



NEHMOTL "US"

July 2014

Community News | Events | Updates for the Sliammon People

Pole Will Be Awarded to the Winning Country of Kathaumixw

Craig will travel to the winning country for a ceremonial pole raising

The International Choral Kathaumixw has always value and celebrated the First Nations culture during the Powell River festival. In fact, it's a large reason why singers travel from all over the world to attend the event. Mayor Dave Formosa suggested that Kathaumixw should award the winning choir with a beautiful red cedar totem pole carved right here in Sliammon traditional territory.

"The principle idea was to create a niche that would turn the choral world's eyes towards Powell River, recognizing our natural beauty, our warm and friendly hospitality, our deep musical tradition, and our special Sliammon Nation culture" stated Mayor Formosa.

The choir of the World Totem Pole story has been picked up both locally and abroad. Singers from nine countries will attend Kathaumixw in the next month, with hopes of winning this precious award. With help of the nine partner organizations, the project has proceeded beautifully. The totem pole is now complete, Kathaumixw is upon us, and will be awarded to the 2014 Kathaumixw Choir of the World during the gala closing ceremony.

At a later date, Craig Galligos and interested partners will travel with the choir of the World Totem Pole, promoting Powell River and Sliammon en route to the home of the winning choir, wherever that may be. We invite you to enjoy this ceremony. The totem pole is now displayed at City Hall until the winning choir is announced.

Craig explained that the pole is 6.5 feet and is made up of two designs. The top figure is a eagle with a sun on his chest. The bottom design is a beaver holding a stick. Cross hatched tail and 2 incisor teeth to show its a beaver. 6.5ft tall red cedar. Copper is on the eyes of both eagle an beaver.



Craig Galligos and his family were recognized at a pole blessing ceremony in Westview

Treaty Approval Process Receives Royal Assent in Ottawa on June 19th

By Roy Francis

Treaty Approval Process is now Complete!

On June 19, 2014 Bill C – 34 The Tla'amin Final Agreement Act received Royal Assent in Ottawa. This means that the approval process for the Sliammon Treaty is now complete. All three parties to the agreement; Sliammon, British Columbia and Canada have all completed their approvals. The Sliammon treaty is fully ratified. It is a historic milestone for the Sliammon Nation.

It's time to pause briefly, and reflect upon the work and commitment that has gone into reaching this point. It's a time to acknowledge all of the efforts and contributions of the many Sliammon people who have worked very hard to make Sliammon a better place. The decision to approve the Sliammon Treaty has been the biggest decision that our community has ever been asked to make. It was very challenging, and at times very intense. We have been through a very difficult and rewarding experience. We are now moving on to the next phase of our journey.

The next milestone for Sliammon is Effective Date.

The Sliammon Treaty will come into Effect in April of 2016. We are approximately 22 months away from that date; and a great deal of work is underway in preparation for that date.

On Effective Date, Sliammon will move out from under the Indian Act. Our own Sliammon Laws will replace the Indian Act. The new Sliammon Laws are already in development and very good progress has been made over the past year. The work is being carried out by a series of work teams made up of appointments from Chief and Council, STS Board of Directors, CAO and STS manager, legal drafters, key staff

resources, special advisors, and community members.

The laws are being developed by Sliammon people in accordance with the Tla'amin Constitution, and the Tla'amin Final Agreement. We are taking the early first steps in making monumental changes from the life we have known under Indian Act.

Every journey begins with a first step, and we are at the very beginning of an exciting new era. Thank you to our entire community; and we look forward to a very bright new future.

INSIDE: TREATY | COMMUNITY | PROGRAMS & SERVICES | SPORTS & RECREATION | ANNOUNCEMENTS



Finance & Programs CWG Update

Added responsibilities

The Finance and Programs Community Working Group was established to lead the development of the laws that will pertain to the financial management of the Tla'amin Nation under the Final Agreement. However, we have recently been tasked with leading the potential development of laws in a number of other areas, including:

1. Economic Development
2. Education
3. Health
4. Social Development
5. Children and Families

We are just beginning to approach these issues and will be able to provide more information following research and discussion over the coming months. We will also be looking to engage additional expertise and community members with an interest in these areas to join our group discussions on these topics. If you would like to be involved in the discussion of these topics, please contact the Sliammon Treaty Office.

Tla'amin Financial Asset Strategy

As we mentioned in our June 2014 update, we are beginning work on developing a Tla'amin Financial Asset Strategy. This involves coming up with a plan for structuring and managing the Capital Transfer and other funds that will be transferred to the Tla'amin Nation on and after the Effective Date. We will refer to these funds in this update as the "treaty funds".

As the treaty funds are a community asset paid under the Tla'amin Final Agreement for the benefit of Tla'amin Citizens (i.e. Sliammon people enrolled in the Tla'amin treaty settlement), Tla'amin Citizens will want to ensure that a number of objectives relating to the management and administration of the treaty funds are met. Some of these objectives are listed below:

- (a) **Accountability and transparency** - Tla'amin Citizens will want to ensure that the treaty funds are managed in an accountable and transparent manner. Citizens will want regular updates on the status of the treaty funds. They will want to know who is responsible for management and investment of the treaty funds, what types of investments are being made and what is the performance of those investments. They will want full disclosure about the fees and costs for such management.
- (b) **Preserve and protect treaty funds** - Citizens will want to ensure that the treaty funds are managed and administered responsibly so that future generations will also be able to benefit from the treaty funds. Therefore,

they will want to ensure that the treaty funds are not invested in risky ventures or subject to onerous administrative costs.

