



# NEHMOTL "Us"

August 2016

Community News | Events | Updates for the Sliammon People

## Governance House Signals a Strong Foundation for Moving Forward

The Tla'amin administration and staff have completed a move from our old offices into our new Governance House. The move signals a very welcome change from an old workplace into a bright new future. For those of you who haven't seen the building yet, you are welcome and encouraged to stop in for a visit, and perhaps even take a tour.

The new building, and the new work environment is a very good foundation for launching new and expanded responsibilities. Our newly forming teams are adapting to adjustments to workloads; organizational structures are transforming; and reporting relationships are changing. We are re-inventing our governance and our administration; we are making changes on our own terms, embracing new challenges, and preparing for the important work of making our community a better place.

We are now focused on "implementing" the Final Agreement. The treaty has provided additional lands, financial resources, law making authorities, taxation authorities, forestry resources, and harvesting rights. The additional "resources" and "responsibilities" mean a lot more work, but it is also a very welcome change from where we were under the Indian Act.

After nearly twenty years of treaty negotiations our new Governance House has finally become a reality as of July 4th when staff relocated into the ginormous office building. On July 15th over a hundred people showed up to our community open house for a barbecued lunch overseen by Chef Tim Paul on a beautiful sunny day to celebrate this



Over a hundred showed up on July 15 to celebrate the opening of the Tla'amin Nation Governance House

huge success for our nation.

Tla'amin elders were given the priority to show up early and tour the offices of the Hegus and legislature meeting room as well as administration staff and entities that are now all working together under the same roof.

Albert Hackett welcomed everyone into the main lobby with his guitar playing and Phil George performed a prayer song. Hegus Clint Williams acknowledge all the hard work and teachings that has been provided by our elders and recognized our youth as the future moving forward.

### Treaty Office is now closed

This article is written to put closure to a very important phase of Tla'amin community development.

The Sliammon Treaty Society, it's offices and its staff are no longer in operation. The closing of the treaty office signals the end of a critical phase of Tla'amin history. The treaty organization has successfully completed its mission:

*"The mission ... for the Sliammon Treaty Society is to honour and respect our ancestors through implementation of a true community based process to negotiate a fair and equitable treaty settlement that will ensure the building blocks of a good government and a foundation for the well-being of our future generations."*

The treaty organization and its staff have served Tla'amin with pride and purpose. The Final Agreement came

into effect on April 5, 2016. The Governance House construction is now complete, and our Nation is now in the early stages of self-government. The work to building a foundation for the well-being of our future generations is well on its way.

We owe a debt of gratitude to the Board Members and the staff of the Treaty Society, our elected leadership, and the many Tla'amin community members who have helped to make a truly historic transformation for Tla'amin. The efforts of our entire team are truly making a positive difference for all of us. Congratulations to all involved; it's a well-deserved improvement. We look forward to the new journeys in front of us.



INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



# Tla'amin Elections 2016

Notice is hereby given that the Tla'amin Nation Executive Council has called and election in accordance with the Tla'amin Election laws and regulations, for the purpose of electing one (1) Hegus and eight (8) legislators to form the Tla'amin Government on September 10, 2016 for not more than a 4 year term.



## Notice of All Candidates Meeting & Agenda

**August 24th, 2016**



**Salish Centre - 4885 Highway 101, Powell River**

**Meeting Opens at 6:00 PM, Closing at 8:00 PM**

Chair, Dan Devita

### AGENDA

- Call to Order, Open Meeting
- Chairman Remarks
- Review Procedures
- Candidates Presentations
- Candidates Questions and Response
  - Questions and Response
- Open Floor - Time Permitting - Maximum 20 Minutes

**EVERYONE IS ENCOURAGED TO ATTEND**

## Tla'amin Candidates

### For Hegus:

1. HACKETT, JOHN STEVEN
2. PIELLE, VERN
3. WILLIAMS, CLINT

### For Legislature:

1. ADAMS, GRACE
2. FRANCIS, GLORIA
3. FRANCIS, VERNA
4. GEORGE, (WILLIAMS) ANTHONY
5. HACKETT, BRIAN
6. HACKETT, JOHN STEVEN
7. HACKETT, SAMUEL
8. HOPKINS, DOREEN
9. LOUIE, DAVID (BUD)
10. LOUIE, LARRY
11. LOUIE, SHAWN
12. PAUL, WALTER
13. POINT, DOREEN
14. SMITH, DENISE
15. SPARROW, (WILSON) LORI
16. TIMOTHY, NEIL
17. TIMOTHY, TRACY
18. WILLIAMS, CLINT
19. WILSON, TYRONE (T-BONE)

THE ABOVE LIST OF CANDIDATES IS SUBJECT TO ANY WITHDRAWALS OR DISQUALIFICATIONS WHICH MAY OCCUR PRIOR TO OR ON SEPTEMBER 10, 2016

FP SCHIFFNER  
ELECTIONS OFFICER  
TLA'AMIN NATION

## Message from the Hegus



Greetings to all of you Tla'amin Citizens! It is very exciting knowing that the upcoming election on September 10, 2016 will have nothing to do with the Indian Act and will be an election endorsed by our Tla'amin Laws and Regulations. Although this process will be new to all of us, it is important to understand that all of the laws and regulations have been developed based on the

constitution that our community developed and endorsed by way of a referendum.

The past two years have been quite challenging but also very rewarding, our last Indian Act Chief and Council (2014 – 2016) of the Sliammon First Nation have worked this entire term preparing for Self-government. We all live in and participate in a democratic society that must provide for fair and equal opportunity to all of our citizens, this statement often becomes pretty cliché around election time. However, this was the driving force behind all of the recent law development; and now this is much more than election promises or statements as it is now backed up by the new Tla'amin Government Laws.

Operating in a transparent and accountable manner are commitments that our elected leadership and staff will be responsible to uphold during their time in office, this is a positive development that now will provide our citizens with tools to help them monitor and hold their elected leaders accountable for their actions. Some examples of these tools are; Conflict of Interest law, disclosure forms, training sessions for leadership candidates, referendum and recall laws & procedures and much more. All of the Laws and Regulations have been developed to help provide certainty to our Tla'amin Citizens and to insure that we are operating in a responsible manner with their best interests in mind at all times.

These past few years have been about pursuing and developing change! I personally want to say thank you to the many community members and leaders that did participate in the various information sessions that were held over the years. Your input has been valuable and crucial to the process, whether you were in agreement or not with the overall process we did our best to accommodate questions and concerns, your voices were heard. After our next election many of our new processes will be implemented for the first time, these new procedures will need to be implemented as they were designed to.

I have been very proud to represent our people through this challenging process, change is not always welcomed and can often cause adversity. Throughout this whole process I have made it a priority to hear out the concerns of our people that were supporters of pursuing self-government and also those that were not. The one consistent statement that was heard many times over was that "we need to provide for a brighter future for our future generations". We now have tools and resources that we have never had access to before, it is how utilize these tools that will determine the future for our people. All decisions must be made in a responsible manner that is justifiable to all of our citizens.

I would personally be very proud and honoured to carry out this work as Hegus in our first self-government election. Therefore I am humbly requesting your support in our upcoming election September 10, 2016.

Our people should expect to have an accountable, honest, hardworking and reliable government that will be there for our people through the good times and more importantly the challenging times.

Che chah hah tahn nah pesht

## Here is What You Need to Know About Status Cards and Citizenship Cards

### Status card

- Your status card will continue to be recognized for the purpose of tax exempt purchases; such as vehicles, gas, shopping malls and tobacco purchases located on reserve lands
- Supports non insured health benefits
- Can be used as identification to cross the border by vehicle into the USA (or you can cross on foot)

### Tla'amin Nation Harvest and Citizenship Card

- You must be enrolled as a Tla'amin citizen in order to be issued a Harvest and Citizenship card.
- A Citizenship and Harvest Card is combined into one. This card must be carried with you when exercising hunting, gathering and fishing rights in our traditional territory, in the event you are asked to present to enforcement officers or authorized officials.

