



# NEHMOTL "Us"

October 2017

Community News | Events | Updates for the Tla'amin People

## Hchewšun: The Way Forward Carving Begins!



By Alex Sutcliffe

Carving has officially begun down at Willingdon Beach where the Grandfather tree was officially welcomed through the blessing ceremony which was held on September 21<sup>st</sup>. Lots of people came out to take part and witness this great milestone, which represents one small step in the path towards true reconciliation.

This process and this project started by the Hchewšun Committee a community effort that was initiated by ordinary people who wanted to come together and reach out and connect with and honour the Tla'amin Community. As Phil Russell pointed out at the ceremony, "If you look at and understand the history, none of the original settlers who came to Canada came here because they wanted to be here. So now how do we – the non-indigenous - who don't have a land of our own, but now reside in Tla'amin Traditional Territory, how do we live here, how do we connect with this land and with the Tla'amin people, who have been here since time immemorial. The Tla'amin community have opened the doors to us, and they can show us another way of being. Its time to decolonize, and indigenize. It will take 7 generations to get there."

In a symbolic twist of irony, the Grandfather log was moved into it's final position in preparation for the ceremony, without consultation from the Hchewšun committee and was left wrapped in chains on public display. The Hchewšun committee understands the people moving the log probably had the best of intentions and we appreciate what they are doing, but it is a good example of the kinds of things we are working to change throughout this process. The Grandfather should never have been left chained up. It was symbolic in more ways than one, when the chains were cut at the ceremony and the Grandfather was freed.

After the blessing ceremony was complete, our honoured guest/canoe builder Joe Martin



**Sherman Pallen carefully trims the Grandfather tree which is approximately a 500 year old Western Red Cedar down to 28 feet**

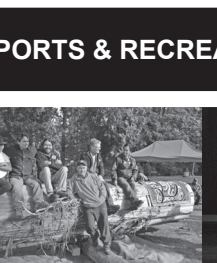
from Tla-o-qui-aht Nation fired up the chainsaw and began work trimming the ends of the log down to size. The carvers include Joe Martin, Alvin Wilson, Sherman Pallen, Ivan Rosypskye and Phil Russell. They will also be joined by 3 Tla'amin youth carvers – John Dominic, Mathew Louie and Dakota Gustafson. The Hchewšun committee approached the School District to have Tla'amin youth brought onto the project and the School District agreed allowing the students to take part for the duration of the project with half their time allocated to the project and half their time for school work. It is great to see the youth engaged and we'd also like to honour Mathew Louie for representing the youth at the ceremony and sharing at the microphone.

Hchewšun would like to thank all the

drummers and singers for joining in the ceremony, Hegus Clint Williams for his ongoing support, Cyndi Pallen and John Louie for their role in all of this, Tla'amin Health for allowing John and Cyndi to be part of this, all of the carvers and youth participating, Joe Martin for agreeing to be part of this, and of course the entire Tla'amin community.

Everybody is welcome to come and checkout the awesome work happening down and Willingdon Beach and participate. We'd also like to especially encourage Tla'amin community members to come down and sit with us and share their history and their culture. The carvers will be there working on transforming the Grandfather into the Canoe, from Monday to Friday, 8:00am-4:30pm, for the next 6-8 weeks.

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



## Tla'amin Governance House Updates

4779 Klahanie Road,  
Powell River, BC  
V8A 0C4

Phone: (604) 483-9646  
Toll Free: 877-483-9646

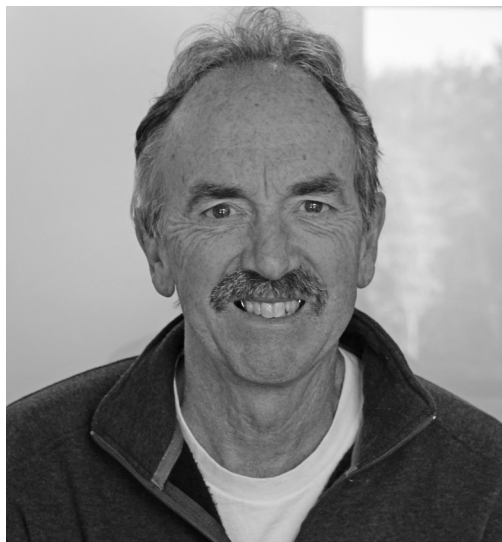


## New Fire Chief Recruiting for Volunteers

Jim Armstrong has been involved in volunteer firefighting for 24-years. Jim began with Mission Fire/Rescue Service in the Fraser Valley and retired as a paid-on-call Captain in 2014. "My wife Heather and I retired from our city jobs that summer and moved to Klahanie Drive. Since then I've been practicing and working with Northside Fire Department." said the new Fire Chief.

Taking over the Chief's position at Tla'amin from retiring Chief Floyd George is a tremendous opportunity. For over 40 years, Chief George and his fire crews have always been there doing their utmost to protect the community. My plan is to build on that foundation of work.

In coming weeks, we will be initiating a recruitment drive to build up our numbers.



Tla'amin Fire Chief Jim Armstrong



# FIREFIGHTERS WANTED

**Fire Practises are now every Tuesday @ 7:00 pm**

Weekly training for responders and fire training  
You are paid for practising and responding to calls



Contact Jim Armstrong  
email: [firehall@tn-bc.ca](mailto:firehall@tn-bc.ca)  
Direct Line: 778-762-3705

## Message from the Hegus



As the fall season has officially arrived, I am very glad that we were able to avoid having any major brush or forest fires. With that said I want to say thank you to our community for complying with the extended campfire ban that seemed to go on forever, again thank you for your patience and keeping our community safe.

The fall season also means that it is time for us to smoke fish and do some hunting; due to the poor sockeye year we have been in discussion with the crew at the hatchery about smoking a large number of fish for our community. The guys have agreed to take this on and we will be smoking a number of fish during this fall and then distributing out to our people that are interested. Please stay tuned for further details as this plan is still being developed.

In other hatchery news – Vandalism! It is very disappointing to report that one of the windows has been broken on the view-quarium by some careless individuals. If you have any information on this carless act of vandalism please get in touch with the hatchery crew to share any information that you may have.

The Canada C3 - Ice Breaker will be pulling into Powell River on October 20<sup>th</sup> 2017 as it continues its voyage that began in Toronto in June and will end in Victoria BC late October. This coast to coast to coast mission is being done to spread the message of reconciliation across Canada, we have been requested to be a stop on this voyage because of the relationship building work that has occurred between they City of PR and the Regional District. We will tour the ship's crew by the Hehewshin canoe project at Willingdon and also host a dinner with the crew and our community members in our Governance House. We hope to share songs, dances and stories with the crew on this evening. For more information google Canada C3 or look them up on Facebook.

We have collaboratively found a new location for the Tla'amin Bible group, we will be making arrangements for the group to be able to setup shop in one of the portables beside Ahms Tah Ow. We do appreciate the volunteer work that this group does for our community and we are glad that we are able to provide a location that they can call home.

Please feel free to contact me if you have any further questions or concerns by phone (604) 483-9646 extension 107 or via email [clint.williams@tn-bc.ca](mailto:clint.williams@tn-bc.ca)



Honouring the past and looking towards the future, Canada C3 will explore the four key themes: Diversity and Inclusion, Reconciliation, Youth Engagement and the Environment.



## Qames ʔəms tala Settlement Trust Accepting Submissions

October 2nd to 16th the Qames ʔəms tala Settlement Trust is accepting submissions from Tla'amin citizens, entities, programs and services to start or grow an existing business, or create projects and services to benefit the nation.

Please email Alisha at [alisha.point@tn-bc.ca](mailto:alisha.point@tn-bc.ca) or [kristi.thiele@tn-bc.ca](mailto:kristi.thiele@tn-bc.ca) if you have any questions or would like an Economic Development Grant Application and Handbook.

If you missed our presentation at September 9th AGM but are interested in the information provided, then please email us for more details.

## Culture Programs

Hello everyone, here are the culture programs' schedules for September to the end of December 2017. The start up dates for 2018 will be posted in early January.

### Carving

Start date: September 28th 2017, then every Thursday from 6-9pm held at the Culture Lodge.

### Language classes

Start date: September 26th 2017 then every Tuesday from 3:30 – 5:30 held at the Culture Lodge.

### Basket weaving

Start date: September 26th 2017 then every Tuesday from 3:30 – 5:30 held at the Culture Lodge.

For more information contact the Tla'amin Governance Office  
604 483-9646 ext. 123



### Tutoring at Brooks Secondary School

Every Tuesday & Thursday from 3:15pm-4:30pm

### Tutoring at Ahms Tah Ow School

Every Monday & Wednesday from 5pm-7pm

### Tla'amin Post-Secondary hours

Friday 830 am - 430 pm

Email: [postsec@tn-bc.ca](mailto:postsec@tn-bc.ca) or 1-604-483-9646 ext.125

Louise Dominick



## TURKEY DELIVERY OCTOBER 5, 2017

The Nation will be delivering turkeys to each home in the Tla'amin Community.

