



Makaras Story: How one Tla'amin child's legacy helps families in trauma

By Davis McKenzie

We knew as parents that she was a special girl from the day she was born. At six weeks old, and after a warm bath, we were doing a photo shoot of her, dressing her up and propping her up on a pillow. We were telling her that it won't be long before she was going to be chasing her older brother, Mattias, and sister, Makaela, who were two and three years old at the time and she said "Ya!" back at us to make a little conversation.

We looked at each other and said, "Did you hear that?" It wasn't long after that, we soon named her our "Lucky little ladybug." Four years later, we realize now that she was everybody's lucky little ladybug.

The loss of a child is a devastating trauma and extremely difficult to articulate in mere words. Four years ago on June 20th, Makara Gallagher passed away suddenly without warning at seven weeks of age. This tragedy was only the beginning of a traumatic series of events within a system that is intended to provide care.

When a child passes away, the BC Coroners service and RCMP investigate. Makara's father, Steve, recalls how quickly she was taken by investigators. "We were given limited time to hold our baby girl in our arms and remind her how much we loved her and comfort her as she began her journey towards the spirit world."

The investigation moved quickly. Makara was taken to Vancouver's Children Unit to undergo observations and medical examination to investigate what



might have been the cause of her sudden loss of life. "We assumed she would return to us in a couple of days," said Steve. "We had no idea what would happen next."

That same afternoon, as family and friends gathered at the Gallagher residence, Steve and Jodie, Makara's mother, received a phone call from the local coroner probing questions around the events leading up to Makara's passing. "It was quite obvious he had no understanding of our immediate time of grief," remembers Jodie. The coroner's phone call followed interrogation by the RCMP, which took place only hours after leaving the emergency ward at the hospital. "My wife was beside

herself from what felt like verbal abuse to make her feel negligent and irresponsible," remembered Steve.

As is standard practice for infant death, an autopsy was ordered by the coroner. The report came back clear of any criminal wrongdoing. The family spokesperson, Michelle Washington, invited Steve's brother Joe to join the call with the Coroner. During the call the family was informed that Makara's body was being returned, but, without the family's consent her brainstem was to be retained for several weeks for medical investigation despite no further legal concerns. Immediately the family began to question these actions.

As Tla'amin people, our traditional laws direct us to carry out our death protocols within a week's time, with our loved ones' bodies intact so they can carry out their role in the Spirit World. We also appoint an advocate to speak for the family in their time of grief so the family can focus on preparing for the deceased loved one's journey and care for other children, if needed. Where there are extraordinary circumstances, there may be multiple spokespeople to take care of the family's needs and to advocate with RCMP or government.

To address the actions of the BC Coroner's service, Joe began

Makara (continued on page 3)

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TLA'AMIN NATION

Notice of Nomination Meeting in accordance with the *Tla'amin Nation Election Law (2016)* and regulations

Notice is hereby given that a meeting of the eligible voters of the Tla'amin Nation will be held in the Salish Centre, 4885 Highway 101, Powell River, B.C., V8A 0B6 on the 28th day of July 2016, beginning at 6:00 o'clock P.M. and lasting for at least two consecutive hours, for the purpose of nominating candidates for the election of the Tla'amin Government.

Eight (8) Legislator positions and **ONE (1) position for Hegus** are available. The election will be held at the Salish Centre, 4885 Highway 101, Powell River, B.C., V8A 0B6 on September 10, 2016

Please note that any eligible voter may nominate candidates by using a mail-in nomination form. **Eligible voters residing both on and off Tla'amin Lands may nominate or run as candidates for the positions of Hegus or Legislator.** You can either deliver, courier or mail-in completed nomination forms to the Election Officer before the close of the nomination meeting **OR** you may nominate candidates orally at the nomination meeting. Nominations not received by the Election Officer before the close of the nomination meeting are void.

All Tla'amin Citizens, 18 years or older on or before September 10, 2016, are eligible to vote in the election.

NOTE:

A copy of the eligible voters list as of September 10, 2016 (Election Day) will be posted in the Tla'amin Governance House and the Administration Building, 6686 Sliammon Rd. Powell River, B.C. subject to the *Election Law* and regulations. Any inquiries relating to the voters list should be directed to the Election Officer.

FOR ADDITIONAL INFORMATION RELATING TO THE NOMINATION PROCESS PLEASE CONTACT THE ELECTION OFFICER.

Given under my hand at Delta, B.C. this 20th day of June, 2016.



F.P. Schiffner
Election Officer

Phone number: 604-943-0522
Cellular number: 604-786-2512

Email: fschiffner90@gmail.com
Fax: 604-943-0527

FIRST NOTICE OF ELECTION OF TLA'AMIN NATION GOVERNMENT ELECTION DAY ; SEPTEMBER 10, 2016

Notice is hereby given that the Tla'amin Nation Executive Council has called an Election In accordance with the Tla'amin Election Law (2016) and Regulations for the purpose of electing one(1) Hegus and eight (8) Legislators to form the Tla'amin Government

Nomination and other voting information will be mailed out pursuant to legislative requirements. Please look for these notices in your mail box.

Please note that ONLY Tla'amin Citizens will be eligible to vote. A non-Citizen who qualifies for citizenship will be able to enrol and become a Citizen up to voting day.

Questions or enquiries regarding the eligible Voters list or the Election should be directed to the Election Officer:

FRED SCHIFFNER- ELECTION OFFICER

PHONE: 604-943-0522

CELLULAR: 604-786-2512

FAX: 604-943-0527

EMAIL: fschiffner90@gmail.com

ADDRESS: 5245 AUGUSTA PLACE, DELTA, B.C., V4M 4E1



Celebration of Success Kindergarten Students

Makara (continued from page 1)

the process to lobby and press the Coroner's service. Political pressure from the First Nations Health Council and First Nations Health Authority helped to escalate the issue. Willie Charlie, then chief of Sts'ailes First Nation, had experienced the same issue in his territory and became a vocal advocate for the family. First Nations Health Authority Chief Medical Officer Dr. Evan Adams and senior officials in the Ministry of Health became involved. B.C.'s Chief Coroner ultimately granted an exception—Makara would make her spiritual journey whole.