### Tla'amin September 10, 2016 Elections

- You must be enrolled in the treaty in order to vote in the upcoming election on September 10<sup>th</sup>, 2016.
- If you are not enrolled when you are nominated you have up to seven days to August 4<sup>th</sup>, 4:00 p.m. to submit your enrolment application. The Citizenship Committee will review and if you are accepted your name will be confirmed as eligible to the Electoral Officer.
- You can enrol and vote right up to the date of the vote on September 10<sup>th</sup>, 2016 as long as it is before the polls close.
- If you voted on the Final Agreement you are enrolled, unless you have since unenrolled.
- You are eligible to enroll (to vote or nominate in the September 10, 2016 elections if:
  1. You are of Tla'amin ancestry through your mother or father,
  2. You were adopted by someone of Tla'amin ancestry as a child, according to Canadian law or,
  3. You are enrolled and turned 18 or will be 18 by Sept. 10<sup>th</sup>, 2016 then you are automatically put on the voters list.

Updated application forms are available at [www.sliammonfirstnation.com](http://www.sliammonfirstnation.com).

### What if you choose not to enroll?

- You can choose not to enroll and your status card is still valid.
- You are still able to access existing programs in Tla'amin, including social assistance, education, post secondary, healthy living dividend, non insured health benefits.
- You are not eligible vote or nominate or run for legislature or Hegus in the September 10, 2016 elections.
- You are not eligible for a Tla'amin Nation Harvest and Citizenship Card.

### How do I know if I am enrolled?

Contact the Citizenship Registrar Mia Harry at 877-620-9220 extension 122 or by email [mia.harry@tn-bc.ca](mailto:mia.harry@tn-bc.ca)

# Tla'amin Trustees

## Lenora Dickey- Trustee/Secretary:



Hello,  
My name is Nora Dickey (Mitchell) and my traditional name is qa?axstales . My husband Clayton and I have been married for 8 years and have 2 daughters – Mila & Jema. I successfully completed my Paralegal through Vancouver Island University and look forward to applying those skills to the nation building process here at home. I have been appointed the Secretary Treasurer for the Qames

?ems tala Settlement Trust, and I am honored to fulfill the duties on behalf of all of our citizens—and for future generations. I was initially interested in the Trustee role because our children are the ones that will be affected by the decisions we make today and I want their opportunities to be unlimited. This means a lot to me.

I encourage any of our citizens that have goals to own their own business or start something new to please feel free to ask us any questions regarding what the Trust can offer. Please don't hesitate to contact me at any time and I will be happy to see if your ideas fall into any of the categories we may be able to help fund.

I am very pleased to be a part of such an exciting time for the Tla'amin Nation and look forward to the positive and bright future ahead of us.



## Ann Paul- Trustee/Chair:

Aujishwhut Citizens of Tla'amin Nation

I'd like to introduce myself to you as one of the 5 newly appointed Trustees to the Qames ?ems tala Settlement Trust. I was appointed a 4 year seat on this Board through a process set by our Legislature.

My traditional name is Qah qeh?et which simply translates to "a busy person". My Christian name is Ann Paul. I am the daughter of Elsie Paul (Timothy) and William Dave Paul. My grandparents were Lilly Bob (Timothy) and Gilbert Francis. My great grandparents were Molly and Lahsaw Timothy. I am blessed with three grown sons, Bryce, Davis and Cody and one grandson, Cash.

Prior to becoming a Trustee, I served as a volunteer on the Board of Directors for Tla'amin Health Services for 18 years. I currently work as the Operations Manager for a private care home.

For the majority of my work life, I was the Director for Nutrition and Food Services at Powell River Hospital. My interests include personal fitness, gardening (volunteering my efforts in the community garden for the past 2 years), reading, participating in learning our language through traditional song and dance and spending time with family. I am happy and excited to be of service to my Nation and look forward to the collective responsibilities and duties as one of the five Trustees to the Qames ?ems tala Settlement Trust.

Chechehatonopetch, Emote.

## Alisha Point-Trustee:



My name is Alisha Point, my Mom is Arlene Point and my Grandparents are Doreen and Alex Point. I am mother of a nine-year-old young man. He, my partner Aj and I reside in beautiful Tla'amin Territory. I am a full time Project Manager for Raven Events, a small yet powerful company located here in Sliammon. I was born in Vancouver and lived there until I was 15 when my family made our

migration "back home".

I have always felt a connection to Sliammon. Growing up, when I would hear my Grandparents say "We're going home for a visit," I would be beside myself the whole two ferries and the never-ending drive from the city until we reached the top of Homalco road where I would glance at the familiar soccer field, mailboxes, chicken wire fences, and finally the larger than life satellite dish that used to sit in my uncles' yard. I would then think "Yay we are home." Visits to Sliammon were definitely the highlight of my years and am now content raising my son and living my life here. I have had temporary jobs within Tla'amin such as in the Social Development Department and Eligibility and Enrolment. Through these jobs I enjoyed the connections I made with fellow community members. I also participated in the Constitution Working Group (CWG), and can't help but feel awe when I think of that early stage to where we are at now. I am now honored to be one of the Trustees of the assets that were provided to ensure the healthy growth of our Nation.

## Kristi Thiele- Trustee/Treasurer:



Ahjechwut!  
My name is Kristi Thiele. My parents are Rose Adams & Vern Pielle. My grandparents are Leslie & Janie Adams, and the late Sue Pielle.

I currently live in Victoria with my husband Konrad, and 2 kids. The reason I moved away from Powell River after I graduated high school was to attend Camosun College. I have a Bachelor of Business Administration, with an Accounting major. Recently, I enrolled in the Chartered Professional Accounting (CPA) program, and I begin classes in August 2016. For the past 4 years, I have worked full time as an Accountant for a medium sized corporation in the construction industry. In the last 15 years, I have worked in the Accounting, Finance and Direct Sales sectors. I love working with numbers, and enjoy the people I work with. For fun, I like to travel to new places, visit family, scrapbook old pictures, and read. I work hard to establish and maintain good relationships wherever I go.

In regards to the Trust, I wanted to give back to our community. Living out of town makes it difficult to contribute to home in a meaningful way. This opportunity allows me to contribute to the growth and prosperity of our people, from Victoria. I have experience with communication, building budgets, and working as a team. I am creative in finding solutions, dedicated to adapting and growing with new tasks, and a highly motivated person. I am here and available to answer any questions or concerns you may have. My email is [Kristi.Thiele@tn-bc.ca](mailto:Kristi.Thiele@tn-bc.ca) Please email me any questions or concerns you may have. I will respond to your emails within 3 days.

## Alexander Hugenschmidt- Trustee:



My name is Alex Hugenschmidt, I am 58 years of age. My Mother is a Jackson who is related the Bird family, and the Harrys and the Points of Sliammon. I am currently working for BC Ferries

For 23 years I have been operating my own Process Serving company out of Powell River, I calculated that I have served a quarter of Powell River's population. For the Tla'amin Community, I

have served on the Tla'amin Health Board. I was Vice-Chair of Hospital Employees Union (HEU) for many years. I have just finished working as an armored guard ATM technician which I did for 23 years. I am proud to point out that during this time there were no incidents and never has a penny gone missing. I have also completed 2 years toward my BA in Aboriginal Studies, Criminology and History.

I am proud to sit on the Trustee Board for the simple reason everything has to be accounted for and decisions have to be made for the future of Tla'amin, and I wish to be a part of this.

## North Vancouver Island Aboriginal Training Society

Tuesday August 16th

8:30 am - 4:30 pm

Tla'amin Governance Building

- Funding for school- trades, short courses, level 3 first aid
- Resume building
- Career counselling
- Ready to work programs
- See Lorraine Redpath or Lucille Bilous for appointment

1-250-286-3455

Email: [redpath@nviats.com](mailto:redpath@nviats.com) or [lbilous@nviats.com](mailto:lbilous@nviats.com)

# Lund Receives New North Dock

Greetings from the team at the Historic Lund Hotel and Marina; in particular, from the Tla'amin Nation community members who work at the hotel. And from the Mizare team who help lead the business for your community.

Unfortunately, I need to start off this month by apologizing for all the problems we have had getting payroll out on time and correctly accounting for all our employees hard work. Lots of excuses; new payroll system, new accountants, new rules, long weekends but none of these things matter and we should have got the paycheques RIGHT and on time. We think we have got it all organized now so thank you for your patience.

