



# NEHMOTL "Us"

AUGUST 2017

Community News | Events | Updates for the Tla'amin People

## Canoe Families Journey 175 Kilometers to Wei Way Kum

By Devin Pielle

On July 30<sup>th</sup>, Tla'amin pullers on both Cheechlem Chichia & Otaqken headed to Nanaimo to start Tribal Journeys 2017. The final destination for all canoe families this year is in Wei Wai Kai and Wei Way Kum (Campbell River). We will stop in 5 nations including; Snaw-naw-as (Nanoose) Kwalikum (Qualicum), K'omoks (Comox), We Wai Kai (Cape Mudge), and then our final destination, We Wai Kum, on August 5th. Nations have been on the water since July 14th. Protocol and celebrations will be August 5th-10th. Over these 10 days, Tla'amin pullers will be pulling with other canoe families. We have high hopes there will be over 80 canoes this year!

Getting ready for the journey has been months in the making for both canoe families! We have been making regalia, paddles, give aways. We've been fundraising, having drum practice, canoe meetings, and planning our route. Before launching, we will brush the canoes, pullers and land crew for a safe journey. We have been relearning our culture and laughing together! It is an incredible opportunity for our people to just be together; One Heart & One Mind.

Being part of a canoe family is special. The journey is a time for us to reflect on who we were as Tla'amin people, and learn about our ancestors. It is a time to learn new songs and dances. It is a time for us to be proud of who we are and where we come from. It is sacred.



Otaqken will be one of many canoes sharing stories and songs in Wei Way Kum on August 5th

In every community we visit, we will ask permission to come ashore. We will feast, sing and dance. When we arrive in Wei Wai Kai/Wei Wai Kum; there will be the biggest celebrations. Once everyone is ashore, protocol will begin. The nation who travelled from the furthest away will share first. Everyone will share some of their language, songs, and stories. They will share their history and be proud of it. It is powerful and beautiful.

On every journey there is always inspiration in the people and communities you meet along the way. Seeing so many people on the beach waiting for you to come ashore is exciting! Everyone you cross paths with has a story to share, a struggle to overcome. The

journey will help bring all of us healing, laughter, peace, and unity.

Being on the water is the best feeling. When we're tired, and ready to give up; I know our canoe families will lift us up and help us carry on. There is a sense of belonging that is hard to emulate anywhere else. We will feel the drum beats in our chest and we will never forget our new favorite songs.

I know that we will represent our nation well. We will travel the waters with open minds and open hearts for the new teachings. ALL First Nations communities are alive and well in North America. We are ALL bringing back our language and culture; together. This journey will help us accomplish more than just the pull.

I am a firm believer that everyone needs to experience at least one journey in their life. Cheech Lem Chichia and Otaqken canoe families are always in need of new pullers! Please share as many videos as you can on social media. Help us keep this journey alive. If you are able, come witness it yourself. It will inspire you. Come help us represent Tla'amin.

My Granny Sue always said "həm kw ʔi ʔoqʷ, həm kw ʔi məʔ (Hum-kw eee tl-oq, hum-kw eee mutl)" Let the day be good and let the waters be calm.

Chehcheh ha thetch for all of your support to get us on this journey.

Emote

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



## Tla'amin Governance House Updates

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## Pa'aje Silviculture Services Hires Chainsaw Operators

*By Lori Wilson*

Since starting the company in late February Pa'aje has completed two planting contracts and two brushing contracts for 4 different clients. Western Forest Products and BC timber Sales are two of our clients. Unfortunately on July 7 the fire hazard danger rating reached level 5 forcing Pa'aje to voluntarily closed down for the summer. However, we will resume our current brushing contract in the Fall when temperatures and fire risk decreases. On July 11 & 12 Chad Galligos, Austin Harry

and Cody Harry successfully completed the Basic Chainsaw Safety Operator Course offered by PR Vancouver Island University with funding by NVIATS. Chad, Austin and Cody will be joining Pa'aje in the Fall for brushing and in the Spring for tree planting.

Thank you to PR VIU and NVIATS for your sponsorship and dedication to our community. Thank you to Julian Welp for teaching the course and providing a good foundation. Thank you to our new clients from the PR forest industry for their support and opportunity for contracts.



Hi everyone, my name is Glida Hanson Morgan and my parents are the late Eva and Jack Hanson. I am your new community representative for the Natural Resources Committee. The committee meetings are once a month and I look forward to being involved in our Natural Resources Development. I have experience in being a committee member and board of director. I have a Women Studies Diploma from Langara College, a Family Community Counselling Diploma from Native Education College and in my spare time I enjoy singing, traditional native drumming and other cultural activities. I look forward to being on the Natural Resources Committee. Thank you & Emote!

## Message from the Hegus

I hope that everyone has been enjoying the summer weather that we have been experiencing, the sun and heat have been very nice and also the fishing has been pretty good as well.



With these long stretches of warm weather it is important to remember that this does increase our fire danger rating, please respect the fire ban notices that have been posted around our community. We do not want to spark a grass or house fire from some preventable actions such as burning garbage, abandoned campfires or even throwing cigarette butts. This fire ban will continue for some time as it will take multiple days of steady rain to reduce this risk, please be patient.

The 2017 Canoe Journey will be hosted by the We Wai Kai Nation & the We Wai Kum Nation in Campbell River, the canoes are scheduled to arrive at noon on August 5<sup>th</sup> @ the Campbell River Spit. At this moment we have two canoes participating; the Cheechlem Chichia and Otaqken Canoe families. On behalf of the Nation we all wish everyone a safe and enjoyable journey, may the journey be rewarding for you both physically and spiritually. I really hope to be there on August 5<sup>th</sup> to witness the arrival of all of the canoes as this is a very beautiful sight.

Food fish – we are currently trying to access food fish for our people, however this is difficult because the forecasted numbers for Sockeye this year are not great. We will keep pursuing this as long as we can, but at this moment we do not have any set dates for fishing or any distributions planned.

## Healthy Living Dividend

The Healthy Living Dividend will be occurring again this year in September in the amount of \$500. Application forms will be available soon and must be submitted as per instructions.

More information will be coming soon.



# Introducing a Joint Venture Partnership

By Grace Adams

Hello to Tla'amin Citizens and members:

My name is Grace Adams and I am Citizen of Tla'amin Nation, I have a new role with Tla'amin Management Services (formally Development Corporation) who have recently entered into a joint venture with Sunshine Coast Investment Ltd. We will begin exploring economic development opportunities beginning in three priority areas; 1) aquaculture with the oyster, clam and geoduck tenures 2) forestry and sawmill opportunities and 3) purchasing up to 1000 additional ha of treaty settlement land.

Our team is made up of Jason Tian, Betty Lui and Martin Hryniewiecki who are two-part time staff members who will work with myself and our CEO to move forward with concept plans. Our Economic Development Law lays out how economic development decisions are made and we will follow the process. Our joint venture reports to the CEO and to an operating board whose role it is to oversee all businesses operating through Tla'amin Management Services. Members of the operating board are Marlane Christensen, Anthony

George, Mark Anderson, Jay Yule and Fred Chinn.

The Operating Board reports to a Holdings Board made up Roy Francis, Marina Gallagher, Craig Galligos, Jay Yule, Mark Anderson, John Hackett and Hegus Clint Williams. The new business model is something I am learning how to work with, but the core function is economic development plans are ultimately approved by all boards and the Tla'amin Executive and Tla'amin Legislature.

This approval process becomes important when big decisions are made and the need to consult with

Tla'amin Citizens is necessary. Your input will be valuable. The most important part I think is that our joint venture is in constant communication with decision makers whether it is with concept planning, business planning, or education planning.

## Capacity Development

Tla'amin has a land use plan in place and we will be using this as the foundation for our future work. An important part of successfully managing business opportunities is investing in capacity development for our Tla'amin Citizens. Exploratory talks have started

with Vancouver Island University to ensure the necessary training and skillsets are provided to our members to successfully manage our businesses.

I am excited to be part of this new venture and I look forward to meeting and hearing from you on our projects. Look for us to hold an open house in October /November 2017, to have a new website, have a facebook account and twitter account and to have updates in the Neh'motl.

Emote,  
Grace Adams



Jason Tian, Grace Adams and Betty Lui discuss business strategy

## Tla'amin Nation 2017 Roosevelt Elk Allocation

Tla'amin Nation (T.N.) 2017 Elk harvest allocation is a total of Seven (7) elk, the hunting areas are: Powell River/Haslam (3 bulls), Daniels River (2 bulls, 1 either sex) and Theodosia (1 bull). Please note that a **compulsory inspection** must be completed for each elk harvested. T.N. will retain one elk for ceremonial purposes, so the official draw will be for a total of six (6) elk for T.N. hunters. However hunters that are willing to volunteer to hunt for the community elk can enter their name into a separate draw if they choose to do so.

This year's elk allocation will be awarded out by a lottery style draw that will be conducted at the front reception area of the T.N. Gov't house located @ 4779 Klahanie road so that anyone who wishes to witness the draw may do so.