**Crews will be going door to door throughout the day on October 5, 2017.**

The turkeys are meant for Tla'amin families; and each household will be asked to sign to confirm they have received their turkey. Please take note of the date; and try to be at home for the day in order to receive your turkey.

Emote

# Tla'amin Justice Update

*"Assist with: Transportation to and from court, apply for legal aid, navigate clients through the justice system, meetings with crown/prosecutor, probation/victim service appointments, family case conferences, lawyer referrals, dialogue circles/conflict resolution, Restorative Justice Forums, referrals to justice program for Alternative Measures Wellness Plan."* Verna Francis

Contact Agency: Verna Francis  
 Days: Monday – Friday  
 Time: 8:30 – 4:30  
 Location: Governance House  
 Work: 604 483 9646 ext.113  
 Cell: 604 578 8850  
 Fax: 778 762 5246



## First Nation Community Policing Officer

Cst. Jennifer Crossman has reached her three year term with Tla'amin Nation as First Nation Community Policing Officer, Jennifer Crossman will no longer occupy the position as of October 2, 2017. Appreciations/Acknowledgement event to be announced, thank you Jennifer for your dedicated service to Tla'amin Nation.

Cst . Chris Bakker will be the new First Nation Community Policing Officer effective date October 2, 2017, I look forward to working with Cst. Chris Bakker on future initiatives to help keep our community safe.

Contact information: Tla'amin Governance House @ 604 483 9646 Ext. 140 or @ the Powell River RCMP detachment 604 485 6255

## CRIME STOPPERS

Powell River RCMP are requesting assistance from the public and encourage residents to report any suspicious persons or activities in their neighbourhoods. Please contact Powell River RCMP at 604-485-6255 or Crime Stoppers at 1-800-222-8477. You can also provide anonymous and secure tips online at [www.bccrimestoppers.com](http://www.bccrimestoppers.com)

### The new Family Law Act has rules to help families going through separation

#### When a relationship ends

It is stressful when a marriage or other long-term relationship ends. When children are involved, it is even more difficult. Parents may worry about where the children will live, how they will be supported, and who will make the big decisions in their lives. The Family Law Act makes sure that whenever decisions are made, the children come first.

#### The children come first

Under the Family Law Act, all decisions after a separation about the care of children must be based on what is best for the children — not what is best for the parents. It means that everyone involved must think about how the children were taken care of in the past, how to protect the children's safety, and usually what the children's views are too.

#### The responsibilities of parents

Both parents are responsible for making sure there is money to raise the children after a separation. The law says this money must be paid. The law has rules – the Child Support Guidelines – about how to calculate the right amount of money. Usually it is the parent who has the children the least amount of time who has to pay the parent who has the children most of the time.

The Family Law Act says parents also have other responsibilities after a separation. They include having daily care and supervision of the children, making daily decisions about the children, deciding where the children will live, which school they will go to, and which religion they will practise. These responsibilities can be shared by parents or divided between them in an agreement or court order in the way that will be best for the children. For more information about the Family Law Act, visit the Family Law in British Columbia website at [www.familylaw.lss.bc.ca](http://www.familylaw.lss.bc.ca) or the Ministry of Justice website at [www.JusticeBC.ca](http://www.JusticeBC.ca)

**Powell River Family Safety Committee presents.....**

**Fried Green Tomatoes**

**Join us for an afternoon at The Patricia Theatre**

**Sunday, October 1, 2017 Showtime at 1:30 pm**



**Guest speaker Jill Cory.**  
**co-author of *When Love Hurts***

**Admission by Donation**  
**Fund raising for: Victim Crisis Fund**

Sponsored by:

Powell River and Region Transition House Society & Powell River Community Services Association



# Fun Facts about Crows

Crows are members of the Corvidae family, which also includes ravens, magpies, and blue jays. Loud, rambunctious, and very intelligent, crows are most often associated with a long history of fear and loathing. They are considered pests by farmers trying to protect their crops and seedlings. Many people fear them simply because of their black feathers, which are often associating them with death. But research demonstrated in *A Murder of Crows* proves crows are actually very social and caring creatures, and also among the smartest animals on the planet.

## Where do crows live?

Crows live all over the world, except for Antarctica.

## What do they eat?

Crows are predators and scavengers, which means that they will eat practically anything. Their diet consists of various road-kill, insects, frogs, snakes, mice, corn, human fast food, even eggs and nestlings of other birds. An adult crow needs about 11 ounces of food daily.

## How many species are there?

There are about 40 or so species in the Corvus genus. These range from pigeon-sized birds to ravens, which can be as much as 24-27 inches long.

## Social Environment

Crows are very social and have a tight-knit family. They roost in huge numbers (in the thousands) to protect themselves from enemies like red-tailed hawks, horned-owls, and raccoons. Crows also use at least 250 different calls. The distress call brings other crows to their aid, as crows will defend unrelated crows. Crows mate for life.



## Close Relatives

The Corvus genus includes the common American crow, ravens, rooks, and other variations, and the wider family (Corvidae) includes jays, magpies, nutcrackers, and other birds.

## Crows and West Nile Virus

Crows are susceptible to West Nile virus, and their deaths are used as early indicators of potential human disease in an area. West Nile Virus has killed 45% of American crows since 1999, though they're still listed as Least Concern species by the International Union for Conservation of Nature.

## What's a murder of crows?

A group of crows is called a "murder." There are several different explanations for the origin of this term, mostly based on old folk tales and superstitions.

For instance, there is a folktale that crows will gather and decide the capital fate of another crow.

Many view the appearance of crows as an omen of death because ravens and crows are scavengers and are generally associated with dead bodies, battlefields, and cemeteries, and they're thought to circle in large numbers above sites where animals or people are expected to soon die.

But the term "murder of crows" mostly reflects a time when groupings of many animals had colorful and poetic names. Other fun examples of "group" names include: an ostentation of peacocks, a parliament of owls, a knot of frogs, and a skulk of foxes.



**Congratulations Youngbloods**  
Lloyd and Adam 9th Annual Memorial Hockey  
Tournament Champions



**Community Garden Gets New Sign**

Ann and Darron have been maintaining the community garden. The sign was carved by Ivan Rosyyske.

# Tla'amin Nation Executive Council Minutes

## August 23rd, 2017

### Council Chambers, Governance House



**Attendance:** All Executive Council

**Resource:** Rod Allan, Cathy Galligos and Judith King

**Guests:** Gail and Drew Blaney with Devin and Ryan Pielle, Sherman Pallen, Kristi Thiele and Brandon Paul.

**1. CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:06 am

**2. APPROVAL OF MINUTES:** July 19, 2017 minutes

*Moved by Lori Wilson  
Seconded by John Hackett*

**3. ADOPTION OF AGENDA:** Motion to adopt the Agenda

*Moved by John Hackett  
Seconded by Lori Wilson*

#### 4. MOTIONS OF COUNCIL:

**4.1** Approval of INAC Amendment # 006 for Wastewater Design and Post-Secondary funds

Motion to approve the amendment moved by consensus.

**4.2** Approval of two Legislative Assembly sessions. The agenda includes amendments to the Land Law and introduction to the Residential Tenancy Law. Motion to call sessions on September 6th and 7th. September 6th begins at 1pm and September 7th starts at 9am.

*Moved by John Hackett  
Seconded by Lori Wilson*

#### 5. PRESENTATION: 2017 CANOE JOURNEY GROUP

A pre-discussion took place on Tla'amin Nation hosting a tribal canoe journey in 2020. The timeframe would give Tla'amin three years to prepare for such an event. The 2017 Tribal Canoe Journey participants attended the meeting. Clint welcomed everyone. Gail and Drew Blaney attended to talk about their vision of a future canoe journey hosted by the Nation.

Gail feels that they could get enough volunteers involved to serve the different functions needed to do a successful, 10-day event. Drew has begun conversations about fund-raising and he was thinking of putting together a committee for the 2020 journey. In 2001, Sliammon hosted a canoe stop and people still remember this event. Drew mentioned that many enthusiastic youths were involved with the 2017 canoe journey. For them, it was an experience of pride and energy.

Drew mentioned all the components needed to host an event; also, having a volunteer committee to organize and coordinate the events. Clint believes the new group is keen to do a good job of hosting. Larry said it is going to take all of the community to make the 2020 event a success. There will be decisions that will need to be made and the group needs to have someone who can make such decisions. The group expects 2,000 persons to attend each day. Plans have already been formed to look at the event in the community. Executive Council accepts the challenge of hosting, and the consensus is that Executive Council supports the event.

#### 6.0 NEW BUSINESS:

**6.1 Administration & Finance:** Judith King's retirement was announced to Council. The job for Executive Assistant, Law Registry Clerk and

Government Secretary will be posted in the PR Peak and Neh Motl. The competition is open until the position is filled.

