restaurant	4,300 burgers & sandwiches	3,960 Entrees
	7,736 starters	9,324 total food orders
	12,336 drink orders	
Parking	6,450 parking days	Excludes Hotel Guests
Moorage	55 short term customers	
Employment	72 staff	27,000 person hours
	Over \$700,000 payroll	

Final Words, for now.

Thank you very much for your ongoing support of our businesses in Klah ah men.

For more information, please contact:

Grace Adams
604.483.4259
grace@tlaaminbusiness.com



the historic
**LUND HOTEL
& MARINA**

ACCOMMODATIONS · RESTAURANT · LOUNGE · MARINA · STORE · GAS DOCK

Tla'amin Culture Department



Every Thursday – Culture Nights 4:30 @ the Tla'amin Salish Centre. Please note October 4th is cancelled due to another event.

October 4th & 5th – Eagle Mask Carving with Randy Timothy Sr. 5:00-8:00 at the carving portable located beside Ahms Tah Ow. No carving experience needed, children are asked to have a parent or guardian attend with them.

October 9th – Language Class with elders Mary Harry & Elsie Paul. Located in the community room at the Tla'amin Governance House from 3:30-5:30.

October 23rd – Language Class with elders to be decided. Located in the community room at the Tla'amin Governance House from 3:30-5:30.

October 30th – Cedar Headband Weaving with Charlie Bob

Please contact Drew Blaney at the Tla'amin Governance House if you wish to attend any of these classes. These classes are open to the community but we need to know how many people to prepare for. Emote! drew.blaney@tn-bc.ca (604)-483-9646 ext. 123



To access first voices online, visit: <https://firstvoices.com/>

In the top right corner, press 'choose a language' and scroll down the page until you find Sliammon. Click 'Learn our Language' and you will be able to access the 4470 words, 4152 Phrases, 11 Songs, 15 Stories and the Tla'amin alphabet.

To access the Dictionary app please visit: <https://mothertongues.org/>

On the main page you can scroll down to ?ay?aʃuθəm which will be the first link on the page. From there you will be directed to the link to download the app on to your device. After you have downloaded the app you will have access to search for Tla'amin language and songs.



T'ahl (Wild Woman of the Woods) is an Adventurous Read for Preschoolers

By Lisa Wilson

tact Lisa Wilson at 604-483-9646 extension 144 or lisa.wilson@tn-bc.ca

I participated in a project that involved creating an information package to send to children who are in foster care and are seeking information about their heritage and community they come from. The package which included the Success by Six books written by community members, the publisher also donated a 12x18 laminated copy of T'ahl the Wild Woman of the Wood written by Brandon Peters.

The package also included scanned copies of The Mink stories written many years ago those of which are available by direct access and if you would like this please con-

I included information about the territory, an organizational chart, and a timeline of our Nation's history, flashcards with animals, numbers and common phrases we use in our language. There was cedar, balloons, and a drawstring bag to hold their stories in. I also listed electronic information such as the First Voices app and the Ayajuthem App, both available in the playstore to download for android and apple products. I hope that it gives children a window into their history and heritage and tools to keep exploring their roots.



Lands and Forestry Staff Learn about Watershed Ecology

Tla'amin staff attended a two day workshop at the Governance House to get a basic understanding of how a watershed functions. The role of groundwater (including springs) and surface waters (rivers, lakes, and wetlands) were explored, and understanding the impacts of human activity.

Advocating leadership with our Tla'amin youth

By Gerry Brach

Starting from a place of gratitude to the Tla'amin Nation and School District 47, I have had a fulfilling career over the past 40 years. Below are some of my reflections and highlights of my educational journey so far.

I first became interested in First Nations culture and education when I taught at James Thomson Elementary School from 1980-1985. During this time a large percentage of the student population were from neighboring Tla'amin Nation.

My first exposure to Tla'amin culture at James Thomson came when I sponsored a group of students in what was called a 'Native Culture Group', which was part of the school's Club Day. Sue Pielle, a representative from Tla'amin, would teach the students in my group about various cultural topics such as the importance of cedar, and traditional plants and animals. Some of the students who participated in the group were: Clint and Gaylene Noble, Leon Timothy, Shawn Galligos, Kelly Wilson, Wesley George, Colleen Harry, Melissa Louie and Robert Tom.

Later in the 1980's when I worked for Special Services I was part of the Joint Committee on Native Education. This committee was led by Harold Carson and worked to improve the educational conditions for First Nation students in our school district. Betty Wilson, Jack Timothy, Mary James, Dr. Elsie Paul and Sue Pielle were all part of this committee.

As my career progressed into the 2000's, I was appointed Head Teacher at Ahms Tah Ow School. I worked hard to develop and implement numerous programs that improved the lives of Tla'amin Nation community members. At that time, the school's mandate was to support



community members' academic, employment and social needs. A community garden was developed under the careful guidance of then teacher, Michael Peterson. Louise Dominick provided tutoring support for the 'After Hours Study Program', the on-site community library was well utilized and many community members accessed the school computers. More recently, for the past ten years, I have facilitated the Tech and Rec Summer Learning Program in which hundreds of students over the years have been provided opportunities for cultural, academic and recreation activities. It has also been a real pleasure for me to mentor high school student Youth Leaders as part of the summer learning program.

During my time at Ahms Tah Ow, I worked with former student Robbie Wilson in 2009 to help organize a Cultural Celebration at the Salish Centre in which over 200 Tla'amin Nation community members and their guests attended. This event showcased the Nun Kum Dancers, Spirit Dancers and Pow Wow dancers from B.C. and Washington State. For me it was wonderful to be part of this community building event.

The final years of my career, were spent at Brooks Secondary School where I provided counselling support to First Nation high-school students. This mainly involved course planning, personal issues and student leadership opportunities. During my time at Brooks I formed the First Nation Leadership Group in which students participated in various activities to develop their leadership skills. I would interview each student that was part of the group and then

write an article about them for the Neh Motl.

I believed that these articles helped instill self-esteem and confidence in the students.

In one early team building activity, L. Maynard Harry took our leadership group for a cultural walk on the Willingdon Beach trail. I can still hear Maynard's voice explaining the fascinating and rich history of the area according to archaeological and traditional land and resource use. One incredible fact he shared was about the midden sites on the trail: Each one-inch layer of shell midden took over 300 years to form and the largest middens can be upwards of 10 feet deep making some of these sites much older than the pyramids in Egypt. Fascinating!

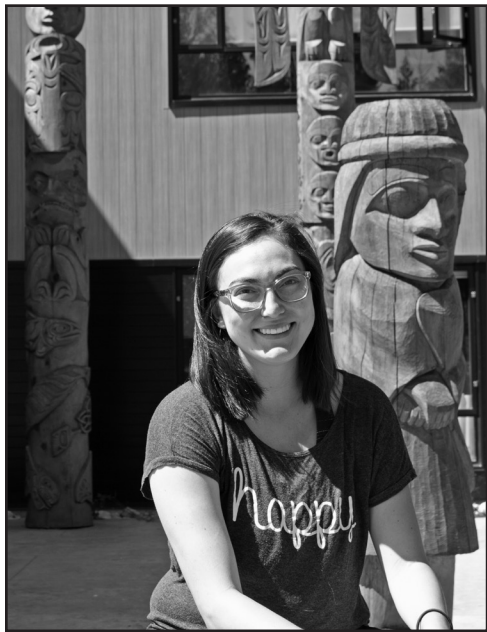
It has been gratifying to see more First Nation students graduating from Brooks Secondary School and taking advantage of the many post-secondary opportunities that are available to them. It is important for these students to have a strong knowledge of their culture and knowledge of who they are and where they come from. I firmly believe that education provides a connection to the community and a way for First Nation students to walk in two worlds.

Despite these advances, Tla'amin Nation students still face many challenges including the effects of residential schools, colonization and racism. Educators, students, family members and the larger Powell River community need to work together so that First Nation students can continue moving forward in a positive direction.

Gerry Brach is a "semi"-retired teacher / counsellor who is a strong advocate for Indigenous student success.



Fish Food for Thought



By Sachi

What a year for sockeye salmon, both for the community and other fisheries. Over 13 million fish are predicted to return to the Fraser River this year which is plenty to go around. But this year's good news story should be taken with a grain of salt.

As many will recall, sockeye food fish is not available every year for members and this is due to many different factors. For example, this year's sockeye return is a part of a four-year "boom" cycle where every four years there are large returns of sockeye to the coast, but other years see smaller returns. Although these natural cycles currently dominate population returns of sockeye it might be overtaken by another factor that is much harder to see, climate change.