The requirements to enter the draw are as follows;

- Must be a Tla'amin Citizen or have a 554 status card
- You **MUST** be able to legally carry a fire arm which means that you must possess a Firearms Acquisition Certificate (F.A.C) card or a minimum of a Possession Only License (P.O.L).

- Entries for the draw will be accepted from July 31, 2017 to August 31, 2017 12:00PM (noon). The draw will be conducted immediately following the closing @ noon.
- Last year's draw winners that harvested an elk successfully will not be entered into this year's draw as agreed upon last year.

### How to enter:

To enter you must provide a photo copy of your valid F.A.C or P.O.L card to the front desk of the Governance House located @ 4779 Klahanie Road, we will do the photo copying for you onsite. The photo copies of each eligible license received will be entered into the bin where the six (6) lucky winners will be selected, the community elk harvester will be selected in a separate draw for those who choose to volunteer. If you have any further questions; Please contact Clint Williams @ (604) 483-9646 extension 107, Cathy Galligos @ extension 119 or Lori Wilson @ extension 108.

## Qames ʔəms tala Settlement Trust

“Our money is put away safely”

August 2017 - Notice from the Trust

### NATOA

The National Aboriginal Trust Officers Association (NATOA) is offering the National Aboriginal Trust Training Program course in October of this year. This is a 3 month course taken online through Lethbridge College. The Qames ʔəms tala Settlement Trust is willing to cover the tuition cost of the course for any Tla'amin Citizens. Call – (604)414-7895 OR email nora.dickey@tn-bc.ca for more details. Citizens who successfully complete the course could be considered as a future Trustee. **We will accept applicants until September 20th, 2017.**



Should you be interested in this opportunity but at a later date, we would like to hear from you also.

### Annual General Meeting

**The Trustees have set the date of Saturday September 9th for our AGM.** This will be at the Salish Centre at 10 AM. Join us for a pancake breakfast and update to the activities of the Trust for the first Fiscal Year beginning April 5th, 2016 to December 31st, 2016. We hope to see you there.

### Economic Development Fund Update

We received 6 business applications to the Economic Development Fund of the Trust in April of this year. Congratulations to the following 4 successful businesses:

1. KLL Welding - Kris Louie Proprietor
2. Soleo Envirotech - Erik Blaney Proprietor
3. Tla'amin Convenience Store - Gail Blaney/Erik Blaney Proprietors
4. Art for the Lund Hotel Project - Tla'amin Nation Proprietor

**The next intake for Stage 1 Applications will be in October 2017.**

Emote

Trustees of Qames ʔəms tala Settlement Trust

Nora Dickey, Kristi Thiele, Alisha Point, Alexander Hugenschmidt, Ann Paul, Beth Harry



## Summer Students Have Options

This summer, thirteen summer students have been matched to various employment positions within our nations departments. Our Lund Hotel provides experience at the gas dock, front desk and room service.

Jara Galligos and Alyssa Louie (above) are obtaining job shadowing at the CDRC where their interests are with child care mentoring and monitoring our children to ensure they get a head start in their education.

Other employment hosts include the hatchery and the lands and resources maintenance crew cleaning up around the community.

Kaycee Mitchell was hired as the Summer Student Coordinator. “I not only want them to enjoy their summer jobs but also to ensure they gain some great work experience at the same time”

Being an eligible summer student meant returning to school in the fall and between the age group of 15-30. The students that met all the criteria – passing grades and good attendance, between 15-30 were awarded with a full 8-week work term. Students that applied but had to complete Summer school were given shortened work terms.

NVIATS and FNEESC were able to help fund the program this year.



**Alisha Point is excited working for Raven Events as the Manager of Community and Company Connections. Open House was well attended on July 28th.**

## Community Service Working Group

**August 25, 2017**

**1:00 pm - Governance House**

(Suggested agenda items)

- Education
- Social Development
- Justice
- Culture and Language
- Elders Gathering 2017.
- Health

Emote

Larry Louie (604-483=9646) ext.131

## Tla'amin Nation Home Finance Program

Tla'amin Nation has partnered with First Credit Union to provide financing to their Community members for the purpose of home purchases and new home construction on its Designated Lands.

### Eligible Persons

Any registered Citizen of Tla'amin Nation

### Eligible Property

Any Tla'amin property that is classified restricted fee simple

### Applications

Our lending service specialist Susan Cooper will manage your application. For further information or to apply please call 604-483-8692 or 604-483-8687 to schedule your appointment.

### Terms and Offerings

- Loans up to \$300,000
- Fixed or floating rate loans from 1 to 5 years at *Preferred Member Rate*
- Life, disability and critical illness insurance are available to protect you from loss
- Standard lending criteria will apply
- All applicants will be required to be or become a member of First Credit Union and operate a personal banking account
- Standard lending fees apply

\* Subject to change  
July 11, 2017



## Tla'amin Nation Home Finance Program Executive Summary (July 11, 2017)



Tla'amin Nation has partnered with First Credit Union to provide financing to their Community members for the purpose of home purchases and new home construction on its Designated Lands.

### Program Summary

The Tla'amin Nation will invest \$2,000,000 with First Credit Union to support this partnership and by pledging these funds to fully secure housing loans for their members and citizens. These funds will be held until the specific loans are paid in full.

Standard lending approval criteria will apply to each applicant and the parties will work together to provide home ownership to as many people as possible in support of this initiative.

- Each individual loan applicant will need to qualify under their own merit.
- The pledge of deposit security will be used to support each applicant and will not be the sole determining factor of the loan approval.
- We will be obtaining consent from each applicant to provide the ability to share information with Tla'amin Executive Council for the purpose of the original application and reporting as needed.
- In the event of default the Tla'amin Nation agrees to make payments to keep the loan current or allow First Credit Union to redeem the deposit security to pay the debt in full.
- First Credit Union and Tla'amin Nation will establish key personnel that will share information as required in order to complete the credit facility in a timely manner.

### Applicant Requirements

- The applicant must meet First Credit Unions normal criteria for approved credit with the exception of security which will be provided by Tla'amin Nation.
- The applicant must be a member of Band #544 Sliammon or a registered Citizen of Tla'amin Nation. The purpose of the loan must meet the criteria set by Tla'amin Nation.
- Must be or become a member of First Credit Union and operate a bank account.
- Must have income from employment or pension that is sufficient to service the loan
- Must provide income verification, identification, asset and liability information and any other information required
- Purchase agreement will be required with Tla'amin Nation selling property to applicant.
- If building a home we will require building plans, proof of Home Protection Registration, building permits and all other necessary documents.

### Rates and Terms

- Maximum loan amount \$300,000
- Maximum amortization 25 years
- Fixed or floating interest rates at mortgage discounted rates for 1 to 5 year terms
- All loans will be open – additional payment and pre-payments allowed with no pre-payment penalties
- No down payment required

## You Asked For It!

Tla'amin Housing Department is pleased to offer Interac payments for your rent now.

Please come in during office hours and use our convenient option to pay your rent. Cash and Cheques still accepted, of course!



## Let's Talk Trash.ca

### WHAT IS WASTE?



### Compost Without Attracting Pests

The heat of summer has arrived, and so may a swarm of flies in your garbage can. Food scraps and food stained pieces of garbage are

an attractive feast for all manner of pests, but there is something you can do. Removing food scraps from your garbage reduces the appeal for flies, rodents and bears and happens to be good for the planet, too. No worries if you aren't interested in composting in your backyard, as the Powell River regional district has a FREE compost drop-off pilot project near the mall in town.

#### Here is how to get involved:

**Step 1.** Choose a small seal-able bucket to collect food scraps in your kitchen. A 4 litre ice cream pail is a great choice and can often be found at the local recycling depot.

**Step 2.** Line the bucket with a little newspaper, some junkmail or cardboard. This will help absorb any liquids and also make cleaning it easier.

**Step 3.** Start collecting food scraps in your kitchen bucket! The compost drop off pilot program accepts all kinds of food scraps in all conditions. See the list in green here to get a complete picture of what's allowed in. A good rule of thumb is, 'If it grows, it goes.' This means items like meat, bones, leftovers gone bad, plate

scrapings from dinner, rotten fruit from your tree, vegetable peels, coffee grounds, used paper napkins, toothpicks and eggshells are all accepted. You may want to keep stinkier items, like fish waste, in your freezer. Store them in a paper bag surrounded by a plastic bag. You don't need to chop up the items before putting them in the bucket, though a few chops may allow more scraps to fit in your bucket.

**Step 4.** Every 3 or 4 days, bring your kitchen bucket (or buckets), along with any frozen collected items, to the Town Centre Recycling Depot. This is located in the parking lot next to Rona by the mall and they are open Mon – Sat 8:00 am – 5:30 pm. Staff can assist you with your first drop off, if you ask. Look for the large green metal bin just outside the depot. Shake out the contents of your bucket into the green bin and remove all plastic bags from frozen food stuff to take back home.

**Step 5.** Rinse out your kitchen bucket at home and start all over again! Once you start collecting food scraps, you may find your visits to your garbage can greatly reduced. After all, 40% of our so-called garbage is actually compostable!