#### 6.2 Citizenship & Membership:

**6.2.1** Transfer-in of status persons from other First Nations discussion took place. Council is looking to amend the process of designating citizenship. The Citizenship Committee (CC) needs the approval of Council before they can approve a new member. Council to ask the Committee to attend the September 06th Council meeting regarding any new transfer-ins. It is expected the Committee will report on past reports. There is a halt currently in place on new members until it is decided how we are going to go forward. Rod will give Citizenship Committee this request.

**6.2.2** Awarding honorary citizenship was discussed. In the Laws, honorary citizens are not eligible for benefits, such as the Healthy Living Dividend. However, long-standing, non-Members living in the community receive food fish, elders' firewood and housing. The process is in the Law. Rod will follow up for next meeting.

#### 6.3 Cultural:

**6.3.1.** Phil Russel and Cyndi Pallen attended to update Council on the canoe reconciliation project. On August 14th, the log from Rivers Inlet was delivered to Willingdon Beach. Carving will start September 21st. This canoe will open doors for the travel journey in 2020. There was a mention of where the canoe will be stored when it is finished. It was suggested that The Rotary Club of Powell River could help with a shelter.

**6.3.2** After the canoe update, Council discussed the construction of a structure to store all of the Nations canoes. Locations and kinds of structures were highlighted. It was suggested to build a structure to the north of Governance House, just off the grassy area.

**6.3.3** A discussion began on where to put a Longhouse. One suggestion was Gibson's Beach.

**6.4 Education:** NVIATS requires a summary report on the summer student program. Employment was based on the criteria that students have good, academic marks in their past school year. Some students received less work because their grades did not meet the criteria.

**6.5 Elders & Youth:** There is a student leadership workshop hosted by Naut'sa Mawt Tribal Council at Haywire Bay on August 22 – 25, 2017.

**6.6 Emergency Services:** Jim Armstrong is the new Tla'amin Fire Chief and there is a change-over of Fire Chiefs. First responder training is going to be very important. Jim is a trainer for Northside Fire Department. There will be a thank-you for the outgoing Chief and First Responders

Tla'amin Nation may be looking to have a bush response truck for fires and emergency response in remote areas of Tla'amin Lands. It was suggested to look at what vehicle is available and the cost for a bush response unit.

**6.7 Environment:** Lafarge is being proactive with their operations and alerting the Nation to their changes. Executive Council can feel free to talk to Andre or Stephanie.

**6.8 Fisheries and Hatchery:** Cathy presented her request to acquire 30 double-walled fishing totes. The cost is \$20,250 and she is confident this is a good purchase for the future. The total project will cost approximately \$24,000 and totes can be branded with the name Tla'amin so that we know that they belong to the Nation. Cathy proposes to fund the purchase through the remaining TSL 001 revenue. Council approves the expenditure by consensus. In addition, if the opportunity to purchase spring or coho fish is available, Council will seek a food fish investment.

### 6.9 Forestry:

**6.9.1** A timber supply analysis (TSA) on the Tla'amin Provincial Forest Licenses (tenures) was discussed.

It is considered that a TSA would provide a better gauge on the annual allowable cut we can do on Treaty Settlement Land. The cost for reviewing the timber profile on TSL is an extra \$22,000. It could be done at the same time as the Thichum analysis. Tla'amin would save money in the long run. Forsite Consultants can complete an analysis and assure us that they will do a thorough report within a reasonable timeframe.

It would be optimum to get a timber profile on the Treaty Settlement Land. Council confirms it is good idea to include tagging the TSL on to the planned project.

**6.9.2.** The TSL 002 Cut Block is the topic Cathy attended to explain. Her work plan for the second cut block is expected to happen in the next nine months. Cathy explained the results of her Open House on July 27th. In the open house, the information about the completed TSL001 was posted. The presentation included some of the projects that were funded through this revenue stream. She received good feedback about future projects that could be funded by the TSL002 cut block.

The request for proposals (RFP) will go in the PR Peak and the Neh Motl in the first week of September. It is open to all bidders and it was noted that there is a 50% down payment for those who are awarded the project. She plans one week to review the proposals. Discussion on building a road, then deactivating road and tree planting afterward. Cathy is always open to suggestions for allocating the forest revenues. In summary, Council supports the TSL002 cut block operation.

**6.10 Housing** – A few years ago there was discussion on demolishing a duplex on Homalco Road. It was not demolished and Paula has

looked into the current condition of the building. She would like to renovate this vacant duplex. Two questions for Council are: do they want to use the beach house sale funds to renovate this duplex and would Council fund the shortage of \$55,000. Council approves by consensus of using beach road house sale funds and finding additional funds to complete the work. It was suggested that if the Nation funds the shortage, then at some point the revenues from this house would be reimbursed back to the Nation. Rod will structure something for the funding the shortfall.

**6.11 Justice & Enforcement** – There is a Justice meeting on September 14th. Verna Francis is the contact.

**6.12 Public Works** - There are two quotes for engineering and design of the Health parking lot. Lori explained the needs for the lot and what is required. BA Black Top gave a quote of \$78,000. When everything is submitted Lori will give Rod all the details. The three bidders are from Gibsons, Courtenay and Powell River. Also, a discussion began on increasing the water supply to the community. It would be advantageous to add an extra steel tank to the water supply.

**6.13 Social Development/Assistance** – A rate increase is scheduled by the Province in October 2017. In 2016, Tla'amin Nation gave an increase to the Christmas bonus. The policy is under review. Rod suggests that at a minimum Tla'amin should fund an extra \$100 to the Basic Needs allowance for all eligible clients. The Tla'amin Social Assistance office will allocate \$100 for now with conditions.

**6.14 Taxation:** Tla'amin has just received a notice via email from the Province regarding perceived errors in the 2016 tax rates for Klahanie leases. Tla'amin will look into the matter.

**6.15 Transition to Self-Government:** Discussion on the Nation's participation in the Land Claims Agreement Coalition. The coalition regards the Land Claims groups across Canada. It was asked what they do for First Nations. In the lead up to self-government, Tla'amin has completed a lot of similar scenarios that the LCAC are involved in. Executive Council will put the matter on hold for now.

### House Post Reports

#### *Natural Resources by Councillor Lori Wilson*

1. Prawn boat and prawn license – the boat is in Campbell River being renovated and it will be operational next summer. Tla'amin is looking at different options for operating the boat. TMS is proposing to undertake the administration of the prawn license. This replaces Fisheries / Lands Department holding the license. There will be a sub-committee meeting on this matter.

2. Treaty Settlement Lands by the Powell River airport discussed. Land use plan has been looked at, but it may need to be changed regarding the purpose and usage of the site. There are some people who are very interested in leasing and they have aired their plans for a business. It

was thought that any amendment to the land use plan will go to a referendum. The site should be leased and not sold.

3. Gibsons Boat launch area which includes the rock ramp will be cemented. We need forms for the repair.

#### *Administration and Finance report by Councillor John Hackett*

John attended a meeting in Vancouver with the Citizenship Committee and Alyssa Melnyk on details in the Citizenship Law.

John expects the Finance Committee to get together soon.

#### *Community Services report by Councillor Larry Louie:*

The next Community Services meeting is on August 25 at 1:00pm, Dillon and Melissa will be there to talk about progress of the treaty implementation; Health is looking for applicants for the HR position. The meeting between Executive Council and the Health Staff was a good session. We plan to have another session in September. Council will go to the next Elder Lunch to ask how things are going.

#### *Public Works report by Councillor Tyrone Wilson*

1. The water crew is finishing up the sand on the second pond.
2. The first Housing Committee meeting is taking place.
3. Village Maintenance activities are ongoing.
4. The Fire Hall news is that things are going smoothly.

**Economic Development report by Hegus Clint Williams** Clint gave an update on the prospective applicants for the CEO position. There is a meeting to shortlist the sixteen who have applied. We will interview four to six persons. Discussion on the duties of a CEO and how diverse the position is.



**Tla'amin Nation Executive Council Minutes (Continued on page 8)**

## **Tla'amin Nation Executive Council Minutes** (Continued from page 7)

### **Other Reports – External Entities**

**Naut'sa mawt Tribal Council by Clint:** Tribal Council session was held here and it was a good session. Everyone liked the new building. Naut'sa mawt's AGM is at River Rock Hotel in Richmond on November 27th and 28th.