We all have heard the rant before about global warming and the impacts humans are having on the environment. Nonetheless, it is hard to really grasp on to what is going on in our waters when the impacts of climate change are slower to manifest in the environment. That being said, this year the temperature in the Fraser River has been as high as 20.7 °C which is 2.7 °C higher than normal.

Since salmon return to the same spawning grounds from which they came, rising water temperatures in their spawning grounds and migratory routes are the biggest threat to their populations by increasing mortality. Imagine your house this past July during the heat wave, it was harder to do day to day things because it was so hot, but you don't uproot your life and move to somewhere

cooler because your home is your home. Same goes for salmon but their stakes are a little higher than slightly sweaty discomfort. All this to say, salmon are more vulnerable to warmer waters expected from climate change because their spawning grounds cannot just migrate to cooler waters with them.

Everything that I mentioned above is just the environmental impact of climate change on salmon, but as we all know sockeye salmon are both culturally and economically important to people. So what does this mean for people that rely on sockeye fisheries, and more specifically what does this mean for the community food fish allocation in the future? For starters, the distribution of salmon populations is expected to shift north. This shift will then impact the potential for fishers to catch salmon which is projected to decrease anywhere between 17% to 29.2% by 2050. Therefore, it is not a far stretch to expect less abundant sockeye food fish allocations for members in the future simply because there will be less and less fish around to catch.

So as we move forward in this uncertain era of global climate change it is important that we recognize that food fish frenzies like this year might not be as common an occurrence as we would like. Although the information I have presented here is not very uplifting, there is still reasons for optimism. For example, chum and pink salmon appear to be adapting well to climate change. Furthermore, the future of salmon will require creative solutions and collaborations from diverse perspectives to adapt to global change. Just some "food for thought" on food fish as we give thanks and appreciate the bounty from this year.



Education and Wisdom (part 4)

"Years and years go, they did that, to become a man. Girls, I don't know. Men, I knew. They were sent somewhere. He had to show off his manhood and all that to support his family, that he wasn't a lazy person. That's the old days, you bring home the bacon. ... My Dad's generation ... their grandparents, his teachings were different. He had to do it, go out, get in the bath, whip yourself, get your berries, get your clams, things that you had to do. It was fishing season, do it, clam digging season, do it. Plums, were around, you had to do it, put it away for later months, but that's what they're taught. Each generation, different." – Tla'amin Elder, 2015.

A young Tla'amin man's coming-of-age education may not have changed as drastically as a young woman's from 1850 to 1950, as discussed in the last article, but by the later decades the ceremony seems to have been similar for both genders. Homer Barnett, an anthropologist who took notes from interviews with Chief Tom, Tommy Paul, Westly, and Mitchell in 1934 and 1935, recorded, "there were certain lakes where boys sought powers, but no particular spirits were associated with specific spots." From the mid-nineteenth century to approximately the



mid-twentieth century, the vision quest continued as a ritual to help a young boy become a man. Unlike a young woman's ceremony based upon a type of physical (within the house) or social seclusion, the ceremony centred on the time the young man spent walking around the lake, and washing in it with the aid of the water and cedar branches. The lake helped a young man find power; it was away from the home and the village, and he must embrace his experience to gain his power. In this way, a young Tla'amin man prepared for his life within his environment, without the confines and comforts of home. "Natural forces" helped define a Tla'amin man's character. The Elder above who shared the many changes in that character over generations emphasizes also the imperatives of hard work in the past. From my experience staying in Tla'amin (thank you for having me!) these are still very important values in Tla'amin today.

Emote/Ekosi!
Omeasoo Wahpasiw



Karate kids are back for their third color on their belt

Health and Wellness

EH KWA'A'NUNS KYE'AMIEUX
 "When the people in our community are well again, all around us will also be well."

Itstartswithme

Message from Tla'amin Health Director Nathan Jantz Staff Changes at Health



We have had a busy summer at Tla'amin Health! We have had a large turnover of staff in various departments and have had the opportunity to improve some of our services with initiatives from First Nation's Health Authority.

Most changes have happened in our Nursing department, which consists of four different areas: Home and Community Care, Public Health, Chronic Diseases, and our

Nurse Practitioner. Over the summer we have added two new Nurses to our Home and Community Care team: Giselle Reyes and Ciara Knapp. Adding these skilled Nurses will allow our department to have coverage from a Registered Nurse five days per week.

In addition, over the summer our Nurse Practitioner, Jodie Foster, had her baby (Gwendolyn Grace). Congratulations to Jodie and her new family! We have been lucky to have recruited an experienced Nurse Practitioner to cover Jodie's maternity leave, Katie Scoular. Katie comes to us from the Port Hardy Primary Care Centre, where she worked largely with the Kwakwaka'wakw population.

Finally, Melinda Hasselback, our Chronic Disease Nurse, went away on medical leave and we are very happy to have Estelle Pedersen replacing her during her temporary leave. Estelle has significant experience working with clients with various chronic diseases and has very successfully implemented strategies to improve their health.

Please help me in welcoming these great new Nurses.

In other areas, Mental Wellness has been flagged by First Nation's Health Authority as a major priority for their Health Authority. With their new initiative, we have been able to add a Clinical Counsellor to our staff three days per week, in addition to the one day per week that we were already providing Clinical Counselling services. Our new Counsellor is Amy Vaughan, MC, CCC. She will be working Monday – Wednesday and can be booked for appointments by calling the front desk at Health. Welcome Amy!

Wishing everyone a great October. Emote!

Respectfully Emote,
 Nathan Jantz



Elders Corner

October 2nd Elder's Day Program

October 9th NO PROGRAM

October 16th Elder's Day Program

October 23rd Elder's Day Program

October 30th Elder's Day Program Bingo

11:00 a.m. To 1:00 p.m. Every Tuesday

Mark your calendar on November 20th, 2018 We will have **STONE SOUP** at Tla'amin Health.

This will be an opportunity to share with your neighbors your harvest from the summer garden or canning, or preserves.

If you wish to join us, we are asking you, to bring your vegetables cut up and ready to be tossed into the soup pot or If you wish to bring any other type of canning, example Canned Salmon.

For the open faced sandwiches or maybe you would like to contribute to the dessert, maybe apple pie, tarts, cupcakes etc.



Please call Doreen Hopkins at Tla'amin Health by November 16th, 2018 to let us know what you can bring, so we have an idea what we will be working with and how many people to plan on attending the luncheon.

Remember contributions can be vegetables, canning or fruit. Or, if you have not had a garden this year, purchases from the local store will be accepted. We will be promoting gardening in the next year and hopefully we will draw more interest within our community.

Drop by and hear the tale of the **Stone Soup!** Acting, Tla'amin Elders Coordinator

PROGRAMS & SERVICES

Child Development Resource Centre

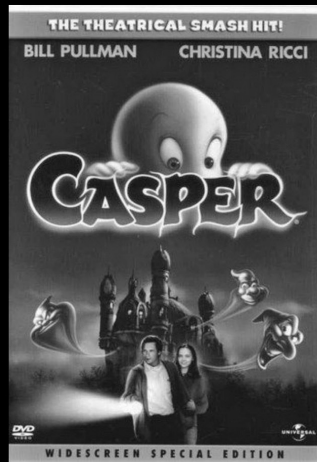
“Language and culture is an important part of the program, because it instills pride and belonging of who we are, and where we come from. It’s about preschool students learning the value of our community and acceptance. They practice their culture and have a sense of inclusion. I have been working with children for over twenty years in one form or another, and the preschool teacher for about five years.”

Dorothy Louie

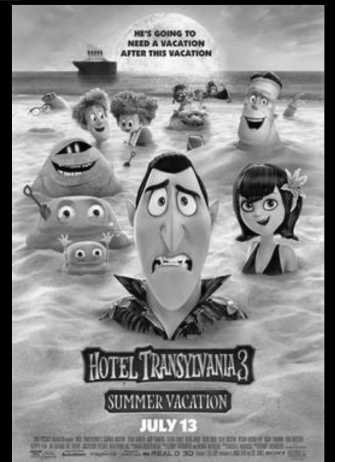


Princesses Kaylee (left) and Kayda having fun during their first week of pre-school

**VOTE FOR FAMILY
MOVIE NIGHT
October 10th @ the CDRC
5-6:30pm**



VS



Please email dana.gustafson@tn-bc.ca
or call 604-483-3009 ext. 141 with your
vote!