A family conference was held and Steve and Jodie learned about what had been happening in the background. Jodie was hurt and confused by this news. "We learned about the standard practice of the Coroners Service and that, regardless of the will of the family or the additional trauma and



coming home intact." There were lots of tears in this session. The coroner was very emotional too. He, too, was caught between a system's decision and real people issues.

The circle was to provide a space for the Coroner to be accountable for the actions of the Coroners Service to the family directly and to begin healing for all.

Joe committed to the Coroner that through his role as CEO for the First Nations Health Authority that this issue would be addressed in the future to ensure it would never happen again.

Most importantly in Jodie's eyes, "We were able to come to closure with our loss for a brief period of time and give Makara the strength and courage to go on her spiritual journey. She was able to transform into the angel she was meant to be

and welcome others that would follow behind her."

Steve wonders at the impact her short life has had. "I don't believe anything prepares you to deal with the loss of a child, no matter what age. I do remember my father telling me that there is nothing harder than losing a loved one that should never have gone before you. But we realize now that no matter how traumatizing the situation, there is always power that is in front of you for the taking if you know where to find it."

Makara's legacy is that all families in BC now have a voice in how their loved ones are treated in life and in death. Since the coroners' review of brainstem retention practices, 52 out of 54 families have had their loved ones returned intact. The Gallagher family insistence that the cultural ways as Tla'Amin people be respected has paved a brighter path, not only for First Nations but for all families in this province.

In the fall of 2012 the First Nations Health Authority met with the BC Coroner's service and the pathologists who performed the autopsies, along with representatives from the First Nations Health Council, and the Ministry of Health, to begin addressing the issue of brainstem retention in the case of autopsies for sudden infant deaths. The dialogue at the meeting was challenging but respectful. The Coroners service was asked the question: "What have you found out as a result of the brainstem retention practice?" They had no answer. The Coroner's service has acknowledged that it learned humility that day and it agreed to review its practice. A few months later the Coroner's service reported back that a thorough review of brainstem retention revealed that in 138 infant death autopsies, neuropathological examinations added no value to the investigations nor illuminated findings that hadn't already been identified.

Their new practice provides all B.C. families with the choice to determine how their children's remains will be treated once legal requirements are satisfied. Since October 2014, B.C. families have chosen to avoid brainstem retention 52 out of 54 times.

The coroner accepted the family's invitation. "We were sitting in a circle the following day, my wife, brother and the coroner" recalls Steve. "It was important to us that he really saw Makara. I made him hold a recent picture of our little angel and ensured he had a good look into her eyes." That afternoon Steve and Jodie shared their experiences and their hopes for Makara's spiritual journey home with the coroner. The coroner shared his own confusion and grief with the family.

Steve said he felt something shift in the room. "What we experienced that day was change. It was an eye opener for the coroner to hear about our ways of life and come to a common understanding of the value of Makara



Staff will be moving into the new Administration Building on July 4th.

A Open House is planned for the near future! Date to be dermined.

As a direct result of the Gallagher family's experience, Steve's brother, Joe, has continued to advocate for system change. In July of 2015, the Deputy Minister, Ministry of Health and CEOs of all health authorities in British Columbia signed a Declaration of Cultural Humility and Safety. The declaration addresses ongoing systemic racism in healthcare and invites health leadership and workers to come together and make it right. Visit www.fnha/culturalhumility to learn more.

Focus on Aboriginal Education



*Gerry Brach: Brooks Counsellor
First Nation Leadership Coordinator*

School District 47 (Powell River) employees gathered in the Max Cameron Theatre on June 6, to hear various speakers talk about Aboriginal education in Powell River. As part of a District Pro D Day, this event was opened with a prayer and thanksgiving for the day by Tla'amin Elder, Dr. Elsie Paul.



First Nations Coordinator, Gail Blaney shared her educational journey as she outlined personal difficulties and challenges she experienced throughout her schooling. Blaney emphasized what an opportune time it is for local teachers to add First

Nations culture to the new curriculum and to take the time to learn the real truth of First Nations history.

Blaney went on to add that racism is still out there in our society, but is not at the forefront anymore. A journey of inquiry and discovery is needed to restore Aboriginal pride and respect.

James Thomson Principal, Jasmin Marshman outlined different FN initiatives at her school, including various legacy projects which teach all students about FN cultural awareness and values. Marshman explained that teachers now have the opportunity to set things right after seven generations of mistreatment. Change is achieved by embarking on a journey of discovery. Marshman also described various resources for teachers to use in their classrooms.

Hegus, Clint Williams spoke about moving forward as an individual and as a Nation, and why it was important for him to burn the Indian Act in a special midnight ceremony on April 5th. An emotional Williams, also told a story about travelling to Sechelt with his father and son to be part of special residential school closing ceremony in which his father helped destroy the last standing building with a sledgehammer. This was an important part of his father's healing, forgiving and moving on process, explained Williams.

Hegus Williams also lauded the close relationship Tla'amin Nation has with the local School District and acknowledged the many different programs and initiatives they partner with.

Tla'amin Community Development Officer, Roy Francis spoke about the important role teachers have in working with Aboriginal and non Aboriginal youth, during this exciting, history altering time of renewal at Tla'amin Nation. Francis wanted teachers to know that another important role for them is to identify potential FN leaders as the current leadership group will need to be replaced in the years ahead.

Francis further explained what treaty means to Tla'amin people by describing self-governance, an expanded land base and additional financial resources.

Tla'amin Nation CAO, Rod Allan concluded the speakers list by once again emphasizing the strong relationship that Tla'amin Nation has built with School District 47 (Powell River). He described this relationship as being functional and valued.

Allan pointed out that electronic copies of new Tla'amin Nation laws are available from himself, Judith King or from the Tla'amin website. He also described how exciting it is for him to be helping build a new Tla'amin government.

Inspiring Dreams

*Gerry Brach: Brooks Counsellor
First Nation Leadership Coordinator*

It was a message of inspiration and hope that First Nation speaker, Janelle-Dobson-Kocsis recently brought to interested students, teachers and parents at Brooks Secondary School and Tla'amin's Celebration of Success.