The new North Dock should be in place by the time this article appears in the paper. And we have acquired the Hotel Dock at a great price (well done Kelly Rankin) so the marina is starting to look a lot better. We will not replace the fourth dock until we determine exactly where



the Gas Dock will be re-located. And it needs to move because it is not entirely contained within the hotel property and the existing gas tanks are nearing the end of their useful life. Stay tuned for more details. Finally, thanks to the community members who helped us arrive at a fair pricing formula for Tla'amin Members who moor their boats with us and have come out to sign their moorage agreements and pay their

bills. Now we can move on with selling the rest of the moorage space at market pricing so that we can pay for all the upgrades!!

If you have been out to the hotel you will noticed we have put new concrete blocks around the Upper Parking lots. They are a bit unsightly now but when fall arrives we will be planting native plant species in and around them so that as they grow in they will soften the ap-

pearance of the blocks. And the blocks serve to clearly identify the parking space we control and charge for; the revenues from the parking lots will go a long way in helping pay all the bills at the hotel and we intend to become a lot better at collecting from all the parkers by better controlling access to the lots.

Our submission to the management board with regard to the re-development of the entire property is still proceeding indeed they have come back to us with some great questions that we need to answer before we go to any next steps. We are still optimistic that we will be able to start to move on the project by the fall.

In the meantime, it is very very busy in Lund (just ask anyone you know who works with us) and the entire team is working hard to ensure we have a great and profitable summer. Thanks!!!  
Jeffrey Barrit  
Mizare Hospitality

## SUMMER MAINTENANCE & LANDSCAPING WEEK

Monday, August 15th – Friday, August 19th

Summer is here and with the season comes the growth of pesky prickles and weeds which can easily become a home for insects, rodents and other pests. From August 15th – 19th we're asking that our community members take time to landscape their properties and complete all general yard maintenance.

This includes the trimming/removal of blackberry bushes encroaching on homes and stairways/walkways, the tidying of any debris/garbage and weeds that have accumulated, cutting grass, as well as the removal of any abandoned/unlicensed vehicles on the property.

This cleanup is not only for the health and safety of our community members but to also take pride in the presentation of our beautiful nation so we can all live in a clean and safe neighborhood.

If you have any questions, please contact Paula or Andrya in the Housing Department @ 877-620-9220.

## HOUSING UPDATE

We are so happy to be in our new location on the main floor of the Tla'amin Nation Governance Building. In this month's publication, we are taking the opportunity to update the Community on a few items that Tla'amin Housing is working on.

A concentrated effort by all Staff and Executive Council has been made to improve the rental collection process. Finance and Housing are working at communicating to Tla'amin Citizens what their rental obligations are. We will start to send invoices to the homes that are required to pay rent or have Maintenance Agreements in place. These are meant to be reminders to the tenants and Home owners of the monthly payment commitments that you agree to when you live in a Nation owned home or have entered into a Maintenance Agreement. Regular payments are expected monthly, however you may make partial payments or bi-weekly payments, as long as the total amount is paid by the end of the invoiced month. When you are looking to bring a payment to Tla'amin Housing, please come to our new office.

andrea.paul@tn-bc.ca  
paula.stewart@tn-bc.ca

Sincerely,  
The Tla'amin Housing Department

# Tla'amin Education



We would like to acknowledge and congratulate Taylor Aarset on his Graduation from VIU with a Bachelor of Arts with a Major in Psychology. We would like to thank the Tla'amin Nation and also acknowledge Vivian Aarset for the many years of love and support with love, Dad, Granny & Auntie

Congratulations Taylor Aarset Bachelor of Arts Degree  
Congratulations graduate your future is so bright  
You made us so, so, very proud...  
As childhood memories flashed before our eyes as you walked across the stage  
We reflected on your younger years that seemed like just yesterday

We would like to acknowledge all of your hard work gaining your Psychology degree Taylor, follow your heart and never let go of your dreams  
There are no limits in what you can achieve  
Travel the world and create precious life long memories  
And we are certain that you will succeed  
I know greatness lies within you  
We look forward to the next chapter in your life  
We want to congratulate you Taylor once again and share that our hearts are filled with pride!

Hultlomich, My Nephew, Son and a Grandson

## 2015/2016 Academic School Year

The Tla'amin Education Committee would like to congratulate the following students on achieving their educational achievements and wish them well on future endeavors:

**Alia Harry**- Health Care Assistant (April 2016)

**Brooklyn Egan** – Community Support and Educational Assistant  
(May 2016)

**Taylor Aarset** - Bachelor of Arts in Psychology (May 2016)

**Sergio Carias**- Welding level C (May 2016)

**Jeremiah Jones**- Bachelor of Social Work (May 2016)

**Cole Francis**- Automotive Service Technician Level One (June 2016)

**Tarin Wilson**- Cosmetology (July 2016)



Brooklyn Egan

### School Supplies Allowance

#### Tla'amin Members

Tla'amin Nation Education and the Social Development Department combined will be issuing a school supplies allowance to each child who is registered with the Tla'amin Nation. The child must be registered for school and only grades kindergarten-12 are eligible. This includes children who live on and off reserve.

#### For grades K-7,

\*James Thomson Elementary students\*- please note that James Thomson School will be providing all necessary school supplies for students. So a cheque will not be issued for James Thompson students

#### For grades K-12,

Students who are registered in School District 47, Assumption School, Christian School, or The French School will receive \$100.00 (Cheque)

#### Non Tla'amin members

The Tla'amin Social Development Department will provide a \$40.00 school supply allowance to parents of non-Tla'amin students who live on reserve who are registered with another band and are attending one of the above schools. The SA policy allows for this.

#### Off Reserve members

If you reside off-reserve, it is your responsibility to ensure your completed form has been received by the Tla'amin Administration with your current mailing address to Louise Dominick email at postsec@tn-bc.ca or fax to 1-778-762-3713.

**The deadline for applications for the school supplies allowance to be accepted up to Friday August 19th, 2016.**

**The School Supplies Allowance cheques will be issued on Friday August 26th, 2016**

No cheques will be issued in between these dates or upon demand



Summer camp canoeing at Haywire Bay

# TLA'AMIN HEALTH

## Healthy Happenings

An update by **Brendan Behan**  
Executive Director of Tla'amin Health



July brought us some significant changes at Tla'amin Health (not just the weather) and each change can trigger different emotions and experiences. Some changes can be joy-filled or changes can be emotionally challenging. With David Marceniuk's leaving at the end of this month as our resident Nurse Practitioner we are thankful for his caring work and meeting the community's many health needs and are sad to see him go however, we wish him and his

wife and family well in his journey. The community including a large group of Tla'amin elders gave a great celebration and let David know that he is always welcomed to come back to work or visit in the future.

We are also excited to welcome a new Nurse Practitioner to our community who should be arriving mid- to late August.

Some other exciting news is that we are going to be bringing in new services that were not in place previously such as mental health care counselling from a certified councillor. It is clear that depression and anxiety remain significant issues for many and we must provide this care and we have an opportunity to do so in Tla'amin Health. We are looking at also providing a space from other services such as Chiropractic care and Midwifery care in the early fall.

The staff here at Tla'amin Health continue to forge ahead with energy to provide care as needed for the community through regular funding streams as well as grant applications.

One of our successes that was based on a grant from the First Nation Health Authority (FNHA), is being recognized and celebrated. Through our Health Promotions Office, at Tla'amin health kitchen the program 'Cooking with Kids' was a great success that also included a dietitian from Vancouver Coastal Health. FNHA is so impressed with our program report that they are using our program as an example of success when aboriginal communities direct their own care and health plans to the Ministry of Health. It will be highlighted as an example when the ministries partner with aboriginal health in an upcoming annual report.

I wish everyone a warm and fun filled rest of summer. Stay safe, wear sunscreen and a hat and stay hydrated – drink plenty of water on these hot days.