Casper or Hotel Transylvania 3



Ariya



Chloe (left) and Taliyah



Chael Galligos and Doreen



Levy (left) and Daxton



Rowan and Kaylee



Andrew (left) Zoe and Louie

Personal challenges doesn't mean climbing the highest mountain

Dear Parents:

Thanksgiving is just around the corner. I'm thankful this year for mountains. I have a great fondness for Valentine Mountain. It is not super high, it is close by, and it has become a therapeutic activity for me to walk up there.

I can end up feeling pretty proud of myself for doing this physical activity. However, even though I go up the mountain relatively frequently, it never seems to get easier in terms of the challenge it presents to my body. Even when I have been going up for days and days in a row, I still run out of breath and feel the burn in my legs as I try to make it up the stairs that are close to the top, it is just as hard every time I do it, and this doesn't seem to sit well with me.

Last April I took my younger brother up the mountain. When we got to the bottom he wanted to know where a trail went that was across from the parking lot. We began exploring that and walking more in a downhill direction. We came out close to the edge of the dog park in the townsite and it was getting late in the afternoon so I suggested that we head back. Now we had another up-hill walk to get back to the parking lot at Valentine Mountain. Needless to say, I was quite tired at the end of it all. My younger brother was just getting started. He wasn't tuckered out at all. He and his wife take long walks and hikes all the time.

I asked my brother if he thought my mountain walk was a good workout. He replied, "I think if you went up and down that mountain three times in one session, that would be a good workout". "Three times??!!" I said – "is that why I'm not making many gains physically, from my walk up and down once?" – He just repeated himself, "I think if you went up and down three times you'd have some benefits to your fitness level."

Three times! It's funny how when we think we are doing something challenging, we can

“

Never measure the height of a mountain until you have reached the top. Then you will see how low it was.”

Dag Hammarskjold

be made aware that we are not challenging ourselves enough to gain real growth, real improvement, real change in the positive direction that we want to go.

Making changes can be very difficult. It can be as hard as climbing a mountain. If we think of the changes that are needed to improve the lives of people everywhere as mountains, there is a lot of climbing to do.

Our world sure needs to do some mountain climbing to get to a place at the top of the mountain where all people can feel equally valued and supported. Our world still has wars, still has laws that create barriers for people, and still has places where there are practices of torture inflicted on others, and many places where people are treated unfairly.

What about in our homes, I think we all have some climbing to do there. Issues such as family violence, addictions, poverty, selfishness and greed can be found in our homes and family relationships.

What about in our own hearts. Do we have any mountain climbing to do there? Are there any up-hill battles that we have been struggling with? We can take time to ask for some help with those mountains – help from a friend, help from a counsellor, help from the Creator, help from someone else who is going through the same climb, the same struggle.

It feels like a lot of work. Three times as much as what we wanted, perhaps. Sometimes we refer to lots of work as mountains. I've got a

mountain of paperwork to do. I've got a mountain of laundry that needs to be folded. There's a mountain of leaves in my backyard that need to be raked, and so on.

Is it worth it? Why should we want to do so much work?

There are a few websites on the internet with quotes about mountain climbing. One quote I liked says: **"The best view comes after the hardest climb."** Isn't that true – when we have journeyed through the hardest up-hill battle, we get the best view – we learn things and have a new perspective.

Some other reasons why climbing mountains is worth the hard work it involves: you meet friends along the way, you can connect with the Creator's spirit as well as your own, you can reach out to others to help you when the climbing gets tough, you feel a true sense of accomplishment when you get to the top.

Let's continue to work together to pull on our hiking boots, grab our walking sticks, grab some friends to join us, and hike up the mountain – out of the dark places, and into the light and beauty at the top. Whether we are literally hiking up a mountain, or using a mountain as a symbol of some challenging work we need to do, striving to get to top of our mountain will be good for our health.

Brenda Pielle
Youth and Family Advocate



October 24th-Family
pumpkin carving/safety
information @ CDRC from

5-7pm



(please register your family dana.gustafson@tn-bc.ca or 604-483-3009 ext. 141 as one pumpkin per family will be provided.)

PROGRAMS & SERVICES

Family Support Programs for October 2018

The Family Support and Wellness Program provides guidance, information and emotional support to families and individuals experiencing difficulty in their lives, as well as making referrals, advocating and transportation. There are many healthy programs, activities and services available at Tla'amin Health, so please call to be connected with the appropriate service for you and your family.

Monday
1230 – 330

Self Care Program

Complex
This program will take place at the Complex under the Healthy Promotion's program, we can take part in swimming/laps, aquacises or the workout room. For those with arthritis/other, you may want sit in the sauna or swirl pool! Call if you would like to take part in this program as transportation is provided.

Wednesday

Grief and Loss Support Circle

10 – 12 (Lunch provided) October 5th December 12th

This is a self-help group to be together in a safe environment, to talk about your losses and help one another through grieving.

The loss of someone through death is a very very difficult and emotional time in our lives. Many of us go have gone through losses and talking about it is one natural way of healing, by listening to other's helps us also in knowing that we are not alone. You will also find healthy ways of dealing with our losses.

First Wednesday is Elder Teachings –

Panel of Elders sharing stories (October 3rd)

Elders have always been the ones we go to, to find answers, information, to learn and teach us but they always were/are there to help us with difficult situations in our lives. Through their stories, this will keep us connected to our Elder's with continued learning and support.

Thursdays
10 – 2pm

Social/Crafts Gathering

This group meets regularly on Thursdays, bringing your own projects, learning new ones or just come visit. Guest speaker once a month. Lunch is provided each time.
Month of October Making dish cloths

Thursday

October 4th Grandparents/Foster

Parent Support Group (First Thursday of each month)
5:30 – 7:30 Light Dinner provided
Facilitator – Kathy Sliziak

Family Programs First Saturday of each month is a **FREE SWIM** at Complex from 2 – 4 pm

For more information call Sally Louie @ Tla'amin Health 604.483-3009 ext.228



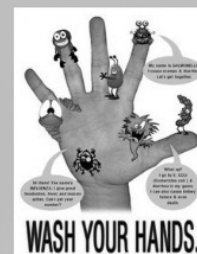
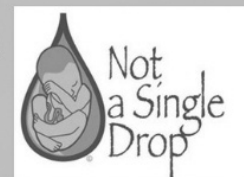
Community Safety Fair

Date: October 15th, 3-6pm

Location: Salish Centre

*There will be a light snack provided

*Win a great safety door prize



October 2018

Date	Activity	Presenters	Time
Wednesday October 3	Music for Babies! Brenda Pielle	Brenda, Dawna and Liane (*Caregivers needed)	11:00 am- 1:00 pm
Wednesday October 10 th	No Class	Good food box and vouchers available for pick up	
Wednesday October 17 th	Social time!	Dawna and Sheila	11:00 am- 1:00 pm
Wednesday October 24 th	Discussing food allergies With Liane the dietician	Dawna, Sheila and Liane	11:00 am- 1:00 pm
Wednesday October 31 st	Halloween Party Dress up! (*Caregivers needed)	Dawna, Sheila and Liane	11:00 am- 1:00 pm

Family is always welcome! Partners, kids, aunts, uncles
and of course – Grandparents!

*Dates that caregiving help is needed. One family member with receive
honarium on these dates for helping mom with babe.
As well as a free lunch!

Please let us know in advance if you will be bringing an extra family member so we can
plan for enough food.

Announcements:
Parent Support Group
Tuesdays
(Changed from Thursdays)
10:30-noon at Health.

Grandparents Day Brings Families Together

My Dearest Grandchild

It's been a year since I held you in my arms at the hospital and had that extraordinary feeling that things would never be the same for our family ever again. It was the exact same feeling I had when they handed your father over to me in the delivery room when he was born decades ago.

I have to admit, your arrival took me completely by surprise and astonishment. I knew you would be special. However, I never dreamed how quickly and overwhelmingly you would captivate my heart.

It didn't end there. Every time I saw you, you were even more beautiful, even more precious and seemed even more cascading with joy. My heart abruptly halts when you look at me and smile with that huge, unrestrained smile of recognition. It takes so little to please you and the reward for doing so is just so great, it makes being near you a sudden pleasure.

You have such a wonderful curiosity, an interest in the world around you including the natural one. I love that you want to look at everything, touch everything, and of course taste everything (well, almost everything). I hope you never lose that sense of wonderment.

It has been so amazing watching you experience new things, especially those outdoors. One of the best things about life is that you will be continually encountering new scenarios, having new experiences and learning from each of them.

Your great-grandfather, whose middle name you bear, always used to say: "It's the journey not the destination, that truly matters." He would add: "You don't have to get to the top of the mountain, it's about what you experience along the way that is most important."