Stay tuned for next month's article all why biodegradable plastics aren't so fantastic!

Let's Talk Trash is the Powell River regional district's waste management education program. It is their goal to help move the region closer to the goal of Zero Waste. Contact [info@letstalk-trash.ca](mailto:info@letstalk-trash.ca) or 604-485-0020.

### WHAT GOES IN? Food scraps, yard waste & food-soiled paper.

- Meat & Bones
- Fish & Shellfish
- Grains & Pasta
- Plate Scrapings
- Dairy Products
- Eggs & Eggshells
- Fruit & Veggies
- Food-soiled Paper & Cardboard
- Paper Coffee Filters, Coffee Grounds & Paper Tea Bags
- Wooden Utensils, Skewers & Toothpicks
- Yard Waste (no invasive species or any branches/limbs larger than 1" in diameter).



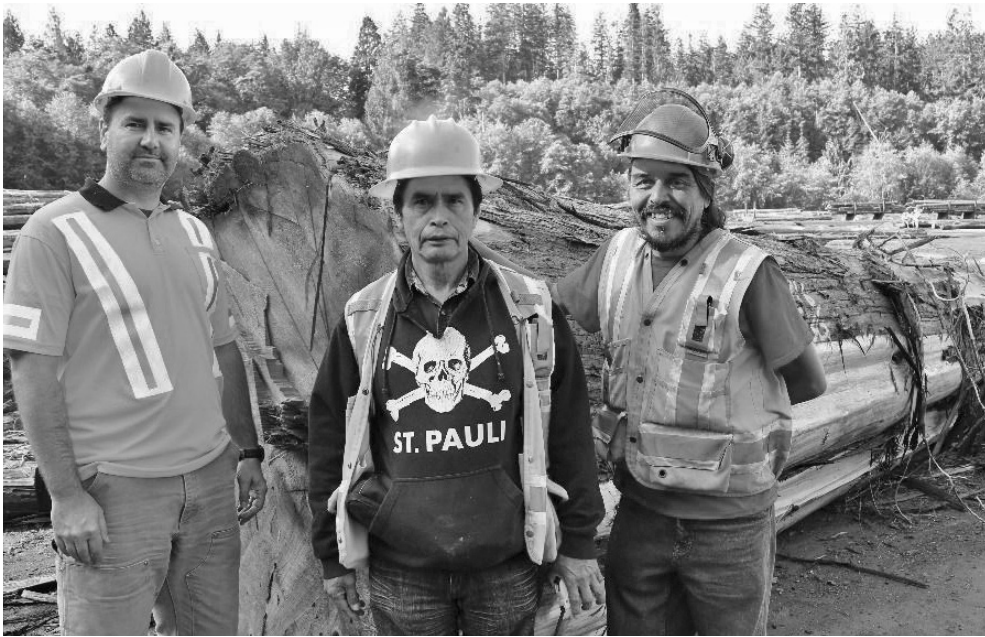
### POWELL RIVER REGIONAL DISTRICT



# Health and

**EH KWA'A'NUNS KYE'AMIEUX**  
 "When the people in our community are well again, all around us will also be well."

# Wellness



## Hehewšin: The Way Forward

By Alex Sutcliffe



In case anyone missed it, there was a special reconciliation ceremony held in Tla'amin on June 25<sup>th</sup>. The ceremony followed Tla'amin protocols and teachings but was conducted by the non-indigenous community, with permission and under instruction from Tla'amin community members.

Hehewsin is a grassroots community project that was started by a mixed group of non-indigenous people that wished to reach out and connect with the Tla'amin community.

The respect and understanding is there, that we all live in Tla'amin Territory and in order to come together and move forward together, we need to learn how from the people on who's land we live, and who have been here since time immemorial.

It's about non-indigenous people building real lasting relationships with the Tla'amin community, and learning how to connect with the land through Tla'amin teachings, on Tla'amin terms.

The ceremony was the first step in informing the Tla'amin community of Hehewsin and what we are trying to do. There was a good turnout to the event and there will be many more gatherings planned for the future.

As part of this reconciliation process, the Hehewsin team was planning to gift a traditional dugout canoe to the Tla'amin community. This would symbolize the journey of moving forward together, which will be a multi-generational process.

The Hehewsin team have been searching for a log that would be large enough to meet the needs of the canoe, for a long time. After many months of searching, a suitable log has been found and is currently at the log sort south of town. This tree originally came from the mid north coast.

We have enlisted the help of Joe Martin, an indigenous canoe builder from Tla-o-qui-aht Nation who will be leading the team of carvers which include Sherman Pallen, Randy Timothy, and Ivan Rosypsky. This will be a great opportunity for Joe to share his knowledge with local carvers, regarding the specifics of canoe building. This will also be a great opportunity for cultural sharing with the wider non-indigenous community as this process will take place in the heart of town, open for all to come and participate.

The log is 36ft long and will be moved to Willingdon Beach on August 13<sup>th</sup>, where the City of Powell River has designated a space for the project. The carving will commence mid September and is expected to take around 6 weeks. Everyone is encouraged to come and visit and take part!



## Elder's Gathering Campbell River BC July 10 - July 13, 2017

Over 40 elder's and escorts from Tla'amin attended the Annual First Nations Elders Gathering hosted by Campbell River Nation. Special "Thank you the Tla'amin Nation for the support"!!!

It was a joy to witness elder's connecting with one another to visit and exchange memories, many of whom met each other while attending residential schools. The basic purpose for gatherings is the need for elders throughout BC to have inter-social and community links that bind them together as a nation. Our Tla'amin Elder's participated in the opening "Grand March Ceremony" Tuesday morning 10 am. It was great experience to share in this opening ceremony, many laughs and spending time with kin folk and meeting others from all nations across BC. This is part of the group, it was a huge gathering, and many were probably at other locations of this big arena! This picture was taken by Phil Russell after grand opening ceremony.

King and Queen were Allan (Ollie) & Edwina Henderson of the Wei Wai Kum Nation who hosted this year's elder's gathering with support of surrounding nations and community. The new King and Queen are "from Duncan", where it will be held next year!



## Elders Corner

This summer is turning out to be a warm dry one (so far) and we are reminded in the news of the tragedy of many people losing their homes in wildfires. Some of our Elders remember when Tla'amin village burned down in 1918, and yes it can happen again.

If you had to leave your home in a few minutes notice, what would you bring? Are you even prepared? It is good to have a small back pack, or a duffle bag stocked and ready to go at a moment's notice. You should have some of these basics; bottled water, address book of relatives or neighbours you can depend on in an emergency. A small first aid kit, with some medicines (aspirin, polysporin, etc.), some clothing (t shirt, hat, sunglasses, socks, bathing suit, towel, underwear). You will need toiletries such as tooth brush, toothpaste, shaver, soap, toilet paper. If you have a cell phone, maybe a spare charger or battery pack and a flashlight. You may be waiting a long time, so pack a deck of cards, or a small board game to pass the time. It also may be a good idea to keep a small amount of money should you need to take a bus. You should keep this kit stashed in a location that can be accessed easily in case of emergency.

Darron Cound

### Elders Events for August:

**Tuesday August 1st: Lunch presented by Many Hats Farm.**

We will be joining our hosts at 11 am for lunch and some entertainment. Shuttle van leaves the Health Building by 10:30 am. Return by 1:30. Please Call Elder Coordinator for more info.

**Tuesday August 8<sup>th</sup>:** No EDP (because of stat holiday)

**Thursday August 10<sup>th</sup>** Elders Gathering Meeting. Our first meeting for Elders Gathering planning. If you are interested in having more say in your next years' experience in Cowichan, please come to the meeting 1-2 pm. Light refreshments served.

**Tuesday August 15<sup>th</sup>:** Elders Luncheon.

**Wednesday August 16<sup>th</sup> 11-1pm:** Community luncheon at Health.

**Tuesday August 22<sup>nd</sup>:** Elders Luncheon

**Tuesday August 29<sup>th</sup>:** Elder Bingo and Luncheon, plan for 2018 Elders Gathering.

### Community Garden Report

Things are growing at our garden! There are many different varieties of vegetables and fruits growing in our garden. This is a great resource for good, healthy food that otherwise may be unaffordable for some folks. We also would like to help families grow their own food. We can show you how to build, maintain and harvest your garden. The new greenhouse structure is being built to aid in the production of food into the "non-growing season".

### Elders Gathering 2018: We need you!

The 43<sup>rd</sup> Annual Elders Gathering will be Cowichan Territory. We are in need of an Elders Council that can help plan and keep the community in touch with events that are geared towards getting our Elders to the next gathering. We are holding our first meeting August 10<sup>th</sup> at Health, or a place to be determined. Please contact Elder program coordinator 604 483 3009.

