



NEHMOTL "US"

August 2015

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Paddle to Tla'amin 2015 Hands Raised

By Cyndi Pallen

When no indigenous nation stepped forward to host in 2015 after the 2014 Canoe Journey/Paddle to Bella Bella, the annual gathering of Northwest canoe cultures appeared to be headed for a hiatus. But a committee was formed in Tla'amin to see the journey continue, and so a new approach emerged: Instead of one large Canoe Journey, there would be several journeys hosted in various regions of the Salish Sea. The 2015 Sliammon Mini Canoe Journey involved several canoes from geographically close nations.

A small working committee was established with a few individuals in Sliammon who maintained long term sobriety, all the skills, knowledge and expertise from coordinating an Intertribal AA Rally in Sliammon over a 20 year period, was put into practice to coordinate Sliammon Mini Tribal Journey. From afar, Calvin Harry was the mover in getting this Tribal Journey happening in Sliammon along with Sherman, Cyndi, Dawna and Billy. It took time, however with the skills and knowledge of coordinating a drug free event, this task of coordinating a big event was put into practice with this small committee. The journey was successful and well received by the community of Sliammon and Powell River.

The committee hosted 3 Protocol Dinners locally, with 6 canoe families comprising of up to 300 people in attendance. Originally the goal was to host 10 canoes, but at the end of registration and departure we had 6 nations onboard.

We raise our hands to Sliammon Band Chief and Council, Clint Williams, Sliammon Health, Doreen Hopkins, Klahoose First Nation, James Delorme, Billy Barnes, Homalco, Darren Blaney and Cape Mudge First Nations, Jen Simkin who were significant in hosting this journey.

The City of Powell River also supported this Tribal Journey by offering the Powell River Complex and Willingdon Beach for the final event. The hospitality was greatly appreciated!

As time went by, all of the details of this journey came together. Special "Thanks" to Maynard Harry of Community Futures, Pam Krompucker from the Vancouver Island University, Sylvia Scow in Powell River and Nanaimo Campus for the monetary contributions for the Saturday night Protocol Dinner at Willingdon Beach on July 18, 2015.

The very important safety aspects were taken care of by Billy. Thank you to Billy Barnes, our public relations coordinator, who contacted the Powell River Complex, the City of Powell River, the Coast Guard, St John's First Aid and many others with important details making this journey safe and successful.

Once all details of the protocol dinners were taken care



of, the safety aspects and venues were coordinated. I, Cyndi, asked OTAQKEN family specifically to prepare for the journey. Sherman began working with his established relations and sought sponsorships, which covered additional costs for safety vests, designing OTAQKEN and basic supplies for safety of the canoe. Other OTAQKEN canoe family members began recruiting pullers, fundraising to cover costs for OTAQKEN T-shirts and meals for the 4-5 day journey. "Thank you" to Devin, Nicole, Ryan, Phil, Zoe, Joel, Doreen, Pam, Nahlia, Kymo, Janet, Jordyn, Mario, Troy, Brooklyn, and the other guests pulling along the way.

A special "Thank you" to Sherman Pallen, who had the most experience and knowledge of traveling the waters, for putting in several hours, days, weeks and months preparing the paddles for OTAQKEN, and for mentoring new skip-

per Ryan Pielle. He was also a significant figure in ensuring practices were taking place 2 times a week, prior to the journey. Emote much appreciated.

Videos, pictures, maps and directions were/are being completed by Alex and Phil, and Claudia, "Thank you". Also "Thank You" to the support boats and land crew, Melvin Mitchell, Doreen and Pam (a great friend of Doreen).

It is with gratitude, that we "Thank" all of you, who had put in time, effort, energy into making this drug free, cultural event a success!! One stroke and moving forward together brought joy to all who participated:

Squamish Nation, Kw'umut Ielum, Intertribal Health, Qualicum, Homalco, Klahoose, Cape Mudge, Gahnos, Otaqken

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Plan For the Treaty Funds

Capital Transfer

In accordance with Chapter 18 of the Final Agreement, the Capital Transfer will be paid to the Tla'amin Nation through annual payments of \$ 3,611,877 (plus adjustments) for ten (10) years. Annual negotiation loans payments will be deducted from the annual Capital Transfer payment for a net payment of \$2,444,048 (plus adjustments). The total amount that will be transferred to the Tla'amin Nation for the Capital Transfer is approximately \$25 million. Note: these figures exclude the Fishing Vessel Fund and the Economic Development Fund, both of which are included in Chapter 18 but are not considered to be included in the Capital Transfer for the purposes of this report.

Section 87 of the Tla'amin Constitution requires that the Tla'amin Government establish one or more settlement trusts to preserve and protect the Capital Transfer. In consideration of this requirement, the Finance & Programs Community Working Group (CWG) worked with trust lawyers throughout 2014-2015 to establish the Qames ʔams tala (our money is put away safely) Settlement Trust (described further in a section below).

Resource Revenue Sharing

In accordance with Chapter 19 of the Final Agreement, the Resource Revenue Sharing Payments will be paid to the Tla'amin Nation through annual payments of \$662,582 (plus adjustments) for fifty (50) years.

Section 87 of the Tla'amin Constitution requires that the Tla'amin Government establish one or more settlement trusts to preserve and protect the Resource Revenue Sharing Payments. Therefore, the Resource Revenue Sharing Payments will go into the Qames ʔams tala Settlement Trust.

Economic Development Fund

In accordance with Chapter 18 of the Final Agreement, a one-time payment of \$ 6,942,405 (plus adjustments) for an Economic Development Fund will be made to the Tla'amin Nation on the Effective Date.

Because the Economic Development Fund is included in the amounts received under the Capital Transfer Chapter of the Final Agreement, the Economic Development Fund will also go into the Qames ʔams tala Settlement Trust in accordance with Section 87 of the Tla'amin Constitution. However, it is noted that the Economic Development Fund will go into a segregated account within the trust and will be subject to separate rules than the Capital Transfer and Resource Revenue Sharing amounts.

The reason that the Economic Development Fund will be subject to its own set of rules is because this funding is intended for the Tla'amin Nation to take advantage of economic development opportunities. The Economic Development Fund was not necessarily intended to be preserved for use by future generations like the Capital Transfer and Resource Revenue Sharing amounts. The intent was to use the funding to take advantage of an economic opportunity that can benefit current and future generations.

Therefore, the rules within the Qames ʔams tala Settlement Trust deed allow the trustees to make distributions from the Economic Development Fund account without the same restrictions that are applied to the Capital Transfer and Resource Revenue Sharing Amounts.

Qames ʔams tala Settlement Trust

A trust is a legal relationship where one party (e.g. Tla'amin Nation) transfers property (e.g. treaty financial assets) to another party (i.e. trustees) for the benefit of a third party (e.g. Tla'amin Citizens). The trustees hold and manage the trust property in accordance with the terms of the trust deed, which is a legally enforceable agreement that trustees must follow.

Decisions for how the trust is managed will be made by trustees. For example, the trustees will decide where and with whom investments are made, and when and where disbursements (i.e. withdrawals) are made. However, trustees are legally obligated to abide by the rules of the trust deed, and the trust deed spells out the criteria (e.g. qualifications) for trustees and how they are appointed.

The trust deed requires the appointment of a Guardian of the trust. The Guardian operates at arms-length from the trustees and has a legal duty to act in the best interests of the beneficiaries. The Guardian has powers described in the trust deed and is responsible for appointing and removing the trustees.

The trust deed specifies how the Guardian and Trustees are appointed. The Guardian is appointed by Tla'amin Citizens at a Tla'amin Trust Community Meeting. The Guardian will appoint the Trustees. However, because the trust deed had to be executed by the Guardian and the Trustees, Sliammon Chief and Council will appoint the initial Guardian and the initial Trustees.

It is estimated on a net present value basis that the total amount slated to go into the trust is about \$54 million .

TLA'AMIN FINAL AGREEMENT FINANCIAL OVERVIEW

CAPITAL TRANSFER:

\$3.6 million / year for 10 years
(less loan repayments)

RESOURCE REVENUE SHARING:

\$663,000 / year for 50 years

ECONOMIC DEVELOPMENT FUND:

\$6.9 million

FISHING VESSEL FUND:

\$250,000

FISH FUND:

\$1,111,753

CULTURE AND LANGUAGE FUNDING:

\$833,815

ANNUAL PROGRAM FUNDING:

\$8.5 million / year

Fishing Vessel Fund

The Fishing Vessel Fund is included in Chapter 18 - Capital Transfer and Negotiation Loan Repayment of the Tla'amin Final Agreement. Amendments to the Tla'amin Constitution in May 2015 removed the requirement to have the \$250,000 Fishing Vessel Fund included in the Qames ʔams tala Settlement Trust.

There are no purposes for the Fishing Vessel Fund identified in the Final Agreement, however the original intent of the fund was for the Tla'amin Nation to purchase i) fishing licenses and/or ii) a fishing vessel for food or commercial purposes. Currently there has not been any direction provided by Sliammon Council to pursue the purchase of a fishing vessel or licenses.

The rules for the Fishing Vessel Fund are found in the Tla'amin Financial and Administration Law (FAL) 2016. The Fishing Vessel Fund will be used to purchase fishing licenses and/or a fishing vessel for food or commercial purposes. Approval for the use of the Fishing Vessel Fund will be by resolution of the Executive Body.

Fish Fund

The Fiscal Financing Agreement (FFA) requires that the Tla'amin Nation establish a Fish Fund with the one-time federal funding set out in Table 2 of Schedule B (\$1,111,753) to support the provision of implementation activities set out in E.6 of Schedule E.

E.6 of Schedule E states that the Tla'amin Nation is responsible for all their ongoing activities and associated costs for: a) Stewardship Activities as described in paragraphs 138 and 139 of the Fisheries Chapter; and b) designation and documentation of individuals and vessels that may harvest under the Tla'amin Fishing Right.

Paragraph 138 and 139 of the Fisheries Chapter are as follows:

138. Canada and the Tla'amin Nation may negotiate agreements in respect of the Tla'amin Nation's activities related to Enhancement Initiatives and Stewardship Activities.