Never forget, no matter what you do in this life, I will always love you, unconditionally!

With eternal affection,

Anonymous Grandparents



Tla'amin Members at PR Complex Gym, Swim & Fitness Activities

Starting October 12, 2018 – on Friday evenings – our Tla'amin Public swim will be from 6:30 pm - 8:30 pm.

Starting October 15, 2018 on Mondays all day – From 8:00 am to 8:30 pm (gym, swim & fitness activities)

This is a family swim we encourage you to attend with your child/ren. For the safety of your child, you must attend with your child if under 7 years old. Note: Pool staff will be monitoring.

Sign in sheet if you're attending with 2 or more, please sign in as family. **Sign in the proper age group**, this helps to keep our costs down.

For information contact: Dawna Pallen @ 604.483.3009 x 122

Happy Halloween

**Halloween Treats/
Fireworks on the beach.**

Come out and enjoy Halloween treats & hot chocolate/hotdogs at Ahms Tahow.

Time: 3:00 to 6:00.
Date: Wednesday October 31/18
Fireworks on the beach in front of church
Time 7:00 to 9:00.

TLA'AMIN HEALTH

Internal/External Job Posting



Job Title: Men's Support Worker
Work site: Tla'amin Health Building
Status: Temporary Full Time
Start date: October 15, 2018
Salary: \$20 per hour
Hours: 8:30 am - 4:30 pm
Reference: #10012018a
Reports to: Associate Health Director

Qualifications:

1. Certificate or degree in health or human services, or equivalent combination of education and experience
2. Extensive working knowledge of Tla'amin First Nation resources and culture
3. Must be computer literate with Microsoft programs
4. Class 5 Driver's License & clean Drivers abstract
5. Successful Criminal Record Check
6. Successful Medical check and TB Test
7. First Aide & CPR Certificate

Key Duties & Responsibilities:

1. Provides guidance, information, emotional support, referrals and feedback to clients who are assessing their life situation
2. Provides emotional support services to clients in hospital or court ordered
3. Coordinates and/or participates in case management
4. Completes and maintains accurate records, caseload statistics
5. Organizes cultural activities and community events
6. Maintains collaborative relationships with internal and external support service

Job Skills & Abilities:

1. Above average written and verbal skills
2. Ability to organize and manage multiple resources, groups and community data
3. Demonstrated ability to work collaboratively with multi-disciplinary service partners and stakeholders

Additional Information:

The successful applicant will be required to work in accordance with the BCGEU Collective Agreement as well as the policies and benefits therein, in addition to all relevant Tla'amin Health policies and procedures. The successful applicant will be in good physical health. This position is open to male and female applicants and requires union membership.

Send a resume accompanied with a cover letter, by email or fax by Monday, October 8 by noon:

Nathan Jantz, Health Director
Email: nathan.jantz@tn-bc.ca
Fax: 604-483-2466

Thanksgiving Dinner Tips



Once you've enjoyed a couple days of hot turkey sandwiches, and maybe made some turkey soup, how long can you keep eating those Thanksgiving leftovers before it is time to toss? Here's your ultimate guide for how long you can keep Thanksgiving leftovers like potatoes, turkey, stuffing, how to store them properly and how to know if they've gone bad.

How Long Leftover Turkey Lasts

Leftover turkey needs to be stored in the fridge within two hours of cooking in order to minimize the chance of bacteria growth. The meat should be cut and deboned from the bird before being placed into shallow storage containers and cooled completely in the fridge. Once it's cool, seal tightly and store in the refrigerator for two to four days. If you're not sure if leftover turkey is safe to eat, check for a rotten egg smell or a slimy texture. If you notice either of these things, discard the meat immediately.

How Long You Can Keep Leftover Mashed Potatoes

Mashed potatoes should easily last three to five days in the fridge if stored correctly and within two hours of cooking. This means ensuring there isn't any moisture buildup under the lid that could encourage the growth of bacteria. If your leftover mashed potatoes have an off smell or appearance, throw them out without tasting. Cooked potatoes can be frozen in an airtight container for up to one year.

How to Store Leftover Stuffing

Because stuffing is moist and slow to heat up and cool down, it provides an ideal place for bacteria to grow and is best consumed within two days of cooking. If you want to enjoy stuffing long after the main event, you can easily freeze it for up to four months and re-heat when you'd like a festive side of comfort food.

How Long You Can Keep Leftover Gravy

Gravy has a short shelf life at just three to four days, but like stuffing, it can be frozen for up to four to six months for increased enjoyment. In order to maintain food safety, gravy should be brought to a rolling boil before serving in order to properly kill any bacteria that may have started growing.

How to Store Leftover Apple Pie

Pie made with fresh fruit, such as apples, usually only lasts a day or two in the fridge, so it's best to gobble up any leftovers (or share with friends and family) as soon as you can. Un-cut apple pies can stay on the counter for about two days, so you should be good to make dessert ahead of time.

Halloween safety: Tips for families



Halloween can be a fun and exciting time for kids. These safety tips for parents, children and homeowners will help keep everyone safe and happy this Halloween.

For Parents

- Costumes should fit properly to prevent trips and falls. Avoid items such as oversized shoes, high heels, long dresses and long capes.
- Dress your child for the weather. Add layers if needed.
- Put your child's name, address and phone number on his costume.
- Children under 10 should be accompanied by an adult for trick or treating. By the age of 10, some children are ready to go trick-or-treating with a group of friends.
- Keep in mind that gum and hard candy can pose a choking risk for young children.
- Remove make-up before bedtime to prevent possible skin and eye irritation.
- If your child is going out without an adult:
- Make sure your child is in a group of at least 3 people.
- Give them a flashlight. A cell phone is also a good idea if you have one.
- Discuss in advance the route they should follow. Ask them to call you if they plan to go on a street that isn't on the route.
- Set a curfew (and make sure they have a watch with them).
- Tell your children not to eat anything until they get home.

For children and youth

- Dress for the weather. Cold weather or water absorbent materials in the rain can be very uncomfortable.
- Bring a cell phone, in case you need to make an emergency phone call.
- Always travel in groups. Be sure there are at least 3 of you at all times.
- Let your parents know where you're going to be at all times.
- Don't visit houses that are not well lit. Never go inside a stranger's house.
- Use the sidewalk whenever possible. If there's no sidewalk, walk on the side of the road facing traffic.
- Don't criss-cross back and forth across the street. Work your way up one side of the street, and then start on the other.
- If you have any allergies, tell the person who is giving out the treats.
- Don't eat any of your treats before you get home. Once home, ask your parents to look through your treats with you to make sure everything is okay.



TLA'AMIN HEALTH Internal/External Job Posting

Job Title:	Youth Coordinator
Work site:	Tla'amin Health
Status:	Temporary Full Time
Start date:	to be determined
Salary:	\$20.00/hr
Hours:	8:30 am - 4:30 pm
Reference:	#10012018b
Reports to:	Child Youth and Family Manager

Qualifications:

1. Certificate or degree in health or human services
2. Experience in health service and services to youth
3. Demonstrated ability to work collaboratively with multi-disciplinary service partners
4. Demonstrated ability to do presentations to groups/community
5. Must have valid driver's license and safe driving record

Key Duties & Responsibilities:

1. Develop, deliver and evaluate culturally relevant wellness promotion and education events and activities with a focus on youth within Tla'amin community
2. Review and assist with development and accessibility of culturally appropriate resources for Tla'amin Health.
3. Ensure that appropriate wellness promotion information is disseminated to the community in a timely.
4. Provide and maintain accurate wellness promotion reports, documents, and files
5. Work as part of the Circle of Care interdisciplinary primary health care team

Job Skills & Abilities:

1. Extensive working knowledge of Tla'amin First Nation resources and culture
2. Knowledge of Tla'amin language is an asset
3. Knowledge and awareness of health priorities for First Nations youth
4. Must be computer literate with Microsoft programs
5. Above average written and verbal skills
6. Ability to organize and manage multiple resources, groups and community data
7. Ability to be independent, motivated and innovative

Additional Information:

The successful applicant will be required to work in accordance with the BCGEU Collective Agreement as well as the policies and benefits therein, in addition to all relevant Tla'amin Health policies and procedures. The successful applicant will be in good physical health. This position is open to male and female applicants and requires union membership.

Send a resume accompanied with a cover letter, by email or fax by October 8, 2018 no later than 4:30 pm to:

Nathan Jantz, Health Director
Email: nathan.jantz@tn-bc.ca
Fax: 604-483-2466

Only short-listed applicants will be contacted for this posting.