- (c) **Focused management** - Citizens will want people with expertise and experience to be legally responsible for overseeing and monitoring the management of the treaty funds. These people must be able to commit the time and effort required to focus specifically on the management of the treaty funds. Therefore, this responsibility should not be part of a person's duties as a member of the Tla'amin Government. Further, these people must not be influenced or swayed by political or business interests. They must be focused on the objectives identified by Citizens, such as the long-term growth of the treaty funds.
 - (d) **Community involvement** - Citizens will want to have a say in the management of the treaty funds. This may mean that Citizens are part of the group responsible for that management, and that they are informed and educated about how the treaty funds are managed. It would not be appropriate for Citizens to simply hire an investment firm or a bank to provide management without a substantive role for Tla'amin Citizens in overseeing and monitoring the management of the treaty funds.
 - (e) **Protect the treaty funds from the debts and liabilities of the Tla'amin Nation and its corporations** - Citizens will want to ensure that if a court finds that the Tla'amin Nation or a Tla'amin corporation or society owes money to a third party, that the third party would not be able to get paid from the treaty funds. In other words, we do not want creditors of the Tla'amin Nation or its entities taking some of the treaty funds for payment of a debt.
 - (f) **Tax efficiency** - investing the treaty funds will generate significant interest earnings (i.e. growth). Citizens will want to minimize the amount of tax payable from these earnings.
 - (g) **Avoid own source revenue ("OSR") offsets** - In accordance with the Tla'amin Nation's Fiscal Financing Agreement and Own Source Revenue Agreement with the federal and provincial governments, a portion of the Tla'amin Government's investment earnings may reduce (offset) the amount of federal funding provided to the Nation. This is referred to as the "own source revenue" contribution of the Tla'amin Nation. Therefore, the Nation will want to avoid any reduction of the federal funding as a result of the investment earnings from the treaty funds.
- Section 87 of the Tla'amin Constitution requires the Tla'amin Government to establish one or more settlement trusts to preserve and protect the Capital Transfer and the Resource Revenue Sharing amounts. In consideration of this requirement, the Finance & Programs CWG has engaged a trust lawyer, Daryn Leas, to



CN Roy Francis, Senator Jacques Demer Chief Clint Williams and Senator Nancy Greene in Ottawa. They appeared before the Senate

provide advice on this matter. Daryn is a First Nations lawyer from the Yukon who has extensive experience in establishing and overseeing the operation of First Nations trusts. In order to meet the objectives listed above and the requirements of the Tla'amin Constitution, and based on Daryn Leas' advice and the experiences of other First Nation communities in Canada, the Finance & Programs CWG has recommended the establishment of a trust. The rationale for this is provided below.

Introduction to Trusts

A trust is a legal relationship where one party (e.g. Tla'amin Nation) transfers property (e.g. treaty funds) to another party (i.e. trustees) for the benefit of a third party (e.g. Tla'amin Citizens). The trustees hold and manage the trust property in accordance with the terms of the trust deed, which is a legally enforceable agreement that trustees must follow.

We believe a trust would best address the objectives listed above because:

- (i) The treaty funds in the trust would not be managed by the Tla'amin Government or the elected leadership, but by trustees charged with a legal obligation to ensure that they manage the treaty funds in accordance with the trust deed and in the best interests of Tla'amin Citizens and any other beneficiaries. These trustees could be qualified Tla'amin Citizens who have completed a training or certificate program.
- (ii) The trustees would be legally obligated to manage the treaty funds in a transparent and accountable manner in accordance with the trust deed. They would provide the appropriate attention and oversight to the management of the treaty funds without any political interference.
- (iii) The treaty funds transferred to the trust would be protected from any debts or liabilities of the Tla'amin Nation and any Tla'amin entity.
- (iv) There would be significant taxation benefits for the earnings and interests generated by the treaty funds placed in the trust, and there would be no OSR offsets unless there is a transfer of monies from the trust to the Tla'amin Government.
- (v) The trust would have checks and balances in place to ensure that the treaty funds are managed to ensure long-term growth and remain within acceptable levels of risk; provide for the needs of both current and future generations; and produce stable and consistent income for the current generation.
- (vi) There are reporting requirements within a trust deed that require the trustees to regularly report on the management of the treaty funds within the trust and the performance of the investments. There could also be an annual meeting where the trustees would report to the beneficiaries, table new business, answer questions, and address comments and concerns.

Next steps & opportunities for community input

The Finance & Programs CWG will continue to work with Daryn Leas to develop options and materials for Council and the Sliammon community to consider. Over the next few months, we will be putting forward more recommendations for the structuring and management of the treaty funds. However, first we will be conducting further research and holding community information sessions to discuss and get feedback on options.

We will be holding a community information session that will focus specifically on trusts, "Trusts 101", on July 10th at the Sliammon Salish Centre from 4pm to 7pm. We hope to see you there and look forward to the discussion. We will also be having a contest to name the Tla'amin settlement trust. More details to follow.

The Finance & Programs CWG Chair is Grace Adams. Please do not hesitate to contact her at gadams@sliammontreaty.com or the Sliammon Treaty Office if you have any questions or concerns. You can also contact Dillon Johnson at djohnson@temixw.com.

Nation Administration Matters

Justice Program Verna Francis

Sliammon RCMP Detachment
Office Phone # - 604-483-9646 Ext.237
Work Cell # - 604-578-8850
8:30 - 4:30

3. Support clients in negotiations with crown in sentencing plan or other alternatives.



Important Update Re: Sliammon Liaison Officer

1. Cst. Tim Venselaar has resigned from the position as Sliammon First Nation Liaison Officer.
2. New Interim Liaison Officer: Cst. Tim Kennings until September 2014. Contact information for Cst. Kennings: 604-483-9646 Ext. 237 or 604-485-6255
3. Cst. Jennifer Crossman will fulfill the duties of Sliammon Liaison full time in September 2014.