# Tribal Journey 2017

In August of 2017 we will be standing with the We Wai Kai Nation and the We Wai Kum Nation, who will welcome canoe families into their territories. For more than twenty-years, Tribal Journeys has provided the framework for cultural revitalization and experience aimed at supporting youth through the process. For some, their travels will include more than five weeks of daily paddling to reach Campbell River – with each stop bringing the opportunity to share and learn from one another and practice the important cultural protocols of our communities. It is a journey of healing and health both individually and collectively and for many, represents a connection to each other, to the land, and to their cultural heritage for which there is simply no other comparison.



### Update information on arrival

The canoes will arrive onto Quadra Island on Friday, August 4<sup>th</sup> for a soft landing where they will be welcomed into the territory of the We Wai Kai Nation (Please note, there is no camping on Quadra Island - the campsite for Tribal Journeys is on the Quinsum Reserve in Campbell River). On Saturday, August 5<sup>th</sup>, the public are invited to witness the arrival of the canoes onto the Campbell River Spit as they are welcomed by the Wei Wai Kum Nation. A public feast will be held to mark this occasion and everyone is invited. This year Tribal Journey anticipates seventy-five to one-hundred canoes to participate from U.S and B.C. Canada.

### Please Note:

- Canoes are due to land at noon on the Campbell River Spit - Dick Murphy Park
- Limited Shuttle Service from in front of the old Target Store @ Discovery Mall
- Elder's & Veteran's Parking and Shuttle - City of Campbell River CEDAR LOT
- No event traffic allowed on Spit Road - High Occupancy Vehicle Drop-offs only
- General Parking Available at the Discovery Mall and at all City Lots
- NO EVENT PARKING ALONG SHOPPERS ROW - TICKETS WILL BE ISSUED
- Community Feast at Thunderbird Hall to Follow Landing - Everyone Welcome
- Opening event - Campbell River Big House - Everyone Welcome
- Please be kind to your pets and leave them at home

**PROUD TO BE DRUG & ALCOHOL FREE**

# How Your Kidneys Work

## Why Are the Kidneys So Important?

Most people know that a major function of the kidneys is to remove waste products and excess fluid from the body. These waste products and excess fluid are removed through the urine. The production of urine involves highly complex steps of excretion and re-absorption. This process is necessary to maintain a stable balance of body chemicals.

The critical regulation of the body's salt, potassium and acid content is performed by the kidneys. The kidneys also produce hormones that affect the function of other organs. For example, a hormone produced by the kidneys stimulates red blood cell production. Other hormones produced by the kidneys help regulate blood pressure and control calcium metabolism.

## The kidneys are powerful chemical factories that perform the following functions:

- remove waste products from the body
- remove drugs from the body
- balance the body's fluids
- release hormones that regulate blood pressure
- produce an active form of vitamin D that promotes strong, healthy bones
- control the production of red blood cells

## Where Are the Kidneys and How Do They Function?

There are two kidneys, each about the size of a fist, located on either side of the spine at the lowest level of the rib cage. Each kidney contains up to a million functioning units called nephrons. A nephron consists of a filtering unit of tiny blood vessels called a glomerulus attached to a tubule. When blood enters the glomerulus, it is filtered and the remaining fluid then passes along the tubule. In the tubule, chemicals and water are either added to or removed from this filtered fluid according to the body's needs, the final product being the urine we excrete.

The kidneys perform their life-sustaining job of filtering and returning to the bloodstream about 200 quarts of fluid every 24 hours. About two quarts are removed from the body in the form of urine, and about 198 quarts are recovered. The urine we excrete has been stored in the bladder for anywhere from 1 to 8 hours.

## What Are Some of the Causes of Chronic Kidney Disease?

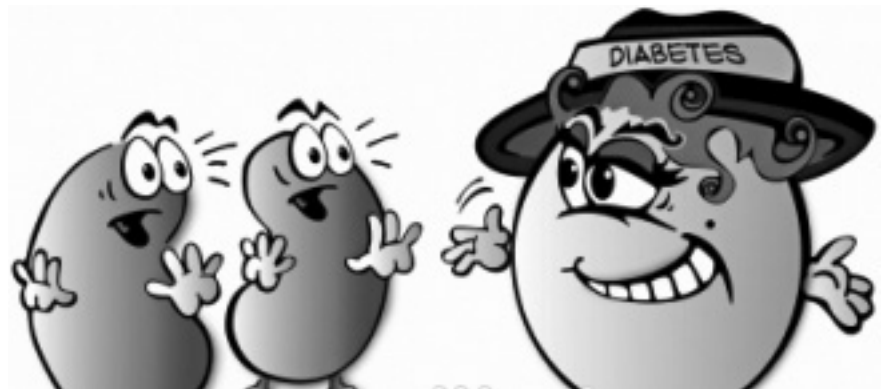
Chronic kidney disease is defined as having some type of kidney abnormality, or "marker", such as protein in the urine and having decreased kidney function for three months or longer.

There are many causes of chronic kidney disease. The kidneys may be affected by diseases such as diabetes and high blood pressure. Some kidney conditions are inherited (run in families).

Others are congenital; that is, individuals may be born with an abnormality that can affect their kidneys. The following are some of the most common types and causes of kidney damage.

Diabetes is a disease in which your body does not make enough insulin or cannot use normal amounts of insulin properly. This results in a high blood sugar level, which can cause problems in many parts of your body. Diabetes is the leading cause of kidney disease.

High blood pressure (also known as hypertension) is another common cause of kidney disease and other complications such as heart attacks and strokes. High blood pressure occurs when the force of blood against



your artery walls increases. When high blood pressure is controlled, the risk of complications such as chronic kidney disease is decreased.

Glomerulonephritis is a disease that causes inflammation of the kidney's tiny filtering units called the glomeruli. Glomerulonephritis may happen suddenly, for example, after a strep throat, and the individual may get well again. However, the disease may develop slowly over several years and it may cause progressive loss of kidney function.

Polycystic kidney disease is the most common inherited kidney disease. It is characterized by the formation of kidney cysts that enlarge over time and may cause serious kidney damage and even kidney failure. Other inherited diseases that affect the kidneys include Alport's Syndrome, primary hyperoxaluria and cystinuria.

Kidney stones are very common, and when they pass, they may cause severe pain in your back and side. There are many possible causes of kidney stones, including an inherited disorder that causes too much calcium to be absorbed from foods and urinary tract infections or obstructions. Sometimes, medications and diet can help to prevent recurrent stone formation. In cases where stones are too large to pass, treatments may be done to remove the stones or break them down into small pieces that can pass out of the body.

Urinary tract infections occur when germs enter the urinary tract and cause symptoms such as pain and/or burning during urination and more frequent need to urinate. These infections most often affect the bladder, but they sometimes spread to the kidneys, and they may cause fever and pain in your back.

Congenital diseases may also affect the kidneys. These usually involve some problem that occurs in the urinary tract when a baby is developing in its mother's womb. One of the most common occurs when a valve-like mechanism between the bladder and ureter (urine tube) fails to work properly and allows urine to back up (reflux) to the kidneys, causing infections and possible kidney damage.

Drugs and toxins can also cause kidney problems. Using large numbers of over-the-counter pain relievers for a long time may be harmful to the kidneys. Certain other medications, toxins, pesticides and "street" drugs such as heroin and crack can also cause kidney damage



***We are a community.***

***We live together.***

***We work, play and grow together.***

***We grieve together.***

***Together, we heal.***

The Powell River Hospice Society (PRHS) offers free, confidential grief and bereavement support to those dealing with loss. Contact us at 604-223-7309 or at [powellriverhospice@gmail.com](mailto:powellriverhospice@gmail.com).

## MEMORANDUM



Date: July 27, 2017  
 To: All staff & Physicians.  
 From: Margaret Antolovich, Manager Home and Community Care/Public Health  
 Sandra Tom Tla'amin Health Centre  
 Cc: Steve Hunter/Karin Olsen  
 Re: Nurse Practitioner Tla'amin Health – Jodie Foster

We are very pleased to announce that Jodie Foster has accepted the position of Nurse Practitioner at Tla'amin Health Centre Powell River effective July 24<sup>th</sup>, 2017.

Jodie completed her Master of Nursing/Nurse Practitioner from UBC in 2010 and has more than 7 years NP community health experience specifically in Primary Care, mental health and infectious diseases.

Jodie has significant experience working with vulnerable populations, providing primary care in clinic settings as well as on an outreach basis to underserved or unattached clients living in Vancouver's DTES.

Jodie has volunteered with the Catherine White Holman Wellness Centre, providing primary care to a gender diverse population and as a medical relief worker in Haiti after the devastating earthquake.

Jodie's core attributes include patient centered care, client advocacy and strong leadership skills. As well, Jodie is a guest lecturer for UBC Nurse Practitioner students as well as a site clinical evaluator for NPs.

Please join us in welcoming Jodie to her new role effective July 24<sup>th</sup>, 2017 for VCH and Tla'amin Nation beginning August 1<sup>st</sup>, 2017



## *Adventure Tourism Certificate Program*

VIU is now offering a 1-year Adventure Tourism Certificate Program here in Powell River starting in September!