Tla'amin Nation Executive Council Minutes

August 8, 2018

Council Chambers, Governance House

Attendance: Larry Louie, Tyrone Wilson, Lori Wilson

Resource: Rod Allan, Losa Luaifoa

Guests: Debbie Shea, VIP Powerline Ltd., Huu-ay-at Representatives (via conference call)

A. **CALL TO ORDER:** Hegus Williams called the meeting to order at 10:14 AM.

B. **APPROVAL OF MINUTES:** Motion to adopt the July 18, 2018 Executive Council Minutes.

Moved by Tyrone Wilson
Seconded by Lori Wilson
CARRIED

C. **ADOPTION OF AGENDA:** Motion to adopt the agenda as amended.

Moved by Lori Wilson
Seconded by Tyrone Wilson
CARRIED

D. **PRESENTATIONS:**

1. Debbie Shea, Manager, Indigenous Relations, VIP Powerline Ltd., presented a brief overview about VIP, BC Hydro contractor. VIP advised that their company will be competing for BC Hydro's upcoming Regionally Optimized Distribution Line Construction bid.

As part of VIP's Indigenous Engagement Policy, VIP is seeking support from First Nations communities in regions that the contract will be awarded in. VIP explained the benefits to the community which includes: training funding (\$500 annually), a donation (\$250) to one initiative of the Nation, and, potential employment for members and subcontracting opportunities. Executive Council (EC) supports VIP's initiatives for work with BC Hydro in the Tla'amin territory and will provide a letter of support.

2. **Kwispaa LNG Project**

EC met with representatives for the Kwispaa LNG project via teleconference to discuss the next steps for Tla'amin in regards to the proposed LNG project with Huu-ay-aht.

- Hegus Williams noted that the draft Protocol agreement with Huu-ay-aht has been reviewed; however, prior to endorsement, Tla'amin is seeking clarification of the section regarding "confidentiality".

- It was noted that the project is still in the early preliminary planning stages and that the route of the LNG line has not yet been determined.

The Chief Administrative Officer (CAO) is to work with Huu-ay-aht representatives on the wording of the agreement. Once the agree-



ment is endorsed by EC, funding is provided to facilitate the activities of the key people that will be responsible for planning community engagement sessions.

EC resolved that a referendum vote is required to determine: 1) If members are interested in the Nation participating in the Kwispaa LNG project and, 2) Consent to a natural gas line coming through the Tla'amin territory. A referendum vote will be discussed at next Legislative Assembly.

E. **NEW BUSINESS:**

1. **Administration & Finance:** Flyer Deliveries – The CAO advised that some members have reported not receiving certain job posting notices.

It was resolved that moving forward, all job postings will be posted on the job board at the Governance Building and on the Tla'amin website.

It was further resolved that EC will receive copies of job postings in their mailboxes or via email.

2. **Citizenship & Membership:** INAC is hosting a workshop regarding Indian Registry, Membership and Citizenship on August 14, 2018 in Nanaimo, BC. Membership and Lands staff will be attending.

3. **Emergency Services:** Hegus Williams noted that fire concerns are serious and reported a fire that occurred over the weekend in Okeover.

- The CAO advised that the emergency supplies container, acquired through a UBCM grant for Community Emergency Preparedness, has arrived in Powell River. The container will be situated at the Salish Centre which is designated an evacuation centre in the state of an emergency.

4. **Environment:** It was noted that INAC funded the current water sampling project that

is in progress on Klahanie Drive (remediation work).

5. **Fisheries & Hatchery:** The sockeye distribution for the Nation is expected to occur between August 10-11, 2018. EC discussed the issue of improper disposal of fish entrails throughout the community and made suggestions to address the issue.

6. **Housing:** Funding for various housing renovations, including roof repairs for ten specific Nation homes has been submitted to INAC for approval.

7. **Lands:**

i. **Old Hospital Lands** – The CAO presented proposed revisions to the Land Transfer Agreement for the old hospital lands.

EC expressed no issue with the proposed changes.

ii. **PRSC Land "swap"** – Once the Land Agreement has been vetted by Murray Brown, the agreement will be finalized and the PRSC will be dissolved and both the City and Tla'amin will acquire a parcel of the land each. No monies will be exchanged.

F. **HOUSE POSTS:**

Lands & Resources – Councillor Lori Wilson reported the following:

- Sachi Ouchi (SFU student working on project in Tla'amin regarding adaptive strategies for healthy fisheries and a healthy community) will be hosting a focus group of 12 people that are active in fishing and hunting.

- Current Traditional Use Study (TUS) meeting is scheduled for today.

- Received Elk draw inquiries.

- The next Natural Resource Committee (NRC) meeting is August 27, 2018.

- Thichum community consultation for licenses received two inquiries in response to an ad placed in the Peak for the past two weeks.
 - There has been no feedback re: Hardwood Island information recently provided in the Nehmotl.
 - Sea Cucumber license – the group discussed acquiring a Sea Cucumber license and preferred that the Nation pursue its own application for a license.
- Community Services – Councillor L. Louie reported that September 7 is the new date for the Community Services meeting.

Public Works – Councillor T. Wilson reported the following:

- Housing initiatives are steadily moving forward.
- Public Works - new playground has been installed.
- Firehall - The number of volunteers is diminishing at the fire hall. It was suggested that an event be hosted to try and enhance recruitment.

Economic Development – Hegus Williams reported the following:

- Allteck is seeking a letter of support from Tla'amin as the company will be competing for BC Hydro's bid for powerline work in the area from Coquitlam to Powell River. EC consented to a letter being sent in support of their submission to bid.
- A meeting is set for August 9, 2018 at 10:00 am with TMS and the Building Inspector for the Nation to review the process and identify any issues.

G. HEGUS' REPORT:

- Meetings/events attended in July:
 - July 25 – Lunch meeting with the Six Nations re: treaty.
 - Signed letter of cooperation with the Modern treaties.
 - Delivered Modern treaty alliance presentation at AFN event.
 - Lunch meeting with Nisga'a Lisims gov-



ernment and PBI Felix Hui.

- Attended meeting with Modern Treaty Alliance and Minister Carolyn Bennett. Discussion regarding no "extinguishment" language in the treaties and loan forgiveness.
- Dinner meeting with Echo (bit coin manufacturer).
- Upcoming event: August 11, 2018 – Powell River library at 2:00 pm re: Tla'amin treaty with Keith Carlson, University of Saskatchewan.
- Hegus Williams received concerns about visitors to the Nation and the level of religious preaching that occurred. Hegus expressed the importance of proper advertisement of any events hosted to ensure attendees know what to expect.
- The Fall Legislative Assembly will be called around October pending receipt of Tla'amin's Management Letter.



Tla'amin Nation Executive Council Minutes

August 22, 2018

Council Chambers, Governance House

Attendance: Hegus Williams, John Hackett, Larry Louie, Lori Wilson

Resource: Rod Allan, Losa Luaifoa

Guests: Dillon Johnson, Chris Roddan

A. CALL TO ORDER: Hegus Williams called the meeting to order at 10:04 AM

B. APPROVAL OF MINUTES: Adoption of the August 8, 2018 Executive Council minutes -Tabled.

C. ADOPTION OF AGENDA: Motion to adopt the Executive Council agenda as amended.

Moved by John Hackett

Seconded by Larry Louie

CARRIED

D. PRESENTATIONS:

1. **Fiscal Policy** - Dillon Johnson, consultant for Tla'amin, provided a general overview of the Collaborative Fiscal Policy process. The following was highlighted:

- Dillon explained the importance of Tla'amin, Canada and British Columbia reaching an agreement to address how Tla'amin programs are funded.

- All 25 self-governments and INAC have worked together on a new policy whereas the previous policy was created with no consultation from the self-governing Nations.

- Dillon noted how important the need is for funding to cover costs required for the delivery of good government.

Dillon is seeking feedback from EC regarding the draft fiscal policy (also known as the "Green Book") that was passed by cabinet in June, 2018. The new draft policy has identified key principles and requires further technical work on the details of those principles. The overall objective is to get the new policy ratified with the current government.

EC supports the direction in general of the new policy and endorses Dillon's continued work with the technical working groups.

E. NEW BUSINESS:

1. **Administration & Finance:**

i. EC Resolution #17-2018 re: Approval of Tla'amin Management Services LP (TMSLP) loans with Bank of Montreal. Chris Roddan, TMSLP, provided a brief PowerPoint presentation on the Board's annual plan which outlined the financial objectives for 2018 and beyond. Chris explained the investments of TMSLP and noted that Tla'amin law requires Executive Council (EC) approval if the total amount of loans or credit that TMSLP acquires exceeds \$500,000.