“Congratulations to Cst. Tim Venselaar and Julie on the arrival of their new addition, baby girl Scarlett”

Court Days: Every Wednesday

1. First Appearance: 9:00 - 9:30
2. Criminal Court: 9:30 - 12 Noon
3. Family Court: 1:00 pm - 4:30

Note: Please call in advance for transportation to and from court. Transportation is **“only”** provided for court purposes such as; Probation appointments, Victim Service’s, Ministry, Powell River RCMP Detachment, Court Registry, Prosecutor/Crown office.

“I do not provide transportation to anyone under the influence of drugs/alcohol”

Powell River Probation: 604-485-3601

1. Liaison between probation and clients.
2. Organize community work service for clients.
3. Provide resources for counselling & drug/alcohol treatment programs.
4. Provide resource for Gladue Reports/Pre-sentence reports: Impacts/history of residential school & colonization re: how it affected our community and people.

Powell River Prosecutor/Crown: 604-485-3645

1. Liaison between Crown and Clients, (contact clients/updates re: court dates/changes etc.)
2. Referrals/Diversions to Sliammon Justice Program for Alternative Measures

Family Court

1. Assist clients with applications to court re: custody orders/change existing files/family enforcement program/child apprehensions.
2. Refer clients to legal aid, duty council, lawyers, agencies that relate to situations.
3. Introduce clients to Family Court Counsellors as opposed to going through court process, only effective if both parties are in agreement.
4. Family Court Counsellors contact information: Sechelt 604- 740-8936 or in Courtney 250- 897-7556

Note: All applications/documents must be filled out by Lawyer or Duty Counsel.

Programs Available

Respectful Relationships - Purpose of this program is to provide participants with an opportunity to examine the values, beliefs, and behaviour that form the basis of respectful relationships and to learn specific tools and techniques aimed at ending their use of abuse in relationships.

Learning Outcomes - At the end of ten sessions, participants should be able to:

1. Identify what is abusive behaviour.
2. Identify the values and beliefs that result in abusive behaviour.
3. Understand the impact of abusive behaviour on themselves, their partners, and their children.
4. Examine their own behaviour and take responsibility for their choices.
5. Identify the elements of a respectful relationship.
6. See change as desirable and possible.
7. Demonstrate an understanding of how to apply the skills presented in the program.
8. Demonstrate internal motivation and commitment to change as well as a plan to continue the work.

Anger is an emotion - Violence is a behaviour: Sometimes we blame other people or our partners for causing our anger and our abusive behaviour. We may not have much choice about angry feelings, but we have a choice about our own behaviour. No one forces us to react with abuse, and there is no excuse for abuse.

Substance Abuse Management Program

- Objective of the course is to provide key concepts and tools to the offender to help them to change their belief system, attitudes, and values so that they do not re-offend. It needs to be clear that this program is based on Harm Reduction Model. At the end of the program the offender should be able to do the following:

1. Acknowledge the impact using has had on them physically, mentally, emotionally, socially, and spiritually.
2. Identify their negative thinking patterns and be able to re-frame these into positive thinking patterns.
3. Identify areas of stress and develop activities that address this stress.
4. Set concrete goals about their healing from alcohol and drugs.
5. Utilize interventions and controls for managing cravings.
6. Identify their personal boundaries with various people.
7. Understand their own using patterns within the context of cognitive skills training.
8. Understand their personal high-risk situations and have the skill to remove themselves from those situations.
9. Develop a relapse prevention plan.

Note: This program is not a drug & alcohol treatment program, it is “only” a harm reduction program. It also helps clients prepare for residential treatment if required.

Offenders are selected through the Risk/Needs Assessment process to ensure that the program is applied to those offenders with medium to high-risk to re-offend due to substance abuse problems.

Facilitators: Sliammon Justice Program Manager: Verna Francis - **Probation Officer:** Elizabeth Challinor - **Men’s Support Counsellor:** John Louie

Voluntary participants are more than welcome to apply to the Substance Abuse Program, please call Verna Francis @ band office for more details.

Alternative Measures Program

Referral to Alternative Measures Program is possible only if Crown Counsel, or another designated “agent of the crown,” is satisfied that there is sufficient evidence to prosecute

and that the alternative measures program provides for the protection of society, meets the needs of the alleged offender and the interests of the victim. Alternative measures may not be used if the person denies participation in the alleged offence or requests that the matter be dealt with through the formal justice system.

Revised Crown counsel policy directs Crown to consider alternative measures for all first time offenders for **“minor”** offences. This is not to say that Crown Counsel will not prosecute first time offenders if circumstances warrant. At the same time, persons who have previously been diverted to alternative measures, or have a criminal or youth record may also, in some cases, be considered for alternative measures. This will depend on the **“nature”** and **“seriousness”** of current offence, the nature and age of previous conviction (s), the outcome of previous alternative measures and the number and nature of outstanding charges.

Alternative Measures Process: Referred to Sliammon Justice Program can only be approved by Crown counsel, depending on seriousness of the charges.

Restorative Justice Circles: Referred to Sliammon Justice Circles by Crown counsel, RCMP, Fisheries, Forestry and Teachers, depending on the seriousness of charges.

I am dedicated and committed in assisting my people in any way possible, to find the resources and agencies that best suits the needs of your situation and issues of concerns.