It also provides studies of successful leadership in coast eco-adventure tourism, the planning and delivery of environmental, coastal and cultural interpretation, and programming for adventure tourism and recreation. The training will be 50/50 classroom and field based and will include a field and internship component to prepare students for assistant level guiding in marine and land environments. All training will be held at the Powell Lake Outdoor Learning Centre and in Lund for access to Desolation Sound.

For funding eligibility, contact Lorraine from NVIATS, CareerLink or talk to Louise Dominique about VIU's A2E funding program.

## Cultural Support/Working with Child Youth and Families

As service providers of Tla'amin, we were invited to Powell River Child and Youth Care, by Shelley Chaney Smith, who hosted a celebration gathering for children who grew up in care.

As Traditional Wellness Team of Tla'amin, I, Cyndi Pallen and John Louie assisted with the opening prayer and engaged the audience with drumming and singing.

There were approximately 60 people from Powell River and Tla'amin in attendance at the Child and Youth Care office in Powell River at the old Oceanview School. This gathering has been implemented by British Columbia government to acknowledge the province work at building support for diverse, resilient children and youth living in foster-care. This will be the seventh year, so brothers and sisters in care could grow up feeling celebrated for their diverse talents and accomplishments surrounded by a supportive community who stands with them.

This event was intended to celebrate anyone who has ever been in care of the government and stats show this people show lack of connection after leaving care that most of us take for granted. The activities planned focused on building a sense of community and included Drum Circle led by Chris Weeks, John Louie opened as usual with a gentle prayer and Cyndi led the drumming and singing with Powell River Child and Family Service providers and youth in care. **Youth in Care Week was held at Powell River Child and Youth Care- June 2017. Due to confidentiality children's photos cannot be used for newsletter.**



**Aboriginal Child Family Counselor - Shelley Chaney Smith  
 Family Enhancement Counselor – John Louie  
 Men's Support**

### **Upcoming – August 2017 – December 2017**

**“Reclaiming Connections”** For Parents, 8-week Traditional Parenting Program based on cultural teachings, teaching of our TAOW, parents to meet **Wednesdays**, starting August 26, 2017 at 11:30 for “Opening” and to seek feed-back and input from parents! **FREE!** Call Cyndi at 604 483 3009 Ext 230. “Lunch Provided”

**Exploring & Creating Traditional Coast Salish Art/ Teaching with Your Child** – Starting Tuesday September 25, 2017, 3:45 – 5:00. Join local artist who will support children learn basic's. – **FREE!** Drop-in for Parents with Children of 7 and up Call:604 483 3009 for Tyler, and Cyndi

**Families Supporting Families** – Drop-in support group for foster parents, grandparents and other family members who care for children or other relatives. Call Cyndi for more information: 604-483-3009 ext. 230.

## Health Notices

**Our newly hired Nurse Practitioner's name is Jodie Foster.** Her start date is August 8, 2017. Please call Kim @ reception to book an appointment

### Medical Travel- REMINDER

All medical travel requests for out of town travel must be handed in well in advance, we have been facing many challenges for the summer months with Hotels being sold out or outrageous costs for room bookings.

If we cannot secure accommodation for your medical stay out of town you may need to re-schedule your appointment or find private accommodation.

Also, reminder to clients CONFIRMATION of attendance to your appointments must be returned to health benefits upon your return.

Your cooperation is valued and very much appreciated.

### Margaret Rossi/Health Benefits clerk

Tla'amin Health – Open House BBQ  
Date Wednesday, August 16, 2017  
Time 12:00 pm – 2:00 pm  
Location: Health Facility

- Opportunity to meet staff you have not met
- Questions about programs and services
- Ideas or suggestions for activities

### LUNCH & LEARN: HEALTHY LIVER

**When:** Wednesday, August 9th from 12:00-1:00

**What:** Enjoy a nutritious lunch while learning about a different health topic each month. The focus will be on prevention, early recognition and management.

**Where:** Tla'amin Health boardroom

**In July we reviewed what kidneys do and how to keep them healthy. The functions of the kidneys include:**

- Filtering toxins from the blood into urine to be eliminated
- Maintaining the right amount of fluid in your body
- Producing certain essential hormones
- Maintaining a balance of nutrients and electrolytes

Tips to prevent and manage kidney disease include:

- Maintain good control of blood sugars
- Controlling high blood pressure
- Regular exercise
- Avoid excessive alcohol and quit smoking
- Have your kidney function screened routinely by your health care provider

Kim Markel/Chronic Disease nurse



## Traditional Place Names Update

Wayne Pielle receiving the written outline and memory stick that contains all the reel to reels that he lent to the Traditional Place Names group. Erica Louie, summer student did all the editing.

We could do the same for any community member who want their cassettes, etc. updated. We put the information on our data base and we return to you an updated version of some history which you may want to pass onto the next generation.

For further info contact Devin Pielle or Randy Timothy.



## Naut'sa mawt Tribal Council & Tla'amin Nation present the 2017 Youth Leadership Gathering

YOUTH GATHERING

### WHO should attend?

Three **Youth Participants (age 12-16)** from each of Naut'sa mawt Tribal Council's (NmTC) eleven member nations. Travel and camp fees will be paid for by NmTC.

We are also looking for a total of four **Young Leaders (age 21-29)** to supervise cabin groups. Travel, camp fees, and a small honoraria will be covered by NmTC.

### WHEN will it happen?

August 22-25, 2017

### WHERE will it be held?

Powel Lake Outdoor Learning Centre, Powell River, BC

### WHY should we go?

Learn cultural teachings from Tla'amin elders and local knowledge holders, develop leadership skills, and build community amongst Naut'sa mawt youth.

### WHAT will we do?

Activities will include story-telling, drumming, canoeing, building a sweat lodge, photography and videography, traditional medicines, spiritual bathing, preserving food, language learning, weaving, bighouse teachings, carving, journaling, and more!

Register at [www.nmtcevents.com/youthgathering](http://www.nmtcevents.com/youthgathering)

Complete the registration materials **August 14, 2017**. First come, first served!  
For more information, contact Bronwen ([bronweng@nautsamawt.com](mailto:bronweng@nautsamawt.com), 778-999-5924).

# Meeting Minutes of the Executive Council

## June 22, 2017

### Council Chambers

**Attendance:** All Executive Council  
**Resource:** Rod Allan and Judith King

**1. CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 11:12am

**2. APPROVAL OF MINUTES:** May 03, 2017 minutes

**Moved by Lori Wilson**  
**Seconded by Tyrone Wilson**

**3. ADOPTION OF AGENDA:** Motion to adopt the Agenda

**Moved by John Hackett**  
**Seconded by Lori Wilson**

**4.0 ORDERS OF COUNCIL:**

4.1 TNO-EC # 17/2017 To appoint Deputy Approving Officer – Denise Smith

**Moved by Lori Wilson**  
**Seconded by John Hackett**

4.2 TNO-EC 18/2017 Land and Home Ownership approval for L. Josephine Peters

**Moved by Lori Wilson**  
**Seconded by John Hackett**

4.2 TNO-EC 19/2017 Land and Home ownership approval for Donna Tom & Lee George

**Moved by John Hackett**  
**Seconded by Lori Wilson**

**5.0 RESOLUTIONS OF COUNCIL:**

5.1 TN Resolution # 11/2017 for Canada Revenue Agency notice of changes to name, address and contact persons.

**Moved by Lori Wilson**  
**Seconded by Tyrone Wilson**

**6.0 New Business:**

6.1 Administration & Finance: KPMG auditors are completing the 2016-2017 in-house review by the end of this week – June 23rd.

6.2 Citizenship & Membership: Rod is working with Mia Harry to get the Citizenship List.

6.3 Culture: Hegus mentioned successful Aboriginal Day events at Willington Beach in the morning and Government House celebration in the afternoon.

6.4 Elders: Rod will follow up on the Elders Gathering funding.



6.5 Emergency Services: Fire Hall renovations will be complete once the electrical work is done.

**6.6 Environment:**

6.6.1 The invasive species cleanup along the highway is completed.

6.6.2. Former Klahanie Gas bar site will be studied further regarding possible leachate downhill. INAC will pay for the cost of the studies.

6.6.3. Discussion on Wildland fire fighting and the type of equipment needed. Tla'amin Fire Crew needs their own equipment. Discussion began on fire dangers in the community. It was noted Councillors could put a word out regarding community members who are considering small fires.

6.7 Housing: Discussion began on home ownership for two Tla'amin citizens. More follow-up is required.

**House Post Reports**

**Lands & Resources- Lori Sparrow**

1. The next Natural Resources Committee meeting is on Monday, June 26.

2. The water plant sand replacement project is half finished.

3. Lori is asking Polaris for an estimate on a design for the new North Salish Drive.

4. Nahmint Raider is going to be sent to Campbell River for repairs. The plan is to tow the vessel there.

5. Tla'amin is planning ahead this year for food fish distribution. No sockeye opens, but food fish is a go.

6. TSL logs are at the sort and ready to go to market.

7. The shellfish harvest (LGL) by non-indigenous harvesters is going to be studied before it happens.

8. A water study person has received a grant to study water systems. She is from California and would like to research water in the Tla'amin community. She will share her research plan with Tla'amin.