*Brendan Behan*

### EH KWA'A'NUNS KYE'AMIEUX

*"When the people in our community are well again, all around us will also be well."*



Tla'amin elders recently hosted a barbecue luncheon for our outgoing Nurse Practitioner David Marceniuk (back middle)

## Provincial Health Officer Declares Public Health Emergency

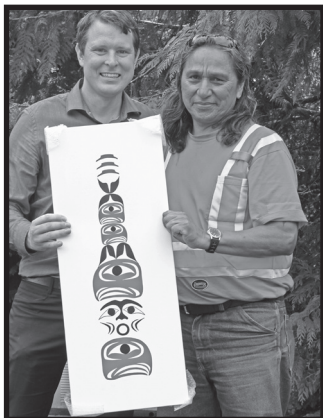
A public health emergency has been declared in British Columbia due to the drastic increase in drug-related overdoses and deaths in. In 2015, there was a 30% increase in drug overdose deaths and in January of this year there were 76 deaths, the largest number of overdose deaths in a single month in nearly a decade. At the current rate of overdose deaths it is estimated that there could be 600-800 deaths this year in British Columbia.

Drug overdoses are caused by taking too much of an opioid and if left untreated can lead to death. Opioid drugs can be prescribed by a doctor for many reasons, most commonly for the management of pain. As well, they are often used without a prescription. Examples of opioids include morphine, heroin, fentanyl, dilaudid, oxycodone and methadone. Naloxone, also known as narcan, is a medication used to stop the effects of a drug overdose, preventing death.

Since 2012, take home naloxone (THN) kits have been available in British Columbia. People who are using opioid medications, with or without a prescription, are able to participate in this program. The program includes training on how to reduce overdose risk, how to recognize an overdose and how to respond to an overdose. The take home kits include the medication, naloxone, and supplies to give it with.

**Take home naloxone kits are now available at Tla'amin Health Centre.** As well we offer supplies for safer use of drugs, such as crack pipes and sterile syringes. For individuals who are interested in abstaining from drug or alcohol use, Tla'amin Health Centre also offers addiction counselling and help getting into recovery or detox settings. These services are completely confidential and can be accessed Monday through Friday 8:30am -4:30 pm.

*Kim Markel, RN*



## Back to School Medical Check List

Enjoy the last month of summer before heading back to school, however, there are a few things that could be dealt with this month to make things easier in Sept.

### Your Child's Yearly Eye Exam

Has your child had his/her eye exam before heading back to school? Children aged 0 to 18 years are covered for one full eye examination annually.

### Head Lice

You no longer need a doctor's prescription to have head lice treatments covered. If you go to the pharmacy and talk to a pharmacist they can do the required paperwork to get your treatment fully paid (with your status number) PLEASE ask to get the product RESULTZ as many of the other products have built up resistance and are not effective treatments.

### Dental Exam

Is your child complaining of dental pain. Please see your family dentist or call Sliammon Health for a dental appointment here.

Are there any other concerns that need follow up? Doing a few of these things in August takes some of the pressure off when Sept. rolls around.

Enjoy these summer days !

## Learning our Tla'Amin Language

I encourage everyone to use our language daily, whether it's a word or sentence. Using our language, ensures we don't forget how to talk it and we pass it to our future generations. I will post be posting new tla'amin words in our Neh'Motl every month, check out our new ones posted at Tla'amin health every week.

### WORDS OF THE MONTH



**cīc̣yε** CHI ČHIA GRANDMOTHER

**kʷŭkʷPə** KOOK PAH GRANDFATHER

Emote  
Dawna Pallen  
Health Promotion

## Child, Youth, and Family Advocate Update

Brenda Pielle, BSW

Have you ever heard teachers or parents talk about how the children and youth return to school with a "summer brain" or a "fuzzy brain"? Some adults have been concerned about "summer slide" or the loss during the summer of some things that children have learned during the school year.

As parents we can take some time to encourage our children and youth to stay connected with some learning activities over the summer. Some ideas of how we can do this include:

- bringing our children or youth to the library to pick out some interesting books to read
- being a "reading role model" and spending some time reading, ourselves, over the summer
- asking our children or youth to write something about an activity that has happened over the summer – even a few lines about what they did, if it was fun, etc.
- playing word games like "hangman" or Scrabble
- putting some reading material in the bathroom like joke books or comic books, youth magazine
- declare a "no-tech day" ask your child or youth to take a break from the phones and devices and do some reading
- looking at some of the math worksheets they brought home from school and giving them a couple of math questions to do each day
- playing card games
- playing games with dice like Yatzee

*"It can be very helpful to spend even fifteen or twenty minutes each day doing something related to learning."*

It can be very helpful to spend even fifteen or twenty minutes each day doing something related to learning. The Dollar Stores have little workbooks for preschoolers, and primary grades, and young children often love to go through these bright fun books and do some printing or easy math. Older children may enjoy cooking as a way of practicing math. Recipes use fractions and it can be a fun way to think about numbers. If your older child or teenager likes to go to the grocery store with you to make sure favorite snacks are bought, you can encourage him or her to add up the items that you have in your cart as you go along.

I hope you and I can find some time to build some practicing activities into our young people's summer days. It will make going back to school that much easier for our students when the fall season comes.

As the Child, Youth, and Family Advocate my job is to assist families who have children or youth with special needs. Some of those needs might be in learning or in behaviour. When school starts again in the fall, if you are going to the school for a meeting about your child's needs and you would like me to attend the meeting with you, please let me know.

Some special needs for children or youth come from alcohol exposure during pregnancy. We are all learning about Fetal Alcohol Spectrum Disorder (FASD). As you may know from previous years, FASD Awareness Day is on September 9<sup>th</sup> each year. This year we will be having a guest speaker in our community on Thursday September 22, 2016 from 1pm-3pm at the gym to talk with us about FASD and the law. His name is David Boulding and he is a criminal lawyer.

I hope you enjoy a wonderful and safe month of August.

## Grounds Maintenance worker Tla'amin Health Casual

Tla'amin Health services all those who are members of the Tla'amin First Nation, as well as others who live in Tla'amin and share in the activities and life of our community.

Our goal is to build a healthy community for the future. To do this we must reacquaint ourselves with those things from our past which used to make us physically, mentally, emotionally and spiritually strong.

As we take control of our health again, we will respect each individual's right to seek her or his own way of healing. Together, we will celebrate our ability as a community to give the gift of health and well-being to our children and our children's children.

The Tla'amin First Nation are a part of the Coast Salish peoples inhabiting the Western Coast of Canada. The Tla'amin community is located just North of Powell River, British Columbia.

Tla'Amin Health requires a casual Grounds Maintenance worker for maintenance and repair duties for the buildings, vehicles, grounds, equipment for the Health Administration building and the Child Development & Resource Centre

Job Title: Grounds Maintenance worker  
Work Site: Tla'Amin Health  
Status: Casual  
Start Date: Casual for staff on leaves (holidays and sick time)  
Salary: \$ 14.53 per hour starting wage  
Hours: 4 hours minimum  
Reference#: #08262016

### QUALIFICATIONS:

- Minimum Grade 12 or equivalent education
- Some carpentry, electrical, and mechanical knowledge required
- Workplace Hazardous Material information system (WHMIS)
- Successful Criminal Record check
- First Aide & CPR certificate (or willingness to obtain)
- Recent Annual TB Test
- Valid BC Driver's License and Abstract are required as local area travel may require use of personal and/or workplace-provided vehicle

### KNOWLEDGE, SKILLS & ABILITIES:

1. Arranges for and monitors minor and/or major repair and maintenance work
2. Demonstrated ability to work cooperatively and effectively under supervision
3. Demonstrated ability to organize work and/or carry out maintenance duties with independence and flexibility within WCB standards
4. Demonstrated ability to work collaboratively as a member of a professional team.
5. Demonstrated physical ability to perform the duties of the position.
6. Demonstrated ability to communicate effectively
7. Strong ethics demonstrating a commitment to client privacy and confidentiality

The successful applicant will be required to work in accordance with the BCGEU Collective Agreement along with all the policies and benefits therein, in addition to all relevant Tla'amin Health policies and procedures.

Please Note: The hours of work including days off and work area may be subject to change consistent with operational requirements and the provision of the Collective Agreement and applicable statutes. Successful applicants may be required to complete a Criminal Records Review Check.

Only short-listed applicants will be contacted for this posting.