**Regional Emergency Executive Committee by Tyrone:** A REEC meeting is scheduled on September 15th.

### **Hegus' Report**

1. Reconciliation canoe project is underway. The 46-foot cedar log is at Willingdon beach. The log was donated by Western Forest Products.
2. Tla'amin Management Services Limited Partnership job posting has closed with 18 applications. Short listing will occur to see who is given an interview.
3. Hegus, Stewart Alsgard and Dave Formosa were interviewed for the BC Treaty Commission's annual report. The video tape will air on the BCTC website.
4. Hegus attended the BC Senior golf championship dinner at Myrtle Point golf club. The dinner was a welcome to all BC golfers participating in this large tourney.
5. Nautsa'mawt Tribal Council held their August meeting at Tla'amin Governance House. All attendees had compliments to share about the new building. The next tribal council session in September will be held in Squirrel Cove at Klahoose Band Office. The AGM will be held in Richmond on November 27 and 28.

## Recognition BBQ for Soccer Players Gold Medal Awards



6. A tour of the Westview parcel of land was taken by Dillon Consulting, the Lands staff, and the interim CEO of TMS. Tla'amin is beginning a rendering process for developing the land.
7. Staff appreciation day was a success. The weather wasn't wonderful, but everyone who attended had a good time.
8. The food fish sockeye run has passed through the area already and Tla'amin will not receive any sockeye this year. We may try to pursue some Chinook or Coho as those food fish are not restricted.
9. This year's Pacific Salmon Foundation dinner will pay respect to the Tla'amin Hatchery's contribution to their enhancement policy since the 1970's.
10. Powell River Regional District are not sure about renaming the Regional District to Qa-thet. It only takes one negative vote to stop the initiative. It is not Tla'amin's place to convince them to change the name.
11. We are looking forward to requesting a meeting with the new Minister of Energy, Mines and Petroleum Resources (EMPR) – Michelle Mungall. We are hoping to get the Freda Creek project on track with the City of Powell River. We may ask Alterra to help start this initiative.
12. The proposal for a community boat was turned down by the QAM&S ?@MS Tala Trust adjudication process. It will be necessary to source another funder for this crew boat, if we want to have a vessel for the Nation.
13. There is a meeting with the Province about Future Acquisition Lands.
14. Dr. Jeanne Paul has been awarded the Doctor of the Year award at a Saskatchewan conference. She phoned to share the news and place a notice in the Neh Motl.



Carvers will be at the Willingdon Beach Site Monday to Friday from 8:30 to 4:30

### **Other Business:**

1. Legacy Society documents for signing by all Executive Council and the signing of the Annual Report by Hegus Clint Williams.

ADJOURNMENT

*Moved by Lori Wilson  
Seconded by John Hackett*

**Meeting adjourned at 1:58pm**

# Health and

**EH KWA'A'NUNS KYE'AMIEUX**  
 "When the people in our community are well again, all around us will also be well."

# Wellness

## Employment Opportunity



### Health Director For Tla'amin Nation

#### Health Director

Tla'amin Nation is responsible for the operation of a modern and progressive health service facility and a child development centre. The Nation is seeking a qualified Health Director (HD) to lead the organization through an exciting period of growth, building on an exemplary track record. We are seeking a high energy, skilled HD to lead us through its second seven-year Community Health Plan with its accreditation status and unionized employees.

#### Primary Responsibilities

The Health Director is responsible for the day-to-day management of the community's health and child development services, providing sound leadership in the area of program development; strategic planning; operating and capital budgeting; staff development; community and media relations. Government and funding experience is an asset.

#### Qualifications

A minimum of 5 years' experience in progressive health care management plus a degree in Health Care Administration or Business Administration is preferred. An equivalent combination of education, training and experience that has positioned you for this role will also be considered. Experience with unionization and accreditation processes, strong background and knowledge of fiscal management, and the ability to manage key government and funder relationships are assets.

#### To Apply

**Applications with a cover letter and Resume/CV will be received until October 13th, 2017 and may be emailed to [hr@tn-bc.ca](mailto:hr@tn-bc.ca) with the subject of Health Director.** This is a full time position with an attractive compensation package. Only those selected for an interview will be contacted.



**Kim Markel demonstrates how to inject a needle from the Naloxone kit**

#### What are opioids?

Opioids are a class of drug or medication which includes morphine, heroin, methadone, fentanyl, and oxycodone. They are most often prescribed for pain relief. Opioids are safe when correctly used and in ways that are well understood and managed.

#### What is an opioid overdose?

An opioid drug overdose happens when you take more opioids than your body can handle. Breathing may become irregular and slow, and a person may not respond to stimulation. If someone cannot breathe, or is not breathing enough, the oxygen levels in the blood decrease. This can lead to brain damage, cardiac arrest, and death.

#### Why is opioid overdose an important public health issue?

Canada is one of the largest per capita consumers of prescription opioids in the world. The number of opioid overdoses per year in Canada continues to rise.

In recent years in B.C. the number of deaths related to illegal drug overdoses has been more than 300 per year – and continues to rise. This is greater than the number of deaths related to motor vehicle crashes.

#### What is naloxone?

Naloxone is a drug that can reverse opioid overdose. It is available in injectable and nasal spray (or "intranasal") formulations. In Canada, intranasal naloxone is not yet available to the general public.

Naloxone can quickly reverse the effects of opioid drugs. It binds to the same sites (receptors) in the brain as opioids. When naloxone is given it pushes the opioid from the receptor to restore a normal breathing rate. Naloxone can reverse slowed breathing within 3 to 5 minutes. A second dose of naloxone may be needed if the first dose does not restore normal breathing.

# Healthy Happenings

It's that time again Getting back into the groove of exercise ie walking, running, swimming, group sports (soccer, hockey, karate)  
Let's all get in the mood to move!

***"You maybe sore today but strong tomorrow"***

We had 4 staff moving on. Brendan Behan our Health Director, Shelley Clements our Community health nurse, Tyler Peters the Youth wellness coordinator and Rachele Spencer an Early Childhood educator. We wish them success in their new ventures. These 4 positions including the Home and community nurse and a Human Resources advisor will soon be filled.

Focus for September was informational sessions on FASD, Diabetes, and Nutrition. Please feel at ease to attend any of our up-coming Health workshops and/or activities.

*Sandra Tom/Associate Health Director*

## Annual Vision Clinic will be held at Tla'amin Health November 21, 22, & 23, 2017.

If you require an eye exam and glasses prior approval is required and forms need to be filled out as soon as possible. This clinic is also available for non-status clients with minimal cost of \$46.00 for the exam.

Contact Margaret Rossi to register or pick up forms at Tla'amin Health reception

## Dentist Clinic-October 27, 2017

Contact Cathy Paul

## Breast Cancer Awareness walk Wednesday October 18<sup>th</sup> 11:00 @ Health – Lunch to follow

Contact Dawna Pallen



BREAST CANCER  
AWARENESS

## Community Candlelight Ceremony

We will be doing burning for our loved ones who have gone on their Spiritual Journey



### Burning

**November 23/17 – Thursday**  
Burning starts @ 12:00  
Tla'amin Health Center.

Preparation for the cooking/burning will be on Thursday morning 9:30-11:00 at the health center. You are welcome to bring your own plate/food to the burning for your loved one.

### DINNER

**November 24/17 - Friday**  
4:30  
Place to be determined

Information: Contact Dawna Pallen @ 604.483.3009

## Come Celebrate our Tla'amin Language with Elder Betty Wilson

Tuesday October 31<sup>st</sup>, we will hold a celebration of Tla'amin Language. Our guest speaker for this event is none other than our Betty Wilson.

Lunch will be served at the event, and we are inviting all neighbouring communities to attend.

**11:00 am**  
**lunch will be provided**  
**Salish Center (Gym)**

**Door prizes available, so come early!**

## Elders Corner



Fund Raiser T Shirts are available for sale. These sturdy cotton polyester blend shirts have Tla'amin Nations Logo, with the words "Past, Present, and Future in Tla'amin and English. Shirts are available in small-medium-large and 2xlarge. They are \$25 each, and all proceeds go to our Elder 2018 Gathering in Cowichan Territory July 10-13. Contact Elder Coordinator 604 483 3009 ext 226 for availability.

Tla'amin Elder Gathering celebrating our Language and Culture. Our Elder Betty Wilson will be honoured with a feast Tuesday October 31<sup>st</sup> at 11-am-3pm. Guest invited will also include members of our neighbouring Communities. Door prizes will be available. Location: Salish Center (gym)  
Elder Day Program:

**Tuesday October 3: Thanksgiving Luncheon.** We will be serving a Ham luncheon and all the fixings. Bring your appetite!