*Blessings & Love
Verna Francis
Hat’ lahnna*



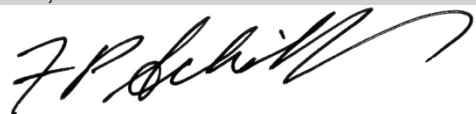
SLIAMMON FIRST NATION

Notice of Nomination Meeting

Notice is hereby given that a meeting of the electors of the Sliammon First Nation will be held in the Salish Centre, 4885 Highway 101, Powell River, B.C., V8A 0B6, **the 31ST day of July, 2014, beginning at 5:00 o'clock P.M. and lasting for at least three hours**, for the purpose of nominating a Chief and candidates for positions on the Band Council of the said Band for the next ensuing term. **TEN (10) Councillor positions and one (1) position for Chief** are available. The election will be held at The Salish Centre, 4885 Highway 101, Powell River, B.C. V8A 0B6 on, September 13, 2014

Please note that any Elector may nominate candidates by using a mail-in nomination form. **Electors residing off-reserve may nominate candidates for the position of Chief and Council.** You can either deliver or mail-in written nomination forms and completed, signed and witnessed voter declaration forms to the electoral officer before the time set for the nomination meeting **OR** you may nominate candidates orally at the nomination meeting. Mailed nominations not received by the electoral officer before the time set for the nomination meeting are void. Also note that any voter may vote by mail-in ballot.

Given under my hand at Delta, this 27th day of June, 2014.



Fred P. Schiffner
Electoral Officer
P.O. Box 18007
1215C - 56th Street
Delta, B.C. V4L 2M4
(604) 943-0522 fax (604)943-0527
(604) 786-2512
Email: fschiffner@dccnet.com

Human Resources Manager Required

The Nation's staffing needs will be significantly different after the Treaty's effective date. In the next 18 months we need to determine specifically what those changes will be, and prepare for them. For that purpose we need the skills of a Human Resources expert.



Initial Responsibilities include, but are not limited to:

- Assessment of existing human resources and shortfalls
- Involvement in visioning HR needs after the Treaty effective date
- Development of job descriptions to support the vision
- Creation of a professional development plan to support the vision
- Participate in the team managing the change to a Treaty environment
- Other duties, as assigned

Ongoing Responsibilities include, but are not limited to:

- Managing staffing requirements
- Providing coaching and professional development opportunities
- Maintaining/creating job descriptions, as required
- Working with managers on performance appraisals
- Other duties, as assigned

Requirements:

- Post-secondary education in Human Resources, Management or Business
- Related experience and/or training
- Solid knowledge of First Nations staffing issues
- Intermediate (minimum) MS Excel and Word skills
- Detail oriented, computer literate, *diplomatic* and dependable

A CHRP Designation is considered a definite asset.

If you are interested **and qualified**, please provide your resume with a covering letter as follows:

By E.mail: jobs@sliammon.bc.ca - Subject: Human Resources Manager Position

OR

By Fax: 604.483.9769 - Attention: Human Resources Manager Position

OR

By Post or hand delivery: 6686 Sliammon Rd, Powell River, BC V8A 0B8
Attention: Human Resources Manager Position

Sliammon First Nation members will be given preference over non-members of equal qualification

**Application Deadline is noon on Monday,
July 14th, 2014**

No phone calls please.

TLA'AMIN HEALTH



Drumming and Cultural Therapy

Bj Nina Peers

Did you know there are health benefits in drumming? Research conducted over the past two decades indicates there are immense therapeutic benefits associated with drumming, including measurable biological impacts. According to research led by renowned cancer expert Dr. Barry Bittman, drumming boosts the immune system and mood.

In fact there is a growing practice of using drumming as a compliment to medical therapies. One doctor runs a weekly drum session for people living with cancer and says, "The positive effects it has on health and wellness are astounding."

Drum circles promote health and are becoming a global movement. Arthur Hill, founder of California based Village Music Circles is widely recognized as the father of the modern day community drum circle movement, has traveled to 25 countries in the past two decades, training more than 10,000 people to lead rhythm based events.

Jody Atkinson, trained under Hull 17 years ago, has since become a trailblazer of drumming in Alberta and is the founder of Calgary based Circles of Rhythm. She says the resurgence of drumming in contemporary culture is filling multiple voids in society.

"People are hungry for a meaningful community where they can go and be accepted for who they are and where they are in their lives. They are starving for social activities that have meaning and purpose and offer real connections. They are seeking health practices that are fun instead of gruelling. Drumming fit's the bill on all those levels.

Atkinson runs a weekly community drum circle in Calgary that is routinely attended by 60 to 120 people.

She says, "Drumming is like when you take your finger out of the dike and all the water gushes out. It's a total release of pent up stress on all levels: physical, mental, emotional and spiritual."

Janice Edgar, senior communications advisor from Ottawa was introduced to drumming when an Aboriginal Lodge housed in the basement of her Health Canada office offered a lunch hour drum making workshop for staff. Edgar was instantly hooked and is now a regular at the Lodge drum circle. She says, "I equate drumming with prayer - a spiritual practice that brings me mental and emotional peace and balance."

Jordan Hanson, who has taught several thousand people to drum in Victoria, founded Drum Victoria in 2001. He quotes, "Drumming allows us to get in touch with ourselves through rhythmic regulation that syncs up our mind, body, heart and soul."

Chantal Chagnon, of Cree descent has been drumming her entire life. She is an advocate for Aboriginal rights and feels intrinsically guided to use drumming as a means of promoting peace and unity.

"Drums ground us, create bridges of understanding, and returns us to our roots," says Chagnon. "The drum beat is the heartbeat of Mother Earth and it connects us to our ancestors, our creator, to each other and to the rhythm of the planet."

It is evident that drumming offers some form of comfort that appears to be universal.

(Footnotes)

Pat Fream, *The beat goes on* – Alive magazine. Richmond, B.C. Alive publishing group. June 2014. Pgs 49 – 54.