**Send a resume accompanied with a cover letter, by email or fax by August 26th 2016 no later than 4:30 p.m.**

By email: [brendan.behan@tn-bc.ca](mailto:brendan.behan@tn-bc.ca)  
By Fax: (604) 483-2466  
Attention: Brendan Behan

## Youth Wellness Worker Tla'amin Health Casual

Tla'amin Health services all those who are members of the Tla'amin First Nation, as well as others who live in Tla'amin and share in the activities and life of our community.

Our goal is to build a healthy community for the future. To do this we must reacquaint ourselves with those things from our past which used to make us physically, mentally, emotionally and spiritually strong.

As we take control of our health again, we will respect each individual's right to seek her or his own way of healing. Together, we will celebrate our ability as a community to give the gift of health and well-being to our children and our children's children.

The Tla'amin First Nation are a part of the Coast Salish peoples inhabiting the Western Coast of Canada. The Tla'amin community is located North of Powell River, British Columbia.

The Youth Wellness Worker provides referrals, support, guidance and problem solving to clients to address issues of concern using traditional or contemporary cultural tools and systems.

Job Title: Youth Wellness Worker  
Work Site: Tla'Amin Health  
Status: Casual  
Start Date: Casual/On call to cover staff leaves  
Salary: \$ 16.63 per hour starting wage  
Hours: Most shifts will be 7 hours in length and usually Monday - Friday  
Reference#: #08262016

### QUALIFICATIONS:

- Preferred college certificate in a related human/social service field or equivalent of experience in this area
- Minimum two years recent related experience
- Successful Criminal Record check
- First Aide & CPR certificate (or willingness to obtain)
- Food Safe Certificate (or willingness to obtain)
- Recent Annual TB Test
- Valid BC Driver's License and Abstract are required as local area travel may require use of personal and/or workplace-provided vehicle

### KNOWLEDGE, SKILLS & ABILITIES:

1. Working knowledge of the Sliammon First Nation cultural values, practices and language is an asset
2. Working with clients in a one-to-one or group setting will also assist in organizing cultural activities, and community events promoting education, intervention and prevention
3. Works alongside other Tla'amin Health Support Workers especially for group visit coordination
4. Maintains collaborative relationships with internal and external support service providers, agencies and community resources
5. Coordinate, participate in group recreational activities
6. Ability to demonstrate leadership skills
7. Ability for conflict resolution as a team member and as a wellness support worker
8. Exceptional oral and written skills to communicate with clients, internal and external agencies.
9. Completes and maintains accurate records, statistics and documentation as required.

The successful applicant will be required to work in accordance with the BCGEU Collective Agreement along with all the policies and benefits therein, in addition to all relevant Tla'amin Health policies and procedures.

Please Note: The hours of work including days off and work area may be subject to change consistent with operational requirements and the provision of the Collective Agreement and applicable statutes. Successful applicants may be required to complete a Criminal Records Review Check.

Only short-listed applicants will be contacted for this posting.

**Send a resume accompanied with a cover letter, by email or fax by August 26th 2016 no later than 4:30 p.m.**

By email: [brendan.behan@tn-bc.ca](mailto:brendan.behan@tn-bc.ca)  
By Fax: (604) 483-2466  
Attention: Brendan Behan

## Advance Notice

Workshop Open to All Community Members on FASD and the Law with David Boulding

Thursday September 22, 2016

1pm-3pm

Salish Centre



David Boulding is not a parent/therapist or counsellor. David Boulding is a criminal lawyer. Please go to his website <http://www.davidboulding.com/> and watch the two short videos.

David will be talking about the myth of drugs and alcohol and FASD being an "Indian" problem.

In the fall of 2013, David Boulding went to Lillooet to lead a series of events related to FASD and the law. Over three days, he met with service providers, emergency responders, key community leaders, secondary school students and chamber of commerce members, giving legal expertise, concrete examples and

sound advice to assist individuals, agencies and communities to better support those among us who have been affected by this permanent brain injury.

He spoke to many in the community and eight months later, people were still talking about what they all learned from David.

Please mark your calendars and plan to join us at the gym for this information session.

Brought to you by the FASD Steering Committee of Powell River, CC Duncan of 4Children.ca, and Tla'Amin Health.

For more information call Brenda Pielle: 604-483-3009 ext. 231

## Strong Woman

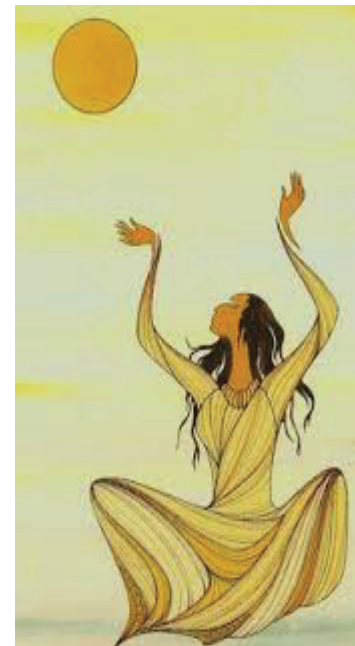
August 17th

430 PM – 630 PM.

We will be discussing the medicine wheel, singing and drumming.

The strong woman group is a time for women, aged fifty and under, to talk about health and wellness, share ideas and concerns, learn about our community and its resources and sit down to a meal together.

Please contact Shelley or Kim at health to arrange a ride.



## August activities

- Prenatal – Thursdays from 11-1pm
- 11<sup>th</sup>-blackberry jam with Megan (dietician)
- 18<sup>th</sup>-Anneke (physio therapist)
- 25<sup>th</sup>-language with Sosan

**Fun in the Sun (hosted by family place)- Fridays @ Willington beach from 10:30-12:00pm. I can provide transportation for families.**

- 12<sup>th</sup>-fire safety theme
- 19<sup>th</sup>-outerspace theme (I am unavailable to drive this day)
- 26<sup>th</sup>-amazing animals theme

## No Dental Clinic in August

The next scheduled clinic will be with Dr. Machin on Friday September 2<sup>nd</sup>. We currently have 28 people on the wait list – Priority is given to children. Thank you for your patience. For appointments call Cathy @ 604 483 3009 extension 242.

## No Good Food Box for August

We will start again in September. Last Day to order is Sept. 8th and Pick up is Sept. 14th

Thank you  
Dawna Pallen  
Health Promotion



## All about happiness

Dr Paul Martiquet, Medical Health Officer



**What is happiness? Yours is** likely different from mine, and from that of every other person.

Some people call it a sense of well-being or optimism, maybe a meaningfulness in life. Whatever it is, we know we want it, and that it's a good thing.

Happiness has long been associated with good health, but the proof has been weak and often conflicting. For example, a 2011 study in *Applied Psychology* found that subjective well-being predicted better health and longer life. On the other hand, a subsequent paper published in 2015 in *The Lancet* found the opposite: having better health in the first place makes people feel happier. Where lies the truth?

Various studies have connected happiness with lower heart rate and blood pressure, with reduced levels of stress and even to a stronger immune system. Happy people are also better at looking after their health—they are more likely to exercise and eat well.

There are some interesting findings in the study of happiness. First, happiness is not about money... up to a point. The idea that 'money can't buy happiness' has become hackneyed, but it does contain a message. Researchers have found that happiness indeed does increase with growing income, but only up to about \$75,000 annual income for a person or family. After that, the link is lost and well-being no longer increases with income.

How about happiness being age-related? Some findings suggest that happiness declines in mid-life, around age 40 for women and 50 for men, irrespective of their circumstances, or where they live. It seems that the 'happiness curve' is u-shaped, higher early on and again later in life.

That relationships are important to happiness will surprise no one. Indeed, social and personal relationships appear to contribute to a sense of happiness,

health and longevity. Having a good network of friends, family or others close to you seems to boost self-esteem and helps generate a sense of purpose which in turn contribute to health both mental and physical.

Research has also found that experiences can make you happier than possessions. In the long run, people are happier because of experiences rather than material possessions. That is the result of a fading joy after the initial acquisition, of say a new car, as we become accustomed to seeing it every day. On the other hand, experiences continue to provide happiness through memories long after the event occurred. The new convertible might have been pretty nice, but how about that hot-air balloon ride with your new partner?!