Detailing early childhood experiences fraught with barriers and learning challenges, Dobson-Kocsis outlined how she overcame racism and a lack of confidence to achieve her dream job of becoming a Psychiatric nurse. Told that she should stop studying math in grade 8 because she wasn't very good at it, Dobson Kocsis persevered

with low marks and barely graduated from high school. Being passionate about wanting to study psychology and aboriginal mental health issues motivated Dobson-Kocsis to continue with her educational plans despite numerous academic setbacks.

As part of SFU's Aboriginal Pre Health Bridging Program, Dobson-Kocsis was fortunate to be mentored by a gifted mathematics professor; Dr. Veselin Jungic, who exercised patience during his math lessons and instilled hope by building confidence.

"I learned to be patient with myself and to be my number one cheerleader. A key point in my educational journey was learning that I was a kinesthetic learner and how I could accommodate that."

Dobson-Kocsis went on further to explain that students shouldn't be discouraged by bumps in the road of their educational journeys, and how it is possible to grow from all your experiences even if they are negative ones. "We are all different, be confident in your abilities in spite of what other people might say. Learn from your mistakes and grow from it."

Dobson-Kocsis recently graduated from Douglas College with a Psychiatric Nursing Diploma and hopes to start working with aboriginal people with mental health issues shortly. For the record, Janelle-Dobson Kocsis scored 100% on all her math quizzes during her Psychiatric Nursing Program at Douglas College!

Thanks to Tla'amin Nation and School District 47 (Brooks Secondary School) for funding this exemplary role model for our children and youth.



Tla'amin Justice Program Update

Hours of Operation & Location

Justice Program Office Hours:
Monday to Friday - 8:30 - 4:30
Located @ Sliammon RCMP Detachment
Office Phone # - 604-483-9646 Ext. 237
Work Cell # - 604-578-8850

Sliammon Liaison Officer: Jennifer Crossman
Office Hours: Depending on Schedule @ PR RCMP Detachment
Located @ Sliammon RCMP Detachment
Work Cell #: 604 414 3853

In Case of Emergency Please Call - 911
Non - Emergency #: 604 485 6255

Court Day's: Every Two Weeks Starting January 6th 2016 on Tuesday's

- First Appearance: 9:00 - 9:30
- Criminal Court: 9:30 - 12 Noon
- Family Court: 1:00 pm - 4:30

Note: Please call in advance for transportation to and from court. Transportation is **"only"** provided for court purposes such as; Probation appointments, Victim Service's, Ministry, Powell River RCMP Detachment, Court Registry, Prosecutor/Crown office.

"I do not provide transportation to anyone under the influence of drugs/alcohol"

Tla'amin Cross Culture Training - Update March 29, 2016

Purpose/Goals: Building Stronger Relationships - Collaborating - Networking.

Tla'amin Traditional/Cultural Training PR agencies offers an open and welcoming opportunity to observe and participate in the traditional and cultural methods of Tla'amin people and community. The goal is to build and strengthen partnerships, knowledge and awareness as all community agencies.

Attended; RCMP, Department of Fisheries & Ocean, Conservation Officers, PR Forestry, Probation Officer, Ministry of Children & Families, Victim Service,

Topics:

- Welcoming /Opening Remarks - Chief Clint Williams
- Opening prayer - Tla'amin Elder Doreen Point
- Cultural Heritage Protection - Erik Blaney
- Treaty Effective Date April 5, 2016 - Treaty Negotiator; Roy Francis
- Traditional & Cultural Practice's - Elder Advisor; John Louie
- History of Canoe Journey/ Drumming & Singing - Drew Blaney

Date: June 9, 2016 - PTSD Training for Tla'amin/Powell River Agencies

was a huge success with total of 44 participants from: RCMP, Ministry of Children & Family, Vancouver Coastal Health, Specialized Victim Service, Powell River Justice Worker, PR Youth probation, PR Poverty Law, PR Community Resource Centre, PR Child & Youth Mental Health, PR Children Who Witness Abuse, Brooks Secondary - Special Education Coordinator, Adult Probation, Police Based Victim Service.

Tla'amin Agencies: Family Support Worker, 2- Youth & Wellness Worker, Family Preservation, Youth & Family Advocate, Elder's Coordinator, Critical Incident (ASIRT), Social Development, Executive Director, First Responders.

People asked why all staff couldn't attend this first day training, we were limited in number of people for the price of the invoice, originally Gerald Kiesman said 20 but allowed me to go 50 extra 20 for free. With the Powell River/Tla'amin agencies I was at 47 and mostly from PR agencies who would benefit more in the training because they work with our people on daily basis, through counselling or the justice system. The second day, community workshop was open to everyone welcome which was circulated through a flyer.

June 10, 2016 - PTSD Community Workshop In attendance were 24 people, we anticipated more but 24 is better than none at all. This

community workshop was broadcasted: Nehmotl, Flyers few days before the workshop, Facebook, Posters. Post-Traumatic Stress Disorder is very sensitive topic especially considering First Nations trauma experiences and impacts from Colonization/ Residential Schools, 60's Scoop, not easy for some of people to deal with traumas from the past.

Powell River/Tla'amin Agencies PTSD Training Objective/Goals;

- Build stronger working relationships with PR agencies.
- **"Quat thet tes pa pem" Working Together - name I use for the Tla'amin Justice Program**
- Provide understanding of where we came from and who we are as First Nations People.
- Share history of our post-traumatic stress disorder - Colonization/ Residential School/60's Scoop
- Share our Traditional Healing/ Wellness resources and programs within our own community and Tla'amin Health Centre to better assist clients through healing journey.

Trauma/Post Traumatic Stress Disorder: depression, anxieties, addictions, low self-esteem, no sense of belonging or identity, mental illness, separation and disconnection within community, families and children, dissociation, anger/rage, trust issues, power/control issues, criminal/family justice system, employment/ education issues

Wealth of Resources in Community/ Tla'amin Health Society: Traditional Healing/Wellness Programs, Addictions Counsellors, Family Support Workers, Youth Wellness Coordinators, Family Preservation, Elders Coordinator, Tla'amin Critical Incident Team, Child, Youth

Gerald Kiesman shared his Trauma Healing Guide at his workshop at the Salish Center in June



and Family Advocate, Men's Support Worker, Healing Practices, Drumming/Singing Practices, Arts/ Crafts through Cultural Program, Canoe Journey.