139. Canada and the Tla'amin Nation may enter into agreements concerning the harvest of surpluses of a species of salmon in the terminal area that result from an approved Enhancement Initiative.

The FFA also requires that the Nation develops and maintains a management framework for the Fish Fund. The framework must address the composition of an investment committee, statement of investment policy and conflict of interest guidelines for investment management. The Nation is also required to report annually to Tla'amin Citizens on the management of this fund.

The rules for the management of the Fish Fund are found in the FAL 2016. The purposes of the Fish Fund are fairly explicit: i) to support the negotiation of enhancement and stewardship agreements, ii) to support agreements for the harvesting of surpluses of salmon in the terminal area, and iii) to fund a system for designating and documenting individuals and vessels that may harvest under the Tla'amin Fishing Right. The funding of these activities form the authorized uses for the Fish Fund reflected in the FAL 2016.

The role of the investment committee, as required by the FFA, will be fulfilled by the Finance Committee. The required conflict of

interest guidelines will be satisfied by those that will be located within the Conflict of Interest Law and corresponding regulations. The FAL 2016 requires the development of an investment policy for the Fish Fund. This approach has enabled the Nation to take advantage of existing structure and processes.

Approval for the use of the Fish Fund will be by resolution of the Executive Body, on the recommendation of the Finance Committee, and in accordance with the FAL 2016.

The Own Source Revenue Agreement (OSRA) identifies the Fish Fund as a special purpose fund, the disbursements and earnings from which are exempt from the own source revenue offset (OSR) calculation. Therefore, the Nation does not consider it an incentive to spend the money in this fund prior to the introduction of the OSR offsets.

Culture and Language Funding

Section E.2 of the FFA states that Canada will provide one time funding in the amount of \$833,815 to support Tla'amin language and culture. There are no other purposes or requirements specified for this funding in the FFA.

The rules for the management of the culture and language funding are found in the FAAL 2016, which establishes the Culture & Language Fund from this funding. Direction for the rules of Culture & Language Fund was developed in consultation with the Governance CWG.

The FAAL 2016 outlines the process by which distributions may be made from the culture and language funding. Approval for the use of the Culture & Language Fund will be by resolution of the Executive Body, in consultation with the Standing Committee on Culture, Language & Heritage, and in accordance with the FAAL 2016. Contributions may be made to the Culture & Language Fund.

Annual Program Funding

The annual funding for programs and services that the Tla'amin Nation will receive from Canada and the Province of BC is provided under the Fiscal Financing Agreement (FFA). Health, education, income assistance and non-insured health benefits (NIHB) are all examples of programs and services covered under the FFA. The current FFA includes an amount of approximately \$8.5 million per year for five (5) years.

The FFA funding is flexible in that it is up to the Nation how it chooses to spend the funding, and it is able to keep any funding it does not spend. That said, there are requirements under the FFA that describe the programs and services that the Nation must deliver to an acceptable standard, including NIHB, social assistance, etc.

Following the five-year term, the Nation, Canada and BC will have to negotiate another FFA. There is a process established under the FFA for the negotiation of the next FFA.



Tribal Journeys 2017 Fund-raising Prize Draw

Grand Prize: One of a kind, hand carved by Darren Blaney from Homalco, this 14k gold bracelet is valued around \$4,000.


To purchase tickets contact Phil Russell on 604 223 1280 or Cyndi Pallen on 604 414 3874. Tickets are \$10 each or 3 for \$20.

TLAAMIN NATION PROUDLY PRESENTS

Community Celebration

2015

Friday
AUG 7TH



Sliammon will be hosting a community information session and celebration on Friday, August 7th.

Doors open 9am at the Salish Center for event registration followed by a community update and law development information session.

A BBQ lunch will follow down on the waterfront followed by an afternoon of cultural activities and celebrations.

See you there!

Day Schedule

9:00am Meet and greet at Salish Center, registration opens

10:00am Law development and community updates - information session

2:00pm Community BBQ in front of the church followed by cultural activities at Sliammon Beach (drumming and singing, canoe trips, weaving, cedar roses and headbands + other activities, door prize draw* etc)

Sliammon First Nation
6686 Sliammon Rd, Powell River, B.C. V8A 0B8
Call: 604 483 9646 Fax: 604 483 9769
Visit: www.sliammonfirsnation.com

* To be eligible for the door prize draw you must be a sliammon band member and participate in the full day event.



Erik and Miel, married July 25th, 2015.

Chief Negotiators Message

One Heart, One Mind, One Nation



Roy Francis

Getting good information to our community

This article is written to discuss the importance of having good information. We are all exposed to TV, Newspapers, Facebook, Youtube, Radio, Cellphones, Flyers, and sometimes even gossiping with our friends and family. We all have easy access to information. We can pick up a telephone, go on a computer, read a newsletter, attend a meeting, or talk to someone we trust. Getting information is not difficult.

Sliammon has recently made some historically significant decisions that will change our community in a dramatic way. There will be more decisions to be made in the future; and those decisions should be based on good information. We owe it to ourselves, and to all of those for whom we may choose, for example our children who are not able to speak for themselves, to make good decisions based on the best available information.

We all make choices every day. Good choices improve our lives; and hopefully we learn from our bad choices. To make a positive difference for our community we must all make an effort to make good choices. I'm suggesting that we need to make an effort to get good information. I'm suggesting reading a newsletter, calling a resource person, attend a meeting, or do some computer research to get as much information possible to make a good decision.

There is as much misinformation, as there is good information that circulates in our community. I'm suggesting that important community decisions deserve to be based on good information. Good information should be rewarded, bad information should be challenged. I think we can all agree that the future of our community should not be based on misinformation.

Our work teams are very busy building laws in preparation for Effective Date. At the time of writing this article, Effective Date is a short 271 days away. Our team is planning a major community information session for August 7 at the Sliammon Salish Center. The event is scheduled to take place between 10 am and 3 pm. We will have information on hand from all of our working groups, and very good resource people available to present the materials and explain the work. Please feel welcome to attend, we encourage your participation. We have a responsibility to provide you with good information; and to be available to address questions you may have.

We also have information available on our website at www.sliammontreaty.com, we have printed materials available at our Sliammon treaty office, and we have resource people that can be reached at (604) 483-4427, or toll free at 1 877 483-4427. Our team members are available to provide information, and/or answer questions about the work we are carrying out.

Nation Administration Matters

Notice Board



Sliammon First Nation

6686 Sliammon Road, Powell River, BC V8A 0B8
Phone (604) 483-9646 ✉ Facsimile (604) 483-9769
Toll Free 1-877-483-9646



July 20, 2015

Extreme Fire Danger - ABSOLUTELY NO BURNING OF ANY KIND!

On behalf of Chief and Council and our Sliammon Volunteer Fire Department (SVFD) I want to remind people that we are currently at an extreme fire danger level within our community. This means that there should be no burning of any sort happening at all; we have been having far too many call outs and preventable incidents that our SVFD are having to attend.

The only thing that is going to reduce the fire danger risk within our community is approximately one week of steady rain. The hot weather and strong winds that we have been experiencing this summer are the perfect recipe for a large destructive fire, please exercise your best judgement and consider the safety of our whole community before even consider lighting anything. We still have August and September to deal with and they will more than likely have dry weather as well, so we must be aware of this danger. **A strong reminder to our community, that we are NOT EXEMPT from these fire restrictions!**

On behalf of the Sliammon Community I want to thank the Volunteers of the SVFD for their dedication and excellent work on the many incidents that they have attended recently. In speaking with our Fire Chief there have been a few incidents where the Volunteers have been confronted by some irrational people that are doing things that they shouldn't be doing - such as burning things when they should not be. I want to emphasize that our SVFD must be treated with respect as they are there as volunteers and are simply trying to protect our community. A new development surrounding fires now is that if you start a fire you may be responsible for the cost of extinguishing that fire, this could be a very costly accident if you are convicted.

There is to be no fires of any sort, this includes burn barrels, campfires, yard waste/debris. Also please be very careful with your cigarette butts and also to small engines such as power saws and lawn mowers as they can throw sparks out of their exhaust.

Please exercise good judgement and let's get through this Fire Season without any major incidents. Please feel free to call if you have any concerns or questions regarding this notice. I can be reached at (604) 483-9696 or via email clint.williams@sliammon.bc.ca

Thank you,

Clint Williams, Sliammon First Nation Chief

Sliammon First Nation

6686 Sliammon Road, Powell River, BC V8A 0B8
Phone (604) 483-9646 ✉ Facsimile (604) 483-9769
Toll Free 1-877-483-9646



BAND COUNCIL RESOLUTION – 2015-29

The Chief and Council of the **SLIAMMON FIRST NATION**, as of **July 23, 2015** at a duly-convened meeting do hereby resolve as follows:

WHEREAS:

- A) There are certain Sliammon First Nation residents who continue to light fires even when a fire ban is in effect;
- B) Certain of those individuals lighting fires during a fire ban are uncooperative with and disrespectful to the members of the Sliammon Volunteer Fire Department, when the fire department attends an illegal fire;
- C) Several fires have become out of control recently, including some fires of which caused property damage and were considered a serious threat to the safety of the community.

NOW THEREFORE BE IT RESOLVED THAT:

Chief and Council of Sliammon First Nation hereby grant permission and full authority to the Royal Canadian Mounted Police (RCMP), Powell River Detachment and the appropriate officials of the British Columbia Ministry of Forests, Lands and Natural Resources to enter Sliammon First Nation Indian Reserves # 1 through 6 inclusive, for the purpose of enforcing the fire ban.

Signed by a quorum (6) of Councilors:

Chief Clint Williams

Councilor Dillon Johnson

Councilor Walter Paul

NOT PRESENT
Councilor Gloria Francis

Councilor Larry Louie

Councilor Lori Sparrow

Councilor Shawn Louie

Councilor Eugene Louie

Councilor John Hackett

Councilor Brian Hackett

TOTAL FIRE BAN APPLIES TO:

- Open fires of any size, including campfires;
- The use of fireworks, sky lanterns and tiki torches;
- Burning barrels or burning cages of any size or description;
- The use of binary exploding targets (e.g., for rifle target practice); and
- The use of air curtain burners (forced-air burning systems).