The idea that experiences matter more should also guide policy-makers. Consider the benefits of a municipality with more parks, bike trails and accessible playgrounds: making experiences easier can contribute to a happier population.

Want to become happier? Consider these three suggestions. First, forget about the neighbours and their ever-so-green grass. Social comparison makes for a poor happiness strategy. As we accumulate more and better things to 'compete' with the Joneses, we are really just setting up a perpetual dissatisfaction cycle and chasing happiness that we cannot catch. Second, share your skills by volunteering. It turns out that giving back to the community and helping others is linked to greater levels of happiness. And finally, make note (literally) of the things that are good in your life. It will remind you that you are probably happier than you think.

**Researchers have found that happiness does increase with growing income... to a point**



## Volunteer Leaders Wanted

### LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS

#### The Chronic Disease Self-Management Program (CDSMP)...

- is a free health education workshop offered in communities throughout BC.
- Pairs of trained leaders deliver the six-session workshop to people who have ongoing health conditions and their caregivers.

#### CDSMP VOLUNTEER LEADER TRAINING

- You do NOT need to be a health professional to lead the workshop. Many of our volunteer leaders have chronic conditions themselves.
- To become a certified leader, you must attend the four-day Leader Training.
- The training workshop and materials are provided at no cost.
- As a workshop leader, you will be able to use the skills you have learned to help others help themselves.

Contact us to become a Volunteer Leader >>>

**Leader Training at:**  
Tla'amin Health Centre  
4895 Salish Drive, Powell River

#### Dates:

Four Sessions  
September 19-22, 2015  
9:30 am to 4:00 pm

Lunch will be provided.

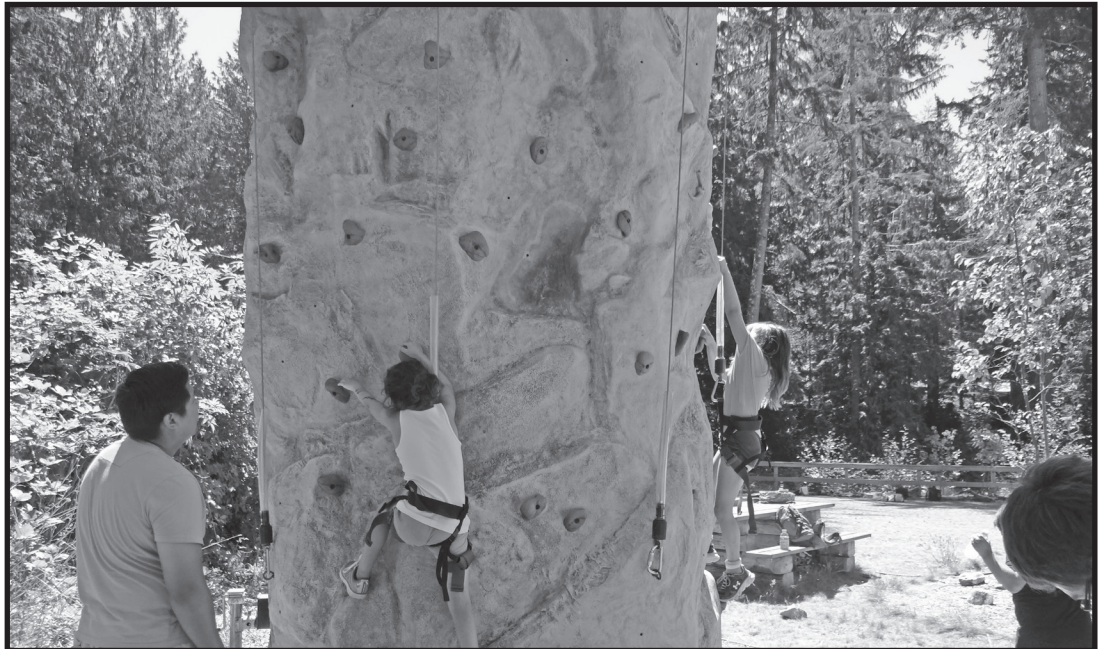
One day Session - Cross Training for Chronic Pain Self-Management, September 23, 2016

#### FOR MORE INFORMATION OR TO REGISTER

June Clearsky – Aboriginal Liaison,  
Program Coordinator  
Toll Free: 1-866-902-3767

or

Kim Markel, RN  
Chronic Disease Care Coordinator  
604-483-3009 ext. 252



Our children are enjoying their summer doing various activities at summer camp



Fred Louie, Charlie Francis, Alvin Francis and Arnold Noble share a few stories at the Luncheon



University of Victoria's Science Venture & the Tla'amin Nation  
present

## Tla'amin Science Camp

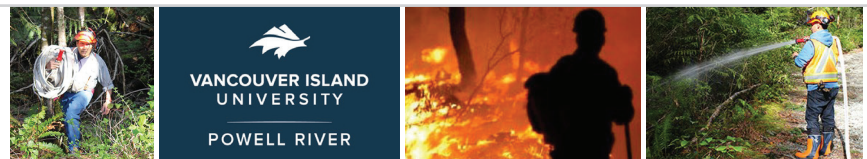
Salish Centre  
August 22 - 26

### Hands-On Science Fun

Engineering, Chemistry, Biology and More!

For students entering grades 3-6

For more information contact Judith King  
judith.king@tn-bc.ca | 1.877.620.9220



## Wildland Fire Fighting Training September 26—October 7, 2016

Gain the skills required to work as a wildland firefighter in B.C. Wildland firefighters are becoming more in demand year over year due to the hot and dry weather patterns we have been experiencing.

#### The training

Our 10 day training program prepares you for the challenging job of forest fire fighting and provides you with the basic knowledge and skills to combat wildfires. Successful participants will leave with the certification required to apply to the Ministry or Wildland Fire Fighting Contractors to gain employment as a wildland firefighter. The training also includes all safety gear required for the program.

#### 3 easy ways to register

Call us  
604-485-2878

Drop by  
100-7085 Nootka St.

Online  
www.pr.viu.ca

#### Training will cover the following:

- OFA Level 1
- Transportation Endorsement
- S100 Certification (basic fire suppression & safety, fire line communications, portable pumps and water delivery, burn off and back burning)
- Helicopter Safety Awareness
- GPS & Fire Mapping
- Basic Chainsaw Operator
- WHMIS and TDG Training
- Leadership and Teambuilding
- Hands-on Training Scenarios

10 sessions

Mon—Fri; 8:30am—4:30pm

\$2,700. Includes all safety gear required (chaps, hardhat assembly, pressure bandage, whistle, Hi-Vis shirt, safety boots) and bagged lunch each day.

Seats are limited

#### Refund Policy for CE classes

Fees are refundable if you withdraw at least two weeks before the course starts. Note that we are unable to issue refunds after those deadlines. A full refund is issued if a course is cancelled.

# Meeting Minutes of the Executive Council

Thursday June 23, 2016

Health Boardroom - 10:00 am - 2:00 pm

**Attendance:** Hegus Clint Williams  
Walter Paul, Shawn Louie, Brian Hackett  
Dillon Johnson – via phone John Hackett,  
Larry Louie, Eugene Louie

**Regrets:** Gloria Francis and Lori Sparrow

**Guests:** Nancy Morgan, Alyssa Melnyk and  
Melissa Louie

**Resource:** Rod Allan and Judith King

1. **CALL TO ORDER:** Hegus Clint Williams  
called the meeting to order at 10:16am.

2. **APPROVAL OF MINUTES:** June 2<sup>nd</sup>,  
2016 minutes

**Moved by Eugene Louie**  
**Seconded by Larry Louie**

3. **ADOPTION OF AGENDA:** Motion to adopt  
the June 23<sup>rd</sup>, 2016 Agenda

**Moved by John Hackett**  
**Seconded by Walter Paul**

4. **RESOLUTION:** To hold a Special Session  
of the Legislative Assembly following the  
Council meeting.

**Moved by Walter Paul**  
**Seconded by John Hackett**  
**Resolution TN Res 06/2016**

## 5. ORDERS OF COUNCIL:

**Motion 1:** Approval of TNO-EC #35 – Order  
to amend the remuneration for Review and  
Appeal Panel members. The reference to Vice-  
Chair is removed.