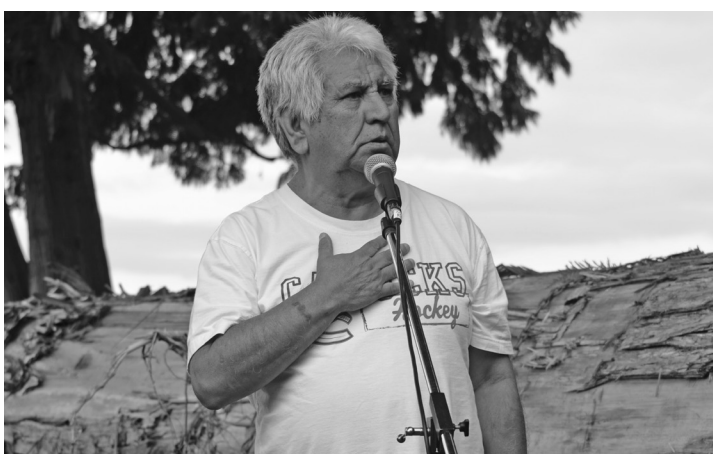
**Tuesday October 10<sup>th</sup>: No EDP**

**Friday October 13<sup>th</sup> Spaghetti luncheon fundraiser:** there will be a fund raiser for our Elders at the Salish Center. Cost \$5 per plate, includes garlic bread, main course and beverage. All proceeds to go to the 2018 Gathering in Cowichan. Light entertainment will be provided.

**Tuesday October 17<sup>th</sup>:** EDP Luncheon 11-1pm

**Tuesday October 24<sup>th</sup>:** EDP: special guest Ryan Thoms from the City of Powell River will present on disaster preparedness. This is an important and informative meeting, all are invited (lunch to follow)

**October 31<sup>st</sup> No EDP:** instead, there will be a Gathering and feast for lunch at the Salish Center. All Elders from surrounding communities are invited. Come Celebrate our language and culture.



John Louie at the unchaining of the Grandfather log

## Tla'amin Community Kitchen



Thursday October 19, 2017 -  
1:00 - 4:00pm  
Tla'amin Health Kitchen

Get together to make meals that are easy and cost effective.  
Must register with Dawna, Class size 4-5 ppl.  
Information: Contact Dawna @ 604.483.3009 ext. 244

## Family Support & Wellness Programs for October



The Family Support and Wellness provides guidance and emotional support for community members who may be going through difficult times. Will also advocate, help find information/resources and make referrals on your behalf as well as provide transportation for those in need.

**Tuesdays** Yoga @ Salish Centre 10am

**Wednesday** Grief & Loss – 6 Sessions beginning October 11<sup>th</sup> – November 15<sup>th</sup>  
10am – 12 Lunch provided

**Thursday** Social & Crafts Group - 10 – 2pm  
October 19<sup>th</sup> Colleen Mudry - How to manage conflict  
October 26<sup>th</sup> Liane LeBlanc - Dietician - Healthy Cooking/Snacks

To register for these program's call Sally @ 604.483-3009

## Youth Wellness Coordinator Tla'amin Health – Full-time Permanent

The Youth Wellness Coordinator will work in a collaborative and culturally safe way to plan and implement appropriate wellness education and events with a particular focus on youth wellness.

**Job Title:** Youth Wellness Coordinator  
**Work site:** Health Facility  
**Status:** Full-time Permanent  
**Start date:** As soon as possible  
**Salary:** \$19.61/hr  
**Hours:** Most shifts will be 7 hours in length and usually Monday-Fridays  
**Reference:** #10132017

### QUALIFICATIONS:

1. Certificate or degree in health or human services
2. Experience in health services and services to youth
3. Demonstrated ability to work collaboratively with multi-disciplinary service partners and stakeholders
4. Demonstrated ability to do presentations to groups/community
5. Class 5 B.C. Driver's License and Clear Driver's Abstract
6. Willingness to attain a Class 4 B.C. Driver's license
7. Extensive working knowledge of Tla'amin First Nation resources and culture
8. Knowledge of Tla'amin language is an asset
9. Knowledge and awareness of health priorities for First Nations youth
10. Must be computer literate with Microsoft programs
11. Above average written and verbal skills

### KNOWLEDGE, SKILLS & ABILITIES:

1. Develop, deliver and evaluate culturally relevant wellness promotion and education events and activities with a particular focus on youth within Tla'amin community
  2. Review and assist with development and accessibility of culturally appropriate resources for Tla'amin Health Services
  3. Ensure that appropriate wellness promotion information is disseminated to the community in a timely manner including information about Health services programs
  4. Develop, maintain and provide appropriate informational resources as required
  5. Provide and maintain accurate wellness promotion reports, documents and files
  6. Perform other related duties as required relative to Health and Wellness Promotion for youth
  7. Work as part of the Circle of Team interdisciplinary primary health care team, attending regular meetings, providing services for youth identified with health issues, and early identification of youth service needs
- Ability to organize and manage multiple resources, groups and community data
  - Ability to be independent, motivated and innovative

The successful applicant will be required to work in accordance with the BCGEU Collective Agreement along with all the policies and benefits therein, in addition to all relevant Tla'amin Health policies and procedures.

**Only short-listed applicants will be contacted for this posting.**

**Send a resume accompanied with a cover letter, by email or fax  
by October 13, 2017 no later than 4:30 p.m.**

By email: [rose.adams@tn-bc.ca](mailto:rose.adams@tn-bc.ca)  
By Fax: (604) 483-3410  
Attention: Rose Adams

# Why Breakfast Programs are a Game Changer



If kids aren't hungry first thing in the morning, be sure to pack a breakfast that they can eat a little later on the bus or between classes. Fresh fruit, cereal, nuts, or half a peanut butter and banana sandwich are nutritious, easy to make, and easy for kids to take along.

You also may want to check out the breakfasts available at school or daycare. Some offer breakfasts and provide them for free or at reduced prices for families with limited incomes. If your kids eat breakfast outside the home, talk with them about how to make healthy selections. What not to serve for breakfast is important too. Sure, toaster pastries and some breakfast bars are portable, easy, and appealing to kids. But many have no more nutritional value than a candy bar and are high in sugar and calories. Read the nutrition labels carefully before you toss these breakfast bars and pastries into your shopping cart.

You probably heard it from your own parents: Breakfast is the most important meal of the day. But now you're the one saying it — to your sleepy, frazzled, grumpy kids, who insist "I'm not hungry" as you try to get everyone fed and moving in the morning.

Even if you eat a healthy morning meal every day, it can be tough to get kids fueled up in time for school, childcare, or a day of play. But it's important to try. Here's how to make breakfast more appealing for everyone.

## Why Bother With Breakfast?

Breakfast is a great way to give the body the refueling it needs. Kids who eat breakfast tend to eat healthier overall and are more likely to participate in physical activities — two great ways to help maintain a healthy weight.

Skipping breakfast can make kids feel tired, restless, or irritable. In the morning, their bodies need to refuel for the day ahead after going without food for 8 to 12 hours during sleep. Their mood and energy can drop by midmorning if they don't eat at least a small morning meal.

Breakfast also can help keep kids' weight in check. Breakfast kick-starts the body's metabolism, the process by which the body converts the fuel in food to energy. And when the metabolism gets moving, the body starts burning calories.

Also, people who don't eat breakfast often consume more calories throughout the day and are more likely to be overweight. That's because someone who skips breakfast is likely to get famished before lunchtime and snack on high-calorie foods or overeat at lunch.

## Breakfast Brain Power

It's important for kids to have breakfast every day, but what they eat in the morning is crucial too. Choosing breakfast foods that are rich in

whole grains, fiber, and protein while low in added sugar may boost kids' attention span, concentration, and memory — which they need to learn in school.

Kids who eat breakfast are more likely to get fiber, calcium, and other important nutrients. They also tend to keep their weight under control, have lower blood cholesterol levels and fewer absences from school, and make fewer trips to the school nurse with stomach complaints related to hunger.

## Making Breakfast Happen

It would be great to serve whole-grain waffles, fresh fruit, and low-fat milk each morning. But it can be difficult to make a healthy breakfast happen when you're rushing to get yourself and the kids ready in the morning and juggling the general household chaos. So try these practical suggestions to ensure that — even in a rush — your kids get a good breakfast before they're out the door:

- stock your kitchen with healthy breakfast options
- prepare as much as you can the night before (get dishes and utensils ready, cut up fruit, etc.)
- get everyone up 10 minutes earlier
- let kids help plan and prepare breakfast
- have grab-and-go alternatives (fresh fruit; individual boxes or baggies of whole-grain, low-sugar cereal; yogurt or smoothies; trail mix) on days when there is little or no time to eat

## Homalco's 2nd Gratitude Day

October 21/ 2017

**Theme: Journey to a new freedom**



Guest Speaker: Albert H.

### Admission by Donation

Please call to pre-register

Registration 9am

Meetings all day starting-10am

### Lunch-Dinner provided

Cultural Entertainment /Smudging/  
cedar brushing

Countdown / Speaker / Dance

Chair Man Glen P.

Co-Chair Woman Marilyn H.

**\*This event is open to everyone!\***

Location: Homalco Hall, 1218 Bute Crescent

Contact: Glen 250-923-3976 or 250-204-0492

Marilyn 250-923-3976 or 250-203-3406

## On October 1, 2017, the FNHA will join BC PharmaCare, becoming part of the provincial drug benefits insurance program.