**Administration & Finance - John Hackett**

1. KPMG in-house audit review is complete by June 24th.

2. John sat in on the summer coordinator job interviews – Kaycee Mitchell is the new summer student Coordinator.

**Community Programs & Services - Larry Louie**

1. Nurse practitioner, Jodie Foster arrives on July 24th to take up her post at Health.

2. Larry informed the next Community Services meeting is on August 11th.

**Public Works - Tyrone Wilson**

Water treatment plant operations are going good. There was a discussion on a pump failure near the hatchery on Hwy 101. The pump has failed three times. The malfunction is near a fish-bearing stream and the flowing sewage may have consequences for the health of the community.

**Meeting Minutes of the Executive Council**

**June 22, 2017  
Council Chambers**

**Economic Development - Clint Williams**

There was an update as a result of the CEO's resignation. Direction from the Operating Board meeting on Monday indicates Marlane Christensen is the interim acting CEO. Anthony George is liaison between Tla'amin Capital Assets Inc. and the Lund Hotel. Mark Anderson is the new Operating Board Chair and Forestry Liaison. Rod Allan and Jay Yule are tasked with working on the shareholders agreement for the joint office with Mr. Lu.

9. Elk Draw for 2017 was discussed. The hunt is for a total of seven elk as follows: 3 for Haslam, 3 for Daniels and 1 for Theodosia. The Elk draw will be on the Natural Resources Committee agenda. It is hoped that the draw will be fair and legal.

10. Naut sa' mawt Tribal Council is planning to hold their July 20th meeting in Tla'amin Lands.

11. Lawson Lundell, the lawyer for the leaseholders, came to meet Rod and Clint to talk about their bill of \$75,000. These lawyers asked Tla'amin to help



**Wannock Gillnet – For Sale  
\$6500.00.**

For sale as is in the current condition.

- 1984 Pacific Bowpicker.
- Length: 25'6
- Beam: 10'
- Draft: 32" approx..
- Engine: Twin Volvo Penta AD31-p-A (4 cyl. Turbo/after cooled)
- 1 Engine operational
- 1 engine needs new starter, runs hydraulics
- Rated H.P.: 148 each.
- Gear: Two 280 outdrives
- Bilge Pumps: Single manual 12 volt in engine bilge
- VHF
- Needs electronics
- 2016 Marine Survey conducted
- Contact:**  
**Cathy Galligos, Director of Lands and Resources**  
**604-483-9646 ext.119 or cathy.galligos@tn-bc.ca**



**Cheechlem Chichia  
in Squirrel Cove**

**Hegus' Report**

1. Brooks welcome pole event was a success. Next pole is being carved at West-view School.
2. PRISMA was a success although there were gaps in the schedule.
3. Freedom of the City bestowed awards on Elsie Paul, Roy Francis and Clint Williams.
4. Government House was toured by the Grade 3 and 4 students from James Thomson school.
5. Qathet is the new name of Powell River Regional District. The name change has to pass third reading and they are asking Tla'amin to attend the next board meeting.
6. Hegus would like to acknowledge the silent volunteers who help with funerals by gravedigging or offering kitchen help.
7. There is a possible student exchange between our youth and the China youth either from Beijing or Dalian. Our students will be sponsored to go overseas.
8. Aboriginal Day celebrations went very well at Willingdon Beach and Governance House.

seek funds from AANDC. Wade Henry may look for money in the INAC Treaty-Related Measures budget.

12. The former Sino Bright lands were purchased by the City for \$800,000. As a result, Tla'amin has received their portion of the payment in two installments.

13. The Regional Recreation working group meeting is on June 29th with the City of Powell River. We are looking to discuss the joint effort. Councilor Tyrone Wilson volunteers to attend.

**Other Business:**

1. Sunshine Music Festival organizers are building a pavilion at Palm Beach in partnership with the Regional District. They would like to name the pavilion after a traditional Tla'amin place name. It was decided that David Louie should follow up on this request to Janet Newbury.

**ADJOURNMENT**

**Moved by Lori Wilson  
Seconded by John Hackett**

Meeting adjourned at 1:39 pm

**Deadliest  
catch**



# Meeting Minutes of the Executive Council

July 5, 2017  
Council Chambers



**Attendance:** All Executive Council

**Resource:** Rod Allan, Roy Francis and Judith King

**Guests:** Blaine Favel, Jamie Morrison and Dillon Johnson

1. **CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:02am

2. **APPROVAL OF MINUTES:** June 22, 2017 minutes

**Moved by John Hackett  
Seconded by Lori Wilson**

3. **ADOPTION OF AGENDA:** Motion to adopt the Agenda

**Moved by John Hackett  
Seconded by Tyrone Wilson**

#### 4. MOTIONS OF COUNCIL:

4.1 Motion for Lands Director to have a discussion with the various banks about receiving copies of citizens' mortgages for the purpose of registering mortgages in the LTO.

**Moved by Lori Wilson  
Seconded by Tyrone Wilson**

4.2 Motion to approve designated appointees to the Nation's working committees.

**Moved by John Hackett  
Seconded by Lori Wilson**

#### 5. PRESENTATION:

Blaine Favel of Kanata Earth, Jamie Morrison of Destiny Grow Systems, Dillon Johnston and Roy Francis attended the meeting. Blaine began with some background. He is from Poundmaker Cree

First Nation, is a lawyer, has an MBA, was Chief of Poundmaker Cree First Nation and a Grand-Chief of the Federation of Sovereign Indigenous Nations.

The presentation is about cannabis or medical marijuana. This presentation offers an authentic business opportunity. The partnership is for growing only, and not for retail or a dispensary. Dillon showed the Cannabis 101 video. It was noted the significance of tax revenues would benefit the Nation and there is a harm reduction factor in using marijuana instead of prescription drugs for pain.

Blaine introduced the Memorandum of Understanding for Council's consideration. Council reviewed the MOU and individually aired their views. In summary, all Councilors are on board with exploring such a project but will share the initiative in a community consultation session to get community feedback.

#### 6.0 New Business:

##### 6.1 Administration & Finance:

6.1.1. Seven (7) surplus personal computers are in supply at Governance House and the plan is to have a giveaway in the future. Council agreed to plan. Rod will put a flyer out to the community

6.1.2. Auditors will prepare a preliminary audit report on their review by end of July. Clint asked for a preview of the Schedule of Salaries for Elected Officials. Clint would like to see the schedules in advance and before Council signs off on the audit.

6.1.3. Palm Beach staff gathering on July 21st is from 11:00 am to 4:00 pm.

6.2 Citizenship: Rod does not have the citizenship list.

6.3 Culture: Cheques are going out for the Elders Gathering this Friday.

6.4 Elders: Gathering is July 11-13, 2017. It was determined that Elders can choose to go to the canoe journey instead of the gathering in Campbell River if they wish.

6.5 Emergency Services: Neh Motl posting for a new Fire Chief went into the July newsletter. Suggestion is to have a 'thank you' event in late August for outgoing Fire Chief Floyd George.

6.6 Fishery & Hatchery: The hatchery released all the coho and is waiting for September. No food fish opportunities have come to light and so far, the forecast indicates low sockeye numbers.

6.7 Forestry: TSL block shut down last night due to the fire ban per a provincial notice

6.8 Housing: ICWG meeting held yesterday. Topics included the proposed Residential Tenancy Law.

6.9 Lands: Cathy Galligos attended to discuss registering mortgages in the LTO, bear-proof bins and NVIATS. NVIATS confirmed that they would cost-share 50% on the log scaler course in Sechelt. Because NVIATS is supporting the training, Tla'amin is able to send two students instead of one. Council consensus is to move forward with this training initiative. Bear-proof bins are available. The quote is for 7 used bins. Funds to pay for this project could come from TSL or taxation funds. Discussion began on where to put the bins. It was suggested that all existing individual household garbage boxes be removed. This matter will be brought to the Natural Resource Committee. Consensus is to develop a plan for garbage boxes and order the seven bins. Proposed cost of the bins does not include shipping.

6.10 Public Works: Update on the sand replacement indicates one side is completed and they have to do the other side next.

6.11 Transition to Self-Government: After review of all Committee Representative applications, Council choose the following individuals:

Ryan Pielle is the youth representative for the Implementation Community Working Group.

Dawna Pallen has been appointed to the Housing Committee.

Glida Hanson-Morgan has been appointed to the Lands Natural Resource Committee and Walter Paul is appointed as an alternate.

Doreen Hopkins has been appointed to the Social Development Committee and Sally Louie is appointed as an alternate.

**Meeting Minutes of the Executive Council**  
**July 5, 2017**  
**Council Chambers**

**House Post Reports**

**Lands & Resources** – Lori reports:

1. July 17th is the next Natural Resource Committee (NRC) meeting;
2. A California researcher will phone in and talk about her projects with the NRC.