Anyone found in contravention of an open burning prohibition may be issued a ticket for \$345, required to pay an administrative penalty of \$10,000 or, if convicted in court, fined up to \$100,000 and/or sentenced to one year in jail. If the contravention causes or contributes to a wildfire, the person responsible may be ordered to pay ALL fire fighting and associated costs.

Anyone who causes damage to Crown forest or grass land through arson or recklessness can be fined up to \$1 million or spend up to **three years in prison.**



Melvin rushes to fight the fire near Atriveda Rd, July 16th. A big thank you to all of our firefighters and first responders.

Lands and Resources Notices

Mini-Excavator Rental

Band member rate: \$35.00/hour

Plus Delivery Fee: \$20.00

Everyone who wishes to rent the machine must pre-pay for the amount of hours they require the machine plus the delivery fee. Once the Operator has completed the pre-paid machine hours on your property and you require more machine hours, you need to come into the office and pre-pay for additional hours. The operator is instructed to only work for the hours that are paid for. If you wish to book the mini-excavator, you must come into the Lands Department and pre-pay for the hours required. Cash only is accepted. No cheques accepted.

Cemetery

The Lands department is making crosses for any unmarked graves. If you know of a loved one that has an unmarked grave, please inform us so that we can make a cross for their grave. We are replacing the current crosses that still have visible names on them and that are falling apart. But there are many unmarked graves that I know people know whose grave it is. Please let us know.

Garbage Bins

The Lands department has replaced the old small freezers that people were using for a garbage box and provided a garbage box made out of Cedar and stained them. These old freezers are very unsafe for children playing around them and they are not a nice looking garbage bin. Unfortunately, we ran out of milled up Cedar to make any more and unfortunately we cannot make one for every house hold. The few extra that was made as either brought to a triplex unit or given to an elder's residence. We will try to make more but no promises.

SCUBA Divers Wanted!

Sliammon Development Corporation would like to talk to persons interested in becoming a commercial SCUBA diver. There are potential well paying job opportunities coming up in this field. If you are interested please email Elaine at devcorp@shawcable.com or call the office at 604 483 7777 to register for an information session.



ATTENTION: Sliammon Carvers

The Tla'amin Nation is looking for Sliammon carvers to work on the Nations totem poles that will be erected at the site of the new Government building.

Please submit your expression of interest in writing to the Cultural Committee and drop it off at the Band Office reception. A tentative start date will be set for later this year.

For more information please contact the Culture Department at **604 483 9646 ext 238**.



100-12051 Horseshoe Way | P. 604.261.9700 | Email: fishsafe@fishsafebc.com
Richmond, BC V7A 4V4 | F. 604.275.7140 | www.fishsafebc.com

PICFI has contracted Fish Safe to deliver the following safety education and training programs. These programs are available to all CFE's approved by the PICFI program. The cost of these programs **does not** come out of your training budget.

**ALL YOU HAVE TO DO IS COORDINATE YOUR PARTICIPANTS
AND CALL AND SCHEDULE YOUR TIME!**

Goal: To assist Community Fishing Enterprises (CFE's), participating in the PICFI Program, to assess their training needs and develop a Fishing Safety Program.

What is included in the 2015/2016 PICFI Fish Safe Program?

- **Safest Catch Program:** Provide on board safety training for crews which includes: emergency drills, safety equipment orientation, risk analysis and safety procedures. The Safest Catch Program is a comprehensive training workshop that is delivered on the vessel for a hands on learning experience. Full implementation of the program will provide you with a Vessel Specific Safety Management System.
- **Cold Water Survival Community Workshop:** a 1/2 day program that includes demystifying the effects of falling overboard, the importance of PFD wear and retrieval techniques.
- **Marine Emergency Duties A3 Option:** Fishermen participating in the Safest Catch Program have the option of receiving Transport Canada Certification for MED A3



Sliammon Housing Notice

Please be reminded that Housing Tenure letters are being distributed to all homes without current rental or ownership documents. *Please make an appointment with Housing to discuss your individual situation.*

Calvin Harry will be doing Chimneys and Gutters in the Nation for the month of August. If you have any questions please contact Housing.

Sliammon First Nation

2015 Roosevelt Elk Allocation

The Sliammon First Nation (SFN) 2015 elk harvest allocation is Seven (7) bull elk, Hunting areas are: Powell River/Haslam, Daniels River and Theodosia. Please note that a **compulsory inspection** must be completed for each elk harvested. The SFN will retain one elk for ceremonial purposes, so the official draw will be for a total of six (6) elk for SFN hunters.

This year's elk allocation will be awarded out by a lottery style draw that will be conducted at the front reception area of the Sliammon Band office so that anyone who wishes to witness the draw may do so. The requirements to enter the draw are as follows;

- Must be a Sliammon Band member
- You **MUST** be able to legally carry a fire arm which means that you must possess a Fire Arm Certificate (F.A.C) card or a minimum of a Possession Only License (P.O.L). This is important because the game wardens will be conducting the inspections of the Elk, and if you cannot legally carry a fire arm you may be subject to penalties from the Conservation Officer conducting the mandatory inspection. Non compliance with this could possibly see us lose our annual allocation of elk.
- Entries for the draw will be accepted from July 31, 2015 to August 31, 2015 12:00PM (noon). The draw will be conducted immediately following the closing @ noon.

How to enter:

To enter you must provide a photo copy of your valid F.A.C or P.O.L card to the Sliammon Band office or Sliammon Forestry building, we will do the photo copying for you onsite if required. The photo copies of each eligible license received will be entered into the bin where four (6) lucky winners will be selected. If you have any further questions;

Please contact Clint Williams or John Hackett, Pam Wilson @ (604) 483-9696.

Ahms Tah Ow Summer Camp 2015

By Jason Rae

Last month, Ahms Tah Ow offered a three week summer camp where we combined some basic literacy and math curriculum with experiential learning at Brooks Secondary School, the Vancouver Aquarium, l'Hos Cultural Tours and the Outdoor Learning Centre (Haywire Bay). With the exceptional work from Karina Harry and Molly Smith, the first of what we hope will be many more summer camps was a great success.

The primary focus of this program was to give current grade 5-7 students from the community the opportunity to gain more experience at Brooks Secondary to help alleviate any stress, or fear of moving to a bigger school. While at Brooks our students were given a tour of the school, met with principal Jamie Burt, counsellor Allison Burt and career/trades counsellor Jim Palm as well as other Brooks teachers who were still in the building. Along with meeting some of the staff at Brooks, they were able to spend some time in the woodshop where teacher Ian McKendrick led them through a lesson of building a pencil box and Jennifer Kennedy spent some time with our students in the art room creating mini works of art. With these experiences, our grade 7 students moving to Brooks next year were given some extra attention with regards to how to read a class schedule, understand the block system, pick out their lockers before the rest of the school and get comfortable with their new combination locks. With this experience, we hope

these 4 students will transition into Brooks a lot smoother, thus being able to concentrate on more important things like their academics.

Along with our trips to Brooks Secondary we were able to take our students down to the Vancouver Aquarium where for many, was their first time. Here they were able to view thousands of species of aquatic animals from around the world as well as then the thousands of species of marine wildlife that inhabit our local waters. The Vancouver Aquarium trip tied in nicely with our three boat excursions with Erik Blaney of l'Hos Cultural Tours where they not only saw some local wildlife like eagles, seals and sea lions in their natural habitats, but they were also shown some traditional Tla'amin sites and petroglyphs. Our final field trip was to the Outdoor Learning Centre where the students were taught some basic canoe skills in the morning and a short hike into the local woods in the afternoon. Because of these trips our students were remain active and learn more about the world around them.

Although this was a short three week program, it was a busy three weeks and it would not have been made possible without the generous financial support of Sliammon Chief and Council, School District 47 and New Relationship Trust Foundation. Without their shared financial support, we could not have been able to do all of the educational and fun activities our students were able to experience.



Call for Interest

Applying on jobs, not getting called for an interview?
Maybe its not you, its your resume.

If you are interested in upgrading your resume, creating a new one, or just getting some tips on what employers look for, sign up for

NVIATS Resume Workshop

Place: Tla'amin First Nations

One day Workshop, group or individual instruction

For more information contact:

Tawni Wilkins

NVIATS—1257 Ironwood St. Campbell River

Phone: 250.286.3455 ext: 25

Winner: Leon Timothy!

We had North Vancouver Island Aboriginal Training Society visit us here in Sliammon to provide information of possible funding for school, ready to work programs, resume help, etc.

It was drop in and meet and greet with four wonderful ladies assisting questions from our community members.

We had a draw to any community member who dropped in and entered their name in and our winner was Leon Timothy, who won a Samsung Galaxy Tablet

Leons name was drawn by : Tawni Wilkins

Witnessed by : Glynis Galligos, Sherri Simms, Barbara Clarkson, Lucille Bilouse



Tla'amin Convenience Store celebrated its one year anniversary on June 21st by holding a free burger and cream soda lunch with over 65 people in attendance.

The day started with the free burgers being dished out and many people mingling around the store grounds reminiscing about how fast the year has come and gone. Door prizes were drawn at 12:30 sharp and the excitement built as the prizes were put out on display. The winners were:

1. Tatianna Peters – 32 Inch Flatscreen TV
2. Sally Dominic – Silver Hummingbird Bracelet
3. Stephan Morganstern – Silver Ring by Jay Mann

Our heartfelt thanks to everyone in the community who has supported our family run business as we learn, grow and adapt to our clientele.

We could not have been so successful this year without the support of our local community and businesses. Special thanks goes out to the Tla'amin Nation, Tla'amin Community Health Services, Sliammon Treaty and Sliammon Development Corporation for their continued support.