The transition to PharmaCare is part of an overall plan to bring decision-making about health benefits closer to home and into the hands of First Nations. Bringing the program home to BC is our first step in improving it. The FNHA PharmaCare plan will be a fully paid plan and BC PharmaCare will be the first payer for FNHA clients. Key benefits of this transition include:

- Providing clients with increased ease of access to benefits and services.
- A streamlined approvals process that reduces the number of steps needed for prescriptions approvals.
- Integrating benefits with the Province of BC will reduce confusion for clients who often have to navigate both federal and provincial services.
- A closer working partnership with PharmaCare, pharmacists, and physicians/nurse practitioners, all of whom have an interest in better outcomes for FNHA clients.
- Once the transition is complete, we'll be better positioned to transform benefits to reflect the cultures and perspectives of BC First Nations and incorporate First Nations' models of wellness.
- Over time, stronger relationships will be developed with providers to better coordinate benefits and fully integrate the program within a client's circle of care.

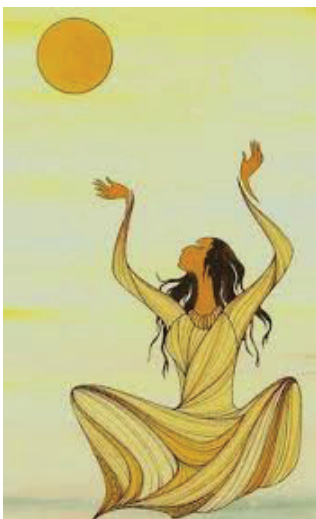
Approval processes for drugs needing special authorization will be streamlined, and most clients will not see a change at the pharmacy counter.

For a small percentage of clients however, there will be a few changes. If you have any questions about the medication you're receiving, we recommend speaking with your doctor or other health care provider.

It's also a good idea to bring both your BC Services Card/CareCard and your Status Card to the pharmacy to access your drug benefits. If you don't have your MSP premiums paid by FNHA yet, contact our FNHA client support representative to enroll at 1.855.550.5454. If you've received a letter from FNHA regarding the transition to PharmaCare, you already have MSP coverage through FNHA.

Clients currently using a pharmacy NOT enrolled as a provider in the BC PharmaCare program will need to switch pharmacies before receiving pharmaceutical benefits through PharmaCare. View the list of pharmacies not enrolled with PharmaCare [here](#).

If you're preparing to travel out-of-province, plan ahead and fill prescriptions in advance here in BC before leaving. PharmaCare is a BC program, and cannot pay for prescriptions filled in other provinces.



## λasəm saltx<sup>w</sup>

### Strong Woman

Next gathering is on Wednesday, October 25th from 4:30 PM – 6:30 PM. Guests will be having a yoga class! Please register with Kim at health.

*The strong woman group is a time for women to talk about health and wellness, share ideas and concerns, learn about our community and its resources and sit down to a meal together.*

# OCTOBER ACTIVITIES



4th- Car seat clinic @ the CDRC (get your car seat checked and installed correctly. More information will be sent out soon with specific times)

4th, 11th, 18th, 25th – family cultural night @ the CDRC from 4:30-7pm

10th – Orca bus @ CDRC from 9:30-11:30am



26th-pumpkin carving night @ the CDRC from 4:30-6:30pm (please register so we have enough pumpkins. 604-483-3449 (ext.4 or 6)

31st – Halloween party @ the CDRC from 2:30-4:30pm



game changer. This keeps the Society moving toward sustainability by enabling it to apply for grants and provide tax receipts for donations.

The community's use of Powell River Hospice Society care services has seen an increase in referrals of 40% over the past year. This important service is achieved through volunteer's provide

support in people's homes, the hospital and long term care facilities. Support has been provided to 40 families so far this year.

Bereavement support requests have doubled over the past year. The Society is offering two grief and support groups this fall. One group will meet in Powell River on Tuesday evenings for October and November (8 weeks) from 7 to 8:30 pm at Willingdon Creek Village. The second group will meet on Texada Island at Mary's Café (downstairs) October 14, 15, 28 and 29 from 10:30 am to 3:30 pm each day.

On September 30, the Hospice Society will have a table set up at the Wellness Fair in the Powell River Complex to provide information and to answer your inquiries. In October there will be two performances by the Target Theatre called I'm Still here : a research-based drama on living with dementia. The performances will be on October 3 at 2pm in the Library and at 7pm in Willingdon Creek Village with ticket

available at Ecosentials, River City Coffee, Powell River Chiropractic and Willingdon Creek Village for \$15.00. There will be a question and answer period following each performance. The Hospice Society will also be providing two free community workshops on Advance Care Planning in early 2018 with the date and time to be determined.

Volunteers are the backbone of the Powell River Society and there are several ways for members of the public to join the Hospice Society in meeting the needs of Powell River. The next volunteer training course for working directly with people in the community will be in the spring of 2018 and we are currently keeping a list of people interested in this 28 hour course. We are also looking for people to assist fund raising events. If life is too busy but you want to show support for the Hospice Society you can become a member at \$10.00 annually and receive updates, invitations, attend our Annual General Meeting and vote for the Board of Directors.

To celebrate the Powell River Hospice Society recently being granted Charitable Status we are inviting everyone to a Burger and Beer night on September 30 from 5pm-8pm at the Carlson Club. Tickets \$12.00

Web page [www.prhospice.org](http://www.prhospice.org)  
 Email: [powellriverhospice@gmail.com](mailto:powellriverhospice@gmail.com)  
 Powell River Hospice 604-223-7309  
 Follow us on FB

Fall is on the horizon and instead of settling in for a long winter nap, the Powell River Hospice Society is going full steam ahead to meet the increase of bereavement and hospice referrals in our region in 2017. Following are a few highlights of this amazing year.

In July the PR Hospice Society received unanimous support from the Regional District to conduct a feasibility study about utilizing the Powell River Regional Hospital District Willingdon Creek Village property to construct a hospice facility. Additionally, the Regional Board unanimously carried the motion to send a letter to Vancouver Coastal Health on behalf of the Powell River Hospice Society regarding a commitment to long-term operational funding for a Hospice House. At the end of August, written confirmation of funding for staffing and operation of a 4 bed Hospice House in Powell River was received by the Regional District. Initial meetings of the three stake holders were held in September. In September 2017, the Hospice Society received Charitable Status, which is a



**NORTH VANCOUVER ISLAND  
 ABORIGINAL  
 TRAINING SOCIETY**  
 1211 Cypress Street,  
 Campbell River, BC V9W 2Z3  
 1-250-286-3455

## NVIATS

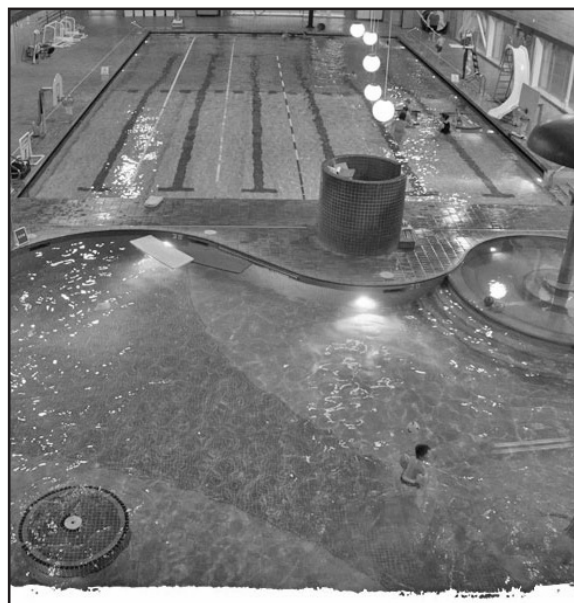
will be here on

**Tuesday, October 17th: 8:30am-3:30 pm**  
**Place: Governance Building**

- Funding for school- trades, short courses, level 3 first aid
- Resume building
- Career counselling/Ready to work programs

To see Lorraine Redpath for an appointment please call or via email: [lredpath@nviats.com](mailto:lredpath@nviats.com) or [lbilous@nviats.com](mailto:lbilous@nviats.com)

## Tla'amin Nation Public Swim @ Complex



Sending out information regarding the Complex swim, that starts October 13, 2017, Fridays and October 16, 2017 Mondays, we want our participants to sign in and in the right age group, for financial purposes. This is how the Complex bills Tla'amin Health based on where and who has signed in each age group.

For those who are going as families, please sign in the area required, also adults please sign in for your child/ren. Last year we had children signing in the wrong age group.

Under 7 children must be accompanied by adult/s. We are not responsible for your child/ren if you drop them off. This event is enjoyed by our community members, we hope to continue to provide, if we can keep our costs low.