EC unanimously endorsed Resolution #17-2018.

ii. **Property Encroachment** – 8811 Craig Road. The Chief Administrative Officer (CAO) provided an update on a small parcel of land that encroaches on Tla'amin property on Craig Road.

EC approves the sale of a small parcel of land for \$10,000. The Lands Department will facilitate the sale transaction.

iii. **Christmas Hours** – EC discussed proposed dates for the community Christmas dinner and holiday closure for the Governance office.

EC resolved to set the community Christmas dinner for Wednesday, December 12, 2018. The office will be closed from Monday, December 24 and re-open on Wednesday, January 2, 2018.

2. **Citizenship & Membership:** EC Resolution #18-2018 re: Approval of Membership for D. Galligos. EC endorsed Resolution #18-2018.

3. **Culture:** EC requested an update on the planning for the canoe journey in 2021.

4. **Education:** An Education management team meeting is set for August 28, 2018 @ 11:00 am. EC discussed ways to encourage the students to pursue their education. A suggestion was made to create a cultural exchange program. EC discussed the concept and some of the parameters around a potential program including eligibility criteria and the time of the year (Spring Break etc.).

5. **Fisheries & Hatchery:** A series of complaints have been received from Okeover

leaseholders regarding improperly disposed fish entrails. Hegus Williams advised that the issue has since been resolved.

6. **Forestry:** TLC audit is due in October. Thichum has been randomly selected to be audited. Councillor John Hackett reported he is certified in pesticide use.

7. **Housing:** Eviction reminder notice to vacate the premise for August 31, 2018 has been sent.

8. **Lands:** Powell River Orphaned Wildlife Society (PROWLS) Land Request – the CAO advised that PROWLS is seeking 5 to 10 acres of land for a clinic and centre to carry out the society's work. The CAO is seeking EC's feedback regarding the request for land. EC discussed the request and resolved that the Nation is not able to commit to any lands at this time.

9. **Public Works:** Pot holes are being repaired throughout the community. Paving with BA Blacktop is scheduled for September 15, 2018.

F. HOUSE POSTS:

Lands & Resources – Councillor Lori Wilson reported the following:

- Elk draw will be Friday, August 24, 2018.

Finance – Councillor John Hackett reported the following:

- Healthy Living Dividend distribution is near completion.

- Financial Committee meeting is set for August 31, 2018 and September 28, 2018.

Community Services – Councillor L. Louie reported the following:

- Discussions regarding a longhouse and a new cemetery are planned for with the Culture Manager. Clarification on the use of a

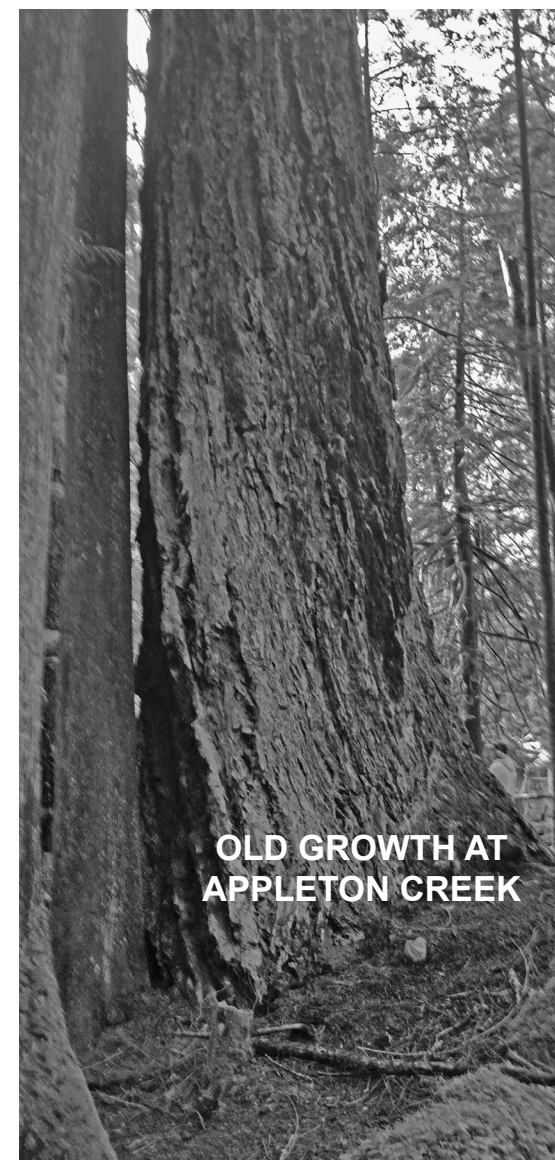


SUMMARY OF RCMP CALLS FOR SERVICE FOR: August/September 2018

This summary of police calls for service is intended to advise community members of what is occurring in the community and to encourage community members to report all suspicious activities.



Powell River RCMP Non-Emergency (604)485-6255		In Case of Emergency Call 911
AUG 22	HWY 101	Police responded to a burglary alarm. The alarm was determined to be false.
AUG 27	SALISH DR	Police responded to a disturbance at a residence.
AUG 29	KLAHANIE DR	Police responded to a fraud complaint. This matter is still under investigation.
AUG 29	KLAHANIE DR	Police assisted in keeping the peace.
AUG 30	SALISH DR	Police assisted SPCA in investigating a report of a malnourished dog.
AUG 30	WATERFRONT RD	Police responded to a report of a possible impaired driver.
SEP 01	HWY 101	Police responded to a report of a speeding vehicle on Hwy 101.
SEP 01	WATERFRONT RD	Police responded to a report of a possible impaired driver.
SEP 01	HARWOOD ISL	Police responded to a report of a possible impaired boater. Patrols made, but vessel was not located.
SEP 01	RIVER RD	Police responded to a report of a disturbance.
SEP 05	RIVER RD	Police responded to a report of an assault. This matter is currently before the courts.
SEP 05	WATERFRONT RD	Police responded to a report of an assault with a weapon.
SEP 06	HOMALCO RD	Police responded to a report of a stolen TV. The TV was eventually returned.
SEP 07	RIVER RD	Police responded to a report of a possible breach. Police attended and found that the complaint was unfounded.
SEP 08	HWY 101	Police attended a residence to check on the occupant's wellbeing.
SEP 09	HOMALCO RD	Police responded to a report of a party at a residence. Upon attendance, it was determined that no party was taking place.
SEP 09	BEACH RD	Police responded to a report that two dogs had killed a cat at a residence.
SEP 11	RIVER RD	Police responded to a theft of a bicycle seat.
SEP 12	RIVER RD	Police responded to a report of an assault that took place during a party.
SEP 13	RIVER RD	Police responded to a threats report.
SEP 15	SALISH DR	Police responded to a report of a theft from a freezer. Approximately \$200 worth of meat was missing.
SEP 19	BEACH RD	Police responded to a harassment complaint.



OLD GROWTH AT APPLETON CREEK

longhouse was requested and it was noted that the longhouse would be used for the community's cultural gatherings, weddings and other events that aren't suitable for the Salish Centre.

- Attended the first Social Action Plan Advisory Committee (SAPAC) meeting.

Economic Development – Hegus Williams reported the following:

- An update on the finances for the Lund Hotel was provided at a recent committee meeting. Concerns were raised about the service at the hotel and the needs for improvement. No firm decision has been made in regards to the pub/restaurant. It was suggested that some of the hotel rooms be closed for the winter.

G. HEGUS' REPORT:

- Meetings/events attended in August:
 - Positive meeting with the building inspector for Tla'amin. It was resolved that another meeting to review the Building Regulation is needed. The septic tank project is progressing with the design and inspection. It was agreed that the Nation can look to other sources for approval of the septic.
 - Attended "Library Talk" with Keith Carlson. The event had a large audience and discussions were held about treaty and the direction the treaty is going. The event was well received. An update of the laws was provided with great points made by Keith Carlson.
 - Social Action Plan Advisory Committee (SAPAC) had its first meeting on August 16, 2018. It was recommended that the Chair of the Committee be selected post elections in October. The next SAPAC meeting will be held prior to the next 3C meeting.
- A potential date for a referendum regarding the Kwisp'a LNG project is proposed for March or April, 2019.
- Klahoose Nation is requesting a meeting to discuss the TargetX project.
- The first food fish delivery was a success.

PET FAIR

*Free Admission

Tla'amin Nation is hosting a Pet Fair for members and citizens. Join the fun!