Some of the highlights of this year were winning the "Beautification Award" from the Powell River Chamber of Commerce as well as winning the Lund Shellfish Festivals Chowder Challenge 2015.

Our hands go up in praise to all of our wonderful staff who are working their butts off serving you daily and without them our business would not flow as well as it does.

Erik, Gail and all the staff at the Tla'amin Store



www.nviats.com

Follow us on social media!



TLA'AMIN HEALTH

Healthy Happenings

*A regular update By Cynthia Jamieson,
Executive Director of Tla'amin Health*



Cynthia Jamieson

New Positions for Health

We have recently received funding for the following new positions:

Elder Coordinator

This position will work closely with other staff to provide individual and group supports for Elder's wellness needs. New staff person, Darron Cound has been hired for this position.

Youth Wellness Coordinator

This position will coordinate Youth wellness activities, identify and address service gaps and advocate for enhanced resources for this area. It will also implement surveys and forums for

youth voices on their own needs, and implement a Youth Services Interagency Committee with local service providers. Tyler Peters has been hired for this position.

Kinship Coordinator

This position will provide support to children, youth and families involved with (or at-risk for involvement with) the child welfare system. It will support children and families, inform and implement care plans, identify alternate and/or respite caregivers, and participate in development and delivery of caregiver training. Recruitment for this position is in process.

Care Coordinator

This position will provide care and care management, resource navigation, support, advocacy and education to clients with complex wellness needs. This position will also support and provide leadership to our Circle of Care project (in partnership with Vancouver Coastal Health). Recruitment for this process is in process.

Emote!

Healthy Promotion Activities for August

Good Food Box

What is a Good Food Box? A good food box is \$20.00 worth of fruit and vegetables plus you get healthy recipe! But you only pay \$12.00 so it's worth it!

Place your order with Kim at Health Reception by Thursday, August 6th and pick up will be the following Wednesday, August 12th at Tla'amin Health.

Walking Groups are back!

Did you know adults need to get their bodies moving for at least 30 minutes a day while children should be active for at least 60 minutes a day?

So why not commit to doing some healthy family activity each week for one hour so you and your family can begin to maintain healthy living to overcome obesity, diabetes, depression and heart disease! It's never too late, start your resolution today!

Join a Walking group each week beginning on August 5th- Wednesdays from 4:30 -5:30 meet at Health Or

Join a Drop - In Walking Group on Mondays from 10:30-12noon at Salish Centre for those with less mobility and elderly.

Facebook

Please check Facebook for updates on events and activities for Tla'amin Health Services

Future Events

Healthy weight program , Healthy cooking demonstrations, Healthy Nutrition Sessions, Exercise programs (Yoga, Zumba, Aerobics), Mental Health & Wellness sessions, Complex Swim once a week (October)



For more info call Sally Louie 604.483-3009



Sliammon representatives celebrating diversity at PR Pride Festival 2015

IMPORTANT MEDICAL TRAVEL (NIHB) UPDATE

A new system and policy is starting August 1, 2015 that will not allow future medical travel claims to be processed where confirmation for previous appointments have not been provided to your medical travel clerk.

All future medical travel checks must be signed for with an agreement to repay travel expenses where appointments have not been attended, or confirmation of attendance has not been provided to your medical travel clerk.



First Nations Health Authority, Vancouver Coastal Update - Sunshine Coast

Tla'amin Nation and shíshálh Indian Band continue to work with unwavering dedication towards taking full advantage of all the exciting opportunities that lie ahead.

In the spirit of "Jeh Jeh" (We are all Related), the Sunshine Coast Nations (Tla'amin Nation & shíshálh Indian Band) continue to strengthen their collaborative partnerships for transforming community wellness. This Quarter has been one of learning, development and successful collaboration on the Sunshine Coast's Joint Project Board "We are Related (Jeh Jeh) Circle of Care"-Complex Care Management Team. With the Vancouver Coastal Health Directors and Managers beside them, as willing partners ready to do the work, the foundations for implementation continue to grow stronger at all levels. Notable activities to celebrate & Key achievements include:

- "We are Related (Jeh Jeh) Circle of Care – Complex Care Management for Clients with the Highest Needs" Co-Management Group moves out of planning stage into the implementation stage.
- 4 Full Time Elders and Youth Wellness Coordinators positions hired within the Sunshine Coast Nations Communities through Health Actions funding. * supporting clients in the Jeh Jeh Circle of Care Program
- 2 Sunshine Coast Elders receive First Nations Health Authority sponsorship to attend The Truth and Reconciliation Closing Event in Ottawa. *One Elder from shíshálh Nation and Tla'amin Nation
- Tla'amin and shíshálh Health Directors Guest Present: Gathering of Wisdom for Shared Journey VI - Joint Project Board Show and Tell Panel for showcasing the Jeh Jeh Circle of Care Program and Vancouver Coastal Region.
- 4 Sunshine Coast Community Members receive scholarships from First Nations Health Authority to attending Gathering of Wisdom for Shared Journey VII.
- Sechelt Hosts Sacred Ceremony for the Renaming of St.



Mary's Hospital –March 28, 2015

Since 2013, the Nation worked with the Vancouver Coastal Health (VCH) and the Province of BC to rename the Hospital, in response to the Nation's view that the name "St Mary's" was a reminder of the residential school to which

many of our members and their families were sent.

The new official operating name for the Hospital will be "Sechelt Hospital" and in recognition of the Nation's contribution of land for the hospital site, the Hospital will also be known as "Shíshálh Hospital".

Meet Darron Cound!

Hello, I am Darron Cound, the new Elders Coordinator here at Tla'amin Community Health.

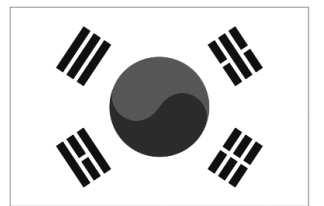


For the last three weeks, I have met with a number of Elders. I am getting to know who they are and enjoying planning fun, educational and engaging activities. There is so much rich culture the Tla'amin people have to share with the rest of the communities, and it is my vision to see the wisdom of the Elders shared throughout the generations to come.

If there are any suggestions for activities any one may have, feel free to contact me. I would really enjoy to listen to any ideas you may have that promote the health and wellness of one of our most precious resources, our Elders. Emote.

The Onari Group

The Onari Group is a community of helpful folks from South Korea who will be visiting our Community from **August 3rd-6th**. These folks are on a mission to help others.



- There is a Community Feast planned for Tuesday Evening at 5pm in the gym. If possible please bring a traditional dish.
- We will share our Culture by bringing our carvings, weavings, traditional blankets, artwork, Regalia, dancing, singing, and drumming.
- Kids Camp will be held at the Gymnasium from 10am-3pm, Tuesday and Wednesday.
- Teen activities to be announced

For more information, please contact Darron at 604 483 3009 ext 226. Come on out and show our Community Pride!

You Are One Hot Elder - Take the Time to Cool Down this Summer!



In the winter months we often find ourselves dreaming of warmer weather. We look forward to long days, camping out and visiting with relatives. Summer is a time for growth and harvest and we patiently wait all year for our few weeks of heat. When that heat arrives, it is sometimes easy to forget to take care ourselves.

This coming weekend, certain areas of BC are anticipating a heat wave. Here are a few recommendations to help Elders, children, families, and communities stay well and cool during the heat.

Stay cool

Keep air circulating with fans in your home, use cool mists or showers, and spend time in cool, shady areas. Limit the time you spend in the direct sunlight. If possible, spend time in air conditioned places.

Dress Smart

Wear loose, light weight clothing and a hat to keep sun off your face. Use sunscreen to avoid getting a sunburn.

Drink Liquids

Drink plenty of water throughout the day. Do not wait until you are thirsty to drink; thirst is one of the first signs of dehydration. Limit drinks with caffeine, alcohol, or lots of added sugar; these drinks can cause further dehydration.

Just Chill

Minimize the time you spend doing exercise or hard work outdoors in the heat during peak hours. If you want to do wellness activities, do

them early in the morning or later in the evening when it is cooler.

Look Out for Each other

Check on your Elders, neighbours, and other loved ones to make sure that everyone is doing fine. Look out for signs of heat exhaustion which can include muscle cramps, weakness, dizziness, headache, nausea, or vomiting. If someone experiences these symptoms, move them immediately to cooler conditions, and have them rest and drink a cool beverage. If they do not immediately feel better, seek medical attention.

Keep Yourself in Mind

Some people might take medications or have an illness where special care and attention is required in heat conditions. Talk to your doctor if you are concerned that a medication you take might increase your sensitivity to heat or if you are a person that should be taking extra caution.

Get Everyone Out of the Car

DO NOT leave your loved ones for anytime in a vehicle. All children, pets, Elders and family members should vacate the car when the car is parked. Leaving the window open a little bit isn't enough to make a difference.

Be Water Safe

Many people will want to cool off in a river, lake, or other body of water. This is a great way to stay cool! Make sure there is a responsible adult with water safety awareness and use personal flotation devices when on the water.

Stay Informed

Read, watch, or listen to the local news and weather channel for updates on weather and warnings. If you are concerned about heat related illness, call BC's free health information line at 8-1-1.

Stay cool this weekend and have a safe and fun summer!

Content shared by FNHA staff Rebecca Sovdi - Healthy Living, David Reid - Emergency Management Coordinator, and Denise (Isa) Wolfe - Public Health Clinical Nurse Specialist

ness are Kidney disease, Hypertension, Lupus, Diabetes and Ankylosing Spondylitis. Disease of the eye are glaucoma, macular degeneration, retinal detachment to name a few. If these are caught early enough and the other ailments are controlled a person can live a lifetime with healthy vision.

To be seen by the Tele ophthalmology clinic call Home and Community care at Health and they will assist in arranging an appointment.

We also have the November Vision Clinic (prescription glasses etc) being offered here at Tla amin health, November 17-19, 2015, for all first nation community members as well as Non native people. Any one interested or that missed out on the last clinic needs to come register with current address and phone numbers. Kim will begin booking slots early September.