Appreciations/Acknowledgements Re: Funding Contributions/Support:

- First Nations Health Authority, Tla'amin Health Society, Tla'amin Nation - Social Development, Justice Program
- **Tla'amin Wellness Team** for all your support and participation in organizing the 2 day training and workshop.
- Tla'amin Elder Doreen Point for beautiful inspirational prayers.
- Spirit Singers: Traditional Song
- John Louie - Awesome MC for the 2 day event.
- Phil Russel/Alex Sutcliff - Pictures/Video's
- Judy Mitchell/Nina Peers/ John Louie/ - Two day support at the gym, food, registration, clean up.
- Tla'amin Convenience Store - Catering June 9, 2016 (2 Breakfast snacks and Lunch)
- Social Development - Providing Lunch for the Community Workshop

If you require further information re: Tla'amin Justice program please call Verna Francis 604 578 8850 or drop in for cup coffee and browse the pamphlets and resources available.

Key Changes Underway for Election 2016

By Roy Francis
Tla'amin Community Development Officer

This article is written to discuss some key changes that are underway in Tla'amin since the Effective Date of our treaty, which was April 5, 2016. Approximately 11 weeks ago Tla'amin became a self-governing nation; and some significant changes have started in motion.

Construction of our Governance House is substantially complete. Tla'amin management and staff are making preparations to move operations from our old band office into our sparkling new building. We are expecting the move to begin as early as July 4, 2016. The move is a very welcome, and long awaited step into a better future for our workforce. It's a little bit sad to be moving out of our old building; there's been some good history, and many good stories that are associated with it; but at the same time it's exciting to be moving into a new and positive phase of our community development. I'd like to acknowledge the work, and express appreciation to everyone involved in the job of planning, building, and completing such an important project. It's definitely a job well done, and you sincerely deserve a big thank you.

Preparations have also begun for our very first election as a Self-Governing Nation. An election for our leadership has been scheduled for September 10, 2016. Tla'amin has established new election laws that replace the old Indian Act election rules. The election will be run by an elections officer, and in accordance with our new laws. Fred Schiffner has been selected by our legislature to be the elections officer.

There are some key differences to know about in our new election process. For example, in order to run for office, or in order to vote, Tla'amin individuals must be enrolled.

If you are not certain whether you are enrolled or not, you are encouraged to contact Mia Harry – Tla'amin enrolment coordinator to confirm.

If you have not yet enrolled, and you are entitled to be enrolled, Mia can provide you with the necessary application material to become enrolled. Everyone who is eligible is encouraged to enrole. Other differences are that we will be electing a "Hegus" and 8 Legislators. The nine elected individuals will then select a five member "executive" from the elected body. The executive will include the Hegus. The election term will be four years.

The upcoming election will be the very first one under our own authorities. The successful candidates will be required to meet basic competency requirements. Our elected leaders will need to pass criminal record checks, and be in good standing with the Nation. Our community members can expect to be receiving more detailed information in the weeks leading up to the election.

Tla'amin is in a very early stage of transition. We will be experiencing changes in many ways. The changes represent a new direction for our community, and the direction is one that is set locally by Tla'amin people based on our constitution; and the laws that have been built from it. We are embarking on some interesting times, and we are looking forward to the challenges that come along with the new responsibilities.



Wildland Fire Fighting Training September 26—October 7, 2016

Gain the skills required to work as a wildland firefighter in B.C. Wildland firefighters are becoming more in demand year over year due to the hot and dry weather patterns we have been experiencing.

The training

Our 10 day training program prepares you for the challenging job of forest fire fighting and provides you with the basic knowledge and skills to combat wildfires. Successful participants will leave with the certification required to apply to the Ministry or Wildland Fire Fighting Contractors to gain employment as a wildland firefighter. The training also includes all safety gear required for the program.

3 easy ways to register

Call us
604-485-2878

Drop by
100-7085 Nootka St.

Online
www.pr.viu.ca

Training will cover the following:

- OFA Level 1
- Transportation Endorsement
- S100 Certification (basic fire suppression & safety, fire line communications, portable pumps and water delivery, burn off and back burning)
- Helicopter Safety Awareness
- GPS & Fire Mapping
- Basic Chainsaw Operator
- WHMIS and TDG Training
- Leadership and Teambuilding
- Hands-on Training Scenarios

10 sessions

Mon—Fri; 8:30am—4:30pm

\$2,700. Includes all safety gear required (chaps, hardhat assembly, pressure bandage, whistle, Hi-Vis shirt, safety boots) and bagged lunch each day.

Seats are limited

Refund Policy for CE classes

Fees are refundable if you withdraw at least two weeks before the course starts. Note that we are unable to issue refunds after those deadlines. A full refund is issued if a course is cancelled.

Vancouver Island University, Powell River Campus
100 - 7085 Nootka Street | Powell River, BC V8A 3C6 | pr.viu.ca

Indigenous Portfolios Tells Your Educational Story

We gathered at the Tla'Amin Child Development Centre on Tuesday June 14th along with members from the community, the school district and VIU's Indigenous Portfolio Development team from the Office of Aboriginal Education in Nanaimo.

The purpose of the gathering was to share about the use of Indigenous Portfolios for Indigenous Knowledge Recognition and Prior Learning by students as well as community members and to explore its potential in Tla'Amin.

Indigenous portfolio work helps students and learners to gain insight into their strengths and values related to career, training and education planning. Creating a portfolio is a



process of self-discovery as an individual gather information on their own learning. By reflecting on the valued of lived experience, it is hoped that students will recognize how personal history, cultural practice, and traditional knowledge can be the foundation for their path forward.

"Once I recognized myself as a first nation leader and role model, I was on the right path. It became a reflective journey on who I am"

Troy Barnes, Klahoose

Tla'amin Health

Healthy Happenings



June has been very busy and finally some of the staff at Tla'amin Health are beginning to take some much needed holidays. This week we had the opportunity to enjoy Aboriginal Day Celebrations which including some drumming and singing with children from the day care and a very touching naming ceremony. We hope the people from the community who were able to come out enjoyed the BBQ and event.