**Administration & Finance:**

John Hackett reports:

1. Majority of audit field work is complete. There are still requests from auditors mostly around one-time effective date issues such as Klahanie leases and funds transfers to the Tla'amin Capital Assets Inc. (TCAI) and transferring 22,000 acres of Treaty Settlement Lands into the books;
2. There may be some timing issues concerning Kelly Rankin's resignation and completing all priorities with TCAI. An update will follow;
3. Health Director, Brendan Behan is on extended leave and Steve Hunter is working with Health staff to keep things on track;
4. Property tax payments were due end of day on July 4th. A tax authority meeting to follow-up is needed;
5. Budget and Q1 financial reports will be delivered to managers now that the audit work is finished.

**Community Programs & Services:** Larry noted the August 25th Community Services Session includes presentations by Michelle Washington and Dillon Johnson.

**Public Works:** Tyrone reports that more trucks with sand are arriving at the water treatment plant.

**Economic Development:** – Clint reports:

1. The Operating Board met and Kurt Pyrch was in attendance to speak about the Lund Hotel at the Board's request. Kurt is instrumental in getting the audit finished for the Lund Hotel;
2. Shareholders agreement is being worked on by Rod Allan and Jay Yule.
3. Diana Lamont is helping with the Lund Hotel's financial audit.
4. There are on-going property management discussions with Erik Blaney.
5. Hegus met to discuss the Britco condo project on Willingdon Avenue.

6. Clint spoke with Ministry of Transportation and Infrastructure about the Salty Dog Road drainage.

**Other Reports – External Entities**

Naut'sa mawt Tribal Council – Clint informs that Naut'sa mawt is planning to hold their tribal council meeting at Governance House on July 20th.

**Hegus' Report**

1. The PRSC land formerly Sino Bright lands has sold to the City of Powell River for \$800,000. The dividend cheques have been received by both partners and the cheque amount for each is \$398,494.80. The legal fees were shared equally.
2. Hegus attended a reconciliation event on Sunday June 25th at Salish Centre. It included a great lunch promoting reconciliation among people in the Powell River area. It was hosted by many volunteers.
3. Hegus did a tour of the surveyed TSL areas from Old Mine to Hurtado Point. The remainder of the TSL has not been surveyed, but will be done over the next three years. He viewed the stakes in the ground and access points. It looks like some very nice land.
4. Powell River Recreation committee meeting was attended by Hegus, Larry Louie and Tyrone Wilson. The discussion was mainly about the complex and its financial situation. We asked for the City to put together some operating scenarios which show different options that involve PRRD and Tla'amin.
5. Northern Shuswap band who wanted to meet this month have cancelled and wish to reschedule;
6. The Implementation Working Group met on July 04th to discuss the Residential Tenancy Law and take a one-year check-in on how the new Governance structure is working from the first appointments to the present.
7. Hegus and Rod Allan met with Mayor Dave Formosa and Mac Fraser to discuss a number of joint projects between the City and Tla'amin. Talks included: PRSC, Freda Creek power project, regional recreation, the public library, joint fire rescue and emergency response, new initiatives with drinking water, museum services, bylaw enforcement and the future of the complex discussion. There was a proposal for the two entities to do a staff exchange in the future.
8. Drew Blaney and Kirstin Paul are the summer students who are researching language through the University of Saskatchewan. The university is sponsoring them and will provide laptops.

**ADJOURNMENT**

**Moved by John Hacett**  
**Seconded by Lori Wilson**

Meeting adjourned at 2:48pm





## Tla'amin Management Services Limited Partnership

### CHIEF EXECUTIVE OFFICER (CEO) – EMPLOYMENT OPPORTUNITY

**Tla'amin Management Services Limited Partnership (TMSLP)** is a community and economic development organization committed to creating economic opportunities leading to economic prosperity for the Tla'amin people and the Tla'amin Nation.

Reporting to the TMSLP board of directors and the legislative body of the Tla'amin Nation, the CEO will be accountable for the effective and efficient management of resources and the day-to-day operation of the organization in accordance with the Tla'amin Economic Development Agreement and Tla'amin Economic Development Law, as well as any/all policies established by the Board. The CEO will be responsible for providing strategic planning, human resource and financial management, liaising with service providers, clients and the community at large, attending board meetings and updating operational policies where required.

#### The successful candidate must be able to demonstrate:

- Strong leadership, human resources, project management, organizational and interpersonal skills.
- The ability to seek out and perform sound due diligence on potential business opportunities for TMSLP.
- A personable and respectful demeanor, and skills in working in partnership situations.
- Proficiency in developing clear and user-friendly communication materials.
- Expertise in reading and understanding financial statements and preparing annual pro-forma budgets.
- An ability to develop strategic business plans and management reports.
- Strong cash management and treasury techniques in order to maximize returns on invested cash and minimize debt costs.
- A strong proposal writing ability and familiarity with potential funding sources in order to obtain grants and other funding for the on-going operations of TMSLP and related group of companies, as well as for assets purchases and joint ventures etc.

#### The successful candidate should possess and have a proven background in the following:

- Project planning and management involving multiple business units and stakeholders.
- Familiarity and understanding of First Nations operations and organizations.
- Familiarity with the Final Agreement, Tla'amin Nation.
- Familiarity with the Tla'amin Laws.
- 5 + years' work experience in or across resource sectors working for or with First Nation communities, governments and businesses. Work experience directly related to Forestry, Aquaculture, Hospitality and Land Management an asset.
- Strong leadership skills and excellent track record of managing human resources including skills development, training and employment.
- Minimum Bachelor's degree in Business, Economics, Communications or relevant field. Master's degree preferred.
- Strong financial and educational background. Proven experience in accounting and or bookkeeping.
- Excellent communications skills, both written and verbal. Must be able to liaise between Tla'amin Nation administration, local, provincial and federal governments, as well as other external entities.

Candidates must be willing to provide a criminal record check. Salary and benefits will be negotiated commensurate with education and experience.

All applicants must submit their application by email or FAX (below) no later than **August 8, 2017** to:

Attention: Elaine Tom, Office Administrator  
Email: [elaine@tlaaminbusiness.com](mailto:elaine@tlaaminbusiness.com)  
Tla'amin Management Services LP  
4885-B 101 Hwy, Powell River, BC  
V8A 0B6  
FAX: (604) 483-7741

**No phone calls please.**

## Full-time HR Advisor

Tla'amin Nation is recruiting for a full-time HR Advisor to assist in managing our health organization. We are searching for an adaptable, keen individual who has extensive experience dealing with a unionized work force within a health care environment.

Tla'amin Health consists of many health-related departments that serve the community and mandates to give the best health care possible. We provide a vast array of services to Tla'amin community and the catchment area.



### The HR Advisor is responsible to:

- Oversee the implementation of human resource policies, procedures and practices.
- Ensure all job descriptions are current and up-to-date.
- Assist managers with staff performance reviews.
- Maintain a positive, healthy, safe environment in accordance with appropriate legislation, policies and union regulations.
- Determine staff requirements for organizational management and program delivery.
- Recruit, interview and select personnel that reflect the values of our organization's mandate, and that possess the appropriate technical and organizational fit.
- Coach and mentor staff as appropriate for optimum work performance.
- Assist in the negotiations of future collective agreements, working cohesively with BCGEU, while also looking out for the best interests of the organization.

### Qualifications & Experience:

- Post-secondary education specializing in HR management.
- HR experience in a comparable unionized environment.
- Working knowledge of the Canada labour code.
- Working knowledge of union regulations and processes.
- Problem-solving and decision-making skills.
- Ability to work with a diverse team of individuals.
- Works well under pressure.

\*Compensation to be determined, based upon qualifications and experience.

\*We thank you for your application, however only shortlisted candidates will be contacted.

**\*Posting will remain open until a suitable candidate is selected.**

Please forward your resume and cover letter to Jessie Peters at [hr@tn-bc.ca](mailto:hr@tn-bc.ca).



### Position: Bartender/Server

Date: July 22nd, 2017

Location: Historic Lund Pub

Contact: Crystal Mitchell

Email: [crystalmitchell@hotmail.com](mailto:crystalmitchell@hotmail.com)

### Requirements:

- 19 years +
- Transportation
- Serving it Right (or willingness to obtain)
- Food Safe is an asset
- Experience with POS systems is an asset
- Strong customer service skills
- Team player
- Punctual

### Duties:

- Pouring/Mixing drinks (bartender)
- Taking customer's food and drink orders
- Serving drinks and food
- Entering ordered items into computer
- Collecting payments
- Stocking
- Light cleaning

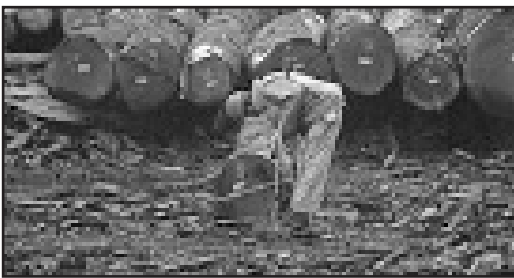


## Log Scaler Training Opportunity

Tla'amin Nation is seeking two people who are interested in taking the 3 month Log Scaler course based out of Gibsons, B.C. Upon completion of the course, the individuals will be ready to take the final exam to become a certified Log Scaler.