Watch Your Eye Sight!

The Tele ophthalmology clinic that comes to Tla'Amin Health 4 times a year is funded by Health Canada and is administered through Intertribal Health.

This mobile clinic checks the health of your eye. The clinic doesn't check vision for eyeglasses that is done by an optometrist.

Pictures of your eye are taken by the technician and read by the RN who also takes a health history of medical conditions that can affect the eye and your eyesight. The pictures are sent to an Ophthalmologist, a doctor that specializes in the diseases of the eye and they are studied by the Ophthalmologist and if a concern is detected a follow up appointment is made by ITHA in consultation with the Patient and Ophthalmologist.

Diseases that can affect the eye leading to blind-

10 MINUTES TO DISASTER!



Never leave pets (or children) unattended in your vehicle in warm weather



*Community members can submit their easy, healthy, and cost effective recipes to TCHS

*A winner will be selected and their menu will be cooked for the community

*Deadline for submissions August 21st, 2015 at 12:00 pm

*The winner of the recipe contest will receive a \$50.00 grocery store gift card

Community Luncheon

Date: August 25th, 2015

Time: 12:00-2:00 pm

Location: Tla'Amin Community Health Services

All of Sliammon is invited to our Community Luncheon. Bring your family and enjoy a well balanced delicious meal with all of us here at Tla'Amin Health.



Getting kids to play outdoors

Dr Paul Martiquet, Medical Health Officer

Vancouver Coastal Health
Promoting outdoor learning

How often have we heard that our kids don't get enough exercise or that obesity has become an epidemic among children and young people? As parents, could we be part of the problem?

ParticipACTION, a national non-profit organization whose goal is to help Canadians sit less and move more, recently presented a report card on physical activity among children and youth. Called "The Biggest Risk is Keeping Kids Indoors," the report highlights the problem by giving our kids a D- grade for Overall Physical Activity.

This poor result reflects the fact that only 9% of those aged 5 to 17 years get enough physical activity. At very young ages, most kids get sufficient physical activity, but as they get older, they also becomes less active: only 14% of kids aged 5 to 11 meet the guidelines of 60 minutes per day of moderate to vigorous activity. By ages 12 to 17, the number drops to only 5%.

ParticipACTION's prescription is to get kids outdoors to play and have fun, and not just in good weather. Research tells us that outdoor play is essential because kids are more active when they're outside. In fact, they are twice as active as when they are indoors. And they get more heart-pumping activity, too.

As parents we need to consider our role in the dearth of outdoor play our kids see. Our efforts to intervene in our children's lifestyles are well-meaning; they're intended to ensure kids are healthy, safe and happy. Unfortunately, we are having the opposite effect. The Report identifies this as the "protection paradox" where we overprotect kids to keep them safe, but as we keep them close and indoors, we may be setting them up to be less resilient and more likely to develop chronic diseases in the long run. Not only that, but when we

actually get our kids outside, we often over-supervise their play. Research tells us that "children and youth are less likely to engage in higher levels of physical activity if a parent or supervising adult is present."

As adults we often recall the thrills of our childhood... "it was way more fun back then." That is probably because in those days we were engaged in what is now called 'risky' play. We tested boundaries, explored the woods, roughhoused, moved fast. ParticipACTION is not suggesting children be reckless, but we have to recognize that some risk is actually good for kids. We find that kids with ready access to unsupervised outdoor play have better-developed motor skills, social behaviour, independence and conflict resolution skills.

Still, we stick to the belief that 'it's dangerous out there.' In truth, outdoor play is safer than we think! For example, the odds of total stranger abduction are about

1 in 14 million (based on RCMP reports), and being with friends outdoors may further reduce this number.

Broken bones and head injuries unfortunately do happen, but major trauma is uncommon. Most injuries associated with outdoor play are minor. Still not convinced? How about the fact that Canadian children are eight times more likely to die as a passenger in a motor vehicle than from being hit by a vehicle when outside on foot or on a bike?

Kids that spend too much time indoors are more sedentary which can lead to chronic disease such as type 2 diabetes, heart disease and mental health problems. In other words, it's a good idea to get your kids to go outside to play. They'll be all that much healthier and happier for it.

ParticipACTION's prescription is to get kids outdoors to play and have fun.

Dr Paul Martiquet is the Medical Health Officer for Rural Vancouver Coastal Health including Powell River, Sunshine Coast, Sea-to-Sky, Bella Bella and Bella Coola.

PROGRAMS & SERVICES



- Nurse Practitioner - Monday to Friday 9-3:30pm
Book appointments
-Late appointments available Tuesday evenings-by appointment only!
- Summer Fun Group Every Tues, Wed, Thurs 10-3pm
Ages 6-14
Pre-registration required
- Sunday June 7th 10 week Hiking Group for adults starting 10:30am meet @ TCH
- Info about Sweat Lodge phone John Louie Ext 232
- Tuximuy Group Every Tuesday to Friday 10-12pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						01
02	03 STAT HOLIDAY Office Closed	04 Social Support Group 10-2pm	05 Women's Hydrotherapy 1-3:30pm Parent Education & Support Group 10:30-12pm	06 Prenatal & Infant Tot Group 11-1pm @ CDRC Traditional Teachings 10-12pm Puppet show @ CDRC 9-9:45pm Orca Bus @ CDRC 9:30-11:30am	07	08
09	10 Men's Hydrotherapy 1-3:30pm Primary Care Clinic Closed Wuwum @ CDRC 5-6:30pm	11 EDP 11-1pm Social Support Group 10-2pm	12 ITHA Teleophthamology 9:30-4pm Parent Education & Support Group 10:30-12pm GFB Pick up	13 ITHA Teleophthamology 9:30-4pm Traditional Teachings 10-12pm	14 Prenatal & Infant Tot Group 11-1pm @ CDRC	15
16	17 Men's Hydrotherapy 1-3:30pm Wuwum @ CDRC 5-6:30pm	18 EDP 11-1pm Social Support Group 10-2pm	19 Parent Education & Support Group 10:30-12pm Women's Hydrotherapy 1-3:30pm	20 Prenatal & Infant Tot Group 11-1pm @ CDRC Traditional Teachings 10-12pm Foot Care 9:30-4 (Call for appt)	21	22
23	24 Men's Hydrotherapy 1-3:30pm Craft night 5-7pm @ CDRC Primary Care Clinic Closed	25 EDP 10-1pm Social Support Group 10-2pm Community Luncheon 12-2pm	26 Parent Education & Support Group 10:30-12pm Women's Hydrotherapy 1-3:30pm	27 Prenatal & Infant Tot Group 11-1pm @ CDRC Traditional Teachings 10-12pm	28	29
30	31 Wuwum @ CDRC 5-6:30pm					

Good Food Box

If you would like to order a Good Food Box and receive \$20 worth of fruit and vegetables for only \$12, please place your order with exact payment in cash to Gina or Reception. You can also order more than one.

All Good Food Boxes are delivered to TCHS every second Wednesday afternoon of the month. If your GFB is not picked up by Thursday, it will be gone.

NEXT ROUND

Payment by Thurs 6th for pickup Wed 12th Aug

Tuxahmiy Wellness & Recovery Group

Tues to Fri 10:00 AM to Noon
Complimented by Lunch



The sacred circle is a place for people to come for support, whether they are struggling with addiction or not. Are you feeling hurt, depressed or lonely? Come join us. Are you feeling like you can't cope, stressed out, no one to talk to?

Tuxahmiy is the place to be, what we can't do alone, we can do together. We have an open door policy, with no judgment. Confidentiality is a priority. We look forward to seeing you.



Dakota Gustafson performing at Pride 2015

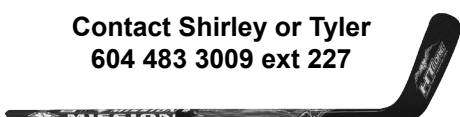
Youth Group Schedule

Summer Fun Program

Ages 6-14
July 7 to August 20
Tue/Wed/Thurs 10:00am-3:00pm

Pre-registration required (waitlist) snacks provided, children must bring their own lunch.

Contact Shirley or Tyler
604 483 3009 ext 227



First Nations Health Authority
Environmental Health

Drought Planning Information for First Nations Communities

This information is being provided to increase awareness of current drought and water restriction conditions and to take action that will minimize negative impacts during this summer's dry season.

What Causes Drought Conditions?

A drought can occur whenever there is insufficient rain or snowfall over an extended period of time, resulting in water shortage for communities and ecosystems.

What Are The Impacts Of Drought?

Drought conditions can impact communities and individuals in many ways including:

- Reduced water availability for household and business uses. Under extreme conditions, water systems could run out of potable water.
- Unable to meet fire suppression requirements.
- Limited access to water for outdoor purposes, toilet flushing, dish washing, laundry, bathing, showering and even for cooking and drinking.
- Impacts to water quality of water drawn surface sources that can compromise the disinfection system and reduce the quality and safety of the finished water.

How Can I help Conserve Water?

To help conserve and reduce water use, you can:

- Fix leaky faucets and taps promptly. A dripping tap can waste up to 20 litres or more per day! Report any water leaks noted in your home, and around your community.
- When hand-washing dishes, do not let the water run continuously.
- If you do not have a low flow toilet, you can achieve a smaller volume of water per flush by adding something to the tank reservoir to displace water. A water-filled 1-litre plastic milk jug works well. Be sure to place them so that they do not interfere with the flushing mechanism.
- Take shorter showers and use a water-conserving showerhead (less than 9.5 litres per minute) rather than taking baths, which use 110 litres to 190 litres of water.
- For cold water, fill a water jug and refrigerate rather than letting the cold water tap run.

FNHA Values:

- Respect
- Discipline
- Relationships
- Culture
- Excellence
- Fairness



First Nations Health Authority
Health through wellness

501 — 100 Park Royal South
Coast Salish Territory
West Vancouver, BC
Canada V7T 1A2
T 604.693.6500
Toll-Free 1.866.913.0033
F 604.913.2081
www.fnha.ca



Employment Opportunity #24072015
Grounds Maintenance Worker – casual relief

Tla'Amin Community Health Services is seeking a casual relief Grounds Maintenance worker to carry out minor repairs and maintenance for the buildings, vehicles, grounds, equipment (lawn, kitchen, fire safety, furniture) for the Health Administration building and the Child Development Resource Centre on an on call basis.