**Moved by Eugene Louie**  
**Seconded by Shawn Louie**

**Motion 2:** Approval of TNO-EC #36  
– Election Campaign Advertising  
amendment. Creation of Regulation  
#21 to amend the original Campaign  
Advertising regulation.

**Moved by John Hackett**  
**Seconded by Eugene Louie**

**Motion 3:** Approval of TNO-EC #37  
Order to amend the Election Notice  
Regulation # 22

**Moved by Eugene Louie**  
**Seconded by Larry Louie**

**Motion 4:** Approval of TNO-EC #38 Elections  
Officer Regulation #23

**Moved by John Hackett**  
**Seconded by Eugene Louie**

**Motion 5:** Approval of TNO-EC #39 - Nomina-  
tion Regulation is an amendment of Regulation  
#24. Discussion on what 'in good-standing'  
means. Response taken from the actual Law.

**Moved by Eugene Louie**  
**Seconded by Shawn Louie**

**Motion 6:** Approval of TNO-EC # 40, an order  
to amend the voting and ballot regulation.

**Moved by Eugene Louie**  
**Seconded by John Hackett**

**Motion 7:** Approval of TNO-EC #41 for  
Tla'amin Conflict of Interest Regulation

**Moved by John Hackett**  
**Seconded by Walter Paul**

**Motion 8:** Approval of TNO-EC #42 for  
Tla'amin entities Conflict of Interest Regulation

**Moved by Eugene Louie**  
**Seconded by Walter Paul**

**Motion 9:** Approval of TNO-EC #43  
to amend the Economic Development  
Regulation and Economic Development  
agreement to change Finance and Ad-  
ministration law to Administration and  
Finance Law.

**Moved by Walter Paul**  
**Seconded by John Hackett**



## 6.0 REGULAR EXECUTIVE COUNCIL BUSINESS:

### 6.1 Finance:

**Motion to approve AANDC 2016-17  
Amendment # 0001 for major renovations  
for 2 units.**

**Moved by Walter Paul**  
**Seconded by Eugene Louie**

6.2 Update on the new building regarding  
Telus service and the elevator lock-up. The  
most recent flood issue is fixed and the situ-  
ation should be monitored for the future. Dis-  
cussion on deficiencies by Unitech and DNA.  
Council decided to defer the extra costs to the  
builders. Shawn explained the landscaping  
costs. **Motion to approve the landscaping  
work in the amount suggested made by  
consensus.**

### 6.3 Education:

a) Jason Rae's summer program was ap-  
proved by Council's consensus.

b) PSE living allowance increase in September  
2016 was discussed. **Motion to approve the  
increase, subject to a review of the PSE pol-  
icy and Finance Committee's enforcement.**

**Moved by John Hackett**  
**Seconded by Eugene Louie**

### Resolution # 07

c) Eugene mentioned a PSE funding survey  
regarding upgrading students credits to  
prepare for university. It was suggested  
that Tla'amin and VIU hold a workshop  
to encourage all parents to support their  
kids in achieving good attendance and  
performance.

d) Post-Secondary Education meeting is



scheduled for Wednesday, June 29 at 1:00pm in Forestry.

6.4 Environment: DFO approved the stream-clearing project to remove loose debris from the river.

6.5 Fisheries: As food fish prices get lower, the Nation will try for fish from a later run out of Port Alberni.

6.6 Cultural: Discussion began on how to say Tla'amin in English. At the Cultural meeting, they discussed the library murals and summer student interning at the museum to learn how to archive material.

### Boards & Liaisons:

The first meeting of the Taxation Authority took place. Amongst other items addressed, the tax rate was set. Laura Walz had questions about cost allocation. Pertinent documents were signed by John Hackett.

### Health:

Brendan Behan attended the meeting. Larry and Brendan attended the FNHA sub-regional caucus. At the FNHA meeting it was evident that Tla'amin is on the cutting edge of providing health care and way ahead of the other Nations. Brendan has been Health Director for three months and hopes to continue his work. Brendan supports Assisted-living opportunities and he mentioned the Circle of Care partnership venture delivered through FNHA, VCH, Sechelt. Brendan talked about the search for a new Nurse Practitioner.

### Tla'amin Management Services:

Dillon explained the RBC Securities document and transfer of funds from Lease Revenues to Economic Development Fund. A section concerning 'Peace of Mind' for how this money will be managed is noted in the *Part A* of the Economic Development Law. RBC documents were signed by the appropriate persons.

Naut'sa mawt Tribal Council is looking for two Elders from Tla'amin to volunteer for an Elders committee.

Regional Executive Emergency Committee (REEC): Discussion began concerning fire breaks and evacuation. Tla'amin will work with EMBC on required applications. Emergency links will be set up through the Tla'amin Nation website.

### Hegus Report:

1. Celebration of Success event at the gym was well-attended. Tla'amin needs to place greater focus on student successes through good attendance.

## Notice of General Assembly

**Place: Salish Centre**  
**Date: Thursday, September 1<sup>st</sup>, 2016**  
**Time: Doors open at 4:30 pm**  
**Buffet served at 5:00 PM**



Our local General Assembly is open to all Tla'amin Citizens and Sliammon Band members

A light buffet meal and non-alcoholic beverages will be served at 5:00 pm. The meeting will begin after dinner.

The purpose of this General Assembly is to:

- Present our Nation's 2015-2016 financial statements and take questions from Citizens
- Receive non-binding recommendations on next year's budget expenditures from Citizens
- Receive reports from Tla'amin departments and/or entities
- Discuss Tla'amin policies and seek input from Citizens

An agenda will be provided at the meeting

Please come out and join the community in an enjoyable evening.

2. PRISMA was also a success. The new anthem was phenomenal and the orchestra played well.

### Other Business:

1. PRRD Solid Waste Management Plan Advisory Committee: Cathy and Denise will follow-up,
2. **Motion to approve the Powell River Parks and Wildlife Society (PRPAWS) BC Rural Dividend proposal submission. Moved by John Hackett Seconded by Eugene Louie**

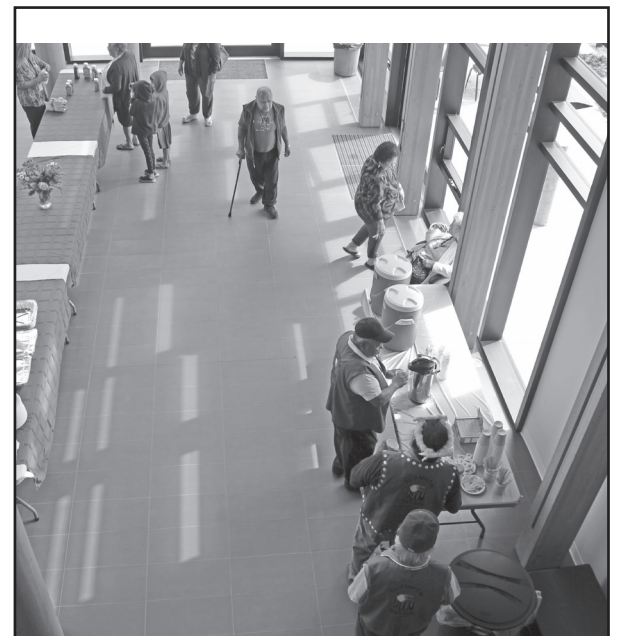
### Resolution # 08

3. Clint or Larry will attend the Inter Tribal Health Authority (ITHA) meeting in Snuneymuxw on July 7.
4. Meeting with Rachel Blaney on July 6<sup>th</sup> 11:00 am.

### Adjournment

**Moved by John Hackett Seconded by Eugene Louie**

**Meeting adjourned at 2:01pm**



# Meeting Minutes of the Executive Council

Thursday July 7, 2016

*Health Boardroom - 10:08 am - 2:35 pm*

**Attendance:** Hegus Clint Williams, Walter Paul, Shawn Louie, Brian Hackett, Lori Sparrow, Gloria Francis, Larry Louie, John Hackett and Eugene Louie

**Guests:** Melissa Louie and Alyssa Melnyk

**Regrets:** Dillon Johnson

**Resource:** Rod Allan and Judith King

1. **CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:08am.