Child, Youth, and Family Advocate Update

Brenda Pielle, BSW

It is hard to believe that the summer is upon us. With the teachers being on strike the time off from school for our children and youth started earlier than ever this year. It is nice that the students have had beautiful weather to enjoy already while they have been out of school.

Having a longer summer break, however, means even longer time away from the learning activities that stimulate the brain. Have you ever heard teachers or parents talk about how the children and youth return to school with a "summer brain" or a "fuzzy brain"? Some adults have been concerned about this loss of some things that children have learned that seems to happen over the summer.

As parents we can take some time to encourage our children and youth to stay connected with some learning activities over the summer. Some ideas of how we can do this include:

- bringing our children or youth to the library to pick out some interesting books to read
- being a "reading role model" and spending some time reading, ourselves, over the summer
- asking our children or youth to write something about an activity that has happened over the summer – even a few lines about what they did, if it was fun, etc.
- playing word games like "hangman" or Scrabble
- looking at some of the math worksheets they brought home from school and giving them a couple of math questions to do each day.

It can be very helpful to spend even fifteen or twenty minutes each day doing something related to learning. The Dollar Stores have little workbooks for preschoolers, and primary grades, and young children often love to go through these bright fun books and do some printing or easy math.

I hope you and I can find some time to build some practicing activities into our young people's summer days. It will make going back to school that much easier for our students when the fall season comes.

During the month of July I will be spending some time with the children and youth who participate in the summer program offered by Shirley Louie at TCHS. I am hoping to share some information with the young people about topics such as self esteem, communication skills, positive relationships, safety, and healthy lifestyles.

I am planning to do a presentation at the pre/postnatal group about FASD (July 23rd), and a workshop for parents on Stress Management on July 15, 2014 from 10:30am-noon.

I will be away on holidays for three weeks in August.

As the Child, Youth, and Family Advocate my job is to assist families who have children or youth with special needs. Some of those needs might be in learning or in behaviour. When school starts again in the fall, if you are going to the school for a meeting about your child's needs and you would like me to attend the meeting with you, please let me know.

Some special needs for children or youth come from alcohol exposure during pregnancy. We are all learning about Fetal Alcohol Spectrum Disorder (FASD). As you may know from previous years, FASD Awareness Day is on September 9th each year. It is also close to Grandparents' Day. Please mark your calendars and plan to attend a breakfast to honour our grandparents and to learn more about FASD on Tuesday September 9th at 9:30am at the SCDRC. I hope you enjoy a wonderful and safe month of July.

Tla'Amin Community Health Services Posting #26062014

Tla'Amin Community Health is seeking a full-time Home and Community Care Program assistant on a temporary basis for three months with a possibility of extension on a casual basis. This position is responsible to assist the HCC coordinator with the coordination of administrative and clerical work in the HCC program as well as nursing duties within the LPN scope of practice.

Reports to: Home and Community Care Coordinator or Designate

Job Skills & Abilities:

- Well developed communication skills oral and written.
- Ability to cope in a highly flexible work environment and under pressure.
- Good organizational skills, time and general management.
- Though knowledge of medical equipment and medical terminology.
- Though knowledge of Federal and Provincial Health care policies.
- Ability to model healthy living including coping skills.

Qualifications:

- Licensed Practical Nurse License with at least 5 years in nursing field.
- Foot care certification.
- Ability to use Word, including Excel, Outlook, Power Point.
- Successful Criminal Record Check.
- Current First Aid and CPR certification.
- Current Food safe certificate.
- Valid BC Driver's License/Satisfactory Driver's Abstract (preference class 4 driver's license, but not a requirement)
- Current TB Test

Starting rate of pay: \$20.18 per hour to start

Additional Information: Hours of work are usually 8:30 am to 4:30 pm with an hour of unpaid lunch, at 35 hours per week. This is a union position open to both men and women, and the successful applicant will be required to work in accordance with a Collective Agreement with BCGEU in addition to all relevant Tla'Amin policies and procedures. **If you are interested, please send a resume and cover letter, by email or fax to the contact information below by July 11, 2014. Only candidates selected for interview will be contacted.**

Cynthia Jamieson, Executive Director

Email: cynthia.j@tlaaminhealth.com

Fax: 604-483-2466

Healthy Happenings

By Cynthia Jamieson,

Executive Director of Tla'Amin Health

Men's Health Still Matters

Great success for Men's Health Week last month, and especially the first father's Day Run/Walk – See you out there, and I really did run the whole way, honest. No, just lying. But seriously, if you have not had enough of men's health stuff, join David & John for a Men's Health Forum on Saturday, July 5th at Tla'Amin Health Centre.

You Can Still Walk & Talk

You can still win fun prizes and get fit too by joining us for our walkies! From June 1 to September 31st, if you walk with a Health staff member, they will enter your name for a monthly draw – leading to a final grand draw in September. See, healthy activity is fun after all!

Healthy Summer Fun

We are reminded by our friends at Health every year just how important it is to follow a good summer health plan, including:

1. Staying hydrated by drinking lots of water
2. Not spending too much time in the sunlight without protection (sunscreen and/or shade)
3. Buddy up during outings in remote places
4. Don't pets in cars during the hot summer months
5. Don't leave children unattended in cars at any time

Elders Elders Elders!

HCC Elders hosted a hot dog BBQ June 13 for Father's day. There was lawn darts and croquette played on the back lawn of the Health building. The weather was wonderful and lunch was eaten while the men watched the World Cup soccer game.

The Elder Day Program will continue on Tuesdays, July 8,15, and 22nd from 11 - 1 pm. The program will try to have at least one outing to the beach for a picnic and 1 day of crafts. If you have company from out of town bring them along to enjoy our activities.