Reports to: Executive Health Director or designate

Key Duties & Responsibilities:

1. Operates, transports related equipment, furniture and supplies with a motor vehicle
2. Reports deficiencies, unsafe or faulty equipment to Executive Director or designate.
3. Maintains records of daily tasks and routine performed
4. Performs other related duties as required

Skills & Abilities:

- Well developed oral and written communication skills
- Demonstrates ability to organize work and/or carry out duties with independence
- Ability to work cooperatively and effectively under general supervision
- Ability to work effectively with program staff and others
- Ability to operate power and other tools and equipment

Qualifications:

Minimum Grade 12 or equivalent education
Successful Criminal Record check
Maintain a basic First Aide & CPR certificate or willingness to obtain
Current TB test
Current Food Safe certificate or willingness to obtain
Class 5 BC Driver's License and a Successful Driver's Abstract

Starting rate of pay is \$ 14.10/per hour.

Additional Information:

The Successful candidate must be physically fit and strong to perform necessary maintenance related duties; be flexible in time and be able to work independently. Working knowledge of carpentry, mechanical and a problem solver is an asset.

This is a union position open to both men and women and the successful applicant will be required to work in accordance with a Collective Agreement with BCGEU in addition to all relevant Tla'Amin policies and procedures. If you are interested, please submit a resume and cover letter to Cynthia Jamieson Executive Director by August 7, 2015 by 4:30 p.m.

email: cynthia.j@tlaaminhealth.com
Fax: 604-483-2466



EMPLOYMENT OPPORTUNITY Permanent Full time Early Childhood Educator Position 07242015

Job Title: Senior Early Childhood Educator

Job Summary: The Senior Early Childhood Educator will provide leadership and guidance for staff, volunteers and students in planning and implementing developmentally appropriate activities for children under six, to stimulate their intellectual, physical and emotional growth.

Reports to: Child care Manager or designate

Key Duties & Responsibilities:

1. In collaboration with the Child Care Manager, ensures the CDRC meets all licensing requirements
2. In collaboration with Child Care Manager and co-workers, plans and implements developmentally appropriate activities, experiences and schedules for the children
3. Keeps accurate records
4. Encourages open communication with parents, staff, volunteers
5. Performs other related duties as required

Job Skills & Abilities:

- Excellent teaching skills
- Excellent oral and written communication skills
- Excellent organization, time and general management skills
- Knowledge of group process and facilitation techniques

Qualifications:

- Completion of Early Childhood Education program + Special Needs or Infant Toddler Under Three certificate
- BC License to Practice
- Successful Criminal Record Check
- Successful Medical Check and Vaccination records
- Recent TB Test
- Driver's License & successful driver's abstract
- First Aid & CPR certification – or willingness to obtain
- Food Safe certificate

This is a union position open to both men and women and the successful applicant will be required to work in accordance with a Collective Agreement with BCGEU in addition to all relevant Tla'Amin policies and procedures. If you are interested, please submit a cover letter and resume to the Child & Youth Manager, Rose Adams by Friday, August 10, 2015 no later than 4:30 p.m.

Email: rose.a@tlaaminhealth.com
Fax: 604-483-3410



Tla'Amin Community Health Services Child and Family Counsellor, Job Posting No. 22072015

Tla'Amin Health requires a part-time (28 hours per week) Child and Family Counsellor to provide support for families to manage parenting responsibilities, in addition to preservation and reunification services to families involved with MCFD through its protection mandate.

Key Duties & Responsibilities:

Family Preservation and Reunification:

1. Intervention

Family Support:

2. Mutual Aid
3. Training and Education
4. Maintains collaborative relationships with internal and external support service providers, agencies and community resources
5. Completes and maintains accurate records, caseload statistics and documentation as required by funders, TCH Administration and Tla'Amin Community Health Board for clients and employees
6. Performs other related duties as required

Job Skills & Abilities:

- Ability to create, plan and implement care plans for children, youth and families
- Ability to plan, implement, organize and evaluate services and events
- Ability to demonstrate leadership skills
- Ability to communicate effectively verbally and in writing
- Ability to work as a team member and as an independent staff member
- Ability to model healthy living including coping skills
- Ability for conflict resolution as a team member and as a Counsellor
- Excellent group facilitation skills
- Excellent organization, time and general management skills
- Seeks out professional development programs and courses applicable to one's own learning needs
- Working knowledge of internal and external resources related to Family Support and Family Preservation

Qualifications:

1. Minimum of Bachelor in Human Services preferred
2. Successful Criminal Record Check
3. Recent TB screening
4. BC Driver's License and Successful Driver's Abstract
5. Basic computer skills with Microsoft Outlook, Word and Excel
6. First Aid and CPR Certificate, or willingness to obtain

Rate of pay ranges from \$21.07 to 21.94 per hour. Normal work hours are between 8:30 AM and 4:30 PM with some work in evenings and weekends and some travel may be required. This is a union position open to both women and men. To apply, send a cover letter and resume by 4:30 PM on July 31, 2015, to:

By email: cynthia.j@tlaaminhealth.com By Fax: (604) 483-2466, Attention: Cynthia Jamieson

SFN Chief and Council Minutes

June 18th, 2015
TCHS Boardroom

Condensed Version
(full set posted at the band office)

Present: Clint Williams, Shawn Louie, Dillon Johnson, Brian Hackett, Walter Paul, Lori Sparrow, Eugene Louie and Gloria Francis.

Regrets: Larry Louie

Administration Staff: Rod Allan and Judith King

Minutes and Agenda

Acceptance of Regular Meeting Minutes of May 21, 2015

Motion to approve minutes made by John and Seconded by Eugene. Carried.

Acceptance of Agenda of June 18, 2015

Motion to approve agenda made by Walter and Seconded by John. Carried.

Presentations

1) Ray Boogaards attended the Council meeting to follow-up on the Powell River Regional Recreation Report for upgrading the recreational complex and he gave a background on work done to date. All partners are looking for a detailed 10 year plan and the study will assess current and future program opportunities that may be available. Stakeholders anticipate a total package (for instance, focus on all infrastructures as a whole). Benefits should be pre-determined and discussions should include any gaps in service levels. The primary objective for all citizens is to be able to afford the programs.

Focus groups from all areas are still planned, any accomplishments will be clearly documented and monthly reports are to be presented to stakeholders. Monthly meetings with the CAOs of the PRRD, City of Powell River and Sliammon Nation will keep information flowing. Ray is looking for approval for the initiative from the Council and Sliammon Council agrees that they are on board with the initiative. Ray wants to set up interviews on an expanded, regional recreation study with Sliammon Council to get their feedback.

2) Gail Blaney attended the meeting and gave a history of their unsurveyed land acquisition dating back to the 1980s. The land will be surveyed as a Lands department initiative and not cost the Blaneys. Additionally, Cathy Galligos, Gail and Darrin Blaney and their lawyer looked at the map. Gail spoke about the land that she and Darrin cleared. Council discussed land to Band members in general and Cathy will be consulted on the allocation to the Blaneys. There will be a Council decision afterward. Rod to follow up with Cathy.

New Business

Finance / Admin / Audit: Auditors are in the community on their first week of review.

Education: 1) FNEBC BCR 2015-23 (Sliammon's responsibility for funding designations)

Motion to approve BCR made by Walter and seconded by Eugene. Carried.

2) Local Education Agreement review and BCR 2015-24 - support for the Local Education Agreement document.

Motion to approve BCR made John and seconded by Shawn. Carried.

Rod will follow-up on the details concerning spending of the Education allocations from AANDC. Walter asked for more information.

Infrastructure: 1) Update on the septic system issue – Concerning the new lift station on the highway. The pump-out is costing more than necessary because residents are flushing things that are causing the system to malfunction. Council will send a letter to households outlining the things that should not be flushed. Action: Steven to send a letter to houses about limits that should take place on flushing diapers, Q-tips and other things that clog up the system.

2) Old septic tank boxes exist around different areas of the reserve and could be a hazard to community. The boxes need to be identified and filled in. A notice in the Neh Motl, about identifying the old boxes for remediation is required.

3) Discussion began concerning a checklist of tasks that need to be done around the reserve. It was suggested that work orders identifying regular maintenance and specific tasks need to be put into action. The goal is to provide regular maintenance on a consistent basis.

4) There was an update on water system issues. The reservoir tanks were nearly empty after the weekend. Some areas had no water pressure. The tanks are filling up again to the full water mark. The water restriction notice is still in effect.

Lands and Tax: 1) Lands Truck Purchase memo from Cathy Galligos was reviewed. A discussion on the newer truck proposed by Cathy for purchase began and the consensus from Council is that it is approved.

2) BCR 2015-25 Southview leases extension request included Kelly Rankin attending the meeting. Rod read the BCR. An extension of the due date is needed because requirements, such as completion of septic system approvals and the head lease land can be surveyed. The revised due date is November 2015.

Motion to approve BCR made by John and seconded by Shawn. Carried.

3) Discussion began on the mini-excavator and that it is available at a per hourly cost, which is reasonable. Notice will go into in the Neh Motl.

Land Advisory Board (LAB) report indicates that funding will be set at the current year's rate. Eugene asked about transitioning after effective date. It was suggested that a discussion about transitioning take place. The LAB looked at SFN track record and indicated what may take place in 2016-2017 and that Sliammon should develop a rationale on spending. Eugene gave a cost-analysis binder to Dillon to be reviewed by the Finance Working Group (FWG). Council desires a smooth transition going forward with the LAB. FWG will review the matter.

Sliammon Dev. Corp: 1) BCR 2015-26 was reviewed for Western Economic Diversification and regards the Sliammon Lake Dam (KAWA) proposal to fund the dam project. Clint gave a information on the need for a new dam and the benefits that will be realized from the project. The IPP would generate revenue for Sliammon in future years.