Recently I had the honour to attend the First Nations Health Authority Director's Association meeting in Squamish and it was so reassuring to learn and connect from so many other community representatives who continue along the journey of providing health services to other First Nations' communities. I was heartened to learn that we are able and do offer services that other communities are not yet able or ready to.

While we continue to strive to offer the best healthcare and child services, we need the community to let us know how we are doing. The services are for the community and therefore feedback is always welcomed. I hope everyone in the community is ready and able to enjoy a peaceful and happy summer.

Brendan Behan
Health Director

EH KWA'A'NUNS KYE'AMIEUX

"When the people in our community are well again, all around us will also be well."



Nurse Practitioner David Marceniuk Leaving Tla'amin

It is my sad duty to let this community know that I will be leaving the Tla'amin primary care practice on July 29th. I have enjoyed the hospitality and warmth that your community has extended to me over these past years and will look back on this time with nothing but fond memories.

As my position is supported by the Vancouver Health Authority they will be making a decision soon about who my replacement will be. I know that they are coming into a great community to work with. Patients of this clinic can be assured that

this new NP will be taking over as the new primary care provider and you will not be left without a provider. Medical files as always are kept confidentially and the new NP will have access to these to ensure continuity of care.

I would like to thank the Tla'amin Nation and all of my patients for inviting me into your community and your lives.

Emote,
David Marceniuk

Tla'amin Health services all those who are members of the Tla'amin First Nation, as well as others who live in Tla'amin and share in the activities and life of our community.

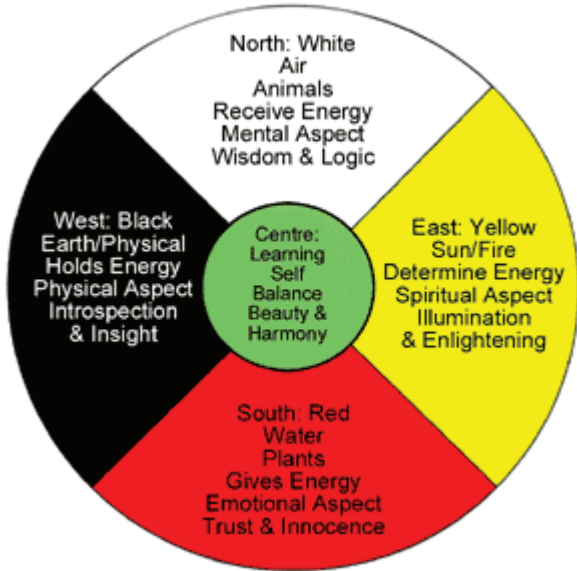
Our goal is to build a healthy community for the future. To do this we must reacquaint ourselves with those things from our past which used to make us physically, mentally, emotionally and spiritually strong.



Congratulations to Mugsie, our 2016 Best Bannock in the Tla'amin Nation cook off winner!

A big thank to our judges and to all who entered.

Traditional Wellness Summer Workshops



Every Wednesday's @ TCHS
10:00 -12:00 With lunch

Alcohol/drugs on body system, trauma, colonization, medicine wheel teaching, teaching of our taow and whatever topics you find interest.

These sessions will be building on teaching of the Medicine Wheel and cover topic as stated above. Our goal is to bridge understanding of today's social issue along with providing a safe environment for learning, prevention and education.

There will be sharing of songs, dance and traditional teachings. Please register.

Childminding will be available by request, please fill in names and ages for children and return to Tla'amin Health Services. Contact Cyndi Pallen for more information

Elders Corner

July 2016

Tuesday July 5th
EDP Luncheon 11-1pm

Thursday July 7th
Berry Picking (Place TBA) 10am-12noon Transportation provided (please call Darron Cound)

Tuesday July 12th
EDP Luncheon 11-1pm

Tuesday July 12th
7th annual Pot Luck Picnic (1335 Bute Cr. Campbell River) starts at 12 noon (Sorry, no transportation available)

Tuesday July 19th
EDP Luncheon 11-1pm

Thursday July 21st
Berry Picking (Place TBA) 10am-12noon Transportation provided (please call Darron Cound)

Tuesday July 26th
EDP Luncheon 11-1pm



Tla'amin health & wellness

Cooking With Kids



We had a six week program for children ages 7-12 years, from May 12 to June 16, 2016. The children learn to use utensils safely, measure ingredients and preparing meals. We had 11 children participate, they enjoyed making pizza, chow mein, pancakes & fruit salad, and our **favorite traditional baked bannock & fried bannock**. They also got to bring home a cook book of all

the meals they made, they can help parents, grandparents, make meals at home. It was a great time, enjoyed by all who attended, I plan to start another program in the fall. I look forward to having your child in the cooking program for kids.

*Dawna Pallen
Health Promotion*



A Couple of Tough Mudders

Tla'Amin Health congratulates Josie Peters and Jean Daly, Home and Community Care, for completing the Tough Mudder Race.

The Tough Mudder is a 19 km course that takes place at the Olympic park at Whistler. The Race incorporates 21 obstacles such as climbing walls, crawling through culverts and swimming through water challenges, running up and down logging roads, bush trails, creek beds, ski hills and mud, and of course, lots of mud.

Josie and Jean are making plans to participate again next year and now they know what to expect and where their training needs improvement.

The purpose of the Tough Mudder is to Challenge yourself, to do something outside of your comfort level, to be pleased with your results because you took on a challenge and completed it.

Grab some friends, make a team and join Josie and Jean at Tough Mudder 2017.