The six session U-Vic Diabetic Self-Management Workshop sponsored by HCC through the ADI finished this month. Facilitators Candice Galligos and Josie Peters thank those who attended for your enthusiasm, positive attitudes and thoughtful questions.

Next foot care clinic is Wednesday Aug 6, 9:15 am- 3:30 pm. Appointments can be made by calling the Home and Community Care office. Foot and nail care is being provided by a Licenced Practical Nurse from Independent Lifestyles who has specialty training in nail care.

The Home Support Workers can be seen criss-crossing the Community as they walk between client's homes going about their jobs. Join them as go between Clients they would love the company and it is a good way to get your name in the Walk the Talk draw and increase your chances to win a nice prize.

Aboriginal Health Initiatives Program

Blueberry Picking

Lang Bay Farm July 15, 2014, 11:00 – 2:00

Call Gina at 604-483-3009 by July 4 2014

limited space available.

Jam Making

Health Centre Kitchen July 22, 23 , from 1:00 PM to 4:00 PM

Call Gina to register at 604-483-3009



Fathers Day Run/Walk

Tla'Amin Health Events & Activities

Adult or Child Immunization Clinics

(Every Thursday)

Call Shelley at 604-483-3009 to book appointment times

Wednesday Pre-Natal Group at CDRC

10:00 AM to Noon (not July 9!)

July 2 (TBA)

July 16 (Powell River Midwives)

July 23 (FASD Comes to Town)

July 30 (Surprise Guest)

Good Food Box Money & Order July 4 Good Food Box pick up July 9

Child, Youth & Family Advocate

1. Stress Management Workshop –Tuesday, July 15 at 10:30 AM to Noon
2. Community Breakfast at CDRC for Grandparents Day/FASD Awareness Day – Tuesday, Sept 9:30 AM

Child & Families Services

1. Grandparents Support Group – 10:30 AM to Noon on July 14th & July 28th
2. Parent Support & Education – 10:00 AM to Noon:
July 3, Task of Parenting
3. July 10, Task of Adolescence
4. July 17, Communications

Crafts for Parents – 10:00 AM to 2:00 PM on July 22 & July 24, Dreamcatchers

Youth Wellness 10:30 AM to 11:30 AM

1. Self-Esteem Presentation– Monday, July 14 from 10:30 AM to 11:30 AM
2. Communication Presentation – Wednesday, July 16
3. Positive Relationships Presentation – Tuesday, July 22
4. Safety First Presentation – Monday, July 28
5. Healthy Lifestyles Presentation – Tuesday, July 29

Other stuff:

1. Family Fun Day – Friday, July 18 from 10:00 AM to 2:00 PM at Sliammon Beach with lunch at CDRC
2. Summer Fun – July 14 to August 22 (Ages 6 to 13 years) – Hiking, Culture, Cooking, Sports!
Bring Bag Lunch, Limited Spots so Pre-Registration is required – Call Shirley at 604-483-3009
(Note: Girl's Group sessions ended for now)

Tuximuy Group

1. Every Tuesday to Friday in Circle Room from 10:00 AM to Noon
2. July 11 – Special Day Outing from 10:00 AM to 3:00 PM

Nurse Practitioner David

1. Book appointments please
2. Late appointments available Tuesday evenings – By Appointment Only!

Men's Wellness Forum by David & John - Saturday, July 5th at Tla'Amin Health Centre

1. 8:30 AM to 9:30 AM Breakfast
2. 9:30 AM to 10:30 AM Prayer & Discussion Circle
3. 10:30 AM to 11:30 AM Health Stations (Cardiac/BP, Men's Health Screening, Traditional Healing, Smoking Cessation)
4. **11:30 AM to 1:00 PM Salmon BBQ – Speaker Evan Adams**

Elders Group

1. Elder's Groups on Tuesdays – July 8, 15, 22 from 11:00 AM to 1:00 PM (not on the 16th!)
2. Foot Care Clinic on Wednesday - August 6 from 9:15 AM to 3:30 PM Please Pre-Register at Home Support Office at 604-483-3009



NIHB – Medical Travel

Friendly reminder we need 5 things to process your claim in a timely manner:

- 1) We need to pre-approve use of escorts
- 2) We need completed TAP forms
- 3) We need physician confirmation of appointment and/or referral 5 days prior to appointment to guarantee a cheque on time (Call us if you have questions about the documents, and if we call you with questions please get back to us asap)
- 4) We need additional medical documents to confirm ANY changes
- 5) We need you to return a completed appointment confirmation form upon your return (attached to your claim package on a coloured sheet) – Your name will be entered for a monthly draw with every return of confirmation!



Preschool graduation 2014



Gino Odjick visits Sliammon in 2011
"DON'T STOP BELIEVING"



So proud of you Mr. BSW. 3 schools in 3 towns in 4 years with an A- average. We love you so much



Inspiring Students From Across Canada

*By Gerry Brach-Brooks Secondary School
Counsellor/Head Teacher Ahms Tah Ow School*

experience." Pielle went on to say that: "The people that I met and the experiences that I had were unforgettable. By studying entomology, I did something that I was initially repulsed by, but later the experience was turned into something that I really enjoyed and learned a lot about."

Three enthusiastic students from Brooks Secondary School had an amazing opportunity to participate in the Verna J. Kirkness Science and Engineering Program at the University of Manitoba.

From May 26-30, Ryan Pielle, Drew Charlie and Brianna Baron along with 31 other First Nation students from across Canada, engaged in different exploratory research projects with top scientists at the University of Manitoba. Students had the opportunity to participate in hands-on, real research with some of the most renowned academics in the country.