Thursday, October 17, 2018

3:30 pm to 5:30 pm
Salish Centre

*Door prizes

* Information Booths

*Obedience Training Demonstration

*CONTEST for best pet photo

*Free cat/dog food (until supplies run out)

*Refreshments/light snacks provided

*Pet Tag Engraving

CUTEST PET PHOTO CONTEST

ENTER NOW

Submit your favorite photo of your pet to: loea.luaifoa@tn-bc.ca or, drop off at reception. All photo's will be posted at the fair to be voted on. The photo with the most votes wins a prize valued at \$ 100.

FOR MORE INFORMATION: 604-483-9646



NOTICE OF ELECTION BY VOTING

PUBLIC NOTICE is hereby given that an election by voting is necessary to elect persons to the following offices for a four year term commencing November 2018:

- School Trustees for School District 47 (5 positions)

SCHOOL TRUSTEE – Five (5) to be elected

Surname	Usual Names	Residential Address
BREWER	Russell	6919 Hammond Street, Powell River
LAWSON	Dale	6917 Drake Street, Powell River
MARSHALL	Troy Garner	4307 Ontario Avenue, Powell River
REID	Aaron	7085 Tahsis Street, Powell River
SKINNER	Doug	8197 Centennial Drive, Powell River
STEWART	Paula	4580 Golden Avenue, Powell River
TAYLOR	Peter	7193 Westminster Street, Powell River
TIMOTHY	Jack	5185 Beach Road, Powell River

VOTING DATES AND LOCATIONS

GENERAL VOTING: Saturday, October 20, 2018 from 8:00 am to 8:00 pm at the following locations:

Area
Tla'amin Nation

Location
The Salish Centre

Address
4885 Highway 101, Tla'amin Nation

ADVANCE VOTING: Wednesday, October 10, 2018 from 8:00 am to 8:00 pm at the following locations:

Area
Electoral Areas A, B, C, and Tla'amin Nation

Location
qathet Regional District – Board Chambers

Address
103-4675 Marine Avenue, Powell River

Note: All qualified electors may vote at an advance voting opportunity.

ELECTOR REGISTRATION

There is no need to pre-register to vote, as the registration of all electors will take place at the time of voting. You will be required to make a declaration that you meet the following requirements:

- 18 years of age or older on general voting day
- Canadian citizen
- resident of BC for at least 6 months immediately preceding the day of registration
- resident of OR registered owner of real property in the voting jurisdiction for at least 30 days immediately preceding the day of registration, and
- not otherwise disqualified by the Local Government Act or any other enactment from voting in an election or otherwise disqualified by law.

Resident electors must produce 2 pieces of identification (at least one with a signature). Picture identification is not necessary. The identification must prove both residency and identity.

Non-resident property electors must produce 2 pieces of identification (at least one with a signature) to prove identity, proof that they are entitled to register in relation to the property, and, if there is more than one owner of the property, written consent from the majority of the property owners.

MAIL BALLOT VOTING

Qualified resident or non-resident property electors may vote by mail if they meet one or more of the following requirements:

- have a physical disability, illness or injury that affects their ability to vote at another voting opportunity; OR
- expect to be absent from the regional district on general voting day and at the times of all advance voting opportunities; OR
- regularly reside in any electoral area where their only access from their residence to a voting place is by boat or aircraft.

REQUESTING A MAIL BALLOT PACKAGE:

To request a mail ballot package, you must submit a completed Application to Vote by Mail to the qathet Regional District Administration office as early as possible in advance of general voting day, October 20, 2018. Applications can be obtained by contacting the Administrative Services Department at 604-485-2260, or by downloading the form at the 2018 Election webpage at www.qathet.ca. Once your application to vote by mail ballot is approved the mail ballot package with instructions will be issued to you.

Please note: for applications received after Thursday, September 27, time will not permit issuing the ballot package via mail, and the voter must arrange to pick up a package from the qRD. Voters are responsible for returning the completed package to the qathet Regional District. To be counted, your mail ballot must be received by the Chief Election Officer no later than 8:00 pm on Saturday, October 20, 2018. It is your responsibility to deliver or post the mail ballot in sufficient time for delivery to the qathet Regional District, at 202-4675 Marine Avenue, Powell River, BC. V8A 2L2.

FOR FURTHER INFORMATION on the 2018 General Local Election, please visit the Election webpage at www.qathet.ca, or contact the Chief Election Officer, Matt O'Halloran, or the Deputy Chief Election Officer, Michelle Jones at 604-485-2260, or vote@powellriverrd.bc.ca.

Matt O'Halloran
Chief Election Officer

Voter Eligibility Notice for Residents of Tla'amin Nation Lands

PLEASE READ THIS IMPORTANT INFORMATION TO AVOID ANY SURPRISES ON VOTING DAY

Under the Tla'amin Final Agreement, residents of Tla'amin Nation Lands (including leased lands) are NOT eligible to vote in the qathet Regional District electoral area or in municipal elections.

The Tla'amin Final Agreement, chapter 16, paragraph 1 states that "Tla'amin Lands do not form part of any municipality or electoral area, and do not form part of any regional district...". The effect of the Tla'amin Final Agreement and the Local Government Act is that residents of Tla'amin Nation Lands are not considered residents of a municipality or an electoral area.

The Local Government Act allows a resident of Tla'amin Nation Lands who is 18 or older and a Canadian citizen to vote in a municipal or electoral area

election as a "non-resident property elector" if they also own property in that municipality or electoral area for at least 30 days prior to their voter registration. For more information about non-resident property elector voting, please visit www.powellriverrd.bc.ca.

Residents on Tla'amin Nation Lands ARE eligible to vote for school district trustees.

For more information about voting in the qathet Regional District, please contact Matt O'Halloran at [Matt.OHalloran@powellriverrd.bc.ca](mailto:MHalloran@powellriverrd.bc.ca) or 604.485.2260.

For more information about the Tla'amin Final Agreement, please contact Roy Francis at 604.483.9646 Ext 137 or roy.francis@tn-bc.ca.

For more information about local elections in British Columbia, visit the Provincial website <https://www2.gov.bc.ca/gov/content/governments/local-governments/governance-powers/general-local-elections> or contact the Ministry of Municipal Affairs and Housing at 1 (800) 663-7867, or at lggovernance@gov.bc.ca.



Let's Talk Trash.ca

WHAT IS WASTE?

Zero Waste Coffee

It's feeling like Fall has arrived and you may be back in the habit of warming up to the day with a hot cup of coffee. And, though unintended, you could also be warming up the planet. But don't worry, coffee can still be on the menu!

Remember that moment when you could barely find the time to prepare the coffee machine for tomorrow morning's java and, enter stage left, 'tada' single serve coffee pods arrived on scene to save the day? Convenient, catered to individual tastes, and tidy, they quickly became a global sensation. Now, it is estimated that coffee lovers consume 9.6 billion K-cups annually! It's somewhat shocking, then,



“
**Less wasteful options
 for brewing at home
 efficiently and cheaply**
 ”

that the inventor, John Sylvan regrets ever having invented them in the first place. But why? Well for one, they are heavily packaged, and often not recycled, despite claims they can be. Sylvan also never imagined them being used in homes. He thought they would only be used in offices where everyone has a different schedule and different coffee tastes. Sylvan himself doesn't even own a coffee pod machine!

Originally, coffee pods (eg: K-cups, etc) were not recyclable at all, as the parts, made of different materials, were fused together. Now, there are coffee pod brands highlighting that their recyclability or compostability when separated into component parts. If disassembled properly, a single serve coffee brew cup has three parts: the (now) recyclable laminate plastic or metal seal, the compostable coffee grinds and paper filter, and the (sometimes) recyclable or (sometimes) compostable plastic cup. If you're confused, you're not alone, and where there is confusion there is waste. And, let's be honest, how many people pursuing convenience will take the time to break a pod down and figure out which parts are recyclable or compostable

where they live. FYI, compostable plastics are not accepted in the qathet Regional District's composting or recycling programs.

Luckily, alternatives to coffee pods are everywhere you look. Less wasteful options for brewing at home efficiently and cheaply are easily accessible. There is the old school plug-in percolator, the modern AeroPress, the classic French press, the simple pour over, the fancy espresso machine, and more - many of which can produce your caffeine hit without breaking the bank. There is now also one version of the coffee pod that doesn't use disposable pods at all, and simply brews coffee one cup at a time. Debates between coffee 'scientists' about which method brews the best cup of coffee could keep you up later than drinking an espresso at midnight.

For further waste reduction, replace single-use paper filters with reuseable metal ones, and buy coffee beans in larger quantities for less packaging and sticker-shock.