July Dental Clinic Update



Hello Community, The upcoming dental clinics are with Dr. Machin. The schedule for July is Friday, July 15th. We currently

have 30 people on the wait list – Priority is given to children. For appointments call Cathy @ 604 483 3009 ext. 242

Monday Coed Activity Group

Ages: 7-14
Time: 4:00 to 6:00
Location: Tla'amin Health Services
Snacks n Refreshments provided
Preregistration required
Contact: Shirley or Tyler @ 604-483-3009 ex: 227
Note** Last session for Coed group Monday July 11, 2016

Tuesday Night Swim

Ages: 14 to 18 yrs
Time: 5:00 sharp/returning @ 7:30
Location: Tla'amin Health Services @
Snacks and refreshments provided
Register with Shirley or Tyler @604-483-3009
Last session for Swim Night Tuesday July 12, 2016

Summer Fun Program

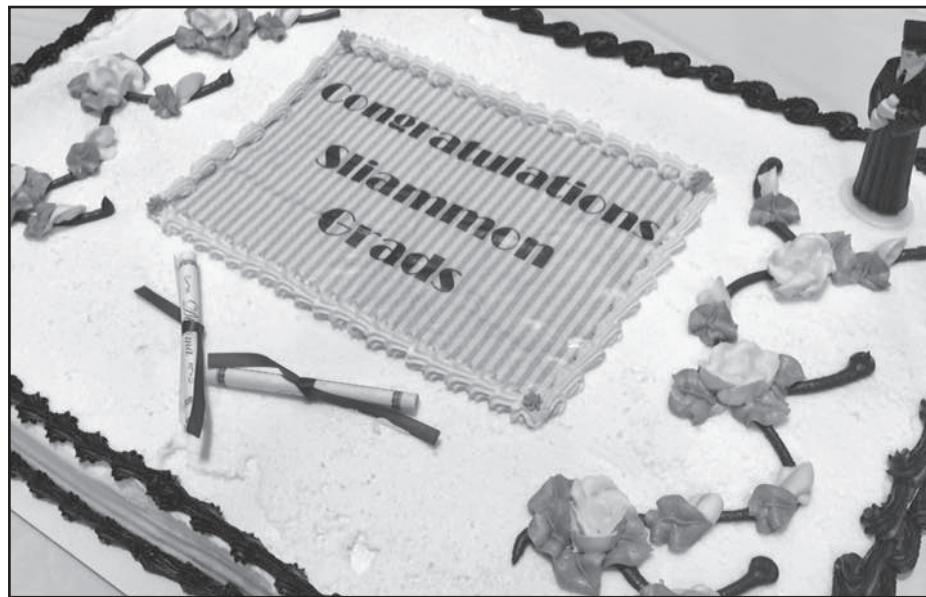
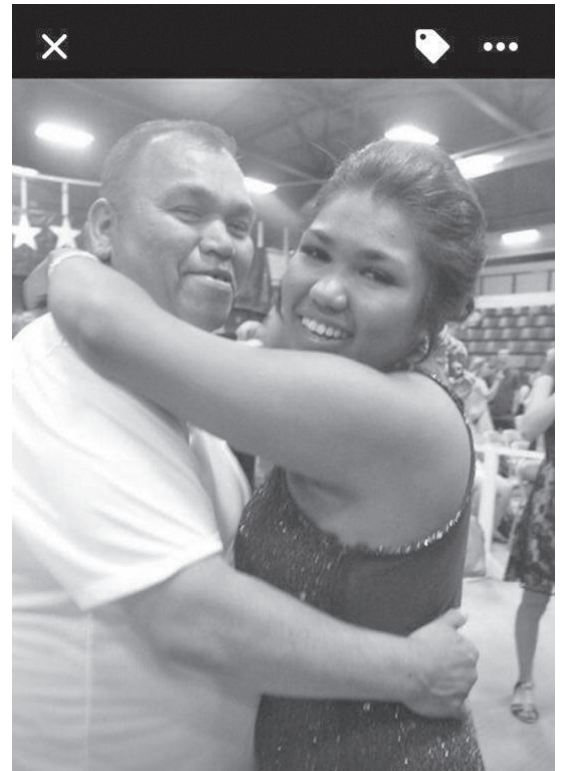
Ages: 7 to 14
Dates: July 19 to August 25, 2016
Days: Tuesday to Thursday
Time: 10:00 – 3:00
Snacks provided
Children must bring own lunch
Pre-registration required
Contact: Shirley or Tyler @ 604-483-3009 extension #227

Family Summer Kick off

Date: Friday July 8, 2016
Time: 11 to 2
Location: Waterfront if raining Gym
Fun games and Crafts
Lunch and prizes
Contact: Dana (604483-3449 ex:4 Shirley or Tyler (604)483-3009 ex: 227

Congratulations on a Successful School Year!





Best of luck on your future endeavors!

Meeting Minutes of the Executive Council

Thursday, May 19th, 2016

Health Boardroom - 10:00 am - 1:15 pm

Attendance: Hegus Clint Williams, Legislators Walter Paul, Shawn Louie, Brian Hackett, Dillon Johnson, Gloria Francis, Larry Louie, Eugene Louie, John Hackett. Regrets: Lori Sparrow

Resource: Rod Allan, Kelly Rankin, Paula Stewart, and Judith King

1. **CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:10am.

2. **APPROVAL OF MINUTES:** May 05, 2016 minutes - with one correction

Moved by Walter Paul
Seconded by Eugene Louie

3. **ADOPTION OF AGENDA:** Motion to adopt the Agenda

Moved by Walter Paul
Seconded by John Hackett

4. **ORDERS OF COUNCIL:**

4.1 Motion: Approval of TNO-EC 31-2016 - Directors appointed to the Holdings Board

Moved by Dillon Johnson
Seconded by John Hackett

4.2 Motion: Approval of TNO-EC 32-2016 - Appointment of the Tla'amin Enforcement Officer

Moved by Walter Paul

Seconded by Shawn Louie

4.3 Motion: Approval of TNO-EC 33-2106 – Remuneration for Review and Appeal Panel Appointees

Moved by Shawn Louie

Seconded by Eugene Louie

5. **REGULAR EXECUTIVE COUNCIL BUSINESS:**

5.1 Finance is preparing for the 2015-2016 audited financial statements review.

5.2 Discussion on the move to the Governance House.

5.3 Dillon will attend the Affinity Conference regarding First Nations Service Delivery

5.4 Housing arrears addressed by Paula Stewart. Letters signed by Council will be sent as planned.

5.5 Kelly Rankin attended to present the order to appoint the Directors to Tla'amin Holdings Inc. under the authority of the Economic Development Law. Presentation was followed by a short break.

Motion: Re commence the Regular Executive Council meeting at 11:50 am

Moved by John Hackett

Seconded by Eugene Louie

5.6 Education – Management team meeting on May 17th was a productive meeting. The Nation will provide letters to Teacher Aides indicating that their employment will continue in the new school year. Vancouver Island University's assistance was discussed.