### The individuals must possess the following:

- Minimum Grade 10 education
- Minimum Grade 10 Math
- Knowledge of all tree species and ability to differentiate species
- Knowledge of the Forest Industry
- Physically fit (will be on your feet 8 – 10 hours/day)
- Able to commit to 40 – 60 hours per week of study for 3 months to obtain the training to write the final exam
- Ability to work in all types of weather (hot, cold, rain, snow)
- Class 5 Driver's licence
- Be of Tla'amin ancestry
- Willing to relocate to Gibsons, BC for the 3 month course
- You may travel home on weekends at your own expense but you must be dedicated to studying
- Have a strong willingness to learn and the ability to take criticism and learn from your mistakes
- Female applicants encouraged to apply (not just a male position)



The Log Scaler course is not scheduled until **February 2018**, however, we are doing an intense pre-selection for two successful candidates. There is no immediate job opportunity with Tla'amin Nation, however, log scalers are in high demand. This is a fully funded opportunity, funded by the TSL Forestry revenue and NVIATS (successful applicants must become a NVIATS client). A Log Scaler position is a well-paid position starting at \$24 per hour and increasing to \$34 per hour after a year (wage is pending on employer).

### NVIATS and Tla'amin Nation will fund the following:

- The course tuition and required field gear
- Personal Protective Equipment (PPE)
- Monthly living allowance for 3.5 months
- Limited funding for transportation at the beginning and end of the course to and from Powell River
- Application/exam fees
- This is not a post-secondary funded opportunity

### To Apply:

#### Please submit the following:

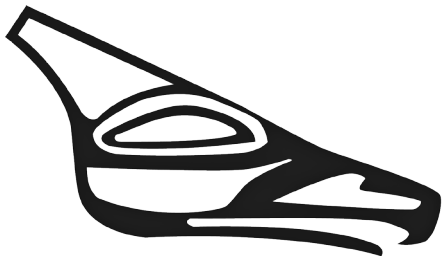
1. Copy of transcript showing minimum completion of Grade 10 education and grade 10 math;
2. Letter of interest with current contact phone number and current email;
3. Copy of resume.

**Deadline: Friday, August 11<sup>th</sup>, 2017 – 4:00pm**

#### Submit complete applications to:

Attention: Cathy Galligosor Email: [cathy.galligos@tn-bc.ca](mailto:cathy.galligos@tn-bc.ca)  
Tla'amin Nation 4779 Klahanie Road,  
Powell River, BC, V8A 0C4





# RAVEN Events

## Job Alert!

### RAVEN EVENTS IS HIRING A CONNECTIONS COORDINATOR

Interested in joining an innovative team and having a hand in producing an event that shifts the economic landscape of Canada? The Raven Events team is hiring a Connections Coordinator.

The Connections Coordinator works with the Connection Managers to recruit quality delegates to the Aboriginal Business Match (ABM) that contribute concrete business opportunities to the international ABM Network. This involves the continuous process of understanding traditional territories and their economic activity, the priorities of community and corporate decision makers and the opportunities in Aboriginal business development in Canada and the US.

**Only strong team players, who have their team mates' back, will thrive in this job.**

You must be an information seeker and interested in what's going on around you, from local politics to global trends. You must be able to think in multiple dimensions with an entrepreneurial desire to innovate, expand, develop, connect, improve, complete and question. You must want to own your role with Raven Events and handle yourself and your tasks with professionalism, efficiency, proficiency and the expectation to excel. You must be able to negotiate and communicate competently with current and potential members of the ABM Network with a focus on making an individual, succinct and accurate business case for ABM participation.

#### A Successful Candidate:

- Gains clear understanding of customers' businesses and requirements in economic and cultural contexts and keeps up to date on current affairs relating to the target markets;
- Documents detailed sales information in Insightly, scheduling and conducting ongoing follow-up to ensure all active sales leads are current and present status is available to other team members;
- Gathers and documents market, customer and future buying trend information to inform refinement of product and sales strategies;
- Creates, produces and presents reports to continuously evaluate and document sales progress; Attends team meetings, shares information efficiently and uses tools such as Podio, ConVerve, Outlook, Word, Excel and Insightly with expertise.

The Connections Coordinator also participates in the ongoing refinement of our international sales and brand development strategy. If you think your approach is the best and you can present and defend your ideas to a strong team, you may have what it takes.

#### How to Apply

- Email your application with cover letter to [info@ravenevents.ca](mailto:info@ravenevents.ca). For questions call 604-483-3532.
- Visit [www.aboriginalbusinessmatch.com](http://www.aboriginalbusinessmatch.com) to get familiar with who, what, where and when!
- Only those who will be invited for an interview will be contacted.

**Application deadline is Friday, August 4, 2017.**

High fives,  
Romila Barryman  
Manager, Communications, Raven Events  
Producer, Aboriginal Business Match  
Producer, American Business Match  
1-604-223-7206



### Job Posting: Front Desk Agent

Post Date: July 14th, 2017

Starting Date: ASAP

Starting Wage: TBD

Contact: Kurt Pyrch

Email: [generalmanager@lundhotel.com](mailto:generalmanager@lundhotel.com)

#### Requirements:

- Some experience in an office or administrative position is an asset
- Strong written and communication skills
- Comfortable with the internet and computers
- Comfortable working with a wide range of guests, members of the community and other departments within the hotel
- Organizational skills
- Patience, punctuality and welcoming personality

#### Duties and Responsibilities:

- Working with the internet and computers
- Answering the phone, taking requests, answering guest inquiries, taking phone reservations
- Check in/check outs
- Communicating with housekeepers about room statuses
- Keeping track of the reservations
- Cash outs/handling cash
- Answering questions about the surrounding area
- Providing guests/visitors with the best experience possible



# ANNOUNCEMENTS

## TLA'AMIN NATION | EXTENSIONS

First Name	Last Name	Ext.	Other	Numbers
AHMS	TAH OW	102	CDRC Daycare	604 483 3449
ALEX	SUTCLIFFE	132	Chiy Chuy Preschool	604 483 3434
ANDREA	PAUL	104	Elders Lodge	604 483 9630
CATHY	GALLIGOS	119	Firehall	604 483 2444
CLINT	WILLIAMS	107	Hatchery	604 483 4111
CRAIG	GALLIGOS	106	Health	604 483 3009
DAVID	LOUIE	123	Lund Hotel	604 414 0474
DENISE	SMITH	121	TMS (Devcorp)	604 483 7777
DONNA	TOM	126	Tla'amin Nation	604 483 9646
ESTHER	WILLIAMS	117	Water Plant	604 483 4399
GERRY	GALLIGOS	135		
GRAEME	STEWART	133		
			Fax	Numbers
JESSIE	PETERS	127	CDRC Daycare	604 483 3410
JOHN	HACKETT	109	Hatchery	604 483 4115
JOLENE	SUTCLIFFE	115	Health	604 483 2466
JUDITH	KING	124	Health Benefits	604 414 0388
JUNE	WILSON	142	TMS (Devcorp)	604 483 7741
KAYCEE	MITCHELL	136	Tla'amin Nation	604 483 9769
LARRY	LOUIE	131		
LORI	WILSON	108		
			Toll Free	Numbers
LOUISE	DOMINICK	125	Health	1 888 271 5555
MAUREEN	ADAMS	116	Tla'amin Nation	1 877 483 9646
MIA	HARRY	122		
PAM	WILSON	114		
PAULA	STEWART	103		
ROD	ALLAN	101		
ROY	FRANCIS	137		
SERENA	BARNES	120		
SHAWN	LOUIE	105		
STEVE	GALLAGHER	138		
STEVE	HUNTER	118		
TRISHA	WILSON	110		
TRUST	OFFICE	141		
VERNA	FRANCIS	113		



## Birthday Brothers



### Whose turning 7

Happiest birthday wishes to our little man Mattias Gallagher who is having his celebration on August 8th

*Love Mommy and Daddy, Stacia, Jacob, Makaela and Andy Whiskers!*

### Happy Birthday Jacob!

We wish you a very special day on August 28th when you turn 17.

*Hugs and loves from Dad, Jodie, Stacia, Makaela and Mattias.*



## Gold Medal Champions in Toronto

Congratulations to James and Jerod Timothy and Mark Silvey who never allowed a goal in his four appearances at the North American Indigenous Games. James finished with four goals while Jerod hit the onion bag five times. Final score in the gold medal game was 1-0 over Saskatchewan.



### Happy 9th Anniversary Mrs G!

Just wanted to send all of my love and best wishes as we celebrate another wonderful year together. May life grant us many more amazing years.

**Happy Anniversary Jodie Gallagher**



### Weighing In

Shawn Louie tips the scale just under five pounds at the weigh in station on July 8th



## Congratulations Stars

*Stars recently won E.A Memorial in Campbell River over the weekend.*

Braedyn Louie (rising star), Charles Timothy, and William Adam earned AllStar. Blake Harry scored the most goals.

Stars defeated the Shell Beach Winter Hawks 11-2 in the finals.