If brewing at home doesn't fit your lifestyle, getting a coffee-to-go could. Remember to pack your reuseable, spill-proof coffee mug as you sleepily head out the door. With a little planning, you could end up at your destination with a still-hot, unspilled, personalized gourmet drink.

Let's Talk Trash is the qathet Regional District's Waste Reduction Education Program. Find out more at info@LetsTalkTrash.ca.

Testimonial for David Formosa for Mayor

"I am proud to put my support behind David Formosa in his re-election bid to be the City of Powell River's Mayor. I have known David for almost 30 years and am proud to call him my close friend. He has been involved with the Tla'amin Nation since before the 1990's. He has volunteered many hours sitting as an appointed Director of our Sliammon Development Corporation. Many people from Tla'amin consider him a friend as well. The Elders from my community bestowed a traditional name ('Qik') on David in 2004. Dave continues to be an ambassador for the Tla'amin Nation. David knows and understands who the Tla'amin people are. He understands our challenges and opportunities and never hesitates to assist when he can. Davis understands the importance of a strong intergovernmental working relationship between the City of Powell River and the Tla'amin Nation. Where most mayors and councils in Canada have not begun considering the reconciliation of the history of their cities, municipalities and towns with the history of their Indigenous neighbours; as Mayor of the City of Powell River, David's preference has always been to act and accomplish in this area. He was a primary architect of the recent June 2018 re-signing of the Tla'amin-City of Powell River Community Accord is an example of this. David regularly attends Sunday Service at our Tla'amin Sacred Heart Church. He has always been a devoted family man and generous individual. I have always seen Dave as more a Leader, than a politician. The City of Powell River would be making a smart decision in re-electing David Formosa as its Mayor."

Emote.

Qwastånayá, Founder
 Leon Maynard Harry
 Indigenous Insight

You Asked For It!

Tla'amin Housing Department is pleased to offer Interac payments for your rent now.

Please come in during office hours and use our convenient option to pay your rent. Cash and Cheques still accepted, of course!





Appleton Creek is a short hike from Wilde Road

Caregiver's Support Circle

Are you, or someone you know, caring for a friend or relative who is elderly, living with dementia, or who has a chronic or acute illness? **FREE 8-Week Program**

Caring for a loved one can be both rewarding and challenging. An 8-week caregiver's group will begin this fall to connect people who are providing care to their loved ones in the community. We hope to provide a space for caregivers to share experiences, gain support and take time for themselves.

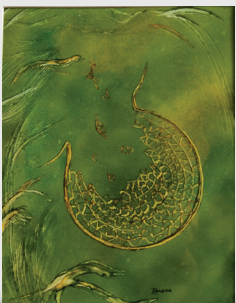
Participation is free.
Volunteer respite may be available.
For more information, call 604-223-7309.

Presented By:



Grief Education & Support Group

It can be comforting to know that you are not alone and that what you are going through is "normal".



The Grief Education & Support Group is a nonjudgmental space for adults who are grieving the death of a loved one to come together for support & fellowship.

This group offers free information and confidential discussion through support from trained volunteers.

October 10, 17, 24, 31
November 7, 14, 21, 28
7 p.m. — 8:30 p.m.



To register, call:
604-223-7309

prhospice.org

Photo Credit: 'Loss' by Maureen Byrne



Come out and Celebrate Halloween

Fireworks on the Beach in Front of the Church

October 31st
7:00 p.m.

Hot dogs and hot chocolate at Ahms Taow
3:00 - 6:00





Congratulations Ryan and Austyn September 29th

“The whole room was surrounded by a circle of family and friends”

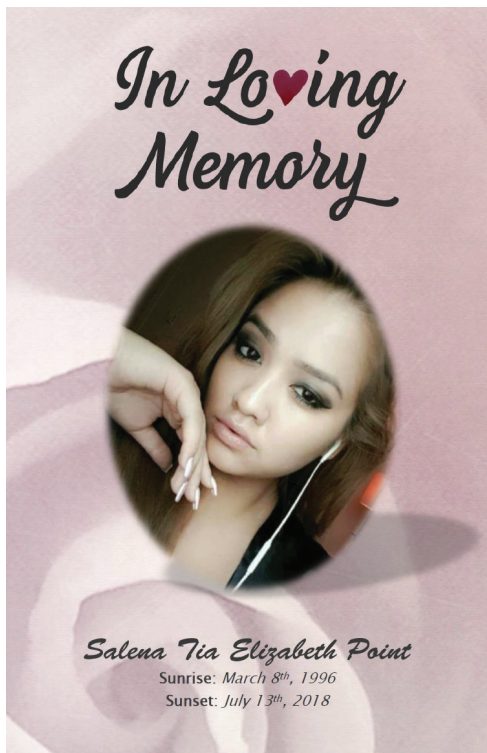
“The evening was full of love, inclusiveness, traditions, laughter, tears, meeting new friends, family singing and drumming with music and dancing”

“Murray and Nancy performed the blanket ceremony to always keep them together even when they are apart”

“What a beautiful blend of both cultures and an incredible show of love between the couple”

Anonymous

ANNOUNCEMENTS



Special Angel in Heaven

*There's a special Angel in Heaven
That is a part of us.*

*It is not where we wanted her
But where God wanted her to be.*

*She was here but for a moment
Like a night time shooting star
And though she is in Heaven,
She isn't very far.*

*She touched the hearts of many
Like only an Angel can.
We would've held her every minute
If we'd only known God's plan.*

*So we send this special message
To the Heavens above.
Please take care of "our" Angel
And send her all our love.*

Heartfelt Acknowledgements & Appreciations to the following organizations, family, friends and community members. Our family will forever be grateful for the support and contributions towards the "Celebration of Life" for our daughter, granddaughter, niece, late Selina Tia Elizabeth Point.

Inter-Tribal Health Authority – Crisis Team: provided emotional, mental and spiritual support for families and community members for one week. Also offered volunteer and support at the wake and funeral service. ITHA contributions towards food for the wake, trays of sandwiches, fruit and vegetables.

- Executive Director: Trish Cassidy
- Associate Director: James Wilson
- Clinical Support: Michael Harry
- Drug & Alcohol Counsellor: Warren Heppler
- Youth Mentor: Jennelle Williamson
- Youth Mentor: Mathew Orrick
- Administrative Support: Shaneeka Swift
- IRS Support: Neil White
- Carl

Pentecostal Church: Pastor Lucas Mitchell

- Gratitude to Pastor Lucas Mitchell for the kind and caring words and beautiful service for Salena.
- Pastor Lucas & Stan Harry providing transportation for Point family from Vancouver to be with family and attend Salena's service.
- Appreciations to the ladies from Pentecostal for baked goodies and sandwiches for wake and funeral.

Stubberfields: Dedicated Service for wake and funeral.

Brandon Peters: Beautiful Eulogy and song, you are very gifted speaker Brandon Peters, thank you my dear friend.

Vivian, Willie Peters & Family: contribution towards blanket for casket.

Arm Bands for Honorary Pall Bearers, Pall Bearers and Community Members: Maureen Adams, Rose Adams, Candice Galligos.

Canoe Families: Acknowledging Salena & money collection.

Flower Collection: Darlene Charlie and Angus Charlie.

Pamphlets/Slide Show: Alisha Point & Alex Sutcliff.

Tla'amin Fire Department/First Responders: Traffic control - Fire permit, support at the burning ceremony.

Music/Gospel Songs: Bill Blaney, Albert Hackett, Duane Hanson, many more.

MC: Vern Pielle @ the wake and funeral.

Traditional Drumming/Singing: Appreciation to Koossen and Gary Gonzales, Murray and Nancy Mitchell.

Wake: Appreciations to Charlie family and other community members who stayed with Salina all night.

Donna Charlie: moral support to families and assisting in the burning ceremony.

Verna Francis: organizing the food for wake and funeral luncheon. Organized & contacted Intertribal Health Authority and the Crisis Team to help support the families and community in this very difficult time in need. Also thank you Verna for the providing unconditional support wherever needed.

Food – Many family, friends and community member's food contributions to the Point family home, wake and funeral service.

Tla'amin Administration & Social Development: contributions towards food and funeral arrangements.

Powell River Policed Based Victim Services: Emotional support to families.

Emote, to everyone who provided support and prayers to the family throughout the week before and after the funeral service.



Happy 11th Birthday to our granddaughter Nevaeh Harry on October 5, we love you!

Chi Chay-Dawna, Kookpah
Calvin, Sabrina- Mom & Family

October 1, 2018

Happy Birthday to my niece Julia Harry, love you,

Love Auntie Dawna & family.