Motion to approve BCR made by Walter and seconded by Dillon. Carried.

2) Public partnership - On Monday and Tuesday, Eugene attended a land advisory board meeting and he highlighted projects being proposed. There is a website showing what is offered to First Nations. Eugene gave a business card to Kelly for his follow-up with possible project funding.

Environment: Burning of debris is still under the Ministry of Forest rules. Council indicates that there is no burning of any item, even if there is rain.

Fisheries: 1) Freezer update took place. There are difficulties getting two more quotes from other companies. Council consensus is that Sliammon will accept the Tempco quote and work on the freezer by Tempco is approved.

2) Update on the Aboriginal Aquaculture Association (AAA) is a meeting is scheduled on June 22 in Nanaimo and they will pay for one person to attend the meeting.

Forestry: There was a fire set off at Gibsons Road which the fire dept responded to (someone dumped slash where they shouldn't have). Discussion began on what to do with wood leftovers.

Health: Inclusion Society request for a Memorandum of Understanding (MOU) was reviewed. Inclusion is interested in

formalizing previous discussions about an on-reserve extended care facility into an MOU. Rod to send a letter.

Cultural: The totem poles for Government House need to get started and it would be good to prepare the poles. There is one community member who has come forward to provide the carving of the poles.

Treaty & Transition: Decisions were made at Crown Isle and it was a productive week.

Board & Committee Liaison Reports

Sliammon Development Corp: Kelly gave an update on the SDC meeting.

Sliammon Treaty Society: The funding agreement was signed this morning.

Chief's Report

1. Powell River Diversity Initiative met on promoting communication materials. The project regards updating both Sliammon community and the Greater Powell River community with brochures about what treaty means to everyone. They wish to fund a communication package and will bring their expertise to do a good job.

2. The clean energy press conference was introduced. There will be a conference on July 22 around 'Clean Energy' and it is focused on the Clean Energy Fund and the Site C dam project. Several First Nations will be involved with this initiative.

3. There will be a determination on the Dinner Rock road usage. A Letter of Understanding about keeping the road open to the public is requested. The Lands Working Group will be involved in the development and outcome of the road.

4. The wood harvested from the Wildwood Hill paving project will go to cover the Elders fire wood program. A free use permit was used and there was no cost to Sliammon for the wood received.

Other Business

1. A letter of request for soccer sponsorship for Courteney George was reviewed. The same funding opportunity will be extended to the family. They will be offered work to fund-raise for her soccer trip. There is no set rate.

Motion to adjourn made by Walter and seconded John. Carried.

Meeting adjourned at 12:45pm.



SFN Chief and Council Minutes

July 02nd, 2015
TCHS Boardroom

Condensed Version
(full set posted at the band office)

Present: Clint Williams, Lori Sparrow, John Hackett, Eugene Louie, Dillon Johnson, Brian Hackett, Walter Pauland Larry Louie.

Regrets: Shawn Louie and Gloria Francis Administration Staff - Rod Allan and Judith King

Minutes and Agenda

Acceptance of Regular Meeting Minutes of June 18th, 2015

Motion made by Eugene and seconded by John. Carried

Acceptance of Agenda of July 2nd, 2015

Motion to accept made by Walter and seconded by Eugene. Carried.

Presentations

Ryan Thoms, Manager of Emergency Services attended the meeting with Council and passed around the printed presentation. The full plan is 115 pages and Ryan brought a summary of the complete presentation. All fire departments were instrumental in preparing the plan. It was recommended that the Region access funding for an awareness program. The Community Wildfire Protection Plan (CWPP) identified probabilities and risk reductions in the study.

The goal is to balance out risks and bring consultants in to create thirty-two recommendations. Extensive mapping went into the fire risk assessments and the interface area was determined. Ryan referred to the action plan and outlined the 32 sections in the presentation. Question and answer session followed. Emergency Management Plan from 2005 indicates follow-up and requires a cross-reference with Sliammon Lands Department for their recommendations.

New Business

Finance / Admin/ Audit : New Admin building question about the workers at the site. Community members are asking about jobs. Unitech is accepting skilled workers with apprenticeships. Clint asked Brian to ask those who have tickets to come forward with their resumes. It was suggested to put a notice in the Neh Motl about the prospect of jobs for community members. Unitech has been good with asking admin if there are any workers that could be recommended.

Rod asked if Council would entertain regular (monthly) meetings with the Superintendent Mark Lammers to learn how construction is progressing. It was suggested that a meeting takes place before Council meetings on the first or third Thursday. Clint proposed that the first meeting with Mark take place on July 23rd at 10:00am in Council chambers.

Social Development: There was a discussion around a community member's overdue hydro bill and what assistance is available to help community members with their hydro bills. Council discussed ways to support the community with such needs. Consensus from Council is that a strategy will be developed in this matter.

Education: There's a craft workers program through the Industry Training Authority (ITA) planned. It is essentially a program to train labourers. Walter introduced the BC Construction craft worker program. The program is a four week program for level 1 & 2. Walter asked if Sliammon would like to run this program. Clint sees a need to hire workers who have this accreditation by completing the program. Consensus is to move ahead with the program in Sliammon. Perhaps VIU can sit down with Shannon to collaborate. Discussion around community members who want to continue on with their studies for trade's certificate.

Lands and Tax: There is a field trip to Theodosia via a boat tour. Everyone invited.

Sliammon Dev. Corp: SDC Meeting on July 15th.



Elsie Paul welcomes everyone to the Powell River Pride Festival, July 4th, 2015.

Fire Department: Discussion on those fire recruit staff who attended the AGM. Walter had a plan in place for covering those volunteers who went to the AGM.

Fisheries: Pinks are coming in and it was asked what Sliammon should do with them. The plan is to sort out the pinks from the sockeye and give them away to people who want them. Give to seniors homes in town.

Cultural: Canoe journey next meeting on July 11th. Youth canoe was discussed and the logo for the canoe was decided on by youth. Sliammon will pay for the logo to the youth canoe.

Membership: update is that AANDC requires six months to process the secure cards. Rod is saying that old paper cards can still be acquired. Mia will look into this matter.

Board & Committee Liaison Reports

FN Education Steering Committee: Lori Sparrow wishes someone to take her place on committee.

Chief's Report

1. Regarding the Clean Energy Initiative, a press conference did not take place; but, there is a pamphlet about it.
2. Shane Gottfriedson is the new BCAFN Chief.
3. A PRISMA event happened on June 17th. Clint attended and requested the choir create traditional Sliammon music. It is hoped that Sliammon singers and drummers can collaborate with the PRISMA on a new piece of music.
4. VIU's principal search resulted in a local candidate winning the position. He is Gregory Cran.

Other Business

1. Ray Boogaards wants to meet each Councilor. Council says they are open to liaise with Ray by phone.

Motion to adjourn made by John and Lori. Carried.

Meeting adjourned at 12:18 pm.

Tribal Journeys 2015

Transforming peoples Lives

By Alex Sutcliffe

The 2015 mini canoe journey has come and gone but its effects will be felt for quite sometime, in the hearts and minds of those that took part in the journey itself, and those that were privileged to bear witness to the final protocol down on Willingdon Beach on Saturday, July 18th.

It's hard to find the right words to describe the magnitude of this event and the power it carries with it. This power has the ability to transform peoples lives, and bring profound healing by brining people together. It also brings with it, a rediscovery and reconnection with the past, with the cultures of the first peoples. We are transported back to a time when people knew how to carry themselves with respect and how to respect others, a time when we lived in balance and harmony with the Earth.

As each Nation stepped up to share their culture with everyone, a range of emotions could be felt as one by one people began to speak from the heart and share their truth. For some, it was a time of healing and transformation, but it was also a time of great joy and triumph.

In a recent interview with Courtney Harrop from CJMP 90.1FM, a number of paddlers from the Kw'umut Lelum youth canoe shared some of their experiences with the Tribal Journey. "I've been in foster care all my life, and we ended up being in a 'white home' as they say, and (my brother) was bullied for being aboriginal and so for a while before this, he was saying he was white, he wasn't native he was white, so just seeing him on this journey, changing from that kid I saw at home, to this! I had to change the way I saw him, now he's a young adult, and I'm so excited and so proud of him. We've all had our challenges... its been a really emotional journey" said Jocelyn age 17.

The canoe journeys are igniting a cultural revitalization on a scale that is hard to fathom. Using the ancestral highways, First Nations people are back in the water, coming together, and reclaiming their heritage with a fiery passion.

In the interview with CJMP, Trent Jack age 16 spoke of the challenges of the past. "They tried so hard to kill our culture, they've done everything in their power to stop what we do, they tried everything, they molested our people, they plagued us with diseases, they burnt our villages, but its 2015...the voices are still singing, we are still dancing, the canoes are still moving through the water. I just want to say to every aboriginal person out there... be proud of who you are.. and look how far we have made it. In my eyes we are the strongest people. We really are, I'm not bragging I'm

A Little Bit of History

By Cyndi Pallen

The first canoe journey was in 1989 with the "Paddle to Seattle" which was conceived by Quinault Tribal Member Emmet Oliver and Frank Brown of Bella Bella. That event led to the first Tribal Journey in 1993 in Bella Bella.

For each journey, tribes throughout Pacific Northwest (US, Canada, Alaska) gather teams of coordinators and pullers. They leave their own shores in canoes and visit other tribes along the way of hosting communities. Before they land they ask the hosting Nation for permission to come ashore. Landing is followed by meals, storytelling, and exchange of songs, dances, and gifts. The journey is held at different locations each year and culminates in a long week of potlatch and celebration of tribal cultures. The next journey will resume in July 2016 for the "Paddle to Nisqually".

The Canoe Journeys have opened the ocean and other ancestral highways to new generations while bringing back cultures that were nearly lost. Sliammon Chief and Council have forwarded a memorandum of understanding to host the "2017 Tribal Journey". Emote' Qui he gun!!! We raise our hands to all who put in time and worked to make this successful, with lots of great memories shared with our young people, who dance and sang throughout the whole Tribal Journey!



telling the truth. Look how far we've made it. Be proud to be native."