Students got to choose between different research labs in nuclear physics, engineering, molecular biology, kinesiology, geological, entomological or nutritional sciences.

It was very exciting to hear students talking about using cell phones to program robots or looking for new natural products in lichens that could treat infection.

Not only were students able to gain valuable experience about how things work in the scientific world, but also gained first-hand experience of living in a university residence which should help prepare them for the challenges of a future life on campus.

Graduating Brooks Grade 12 student, Ryan Pielle described participating in the Verna J. Kirkness Science and Engineering Program, as "a life changing

Grade 10 student, Drew Charlie indicated that initially she was not sure about how valuable this program at the University of Manitoba would be for her. Now however after having completed the program, Charlie realizes that she has the potential to be whatever she chooses. "I highly recommend this program to any aspiring student who would like to pursue their educational opportunities while broadening their horizons."

Brianna Baron, another Grade 10 Brooks student discovered that she is now interested in studying to be a physiotherapist after spending time in a kinesiology lab at the University of Manitoba. "All the mentors were so passionate about their studies and passed on their excitement and enthusiasm to their students. The whole experience was a ten out of ten for me," said Baron. The goal of the Verna J. Kirkness Science and Engineering Program is to encourage student interest in pursuing science or engineering at the university level, and to help students make a positive difference in their home communities.

This trip was incredibly powerful for the students and for myself as a teacher. I have been teaching for 36 years and this was the most unique and rewarding educational experience that I have been involved with.



Our Living Languages Exhibition Opened on June 21st to coincide with Aboriginal Day

By Michelle Washington

Many thanks to all of those who came out to see the opening of the "Our Living Languages" at RBCM. It has been an honour and a challenge to represent all 34 languages in BC. Please come by and experience this highly interactive exhibition during its 3 year run. We look forward to hosting you!

First Peoples' Cultural Council is partnering with the Royal BC Museum to deliver a three year language exhibition entitled "Our Living Languages: First Peoples' Voices in B.C."

The exhibition will showcase the diversity of the 34 First Nations languages in British Columbia. It will celebrate the communities who are working hard to ensure these languages continue to be vital. By telling this important story, we can better support, enhance and encourage these efforts by increasing understanding of the complexities of language revitalization.



Preschool Graduation



Congratulations to the Grade 7 Class of James Thomson

Vanessa Hackett, Miya Galligos, Courtenay George, Annika Harry, Jara Galligos, Callie Harry, Cheyenne Dominic, Riley Harry

Word of Advice

Vanessa Hackett: Play nice and don't get sent to the office.

Miya Galligos: Show up and cooperate.

Courtenay George: Be yourself and don't care what people think.

Annika Harry: Stay organized and stay positive.

Jara Galligos: Be yourself. An original is better than a copy.

Callie Harry: Live the life you love. Love the life you live. Make it happen, and be the change you want to see in the world. Be yourself and you will be amazing.

Cheyenne Dominic: Stand up for what's right even if you are standing alone.

Riley Harry: Try your hardest. Be yourself, and don't let anyone talk you down.

Is Your Child Registered for Sliammon Tech and Rec Summer Camp?

Sliammon First Nation in partnership with School District # 47 and U Vic Science Venture Program, is sponsoring the Tech and Rec Summer Camp. The summer camp is based out of Ahms Tah Ow School and the Salish Centre and runs from August 1 -27 from 9:00am to 12pm.

Students entering grades 1 to 8 (in September 2014) participate in a variety of academic, recreational and cultural activities, that promote self-esteem and confidence through success.

I am pleased to report that this year's camp will include 2 weeks of fun, hands-on, science, technology, engineering and math activities which will be delivered by the University of Victoria Science Venture Program.

Breakfast and healthy snacks are provided.

Registration forms are available at James Thomson School and the Band Office. Deadline for registration is July 4th.

Please note that the summer camp will not be held on Monday, August 4th. (B.C. Day)

Parental participation in the program is encouraged.

Contact Gerry Brach (Teacher Coordinator) at 604 -414-4675 or Gerry.Brach@sd47.bc.ca for more information .



Science Venture
SINCE 1997

UVic's Science Venture, Sliammon First Nation & SD 47

Sliammon Science Camp

Salish Centre

Aug 11-15 & Aug 18-22

Hands-On Science Fun

Chemistry, Forensics, Astronomy, Mini Med

For students entering grade 1-8

For more information contact Gerry Brach
(604)414-4675 | gerry.brach@sd47.bc.ca



TLA'AMIN NATION
SLIAMMON FIRST NATION

Partnership Update – Opportunities for Upgrading and Training

CONTINUING: Adult Basic Education (ABE) Math and English upgrade – moving our adult learners closer to completion of Grade 12 (GED or Adult Dogwood).

NEW TRADES PROGRAM! Industry Training Authority – VIU will deliver a 12 week training program this fall with a focus on Trades Training. The program participants can apply under two streams – **Women in Trades Training (9 seats)** and **Aboriginal in Trades Training (9 seats)** for a total of 18 participants. Give Marlane a call if you are interested in applying!

COMMON EXPERIENCE PAYMENT RECIPIENTS – PERSONAL CREDITS

Training "Options" are available through VIU for former students of Indian Residential School who received or will validly receive a Common Experience Payment, and are now eligible to redeem Personal Credits (\$3,000.00).

THE DEADLINE FOR YOU TO APPLY IS: OCTOBER 31, 2014

Training options that potentially could be delivered in Sliammon for those that qualify for the Personal Credit include:

Applied Business Technology

Aquaculture

Forestry

Residential Building Maintenance

Tourism

Other Options? You tell us what you'd like to learn!