5.7 Social Development committee meeting is needed soon.

5.8 Public Works discussion on the sewer update meeting in Vancouver was begun. The option to tie-in with the City's sewer project is a possibility. Rod Allan will talk to Mac Fraser.

5.9 Council asked Rod to request a copy of the master drainage plan from DNA. It was suggested that the plan could assist with the Klahanie project.

5.10 Environmental topic on the former Klahanie site remediation request to INAC was reviewed. Letter will be adjusted then, signed by Clint.

5.11 Fire Department - Floyd and Clint met with the fire department. Discussion on training, insurance for fire-fighters and 'transitional authority' were discussed.

5.12 Post-Effective Date discussion suggested Tla'amin should designate April 5th as the day to recognize and celebrate the anniversary of the Treaty.

5.13 Taxation and Lands:

Motion: Appointment of Laura Walz as Director (non- Tla'amin member) of the Property Taxation Authority
Moved by: John Hackett
Seconded by: Shawn Louie

TN Res 03/2016

Motion: Appointment of Elected Volunteers for the Board of the Property Taxation Authority: • Dillon Johnson • Walter Paul John Hackett • Larry Louie

Moved by: Eugene Louie

Seconded by: John Hackett

TN Res 04/2016

5.14 Health - Larry attended the Powell River Hospital Board meeting and was sworn in. Health staff requested totem poles outside the health centre. Clint will lend his support to make the project happen.

6. Hegus Report

6.1 Beijing trip took place and Clint met with a major construction company to provide a supporting role in the development of a new school site near Brooks Secondary.

6.2. School District #47 involvement in Aboriginal Day event discussed. On June 21st, Kathaumixw organizers wish to introduce the new totem pole at Willingdon Beach.

6.3. There was a hydro projects discussion regarding IPP development in the Eldred Valley. Jay Sutton wishes to present to Executive Council at some time.

6.4. May 27 & 28 Maa-Nulth 5-year annual gathering session in Port Alberni.

6.5. June 2nd at 4pm for Celebration of Success - There is interest in a Youth Centre for one of the school portables beside Ahms Tah Ow school. It is suggested that he other portable will be used by Tla'amin artists and crafters for their initiatives. New washroom facilities are required.

7. **Other Business:**

Discussion on Bears began. It is the garbage boxes that attract them. Discussion included:

1. Develop a strategy to catch bears in Nation-owned bear trap and take them to another area.

2. Conservation Officers say that the wooden boxes have to go. Nation needs Bear Aware Info.

3. Put a notice in the Neh Motl about best practices for bears.

4. Discussion began on garbage placed at the curb.

8. **Adjournment**

Moved by: John Hackett
Seconded by: Shawn Louie

Meeting Minutes of the Executive Council

Thursday, June 2, 2016

Health Boardroom - 10:00 am - 1:43 pm

Attendance: Hegus Clint Williams
Walter Paul Shawn Louie
Brian Hackett

Dillon Johnson
Gloria Francis Larry
Louie Eugene Louie
John Hackett
Lori Sparrow

Resource: Rod Allan and Judith King

1. **CALL TO ORDER:** Hegus Clint Williams called the meeting to order at 10:03am.

2. **APPROVAL OF MINUTES:** May 19, 2016 minutes

Moved by John Hackett
Seconded by Eugene Louie

3. **ADOPTION OF AGENDA:** Motion to adopt the Agenda

Moved by John Hackett
Seconded by Walter Paul

4. **RESOLUTION:** To hold a Special Session of the Legislative Assembly following Executive Council meeting to appoint the Elections Officer and individuals to the Review and Appeal Panel.

Moved by Lori Sparrow
Seconded by John Hackett
Resolution TN Res 05/2016

5. **PRESENTATION:** Robert Woods attended the meeting and introduced himself to Council. He will sit on the Review and Appeal Panel as the Chair.

6. ORDERS OF COUNCIL:

Motion: Approval of TNO-EC 34-2016 – Approving the Provincial Survey Plan

Moved by John Hackett
Seconded by Shawn Louie

7. REGULAR EXECUTIVE COUNCIL BUSINESS:

Finance – Discussion began concerning a fair method of allocating building lots and

how the Nation will guarantee a bankable householder. Executive Council will not co-sign a loan for any prospective borrower. Council will seek confirmation from BMO on defaulted payments and next steps in such a situation. The Nation will be the last measure for paying off a mortgage which is in default. A partnership with the Credit Union may be an option and this topic will be further explored.



Education – Youth and school attendance discussed. A Nuu-chah-nulth example was introduced. Pathways to Success includes an assessment of Kindergarten to Grade 12 learning methods. VIU has a copy of the package and may develop something similar for Tla'amin Students.

Social Committee update – Policy directives were discussed at that meeting.

Housing – There was a question about committee members who sit on committees and are not in good standing. Going forward, those citizens in bad standing will not be permitted to sit on committees.

Public Works - Flooding in the Governance House basement due to summer rain storm was discussed. DNA and Unitech will address the problem and advise Shawn when solved.

The soccer field's gravel hills are overgrown with Scotch Broom - it was asked that the bushes be tamed to protect the groundwork that has been done. Stop signs will be fixed, honouring a RCMP request.

Environment:

There is an Alterra exploration article in the PR Peak regarding the Hawkeye purchase of SIGMA licenses. Clint has asked Alterra for info on this subject and maybe a future presentation.

Rod has the master drainage plan and work will begin on site remediation matters.

Fishery – Walter read a letter from the Pacific Salmon Foundation. Discussion on the Nation participating on the Board. It was suggested the CDO be involved.

Cultural – Powell River Regional Library meeting took place. The new library mural discussed.

PRISMA – Tla'amin anthem is being developed for the festival at Willingdon Beach on June 15th.

Membership - Harvest cards are ready to go. Rod explained the cards.

Land Claims Agreement Coalition – Decision to join LCAC was reached by consensus. Action: Rod.

Eugene de-briefed Council on the Maa-Nulth Celebration activities held on May 27 and 28th. Roy, Grace and Eugene attended. They did a small presentation on Tla'amin.

Natural Resources Committee meeting – Action Items explored and recommendations given.

Brendan Behan and Larry Louie will attend Squamish Health conference June 14th and 15th.