Emote

Dawna Pallen

# Tla'amin Nation Executive Council Minutes

## September 6th, 2017

### Council Chambers, Governance House

**Attendance:** All Executive Council

**Resource:** Rod Allan and Judith King

**Guests:** Patrick Brabazon, Al Radke, Brenda Paquin, Phil Russell and Cyndi Pallen

**1. CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:09 am

**2. APPROVAL OF MINUTES:** August 23, 2017 minutes

*Moved by Tyrone Wilson  
Seconded by Lori Wilson*

**3. ADOPTION OF AGENDA:** Motion to adopt the Agenda

*Moved by John Hackett  
Seconded by Lori Wilson*

**4.0 PRESENTATION:** Patrick Brabazon, Al Radke and Brenda Paquin attended to have an open discussion on the Regional District's proposed name change. Tla'amin Elders have offered a word, which is qathet, that could become the new name of the Regional District's territory from Toba and Jervis Inlets to Lasqueti Island. Patrick is asking for a letter from Tla'amin to support the endorsement of the name change. Hegus Williams confirmed that Tla'amin would be able to provide a letter before September 30th. Regional Board of Directors has approved the name change and the subject is going to several community consultations in the District.

#### 5.0 NEW BUSINESS:

##### 5.1 Administration & Finance:

**5.1.1** Finance is waiting to hear from KPMG regarding completion of the 2016-2017 audited financial statements. KPMG is the designated auditing firm for 2017-2018 fiscal year.

**5.1.2** Executive Council will be pursuing regular management reports from the senior managers for presentation at the first Council meeting of the month.

##### 5.2 Culture:

**5.2.1** A meeting with the Regional District took place this morning to discuss the Shelter Point longhouse. The District is paying for the engineering and design.

**5.2.2** Phil Russell requested a letter from Clint which acknowledges Tla'amin Nation's goal to host 2020 canoe journey in their traditional territory.

**5.3 Education** – An Education Management meeting should be scheduled soon, now that school is back in session.

**5.4 Elders and Youth** – On Tuesday, August 29th, Hegus Clint, Rod Allan and Lori Wilson met with the Elders. Discussions included the food fish program, Health Living Dividend, home ownership and use of disable-equipped houses.

**5.5 Emergency Services** – Jim Armstrong, the new fire chief started this week. It was suggested that Floyd George be the honorary Elder at the Pacific Salmon Foundation Dinner. It was suggested to reserve two tables at the event as the Hatchery Crew will be honoured this time by the Foundation. Discussion began on the BBQ celebration and what gifts should be given to the retirees and soccer players. Discussion on honouring the Canoe Family and the Soccer players who won gold at the Indigenous Games.

##### 5.6 Fishery & Hatchery:

**5.6.1** Joint Fisheries Committee (JFC) is meeting next Thursday in Richmond. Lori Wilson and Cathy Galligos will attend. There was a discussion about Denise Smith, Lands Manager providing a letter to the JFC (next week) about the closure of the crab and commercial shellfish fishery in Tla'amin traditional territory. Lands department will be asking for a ban on fishing licenses.

**5.6.2** The Wannauk vessel has been sold for the asking price.

**5.7 Forestry:** Concerning the TSL002 cut block, the bid invite has been submitted to the newspapers and it will be open for the month of September. John Hackett mentioned they went to visit Harwood Island looking for an appropriate place to dislodge logs. Of all the sites, the location beside the cabin is suitable.

**5.8 Housing:** There are evictions taking place because the occupants in Nation-owned houses do not engage with the Nation and refuse to pay rent. These renters have given no response to the Nation's requests. A letter will be sent to the people not in good standing. These evictions are documented and are for both housing and post-secondary debtors. There are four representatives on the Housing Committee and they will be meeting Sept. 19th.

**5.9 Justice and Enforcement:** The annual Justice meeting is on September 14th in the community room. The RCMP, MCFD and other front-line agencies will be invited to lunch and will discuss important issues. The individual attendees will present their annual reports.

**5.10 Lands:** The amendment to the Land Law is being presented to the Legislature this afternoon.



We are asking Murray to highlight the changes and it is requested to hold the questions until the end of the presentation.

**5.11 Public Works:** Clint indicates Tla'amin needs a works yard; Council and public works staff will be devoting time to this initiative.

**5.12 Social Assistance and Development:** Regarding homes where the mortgage has been paid through the Social Assistance office, the restricted fee simple aspect is a determinant in awarding home ownership. It was asked if occupants are long-term SA clients, are they able to maintain and upkeep the house, if they are still on social assistance. Without a mortgage, a homeowner could enter into a maintenance agreement. Discussion began on the realities of being a home owner and eventually paying taxes on the home. A Social Policy is being finalized and will address this issue.

**5.13 Taxation:** There has been no notice from the Province on their 2016 taxation query.

#### HOUSE POSTS

**Lands and Resources** report by Lori: She is still getting the final quote for the Salish Drive upgrade. Fortunately, Lori found the drawings for the water valve and storm sewer improvements and will forward them to Rod. Everything is good with the boat repair in Campbell River. There will be a sub-committee for the prawn license and it is likely we will contract someone to take on this project.



Special thanks to the City of Powell River for the donation of the loggers sports bench to our people, this bench is a beautiful addition to our display at the Governance House and we are extremely grateful to receive this wonderful gift. Again thank you very much on behalf of the Tla'amin Nation!

Hegus Clint Williams

## Tla'amin Nation Executive Council Minutes

September 6th, 2017

Council Chambers, Governance House

**Finance & Administration** report by John: Finance Committee chair is calling a meeting for late September. Healthy Living Dividend initiative is 80% completed.

**Community Services** report by Larry: The August 25th meeting was held. Dillon came and talked about treaty implementation and the strategic plan items that pertain to Community Services. Larry would like to add Recreation to his House Post perhaps forming a committee to spark things first with the Elders and then other community members. Lori asked about the HR Manager posting at the Health Centre. They have had four applicants so far. It was suggested to hire a Human Resources person on a short-term basis to make improvements at Tla'amin Health Centre. There was talk about the Health Executive Director position and when it will be staffed. Next quarterly Community Services meeting is in November.

**Public Works** report by Tyrone: The water treatment plant has completed their sand replacement project. Mike said everything worked well. The Housing Committee will be brought up-to-date on recent events. It is noted that Shawn and Walter are getting together to discuss the boat ramp repair. Jim Armstrong is hired as the new fire chief and there is an open invitation concerning fire-fighters recruitment.

**Economic Development** report by Clint: The plan to purchase pre-made wharfs from a company in Campbell River is not going forward. This project is on hold and will be resumed in the spring of 2018.

### Hegus Report:

1. RBC account manager, Malte Juergensen met with Clint to discuss Tla'amin's future projects. Royal Bank would like to be Tla'amin's bank of choice.
2. Naut'sa mawt Tribal Council' Youth Leadership workshop was a success except for one unpleasant incident.
3. For the 2017 fishing season, the food fish initiative has struck out. We are considering hiring a crew to smoke chum and other salmon from the fall run-up-the river because there was no sockeye this year.
4. The wharf improvement project at Lund has been delayed again reports TMSLP.
5. The CEO of Tla'amin Management Services' job posting closed and interviews are set for September 11th and 12th. There are six or seven interviewees to assess.
6. The posting for the Log Scaler training opportunity has found two interested applicants who meet the requirements. These applicants will be offered the training.
7. There was a walkabout with a gentleman interested in extracting oils from western red cedar stumps. Craig Galligos and Hegus showed him some logging slashes situated around the Lands.
8. Regarding the draft FCRSA, Hegus met with British Columbia representatives. Discussions included: Sechelt incremental treaty

## Interested in the Trades?

### Fast Track to Trades

6-Week Funded Program

NEW START DATE October 16



October 16 - November 24, 2017

\*Financial assistance, such as funded training and child care & transportation subsidies may be available for eligible participants

#### Industry Certificates:

- FoodSafe
- Flaggig
- WCB Level 1 First Aid
- Forklift Operation
- WHMIS

#### Possible Tuition funding in upcoming Trades Programs:

- Automotive Service Technician
- Culinary Arts
- Carpentry
- Hairstylist
- Welding

VIU-Powell River and Career Link are offering a combination program which runs at the Powell River campus—Fast Track to Trades will prepare At-Risk Youth, Aboriginal Peoples and Women for success in entering a trade with employment opportunities locally and across BC by providing a two-phase approach that includes Academic Upgrading along with Essential Skills and Employability Skills training. All areas of training are focused on trade-occupations preparation, including 5 industry certifications.

Eligible participants can jump start a career in trades. Seats are limited. APPLY today and get started on a successful, satisfying, well paid job in the trades.

Contact VIU-Powell River at 604.485.2878



Funding provided by the Government of Canada through the Canada-British Columbia Job Fund.

talks, future acquisition lands, shared volume concept with BCTS and the Theodosia River shared decision-making agreement.