Although the Tribal Journeys are a First Nations event, they include participants from all races. This is another way we are coming together and healing the past. It is evident to everyone who participates in these journeys (wether paddling, supporting or spectating) that by the end of the journey, we are all united as one people. This anchors in a huge amount of positive energy that strongly influences everything around it.

"I want to give a shout out to everybody who supports these canoes, we hope to bring our canoe here again, I hope there's 300 not 100 canoes. This is who we are as people and we need to be proud of who we are, no matter

what skin color we are, that's what tribal journeys has done for me, we need to be proud, we need to be proud people because we're still here and we plan to stay here and our kids are the future. Naut'sa mawt, working together as one, we gotta learn how to do that. We're all teachers and we're all students. You deserve everything good in life no matter what your story is." Patrick Aleck, Stz'uminus (Chemainus) FN.

With only 6 canoes present, the 2015 mini journey was just a small preview of what's in store when Sliammon hosts the 2017 Tribal Journey with an expected turnout of anywhere between 120-150 canoes (4,000-6,000 people not counting guests and tourists that will travel here to participate). 2017 will be an epic undertaking and a proud moment in history for the Tla'amin Nation.



"I just really want to raise my hands up to her because she just goes above and beyond for these youth and I just love her and respect her and that's why we blanketed her because she deserves that recognition and love, because she loves the youth, its all out of love, and theyre not kids to us they are young adults and they deserve respect and they deserve a voice and you can hear them they have a voice. WE LOVE YOU BRITTA PETERSON! You see its just love. If the whole world loved we would be in a better place." Patrick Aleck

PLEASE OBEY THE FIRE BAN: NO FIRES!

By Brandon Peters



Some may wonder why I am so upset about the events that unfolded on that fateful afternoon in July. There are a few reasons why I decided to write this. First, there are the events leading to near devastation of my house. Just two days prior, on July 17, another neighbor decided they wanted to burn some mail and "papers". According to them, it was no big deal as the fire they had going was fueled by "just papers". If were not for the actions of their responsible neighbors, something very bad could have occurred.

Then two days later, a fire damaged my home, the cradle and nest for two generations of my family. This was not the first time this happened. The year before the same person, started a fire, my yard (by accident, again during a fire ban) caught fire. My father and I had to act quickly to put out the fire. This time (2015) we were on our way back from a wedding and were not able to enact our super fire fighting skills. If weren't for the fast acting Sliammon Fire Department, something terrible would have happened.

What is my message? PLEASE DON'T START FIRES DURING THE FIRE BAN FOR ANY REASON. There isn't a good reason to start a fire during the fire ban. Our government has put this ban in place not because it's fun or they want to rain on our parades, it's for the SAFETY of all people, animals and the land we live on. We should be able to sleep at night without the scary thought that we may never wake up, or burn to death in our house, because some person felt they didn't have to obey the fire ban.

"I'm sorry, it was an accident" won't make up for someone's house burning down or people dying. Do we want to lose our houses, our pets, our priceless family heirlooms from our family's histories? Some of these things cannot ever be replaced. LIFE CANNOT BE REPLACED. Why don't we prevent a devastating fire before we have to put one out...

I'd like to thank Sliammon's Chief and Council, for their decision to let outside agencies issue fines to our Sliammon

band members for breaking the law. If people can't follow the rules, if people feel they're above the law, if these people are ok with endangering their own people, pets and land, then these people will reap what they sow.

None of us have hundreds of extra dollars lying around to pay for a fine. A fire could easily burn Sliammon to the ground, it has before. The entire reserve burned to the ground in 1919, and with conditions the way they are this could easily happen again and could have on a few occasions in our recent past.

Please ask yourself, where would we live? How long would it take to rebuild? Would you want to be the person everyone points at if this ever happened? For bystanders, we need to think of our community. If we see reckless behavior (such as people lighting fires during a fire ban) we have the obligation to report it. Call 911! Don't ignore it, call it in. We owe it to our families, our community, nature and each other. Please think and act responsibly. No fires.

Signed, a concerned Sliammon Band Member,
Brandon Peters.



On July 19th 2015 at roughly 5:00 PM, one of my neighbors nearly burnt my house to the ground. They did not take the provincial governments ban on fires very seriously.

Sliammon has not had any substantial rain in months. The evidence is everywhere, just look at your lawn. If you're following the water restrictions (which most of you are) your lawn, like mine should be gold and brown. If you look at the Sliammon River, it has slowed to a stagnant trickle. This tells us that things are very dry and that we are truly in need of some heavy rain. It will be a long time before this fire ban is lifted.

What is a "fire ban"? Let's think about that. Does fire ban mean we can have small fires for hot dog roasting and entertaining? Does it mean we burn our junk mail and empty beer cases because we are too lazy to actually recycle them? The answer is NO, it means, WE CANNOT BUILD A FIRE FOR ANY REASON. Want to have a get together shin dig in your back yard and want to have a mood setting fire? No. Fire bans are in place for a reason. Fires can cause devastation and death. Yes people, fire can cause devastation and death.



SLIAMMON BRAVES – 2ND GENERATION

Top: L-R: Willie Peters, Alec Point, Charlie Timothy, Ronald Harry, Richard Harry, Art Noel, Alvin Wilson, Joey Harry

Bottom: L-R: Jimmy (Lasaw) Timothy, Vincent Timothy, Thomas August, Louie Tom Sr., Leslie Adams

Missing: Bobby Timothy, Joe T. Wilson

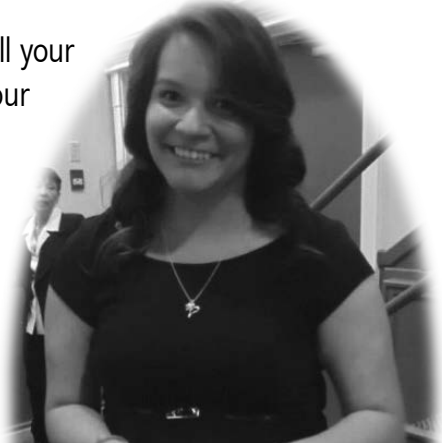
ANNOUNCEMENTS

Congratulations Shaniah!

Shaniah Hillis received a B.C. Aboriginal Teacher Education Award which is \$5,000 annually for a maximum of 4 years! Well done Shaniah!

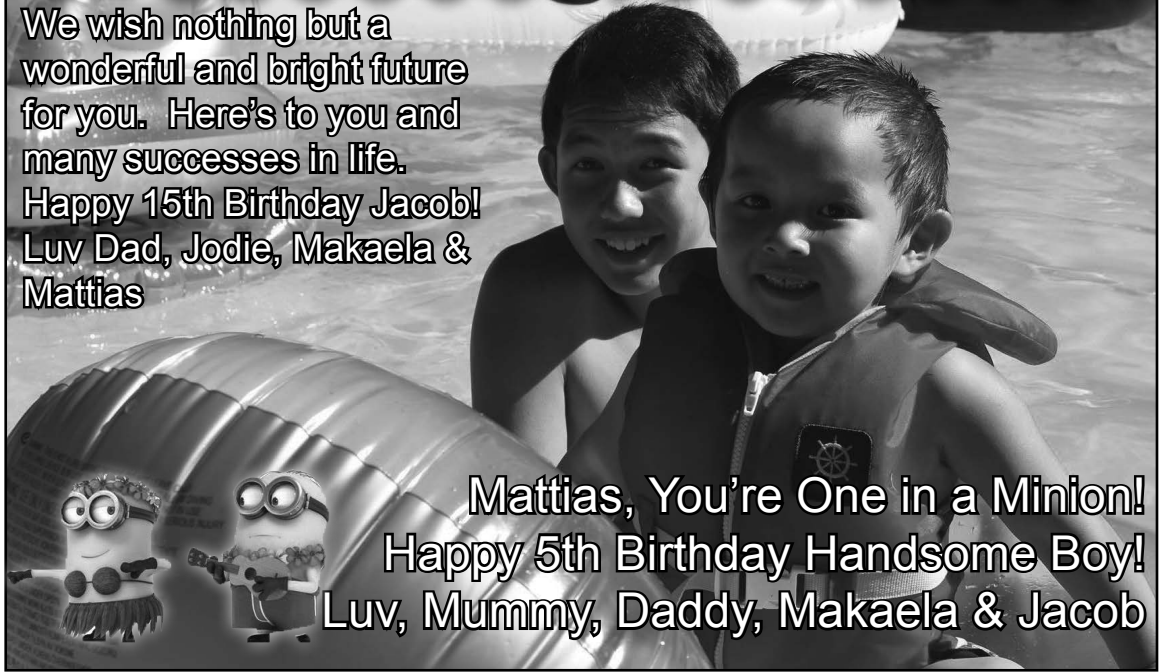
We are all so proud of all your accomplishments and your willingness to do well in school. Your strong efforts will all pay off in the end!

All our love Mom,
Granny, Papa & Family.



BIRTHDAY BROTHERS

We wish nothing but a wonderful and bright future for you. Here's to you and many successes in life. Happy 15th Birthday Jacob! Luv Dad, Jodie, Makaela & Mattias



Mattias, You're One in a Minion!
Happy 5th Birthday Handsome Boy!
Luv, Mummy, Daddy, Makaela & Jacob

RING FOUND

A ring was found at the Salish Centre recently. If you lost a ring while attending an event, please call Judith at the Band Office 483-9646 Ext 228 and identify the ring.

Student Tutoring Schedule

Monday, Wednesday
5:00 - 7:00 pm
Ahms Tah Ow School

Tuesday, Thursday
3:15 - 4:30 pm
Brooks School



Steve Gallagher: HAPPY BIRTHDAY HUSBAND

August 12th
Luv, Mrs. G.

Happy 7th Wedding Anniversary Jodie

August 16th

Feels like were still on our honeymoon ♥

Love your hubby