Please feel free to contact **Marlane Christensen, Manager of Training and Development** at VIU if you have any questions about these opportunities: marlane.christensen@viu.ca or (604)414-3863



WORLD CUP FEVER!





Spirit Dancer Canoe Journey Arrived in Sliammon

Wind, wind and more wind not behind us but in our faces, have been very difficult conditions but we are at our destination in Sliammon, fantastic to be here two days late but we are here now, we will rest up and continue on Friday 13th north to Gilford Island in the Broughton Archipelago, the team have very high spirits and are tired but will be fine soon, Rory will depart today and will return I am sure!!

Going back a few days some of the challenges have been, big water on the Fraser River near New Westminster, wakes from Tugs that threatened us, rounding Point Atkinson West Vancouver in a 4ft beam sea (on the side of the Canoe), Big winds at Hutt Island 25 + knots 5hr wait to get across Collingwood Channel to Gibsons, Challenging sea conditions at Welcome Passage near South Thormandy Island and all the way to Pender Harbour, Canoe surfing the waves between Francis Peninsula and Pender Harbour, had to take the inside route of Nelson Island up Agamemnon Channel and around the top of Nelson Island to Saltery Bay, Flat Sea conditions from Saltery Bay to Powell River, Westerly cross winds (Beam Sea) from Powell River to Sliammon arrive here yesterday at 6:00pm.



Junior Braves Youth Tournament Kicks off on July 12th at Highway Field .

Come out and cheer on our teams!



The next tourney they will be attending will be in Campbell River in Homalco 1st annual ball hockey July 12 & 13



Living a dream from across the world

On June 5th, Jacob and I met this dude named Raymond, a Kayak Instructor traveling solo who was taking five on our waterfront. He lives in Barcelona (Spain) and is fulfilling his dream. He flew to Vancouver with his Kayak and began his journey on June 1st from Vancouver. His goal is to make it to Alaska by the end of August. As a momento of his pitstop on our rez, I gave him my Tla'amin Nation hat that he will wear proudly at his final destination.



Jenna Mitchell Takes 2nd Place at Departure Bay's Salute to Summer Race



Derrik Williams enjoys a day at the beach collecting crabs with his bucket and shovel

ANNOUNCEMENTS



In Loving Memory

Bessie Elizabeth Williams Peters

"Nee Galligos"

Born November 21st 1924

Spiritual Journey July 1, 2009

Today's the anniversary
Of the day that we lost you,
And for a time it felt as though
Our lives had ended too.
But loss has taught us many things
And now we face each day
With hope and happy memories
To help us along the way.
And though we're still filled with sadness
That you're no longer here
Your influence still guides us all
And we still feel you near
What we shared will never die
It lives within our hearts,
Bringing strength and comfort
While we are apart.



"Some day when we meet up yonder
we'll stroll hand in hand again"

- Blue Eyes Crying in the Rain-



Happy Birthday Mom

For as long as I can remember...
You were always by my side,
To give me support, confidence and help.
For as long as I can remember.
You were always the person I look up to
So strong, so sensitive, so pretty.
For as long as I can remember....
You always provided stability within our family,
Full of laughter, full of tears, full of love
For as long as I can remember...
And still today
You are everything a mother should be.
Whatever I have become is because of you....
...and I thank you forever for being my Mom.
Love Leona



Off To Kindergarten!
Congratulations on your
successful Preschool year
Makaela!



**Happy 17th birthday
Hayley!**

You have grown into a beautiful
young lady. Love Mom and Dad
& Tarin



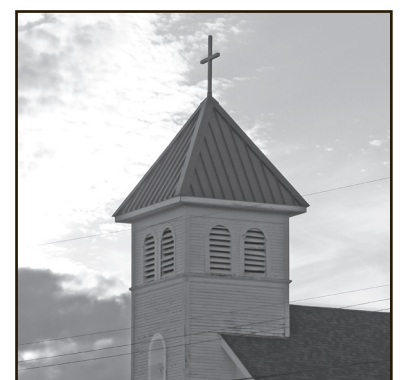
34,200 coho get finclipped

Scott Galligos
Sliammon Salmon Hatchery

During the month of June, 2014, prior to release, a total of 34,200 coho fry were finclipped at the hatchery site. The purpose of removing the adipose fin is for identification purposes to indicate that these fish are hatchery fish stock. Upon capturing a salmon with a missing adipose fin, fishermen are allowed to keep clipped salmon but must release salmon that still have the adipose fin. This preserves wild fish stock as part of the wild salmon policy. All adipose clipped salmon captured must have their heads removed and turned into a head depot station. The Sliammon hatchery is one of those stations. This allows us to determine survival rates, migratory patterns and basically who is benefitting from our fish stock



Happy 70th Birthday Mom!
Love the family



Sliammon Sacred Heart Church

SUMMER SCHEDULE:

Bell will ring at 11:30, mass
starts at 12:00 p.m.

We need to repair the church
bell structure so that the bell
does not fall. plus we are still
fund raising for paint of exterior
of church. if you have anything
to donate for garage sale items-
please call me and i can arrange
for pick up. thank you.

Betty Wilson

Chah Chah Ha Tahn Nah Pesht

We, the family would like to thank the elders and community members for coming out to support.

To Elsie Paul and Clint Williams for their words of wisdom. Councilors John Hackett and Gloria Francis for their support.

The Tla amin singers and people who drummed: Devin, Gary, Ryan, Nikole, Randy Sr., Carmen and Brianne.

The RCMP and Constable Tim Kenning for their assistance in the safe journey for the totem as it now is ready for public viewing at the municipal hall. Paul Cummings and his family for assisting with everything, and finally David Formosa and the municipal crew who are ensuring that the pole is well protected.