9. The Elk Draw was carried out successfully. Of the seven elk allocations, the draw winners were: Cathy Galligos, Gordon Williams and Pat Galligos who will hunt one elk each in the Haslam area. Gilbert Francis, Kris Louie and Bernie Louie will hunt the Powell Daniels area. The Tla'amin community elk will be taken from the Theodosia watershed area.

### OTHER BUSINESS:

1. A discussion took place regarding the Powell River-Sliammon-Catalyst partnership (PRSC). Catalyst is no longer in the partnership. There are two pieces of land left that are jointly-owned by PRSC. The one piece is the old golf course and the other land is the Gibsons Beach Road area connecting approximately to the Italian Hall. Hegus considers asking the City to approve the dissolution of PRSC with the City taking the old golf course and Tla'amin Nation taking the Gibsons area as Treaty Settlement Land.

2. The 3C Forum is scheduled for September 21st. The meeting begins at 11:00 am and is at the Town Centre Hotel.

### ADJOURNMENT

*Moved by John Hackett  
Seconded by Lori Wilson*

Meeting adjourned at 12:05 pm

# Let's Talk Trash.ca

WHAT IS WASTE?



## Plastic Free Diet

After enduring a long day, you might reward yourself with some takeout on the way home. After indulging in your favourite comfort food, you may be faced with a buffet of plastic leftovers. Styrofoam to-go containers, plastic utensils, ketchup packages, straws and lids and even the



plastic bag that wrapped them all up in a neat bundle, are now yours (and Mother Nature's) to deal with.

You didn't set out to accumulate this plastic karma, but there it is staring you in the conscience. Wanting to do the right thing, you may attempt to sort it all into recyclables, compostables and garbage. But then come the inevitable questions: Can this compostable plastic lid go in the recycling? How clean does this to-go container need to be? Are straws recyclable?

The temptation to toss it all into the trash in an act of frustration is a reality for many. After all,

what does it really matter? A lot, as it turns out.

Consider the following inconvenient truths. According to the Plastic Pollution Coalition:

- Plastic never goes away, it just breaks down into smaller pieces.
- Disposable plastics are the main source of plastic pollution.
- A garbage-truck load of plastic enters the ocean every minute.
- There are about six plastic bags for every single fish in the ocean.

At the end of the day, we don't need these stats to know we are surrounded by an ocean of plastic. But may be hard to imagine our lives without the conveniences and technologies plastic allows. Where should you start to curb your appetite for plastic?

Here are Let's Talk Trash's top tips for plastic free living.

1. Bring your own bag for shopping. Keep it in the car. Put a note by your door that reads, "Got bags?"
2. Pack a reusable water bottle and to-go mug.



5. Avoid buying compostable or biodegradable plastics. They aren't accepted in compost locally, don't break down in back yard composters, and are not recyclable.
6. For other great tips, check out MyPlastic-FreeLife.com
7. Plastic has useful applications, but using it for disposable items is not one of them.

Let's Talk Trash is Powell River Regional District's waste-management education program.



3. Request no straw when you eat out.
4. Pack a reusable container and utensils for to-go food.

<b>Electoral Area C</b>	<b>Mon. Oct. 2 • 6 - 8pm</b> Presentation at 7pm	<b>Lang Bay Hall</b> 11090 Hwy 101, Powell River
<b>City of Powell River</b>	<b>Wed. Oct. 4 • 6 - 8pm</b> Presentation at 7pm	<b>Recreation Complex</b> 5001 Joyce Ave, Powell River
<b>Electoral Area A</b>	<b>Sat. Oct. 7 • 1 - 3pm</b> Presentation at 2pm	<b>Northside Community Recreation Centre</b> 9656 Larson Rd, Lund
<b>Tla'amin Nation</b>	<b>Tues. Oct. 10 • 4 - 6pm</b> Presentation at 5pm	<b>Tla'amin Governance House</b> 4779 Klahanie Dr, Powell River



**In loving memory of  
Mabel Marie Galligos**

**Born: Wednesday, January 28, 1942**  
**Spirit World: Friday, October, 24, 2008**

*Forever in our hearts with strong drum beats  
powerfully vibrating through the grand children  
and great grand children.*

*Eldest sister Gail Blaney and family, twin brother  
Darryl Galligos and family and Terri Mae.*

*Respectfully, Terri Mae Galligos, B.Ed ancestral  
name, Setlakus*

Our lives go on without you  
But nothing is the same  
We have to hide our heartache  
When someone speaks your name  
Sad are the hearts that love you  
Silent are the tears that fall  
Living without you  
is the hardest part of all  
You did so many things for us  
Your heart was so kind and true  
And when we needed someone  
We could always count on you  
The special years will not return  
When we are all together  
But with the love in our hearts  
You walk with us forever



**Happy Birthday in  
Heaven  
Flora Ann Harry  
October 31st**

*Birthday wishes sent to Heaven  
from your family below  
We miss you and Love you  
dearly  
and we wanted you to know*

*Your birthday is not forgotten  
and your memory, lives on  
we celebrate the live you had  
even though your gone.*

*If we were given just one wish  
one that would come true  
we'd wish you back beside us  
to spend this day with you.*

*We will always Love & Miss you  
and often shed a tear  
Especially on your special day  
Year after year  
Happy Birthday Mom  
Love your Family*

**We miss You So Much Brian Jr.**

It's been 10 years sept 25th 2007 when you where called home.could still hear your laugh! Close our eyes see u smiling ...we love u too the moon and back ..until we meet again my son..grandson..brother..nephew..cuz

*Love Dad and family*



**Happy 6th Birthday!**

**Would like to send a birthday wish  
to my Princess Trinidi Tianna  
Williams.**

*Love Always and Forever, Mom*



**Have a very Happy Birthday Mups  
on October 5th.**

*Love from your family*



**Happy Birthday Duane  
October 7th**

*Love from your family*

**Happy belated  
birthday!**

**John (J.B.) Hackett sept 19th.**

**We love u and many more too come .**

**Love Dad and the Hackett and Harry  
Family**



**Happy Birthday Leona  
on October 11th**

*Love from your family*

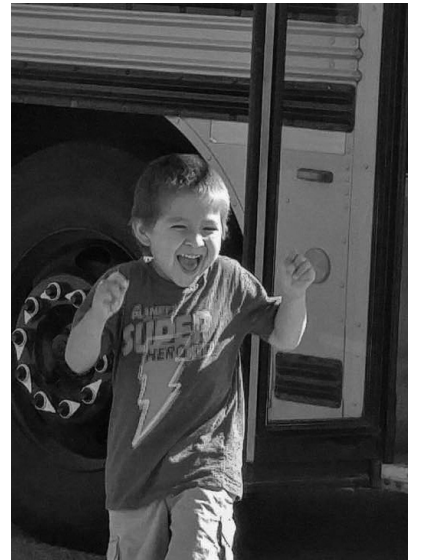
# ANNOUNCEMENTS



Steven and Wendy Galligos would like to formally announce the birth of their two grandchildren - Kaius Klukwenas born may 29 ( 6 weeks early ) and Ms Rylee Jade born June 14

**Bianca Charlotte Marie Louie**  
born on September 13 th 2017 @  
3:38 pm Congratulations too Rebec-  
ca Louie and Travis Harry on there  
beautiful baby girl

**Wishing Ciera a Happy  
Birthday on October  
30th**  
**Love Mom, Dad, Court  
and Kyle**

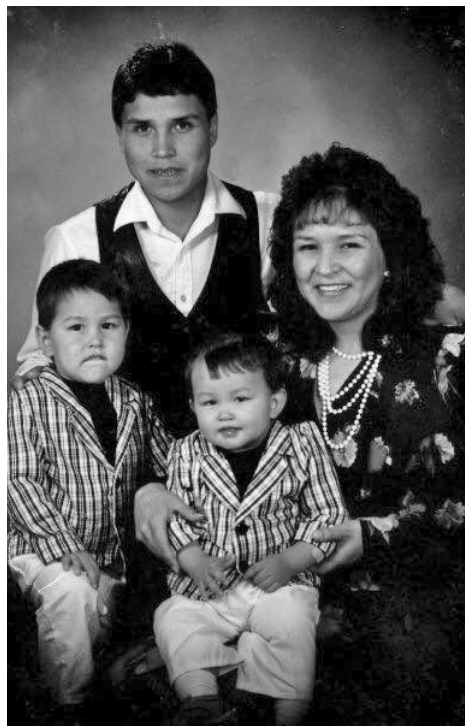


**Rylan is super excited to start  
grade 4**

**Priya loves school and can't  
wait to start grade 1!**

**Adrian and Alexanders first day  
of Kindergarten**

**Adam Kwusen Louie  
Kindergarten  
James Thompson**



**Last year of preschool for Tobin**

**Happy Birthday to our loving  
mother**

**Trinidi and Cecil are decked out  
for their first day of school**

**Makaela looks forward to  
grade 3**

**Love always...your angels**