2. **APPROVAL OF MINUTES:** June 02, 2016 minutes

**Moved by Eugene Louie  
Seconded by John Hackett**

3. **ADOPTION OF AGENDA:** Motion to adopt the Agenda

**Moved by Walter Paul  
Seconded by John Hackett**

4. **RESOLUTION:** To hold a Special Session of the Legislative Assembly following Executive Council

**Moved by Shawn Louie**

**Seconded by John Hackett**

**Resolution TN Res 09/2016**

5. **PRESENTATION: University of British Columbia's SCARP Report**

Kelsey Taylor and Shauna Johnson incorporated a lot of self-government themes into their research and activities. The three pillars focussed on Comprehensive Community Plan (CPP), a Youth Strategy and Tla'amin Self-Government. Engaging community members was part of the process. The Hegus/Youth Strategy was important because Tla'amin Youth voices have been missing. The priorities were listed as follows: For the CPP, designate someone to keep the plan alive; use the Tla'amin CPP in all aspects of the work performed by staff; retain house post concept; develop an evaluation framework to measure success and follow the plan. Continue the youth workshops regardless of the cost.

6. **REGULAR EXECUTIVE COUNCIL BUSINESS:**

**Education:**

Walter reported on the summer job placement

program. There are 16 positions available. The students needed to have good grades and attendance. He explained the strategy used to assess students. Discussion began on criteria and how it applied to choosing successful candidates for summer jobs. . Suggestion is to put a notice in the newsletter about good student attendance. Also, it is suggested that the Education Committee give an incentive award to those students who receive their Dogwood.

**Social Development:** Special diet allowance for clients discussed. Maureen Adams can address.

**Taxation and Lands Department.** Cathy Galigos attended the meeting to talk about bears and the Westview parcel.

1. WildSafe BC has a bear smart program that is a six-step program. There is no cost, but there will be a cost of implementing the plan and doing work afterward. Instead of a bylaw, Tla'amin could make a regulation. Bear hazard assessment – a Provincial representative does this assessment. Consensus from Council is to move forward with this initiative.

2. Cathy introduced the initiative to develop the Westview Parcel and is looking for support to move ahead. Consensus by Council is that this project should go forward.

**Post-Effective Date.** The request to form an Implementation Community Working Group committee was approved by Council's consensus.

**Tla'amin Management Services.** The Healthy Living Dividend discussion was tabled.

**Hegus Report:**

1. Kathaumixw event was a success.
2. Members of Executive Council with Rachel Blaney toured the building on July 6<sup>th</sup>.

**Other Business:**

All Election Candidates Forum is set for August 24<sup>th</sup>, 2016.

Meeting adjourned at 2:35pm.

## Message from Dillon Johnson

Hello Tla'amin.

I am writing to thank you for the support, growth and experiences the Tla'amin community has shared with me over the past six years during my time as an elected leader for our Nation. It has been a very tough decision to make, but I have decided that I will not be running in the upcoming election for the Tla'amin Nation. A sincere thank you to those that nominated me for this election, and those that supported me in previous elections.

I have decided to withdraw my candidacy for this election for personal and professional reasons. Currently, I live and work in North Vancouver. With the increased responsibilities of Executive Councilors, it will be too difficult of a commitment to try to balance the additional time and travel requirements of Executive Council with the expectations and requirements of my career and family life. If I do find myself moving home (Tla'amin) in the future, then I will likely run for Tla'amin government once again. In the meantime, I do hope to continue providing advice and support to the Nation as a consultant with my employer, Temixw Planning.

The Tla'amin Nation is in a much better position now than it was when I joined Council in 2010. We now have a surplus instead of a deficit, a new Governance House, exciting housing projects, and new laws, regulations and policies in place to avoid the troubles we have faced in the past. I am very proud to have contributed, along with many others, to the success of our Nation over the past 6 years. I hope we can keep up the good work.

Good luck to the candidates and please vote responsibly!

čəčəhatanapəč,

Dillon Johnson, MBA, CAFM  
*toqʷanən*

## 8th Annual Adam and Lloyd Ball Hockey Tournament August 20 and 21st



**All food vendors welcome. Must provide your own table and chairs**

### Mitchell Family Heirloom Returned

This portrait was a Christmas gift in 1995 to our dad the late Hew'kin Joe Mitchell and we were absolutely devastated when it went missing for 11 months. All the stories and the most private moments we shared with the life of an eagle and his traditional way of life began early in Hew'kins life joined with this cultural teachings from his late par-



ents and elder family relatives. All of this was sacred to us. All of us teach our children about being honest and if you find an item make certain you return to the owner and never keep it when you know it belongs to another person. We raise up our hands to all of you that helped and supported us which gives us guidance throughout our struggles. We credit and praise our Justice worker Verna Francis and the RCMP detachment. We share this story openly as part of our healing but this is the truth of our struggles and as part of our healing. All my relations.

Corrine, Judy, Gary, Melvin and grandchildren Mitchell



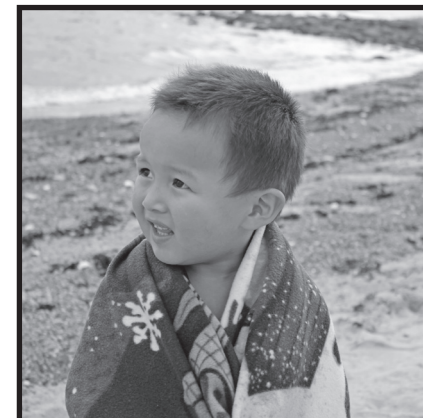
Dear Tla'amin Nation

Thank you everyone for your love and kindness. I came to Powell River with no friends and now I leave Powell River with many good friends. Thank you for giving me an opportunity to serve with joy and a smile. You will be remembered in my life as I have spent 5 years of priestly ministry with you. It has been a great joy to administer various sacraments for you. You have made a huge difference in the life of the people back home in India. I thank the chief, Elders and all the members for their love and kindness. The friends who work at the fish hatchery. God bless you all. My humble request is please kindly keep up your support. I will miss the good hearted, friendly people and the beauty of Powell River. I did not want to come to Powell River but now I don't want to leave this place because of your love. Every good thing comes to an end. Thank you friends and good bye.

Address: St. Michael Parish  
9387 Holmes Street  
Burnaby, BC V3N 4C3

Scott Galligos who made a presentation on behalf of the Sliammon Hatchery crew. Father Dass loved the gift. Nicole Boulanger and I made him a stole with an eagle design. He is now in Burnaby and i told him he can use it when he baptizes First Nations babies in the city. The ones that goes to his new church.

Betty Wilson



**LOOK WHO  
TURNED SIX  
ON AUGUST  
8TH!**

*Happy Birthday  
Mattias Gallagher  
(handsome)*

# Newly Renovated Home

## 5129 Beach Road

### Special features of this move in ready home:

- Fantastic ocean view with large ocean facing lot
- 3 bedrooms with new wall to wall carpeting
- 1196 sq feet upper level
- Potential for in-law suite downstairs



- 875 sq feet unfinished plumbed basement
- Kitchen newly renovated with linoleum, cabinets and stainless steel appliances
- Most windows replaced
- New roof
- Neutral painting throughout the home

Bids must be sealed and hand delivered to Elizabeth Exter marked **SEALED BID FOR 5129 BEACH RD SALE** dated for the day it was delivered at 4699 Marine Avenue Powell River, B.C. V8A 2L2. Phone: (604) 485-5518.

**NO BIDS WILL BE ACCEPTED AT THE GOVERNANCE BUILDING**

Sealed bids are considered accepted only with proof of Bank Preapproval or current bank statement showing ability to meet bidding price.

### Minimum bid price at \$150K

Potential buyers are welcome to hire an appraiser or inspector at their own cost.

### Viewings will take place on:

- Sat Aug 13 10:00 am-1:00 pm
- Sun Aug 21 1:00pm -4:00 pm
- Sat Sept 3 10:00am -1:00pm

### Bidding Ends September 9th, 2016

Contact Andrea Paul: 877-620-9220 EXT. 104 or email [andrea.paul@tn-bc.ca](mailto:andrea.paul@tn-bc.ca)