Tla'amin Management Services report includes improvements to the Lund hotel property and there is a request to make a presentation to Executive Council by the owner of Nootka Dunes small golf course.

Hegus' Report:

An Eco-Tourism Group is coming to Powell River and staying at Lund. Students from all over BC will be there for 2 weeks.

Other Business:

Artificial Reef discussion. The area for sinking at least one of the hulks is between Brooks School and Willingdon Beach. Catalyst requests a letter of support. Clint mentioned creating a concrete break-water and would like Catalyst to help with construction of such a structure, before a support letter is provided to Catalyst.

Adjournment

Moved by: John Hackett
Seconded by: Shawn-Louie



**James Thomson Elementary School
2016-2017 School Calendar**

In accordance with section 77 of the School Act, the following information is provided for parents:

School Schedule

<u>MORNING</u>		<u>AFTERNOON</u>
8:55	Warning Bell	12:00 Lunch Bell
9:00	Classes Commence	12:30 Return to Class' Bell
10:30	Recess Break Starts	12:45 Classes Commence
10:45	Recess Break Ends	2:53 Dismissal Bell
	Days in session – 189	
	Days of Instruction – 182	
	Non-instructional Days – 6	
	Administrative Day – 1	

Length of Instructional Day for Grades K-7 is 293 minutes per day

School Calendar

2016

Wed	Aug. 31	Summer Pro D Day
Thurs	Sep. 1	Summer Pro D Day
Tue	Sep. 6	School Year Commences – classes in session until 10:00 a.m.
Fri	Sep. 23	Pro D Day
Thurs	Sep. 29	Terry Fox Fun
Mon	Oct. 10	Thanksgiving Day Holiday
Fri	Oct. 21	Provincial Pro-D Day
Tues	Nov. 1	Parent-Teacher Interviews (Classes not in session) – evening session 6-8 p.m.
Fri	Nov. 11	Remembrance Day Holiday
Fri	Dec. 2	1 st Term Report Card
Mon.	Dec. 5	Pro-D Day (Curriculum Implementation)
Fri	Dec. 16	Last day of School before Winter Vacation
	Dec. 19-Jan 2	Winter Vacation

2017

Mon	Jan. 3	School re-opens after Winter Vacation
Thurs	Feb.9	Student Led Conferences – students dismissed at noon-evening session 6-8pm
Fri	Feb. 10	Professional Development Day
Mon	Feb. 13	B.C. Family Day Holiday
Wed	Mar. 8	2 nd Term Report
Fri	Mar. 10	Last day of school before Spring Break (2 weeks)
	Mar. 13-24	Spring Vacation-S.D. #47
	Mar. 23	Day in Lieu (Classes not in session)
	Mar. 24	Day in Lieu (Classes not in session)
Mon	Mar. 27	School re-opens after Spring Break
Fri	Apr. 14	Good Friday
Mon.	Apr. 17	Easter Monday
Mon	May 22	Victoria Day Holiday
Mon	Jun. 5	District Pro-D Day – Planning Day
Thur	Jun. 29	Last day of classes for students. Final Report Cards issued.
Fri.	Jun. 30	Year-End Administrative Day, Schools Closed



Randy Timothy and Ivan receive names at the Aboriginal Day celebration



Elsie was recognized by students of School District #47 for her book "Written As I Remember It" on Aboriginal Day



Water Shortage is no problem for Corrine

Since the announcement of the water shortage Corrine has been using her gutters to direct rainwater into containers so she can water her fruit trees and her beloved plants. "Plants show their beauty and give you back what you put into it." said Corrine. She wanted to share this tip so other passionate green thumbs can prepare now and into the future.ww



A certain "Chi Chia & Kookpa" from 'Kleqwanem would like to congratulate 1 of their granddaughters for moving up in this big world, we would like to congratulate 2 other smart & beautiful graduating granddaughters, also a grandson for completing their final year in high school and also moving onto 'a new experience' as Carmen had written, but is true - emote, the world is waiting for you to experience whatever you put your mind to - enough won't you think???



**Open Call for Pitches –
Get Paid \$\$\$\$ to Make Radio!**

As part of a Community Radio Fund of Canada grant, CJMP News is able to offer the chance for independent producers to pitch their ideas and turn them into radio features that will air on CJMP News on-air at 90.1FM and online at cjmp.ca

Pitches should include the story idea, who you would interview and your interest or experience in media production.

We value stories that reflect CJMP's mission:

As a non-profit alternative to mainstream media, we engage, educate, entertain, challenge, and provide community access to the airwaves.

We will then work with you to develop your idea and produce your piece. Finished pieces will be paid \$50 per minute of produced audio and stories should be between 4-6 minutes.

Please send a current resume along with your pitch to news@cjmp.ca

Deadline to send pitches is July 11



CJMP encourages applicants from diverse backgrounds. No previous radio experience is necessary.

NEW Language Keyboard App!

The First Peoples' Cultural Council is excited to announce the launch of an Indigenous language keyboard app for Apple and Android mobile devices. FirstVoices Keyboards allows Indigenous speakers of more than 100 languages to use their mobile devices to write emails, send text messages, post social media updates, and create other documents in their own languages.



Downloading the Keyboard

Mobile download (iOS and Android):

www.firstvoices.com/en/apps

Computer download (Mac and PC):

Visit language pages at: www.firstvoices.com

Join us on social media

Facebook page: First Peoples' Cultural Council

Twitter handle: @_FPCC



ANNOUNCEMENTS



Happy Anniversary to Brandi & Craig Marriott on June 16, 2016. Happy Birthday to Brandi Marriott on July 4, 2016. Happy Birthday to Craig Marriott on July 12, 2016, love mom & family.



Help Wanted

The Lund Hotel Grocery Store

Bring resumes to Tla'amin Management Services LP
(Sliammon Development Corp office).

To send resumes direct to Lund Hotel or to request the job description contact:
Kathy Thomas, Store Manager Tel: 604-414-0471 / Fax: 604-414-0476 or
Kathyt@lundhotel.com; or Joachim (Joe) Striegan, General Manager Tel: 604-414-0474 or generalmanager@lundhotel.com

Happy 1st Anniversary Brent and Veronica



Love, Vivier Family



CLASS DISMISSED!

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